

# GP RESOURCES

A Compilation of Educational Resources for GP's | July 2023



Provider	Website / Contact	Additional Information
<b>General Providers:</b>		
Red Whale	<a href="https://gp-update.co.uk/course/gp-update-course">gp-update.co.uk/course/gp-update-course</a>	<ul style="list-style-type: none"><li>• Face to Face, online courses, a printed and digital handbook, as well as Pearl fact sheets, Red Whale offer a comprehensive annual learning experience</li><li>• They say, "We try to offer products that respond to the different learning styles of all primary care clinicians, at different stages in their career"</li><li>• About £350 for a years access, they also founded and support Primary Care International, a social enterprise that promotes education abroad</li></ul>
NB Medical	<a href="https://www.nbmedical.com/">https://www.nbmedical.com/</a>	<ul style="list-style-type: none"><li>• The original GP course is led by Drs. Mark Hadden, Neal Tucker, and Stephanie de Georgio. They offer engaging webinars on hot topics, covering recent key publications from the past 12 months. The course also includes Quality Improvement Ideas and practical application of high-level evidence-based trial results</li><li>• £350 for a years access including the hard copy and digital hyperlinked course text book</li><li>• They say " time for learning but time for a bit of fun too", their webinars are very interactive and at the moment they don't do face to face but this might change if the demand is there</li></ul>
RCGP courses	<a href="https://www.rcgp.org.uk/learning-resources/courses-and-events">https://www.rcgp.org.uk/learning-resources/courses-and-events</a>	<ul style="list-style-type: none"><li>• Course and events to be booked via website</li><li>• A range of online events on clinical, wellbeing and developmental themes</li></ul>
RCGP toolkits	<a href="https://elearning.rcgp.org.uk/course/view.php?id=537">https://elearning.rcgp.org.uk/course/view.php?id=537</a>	<ul style="list-style-type: none"><li>• Useful set of learning toolkits about specific topics e.g. AKI toolkit, Lyme disease toolkit Dermatology toolkit</li></ul>
iLearn for Clarity	<a href="https://learn.clarity.co.uk/">https://learn.clarity.co.uk/</a>	<ul style="list-style-type: none"><li>• E-Learning delivered by an expert NICE CKS author</li></ul>
CMED courses	<a href="https://www.cmed.org.uk/">https://www.cmed.org.uk/</a>	<ul style="list-style-type: none"><li>• CMED run F2F and online courses nationally. Guys and St Thomas run it several times a year with up to ten months online access included</li></ul>
GP Notebook	<a href="https://gpnotebookpodcast.com/">https://gpnotebookpodcast.com/</a>	<ul style="list-style-type: none"><li>• GP Notebook Study Groups are online small-group learning sessions using patient case studies to cover the latest clinical guidance, research and hot topics</li><li>• Podcast episodes available via website</li></ul>

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Royal Society of Medicine	<a href="https://www.rsm.ac.uk">https://www.rsm.ac.uk</a>	<ul style="list-style-type: none"> <li>• Offers access to its extensive library and hosts numerous lectures organized by its 55 sectional interest groups, which cover diverse topics including the history of medicine. Non-members are welcome to participate as well</li> <li>• Functions as a prestigious London club, and membership grants reciprocal visiting privileges to clubs worldwide.</li> </ul>
Study PRN	<a href="https://www.studyprn.com/">https://www.studyprn.com/</a>	<ul style="list-style-type: none"> <li>• Web based learning via MCQ questions, focusing more on core factual knowledge. Great for revision of the basics</li> </ul>
Pulse 365	<a href="https://pulse365.uk/sign-up/">https://pulse365.uk/sign-up/</a>	<ul style="list-style-type: none"> <li>• New e-learning modules and on-demand webinars are regularly added to the platform, along with a range of virtual and live events throughout the year</li> <li>• Up to 35 free modules, more modules available for £99 per year</li> </ul>
BMJ	<a href="https://new-learning.bmj.com/">https://new-learning.bmj.com/</a>	<ul style="list-style-type: none"> <li>• Major educational provider and has own portfolio to record learning</li> </ul>
BMA	<a href="https://www.bma.org.uk/learning-and-development">https://www.bma.org.uk/learning-and-development</a>	<ul style="list-style-type: none"> <li>• Educational webinars, resources and a learning suite</li> </ul>
MDU MDDUS MPS	<a href="https://www.themdu.com/learn-and-develop">https://www.themdu.com/learn-and-develop</a>	<ul style="list-style-type: none"> <li>• Medico-legal focused courses and webinars</li> </ul>
NICE	<a href="https://www.nice.org.uk/guidance">https://www.nice.org.uk/guidance</a>	<ul style="list-style-type: none"> <li>• Sign up to mailing list via website</li> </ul>
Future Learn	<a href="https://www.futurelearn.com/">https://www.futurelearn.com/</a>	<ul style="list-style-type: none"> <li>• A website that acts as a learning environment for individuals who want to be part of a group sharing experience in a specific field. If there isn't one already you can create your own</li> <li>• Courses rather than lectures e.g. Addiction Medicine: 6 week course 4 hours per week. Other lecture providers upload their video recordings to this site</li> <li>• Also non clinical, managerial and business courses from institutions e.g. HEE, KCL, UCL, Open University</li> </ul>
Kings Fund	<a href="https://www.kingsfund.org.uk/">https://www.kingsfund.org.uk/</a>	<ul style="list-style-type: none"> <li>• Large health research charity looking at health service organisational issues. There are courses and events for all interested parties</li> </ul>

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### Hospital based providers (NHS):

St Georges Seminars	<a href="mailto:dyhian.mckenzie@stgeorges.nhs.uk">dyhian.mckenzie@stgeorges.nhs.uk</a>	<ul style="list-style-type: none"> <li>• Webinar-based evening educational meetings with local consultants delivering talks and Q&amp;A sessions.</li> <li>• Contact Dyhian Mckenzie to apply for the programme</li> <li>• Links are provided for each meeting</li> </ul>
GSTT	<a href="mailto:gpliaison@guysstthomashospital.nw005.com">gpliaison@guysstthomashospital.nw005.com</a>	<ul style="list-style-type: none"> <li>• Newsletter for GPs which includes upcoming talks that can be registered for via Eventbrite</li> <li>• Contact GP Liaison to apply, and for webinar links</li> </ul>
UCLH	<a href="https://www.uclh.nhs.uk/professionals/gp-events-1">https://www.uclh.nhs.uk/professionals/gp-events-1</a>	<ul style="list-style-type: none"> <li>• UCLH runs a programme of GP education seminars designed to keep primary care teams updated with all their services and specialties</li> </ul>
Queens Square for Neurology	<a href="https://www.ucl.ac.uk/ion/upcoming-queen-square-courses">https://www.ucl.ac.uk/ion/upcoming-queen-square-courses</a>	<ul style="list-style-type: none"> <li>• Expert discussions on Neurosurgery</li> </ul>
Royal Brompton & Harefield Hospitals Education	<a href="https://www.rbhh-education.co.uk/">https://www.rbhh-education.co.uk/</a>	<ul style="list-style-type: none"> <li>• Courses and events available to book online</li> </ul>
Royal Marsden	<a href="https://www.royalmarsden.nhs.uk/studydays">https://www.royalmarsden.nhs.uk/studydays</a>	<ul style="list-style-type: none"> <li>• Courses and events available to book online</li> </ul>

### Hospital based providers (private) -

A wide range of short lectures and courses is available, primarily in an online format. Each course can be found on Eventbrite. These courses aim to encourage private referrals while also offering significant educational value.

Parkside Hospital	<a href="https://www.eventbrite.co.uk/">https://www.eventbrite.co.uk/</a>	<ul style="list-style-type: none"> <li>• Lectures for GPs via Eventbrite</li> </ul>
Cromwell Hospital	<a href="https://www.eventbrite.co.uk/">https://www.eventbrite.co.uk/</a>	<ul style="list-style-type: none"> <li>• Lectures for GPs via Eventbrite</li> </ul>
New Victoria Hospital	<a href="https://www.eventbrite.co.uk/">https://www.eventbrite.co.uk/</a>	<ul style="list-style-type: none"> <li>• Lectures for GPs via Eventbrite</li> </ul>
Lister Hospital / HCA	<a href="mailto:events@hcahealthcare.co.uk">events@hcahealthcare.co.uk</a>	<ul style="list-style-type: none"> <li>• Monthly breakfast seminars that are F2F</li> </ul>

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### University Lectures:

Imperial College London	<a href="https://www.imperial.ac.uk/whats-on/">https://www.imperial.ac.uk/whats-on/</a>	<ul style="list-style-type: none"> <li>Offers courses for GPs and also lectures e.g. inaugural lectures from newly appointed professors well worth looking up and turning up to a topic that isn't necessarily strictly medical</li> </ul>
Kings College London	<a href="https://www.kcl.ac.uk/lsm/events">https://www.kcl.ac.uk/lsm/events</a>	<ul style="list-style-type: none"> <li>A lecture series addressing topics of a wider interest</li> </ul>

### Special Courses:

Maudsley GP Psychiatry Update	<a href="https://maudsleylearning.com/courses/">https://maudsleylearning.com/courses/</a>	<ul style="list-style-type: none"> <li>A useful one day general psychiatry update and a wide range of courses on specific topics</li> </ul>
St Christopher's Hospice	<a href="https://www.stchristophers.org.uk/gpvocational">https://www.stchristophers.org.uk/gpvocational</a>	<ul style="list-style-type: none"> <li>GP update - a half day virtual update course</li> </ul>
Paediatrics: Prof Alastair Sutcliffe	<a href="https://alastairsutcliffe.co.uk/">https://alastairsutcliffe.co.uk/</a>	<ul style="list-style-type: none"> <li>Popular hot topics course in Paediatrics</li> </ul>
Paediatrics: Dr Edward Snelson	<a href="https://gppaedstips.blogspot.com/">https://gppaedstips.blogspot.com/</a>	<ul style="list-style-type: none"> <li>Twitter, blog and course "practical paediatrics"</li> </ul>
Norfolk Paediatric Education Group	<a href="https://www.npeg.org.uk/">https://www.npeg.org.uk/</a>	<ul style="list-style-type: none"> <li>Online Paediatrics meeting every couple of months</li> <li>By becoming a member all previous content is accessible</li> </ul>
Royal London Paediatric Update Courses	<a href="https://www.royallondongppaediaticcourses.co.uk/">https://www.royallondongppaediaticcourses.co.uk/</a>	<ul style="list-style-type: none"> <li>General online day course for GP</li> </ul>

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<b>Conferences:</b>		
RCGP annual conference	<a href="https://rcgpac.org.uk/">https://rcgpac.org.uk/</a>	<ul style="list-style-type: none"> <li>• A big event to attend at least once in your career but many people go every year</li> </ul>
Primary Care Conference (free)	<a href="https://primarycarehealth.co.uk/">https://primarycarehealth.co.uk/</a>	<ul style="list-style-type: none"> <li>• Primary Care and Public Health events free of charge</li> <li>• Clinical CPD conference programmes</li> </ul>
MIMS live	<a href="https://www.mimslearninglive.com/">https://www.mimslearninglive.com/</a>	<ul style="list-style-type: none"> <li>• Learning series for primary care professionals hosted in a unique in-person or digital format in multiple locations</li> </ul>
Pulse 365	<a href="https://pulse365.uk/sign-up/">https://pulse365.uk/sign-up/</a>	<ul style="list-style-type: none"> <li>• E-learning modules and on-demand webinars with a range of virtual and live events throughout the year</li> </ul>
Society for Academic Primary Care	<a href="https://sapc.ac.uk/conference/2023">https://sapc.ac.uk/conference/2023</a>	<ul style="list-style-type: none"> <li>• This conference caters to academic primary care and is also open to GPs interested in research. It features a range of presentations, posters, and ample networking opportunities</li> </ul>
NHS Confederation	<a href="https://www.nhsconfed.org/events">https://www.nhsconfed.org/events</a>	<ul style="list-style-type: none"> <li>• A membership organisation that brings together, supports and speaks for the whole healthcare system in England, Wales and Northern Ireland</li> </ul>

**Primary Care Societies:**

Primary Care Women's Health Forum	<a href="https://pcwhf.co.uk/resources">https://pcwhf.co.uk/resources</a>	<ul style="list-style-type: none"> <li>Clinical guidelines, e-learning and resources on women's health</li> </ul>
British Society of Gastroenterology	<a href="https://www.bsg.org.uk/">https://www.bsg.org.uk/</a>	<ul style="list-style-type: none"> <li>Resources, courses and events available to book online</li> </ul>
Primary Care Rheumatology & MSK Society	<a href="https://pcrmm.org.uk/">https://pcrmm.org.uk/</a>	<ul style="list-style-type: none"> <li>The society initially offered a Diploma in Primary Care Rheumatology at the University of Bath, which has now been replaced by a Diploma in MSK Medicine with Rheumatology in collaboration with Bradford University</li> </ul>
Primary Care Neurology and Community Society	<a href="https://p-cns.org.uk/">https://p-cns.org.uk/</a>	<ul style="list-style-type: none"> <li>Supports the provision of education to healthcare professionals at the frontline of providing care to people living with neurological conditions</li> </ul>
Primary Care Society for Gastroenterology	<a href="https://www.pcsg.org.uk/events/">https://www.pcsg.org.uk/events/</a>	<ul style="list-style-type: none"> <li>PCSG for significant educational events throughout the year, featuring renowned experts in gastroenterology and related fields. An excellent opportunity for those in Primary Care to stay updated and informed</li> </ul>
Primary Care Dermatology Society	<a href="https://www.pcds.org.uk/">https://www.pcds.org.uk/</a> <a href="https://www.pcds.org.uk/files/events/New-EDS1-web.pdf">https://www.pcds.org.uk/files/events/New-EDS1-web.pdf</a>	<ul style="list-style-type: none"> <li>Essential Dermatology (ED) programs cover a wide range of conditions, programs equip GPs with essential knowledge for day-to-day practice. Teaching events organised nationally</li> <li>Two series ED1 and ED2, which cover different topics</li> </ul>
Primary Care Cardiovascular Society	<a href="https://pccsuk.org/2020/en/page/home-welcome">https://pccsuk.org/2020/en/page/home-welcome</a>	<ul style="list-style-type: none"> <li>The Primary Care Cardiovascular Society (PCCS) is a multi-disciplinary society reflecting the ideas and opinions of primary care healthcare professionals and organises 3 conferences a year</li> </ul>
Primary Care Respiratory Society	<a href="https://www.pcrs-uk.org/">https://www.pcrs-uk.org/</a>	<ul style="list-style-type: none"> <li>Resources on Respiratory Care and teaching events</li> </ul>
Primary Care Urology Society (PCUS)	<a href="https://www.primarycareurologysociety.org/index.php">https://www.primarycareurologysociety.org/index.php</a>	<ul style="list-style-type: none"> <li>A forum for healthcare professionals working in primary and community care to discuss and debate practical and topical management issues in urology</li> </ul>

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<b>Medical Museums:</b>		
Hunterian Museum	<a href="https://hunterianmuseum.org/">https://hunterianmuseum.org/</a>	<ul style="list-style-type: none"> <li>Royal College of Surgeons Museum</li> </ul>
The Old Operating Theatre	<a href="https://oldoperatingtheatre.com/">https://oldoperatingtheatre.com/</a>	<ul style="list-style-type: none"> <li>The Museum is housed in the roof of St Thomas' Church which opened in 1703.</li> <li>Previously a drying space for the hospital's apothecary herbs, the attic was converted in 1822 into a women's operating theatre connected to the nearby Dorcas Ward</li> </ul>
Florence Nightingale Museum	<a href="https://www.florence-nightingale.co.uk/">https://www.florence-nightingale.co.uk/</a>	<ul style="list-style-type: none"> <li>Florence Nightingale, the first female Royal Statistical Society member</li> <li>her Crimean War contributions, to healthcare advocacy, inspires global nursing today</li> </ul>
Wellcome Collection	<a href="https://wellcomecollection.org/">https://wellcomecollection.org/</a>	<ul style="list-style-type: none"> <li>More information on website</li> </ul>
Science Museum	<a href="https://www.sciencemuseum.org.uk/see-and-do/medicine-wellcome-galleries">https://www.sciencemuseum.org.uk/see-and-do/medicine-wellcome-galleries</a>	<ul style="list-style-type: none"> <li>More information on website</li> </ul>
The Gordon Museum of Pathology	<a href="https://www.kcl.ac.uk/lsm/centre-for-education/museums/gordon-museum/index">https://www.kcl.ac.uk/lsm/centre-for-education/museums/gordon-museum/index</a>	<ul style="list-style-type: none"> <li>Largest medical museum in the UK containing some rare artefacts</li> </ul>
Museum of Life Sciences	<a href="https://www.kcl.ac.uk/lsm/centre-for-education/museums/museum-of-life-sciences/index">https://www.kcl.ac.uk/lsm/centre-for-education/museums/museum-of-life-sciences/index</a>	<ul style="list-style-type: none"> <li>The Museum of Life Sciences exists to celebrate and explain the diversity of animal and plant life in the context of the biological and health sciences</li> </ul>

Author	Title	Comments / Links
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**General Books:**

Dr John Launer	How Not To Be A Doctor: and Other Essays	Dr John Launer shares fifty of his best-loved essays drawn from his popular medical columns over the years - Dr Victoria Holt GP, Homerton Hospital UCC
Atul Gawande	Being Mortal and Checklist and Complications	A practicing surgeon, addresses his profession's ultimate limitation, arguing that quality of life is the desired goal for patients and families. In checklist he makes the case for teams to practice simple procedures to prevent medical accidents
Dale Carnegie	How to Win Friends and Influence People	Practical advice and techniques, for how to get out of a mental rut and make life more rewarding.
Henry Marsh	Do No Harm	South London's very own neurosurgeon speaks of his career experiences
Kristin Neff	Self Compassion	This book looks at the difference between self esteem and self compassion. It explores the causes and effects of self criticism and feelings of inadequacy. It offers practical evidence based interventions that show us how to be more compassionate towards ourselves - Dr Linieta Harper GP Chartfield Surgery
Dr Julie Smith	Why has nobody told me this before?	A book full of useful bite sized therapy tools that can be applied to your patients, your colleagues and your own life to improve the way we think and deal with common challenges in life - Alexander Lai GP and LMC Chair Wandsworth

**Books based on experiences:**

Lisa Genoa	Still Alice	Compelling debut novel about a 50-year-old woman's sudden descent into Alzheimer's disease. Made into a film in 2014 with 85% on Rotten Tomato. Dr Penny Smith GP Grafton Practice
John Diamond	C: Because Cowards Get Cancer, Too. Snake Oil And Other Preoccupations	John Diamond wrote a popular column in "The Times" which, following his diagnosis with cancer, was given over to following the progress of his disease. Snake Oil is an uncomplimentary look at the world of complementary medicine" - Dr Penny Smith GP Grafton Practice
Paul Kalanithi	When Breath Becomes Air	At the age of thirty-six, on the verge of becoming a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer When Breath Becomes Air is a life-affirming reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both - Dr Penny Smith GP Grafton Practice



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<b>Factual Books:</b>		
Giulia Enders	Gut: the inside story of our body's most underrated organ	A great starter book, covering the basics of the gut and the microbiome - Alexander Lai, LMC Chair Wandsworth
Giles Yeo	Gene Eating	Observations about how genetic selection pressures have lead to certain conditions such as lactose intolerance/alcohol intolerance. Also helpful to tell people about genetic influences on their ability to lose weight e.g. appetite re fat storage re metabolic efficiency
Bee Wilson	First Bite: How we learn to eat	About how we learn to eat - explores the origins of our taste, how we develop eating habits and how we can change to healthier diets - Dr Linieta Harper GP Chartfield Surgery
Tim Spector	Spoonfed	De-bunks many myths about food in this book He provides an evidence based set of rules to follow for healthy eating - Dr Linieta Harper GP Chartfield Surgery
Matthew Walker	Why We Sleep	Looks at how the role of sleep is different at different stages of life and how lack of sleep is increasingly recognised as a factor in other illnesses - Dr Linieta Harper GP Chartfield Surgery
Mary Sheridan	From Birth to Five Years: Children's Developmental Progress	Widely regarded as the go-to reference for health, education and social care professionals
Daniel Siegel	Brainstorm - The Power and Purpose of the Teenage Brain	Daniel Siegel writes in a way that really simplifies a lot of neuroscientific evidence and presents it in a way that is accessible to all - Dr Linieta Harper GP Chartfield.
Daniel Siegel & Tina Payne Bryson	The Whole Brain Child	Research based parenting book - Dr Linieta Harper GP Chartfield Surgery
Oliver Sacks	The Man Who Mistook His Wife for a Hat	International best seller, fantastic story-telling about psychology - now a classic but with some dated terms no longer in use - Melanie Ashdown ICSS
Bessel van der Kolk	The Body Keeps the Score	This book shows the evidence to explain what trauma is and how it affects a developing brain. It is also full of individual stories that illustrate various points helping a GP to see the science in the context of their patients. It describes many new therapies and "alternative approaches" in a way that explains why they might be effective for some people. 141 weeks on the New York Times Bestseller List - Dr Linieta Harper GP
Gabor Mate	The Myth of Normal: Trauma, Illness & Healing in a Toxic Culture	Topical author on the effects of childhood trauma

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Nathan Filer	This book will change your mind about mental health	Nathan Filer, a former psychiatric nurse, poet, and author, delves into the essence of mental illness, the significance of mental health diagnoses, their assignment, past and current treatments, stigma, language, and their impact on people's perceptions. The book weaves together amusing, poignant, alarming, and heartwarming tales of individuals and their families. - Dr. Linieta Harper, GP
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Ben Goldacre	Bad Pharma	Eye opening account of the tricks the drugs industry play to make the evidence for their drugs stack up
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Sen Jayaprakasam (GP Battersea)	The Sparrows of Unity'	A novel from one of our own! Homophobic hate crimes. Racist attacks. Britain is spiralling out of control. But when loner Lucy Taylor comes face to face with an imprisoned killer, a devastating truth is revealed. Written to explain some diversity issues to teenagers. Available on Amazon.
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**Books about books:**

John Salinsky, Iona Heath, Matthew Walters	The Green Bookshop	General practice in the UK has produced a small number of books that capture its essence and deserve to be called classics. These are the books that you earnestly recommend to your GP trainees or students ('Wonderful book, a classic, you have to read it'). The classic in question may even be sitting in some neglected corner of the practice library. But will our pupils actually take it down, dust it off and read it? To be honest, have we really, truly read it ourselves? Or is it, in the words of Italian novelist Italo Calvino, one of those 'books that everybody else has read, so it's as if you had read them, too.' (Iona Heath)
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John Salinsky	Medicine and Literature: The Doctor's Companion to the Classics. Vol 1 and 2	The doctor's guide to the classics. Describes a classic novel, short story, play or poem, revealing them to be easily accessible and enjoyable. Shows how parallels can be drawn between characters in literature and in the consulting room. The book gives doctors a new perspective on the doctor-patient relationship and provides unique inspiration for communication skills improvement
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Iain McGilchrist	The Master and his Emissary	I needed to read this book several more times to grasp most of the things in it. The right brain sees broad attention, vigilance, non specific, implicit,"can see the part in the bigger picture", can see the individual as interconnected, changing, dynamic, uncertain. McGilchrist talks about how society has changed over time and suggests that today's society/western culture has drifted to a left hemisphere's point of view - Dr Linieta Harper GP Chartfield Road Practice
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Abraham Verghese	Cutting Stone  Covenant of Water	Cutting Stone: An enthralling family saga of Africa and America, doctors and patients, exile and home. Your paragraph text. The  Covenant of Water: scenes of medical ingenuity, moments of humour, a surprising and deeply moving story, and characters imbued with the essence of life
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Provider	Website / Contact	Additional Information
<b>Podcasts:</b>		
Primary Care UK Podcast	<a href="https://www.buzzsprout.com/1925512">https://www.buzzsprout.com/1925512</a>	<ul style="list-style-type: none"> <li>For all primary care staff, trainees &amp; students. With contributions from NHS bodies &amp; clinical experts</li> </ul>
NICE podcasts	<a href="https://soundcloud.com/nicecomms">https://soundcloud.com/nicecomms</a>	<ul style="list-style-type: none"> <li>A variety of short talks</li> </ul>
GP Notebook	<a href="https://gpnotebookpodcast.com/">https://gpnotebookpodcast.com/</a>	<ul style="list-style-type: none"> <li>Podcast episodes available via website</li> <li>GP Notebook Study Groups are online small-group learning sessions using multiple patient case studies to cover the latest clinical guidance, research and hot topics</li> </ul>
Medics Money Podcast	<a href="https://www.medicmoney.co.uk/medical-accounting-blog/?catname=podcasts">https://www.medicmoney.co.uk/medical-accounting-blog/?catname=podcasts</a>	<ul style="list-style-type: none"> <li>The Medics' Money podcast helps doctors, dentists and other professionals make better financial decisions.</li> <li>Hosted By Dr Tommy Perkins and Dr Ed Cantelo, who is not only a doctor but also a Chartered Accountant and Tax adviser</li> </ul>
Feel Better, Live More with Dr Ragan Chatterjee	<a href="https://podcasts.apple.com/gb/podcast/feel-better-live-more-with-dr-rangan-chatterjee/id1333552422">https://podcasts.apple.com/gb/podcast/feel-better-live-more-with-dr-rangan-chatterjee/id1333552422</a>	<ul style="list-style-type: none"> <li>A podcast hosted by Dr Ragan Chatterjee where he interviews interesting special guests.</li> </ul>
BBC - Health Check	<a href="https://www.bbc.co.uk/programmes/p002vsvy">https://www.bbc.co.uk/programmes/p002vsvy</a>	<ul style="list-style-type: none"> <li>A podcast on health issues and medical breakthroughs from around the world</li> </ul>
Just One Thing with Michael Mosley	<a href="https://www.bbc.co.uk/programmes/p09by3yy/episodes/downloads">https://www.bbc.co.uk/programmes/p09by3yy/episodes/downloads</a>	<ul style="list-style-type: none"> <li>Michael Mosley reveals surprisingly simple top tips that are scientifically proven to change your life</li> </ul>
iHV Podcast: Dr Sanjay Patel	<a href="https://ihv.org.uk/news-and-views/voices/new-ihv-podcast-dr-sanjay-patel/">https://ihv.org.uk/news-and-views/voices/new-ihv-podcast-dr-sanjay-patel/</a>	<ul style="list-style-type: none"> <li>Dr Sanjay Patel on recognition of illness in babies and young children with black or brown skin with a focus on Strep A and Scarlet Fever.</li> </ul>

**NB Medical and Red Whale also produce podcasts**

**Useful Consulting Resources:**

All these websites can be saved in folder on MS Edge and opened with one click at the start of your surgery

SW London Medicines Optimisation	<a href="https://swlimo.southwestlondon.icb.nhs.uk/">https://swlimo.southwestlondon.icb.nhs.uk/</a> <a href="https://swlimo.southwestlondon.icb.nhs.uk/clinical-guidance/">https://swlimo.southwestlondon.icb.nhs.uk/clinical-guidance/</a>	<ul style="list-style-type: none"> <li>• Prescribing advice and guidelines</li> </ul>
Acces to BNF and Childrens' BNF	<a href="http://www.medicinescomplete.com">www.medicinescomplete.com</a>	<ul style="list-style-type: none"> <li>• Free but Access to additional pharmaceutical resources may cost a fee</li> </ul>
Quick GP guidance	<a href="http://gpnotebook.com">gpnotebook.com</a>	<ul style="list-style-type: none"> <li>• Good reference guide on diagnosis and treatment of common conditions seen in primary care</li> </ul>
NICE Antibiotic prescribing guidance	<a href="https://elearning.rcgp.org.uk/mod/book/view.php?id=12648&amp;chapterid=453">https://elearning.rcgp.org.uk/mod/book/view.php?id=12648&amp;chapterid=453</a>	<ul style="list-style-type: none"> <li>• From 01 June 2023, the summary will be temporarily hosted on the Antibiotic and diagnostic quick reference tools page of the Royal College of General Practitioners eLearning website.</li> </ul>
EMC	<a href="https://www.medicines.org.uk/emc">https://www.medicines.org.uk/emc</a>	<ul style="list-style-type: none"> <li>• Pharmacists guide to medicines Better than the BNF at working out whether a medicine is OTC, pharmacist advised, or prescription only</li> </ul>
NICE Guidance	<a href="http://nice.org.uk/guidance">nice.org.uk/guidance</a>	<ul style="list-style-type: none"> <li>• All the guidelines, but remember most written without much primary care input</li> </ul>
North London Pathway Guide	<a href="https://gps.northcentrallondon.icb.nhs.uk/pathways">https://gps.northcentrallondon.icb.nhs.uk/pathways</a>	<ul style="list-style-type: none"> <li>• Guidance available via website</li> </ul>
Wiltshire HRT Guideline	<a href="https://www.coursehero.com/file/44790789/wiltshire-hrt-guidance-2014pdf/">https://www.coursehero.com/file/44790789/wiltshire-hrt-guidance-2014pdf/</a>	<ul style="list-style-type: none"> <li>• Guidance available via website</li> </ul>
Camden Liver Pathway	<a href="https://gps.northcentrallondon.icb.nhs.uk">https://gps.northcentrallondon.icb.nhs.uk</a>	<ul style="list-style-type: none"> <li>• Guidance available via website</li> </ul>

Provider	Website / Contact	Additional Information
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### Appraisal Guidance:

GMC	<a href="https://www.gmc-uk.org/-/media/documents/rt--supporting-information-for-appraisal-and-revalidation---dc5485_.pdf-55024594.pdf">https://www.gmc-uk.org/-/media/documents/rt--supporting-information-for-appraisal-and-revalidation---dc5485_.pdf-55024594.pdf</a>	<ul style="list-style-type: none"> <li>Issues educational instructions regarding standards and appraisal requirements</li> </ul>
Royal College of General Practitioners	<a href="https://www.rcgp.org.uk/your-career/revalidation/supporting-information-guidance">https://www.rcgp.org.uk/your-career/revalidation/supporting-information-guidance</a>	<ul style="list-style-type: none"> <li>The College has produced new guidance explaining what's needed for your appraisal portfolio</li> </ul>
Academy of Medical Royal Colleges	<a href="https://www.aomrc.org.uk/revalidation/medical-appraisal-revalidation/">https://www.aomrc.org.uk/revalidation/medical-appraisal-revalidation/</a>	<ul style="list-style-type: none"> <li>24 Royal Colleges many of which provide courses that might be of interest to GPs</li> </ul>

### Other sources of training:

NHS - Free Coaching	<a href="#">NHS England » Looking after you too</a> <a href="#">NHS England » Looking after you team</a> <a href="#">NHS England » Looking after your career</a>	<ul style="list-style-type: none"> <li>Booking information available via website</li> </ul>
Integrated Care Support Services	<a href="https://www.integratedcaresupport.com/">https://www.integratedcaresupport.com/</a> <a href="https://www.integratedcaresupport.com/kresources">https://www.integratedcaresupport.com/kresources</a>	<ul style="list-style-type: none"> <li>Supporting projects, training, resourcing, back-office support</li> <li>This website has useful links to additional resources which are free to NHS staff with OpenAthens</li> </ul>
Leadership Academy	<a href="https://www.leadershipacademy.nhs.uk/programmes/">https://www.leadershipacademy.nhs.uk/programmes/</a>	<ul style="list-style-type: none"> <li>Leadership and Management Skills courses</li> </ul>
NHS Learning Hub	<a href="https://learninghub.nhs.uk/">https://learninghub.nhs.uk/</a>	<ul style="list-style-type: none"> <li>Information available via website</li> <li>Covers Statutory &amp; Mandatory Training</li> </ul>
Londonwide LMCs	<a href="https://www.lmc.org.uk/events-and-training">https://www.lmc.org.uk/events-and-training</a>	<ul style="list-style-type: none"> <li>Training and events for GPs and their practices.</li> </ul>

### Mandatory training:

Mandatory Training	<a href="https://www.mandatorytraining.co.uk/">https://www.mandatorytraining.co.uk/</a>	<ul style="list-style-type: none"> <li>Information available online</li> </ul>
Bluestream Academy	<a href="https://www.bluestreamacademy.com/">https://www.bluestreamacademy.com/</a>	<ul style="list-style-type: none"> <li>122 clinical and non clinical courses e.g. Autism awareness, Dementia awareness, Moving and Handling. Subscription may be paid by ICB and passwords available from your practice manager</li> </ul>

Provider	Website / Contact	Additional Information
ELFH	<a href="http://e-elfh.org.uk">HEE elfh Hub (e-elfh.org.uk)</a>	<ul style="list-style-type: none"> <li>• Wide variety of <u>statutory and mandatory</u> training incl. <u>Admin triage using digital tools in GP</u>, <u>Oliver McGowan Learning Disability and Autism</u></li> <li>• Other interesting courses e.g. syncope - guidelines and treatment' or 'image interpretation - subarachnoid haemorrhage</li> </ul>



These resources have been put together by Dr Jeremy Gray and Integrated Care Support Services, with a special thank you to many contributors.

Dr Jeremy Gray is a practicing GP working in Wandsworth, South West London, a GP appraiser and Member of the LMC.

This publication is welcomed by the LMC. LMCs are an integral part of the primary healthcare system for GP advocacy, support, and education. For more details please speak to your local chair or see [lmc.org.uk](http://lmc.org.uk)

Integrated Care Support Services is dedicated to providing assistance to practices, PCNs, Federations, ICBs and Care Homes through projects, training, resourcing and back-office support.

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