



SAFE EVOLVE EALING EARLY INTERVENTION & PREVENTION SERVICE



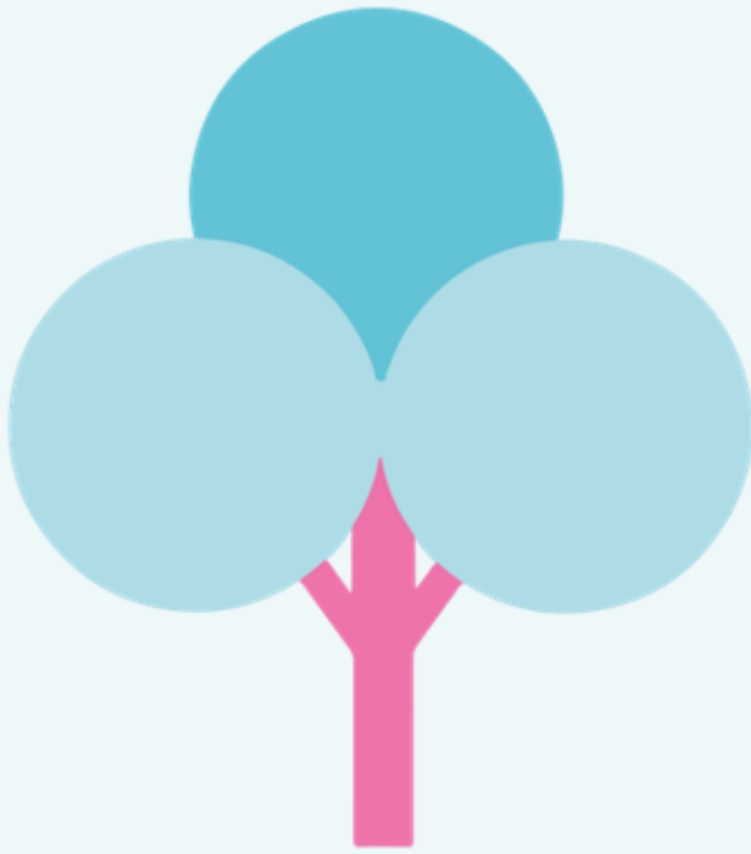
Anna Freud
building the mental
wellbeing of the
next generation

IRENE BROWN-MARTIN

HEAD OF SERVICE

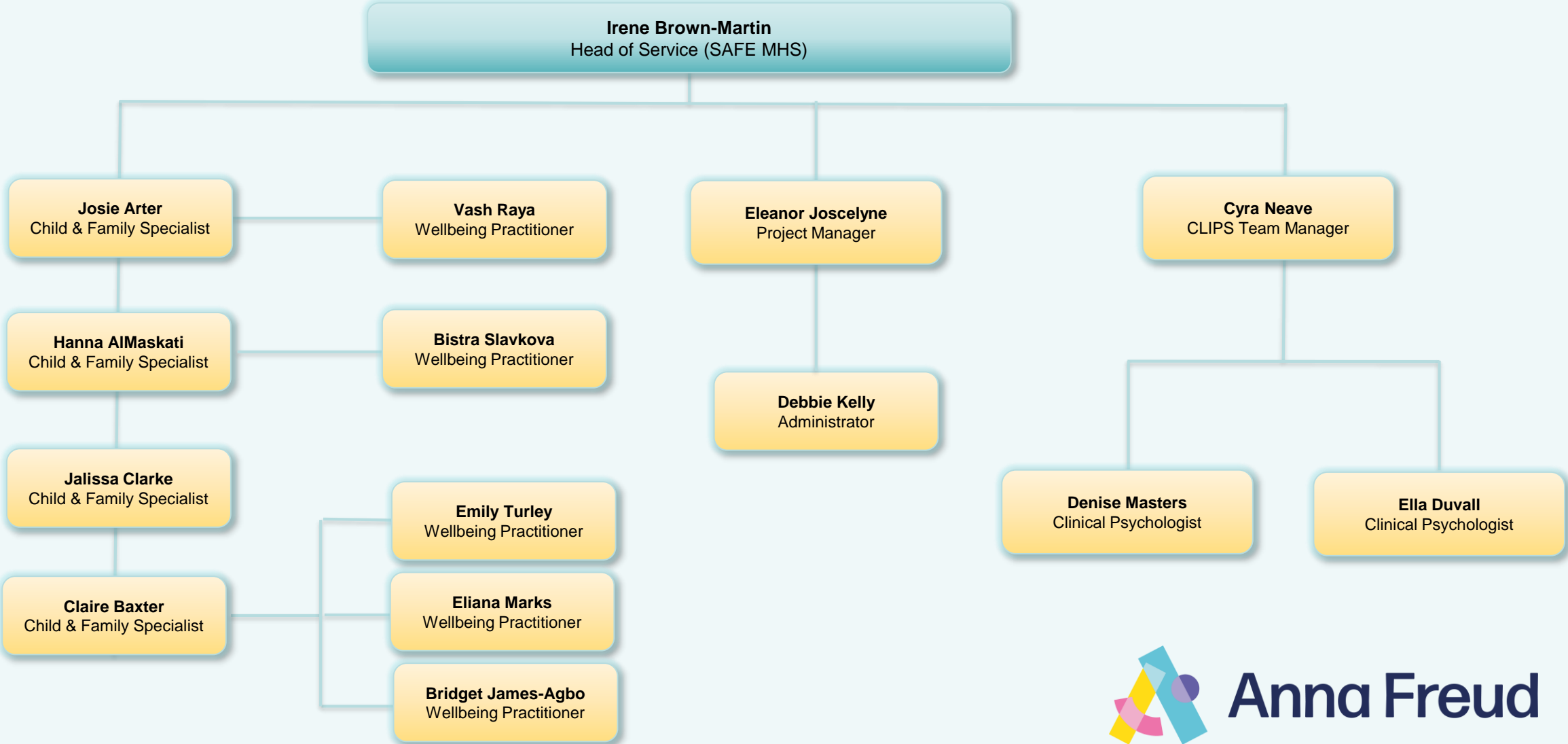
CHILD & ADOLESCENT
PSYCHOTHERAPIST

INTERPERSONAL PSYCHOTHERAPIST
SUPERVISOR



Anna Freud

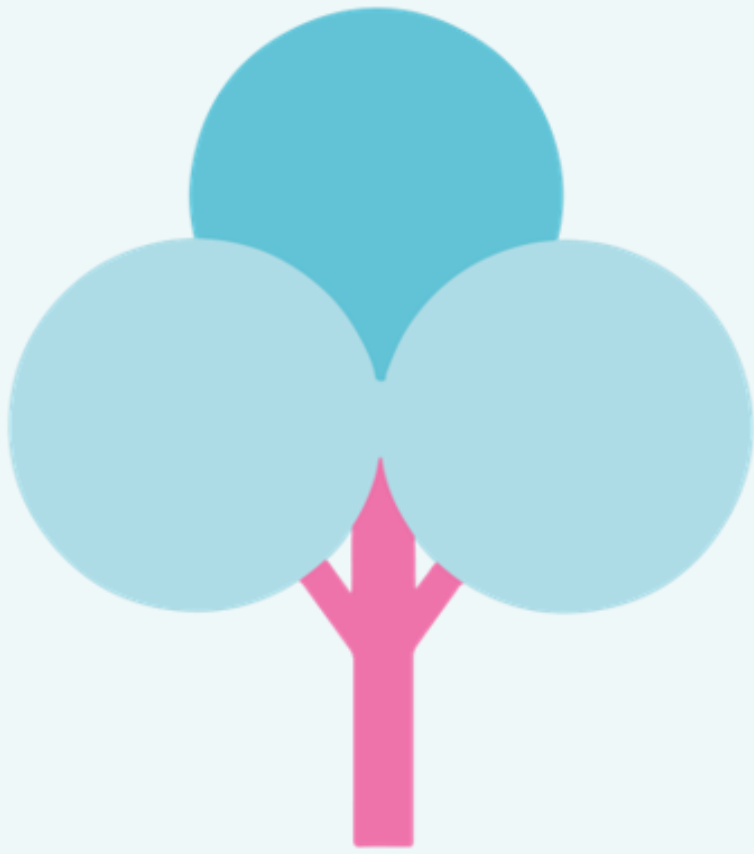
SAFE MHS Management Structure



SERVICE PROVISION

Mental Wellbeing Service for Children up to 18 living in Ealing

A replacement service for the Community CAMHS support and a new approach to mental health support for CYP in Ealing



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PATHWAYS

Referrals into the service currently via
CAMHS & ECIRS

93% of referrals to the service via CAMHS SPA

Weekly escalation meetings with CAMHS

Safeguarding referrals to SAFE & MAST



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TREATMENT MODEL

Short-Term Evidence-Based interventions 6-8 sessions

Therapeutic interventions based on a range of evidence-based approaches for moderate mental health presentations:

- Low mood
- Anxiety
- Behavioural Difficulties
- Emotional Regulation Interventions



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TREATMENT MODEL

- *1-1 Individual Therapy*
- *Guided Self Help*
- *Therapeutic Group Interventions*
- *Workshops*
- *Psycho-Educational*
- *Solution Focused Therapy*
- *Parent-led Interventions*



SYSTEMIC APPROACH

Consultations with
Professional Network

Consultations with
Parents/Trusted Adults



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Since April 2023

ASSESSMENTS

208

FAMILY
CONSULTATIONS

177

SESSIONS

1151

PROFESSIONAL
CONSULTATIONS

226



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OUR CHALLENGES

519 cases on waiting list transferred by NHS.

247 cases on current waiting list, including new referrals

Some cases/needs may not fit SAFE Evolve Team specification and will need to be managed/redirected to alternate services.

Building a new platform on Mosaic to accommodate new service and to evidence new service outcomes and productivity.



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PARTNERSHIPS

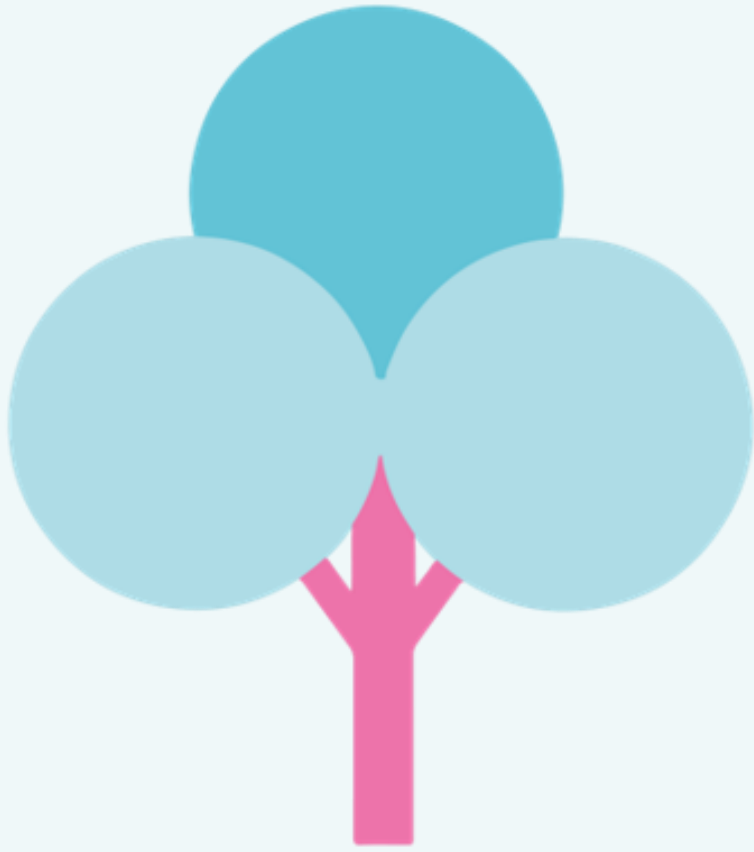
Weekly Step-Up/Step-Down meetings with CAMHS

Working with Children's Centres to use their facilities to offer face-to-face sessions in exchange for training and consultations



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Evaluation of Treatment Outcome



Routine Outcome Measures (ROMs)

- RCADS
- SDQ
- GBO



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WORKSHOPS

Self-harm

Transitions (Primary-
Secondary school)

Parenting & Prevention



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