NWL Training Hub

Newsletter

w/c 6th January 2025

News and Updates



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ECG Interpretation training for nurses

- 24th January, 10:00—13:00 @ The Irish Cultural Centre, W6 9DT book here

The session will cover:

• What is an ECG.

• How a trace is produced. • Identifying red flags.

Personalised Care Networking Event - 7th February 10:00 –15:00 @ St Mary's Church Marylebone, W1H 1PQ register here

The personalised care networking event, is bringing together the 3 additional roles in primary care (Social Prescribers, Health and Wellbeing Coaches and Care Co-ordinators) with an opportunity to network, promote offers to the roles and training opportunities.

The day will include exciting presentations on Integrated Neighbourhood working (INTs); Shared Decision Making (SDM), making Every Contact Count and limited slots for onsite massage as well as workshops on personal wellbeing. View agenda here. Please register by the 22nd January to secure your place. For any questions, please email: nhsnwl.ipplannedcare@nhs.net

- 12th February 2025 10:30 – 13:30 in person @ The Irish Cultural Centre, W6 9DT express your interest here Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches only.

Intro to support options for individuals with no recourse to public funds

Managing Expectations, Boundaries, and Conflict

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches only.

- Wednesday 22nd January 4-6pm - for 8 weeks Book here

- Monday 20th January 4-6pm – for 8 weeks book here

Burnout Group – Keeping Well - 6 consecutive weeks starting on 5th February 13:30—15:00. To join complete this self-referral form and select the option "Join a Burnout Group". Feeling overwhelmed? Is work stress affecting your mental health and leading to you feeling burnt out? Keeping Well will be facilitating the Burnout Group which will

Join Peter Helmer, NHS mindfulness practitioner with the Keeping Well service for an eight week MBSR programme, free to join for all staff. MBSR is an 8-week training programme that can help us better understand how stress manifests in our day to day lives and how mindfulness can help. There is further information about mindfulness and resources for relaxation here.

be running for 6 consecutive weeks, starting on Wednesday 5th February, 1:30 – 3pm.

The sessions will incorporate Cognitive-Behavioural Therapy (CBT) and Acceptance and Commitment Therapy (ACT) protocols as a means of promoting positive wellbeing using psychological techniques, reflective exercises and group discussions. There are a limited number of spaces for this group. If you would like to join, you can use the self-referral form and select the option "Join a

Burnout Group". A brief assessment call will be conducted with those interested in joining to ensure the group is a suitable support. Please note that this is a closed group and attendees are encouraged to attend every session. **Gynaecological cancers: Red flags and practical tips**

Child Protection Information System training - 5th February 2025 12:00 13:00 Join the meeting now

- 6th February 2025 12:00 13:00 Join the meeting here Please note this is IMPORTANT. This is about access to the new Child Protection Information System. It is especially important that all Safeguarding Leads in each Practice are aware of it and know

- 15th January 12:45—13:30 register here

Immunisation Webinar Series - 10th to 13th March 18:00—19:00 book here Join PCN in March for a new series of free, easy to access webinars, aimed at giving primary care nurses an essential update on immunisation

The series will run online for an hour, include a live Q&A with speakers each night from Monday 10th - Thursday 13th from 6pm each day.

Study Days Immunisation Webinar REGISTER sanofi Wvalneva HERE 10-13 March 2025 6PM

SystmOne Registration & Demographic Details - 10th January, 12:00 - 13:30 Book here

Expressions of Interest forms

NWL Training Hub Webinars

Safeguarding Webinars Please join our 1 hour Online Safeguarding webinars. A certificate of attendance will be

here by selecting the date from the drop down. FGM / Breast Ironing / Flattening — 27th February 2025 - 11:30-12:30 Book here Substance Misuse to Addiction— 12th March 2025 - 13:00-14:00 Book here **Young People effected by Intimate partner abuse** -26^{th} March 2025 13:00-14:00 Book

- 26th February 2025 12:30 – 13:30 book here This webinar will inform general practitioners of the common shoulder and elbow problems they may encounter in primary care. Learn practical strategies for identifying

and addressing these problems to ensure optimal patient outcomes. Early referral criteria and types of shoulder injections are two of the topics that will be covered.

For queries about any of the above webinars please contact nwl.traininghub@nhs.net

Adult Phlebotomy

- 23rd January 2025 9:15 – 16:00 Book here in person @ Harrow Baptist Church, HA1 1BA

This face to face session has been developed to allow learners the opportunity to practice

their skills on high quality simulated arms.

- 25th February 2025, 13:30 – 16:30 book here

This training is open to all trained Nursing and Pharmacist Immunisers. This training will be conducted over 3 hours online. Please note: Travel Health Updates for experienced practitioners only offering travel immunisations already. This session does not cover seasonal vaccines. Find out more

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course. GPs - please be sure to provide a summary of your diabetes related work undertaken. Express your interest here

HCA Diabetes training

This training is for non-registered clinical staff, training can also be attended as an update for those HCAs who have already attended HCA diabetes training before and need a refresher.

This session is aimed at HCAs who have some basic knowledge and experience of would care and wish to extend their skills to be able to perform suture and staple removal and take a swab correctly

- 27th February 2025 9:15 – 16:30 book here in person @ Harrow Baptist Church, HA1 1BA

New to Anticoagulation

Advanced Wound Care Training

- 17th January 2025, 09:00 to 12:00 book here - 17th January 2025, 14:00 to 17:00 book here

Interpreting ECG - Foundation

This training if for GPs and ACPs only. Please be aware this is not a refresher. **Performing ECG Training**

This training is for HCAs. GPAs, pharmacists, nurses can attend if they require this training

Essentials of Menopause Care - 11th January 2025, 10:00 to 14:00. In person @ St Stephens Centre Chelsea &

This Training is for GPs, nurses & physician's associates. Spaces are limited to 3 per borough. A half-day course to help you develop the skills and confidence to consult with patients

about perimenopause, menopause, and their care needs. Aimed specifically at doctors,

nurses, and physician's associates working in primary care settings, this course may act as

an ideal starting point for many, while also providing a useful update for more experienced staff.

Ring Pessary Training Update

- 28th January 2025 10:00 – 11:00 <u>book here</u>

presentations, as well as time for discussion and quizzes, delivered in person by local leads in Menopause Lead and Consultant in Sexual Health & Contraception.

Please email: katarina.durisova@nhs.net, if interested in this course. Please include the

This is an update for those who have finalised their ring pessary training in the past.

name of the borough, PCN and practice where you work in your email.

training in this area. Find out more and register your interest

and Reproductive Healthcare to enable those working in primary care to manage consultations about contraception and STIs with confidence. This is suitable for Nurses & AHPS who have been working in primary care but have only undertaken a small amount of

- 7th March 2025 9:00 – 13:00 express your interest here The course will be open to Clinical ARRS roles ONLY. Clinical ARRS roles include Pharmacists, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate,

Intro to support options for individuals with no recourse to public funds

your interest here Coaches only.

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches only.

funding a DES required PCI coaching course – either the 2 day or 4 day course dependant

Pitstop Foundation Level Diabetes Course

NWL Training Hub is supporting further new recruitment of the Personalised Care roles by

Staff who wish to attend must either complete the EoI or email Jon Ord with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Podiatrists, FC Physios & Advanced Clinical Practitioners.

2 or 4 Day Coaching Course Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing

Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.

Email, Role, GP Practice, PCN, Borough, Employer. This course is now open to any ARRS clinical staff including Pharmacists, Paramedics,

- 5th March 2025 9:30 – 13:00 in person @ The Irish Cultural Centre, W6 9DT express your interest here Practice free Mindfulness Based Stress Reduction (MBSR) with Keeping Well

Immunisers webinars - Legal aspects for safe vaccine administration - consent and medicines management - 9th January, 9:30—10:30 book here Immunisers webinars - Legal aspects for safe vaccine administration - consent and medicines management - 9th January, 13:00—14:00 book here

Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you

GP Supervisor Course Application form Complete the application form to be added to the waitlist for the next available cohorts.

Useful links and Resources

Pharmacy Educational Supervisor Training programme – available via eLFH

<u>Greener NHS – Resources for a more sustainable NHS</u> **Survival Toolkit**

Webinar Recordings Other Training / Webinars / Events

Supported Return to Training Podcast Learning Library

Primary Care Resources

GP Resources

training via nhs.nwl.servicedesk@nhs.net or call 0203 350 4050. January 2025 dates: SystmOne Reporting - Basic & Advanced - 14th January, 10:00 - 12:30 Book here

SystmOne for Beginners (Practice & PCN staff) - 16th January, 10:00 - 12:00 Book here SystmOne Document Management (Scanning) - 16th January, 10:00 - 12:00 Book here SystmOne GP2GP - 20th January, 12:00 - 13:00 Book here

- 9th January, 9:30—10:30 book here

- 9th January, 13:00—14:00 book here

- 14th January 9:30—10:30 book here

SystmOne Recoding - 31st January, 10:00 - 11:00 Book here SystmOne - QOF Management - 31st January, 13:00 - 14:30 Book here Immunisers webinars - Legal aspects for safe vaccine administration - consent and medicines management

free to access. Find more information including dates here. Gynaecological cancers: Red flags and practical tips

Immunisers in primary care in London can access immunisation training. The series of webinars are designed to support immunisers to fulfil the requirement for annual immunisation updates and are

your questions direct to specialist, Ms Michelle Swer. In this session Dr (Marium) Shanaz Meeran, GP cancer lead, and Specialist Gynaecologist Michelle Swer, will cover red flags and barriers to patients suspected of gynaecological cancers. They'll also

bring practical tips for earlier diagnosis, like having a low threshold for CA125 tests and when to refer for pelvic/abdominal ultrasounds.

- Women at work: The power of apprenticeships - 6th Mar 2025 - Autism and Apprenticeships: This is my story - 3rd June 2025 Click here to book A fairer way to fund General Practice: Learning from LLR and Frimley ICSs

Polypharmacy as a Chronic Condition: Clinical and Ethical Approaches in Primary **Care and Mental Health**

- 15th of January 2025 from 12:00 to 14:00 register here Dr Waseem Jerjes and Imperial College Health Partners would like to invite you to attend our upcoming webinar. The session will focus on strategies for deprescribing in primary care and addressing mental health polypharmacy. The aims of this masterclass include redefining polypharmacy

medicine and a multidisciplinary approach in enhancing patient outcomes. For further information please contact amar.singh@imperialcollegehealthpartners.com **Polypharmacy Action Learning Set workshops** - Cohort twenty-two - 22 Jan, 5 Feb, 26 Feb 2025 This Action Learning Set (ALS) will help build GP and prescribing health care professionals' confidence in, and understanding of, the complex issue surrounding and stopping inappropriate medicines safely.

Identifying and managing cancer complications and late effects in the community -

and exploring its implications in primary care, with a focus on the ethical and psychological elements

of deprescribing, including shared-decision making. It will also address the challenges of evidence-

based strategies managing mental health polypharmacy while emphasising the role of personalised

knowledge do community/primary care professionals need and how can we develop these? What are the barriers you/your colleagues face implementing any training? What does our workforce need to look like to better support survivorship?

service/pathway in assisting reducing unnecessary referrals to secondary care. Email

Are you interested in improving experience and quality of survivorship care? What skills and

what do you need to know & how do you develop the skills?

- 27th January 2025, 12:00—12:30 book here Helen Mason, Community Cardiology Manager at Southport and Formby Health Ltd and Laura Smith from Technomed will share the benefits of Technomed's Holter and 12 lead ECG. Helen will discuss her

- Thursday 23rd January 2025 Book your place here

Beyond the practice: Exploring the future of GPs with an extended role - 29th January 2025, 12:30—13:30 book here This webinar will cover the establishment of the new GPwER training programme, strategies for

- Thursday 13th February 2025, 12:30 - 13:30 Register now here Did you know that health and care staff have easy and free access to key evidence resources and thousands of electronic journals and books?

training hub KPIs question 6 about use of knowledge resources. Members of the NHS Knowledge and Library Services team will give you a quick tour of what's available and how to access everything. Objectives: • Increase your understanding of the range of resources available

Join to find out more about the library services and resources that are available to staff in your primary care networks and how you can encourage people to make use of them. Get help to improve

• Have a detailed look at the Knowledge & Library Hub, ejournals and ebooks, BMJ Best Practice, Royal Marsden Manual and more! • Know how apply for (or reactivate) an NHS OpenAthens account • Know how to signpost others to these resources **Best Practice London & Women's Health Professional Care**

health topics, from basic HRT prescribing to complex management, ethnicity considerations, and the

impact of comorbidities. • CPD-Accredited Learning: Stay updated on essential clinical topics, including dermatology, respiratory and cardiovascular diseases, lifestyle medicine, mental health, and more.

-Various dates from 5th March – 16th May 2025 in person training book here This one-day training course is fully funded to ensure all IPC Practice Leads have the education and knowledge required to fulfil their role to lead and implement change. Topics covered will include:

• Standard and transmission based precautions applied to general practice Audit and Surveillance • MEG (Medial E-Governance) tool

Workforce Planning & Transformation Training Available The Workforce Planning Team at NHS England would like to share their new Workforce Planning & Transformation Training Offer Brochure which provides details and all information required on how to

GatewayC

RM Partners

North West London

In this session Dr (Marium) Shanaz Meeran, GP cancer lead, and Specialist Gynaecologist Michelle Swer, will cover red flags and barriers to patients suspected of gynaecological cancers. They'll also bring practical tips for earlier diagnosis, like having a low threshold for CA125 tests and when to refer for pelvic/abdominal ultrasounds.

how to access it. View event flyer here, this has further details and the links to 2 training sessions which will show you how to use this new system – please try and attend one of them and then disseminate the information to all staff in your practice.

Any questions please email: <u>Liz.Royle@nhs.net</u> or <u>o.agboola@nhs.net</u>

THIS WEEK

and influenza. Topics to be discussed in this CPD accredited series include: Respiratory syncytial virus; the current flu season, preventing

NWL TH Training

influenza via vaccination; and shingles.

provided when attending the FULL session this certificate can be counted towards your ly 3 Safeguarding annual update. Book 1 or more session using the links provided below or

Common Shoulder and Elbow Problems DATE CHANGE

Enhanced Services

Travel Health Updates

details about what is covered here. <u>Advanced Diabetes Course</u>

- 12th March 2025, 08:50 to 16:00 – book here

Diabetes Foot Care Training - 4th February 9:15 – 16:30 book here in person @ Harrow Baptist Church, HA1 1BA The course is for experienced HCSWs who will be assisting with diabetes reviews.

This training is for Nurses, Nursing Associates, Health Care Support Workers, Pharmacists and GP's. Anyone with a role in the monitoring of anticoagulation therapy

- 28th February 2025 09:00 to 16:00 <u>Book here</u> in person @ The Irish Cultural Centre, W6

- 29th January 9:15 – 16:30 book here in person @ The Irish Cultural Centre, W6 9DT

Westminster Hospital SW10 9NH

Designed to include an interactive programme with scenario-based learning,

SRH Essentials Course, CPD accredited A one-day training course for nurses & AHPs new to SRH designed by the Faculty of Sexual

ARRS Training Offers Clinical ARRS roles - NB Medical Abnormal Bloods session

- 12th February 2025 10:30 – 13:30 in person @ The Irish Cultural Centre, W6 9DT express Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Managing Expectations, Boundaries, and Conflict

- 5th March 2025 9:30 – 13:00 in person @ The Irish Cultural Centre, W6 9DT express your

Staff who wish to attend must either complete the EoI or email Jon Ord with your: Name,

Thank you from the NWL Training Hub Team

NW LONDON



For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged. Forms can all be found here

Multi-professional Supervisor Course Application form Complete the application form to be added to the waitlist for the next available cohorts.

Knowledge and Library Resources for GP and Practice Teams

would like to attend please complete the relevant application form.

Primary Care SystmOne Training Schedule These courses are run virtually, using Microsoft Teams by the Primary Care Systems Team. Please see the training schedule for full details. These courses can be booked via the NWL Learning Hub. Please contact the Primary Care Systems team if you have questions about this

SystmOne – Clinicians - 23rd January, 10:00 - 12:00 Book here SystmOne ICE Training - 24th January, 11:30 - 13:00 Book here

- 15th January 12:45 - 13:30 register here This free webinar, facilitated by GatewayC will allow you to refresh your cancer knowledge and ask

Time for Change: Webinars in 2025 - Genie Programme - The role of apprenticeships in tackling social mobility - 14th Jan 2025, 1PM - Using apprenticeship levy-transfer to promote social mobility - 7th Feb 2025

- 15th January 2025, 12:00—13:00 book here In this webinar, Leicester, Leicestershire and Rutland ICS and Frimley ICS will share their experience and mutual learning in developing a fairer way to fund general practice. They discuss what it may take for a better system to replace the current national GP funding model that has long been recognised as needing reform.

ECG On Demand

karen.pearson30@nhs.net with any queries about this event.

securing buy-in from commissioners, and the requirements for scaling up learning to achieve national change. Love Your NHS Library Service" Lunch and Learn

- 28th–29th February 2025 at Olympia London Register here What you can expect from the event; • Empowering Education for General Practice Teams: Sessions designed to support the development and education of the whole general practice team. • Women's Health in Focus: Bridging the knowledge gap with comprehensive coverage of women's

Infection Prevention and Control Training for NWL IPC Leads

Basic microbiology

• Community infection reviews • AMR and more...

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