

Supporting Trans Health in Primary Care

Training packages



The context

Are you best supporting your trans patients?

- Current wait time for a first appointment at a London Gender Identity Clinic is **approximately five years**.
- GP surgeries are **under increasing pressure** to provide care for transgender and non-binary patients, often with no specialist training.
- Due to the lack of formal training, **patients often feel their health needs are not being met by clinical and non-clinical staff**.

Why it matters

Trans Health is increasingly a priority for the RCGP and CQC.

"Training for staff (including reception staff) in equality that covers care of trans and non-binary patients and meeting their needs. This includes trans and non-binary people from different ethnic groups", Adult trans care pathway: what CQC expects from GP practices, May 2022

Patient satisfaction studies show that trans patients want more support.

- 59% of patients felt their GP met their need as an LGBTQ+ person, 50% of trans people felt their GP met their needs and 36% of non-binary people felt their GP met their needs - Pride in Practice 2021 survey
- Three in five trans patients said they've experienced a lack of understanding of specific trans health needs by healthcare staff - LGBT Britain 2017 survey

SUPPORTING TRANS HEALTH IN PRIMARY CARE

How we can help



Introducing HCL's Trans Health training

- Training workshops for both clinical and non-clinical staff working in Primary Care, with no prior knowledge necessary.
- Provides a supportive, safe space for questions and discussion.
- Opportunity to hear about direct patient experience via a guest speaker.
- Attendees leave better equipped and more confident in how to manage and support the health needs of trans patients.

Our packages:

1. Full Training

Price = £500

Introductory price until August 2024

Length: Three hours - can either be split into separate sessions on different days or the same day or one full session

Separate sessions usually run for clinical and non-clinical staff but can be combined upon request. Details of content is tailored according to the audience.

Location: Face to face* or online

Includes:

- An introduction to Gender identity
- An overview of the current gender identity services for adults in England
- Legal framework
- Overview of treatment and prescribing
- Screening and NHS Records
- Current issues these patients face
- Ideas for change
- Discussion and questions

Optional: patient sharing their experience via MS teams (subject to time and speaker availability)

Handout provided and certificate awarded.

*location to be provided by the host. Travel time and expenses for the trainer are payable by the host

Our packages:

2. Individual GP Practice Training

Price = £400

Introductory price until August 2024

Length: Two hours training - can either have separate sessions for clinical and non-clinical staff

Location: Face to face* or online

Includes

- An introduction to Gender identity
- An overview of the current gender identity services for adults in England
- Legal framework
- Overview of treatment and prescribing
- Screening and NHS Records
- Current issues these patients face
- Ideas for change
- Discussion and questions

Optional: patient sharing their experience via MS teams (subject to time and speaker availability)

1 hour review of specific practice protocols including registration form, signage and website

Handout provided and certificate awarded.

*location to be provided by the host. Travel time and expenses for the trainer are payable by the host

Our packages:

3. Short introduction session

Price = £200

Introductory price until August 2024

Length: 1 hour introduction to Trans Health in Primary Care

Location: Face to face* or webinar

Includes:

- An introduction to gender identity
- An overview of the current gender identity services for adults in England
- Brief overview of treatment
- Current issues these patients face
- Ideas for change
- Discussion and questions

Handout provided and certificate awarded.

*location to be provided by the host. Travel time and expenses for the trainer are payable by the host

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Why learn with us?

HCL

Our expert team



Dr Joanna Lovett
Trainer and facilitator

SPIN fellow for Central London on Trans Health and salaried GP working in Central London practice.



Dr Tara Suchak
Contributor

Service Director for TransPlus Clinic at 56 Dean Street and HIV/GUM Consultant.



What people say about the training

95% of attendees found the training useful or very useful

“Extremely helpful overview of the landscape of issues and services patients with trans and non-binary identifies might be experiencing. Contraception considerations particularly helpful.”

“Delivered by a GP from the perspective of the challenges faced in primary care in delivering good, safe medical care to this group of patients.”

“This was an incredibly helpful and useful talk on an area which often causes uncertainty. Truly inspiring work!”

“Sensitively and honest presentation of a challenging topic.”

About Healthcare Central London (HCL)

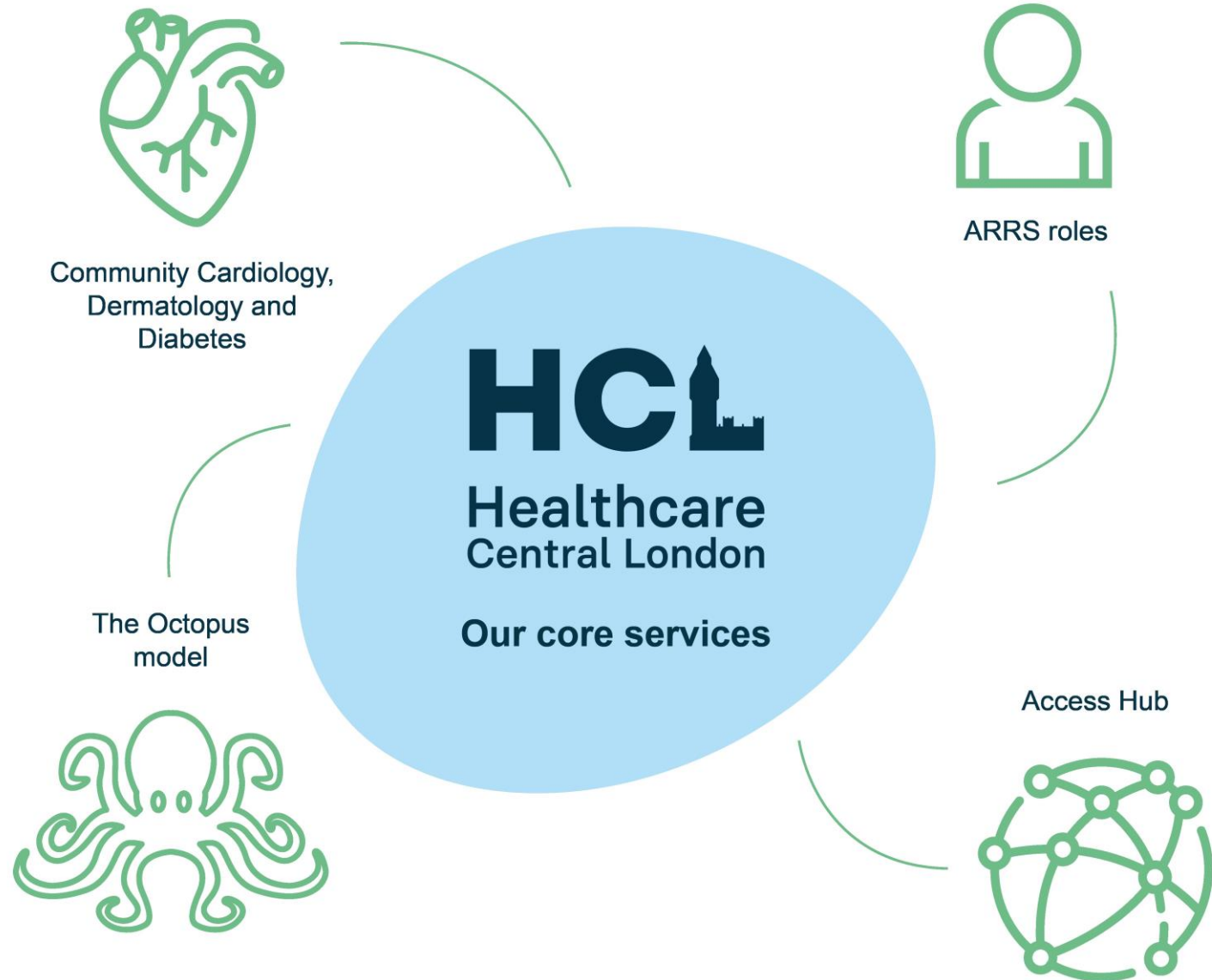
A Federation of 32 General Practices in the borough of Westminster.

HCL provides Community and Primary Care services to **more than 275,000 local residents**, and a range of **staffing, management and administrative support** to our member Practices.

Alongside our patient-led services, HCL provides strategic services to the commercial sector.

“We provide high quality and equitable health and wellbeing services to local residents and are a strong voice for patients and Practices within the wider healthcare system.”

HCL



To register your interest in one of our training packages, please email us at hcl.corporate@nhs.net

Thank you

