

NWL Training Hub Newsletter

w/c 16th September 2024



News and Updates

GPN Trainee opportunity for YOUR Practice - recruiting now!

Evidence from the Sonnet Report and the Fuller Report demonstrate the challenges facing General Practice Nursing, this is supported by local workforce data. Our aim is to provide a pipeline of future GPNs and develop new to General Practice Nurses, through offering you the opportunity of employing a GPN Trainee at your Practice, whilst they undertake the funded one year GP Academic Training Programme. These are qualified and often experienced nurses, just starting or transitioning into the Primary Care setting.



- The one year GPN Training programme recruits nurses who want to become highly skilled Practice Nurses.
- We are looking for Practices or PCNs who would like to support a GPN Trainee applicant during the programme starting in January 2025.
- £20k educational grant is provided to the supporting Practice, towards the employment and supervision of the GPN Trainee.
- The course will include becoming competent in Childhood limms and cervical cytology, as they move through the course.
- The GPN Trainee divides their time between Practical clinical work at your Practice and University study time.
- You employ the GPN Trainee on a 12 month contract.

Click flyer to enlarge

If your Practice is interested, don't miss out! Please contact Sally Armstrong or Karen Sood at the NWL Training Hub for more detail sally.armstrong@nhs.net and karen.lood@nhs.net

Chronic Insomnia: Diagnosis & Management

- 1st October 13:00 – 14:00 [Register here](#).
This Teaching Session will cover the following:

- The Science of Sleep
- Diagnosis of Insomnia
- The burden and socioeconomic Impact
- Updated NICE guidance and current treatment pathways
- Non-Pharmacological management options
- Pharmacological management options, including recently approved medication

Nursing Associate roadshow

- 25th September 14:00 to 15:00 [register here](#).

The NHS England London Nursing Associate Programme invites you to register for the Nursing Associate (NA) monthly roadshows. We will host monthly roadshows to support organisations in the deployment and embedding of the nursing associate role and sharing examples of good practices.

The roadshows will include the following key topics:

- Lived experiences of both the SNA/NAs in the four fields, Adult, Paediatrics, Mental Health, Learning Disability and out of hospital settings such as Primary Care, Community, Social Care, Private, Independent, Third-Party Organisations.
- Embedding of the role within multi-professional teams
- HR processes around the recruitment of apprentice Student Nursing Associates (SNAs)
- Professional/personal development for nursing associate – career framework and pathway
- How Universities and employer partners are working together in the deployment of SNAs
- Innovative ways around reciprocal placement management
- Strategic Workforce remodelling for NAs

Developing an EDI Plan for Primary Care: Trainees & students listening event

- 10th October 13:00 to 15:00 [register here](#)

This session has been organised to specifically engage with trainees, learners, and students in primary care. During this session, which will be facilitated by NHS Elect, you will:

- Explore the current High Impact Actions and consider how they could be tailored for primary care
 - Explore what you would like to see from an EDI Improvement Plan for primary care
 - Consider how to monitor progress against delivery
 - Invite you to share examples of best practice already taking place within your organisation
- The aim is to publish a final, co-designed EDI Improvement Plan for Primary Care in September 2025.

Developing an EDI Plan for Primary Care: International recruits listening event

- 16th October 13:00 to 15:00 [register here](#)

This session has been organised to specifically engage with internationally recruited staff working in primary care. During this session, which will be facilitated by NHS Elect, you will:

- Explore what you would like to see from an EDI Improvement Plan for primary care
 - Invite you to share your experiences working in primary care
 - Explore the current High Impact Actions and consider how they could be tailored for primary care
 - Consider how to monitor progress against delivery
 - Invite you to share examples of best practice already taking place within your organisation
- The aim is to publish a final, co-designed EDI Improvement Plan for Primary Care in September 2025.

GatewayC upcoming webinars

GatewayC is the free early cancer diagnosis resource specifically for primary care, fully funded by the NHS. They provide accessible, innovative, and tailored information across a range of formats and are running a series of webinars in collaboration with Agilio | Clarity.

- 25th September, 7pm - 8pm: [Ovarian Cancer | GatewayC webinar](#)
- 20th November, 7pm - 8pm: [Endometrial Cancer | GatewayC webinar](#)
- 4th December, 7pm - 8pm: [Head and Neck cancer | GatewayC webinar](#)

These webinars will also be available on demand. Catch up with the webinars on: [Lower GI and Symptomatic FIT | GatewayC](#) [Lung Cancer | GatewayC](#)

This Week

- **GP Maternal Postnatal Check Support: Physical and psychosexual considerations after perineal trauma** 17th Sep 13:00 – 14:00 [register here](#)
- **Clinical and Ethical Approaches to Deprescribing and Mental Health Polypharmacy in Primary Care** 18th Sep 12:00 – 14:00 [Register here](#).
- **Cancer Community of Practice Webinar: Cancer risk assessment** 18th Sep, 12:30 – 13:30 – [book here](#)
- **CVD Prevention at Scale** 18th Sep 13:00 – 14:00 [Register here](#).
- **Updates on the Type 2 Diabetes in the Young (T2DAY) programme** 19th Sep 12:30 to 13:30 [Register here](#)
- **Working with people and communities to improve general practice in primary care** 19th Sep, 15:30 to 16:30 [Register here](#)

NWL Vacancies

Clinical Pharmacist for General Practice at Elm trees Surgery in Greenford

Job Type	Full time
Closing Date	16/10/2024
Job Description	<p>We are seeking to recruit a full-time Clinical Pharmacist to join our friendly team in Greenford.</p> <p>Main duties of the job</p> <p>The post holder is a pharmacist who:</p> <ul style="list-style-type: none">• Acts within their professional boundaries, supporting and working alongside a team of pharmacists in general practice.• Will work as part of a multi-disciplinary team in a patient-facing role.• Will take responsibility for areas of chronic disease management within the network.• Contribute to improving the health of patients and undertake structured medication reviews.• The successful candidate must show the ability to work independently and, in a team, to improve patient care, release GP time and medicines optimisation <p>About us</p> <ul style="list-style-type: none">• Located in Greenford.• SystemOne Practice.• Consistent high QoF achievements.• Elm Trees Surgery is a friendly, well organised and efficient Practice, with a list size of 8,100 and growing.• The Practice clinical team has 4 GPs, 1 Practice Nurse, 1 Pharmacy Technician and 2 Health Care Assistants. <p>Full Job description</p>
How to Apply	If you would like to apply for this post, please email your CV and covering letter to the Assistant Practice Manager: Phyo Aung at phyo.aung@nhs.net

Would you like us to promote your vacancies? [Email us](#) with details of the vacancy and we can share this across our network.

NWL TH Training

NWL Training Hub Webinars

Updates on the Type 2 Diabetes in the Young (T2DAY) programme

The training will be a deep dive into the five key components of the Early Onset Type 2 Diabetes(EOT2D)/T2DAY extended reviews. The webinar aims to address any grey areas that may require further discussion or input as well as pathway queries followed by a Q&A session.

- 19th September 12:30 to 13:30 [Register here](#)
- 2nd October 17:00 to 18:00 [Register here](#)

Library Services - NHS Library and Knowledge Hub

Unlock cutting-edge insights with the NHS Library and Knowledge Hub—the ultimate online resource for all NHS healthcare professionals accessible via your NHS OpenAthens account. Dive into an extensive collection of medical journals, research papers, and clinical guidelines accessible anytime, anywhere. Streamline your decision-making with intuitive search tools and stay up dated with the latest advancements in your field. Elevate your practice and patient care with this indispensable, tailored platform

Chronic Insomnia: Diagnosis & Management

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NWL Respiratory

- 9th October via Teams 13:00 – 14:00 [Register here](#).
We will cover:

- Identifying risk: WISC Tools and UCLP searches
- Managing risk in practice
- How to use UCP for high risk respiratory patients

Manosphere - An overview of extreme misogyny online

- 15th October 13:00 – 14:00 [Register here](#).
Participants will gain the following knowledge:

- The hierarchical online status of different groups of men will be explained – Sigmas / Alphas / Betas / Omegas.
- The Push and Pull factors for people and the potential appeal of misogynist online influencers will be explored, along with the recent growth in online misogyny.
- The potential links with online extremism.

Immediate and necessary care for a wound to the lower leg module

- 22th October 12:00 to 14:00 [book here](#)
For nurses and HCAs. Immediate and necessary care for a wound to the lower leg module. Delivered by a Clinical Nurse Specialist, covering immediate & necessary care & understanding the Red Flags & when to apply compression Via MS Teams
All delegates will receive CPD certificate after the training.

Chronic oedema management of the lower limb

- 24th October 12:00 to 14:00 [book here](#)
For nurses and HCAs. Delivered by a Clinical Nurse Specialist, covering management of chronic oedema, stages of chronic oedema & selection of appropriate compression for managing the condition. All delegates will receive CPD certificate after the training.

SSSA Training and Update

SSSA Training, 2 day online course

This is a course for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who are interested in supporting learners in practice. Delegates must attend both dates to successfully finalise training.

- Cohort 2: Thu 26th September 09:00 – 15:30 and Thu 28th November 09:00 – 14:00 [Book here](#)
- Cohort 3: Mon 25th November 09:00 – 15:30 and Mon 16th December 09:00 – 14:00 [Book here](#)

SSSA Annual Update

This course is suitable if you have already attended mentorship preparation training (e.g. ENB 998).
This update provides a refresher of the knowledge, skills and behaviours needed to support learners to become outstanding nurses and midwives.

- 17th October 9:00 to 11:30 – [Book here](#)

Diabetes Update PitStop For Nursing staff

There are 2 dates available - you only need to attend 1

- Thursday 19th September 2024 13:00 – 17:00 [Apply here](#)
- Wednesday 16th October 2024 09:00 – 13:00 [Apply here](#)

Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.
GPs – please be sure to provide a summary of your diabetes related work undertaken. [Express your interest here](#)

Diabetes Foot Care

Face to Face: The Irish Cultural Centre, Hammersmith
- 24th October 2024 from 9:15 – 16:30 [BOOK HERE](#)

HCA Diabetes training

2 dates available, online you only need to attend one session.

- 11th December 2024, 08:50 to 16:00 – [book here](#)
- 12th March 2025, 08:50 to 16:00 – [book here](#)

This training is for non-registered clinical staff, training can also be attended as an update for those HCAs who have already attended HCA diabetes training before and need a refresher.

Paediatric Phlebotomy

This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care Certificate.

- 3rd October from 9:00 – 14:00 [apply here](#)
- 23rd October from 9:00 – 14:00 [apply here](#)

Interpreting ECG

Face to Face: The Irish Cultural Centre, Hammersmith
- 11th November 2024 from 9:00 – 16:30 [Book here](#)
This training if for GPs and ACPs only.

SRH Essentials Course, CPD accredited

A one-day training course for nurses & AHPs new to SRH designed by the Faculty of Sexual and Reproductive Healthcare to enable those working in primary care to manage consultations about contraception and STIs with confidence. This is suitable for Nurses & AHPs who have been working in primary care but have only undertaken a small amount of training in this area. [Find out more and register your interest](#)

Coil Fitting

There is a new Enhanced Service to provide the fitting of coils for non-contraceptive purposes. It is hoped that eventually every PCN will have a clinician that is able to fit coils for their PCN population. To find out full details please visit our website [here](#).

Refresher interpreting ECG

24th September 12:00 to 13:00 to 11:00. Online [Register here](#)
The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs. Open to GPNs and ACPs who have attended the interpreting ECG course.

Enhanced Services Webinar Recordings:

- [Respiratory ES Specification](#)
- [Pulmonary Rehabilitation](#)
- [ABPM](#)
- [Anticoagulation Update](#)
- [Diabetes Training Oct 23](#)
- [Preventing Diabetes: NDPD Updates](#)

ARRS Training Offers

Red Whale Live Day

6th November 10:00 to 16:00 – remote, [register here](#)
Available to all clinical ARRS staff and will include

- A one-day clinical update session – covering updates in topic areas including CKD & Renal, Anticoagulation & DOACs, Respiratory & Asthma, Hypertension & AF & Heart Failure.
- Access to the recording for 12 months.
- Access to Red Whales extensive learning resources for 12 months.

Contact jonathan.ord1@nhs.net if you have any questions.

Diabetes Half Day update

Open to any ARRS clinical staff who have already completed a Foundation Programme. [Click here to find out more and express your interest](#) (Eoi) in attending the dates available;

- Wed 4th September from 13:00 to 17:00
- Thu 12th September from 9:00 to 13:00

Staff who wish to attend must either [complete the Eoi](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

2 or 4 Day Coaching Course

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches
NWL Training Hub is supporting further new recruitment of the Personalised Care roles by funding a DES required PCI coaching course – either the 2 day or 4 day course dependant on the role.
Staff who wish to attend must either [complete the Eoi](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Pitstop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners. Staff who wish to attend must either [complete the Eoi](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Mental Health in Primary Care Course for ARRS Staff

NWL Training Hub has been working with the University of Hertfordshire to provide a new course around different areas of Mental Health within Primary Care and the patients they may interact with.
Staff who wish to attend must either [complete the Eoi](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Suicide First Aid Lite for Personalised Care Roles

Open to Social Prescribing Link Workers, Health & Wellbeing Coaches & Care Coordinators. Staff who wish to attend must either [complete the Eoi](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

GP Assistant Programme

Only open to GP Assistants.
Staff who wish to attend must either [complete the Eoi](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer

Expressions of Interest forms

For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.

[Advanced Diabetes PITstop](#)

[Anticoagulation Training - New to anticoagulation](#)

[Mental Health First Aid](#)

[Interpreting ECG Training - New to Interpreting](#)

[Interpreting ECG Training - Refresher](#)

[Paediatric Phlebotomy](#)

[Ring Pessary](#)

Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

[Multi-professional Supervisor Course](#) application form
4 sessions, dates as follows; 10th Sep, 9th Oct, 14th Nov, 10th Dec Venue TBC.

[GP Supervisor Course](#) application form
September Cohorts - fully booked.
Complete the application form to be added to the waitlist for the next available cohorts.

[Pharmacy Educational Supervisor Training programme](#) – available via eLHF

Useful links and Resources

[Knowledge and Library Resources for GP and Practice Teams](#)

[Greener NHS – Resources for a more sustainable NHS](#)

[Survival Toolkit](#)

[Supported Return to Training](#)

[Podcast Learning Library](#)

[Primary Care Resources](#)

[GP Resources](#)

[Webinar Recordings](#)

Other Training / Webinars / Events

Nursing Associate roadshow

- 25th September 14:00 to 15:00 [register here](#).
The NHS England London Nursing Associate Programme invites you to register for the Nursing Associate (NA) monthly roadshows. We will host monthly roadshows to support organisations in the deployment and embedding of the nursing associate role and sharing examples of good practices.

CVD Education Series – Lipid Management in Primary Care

- 25th September 13:00 to 14:00 [Register here](#)
In this session, you will explore updates on the latest NICE changes and NW London Lipid Guidelines ensuring alignment with current standards of care. We will review key elements of the QoF, enhanced service specifications, and Medicines Management and Optimisation focusing on how these frameworks impact lipid management. We will discuss next steps for CVD Championing, opportunities for involvement, and review referral pathways for lipid services to streamline care.

7th NWL Polypharmacy Community of Practice

- Thursday 26th September 2024 from 13:00 – 14:00, [Register here](#).
The NWL Polypharmacy Community of Practice (CoP) is looking to expand the reach and diversity of its members. Problematic polypharmacy attributes costs to the healthcare system as well as diminishes care for the patient, most of this is preventable.
To join the CoP, you need to be able to commit one hour once a quarter, to join a virtual meet. For further information please contact catherine.caldwell@imperialcollegehealthpartners.com

Accessing HealthCare Information Online

Help your patients to learn how to access healthcare information and services online with this series of virtual learning events find out more via [the flyer](#) or book below;

- 26th September from 18:30 to 19:30 – [book here](#)
- 17th November from 18:30 to 19:30 – [book here](#)
- 28th November from 18:30 to 19:30 – [book here](#)

NHSE London Becoming an Advanced Practitioner; Unlocking Your Career Potential

- 27th September 2024 from 11:30 – 13:00 [Book here](#)
The webinar is aimed at providing a better understanding of advanced practice roles, the career benefits of becoming an Advanced Practitioner (AP), and how to get started.

NHS you shape our new EDI improvement plan for primary care

NHS England is inviting colleagues from all four sectors of primary care, in both clinical and non-clinical roles, to help shape the new Equality Diversity Inclusion (EDI) Improvement Plan for the primary care. We are hosting a number of virtual engagement sessions where you can hear about the work underway. During these sessions, you will have the opportunity to contribute to this exciting piece of work, share your reflections and help to co-design and shape this new national resource. You can register for one of two dates:

- 2 October 2024, 1.00-2.30pm
- 7 November 2024, 12.00-1.30pm

If you have any questions, please contact the EDI team at england.nationaleidteam@nhs.net.

Safe Prescribing in Frailty: Tackling Overuse & Anticholinergic Risks

- 9th October 12:00 to 14:00 [register here](#)
In this session we will examine medicines overuse in patients living with frailty with particular reference to the dangers of anti-cholinergic medicines and cognitive impairment. We will use case-based discussions to highlight tools, resources and strategies to reduce risk of medication related harms and overprescribing in frailty

Pharmacy; medicines and the risk of falls in older people lunchtime masterclass

- 30th October, 12:00 to 13:30 [Register here](#)
Open to GPs, Pharmacists, Nurse prescribers and other interested health professionals this webinar will cover:

- The importance of medication in falls causation.
- How medication reviews can reduce the risk of falls.
- Information and guidance that can be used when conducting a falls related medication review.

Developing an EDI Plan for Primary Care Listening Events

- Trainees & students - 10th Oct 13:00 to 15:00 [register here](#)
- International recruits - 16th Oct 13:00 to 15:00 [register here](#)
The aim is to publish a final, co-designed EDI Improvement Plan for Primary Care in September 2025.

GatewayC upcoming webinars

GatewayC is the free early cancer diagnosis resource specifically for primary care, fully funded by the NHS. They provide accessible, innovative, and tailored information across a range of formats and are running a series of webinars in collaboration with Agilio | Clarity.

- 25th September, 7pm - 8pm: [Ovarian Cancer](#)
- 20th November, 7pm - 8pm: [Endometrial Cancer](#)
- 4th December, 7pm - 8pm: [Head and Neck cancer](#)

Get Online Week

- 14th to 20th October
The UK's largest digital inclusion campaign with the aim of helping people discover the benefits of being online and build their confidence in using the internet.
Just during this week if there is interest from GP surgeries, we can run additional online sessions to cater to your unique community needs that will allow attendees to experience and understand the benefits of getting online. The purpose of this is to support the fact that everyone deserves an equal opportunity to benefit from being online - and that free support is out there.
If you would like to host a collaborative session for your patient communities, please contact katarina.durisova@nhs.net and we will put you in touch with the relevant team.

The Population Health Management & Health Equity Academy

- 14th & 28th October from 9:30 to 12:00 on both days [book here](#)

PCN Respiratory Study Day 2024

- 23rd October at Cavendish Conference Centre [Register now](#)
This is a free CPD nursing conference dedicated to advancing practice of nurses. Improving respiratory health is a key responsibility for all nurses working in primary care settings, and is a field with a constantly evolving body of evidence. PCN Respiratory will provide you with the latest developments in the field to use in your day-to-day practice.

Highlights of the programme include updates on asthma, respiratory prescribing, improving COPD management, and how ecotherapy can help adults and children with respiratory conditions.

SRH Essentials for Primary Care

- 16th November, online, 8:30 – 16:30 [Register here](#).
This one day virtual course covers the following:

- Develop the skills and confidence to consult with patients about their sexual and reproductive healthcare needs
- Recommend an appropriate method of emergency contraception
- Review the COC, POP and injection contraceptive methods
- Carry out sexual health risk assessments
- Identify when patients are at risk of STIs

*please note this training is £170pp and is not funded by NWL TH. You can seek funding locally from CPD funds, your practice or self-fund.

Immunisers webinars

- Various dates and sessions from September 24 to January 25
Immunisers in primary care in London can access immunisation training. The series of webinars are designed to support immunisers to fulfil the requirement for annual immunisation updates and are free to access. [Find more information including dates here.](#)

Workforce Planning & Transformation Training Available

The Workforce Planning Team at NHS England would like to share their new Workforce Planning & Transformation Training Offer Brochure which