



Summaries from London Greener NHS Week Thursday 16th May 2024

09:00 – 09:45	North East London Climate Literacy Programme Rebecca Waters , Health Improvement and Inclusion Manager, Northeast London Integrated Care Board. Email: rebecca.waters@nhs.net
Summary	Rebecca has provided a summary of how the workforce in North East London ICS have been upskilled through funded training courses provided to NHS staff on sustainable healthcare. She has brought on Emma and Amit who were learners and then became trainers for the sustainable healthcare courses offered. The training courses were well received locally and resulted in some successful sustainable quality improvement projects being implemented.
Recording Link	https://future.nhs.uk/sustainabilitynetwork/view?objectId=209210469
Links shared in Chat box	<ul style="list-style-type: none">• Certified Carbon Literacy training is funded by NHS England until 2026 for all NHS colleagues and is recommended as the foundation training to take following the 40-minute CSHS e-learning https://carbonliteracy.com/healthcare/ (Email: helen.taylor@carbonliteracy.com)• https://www.susqi.org/• https://sustainablehealthcare.org.uk/courses• https://sustainablehealthcare.org.uk/net-zero-board-level-training
10:00 – 10:45	Workforce development for a Greener NHS Peter May currently leads Workforce, Leadership and Training in the Greener NHS National Programme. Email: p.may2@nhs.net
Summary	Peter explained how a green career in NHS is often non-linear and comes through via different pathways. There are current mandates from national organisations (e.g. RCGP, HCPC, NMC) on professional standards that include environmental sustainability. He also calls upon those in respective specialist areas with specialist knowledge to create net zero or sustainable care pathways to share.

Recording Link	https://future.nhs.uk/sustainabilitynetwork/view?objectId=209214917
Links shared in Chat box	<ul style="list-style-type: none"> • https://www.england.nhs.uk/wp-content/uploads/2023/06/NHS-Estates-Net-Zero-and-Sustainability-Recruitment-Guidance.pdf • https://www.e-lfh.org.uk/programmes/carbon-literacy-for-healthcare/ • https://future.nhs.uk/sustainabilitynetwork/view?objectID=40570224 • https://consultations.dhsc.gov.uk/en/660d21db9ecc4223dd0174bf

11:00 – 11:45	<p>Period Health and the triple bottom line</p> <p>Jacqueline Gordon is one of the current Chief Sustainability Officer's Clinical Fellows. She is an Occupational Therapist with a background in paediatric neurology and have worked in many different areas. She is currently on secondment from Great Ormond Street Hospital hosted by Sussex ICB.</p> <p>Email: jacqueline.gordon3@nhs.net</p>
Summary	Jackie has won the Healthier Futures Action Fund from Greener NHS to roll out reusable period pants in Great Ormond Street Hospitals for young women and children. This project has been widely presented and commended for the efforts to tackle period dignity and poverty in women.
Recording Link	https://future.nhs.uk/sustainabilitynetwork/view?objectId=209214981
Links shared in Chat box	<ul style="list-style-type: none"> • https://www.thameswater.co.uk/news/abbey-mills-fatberg • Period products Great Ormond Street Hospital (gosh.nhs.uk)

12:00 – 12:45	<p>Green Theatre Checklist – NHSE's guides to help you get started</p> <p>Rebecca Griffiths is the Net zero and sustainability senior manager at NHS England.</p> <p>Nicole Fletcher is the head of net zero and sustainable procurement, NHS England.</p> <p>Email: england.ccf-sustainability@nhs.net</p>
---------------	---

Summary	<p>Rebecca explained how their programme policies and tools crosscut NHS priorities providing procurement and commercial teams with a unique opportunity to positively impact patients and local communities. Nicole outlined some business cases for procuring more sustainably particularly in surgical settings. They both covered aspects of quality assurance and safety considerations in all the sustainable changes implemented within NHS.</p>
Recording Link	https://future.nhs.uk/sustainabilitynetwork/view?objectId=209210437
Links shared in Chat box	<ul style="list-style-type: none"> • Product interventions home page • Reusable sterile and isolation gowns • Surgical tray rationalisation • Remanufactured medical devices • Reusable sharps containers

<p>13:00 – 13:45</p>	<p>Greener Practice – What can GPs and GP trainees do?</p> <p>Dr Veena Aggarwal is a GP Registrar in South West London. She completed the Chief Sustainability Officer's Clinical Fellow scheme in 2021-2022 and now chairs the Greener Practice South London group and the Greener Practice Trainee Forum. She is also the Vice Chair of the clinical Sustainability group at the Royal College of General Practitioners.</p>
Summary	<p>Veena has called upon healthcare professionals, doctors in this case, to use their trusted voices to amplify the case for working towards a more sustainable healthcare system. She outlined what doctors and other clinicians in primary care can do to reduce carbon emissions clinically and wider actions for change such as speaking to patients about air pollution, considering plant-based diets. Using local influences, she explained how we could encourage others to switch to renewable energy sources or bank with greener financial institutions.</p>
Recording Link	https://future.nhs.uk/sustainabilitynetwork/view?objectId=209214949
Links shared in Chat box	<ul style="list-style-type: none"> • https://www.northeastlondonhcp.nhs.uk/ourplans/children-and-young-people/resources-for-children-and-families/keeping-our-children-safe/air-pollution/ • https://www.air-pollution-footprint.net/ • https://plantbasedhealthprofessionals.com/

	<ul style="list-style-type: none"> • https://networks.sustainablehealthcare.org.uk/primary-care-sustainability-network/stream • https://sustainablehealthcare.org.uk/courses/sustainable-primary-care • https://sustainablehealthcare.org.uk/courses/sustainable-respiratory-care • WHO launches new toolkit empowering health professionals to tackle climate change <p>Greener Practice network for non-clinical staff. Email if you want to attend: rebecca.waters@nhs.net</p>
--	--

<p>14:00 – 14:45</p>	<p>Waste reduction of nitrous oxide gases</p> <p>Laura Stevenson is the Associate Chief Pharmacist for Aseptic Services at King’s College Hospital NHS Foundation Trust, and the medicines sustainability lead for the Trust.</p>
<p>Summary</p>	<p>Laura outlined how the task and finish group was started at King’s College Hospital sites to tackle huge waste of nitrous oxide through manifolds. Clinicians and non-clinical teams were engaged who worked together and significantly reduced carbon emissions relating to nitrous oxide and entonox use. The project was shortlisted for HSJ Towards Net Zero award in 2023.</p>
<p>Recording Link</p>	<p>https://future.nhs.uk/sustainabilitynetwork/view?objectId=209220101</p>

<p>15:00 – 15:45</p>	<p>South East London Inhaler Recycling Project</p> <p>Aimee Mutambo is the Lead Pharmacist for Bexley Borough in South East London Integrated Care Board and the Project Lead for South East London Inhaler Recycling Pilot.</p>
<p>Summary</p>	<p>Aimee explained how South East London ICS has obtained funding from NHS England to run an inhaler recycling pilot across hospitals and community pharmacies. She highlighted the lessons learnt and personal reflections on how to better roll out the project for others wishing to replicate the process.</p>
<p>Recording Link</p>	<p>https://future.nhs.uk/sustainabilitynetwork/view?objectId=209220133</p>

Links shared in Chat box	<ul style="list-style-type: none"> • Inhaler return and recycling - South East London ICS (selondonics.org) • How do you usually dispose of used inhalers? Let's Talk Health and Care South East London (letstalkhealthandcareselondon.org)
16:00 – 16:45	<p>Sustainable respiratory prescribing in primary care</p> <p>Maeve Savage works in South-East London as a Highly Specialist Pharmacist in COPD, Severe Asthma & Integrated Respiratory Care who chairs the South-East London Responsible Respiratory Prescribing Group.</p> <p>Alicia Piwko is also a specialist pharmacist working in Asthma, COPD & Integrated Respiratory Care in South East London.</p>
Summary	<p>Maeve and Alicia have shared some high-level resources in managing chronic respiratory diseases and some myth busters on management or conditions. They highlighted some key policy and strategy for greener respiratory medicines formulary implemented in South East London.</p>
Recording Link	https://future.nhs.uk/sustainabilitynetwork/view?objectId=209220069
Links shared in Chat box	<ul style="list-style-type: none"> • High quality and low carbon respiratory care (youtube.com) • SEL COPD Inhaler pathway - PowerPoint Presentation (selondonics.org)