



## News and Updates

### NWL Training Hub Newsletter Sign-Up

Stay up to date with training opportunities in NWL.  
Scan the code or click this image.



#### The internet, suicide and self-harm: Webinar

- 8<sup>th</sup> October 12:30 – 14:00 [book here](#)
- 6<sup>th</sup> November 12:30 – 14:00 [book here](#)

Samaritans are here to help you have safe conversations about online use. During the webinar, you will learn:

- How people use the internet in relation to self-harm and suicide
- What the new Online Safety Act means for self-harm and suicide content online
- The role that practitioners can play in supporting people
- How to talk to people about their online use
- How Samaritans can support you in your role

**SAMARITANS**

The internet, suicide and self-harm  
Free training webinar for practitioners

#### New to Anticoagulation

- 25<sup>th</sup> October 2024, 09:30 to 12:30 (online) – [book here](#)  
This training is for Nurses, Nursing Associates, Health Care Support Workers, Pharmacists and GP's. Anyone with a role in the monitoring of anticoagulation therapy

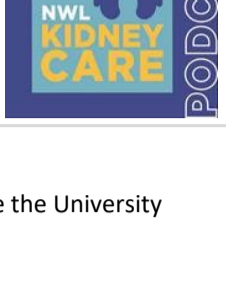
#### ARRS Cancer Summary Session

- 19<sup>th</sup> November 13:00 – 14:00 [book here](#)  
The session will be open to any clinician who consults with patients in a first contact capacity regards symptoms of Cancer such as GPs, Nurses, Pharmacists, Paramedics, Physician Associates (this list is not exhaustive).  
The session will help clinicians in their initial triage of patients and how not to miss a Cancer diagnosis and look to cover topic areas of:

- 2 Week Wait Referral Criteria
- History Taking
- Tools available to support Clinicians such as C the Sign's
- Investigations
- Safety Netting Patients

#### The NWL Kidney Care podcast

A bite size podcast where chronic kidney disease management is made easy for health care professionals working in primary care.  
Created by a team of nephrologists, kidney nurse specialists, and GPs, the podcast shares knowledge gained from years of collaboration in improving kidney care integration across primary and secondary services. With expert contributions and innovative solutions like the Kidney Virtual Clinic, the series provides a convenient way to stay informed. Listen here for the trailer and subscribe to the show; <https://www.buzzsprout.com/2404938/15760490>



#### GP Assistant Programme (SE London)

Please see the information for the next cohorts of the [GP Assistant Structured Education Programmes](#) operated by SE London Training Hub and Uni of Greenwich which include the University Credits at the end.  
If you wish to apply for this programme please complete the [application form](#) (click to download form) and return this to [gsa@seltraininghub.co.uk](mailto:gsa@seltraininghub.co.uk) for review.  
Planned groups will be in October 2024 and February 2025, with a possibility of April 2025.

#### National Education and Training Survey (NETS) 2024

NHS England conduct the National Education and Training Survey (NETS) each year, offering a platform for healthcare learners and trainees to share their experiences and shape the future of healthcare education.  
This is a very important survey to gain learner views on their placements across all professional groups. The NETS 2024 is opening on the **01 October - 26 November**. Please see information around the survey [here](#) or please visit [website](#).  
If you have any questions, please do not hesitate to contact [england\\_grimanagerment@nhs.net](mailto:england_grimanagerment@nhs.net).

#### New NHS decision support tools for people with chronic pain and adults with mild/moderate depression

NHS England has developed new decision support tools:  
- [Making decisions about chronic pain](#). Aimed at people aged 16 years and over with chronic pain.  
- [Making decisions about managing depression](#). Aimed at adults with mild/moderate depression.  
The tool seeks to inform conversations between a person and their healthcare professional. Patients are encouraged to read the tool before their consultation, to help them consider what matters to them.

#### GPN Trainee opportunity for YOUR Practice - recruiting now!

The one year GPN Training programme recruits nurses who want to become highly skilled Practice Nurses.  
- We are looking for Practitioners or PCNs who would like to support a GPN Trainee applicant during the programme starting in January 2025.  
- £20k educational grant is provided to the supporting Practice, towards the employment and supervision of the GPN Trainee.  
- The course will include becoming competent in Childhood imms and cervical cytology, as they move through the course.  
- The GPN Trainee divides their time between Practical clinical work at your Practice and University study time.  
- You employ the GPN Trainee on a 12 month contract.

**NWL LONDON TRAINING HUB**  
Education ♦ Training ♦ Workforce

GPN Trainee opportunity for YOUR Practice - recruiting now!

Changing the culture of GPN Recruitment and Training  
GPN Trainee opportunity for YOUR Practice - recruiting now!

\* From Practice Interviewed, Shortlisted and Offer Received, to the start of the GPN Trainee Programme.

#### This Week

- **Chronic Insomnia: Diagnosis & Management** 1<sup>st</sup> October 13:00 – 14:00 [Register here](#).
- **Help us shape our new EDI improvement plan for primary care** 2<sup>nd</sup> October 1.00-2.30pm [Register here](#)
- **Updates on the Type 2 Diabetes in the Young (T2DAY) programme** 2<sup>nd</sup> October 17:00 to 18:00 [Register here](#)
- **General Practice webinar** 3<sup>rd</sup> October, 17:00 – 18:00 [Book here](#)

## NWL TH Training

## Expressions of Interest forms

### NWL Training Hub Webinars

- NWL Respiratory**  
- 9th October via Teams 13:00 – 14:00 [Register here](#).  
We will cover:
- Identifying risk: WSIC Tools and UCLP searches
  - Managing risk in practice
  - How to use UCP for high risk respiratory patients
- Manosphere – An overview of extreme misogyny online**  
- 15th October 13:00 – 14:00 [Register here](#).  
Participants will gain the following knowledge:
- The hierarchical online status of different groups of men will be explained – Sigmas / Alphas / Betas / Omegas.
  - The Push and Pull factors for people and the potential appeal of misogynist online influencers will be explored, along with the recent growth in online misogyny.
  - The potential links with online extremism.
- Interpreting Blood Test Results in Suspected Cancer**  
- 16<sup>th</sup> October 13:00 – 13:30 [book here](#)  
RM Partners have commissioned GatewayC to deliver cancer education for specific cancer areas to include:
- Bitesize education videos (7 mins max long)
  - Top Tips for referral
  - Online webinar ( hosted by GatewayC clinicians and delivered with RMP secondary & primary care clinicians)
- Immediate and necessary care for a wound to the lower leg module**  
- 22th October 12:00 to 14:00 [book here](#)  
For nurses and HCAs. Immediate and necessary care for a wound to the lower leg module. Delivered by a Clinical Nurse Specialist, covering immediate & necessary care & understanding the Red Flags & when to apply compression Via MS Teams  
All delegates will receive CPD certificate after the training.
- Chronic oedema management of the lower limb**  
- 24<sup>th</sup> October 12:00 to 14:00 [book here](#)  
For nurses and HCAs. Delivered by a Clinical Nurse Specialist, covering management of chronic oedema, stages of chronic oedema & selection of appropriate compression for managing the condition. All delegates will receive CPD certificate after the training.
- General practice nursing and pre-registration nursing students**  
- 14<sup>th</sup> November 13:00 – 14:00 [book here](#)  
A practice learning experience in general practice provides pre-registration nursing students with an opportunity to understand the complexities of primary care and gain a better understanding of the health journey of local communities. Students who have a placement in general practice are also more likely to consider working in primary care. **This session will focus on the opportunities and benefits of supporting pre-registration student nurses in general practice. There will also be an opportunity for discussion and questions.**

- For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.
- [Advanced Diabetes PITstop](#)
  - [Anticoagulation Training - New to anticoagulation](#)
  - [Mental Health First Aid](#)
  - [Interpreting ECG Training - New to Interpreting](#)
  - [Interpreting ECG Training - Refresher](#)
  - [Paediatric Phlebotomy](#)
  - [Ring Pessary](#)
- Supervisor courses**
- NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.
- [Multi-professional Supervisor Course](#) application form  
September Cohort – fully booked. Apply for the next available cohort.
  - [GP Supervisor Course](#) application form for February Cohort  
Complete the application form to be added to the waitlist for the next available cohorts.
  - [Pharmacy Educational Supervisor Training programme](#) – available via eLFH

## Useful links and Resources

- [Knowledge and Library Resources for GP and Practice Teams](#)
- [Greener NHS – Resources for a more sustainable NHS](#)
- [Survival Toolkit](#)
- [Supported Return to Training](#)
- [Podcast Learning Library](#)
- [Primary Care Resources](#)
- [GP Resources](#)
- [Webinar Recordings](#)

## Other Training / Webinars / Events

- Help us shape our new EDI improvement plan for primary care**  
NHS England is inviting colleagues from all four sectors of primary care, in both clinical and non-clinical roles, to help shape the new Equality Diversity Inclusion (EDI) Improvement Plan for primary care. We are hosting a number of virtual engagement sessions where you can hear about the work underway. During these sessions, you will have the opportunity to contribute to this exciting piece of work, share your reflections and help to co-design and shape this new national resource. You can register for one of two dates:  
- [2 October 2024, 1.00-2.30pm](#)  
- [7 November 2024, 12.00-1.30pm](#)  
If you have any questions, please contact the EDI team at [england.nationaleditteam@nhs.net](mailto:england.nationaleditteam@nhs.net).
- Safe Prescribing in Frailty: Tackling Overuse & Anticholinergic Risks**  
- 9<sup>th</sup> October 12:00 to 14:00 [register here](#)  
In this session we will examine medicines overuse in patients living with frailty with particular reference to the dangers of anti-cholinergic medicines and cognitive impairment. We will use case-based discussions to highlight tools, resources and strategies to reduce risk of medication related harms and overprescribing in frailty
- Polypharmacy: medicines and the risk of falls in older people lunchtime masterclass**  
- 10<sup>th</sup> October, 12:00 to 13:30 [Register here](#)  
Open to GPs, Pharmacists, Nurse prescribers and other interested health professionals this webinar will cover:
- The importance of medication in falls causation.
  - How medication reviews can reduce the risk of falls.
  - Information and guidance that can be used when conducting a falls related medication review.
- Developing an EDI Plan for Primary Care Listening Events**  
- Trainees & students - 10<sup>th</sup> Oct 13:00 to 15:00 [register here](#)  
- International recruits - 16<sup>th</sup> Oct 13:00 to 15:00 [register here](#)  
The aim is to publish a final, co-designed EDI Improvement Plan for Primary Care in September 2025.
- Get Online Week**  
- 14<sup>th</sup> to 20<sup>th</sup> October  
The UK's largest digital inclusion campaign with the aim of helping people discover the benefits of being online and build their confidence in using the internet.  
Just during this week if there is interest from GP surgeries, we can run additional online sessions to cater to your unique community needs that will allow attendees to experience and understand the benefits of getting online. The purpose of this is to support the fact that everyone deserves an equal opportunity to benefit from being online - and that free support is out there.  
[If you would like to host a collaborative session for your patient communities, please contact katarina.duriso@nhs.net and we will put you in touch with the relevant team.](#)
- NHS NW London co-production training**  
- 14th & 28th October from 9:30 to 12:00 on both days [book here](#)  
Training is split over 2 half days in which you will get:
- an overview of co-production
  - an understanding of the positive benefits/outcomes achieved through implementing an asset-based approach
  - practical approaches and techniques to support/enable/deliver co-production in partnership with NW London populations
  - exploration of practical considerations such as planning, timescales, asset/stakeholder mapping and evaluation
  - practical examples on how to approach difficult decision-making without losing power-sharing principles.
- Helping patients learn how to access healthcare information and services online with this series of virtual learning events find out more via [the flyer](#), or book below;**  
- 17<sup>th</sup> October from 18:30 to 19:30 – [book here](#)  
- 28<sup>th</sup> November from 18:30 to 19:30 – [book here](#)
- PCN Respiratory Study Day 2024**  
- 23<sup>rd</sup> October at Cavendish Conference Centre [Register now](#)  
This is a free CPD evening dedicated to advancing practice of nurses.  
Improving respiratory health is a key responsibility for all nurses working in primary care settings, and is a field with a constantly evolving body of evidence. PCN Respiratory will provide you with the latest developments in the field to use in your day-to-day practice.  
Highlights of the programme include updates on asthma, respiratory prescribing, improving COPD management, and how ecotherapy can help adults and children with respiratory conditions.
- SRH Essentials for Primary Care**  
- 16<sup>th</sup> November, online, 8:30 – 16:30 [Register here](#).  
This one day virtual course covers the following:
- Develop the skills and confidence to consult with patients about their sexual and reproductive healthcare needs
  - Recommend an appropriate method of emergency contraception
  - Review the COC, POP and injection contraceptive methods
  - Carry out sexual health risk assessments
  - Identify when patients are at risk of STIs
- \*please note this training is £170pp and is not funded via NWL TH. You can seek funding locally from PCN funds, your practice or self-fund.
- GatewayC upcoming webinars**  
[GatewayC](#) is the free early cancer diagnosis resource specifically for primary care, fully funded by the NHS. They provide accessible, innovative, and tailored information across a range of formats and are running a series of webinars in collaboration with Agilio | Clarity.  
- 20th November, 7pm - 8pm: [Endometrial Cancer](#)  
- 4th December, 7pm - 8pm: [Head and Neck cancer](#)
- Immunities webinars**  
- Various dates and sessions from September 24 to January 25  
Immunities in primary care in London can access immunisation training. The series of webinars are designed to support immunisers to fulfil the requirement for annual immunisation updates and are free to access. [Find more information including dates here.](#)
- Workforce Planning & Transformation Training Available**  
The Workforce Planning Team at NHS England would like to share their new Workforce Planning & Transformation Training Offer Brochure which provides details and all information required on how to apply for the variety of free training on offer.  
[Click here to view and download brochure.](#)
- Polypharmacy Action Learning Set workshops**  
[Cohort twenty-one](#) – 16 Oct, 6 Nov, 20 Nov  
[Cohort twenty-one](#) – 13 Nov, 27 Nov, 11 Dec  
[Cohort twenty-two](#) – 22 Jan, 5 Feb, 26 Feb 2025  
This Action Learning Set (ALS) will help build GP and prescribing health care professionals' confidence in, and understanding of, the complex issue surrounding and stopping inappropriate medicines safely.
- The National Capability Framework for the care of children and young people with asthma**  
**ALL staff** need to do this training. All Modules are free and are accessed via the link here; <https://www.e-lfh.org.uk/programmes/children-and-young-peoples-asthma/>. View the [list of Tiers](#) to see what level of training you require.

## SSSA Training and Update

**SSSA Training, 2 day online course**  
This is a course for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who are interested in supporting learners in practice. Delegates must attend both dates to successfully finalise training.  
**Cohort 3:** [Book here](#) – fully booked – waitlist available  
Day 1 – Mon 25th November 09:00 – 15:30  
Day 2 – Mon 16th December 09:00 – 14:00

**SSSA Annual Update**  
- 11<sup>th</sup> October 9:00 to 11:30 – [Book here](#)  
- 17<sup>th</sup> October 9:00 to 11:30 – [Book here](#)  
- 14<sup>th</sup> November 9:00 to 11:30 – [Book here](#)

This course is suitable if you have already attended mentorship preparation training (e.g. ENB 998).  
This update provides a refresher of the knowledge, skills and behaviours needed to support learners to become outstanding nurses and midwives.

## Enhanced Services

- Update Diabetes PitStop For Nursing staff**  
This update is for nurses who have already attended the foundation course.  
- Wednesday 16<sup>th</sup> October 2024 09:00 – 13:00 [Apply here](#)
- Advanced Diabetes Course**  
For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.  
GPs – please be sure to provide a summary of your diabetes related work undertaken.  
[Express your interest here](#)
- Diabetes Foot Care**  
Face to Face: The Irish Cultural Centre, Hammersmith  
- 24th October 2024 from 9:15 – 16:30 - [Book here](#)
- HCA Diabetes training**  
2 dates available, training is online you only need to attend one session.  
- 11<sup>th</sup> December 2024, 08:50 to 16:00 – [book here](#)  
- 12<sup>th</sup> March 2025, 08:50 to 16:00 – [book here](#)  
This training is for non-registered clinical staff, training can also be attended as an update for those HCAs who have already attended HCA diabetes training before and need a refresher.
- New to Anticoagulation**  
- 25<sup>th</sup> October 2024, 09:30 to 12:30 (online) – [book here](#)  
This training is for Nurses, Nursing Associates, Health Care Support Workers, Pharmacists and GP's. Anyone with a role in the monitoring of anticoagulation therapy
- Paediatric Phlebotomy**  
This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care Certificate. Criteria for attending the training:
- You must have completed and have been doing adult phlebotomy for 2 years
  - You must be working on behalf of the PCN
  - You must have a clinical supervisor
- Bookings will be approved and confirmed only if they meet the criteria above and there are spaces available, by applying via the links below you are not guaranteed a place on this training.  
- 3<sup>rd</sup> October from 9:00 – 14:00 [apply here](#)  
- 23<sup>rd</sup> October from 9:00 – 14:00 [apply here](#)  
- 12<sup>th</sup> November from 09:00 - 14:00 [book here](#)
- Interpreting ECG**  
Face to Face: The Irish Cultural Centre, Hammersmith  
- 11<sup>th</sup> November 2024 from 9:00 – 16:30 [book here](#)  
This training if for GPs and ACPs only.
- Refresher interpreting ECG**  
- 24<sup>th</sup> September 2024 from 9:30 to 11:00. Online [Register here](#)  
The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs. Open to GPs and ACPs who have attended the interpreting ECG course.
- Performing ECG Training**  
Face to face: Harrow Baptist Church Harrow.  
- 21<sup>st</sup> November from 09:15 - 16:30 [Register here](#)  
**This training is for those who have not done Performing ECG Training before.**  
**This training is for HCAs, GPs, pharmacists, nurses can attend if they require this training**
- Coil Fitting**  
There is a new Enhanced Service to provide the fitting of coils for non-contraceptive purposes. It is hoped that eventually every PCN will have a clinician that is able to fit coils for their PCN population. To find out full details please visit our website [here](#).

## ARRS Training Offers

- Red Whale Live Day**  
- 6<sup>th</sup> November 10:00 to 16:00 – remote, [register here](#)  
Available to all clinical ARRS staff and will include:
- A one-day clinical update session – Covering updates in topic areas including CKD & Renal, Anticoagulation & DOACs, Respiratory & Asthma, Hypertension & AF & Heart Failure.
  - Access to Red Whales extensive learning resources for 12 months.
- Contact [jonathan.ord1@nhs.net](mailto:jonathan.ord1@nhs.net) if you have any questions.
- Diabetes Half Day update**  
Open to any ARRS clinical staff who have already completed a Foundation Programme. [Click here to find out more and express your interest](#) (EoI)  
Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.
- 2 or 4 Day Coaching Course**  
Open to ARRS Clinical Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches  
NWL Training Hub is supporting further new recruitment of the Personalised Care roles by funding a DES required PCI coaching course – either the 2 day or 4 day course dependant on the role.  
Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.
- Pitstop Foundation Level Diabetes Course**  
This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.  
Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.
- Mental Health in Primary Care Course for SRH Staff**  
NWL Training Hub has been working with the University of Hertfordshire to provide a new course around different areas of Mental Health within Primary Care and the patients they may interact with.  
Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.
- Suicide First Aid Lite for Personalised Care Roles**  
Open to Social Prescribing Link Workers, Health & Wellbeing Coaches & Care Coordinators.  
Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.