

News and Updates

Improving Consistency in IBS Care

- 10th September 13:00 – 14:00 [Register here](#)

This clinical teaching encompasses how to make a positive diagnosis of IBS using current criteria, how to avoid pitfalls in clinical care, where IBS fits in the guidelines and the emerging evidence for Probiotics.

Updates on the Type 2 Diabetes in the Young (T2DAY) programme

The training will be a deep dive into the five key components of the Early Onset Type 2 Diabetes (EOT2D)/T2DAY extended reviews. The webinar aims to address any grey areas that may require further discussion or input as well as pathway queries followed by a Q&A session.

- 19th September 12:30 to 13:30 [Register here](#)
- 2nd October 17:00 to 18:00 [Register here](#)

Library Services - NHS Library and Knowledge Hub

- 26th September 13:00 – 14:00 [Register here](#).

Unlock cutting-edge insights with the NHS Library and Knowledge Hub—the ultimate online resource for all NHS healthcare professionals accessible via your NHS OpenAthens account. Dive into an extensive collection of medical journals, research papers, and clinical guidelines accessible anytime, anywhere. Streamline your decision-making with intuitive search tools and stay updated with the latest advancements in your field. Elevate your practice and patient care with this indispensable, tailored platform

Manosphere - An overview of extreme misogyny online

- 15th October 13:00 – 14:00 [Register here](#).

Participants will gain the following knowledge:

- The hierarchical online status of different groups of men will be explained – Sigmas / Alphas / Betas / Omegas.
- The Push and Pull factors for people and the potential appeal of misogynist online influencers will be explored, along with the recent growth in online misogyny.
- The potential links with online extremism.

Learning Event - Chronic Insomnia: Diagnosis and Management

- 1st October 13:00 – 14:00 [Register here](#).

This Teaching Session will cover the following:

- The Science of Sleep
- Diagnosis of Insomnia
- The burden and socioeconomic Impact
- Updated NICE guidance and current treatment pathways
- Non-Pharmacological management options
- Pharmacological management options, including recently approved medication

CVD Prevention at Scale

- 18th September 13:00 – 14:00 [Register here](#).

Join us as we dive into a masterclass with Helen Williams, National Clinical Director for CVD Prevention as we explore how to master lipid management and improve CVD prevention across your footprint. Improving cardiovascular health promises big rewards for patients and the health system. But deploying models that truly work at scale is complex.

Red Whale Live Day

6th November 10:00 to 16:00 – remote, [register here](#)

Available to all clinical ARRS staff and will include

- A one-day clinical update session – Covering updates in topic areas including CKD & Renal, Anticoagulation & DOACs, Respiratory & Asthma, Hypertension & AF & Heart Failure.
- Access to the recording for 12 months.
- Access to Red Whales extensive learning resources for 12 months.

Contact jonathan.ord1@nhs.net if you have any questions.

Immunisers webinars

Various dates and sessions from September 24 to January 25

Immunisers in primary care in London can access immunisation training. The series of webinars are designed to support

immunisers to fulfil the requirement for annual immunisation updates and are free to access. [Find more information including dates here.](#)

Immediate and necessary care for a wound to the lower leg module

22th October 12:00 to 14:00 [book here](#)

For nurses and HCAs. Immediate and necessary care for a wound to the lower leg module. Delivered by a Clinical Nurse Specialist, covering immediate & necessary care & understanding the Red Flags & when to apply compression Via MS Teams

All delegates will receive CPD certificate after the training.

Chronic oedema management of the lower limb

24th October 12:00 to 14:00 [book here](#)

For nurses and HCAs. Delivered by a Clinical Nurse Specialist, covering management of chronic oedema, stages of chronic oedema & selection of appropriate compression for managing the condition.

All delegates will receive CPD certificate after the training.


GP Maternal Postnatal Check Support

Theme: Physical and psychosexual considerations after perineal trauma: Tips for 6-8 weeks postnatal maternal check


17th September 13:00 – 14:00 [register here](#)

The London Maternity Network are hosting an event for GPs across London to join and gain updates on maternity care.

The NHS London Maternity Clinical Network are pleased to announce details of the next webinar aimed at supporting primary care clinicians with postnatal maternal checks.



GPN Trainee opportunity for YOUR Practice - recruiting now!



Changing the culture of GPN Recruitment and Training
Evidence from the Sonnet Report and the Fuller Report demonstrate the challenges facing General Practice Nursing, this is supported by local workforce data. Our aim is to provide a pipeline of future GPNs and develop new to General Practice Nurses, through offering you the opportunity of employing a GPN Trainee at your Practice, whilst they undertake the funded one year GPN Academic Training Programme. These are qualified and often experienced nurses, just starting or transitioning into the Primary Care setting.

The one year GPN Training programme recruits nurses who want to become highly skilled Practice Nurses.

The course will include becoming competent in Childhood imms and cervical cytology, as they move through the course.

We are looking for Practices or PCNs who would like to support a GPN Trainee applicant during the programme starting in January 2025.

The GPN Trainee divides their time between Practical clinical work at your Practice and University study time.

£20K educational grant is provided to the supporting Practice, towards the employment and supervision of the GPN Trainee.

You employ the GPN Trainee on a 12 month contract.

August 2024 GPN Trainee applications open via NHS jobs	September 2024 We start to recruit Training Practices/PCNs	October 2024 We interview GPN Trainee applicants	January 2025 GPN Trainee employment and University cohort begins.
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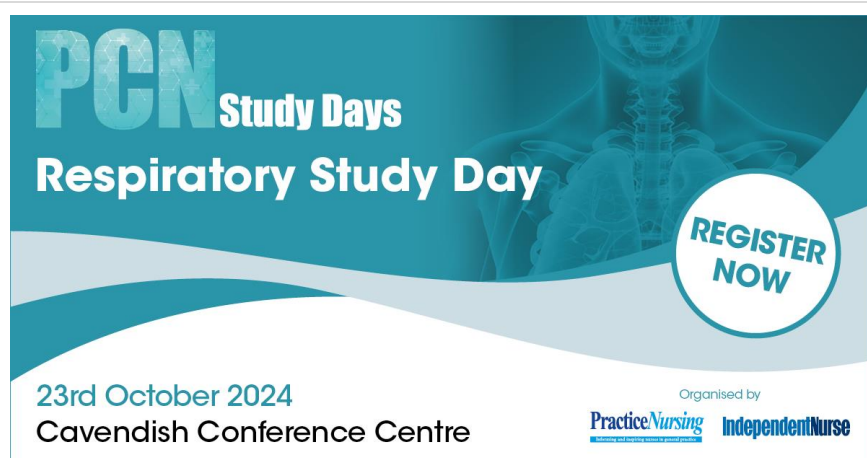
★ If your Practice is interested, don't miss out! Please contact Sally Armstrong or Karen Sood at the NWL Training Hub for more detail – sally.armstrong@nhs.net or karen.sood@nhs.net

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[Click flyer to enlarge](#)

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PCN Study Days
Respiratory Study Day

23rd October 2024
Cavendish Conference Centre

Organised by
PracticeNursing **IndependentNurse**

REGISTER NOW

PCN Respiratory Study Day 2024

23rd October at Cavendish Conference Centre [Register now](#)

This is a free CPD nursing conference dedicated to advancing practice of nurses.

Improving respiratory health is a key responsibility for all nurses working in primary care settings, and is a field with a constantly evolving body of evidence. PCN Respiratory will provide you with the latest developments in the field to use in your day-to-day practice.

Highlights of the programme include updates on asthma, respiratory prescribing, improving COPD management, and how ecotherapy can help adults and children with respiratory conditions.



Upcoming webinars on cardiovascular disease hosted by ICHP

Work in Cardiovascular Disease in North West London? Register your place at one of ICHPs upcoming education webinars:

- **11 September, 2024:** Clinical and Ethical Approaches to Deprescribing and Mental Health Polypharmacy in Primary Care
- **9 October, 2024:** Polypharmacy Masterclass with Dr Graham Stretch
- **15 January, 2025:** Polypharmacy Masterclass with Dr Waseem Jerjes
- **12 February, 2025:** Polypharmacy Masterclass with Dr Graham Stretch

Email Cardiovascular@imperialcollegehealthpartners.com with your details and the session you'd like to join.

This Week

- **Type 2 Diabetes Path to Remission Programme: A deeper look into the service user journey** Tue, 10 Sep, 12:00, [Join webinar here](#)
- **Improving Consistency in IBS Care** 10th September 13:00 – 14:00 [Register here](#)

NWL TH Training

NWL Training Hub Webinars

Improving Consistency in IBS Care

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Webinar: NWL Respiratory

- 9th October via Teams 13:00 – 14:00 [Register here](#).

We will cover:

- Identifying risk: WSIC Tools and UCLP searches
- Managing risk in practice
- How to use UCP for high risk respiratory patients

SSSA Training and Update

SSSA Training, 2 day online course

This is a course for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who are interested in supporting learners in practice. Delegates must attend both dates to successfully finalise training.

- **Cohort 1: [Book here](#) - 4 spaces remaining**

Day 1 – Fri 13th September 09:00 – 15:30

Day 2 – Fri 4th October 09:00 – 14:00

Expressions of Interest forms

For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.

[Advanced Diabetes PITstop](#)

[Anticoagulation Training - New to anticoagulation](#)

[Mental Health First Aid](#)

[Interpreting ECG Training - New to Interpreting](#)

[Interpreting ECG Training - Refresher](#)

[Paediatric Phlebotomy](#)

[Ring Pessary](#)

Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

[Multi-professional Supervisor Course](#) application form
4 sessions, dates as follows; 10th Sep, 9th Oct, 14th Nov, 10th Dec Venue TBC.

[GP Supervisor Course](#) application form

September Cohorts - fully booked.

Complete the application form to be added to the waitlist for the next available cohorts.

[Pharmacy Educational Supervisor Training programme](#) – available via eLFH

Useful links and Resources

[Knowledge and Library Resources for GP and Practice Teams](#)

[Greener NHS – Resources for a more sustainable NHS](#)

[Survival Toolkit](#)

[Supported Return to Training](#)

[Podcast Learning Library](#)

[Primary Care Resources](#)

[GP Resources](#)

[Webinar Recordings](#)

- **Cohort 2:** [Book here](#) - 5 spaces remaining

Day 1 – Thu 26th September 09:00 – 15:30

Day 2 – Thu 28th November 09:00 – 14:00

- **Cohort 3:** [Book here](#) - 2 spaces remaining

Day 1 – Mon 25th November 09:00 – 15:30

Day 2 – Mon 16th December 09:00 – 14:00

SSSA Annual Update

- 17th October 9:00 to 11:30 – [Book here](#)

This course is suitable if you have already attended mentorship preparation training (e.g. ENB 998).

This update provides a refresher of the knowledge, skills and behaviours needed to support learners to become outstanding nurses and midwives.

Enhanced Services

Diabetes Updates

Advanced Diabetes PitStop Update

Face to Face: SE1 1GA

- 18th September 2024 from 8:50 – 16:30

[more details and express your interest here.](#)

Update Diabetes PitStop For Nursing staff

This update is for nurses who have already attended the foundation course. There are 2 dates available - you only need to attend 1

- Thursday 19th September 2024

13:00 – 17:00 [Apply here](#)

- Wednesday 16th October 2024

09:00 – 13:00 [Apply here](#)

Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.

GPs – please be sure to provide a summary of your diabetes related work undertaken.

[Express your interest here](#)

Diabetes Foot Care

Face to Face: The Irish Cultural Centre, Hammersmith

- 24th October 2024 from 9:15 – 16:30 - [Book here](#)

-

HCA Diabetes training

2 dates available, training is online you only need to attend one session.

- 11th December 2024, 08:50 to 16:00 – [book here](#)

- 12th March 2025, 08:50 to 16:00 – [book here](#)

This training is for non-registered clinical staff, training can also be attended as an update for those HCAs who have already attended HCA diabetes training before and need a refresher.

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Paediatric Phlebotomy

This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care Certificate. Criteria for attending the training:

- You must have completed and have been doing adult phlebotomy for 2 years
- You must be working on behalf of the PCN

Other Training / Webinars / Events

NHS Type 2 Diabetes Path to Remission Programme Webinars

Counterweight are running webinars to provide primary care with the necessary information to refer into the path to remission programme and will be running 2 webinar topics over a 4 week long period each. Dates and links below:

Topic 2: A deeper look into the service user journey

Tue, 10 Sep 2024, 12:00, [Join webinar here](#)

Benefits of patient safety in primary care – what's in it for you?

13th September 12:30 to 14:00 [Register here.](#)

NHS Resolution's Safety and Learning team, in collaboration with Health Services Safety Investigations Body and NHS England, are hosting an interactive virtual forum on the benefits of implementing safety science in primary care, responding to patient safety incidents and the support available to staff working in general practice and primary care.

The forum will be of interest to both clinical and non-clinical staff involved in patient care across primary and urgent care.

Help us shape our new EDI improvement plan for primary care

NHS England is inviting colleagues from all four sectors of primary care, in both clinical and non-clinical roles, to help shape the new Equality Diversity Inclusion (EDI) Improvement Plan for primary care. We are hosting a number of virtual engagement sessions where you can hear about the work underway. During these sessions, you will have the opportunity to contribute to this exciting piece of work, share your reflections and help to co-design and shape this new national resource. You can register for one of three dates:

- [17 September 2024, 10.00-11.30am](#)
- [2 October 2024, 1.00-2.30pm](#)
- [7 November 2024, 12.00-1.30pm](#)

If you have any questions, please contact the EDI team at england.nationaleдитеam@nhs.net.

Clinical and Ethical Approaches to Deprescribing and Mental Health Polypharmacy in Primary Care

18th September via Teams 12:00 – 14:00 [Register here.](#)

In this session we will focus on understanding and managing polypharmacy in primary care, with an emphasis on deprescribing and mental health polypharmacy. This masterclass aims to equip healthcare professionals with practical strategies to optimise medication regimens, improve patient outcomes, and address the complexities associated with polypharmacy.

Cancer Community of Practice Webinar: Cancer risk assessment

18th September, 12:30 – 13:30 – [book here](#)

The session will cover:

- What is the Cancer Risk Assessment Service?
- Reasons for assessing cancer risk based on family history
- How does the service benefit individuals?
- Recognising the need for a family history assessment or a genetics referral
- Making every contact count – the Nurses role

Working with people and communities to improve general practice in primary care

- You must have a clinical supervisor
- Bookings will be approved and confirmed only if they meet the criteria above and there are spaces available, by applying via the links below you are not guaranteed a place on this training.
- 11th September from 9:00 – 14:00 – [apply here](#)
 - 3rd October from 9:00 – 14:00 [apply here](#)
 - 23rd October from 9:00 – 14:00 [apply here](#)

Interpreting ECG

Face to Face: The Irish Cultural Centre, Hammersmith

- 11th November 2024 from 9:00 – 16:30

[Book here](#)

This training is for GPs and ACPs only.

Coil Fitting

There is a new Enhanced Service to provide the fitting of coils for non-contraceptive purposes. It is hoped that eventually every PCN will have a clinician that is able to fit coils for their PCN population.

To find out full details please visit our website [here](#).

SRH Essentials Course, CPD accredited

A one-day training course for nurses & AHPs new to SRH designed by the Faculty of Sexual and Reproductive Healthcare to enable those working in primary care to manage consultations about contraception and STIs with confidence. This is suitable for Nurses & AHPs who have been working in primary care but have only undertaken a small amount of training in this area.

[Find out more and register your interest](#)

Refresher interpreting ECG

24th September 2024 from 9:30 to 11:00. Online [Register here](#)

The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs.

Open to GPs and ACPs who have attended the interpreting ECG course.

Enhanced Services Webinar Recordings:

[Respiratory ES Specification](#)

[Pulmonary Rehabilitation](#)

[ABPM](#)

[Anticoagulation Update](#)

[Diabetes Training Oct 23](#)

[Preventing Diabetes: NDPP Updates](#)

ARRS Training Offers

Diabetes Half Day update

Open to any ARRS clinical staff who have already completed a Foundation Programme. [Click here to find out more and express your interest](#)(EoI) in attending the dates available spaces correct as of 7th August;

- Thu 12th September from 9:00 to 13:00 – **10 spaces**

19th September, 15:30 to 16:30 [Register here](#)

This webinar will act as an introduction to NHS England's course "Working with People and Communities to improve General Practice in Primary Care".

7th NWL Polypharmacy Community of Practice

Thursday 26th September 2024 from 13:00 – 14:00, [Register here](#).

The NWL Polypharmacy Community of Practice (CoP) is looking to expand the reach and diversity of its members. Problematic polypharmacy attributes costs to the healthcare system as well as diminishes care for the patient, most of this is preventable. To join the CoP, you need to be able to commit one hour once a quarter, to join a virtual meet.

For further information please

contact catherine.caldwell@imperialcollegehealthpartners.com

Accessing HealthCare Information Online

Help your patients to learn how to access healthcare information and services online with this series of virtual learning events find out more via [the flyer](#) or book below;

- 26th September from 18:30 to 19:30 – [book here](#)
- 17th October from 18:30 to 19:30 – [book here](#)
- 28th November from 18:30 to 19:30 – [book here](#)

NHSE London Becoming an Advanced Practitioner; Unlocking Your Career Potential

27th September 2024 from 11:30 – 13:00 [Book here](#)

The webinar is aimed at providing a better understanding of advanced practice roles, the career benefits of becoming an Advanced Practitioner (AP), and how to get started.

Polypharmacy: medicines and the risk of falls in older people lunchtime masterclass

10th October, 12:00 to 13:30 [Register here](#)

Open to GPs, Pharmacists, Nurse prescribers and other interested health professionals this webinar will cover;

- The importance of medication in falls causation.
- How medication reviews can reduce the risk of falls.

Information and guidance that can be used when conducting a falls related medication review.

Get Online Week

14th to 20th October

The UK's largest digital inclusion campaign with the aim of helping people discover the benefits of being online and build their confidence in using the internet.

Just during this week if there is interest from GP surgeries, we can run additional online sessions to cater to your unique community needs that will allow attendees to experience and understand the benefits of getting online. The purpose of this is to support the fact that everyone deserves an equal opportunity to benefit from being online - and that free support is out there.

If you would like to host a collaborative session for your patient communities, please contact katarina.durisova@nhs.net and we will put you in touch with the relevant team.

The Population Health Management & Health Equity Academy

14th & 28th October from 9:30 to 12:00 on both days [book here](#)

SRH Essentials for Primary Care

16th November, online, 8:30 – 16:30 [Register here](#).

This one day virtual course covers the following:

Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

[2 or 4 Day Coaching Course](#)

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches
NWL Training Hub is supporting further new recruitment of the Personalised Care roles by funding a DES required PCI coaching course – either the 2 day or 4 day course dependant on the role.

Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

[Pitstop Foundation Level Diabetes Course](#)

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.

Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

[Mental Health in Primary Care Course for ARRS Staff](#)

NWL Training Hub has been working with the University of Hertfordshire to provide a new course around different areas of Mental Health within Primary Care and the patients they may interact with.

Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

[Suicide First Aid Lite for Personalised Care Roles](#)

Open to Social Prescribing Link Workers, Health & Wellbeing Coaches & Care Coordinators.

Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Thank you from the NWL Training Hub Team



- Develop the skills and confidence to consult with patients about their sexual and reproductive healthcare needs
 - Recommend an appropriate method of emergency contraception
 - Review the COC, POP and injection contraceptive methods
 - Carry out sexual health risk assessments
 - Identify when patients are at risk of STIs
- *please note this training is £170pp and is not funded via NWL TH. You can seek funding locally from CPD funds, your practice or self-fund.

Immunisers webinars

Various dates and sessions from September 24 to January 25
Immunisers in primary care in London can access immunisation training. The series of webinars are designed to support immunisers to fulfil the requirement for annual immunisation updates and are free to access. [Find more information including dates here.](#)

Workforce Planning & Transformation Training Available

The Workforce Planning Team at NHS England would like to share their new Workforce Planning & Transformation Training Offer Brochure which provides details and all information required on how to apply for the variety of free training on offer. [Click here to view and download brochure.](#)

Polypharmacy Action Learning Set workshops

[Cohort nineteen](#) – 11 Sep, 25 Sep, 9 Oct

[Cohort twenty](#) – 16 Oct, 6 Nov, 20 Nov

[Cohort twenty-one](#) – 13 Nov, 27 Nov, 11 Dec

[Cohort twenty-two](#) – 22 Jan, 5 Feb, 26 Feb 2025

This Action Learning Set (ALS) will help build GP and prescribing health care professionals' confidence in, and understanding of, the complex issue surrounding and stopping inappropriate medicines safely.

[The National Capability Framework for the care of children and young people with asthma](#)

ALL staff need to do this training. All Modules are free and are accessed via the link here; <https://www.e-lfh.org.uk/programmes/children-and-young-peoples-asthma/>.
View the [list of Tiers](#) to see what level of training you require.