

Summaries from London Greener NHS Week Tuesday 14th May 2024

09:00 – 09:45	<p>Making Greener Conversation</p> <p>Stella Vig has more than 30 years' experience in the NHS and appointed as a Consultant in vascular and general surgery at Croydon University Hospital in 2006. Currently, she is the National Medical Director for Secondary Care and National Clinical Director for Elective Care for NHS England.</p>
Summary	Stella outlined how making sustainable systemic changes can improve NHS efficiencies aiding the NHS recovery plan, reduce staff burn out and better utilise NHS resources. Given her surgical background, she highlighted the Green Surgery report 2023 and decarbonising areas within surgery e.g. supply chain, energy and anaesthesia use. She also highlighted the importance of public health/population health approach to reduce chronic illness & the attached CO2e to treat patients.
Recording Link	https://future.nhs.uk/sustainabilitynetwork/view?objectId=209146949
Links shared in Chat box	<ul style="list-style-type: none"> • WHO launches new toolkit empowering health professionals to tackle climate change • Reusable surgical textiles instead of disposables - supported by Chainge (chaingegroup.eu)
10:00 – 10:45	<p>Sustainable transport and active travel in NW London</p> <p>Tom Wright is the Director of Sustainability at Central London Community Healthcare NHS Trust and West London.</p>
Summary	Tom has highlighted projects such as a free bike trial for NHS staff, an annual £150 allowance for staff who cycle and walk to work, renting e-bikes from the Trust and encouraging cycle to work schemes. He highlights the importance of making connections with Local Authorities interested in greener travel & transport.
Recording Link	https://future.nhs.uk/sustainabilitynetwork/view?objectId=209146885
Links shared in Chat box	<ul style="list-style-type: none"> • https://www.evfiresafe.com/research-ev-fire-charging • https://www.staxy.live/

<p>11:00 – 11:45</p>	<p>Reducing the environmental impact of treating kidney disease</p> <p>Dr Shazia Adalat is a Consultant Paediatrician and Chair of Evelina London Children's Hospital Sustainability group. She is also the Paediatric representative on the UK Kidney Association Sustainable Kidney Care Committee.</p>
<p>Summary</p>	<p>Shazia has highlighted the interlinks between climate change and risk of kidney disease. She has outlined the huge carbon impact of treating end stage renal disease and management for patients.</p>
<p>Recording Link</p>	<p>https://future.nhs.uk/sustainabilitynetwork/view?objectId=209139653</p>
<p>Links shared in Chat box</p>	<ul style="list-style-type: none"> • https://networks.sustainablehealthcare.org.uk/kidney-care-sustainability-network • 12 Steps to Green a Kidney Unit - full version - June 2023 Sustainable Healthcare Networks Hub • https://www.mymothertree.com/bank-league-table
<p>12:00 – 12:45</p>	<p>Overcoming the climate crisis with environmentally sustainable primary care</p> <p>Dr Matthew Sawyer worked as a GP for over 17 years in the North East of England. Now, he runs an environmental sustainability consultancy called SEE Sustainability working to improve human and planetary health.</p> <p>Email: matt@seesustainability.co.uk</p>
<p>Summary</p>	<p>Matt has outlined practical examples of how primary care can work towards decarbonisation which was very well received by all attendees. He explains the importance of benchmarking and measuring baseline carbon footprint data, setting goals and aims tailored to individual organisations.</p>
<p>Recording Link</p>	<p>https://future.nhs.uk/sustainabilitynetwork/view?objectId=209139717</p>
<p>Links shared in Chat box</p>	<ul style="list-style-type: none"> • https://theresnoplanetb.net/ • https://www.greenerpractice.co.uk/high-quality-and-low-carbon-asthma-care/ • https://calculator.mymothertree.com/ • https://bank.green/

	<ul style="list-style-type: none"> https://www.rcgp.org.uk/Blog/Greener-practice-initiative
13:00 – 13:45	<p>Horticultural Therapy at the Homerton</p> <p>Emma Myers is a Horticultural Therapist working with a broad range of service-users and staff across the Homerton NHS Trust. With a background as an Occupational Therapist and training from the Royal Horticultural Society and Thrive, the provision at Homerton is an evidenced based, person-centered approach to nature connection, food growing and therapeutic activity.</p> <p>Email: hello@cultivating-health.co.uk</p> <p>Lucie Dinsmore works for the charity Homerton Hope, that supports Homerton Healthcare NHS Trust. Her role is Fundraising Officer and part of her work is to identify need and allocate resources to it.</p> <p>Email: lucie.dinsmore@nhs.net</p>
Summary	<p>Emma and Lucie gave an overview of the horticultural therapy at Homerton NHS Trust where they have received overwhelming positive feedback from patients, their families or carers and staff delivering the programme. They encouraged green social prescribing, even for patients who are not able to perform active gardening, who have benefited from HT.</p>
Recording Link	<p>https://future.nhs.uk/sustainabilitynetwork/view?objectId=209139685</p>
Links shared in Chat box	<ul style="list-style-type: none"> The Effectiveness of Horticultural Therapy on Older Adults: A Systematic Review - ScienceDirect https://nhsforest.org/projects/nature-recovery-rangers/nature-recovery-ranger-homerton-hospital/ https://nhsforest.org/projects/nature-recovery-rangers/ https://nhsforest.org/green-your-site/on-site-rangers/ https://www.thrive.org.uk/files/documents/THSG-Mapping-V5-for-external-consultation-1.pdf
14:00 – 14:45	<p>Walking Aid London Project</p> <p>Simon Rowland is the Sustainability Manager with NHS London Procurement Partnership. He has worked on several projects across London including walking aid reuse and recycling schemes and the development of NHS London Procurement partnership’s pan-London approach to social value.</p>

	<p>Joseph Burton is one of University College London Hospital's Sustainability Transformation Project Leads. The lead author of UCLH's ambitious net zero strategy Critical Care for Our Climate.</p>
Summary	<p>Simon outlined the lessons learnt from a collaborative walking aid reuse project that has been funded by Greener NHS. Joe has shared UCLH Walking Aid reuse Staff Guide checklist which allows other hospitals to replicate this project locally.</p>
Recording Link	<p>https://future.nhs.uk/sustainabilitynetwork/view?objectId=209146917</p>
Links shared in Chat box	<ul style="list-style-type: none"> • NHS Trusts could access vital cash injection recycling walking aides. WRAP

15:00 – 15:45	<p>A nature positive NHS for climate and health</p> <p>Sarah Jordan is the Green Space for Health Director at the Centre for Sustainable Healthcare. Sarah oversees the NHS Forest project, planting trees and creating green space at healthcare sites for the health and wellbeing benefits they provide for patients, staff and the wider community. Sarah's background is in environmental psychology, exploring the relationship between people and our natural environment.</p> <p>Email: sarah.jordan@sustainablehealthcare.org.uk</p>
Summary	<p>Sarah highlighted the benefits of nature intervention on human health and the importance of improving biodiversity through greening NHS estates. Some of the projects such as woodland creation, fruit trees planting and tiny forests which see 600 trees being planted within a small place allocated. One of the attendees mentioned the consideration of fire hazards, difficulties in implementing green walls practically and the financial investments required.</p>
Recording Link	<p>https://future.nhs.uk/sustainabilitynetwork/view?objectId=209146981</p>
Links shared in Chat box	<ul style="list-style-type: none"> • https://nhsforest.org/evidence/ • https://nhsforest.org/ • https://nhsforest.org/news/csh-launches-bee-healthy-project-guide-to-support-pollinators/ • https://nhsforest.org/green-your-site/indoor-green-space/ • newham-food-growing-toolkit

	<ul style="list-style-type: none"> • https://www.sciencedirect.com/science/article/pii/S135382921931158X?via%3Dihub • https://www.sheffield.ac.uk/landscape/news/what-can-we-learn-inclusive-climate-activism-led-young-people • https://sustainablehealthcare.org.uk/news/2019/08/nature-indoor-walk-marston-court • https://www.treesforcities.org/get-involved/volunteer • https://nhsforest.org/green-your-site/tree-planting/ • https://networks.sustainablehealthcare.org.uk/resources/food-growing-toolkit-healthcare-settings
<p>16:00 – 16:45</p>	<p>Nature alone Cures’ Planetary Health a Nursing and Midwifery Imperative</p> <p>Rodney Morton works for NHS England as Head of Innovation Entrepreneurship and Sustainability within the Quality, Safety, Innovation, Sustainability and Women’s Health Nursing Directorate. Rodney has led the development of a Nursing Sustainability Model to enable Net Zero/lower Carbon Clinical Practice.</p> <p>Emma Blakey completed the Chief Sustainability Officer's Clinical Fellowship, moved into an interim role alongside clinical practice and has now progressed into the role of Clinical Lead for Sustainability in the Nursing Directorate at NHS England.</p>
<p>Summary</p>	<p>Rodney highlighted how sustainable healthcare can improve patient and staff safety whilst getting it right first time promoting circular economy. Emma explained the nursing and midwifery strategy to maximise contribution and growing capacity; amplify impact, expand influence across system and climate smart care pathway for nurses and midwives. Their Nursing and Midwifery Sustainability Network currently has nearly 500 members.</p>
<p>Recording Link</p>	<p>https://future.nhs.uk/sustainabilitynetwork/view?objectId=209139621</p>
<p>Links shared in Chat box</p>	<ul style="list-style-type: none"> • Nursing and Midwifery Sustainability Network Member Registration - https://forms.office.com/pages/responsepage.aspx?id=kp4VA8Zyl0umSq9Q55Ctv8iH7IPhdCNJiPLfYEMwDkxUNDIRUkRMTFc2Nk5OOENUV1o4UFdCQjUzMS4u • Video of my first little footprint - https://www.youtube.com/watch?v=KLEWQd0T55U

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| | <ul style="list-style-type: none">• Surgery waste - https://youtu.be/w28M7wjlr6E?si=vKw83awzF1BVyXu |
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