

## Supporting unpaid carers in Ealing

If you look after a family member, neighbour or close friend, with a disability, physical or mental health condition, who couldn't manage without your support, you are their carer and we are here to support YOU!

### We offer a range of support services:

- Practical information and advice
- Support to apply for a Carers Assessment
- Carer related welfare benefits advice and form filling support
- Emotional support
- Emergency plans and Carers Cards
- Health and Wellbeing activities
- Peer support groups and Coffee mornings
- Carers one off grants
- Complimentary therapies
- Carer Pathways breaks for carers
- Events and workshops



We offer online, telephone and in-person appointments at our Carers Hub or in your own home.

Working in partnership with Ealing Council and Brentford Football Club to support young carers age 5 -18

[www.ealingcarers.org.uk](http://www.ealingcarers.org.uk)

Advice Line: 020 3137 6194 Mon-Fri 9am-5pm

**Your Voice Carers**

Committed to those who care

Email: [info@ealingcarers.org.uk](mailto:info@ealingcarers.org.uk)

Ealing Carers Hub is a subsidiary of Your Voice in Health and Social Care and a Your Voice Carers service.

Charity Reg No: 1154672 Company Registered in England No: 08397315

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