

# The internet, suicide and self-harm. Free training webinar for practitioners.

Do you feel confident supporting someone who may be using the internet in relation to their self-harm or suicidal feelings?

Are you talking to them about how their online use might affect their wellbeing?

Join our free training webinar in collaboration with the University of Leicester.

Whether you work in the NHS or voluntary sector, Samaritans are here to help you have safe conversations about online use.

During the webinar, you will learn:

- How people use the internet in relation to self-harm and suicide
- What the new Online Safety Act means for self-harm and suicide content online
- The role that practitioners can play in supporting people
- How to talk to people about their online use
- How Samaritans can support you in your role

Register for either of the following two dates

March 19th, 12.30pm - 2pm

[REGISTER](#)

March 21st, 10.30am - 12pm

[REGISTER](#)

