Newsletter

w/c 27th January 2025

News and Updates



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NWL Training Hub Training Needs Analysis Nursing Survey 2025

We have put together a short online survey, which we would like to go out to all our nurses (Student Nursing Associates, Qualified Nursing Associates, GPNs and ANPs). I'm aware that you may have done your own local Training Needs Analysis, but we feel it's important to gather some specific information to support NWL training offerings, including how we spend the centrally allocated CPD Funding.

This is to shape some of the NWL future training opportunities, rather than offer what we think would be a good idea but it's also to capture some extra workforce information. We would really value a summary of your local TNA results too, as all the feedback we can gather from

our nurses will help when negotiating NWL funding and will support our bids for training money. Thank you for your support. The survey is for all nurses working in North West London Primary Care (Student Nursing Associates, Qualified Nursing Associates, GPNs and ANPs)

Quick to complete

A chance to have your say Shape your future

The chance to win a £50 Amazon Voucher (winner to be picked at random)

Complete the survey here; https://9ks5ywnpftb.typeform.com/to/pjJzDUSY or click the flyer to the right to enlarge.

Nursing

NWL Training Needs Analysis Survey 2025

ease complete the survey NOW by clicking th

The survey will close on 7th February 2025 https://9ks5ywnpftb.typeform.com/to/pjJzDUSY

- 30th September, 9:15 – 16:30 book here in person @ Harrow Baptist Church, HA1 1BA This training is for HCAs. GPAs, pharmacists, nurses can attend if they require this training

Performing ECG Training new dates

Travel Health Updates new dates - 25th February 2025, 13:30 – 16:30 book here

- 6th March, 9:15 – 16:30 book here in person @ Harrow Baptist Church, HA1 1BA

- 5th June 2025, 13:00 – 16:00 book here

- 23rd October 2025, 13:00 – 16:00 book here

This training is open to all trained Nursing and Pharmacist Immunisers. This training will be conducted over 3 hours online. Please note: Travel Health Updates for experienced practitioners only offering travel immunisations already. This session does not cover seasonal vaccines. Find out more details about what is covered here.

Adult Phlebotomy new dates - 19th March, 9:15 – 16:30 book here in person @ Harrow Baptist Church, HA1 1BA

- 28th May, 9:15 – 16:30 book here in person @ Harrow Baptist Church, HA1 1BA

- 28th August, 9:15 – 16:30 book here in person @ Harrow Baptist Church, HA1 1BA

- 30th October 9:15 – 16:30 book here in person @ Harrow Baptist Church, HA1 1BA This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

UTI Training

- 13th February, 12:00—14:00 book here Join us for an engaging online training session hosted by Jane Young, a Nurse Consultant from the Bladder and Bowel Service, designed to expand your understanding of urinary tract infections

(UTIs) and the critical role hydration plays in their prevention.

This clinician-led session will cover essential topics, including: • UTI prevention strategies • Understanding E. coli (What it is and its role in infections)

if you would like to attend these dates please complete this application form before Monday 24th February. If you have any questions about this please email nwl.traininghub@nhs.net

 Prevention techniques • The diagnostic process

• Symptom identification

Multi-professional Supervisor Course - April Cohort Dates The next cohort dates are all on Thursdays - 24th April, 8th May, 15th May & 5th June 2025

University of Greenwich.

GP Assistant Programmes Update—London Training Hubs Structured Education Programme – Operated by SE London Training Hub and

Calling Chronic Pain Management Practice Pharmacists and PCN staff

Cohort 7 will begin on the 26th March if you would like all of the dates for this cohort or you have other questions about this please contact gpa@seltraininghub.co.uk.

- March 11th and 25th 2025, 13:00—16:00 please register for both dates: <u>Session 1 - 11th March</u> and <u>Session 2 - 25th March</u> Managing chronic pain, particularly when discussing deprescribing, can be complex. Connect Health (NWL MSK Partnership provider) are offering an opportunity to enhance your approach with

evidence-based strategies designed to empower your patients in managing their pain more effectively. This tailored program for Practice Pharmacists and PCN staff will enable you to: • Develop a coaching approach to transform chronic pain management.

Recruitment for cohort 7 is underway. If you would like to attend please complete this application form and return it to gpa@seltraininghub.co.uk

• Communicate modern pain concepts and promote non-medication strategies. • Build confidence in patient engagement and health coaching skills.

THIS WEEK

- NWL Cervical Screening Update - 29th January, from 13:00 join here - SystmOne Recoding - 31st January, 10:00 - 11:00 Book here

- SystmOne - QOF Management - 31st January, 13:00 - 14:30 <u>Book here</u>

- Beyond the practice: Exploring the future of GPs with an extended role - 29th January, 12:30—13:30 <u>book here</u>

NWL TH Training

Safeguarding Webinars

Please join our 1 hour Online Safeguarding webinars. A certificate of attendance will be provided when attending the FULL session this certificate can be counted towards your ly 3 Safeguarding annual update. Book 1 or more session using the links provided below or

NWL Training Hub Webinars

FGM / Breast Ironing / Flattening— 27th February 2025 - 11:30-12:30 Book here

here by selecting the date from the drop down.

Substance Misuse to Addiction— 12th March 2025 - 13:00-14:00 Book here Young People effected by Intimate partner abuse —26th March 2025 13:00-14:00 Book here

- 13th February, 12:00—14:00 book here Join us for an engaging online training session hosted by Jane Young, a Nurse Consultant from the Bladder and Bowel Service, designed to expand your understanding of urinary tract infections (UTIs) and the critical role hydration plays in their prevention.

UTI Training

This clinician-led session will cover essential topics, including:

• Understanding E. coli (What it is and its role in infections) Symptom identification • Prevention techniques

• The diagnostic process

Common Shoulder and Elbow Problems - 26th February 2025 12:30 – 13:30 book here

• UTI prevention strategies

This webinar will inform general practitioners of the common shoulder and elbow problems they may encounter in primary care. Learn practical strategies for identifying and addressing these problems to ensure optimal patient outcomes. Early referral criteria

and types of shoulder injections are two of the topics that will be covered.

This training if for GPs and ACPs only. Please be aware this is *not a refresher*.

- 6th March 9:15 – 16:30 book here in person @ Harrow Baptist Church, HA1 1BA - 30th September 9:15 – 16:30 <u>book here</u> in person @ Harrow Baptist Church, HA1 1BA

For queries about any of the above webinars please contact nwl.traininghub@nhs.net

Enhanced Services Interpreting ECG - Foundation - 28th February 2025 09:00 to 16:00 <u>Book here</u> in person @ The Irish Cultural Centre, W6

This training is for HCAs. GPAs, pharmacists, nurses can attend if they require this training **Travel Health Updates new dates**

Performing ECG Training new dates

- 25th February 2025, 13:30 – 16:30 book here

- 5th June 2025, 13:00 – 16:00 book here - 23rd October 2025 13:00 – 16:00 book here This training is open to all trained Nursing and Pharmacist Immunisers. This training will be conducted over 3 hours online.

Please note: Travel Health Updates for experienced practitioners only offering travel immunisations already. This session does not cover seasonal vaccines. Find out more

Adult Phlebotomy new dates - 19th March, 9:15 – 16:30 <u>book here</u> in person @ Harrow Baptist Church, HA1 1BA - 28th May, 9:15 – 16:30 book here in person @ Harrow Baptist Church, HA1 1BA

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their skills on high quality simulated arms.

- 12th March 2025, 08:50 to 16:00 – book here

details about what is covered here.

Advanced Diabetes Course For GPNs and Pharmacists – you must have attended the foundation course before

GPs – please be sure to provide a summary of your diabetes related work undertaken.

This training is for non-registered clinical staff, training can also be attended as an update

for those HCAs who have already attended HCA diabetes training before and need a **Diabetes Foot Care Training**

attending this advanced course.

Express your interest here

HCA Diabetes training

- 4th February 9:15 – 16:30 book here in person @ Harrow Baptist Church, HA1 1BA The course is for experienced HCSWs who will be assisting with diabetes reviews.

- 27th February 2025 9:15 – 16:30 <u>book here</u> in person @ Harrow Baptist Church, HA1 1BA

This session is aimed at HCAs who have some basic knowledge and experience of would

care and wish to extend their skills to be able to perform suture and staple removal and

SRH Essentials Course, CPD accredited A one-day training course for nurses & AHPs new to SRH designed by the Faculty of Sexual and Reproductive Healthcare to enable those working in primary care to manage

take a swab correctly

Advanced Wound Care Training

consultations about contraception and STIs with confidence. This is suitable for Nurses & AHPS who have been working in primary care but have only undertaken a small amount of training in this area. Find out more and register your interest **Advanced Diabetes Course**

For GPNs and Pharmacists – you must have attended the foundation course before

GPs - please be sure to provide a summary of your diabetes related work undertaken.

ARRS Training Offers

attending this advanced course.

Express your interest here

GP Assistant Programmes Update—London Training Hubs Structured Education Programme - Operated by SE London Training Hub and University of Greenwich. Recruitment for cohort 7 is underway. If you would like to attend please complete this application form and return it to gpa@seltraininghub.co.uk Cohort 7 will begin on the 26th March if you would like all of the dates for this cohort or you have other questions about this please contact gpa@seltraininghub.co.uk.

Intro to support options for individuals with no recourse to public funds - 12th February 2025 10:30 – 13:30 in person @ The Irish Cultural Centre, W6 9DT express your interest here

2 or 4 Day Coaching Course

Pitstop Foundation Level Diabetes Course

Coaches only.

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches only. Managing Expectations, Boundaries, and Conflict - 5th March 2025 9:30 – 13:00 in person @ The Irish Cultural Centre, W6 9DT <u>express your</u> interest here

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing

Coaches NWL Training Hub is supporting further new recruitment of the Personalised Care roles by funding a DES required PCI coaching course - either the 2 day or 4 day course dependant

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing

Staff who wish to attend must either complete the EoI or email Jon Ord with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners. Staff who wish to attend must either complete the EoI or email Jon Ord with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics,

NW LONDON



Thank you from the NWL Training Hub Team

Supervisor courses

Forms can all be found here

GP Supervisor Course <u>Application form</u>

GP Resources

Webinar Recordings

Expressions of Interest forms

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form. Multi-professional Supervisor Course Application form The next cohort dates are all on Thursdays - 24th April, 8th May, 15th May & 5th June 2025

Complete the application form to be added to the waitlist for the April cohort or any future cohorts.

Complete the application form to be added to the waitlist for the next available cohorts.

For some training we don't currently have training dates arranged, if this is training you would like

demand. Those who have expressed interest will also be notified when dates are arranged.

please complete the relevant expression of interest form and we will be able to run training based on

Pharmacy Educational Supervisor Training programme – available via eLFH

Useful links and Resources

Knowledge and Library Resources for GP and Practice Teams Greener NHS – Resources for a more sustainable NHS **Survival Toolkit**

Supported Return to Training **Podcast Learning Library Primary Care Resources**

Other Training / Webinars / Events

- 6th February 2025 12:00 13:00 Join the meeting here Please note this is IMPORTANT. This is about access to the new Child Protection Information System. It is especially important that all Safeguarding Leads in each Practice are aware of it and know how to

Child Protection Information System training -5th February 2025 12:00 13:00 Join the meeting now

View event flyer here, this has further details and the links to 2 training sessions which will show you how to use this new system - please try and attend one of them and then disseminate the information to all staff in your practice. Any questions please email: Liz.Royle@nhs.net or o.agboola@nhs.net

Burnout Group - Keeping Well

Case-Based Discussions

- 6 consecutive weeks starting on 5th February 13:30—15:00. To join complete this self-referral form and select the option "Join a Burnout Group". Is work stress affecting your mental health and leading to you feeling burnt out?

The sessions will incorporate Cognitive-Behavioural Therapy (CBT) and Acceptance and Commitment

Therapy (ACT) protocols as a means of promoting positive wellbeing using psychological techniques,

reflective exercises and group discussions. There are a limited number of spaces for this group. A brief assessment call will be conducted with those interested in joining to ensure the group is a suitable support. Please note that this is a closed group and attendees are encouraged to attend every session. Time for Change: Webinars in 2025 - Genie Programme - Using apprenticeship levy-transfer to promote social mobility - 7th Feb 2025 Click here to book

- 10th February 9:30—16:00 @ Wellington House, London, SE1 8UG book here Are you a digital and transformation lead working for in a GP federation or PCN? NHS E have set up

Digital Transformation Lead Networking Event 2025

- Women at work: The power of apprenticeships - 6th Mar 2025 Click here to book

- Autism and Apprenticeships: This is my story - 3rd June 2025 Click here to book

the second DTL networking event where you will have the chance to share best practice, explore innovative solutions, and build relationships with others in the field. View and download the flyer here. Fiendish Cases - Learning from Real Life Polypharmacy - Medicines Optimisation

This masterclass will help you to address the complexities of polypharmacy. Learn how to navigate ethical and clinical challenges while applying structured approaches to deprescribing and medication

reviews (SMRs). Explore practical solutions to managing complex cases, with real-world examples

covering frailty, dysphagia, and high-risk medications. Through engaging discussions and case studies,

you will explore tools and frameworks to refine your approach to polypharmacy whilst discussing best practices and resources for ongoing professional development in medicines optimisation. For further information please contact Amar Singh

The 2025 EPR Summit: Translating the National Mandate into Local Success - 12th February, 8:30—17:00 in person @Convene 155 Bishopsgate, London register here This event brings together healthcare leaders, innovators, and decision-makers to see the evolving landscape of Electronic Patient Records (EPRs).

thousands of electronic journals and books?

- 12th February 2025, 12:00 to 14:00 Register here

Event Highlights: Networking Opportunities: Engage with over 400 senior stakeholders, including CIOs, CCIOs & Digital Directors from across the UK. • Expert-Led Sessions: discussions on EPR strategies, system integration, data security & health equity. Innovative Solutions: Learn how technologies are transforming the healthcare digital landscape. "Love Your NHS Library Service" Lunch and Learn - Thursday 13th February 2025, 12:30 - 13:30 Register now here Did you know that health and care staff have easy and free access to key evidence resources and

Join to find out more about the library services and resources that are available to staff in your

Library Services team will give you a quick tour of what's available and how to access everything.

primary care networks and how you can encourage people to make use of them. Get help to improve training hub KPIs question 6 about use of knowledge resources. Members of the NHS Knowledge and

Objectives: • Increase your understanding of the range of resources available Have a detailed look at the Knowledge & Library Hub, ejournals and ebooks, BMJ Best Practice, Royal Marsden Manual and more!

Please find below **FREE** high quality bitesize learning resources developed and delivered in

collaboration with GatewayC, West London GP Cancer Leads and secondary care clinicians.

Register here to access RMP resources and more from GatewayC, from Screening to Diagnosis.

Cancer Bitesize Webinar series - Upper GI Cancers: What do Primary Care need to know? - 19th February, 12:45—13:30 register here - Urological Cancers: Red Flags and Practical Tips - 19th March, 12:45—13:30 register here - FIT Use and the Colorectal Cancer Pathway - 23rd April, 12:45—13:30 register here

• Know how apply for (or reactivate) an NHS OpenAthens account

• Know how to signpost others to these resources

Best Practice London & Women's Health Professional Care - 26th–27th February 2025 at Olympia London Register here What you can expect from the event; • Empowering Education for General Practice Teams: Sessions designed to support the development

• Women's Health in Focus: Bridging the knowledge gap with comprehensive coverage of women's health topics, from basic HRT prescribing to complex management, ethnicity considerations, and the

This will be the final ICHP hosted Community of Practice, focusing on: • Retrospective: What have we done 2022 to 2024? • Programme Wrap Up: What's upcoming until March 2025.

• Sustainability: How can we integrate principles in NWL? Please ensure you have a working camera and microphone, as this will be an interactive session. For further information and/or to get involved please contact Amar Singh.

Infection Prevention and Control Training for NWL IPC Leads

Basic microbiology

AMR and more...

Immunisation Webinar Series

-Various dates from 5th March – 16th May 2025 in person training book here This one-day training course is fully funded to ensure all IPC Practice Leads have the education and knowledge required to fulfil their role to lead and implement change. Topics covered will include:

• Standard and transmission based precautions applied to general practice • Audit and Surveillance • MEG (Medial E-Governance) tool • Community infection reviews

- 10th to 13th March 18:00—19:00 book here Join PCN in March for a new series of free, easy to access webinars, aimed at giving primary care nurses an essential update on immunisation

the current flu season, preventing influenza via vaccination; and shingles. Calling Chronic Pain Management Practice Pharmacists and PCN staff

based strategies designed to empower your patients in managing their pain more effectively. This tailored program for Practice Pharmacists and PCN staff will enable you to: Develop a coaching approach to transform chronic pain management.

apply for the variety of free training on offer. Click here to view and download brochure.

- March 12th, 12:00—13:30 register here Join **Dr. Graham Dunthorne** (Appraiser and Pain Physician, Connect Health) for an engaging webinar.

(NWL MSK Partnership provider) are offering an opportunity to enhance your approach with evidence-

Transformation Training Offer Brochure which provides details and all information required on how to

Workforce Planning & Transformation Training Available The Workforce Planning Team at NHS England would like to share their new Workforce Planning &

and education of the whole general practice team. • CPD-Accredited Learning: Stay updated on essential clinical topics, including dermatology, respiratory and cardiovascular diseases, lifestyle medicine, mental health, and more. 8th Polypharmacy CoP - 5th March 2025, 13:00—14:000 book here

and influenza. Topics to be discussed in this CPD accredited series include: Respiratory syncytial virus;

- March 11th and 25th 2025, 13:00—16:00 please register for both dates: Session 1 - 11th March and Session 2 - 25th March Managing chronic pain, particularly when discussing deprescribing, can be complex. Connect Health

Build confidence in patient engagement and health coaching skills. Rethinking Pain Management: A Practical Guide to Opioids in Chronic Non-Cancer Pain

Communicate modern pain concepts and promote non-medication strategies.

This interactive session covers a **NICE update** on **chronic pain treatments**, practical steps for reviewing high-risk prescriptions, strategies for positive patient consultations, and collaborative approaches to medicine tapering.

For further information please contact catherine.caldwell@imperialcollegehealthpartners.com