

News and Updates

Performing ECG Training

- 21st November from 09:15 - 16:30 at Harrow Baptist Church Harrow. [Register Here](#)
This training is for those who have not done Performing ECG Training before.
 This training is for HCAs, GPsAs, pharmacists, nurses can attend if they require this training
 The session will cover:
 ● Introduction to heart disease, basic anatomy and physiology, risk factors, preventable/modifiable and non-modifiable risks
 ● MI, angina, stroke and TIAs, heart failure looking at signs and symptoms – the types of investigations patients have to get their diagnosis
 ● MECC opportunities and identification via NHS health checks etc and the wider team/support available for all
 ● Taking an accurate ECG
 ● Getting the room and the patient ready
 ● Dots and don'ts
 ● Pre-attendance advice, correct positioning of electrodes, ensuring result readability, processes to follow re: who will interpret, information given to patients

SSSA Training and Update - New Date and Last chances

SSSA Training, 2 day online course
 - Cohort 2: [Book here](#) - 1 space remaining
 Day 1 – Thu 26th September 09:00 – 15:30
 Day 2 – Thu 28th September 09:00 – 14:00
 This is a course for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who are interested in supporting learners in practice. Delegates must attend both dates to successfully finalise training.

SSSA Annual Update

- 14th November 9:00 to 11:30 – [Book here](#)
 This course is suitable if you have already attended mentorship preparation training (e.g. ENB 998).

Paediatric Phlebotomy - New Date

- 12th November from 09:00 to 14:00 [book here](#)
 Assessment is scheduled for 17th December, both dates must be attended
 Criteria for attending the training:
 ● Must have completed and been doing adult phlebotomy for 2 years
 ● Working on behalf of the PCN
 ● Must have a clinical supervisor
 This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care Certificate.

General practice nursing and pre-registration nursing students: Webinar

- 14th November 13:00 – 14:00 [book here](#)
 A practice learning experience in general practice provides pre-registration nursing students with an opportunity to understand the complexities of primary care and gain a better understanding of the health journey of local communities. Students who have a placement in general practice are also more likely to consider working in primary care. **This session will focus on the opportunities and benefits of supporting pre-registration student nurses in general practice. There will also be an opportunity for discussion and questions.**
 Session will be delivered by Julie Bliss Senior Nursing Education Adviser, NMC

Interpreting Blood Test Results in Suspected Cancer: Webinar

- 16th October 13:00 – 13:30 [book here](#)
 RM Partners have commissioned GatewayC to deliver cancer education for specific cancer areas to include:
 ● Bitesize education videos (7 mins max long)
 ● Top Tips for referral
 ● Online webinar (hosted by GatewayC clinicians and delivered with RMP secondary & primary care clinicians)

GPN Trainee opportunity for YOUR Practice - recruiting now!

The one year GPN Training programme recruits nurses who want to become highly skilled Practice Nurses.
 - We are looking for Practices or PCNs who would like to support a GPN Trainee applicant during the programme starting in January 2025.
 - £20K educational grant is provided to the supporting Practice, towards the employment and supervision of the GPN Trainee.
 - The course will include becoming competent in Childhood imms and cervical cytology, as they move through the course.
 - The GPN Trainee divides their time between Practical clinical work at your Practice and University study time.
 - You employ the GPN Trainee on a 12 month contract.

[Click flyer to enlarge](#)

If your Practice is interested, don't miss out!

Please contact Sally Armstrong or Karen Sood at the NWL Training Hub for more details.

Sally Armstrong – sally.armstrong@nhs.net

Karen Sood – karen.ood@nhs.net



Chronic Insomnia: Diagnosis & Management

- 1st October 13:00 – 14:00 [Register here](#)
 This Teaching Session will cover the following:
 ● The Science of Sleep
 ● Diagnosis of Insomnia
 ● The burden and socioeconomic impact
 ● Updated NICE guidance and current treatment pathways
 ● Non-Pharmacological management options
 ● Pharmacological management options, including recently approved medication

This Week

- Refresher interpreting ECG 24th Sep 2024 from 9:30 to 11:00. Online [Register here](#)
- CVD Education Series – Lipid Management in Primary Care 25th Sep 13:00 to 14:00 [Register here](#)
- Nursing Associate Roadshow 25th Sep 14:00 to 15:00 [register here](#).
- SSSA Training, 2 day online course Cohort 2 starting 26th Sep: [Book here](#) - 1 space remaining
- Library Services - NHS Library and Knowledge Hub 26th Sep 13:00 – 14:00 [Register here](#).
- Accessing HealthCare Information Online 26th Sep from 18:30 to 19:30 – [book here](#)
- 7th NWL Polypharmacy Community of Practice 26th Sep from 13:00 – 14:00, [Register here](#).
- NHSE London Becoming an Advanced Practitioner; Unlocking Your Career Potential 27th Sep from 11:30 – 13:00 [Book here](#)

NWL TH Training

NWL Training Hub Webinars

Library Services - NHS Library and Knowledge Hub

- 26th September 13:00 – 14:00 [Register here](#)
 Unlock cutting-edge insights with the NHS Library and Knowledge Hub—the ultimate online resource for all NHS healthcare professionals accessible via your NHS OpenAthens account. Dive into an extensive collection of medical journals, research papers, and clinical guidelines accessible anytime, anywhere. Streamline your decision-making with intuitive search tools and stay updated with the latest advancements in your field. Elevate your practice and patient care with this indispensable, tailored platform

Updates on the Type 2 Diabetes in the Young (T2DAY) programme

- 2nd October 17:00 to 18:00 [Register here](#)
 The training will be a deep dive into the five key components of the Early Onset Type 2 Diabetes (EOT2D)/T2DAY extended reviews. The webinar aims to address any grey areas that may require further discussion or input as well as pathways queries followed by a Q&A session.

Chronic Insomnia: Diagnosis & Management

- 1st October 13:00 – 14:00 [Register here](#)
 This Teaching Session will cover the following:
 ● The Science of Sleep
 ● Diagnosis of Insomnia
 ● The burden and socioeconomic impact
 ● Updated NICE guidance and current treatment pathways
 ● Non-Pharmacological management options
 ● Pharmacological management options, including recently approved medication

NWL Respiratory

- 9th October via Teams 13:00 – 14:00 [Register here](#)
 We will cover:
 ● Identifying risk: WSIC Tools and UCLP searches
 ● Managing risk in practice
 ● How to use UCP for high risk respiratory patients

Manosphere - An overview of extreme misogyny online

- 15th October 13:00 – 14:00 [Register here](#)
 Participants will gain the following knowledge:
 ● The hierarchical online status of different groups of men will be explained – Sigmas / Alphas / Betas / Omegas.
 ● The Push and Pull factors for people and the potential appeal of misogynist online influencers will be explored, along with the recent growth in online misogyny.
 ● The potential links with online extremism.

Immediate and necessary care for a wound to the lower leg module

- 22th October 12:00 to 14:00 [book here](#)
 For nurses and HCAs. Immediate and necessary care for a wound to the lower leg module. Delivered by a Clinical Nurse Specialist, covering immediate & necessary care & understanding the Red Flags & when to apply compression via MS Teams
 All delegates will receive CPD certificate after the training.

Chronic oedema management of the lower limb

- 24th October 12:00 to 14:00 [book here](#)
 For nurses and HCAs. Delivered by a Clinical Nurse Specialist, covering management of chronic oedema, stages of chronic oedema & selection of appropriate compression for managing the condition. All delegates will receive CPD certificate after the training.

SSSA Training and Update

SSSA Training, 2 day online course

This is a course for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who are interested in supporting learners in practice. Delegates must attend both dates to successfully finalise training.
Cohort 2: [Book here](#) - 1 space remaining
 Day 1 – Thu 26th September 09:00 – 15:30
 Day 2 – Thu 28th November 09:00 – 14:00
Cohort 3: [Book here](#) – fully booked – waitlist available
 Day 1 – Mon 25th November 09:00 – 15:30
 Day 2 – Mon 16th December 09:00 – 14:00

SSSA Annual Update

- 11th October 9:00 to 11:30 – [Book here](#)
 - 17th October 9:00 to 11:30 – [Book here](#)
 - 14th November 9:00 to 11:30 – [Book here](#)
 This course is suitable if you have already attended mentorship preparation training (e.g. ENB 998).
 This update provides a refresher of the knowledge, skills and behaviours needed to support learners to become outstanding nurses and midwives.

Enhanced Services

Update Diabetes PitStop For Nursing staff

This update is for nurses who have already attended the foundation course.
 - Wednesday 16th October 2024 09:00 – 13:00 [Apply here](#)

Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.
 GPs – please be sure to provide a summary of your diabetes related work undertaken.
[Express your interest here](#)

Diabetes Foot Care

Face to Face: The Irish Cultural Centre, Hammersmith
 - 24th October 2024 from 9:15 – 16:30 – [Book here](#)

HCA Diabetes training

2 dates available, training is online you only need to attend one session.
 - 11th December 2024, 08:50 to 16:00 – [book here](#)
 - 12th March 2025, 08:50 to 16:00 – [book here](#)
 This training is for non-registered clinical staff, training can also be attended as an update for those HCAs who have already attended HCA diabetes training before and need a refresher.

New to Anticoagulation

- 25th October 2024, 09:30 to 12:30 (online) – [book here](#)
 This training is for Nurses, Nursing Associates, Health Care Support Workers, Pharmacists and GPs. Anyone with a role in the monitoring of anticoagulation therapy

Paediatric Phlebotomy

This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care Certificate. Criteria for attending the training:
 ● You must have completed and been doing adult phlebotomy for 2 years
 ● You must be working on behalf of the PCN
 ● You must have a clinical supervisor
 Bookings will be approved and confirmed only if they meet the criteria above and there are spaces available, by applying via the links below you are not guaranteed a place on this training.
 - 3rd October from 9:00 – 14:00 [apply here](#)
 - 23rd October from 9:00 – 14:00 [apply here](#)
 - 12th November from 09:00 - 14:00 [book here](#)

Interpreting ECG

Face to Face: The Irish Cultural Centre, Hammersmith
 - 11th November 2024 from 9:00 – 16:30 [book here](#)
 This training is for GPs and ACPs only.

Refresher interpreting ECG

The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs. Open to GPs and ACPs who have attended the interpreting ECG course.

Performing ECG Training

Face to Face: Harrow Baptist Church Harrow.
 - 21st November from 09:15 - 16:30 [Register Here](#)
This training is for those who have not done Performing ECG Training before.
 This training is for HCAs, GPsAs, pharmacists, nurses can attend if they require this training

Coil Fitting

This is a new Enhanced Service to provide the fitting of coils for non-contraceptive purposes. It is hoped that eventually every PCN will have a clinician that is able to fit coils for their PCN population. To find out full details please visit our website [here](#).

SRH Essentials Course, CPD accredited

A one-day training course for nurses & AHPs new to SRH designed by the Faculty of Sexual and Reproductive Healthcare to enable those working in primary care to manage consultations about contraception and STIs with confidence. This is suitable for Nurses & AHPs who have been working in primary care but have only undertaken a small amount of training in this area. [Find out more and register your interest](#)

Enhanced Services Webinar Recordings:

- [Respiratory ES Specialisation](#)
- [Pulmonary Rehabilitation](#)
- [ABPM](#)
- [Anticoagulation Update](#)
- [Diabetes Training Oct 23](#)
- [Preventing Diabetes: NDP Updates](#)

ARRS Training Offers

Red Whale Live Day

- 6th November 10:00 to 16:00 – remote, [register here](#)
 Available to all clinical ARRS staff and will include:
 ● A one-day clinical update session – Covering updates in topic areas including CKD & Renal, Anticoagulation & DOACs, Respiratory & Asthma, Hypertension & AF & Heart Failure
 ● Access to the recording for 12 months.
 ● Access to Red Whales extensive learning resources for 12 months.
 Contact jonathan.ord1@nhs.net if you have any questions.

Diabetes All Day update

Open to any ARRS clinical staff who have already completed a Foundation Programme.
[Click here to find out more and express your interest \(EoI\)](#)
 Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

2 or 4 Day Coaching Course

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches
 NWL Training Hub is supporting further new recruitment of the Personalised Care roles by funding a DES required PCI coaching course – either the 2 day or 4 day course dependant on the role.
 Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Pitstop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.
 Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Mental Health in Primary Care Course for ARRS Staff

NWL Training Hub has been working with the University of Hertfordshire to provide a new course around different areas of Mental Health within Primary Care and the patients they may interact with.
 Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Suicide First Aid Lite for Personalised Care Roles

Open to Social Prescribing Link Workers, Health & Wellbeing Coaches & Care Coordinators. Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Thank you from the NWL Training Hub Team



Expressions of Interest forms

For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.

[Advanced Diabetes PITstop](#)

[Anticoagulation Training - New to anticoagulation](#)

[Mental Health First Aid](#)

[Interpreting ECG Training - New to Interpreting](#)

[Interpreting ECG Training - Refresher](#)

[Paediatric Phlebotomy](#)

[Ring Pessary](#)

Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

[Multi-professional Supervisor Course](#) application form
4 sessions, dates as follows; 10th Sep, 9th Oct, 14th Nov, 10th Dec Venue TBC.

[GP Supervisor Course](#) application form for February Cohort
 Complete the application form to be added to the waitlist for the next available cohorts.

[Pharmacy Educational Supervisor Training programme](#) – available via eLHF

Useful links and Resources

[Knowledge and Library Resources for GP and Practice Teams](#)

[Greener NHS – Resources for a more sustainable NHS](#)

[Survival Toolkit](#)

[Supported Return to Training](#)

[Podcast Learning Library](#)

[Primary Care Resources](#)

[GP Resources](#)

[Webinar Recordings](#)

Other Training / Webinars / Events

Nursing Associate Roadshow

- 25th September 14:00 to 15:00 [register here](#).
 The NHS England London Nursing Associate Programme invites you to register for the Nursing Associate (NA) monthly roadshows. We will host monthly roadshows to support organisations in the deployment and embedding of the nursing associate role and sharing examples of good practices.

CVD Education Series – Lipid Management in Primary Care

- 25th September 13:00 to 14:00 [Register here](#)
 In this session, you will explore updates on the latest NICE changes and NW London Lipid Guidelines ensuring alignment with current standards of care. We will review key elements of the QoF, enhanced service specifications, and Medicines Management and Optimisation focusing on how these frameworks impact lipid management. We will discuss next steps for CVD Champions, opportunities for involvement, and review referral pathways for lipid services to streamline care.

7th NWL Polypharmacy Community of Practice

- 26th September 2024 from 13:00 – 14:00, [Register here](#).
 The NWL Polypharmacy Community of Practice (CoP) is looking to expand the reach and diversity of its members. Problematic polypharmacy attributes costs to the healthcare system as well as diminishes care for the patient, most of this is preventable.
 To join the CoP, you need to be able to commit one hour once a quarter, to join a virtual meet. For further information please contact catherine.caldwell@imperialcollegehealthpartners.com

Accessing HealthCare Information Online

Help your patients to learn how to access healthcare information and services online with this series of virtual learning events find out more via [the flyer](#) or book below;
 - 26th September from 18:30 to 19:30 – [book here](#)
 - 17th October from 18:30 to 19:30 – [book here](#)
 - 28th November from 18:30 to 19:30 – [book here](#)

NHSE London Becoming an Advanced Practitioner; Unlocking Your Career Potential

- 27th September 2024 from 11:30 – 13:00 [book here](#)
 The webinar is aimed at providing a better understanding of advanced practice roles, the career benefits of becoming an Advanced Practitioner (AP), and how to get started.

Help us shape our new EDI improvement plan for primary care

NHS England is inviting colleagues from all four sectors of primary care, in both clinical and non-clinical roles, to help shape the new Equality Diversity Inclusion (EDI) Improvement Plan for primary care. We are hosting a number of virtual engagement sessions where you can hear about the work underway. During these sessions, you will have the opportunity to contribute to this exciting piece of work, share your reflections and help to co-design and shape this new national resource. You can register for one of two dates:
 - 2 October 2024, 1.00-2.30pm
 - 7 November 2024, 12.00-1.30pm
 If you have any questions, please contact the EDI team at england.nationaleidteam@nhs.net.

Safe Prescribing in Frailty: Tackling Overuse & Anticholinergic Risks

- 9th October 12:00 to 14:00 [register here](#)
 In this session we will examine medicines overuse in patients living with frailty with particular reference to the dangers of anti-cholinergic medicines and cognitive impairment. We will use case-based discussions to highlight tools, resources and strategies to reduce risk of medication related harms and overprescribing in frailty

Polypharmacy: medicines and the risk of falls in older people lunchtime masterclass

- 10th October, 12:00 to 13:30 [Register here](#)
 Open to GPs, Pharmacists, Nurses and other interested health professionals this webinar will cover:
 ● The importance of medication in falls causation.
 ● How medication reviews can reduce the risk of falls.
 ● Information and guidance that can be used when conducting a falls related medication review.

Developing an EDI Plan for Primary Care Listening Events

- Trainees & students - 10th Oct 13:00 to 15:00 [register here](#)
 - International recruits - 16th Oct 13:00 to 15:00 [register here](#)
 The aim is to publish a final, co-designed EDI Improvement Plan for Primary Care in September 2025.

GatewayC's upcoming webinars

GatewayC is the free early cancer diagnosis resource specifically for primary care, fully funded by the NHS. They provide accessible, innovative, and tailored information across a range of formats and are running a series of webinars in collaboration with Agilio | Clarity.
 - 25th September, 7pm - 8pm: [Ovarian Cancer](#)
 - 20th November, 7pm - 8pm: [Endometrial Cancer](#)
 - 4th December, 7pm - 8pm: [Head and Neck cancer](#)

Get Online Week

- 14th to 20th October
 The UK's largest digital inclusion campaign with the aim of helping people discover the benefits of being online and build their confidence in using the internet.
 Just during this week if there is interest in GP surgeries, we can run additional online sessions to cater to your unique community needs that will allow attendees to experience and understand the benefits of getting online. The purpose of this is to support the fact that everyone deserves an equal opportunity to benefit from being online – and that free support is out there.
If you would like to host a collaborative session for your patient communities, please contact katarina.durisova@nhs.net and we will put you in touch with the relevant team.

NHS NW London co-production training

- 14th & 28th October from 9:30 to 12:00 on both days [book here](#)
 Training is split over 2 half days in which you will get:
 ● an overview of co-production
 ● an understanding of the positive benefits/outcomes achieved through implementing an asset-based approach
 ● practical approaches and techniques to support/enable/deliver co-production in partnership with NW London populations
 ● exploration of practical considerations such as planning, timescales, asset/stakeholder mapping and evaluation
 ● practical examples on how to approach difficult decision-making without losing power-sharing principles.

PCN Respiratory Study Day 2024

- 23rd October at Cavendish Conference Centre [Register now](#)
 This is a free CPD nursing conference dedicated to advancing practice of nurses.
 Improving respiratory health is a key responsibility for all nurses working in primary care settings, and is a field with a constantly evolving body of evidence. PCN Respiratory will provide you with the latest developments in the field to use in your day-to-day practice.

Highlights of the programme include updates on asthma, respiratory prescribing, improving COPD management, and how eALSP can help adults and children with respiratory conditions.