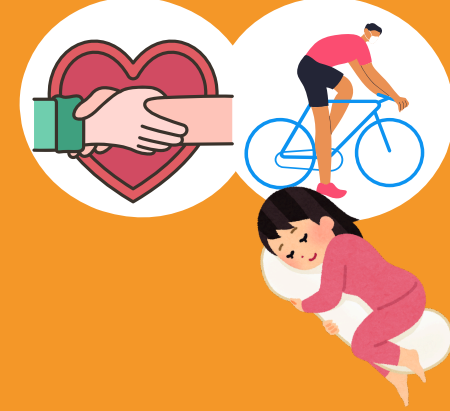




121 COACHING WESTMINSTER
 RESPONSIVE, INDIVIDUALISED CARE
 16 SESSIONS PER PATIENT
 ACTIVE IN ALL 4 PCNS
 GP ENGAGEMENT
 HIGH SATISFACTION STAFF & PTS
 ICB COLLABORATION
 LIFESTYLE MEDICINE IN ACTION
 CULTURE CHANGE
 "JUST LISTENING"



PERSONAL
 CONNECTION
 SELF-CARE

HOPE
 SUPPORT
 HOLISTIC

ENCOURAGEMENT
 MOTIVATION
 LISTENING

EDUCATION
 POSITIVE
 PSYCHOLOGY
 RELATIONSHIP



HEALTH & WELLBEING
 COACHING
 WESTMINSTER

LEGACY
 COMPASSION
 CONFIDENCE

ESTEEM
 AWARENESS
 CHALLENGE

PARTNERSHIP
 EMPOWERMENT
 CHANGE

