



Summaries from London Greener NHS Week Wednesday 15th May 2024

09:00 – 09:45	Sustainability Hybrid Nurse role in Intensive Care Unit Stephanie Ireland is a staff nurse in Adult Intensive Care Unit at the Royal Brompton Hospital. She is also currently the Sustainability Champion for her unit and the Clinical Lead for the Sustainability Development Group at Royal Brompton and Harefield Hospital. Email: s.ireland@rbht.nhs.uk
Summary	Stephanie started as a sustainability champion in her Trust before she has a hybrid nurse role which included sustainability in her job description 1-day a month. She negotiated her own job description with her organisation supported by both clinical and non-clinical teams.
Recording Link	https://future.nhs.uk/sustainabilitynetwork/viewdocument?docId=209142821&done=OBJChangesSaved
10:00 – 10:45	Sustainability in Procurement Simon Rowland is the Sustainability Manager with NHS London Procurement Partnership. He has worked on several projects across London including walking aid reuse and recycling schemes and the development of NHS London Procurement partnership's pan-London approach to social value.
Summary	Simon explained how NHS LPP have included climate change and social value across their procurement processes.
Recording Link	https://future.nhs.uk/sustainabilitynetwork/viewdocument?docId=209142853&done=OBJChangesSaved
11:00 – 11:45	Eat Like a Londoner - Sustainable diet and food waste Pan London campaign Ander Zabala is currently the Sustainability and Climate Service Group Manager, leading on the consumption-based emissions theme in the Hackney Climate Action Plan, which includes a goal on sustainable food diets. He also leads the food theme as part of the

	One World Living consumption-based emissions programme on behalf of London Councils and London Boroughs.
Summary	<p>Ander talked about shifting London boroughs towards sustainable diet, eating less meat and reducing food waste. The Eat Like a Londoner campaign ran in Hackney has shifted behaviour change in the community and they are open to collaborate with wider organisations who wishes to run the same campaign locally.</p> <p><u>Attendees' comments:</u> Max Kindred - If any NHS colleagues on the call wants support on developing sustainable menus or just to know more about what NHS England is doing to encourage sustainable diets, please reach out to england.greatnhsfood@nhs.net. Lots of exciting things coming up over the last 12 months.</p>
Recording Link	https://future.nhs.uk/sustainabilitynetwork/viewdocument?docId=209142981&done=OBJChangesSaved
Links shared in chat box	<ul style="list-style-type: none"> • https://www.bda.uk.com/news-campaigns/campaigns/one-blue-dot.html • NHS Green Week- May 2024 - Presentation (canva.com) • https://networks.sustainablehealthcare.org.uk/food-nutrition-sustainability-network • https://www.linkedin.com/posts/dr-matthew-sawyer-mb-msc-bsc-gradiema-66325110b_2404meat-me-halfwaybbv4-copy-activity-7191047252390367233-oOCG • https://www.healthandclimateresilience.net/about-1-2 • https://www.amazon.co.uk/The-Retreat-with-Nick-Knowles/dp/B0CJ79Y1B3

12:00 – 12:45	<p>Food waste management in acute hospitals, results from a waste measurement trial</p> <p>Andrew Jackson is the Environmental Sustainability Manager for Guy's and St Thomas' NHS Foundation Trust.</p>
Summary	<p>Andrew highlights how global food systems contribute towards 33% of global greenhouse gas emissions. A trial June 2022-2023 at GSTT estimated £35k - £42k worth of food waste loss due to overproduction, plate waste from uncoordinated ordering between catering and wards. The hospitals introduced digital food ordering system and able to measure food waste more closely & analyse the data of losses.</p>

	If any NHS colleagues on the call wants NHS England support on helping trusts reduce food waste and introduce 100% reusable food items, please reach out to england.greatnhsfood@nhs.net
Recording Link	https://future.nhs.uk/sustainabilitynetwork/viewdocument?docid=209154917&done=DOCCreated1&fid=53933232
Links shared in chat box	<ul style="list-style-type: none"> • The Felix Project - London Charity Fighting Hunger and Food Waste • NHS Food Project in Cornwall (sd-commission.org.uk)

13:00 – 13:45	<p>The mental health and neurocognitive impact of climate change</p> <p>Dr Shazia Adalat is a Consultant Paediatrician and Chair of Evelina London Children's Hospital Sustainability group. She is also the Paediatric representative on The UK Kidney Association Sustainable Kidney Care Committee.</p> <p>Professor Sylvane Desrivieres is the Professor of Biological Psychiatry at the Institute of Psychiatry, Psychology & Neuroscience at King's College London, and her work focuses on the interplay between genetic, biopsychosocial and environmental factors in healthy development and in the development of eating disorders and comorbid mental illness.</p>
Summary	Shazia explained how our changing climate and air pollution negatively affects our brain health that impacts on our NHS staff, patients and even unborn child. Sylvane provided a brief insight into an international multi-disciplinary research proposal WEATHER-MIND to bridge knowledge gaps and revolutionise research to safeguard and improve mental health amidst the challenges of extreme weather events.
Recording Link	https://future.nhs.uk/sustainabilitynetwork/viewdocument?docid=209142917&done=OBJChangesSaved

14:00 – 14:45	<p>Greener inhaler prescribing in Children & Young People</p> <p>Sukeshi Makhecha works at the Royal Brompton hospital as a lead paediatric pharmacist and a paediatric respiratory specialist pharmacist at the Evelina London Children's hospital, with over 25 years' experience in hospital pharmacy. She is credentialed as a consultant pharmacist in paediatric asthma by the Royal Pharmaceutical Society</p>
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	and she is the co-chair of the Pharmacy London Asthma Implementation Group.
Summary	Sukeshi outlined some top tips of prescribing greener inhalers in children and young adults, cautioned against blanket switching to dry powder inhalers. Focusing on education and training of CYP and families, inhaler techniques, adherence, personalised asthma action plan (PAAP) & peak flow meters utilisation, NMS/DMS referrals for inhaler users, attend annual reviews, and promote smoking/vaping cessation.
Recording Link	https://future.nhs.uk/sustainabilitynetwork/viewdocument?docId=209142789&done=OBJChangesSaved
Links shared in chat box	<ul style="list-style-type: none"> • London asthma toolkit for children and young people - Transformation Partners in Health and Care • https://pure.manchester.ac.uk/ws/portalfiles/portal/141949663/Environmental_impacts_of_inhalers.pdf • https://www.asthmaandlung.org.uk/symptoms-tests-treatments/treatments/air

15:00 – 15:45	<p>A health system perspective on climate resilience</p> <p>Emer OConnell is a Consultant in Public Health and Fellow of the Faculty of Public Health, in her current role she leads on planning, environment and resilience with the Greater London Authority's Public Health Unit.</p> <p>Email: emer.oconnell@london.gov.uk</p>
Summary	Emer mentioned the impending publication of the London Climate Change Resilience Review that has a stand-alone section on the healthcare system. London region has been identified at high risk from heat stress which will be experienced disproportionately by vulnerable communities. There is evidence of wider impacts on health service now and GLA identified 3 major risks – flooding, rise of infectious diseases, unusual presentations e.g. thunderstorm asthma.
Recording Link	https://future.nhs.uk/sustainabilitynetwork/viewdocument?docId=209142949&done=OBJChangesSaved

16:00 – 16:45	Using OpenPrescribing to audit your greener prescribing
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	<p>Richard Croker is an honorary research fellow at the Bennett Institute, focusing on OpenPrescribing.net and currently also Deputy Director of Medicines Optimisation at NHS Devon.</p> <p>Email: richard.croker@phc.ox.ac.uk or bennett@phc.ox.ac.uk</p>
Summary	<p>Richard explained how the Bennett Institute has vast prescribing data over the last two decades to analyse and audit prescribing patterns. Richard did a live audit and analysis using OpenPrescribing.net of a GP practice listed by an audience about their surgery's prescribing patterns.</p>
Links shared in chat box	<ul style="list-style-type: none">• Home OpenPrescribing
Recording link	https://future.nhs.uk/sustainabilitynetwork/viewdocument?docId=209142885&done=OBJChangesSaved