

Lifestyle Medicine Webinar

29 Feb 1-2pm via teams

[Click here to join the meeting](#)



Dr Tony Willis,
GP and clinical lead for
personalised care, clinical
effectiveness and diabetes for
NWL

Thursday 29 Feb 1-2pm

Join via teams

- Learn about lifestyle medicine
- How it can support lifestyle changes
- Impact on improved health and wellbeing outcomes

This webinar is for:

- Social prescribers
- Link workers
- Care coordinators
- Health and wellbeing coaches
- Any frontline staff working in primary care
- Anyone with an interest in lifestyle medicine.

**If you need any further information
contact Eleanor.phelan@nhs.net**