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## News and Updates

### Diabetes Foot Care Training new dates

- 12<sup>th</sup> June 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 2<sup>nd</sup> October 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
The course is for experienced HCSWs who will be assisting with diabetes reviews and covers:

- Terminology for Type 1 and type 2 diabetes
- Signs and symptoms risk factors and complications
- Basic A and P
- The 8 (9) Care Processes and the HCSW in monitoring
- Diabetes UK resources
- Referral for education (as per locality practice)
- Includes instruction and practice in undertaking diabetic foot assessment following FRAME guidelines.

### Essentials of Menopause Care

- 6<sup>th</sup> May 10:00–14:00 [book here](#) in person @ St Stephens Centre, Chelsea & Westminster Hospital, SW10 9NH  
This Training is for GPs, ANPs, nurses & physician's associates  
This half-day course aims to help you develop the skills and confidence to consult with patients about perimenopause, menopause, and their care needs. This course may act as an ideal starting point for many, while also providing a useful update for more experienced staff. Designed to include an interactive programme with scenario-based learning, presentations, as well as time for discussion and quizzes, delivered in person by local leads in Menopause Lead and Consultant in Sexual Health & Contraception.

### SRH Essentials

- 14<sup>th</sup> June 8:45–16:30 [book here](#) in person @ St Stephens Centre, Chelsea & Westminster Hospital, SW10 9NH  
This course is for GPs & Nurses, ANPs, PAs. SRH Essentials a course suitable for:  
• Primary care practitioners recently moved into the role and who have little or no experience in sexual and reproductive health  
• Those who have been working in primary care but have only undertaken a small amount of training in this area  
Topics covered;

- Sexual Health, Public Health, Contraception & Basic Clinical Skills
- Opportunity to develop the skills and confidence to assess:
  - When their patient is at risk of pregnancy
  - What method/s of contraception can be safely offered
  - When their patient needs emergency contraception
  - What method/s of emergency contraception can be safely offered
  - When their patient is at risk of STIs
- What tests to offer and how to manage the consultation

### Wound Care Training

- 8<sup>th</sup> May 9:15–16:30 [book here](#) in person @ The Irish Cultural Centre, W6 9DT  
- 12<sup>th</sup> Aug 9:15–16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 13<sup>th</sup> Nov 9:15–16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
This training is for HCSWs/HCA's who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

- What will be covered in the training
- Basic AP of skin, types of wounds and how they may be sustained.
  - Normal healing process and scars on a variety of skin types/colours.
  - Signs of infection.
  - Practical workshop including effective hand washing, aseptic and clean dressing changes.
  - Discussion re wound formulary (shared in some localities).
  - Role of HCSWs in following delegated procedures when competency gained.
  - Documentation and reporting concerns.
  - Learners identify types of wounds dressings can be used on/safe removal.

### Have you Hosted your Health and Wellbeing Practice Temperature check Yet?

Calling all NWL Practices, have you taken up this offer yet? Why not get the new year off to a Health and Wellbeing start by booking your slot for your practice, we have March, April and May slots available.

Contact Hillingdon Training Hub Team for more information [hillconfed.traininghub@nhs.net](mailto:hillconfed.traininghub@nhs.net) we can also host a PCN session for your Additional Roles.

You can also check out the [FAQs](#) if you have any queries.

**Brent = 3**  
**Ealing = 5**  
**H & F = 3**  
**Harrow = 4**  
**Hillingdon = 9**  
**Hounslow = 2**  
**West London = 2**

Having the staff all together, gave the feeling of belonging to the team and made them feel valued.  
NWL Practice Feedback

Each borough only has a limited number of places.  
If you would like to find out more information contact Hillingdon Training Hub Team on [hillconfed.traininghub@nhs.net](mailto:hillconfed.traininghub@nhs.net)

### ARRS Training Needs Analysis Survey

As part of NWL Training Hubs ARRS planning for the 2025-2026 fiscal year we have put together a short Typeform survey to assess the ARRS workforce about which training areas are needed – this includes showing courses that have been run this year and may need to be refreshed/continued as well as requests for new training areas. This will all form planning for the next fiscal year based on receiving funding – The more information I have helps inform the planning for the continued ARRS roles training support.  
Please complete the Typeform survey on the following link - <https://mmj6dzhmepg.typeform.com/to/jk75JVr6> - It should take approx. 5 mins to complete.  
Please submit by **Friday 21st February 2025**, thank you in advance for completing the survey.

### Physician Associates in Primary Care Preceptorship Application

We are sharing an update regarding the £5,100 education support funding available from NHS England to support Physician Associates (PA). This preceptorship funding has been confirmed in the last 2 weeks. The eligibility criteria for preceptorship funding has been expanded to include:

- All existing PAs in Primary Care who have not previously undertaken a preceptorship, including those in their first role.
- Employers seeking additional assurance for their PAs, even if they are not newly qualified, to help cover enhanced supervision costs.

The revised guidance also references the Royal College of General Practitioners guidance on PAs working in primary care.

Please find the [guidance here](#) and [download application form](#). Applications must include:

- Completed application form
- A copy of the PA's induction timetable
- A copy of the PAs weekly table (must include at least 1 dedicated session for education)
- Applications should be sent to the NWL PA Ambassador (Marie-Louise Turner) for review: [marie-louise.turner@nhs.net](mailto:marie-louise.turner@nhs.net)

Deadline for applications is **14th February 2025**. The funding available for preceptorships is limited and will be provided on a first come, first served basis. Successful applicants will receive further information on invoicing for the funds. Please note the Preceptorship funds have historically arrived in two stages.  
Those on Preceptorships will be expected to engage with the PA Ambassador and the support mechanisms provided by the NW London Training Hub, such as the PA Forum.

### Heidi Health For NW London

Heidi is a free scribe that writes your notes and documents just like you, saving you time, effort and headspace. This means no more typing during consultations or wracking your brain to remember the multiple problems. Heidi supports clinicians to focus on the patient, while she picks up the admin work.

Heidi is GDPR and NHS compliant, and has been cleared by the Digital, Data and Technology Team for use in North West London, so please feel free to have a look around and sign up [here](#) or find out more about how one GP Partner in Hammersmith and Fulham has found using Heidi in his practice [here](#).

### CLH Training Hub – Transgender Healthcare training dates

Central London Healthcare Training Hub will be hosting its fourth cohort of online trainings on 'Transgender Healthcare' via NWL Learning Hub for all staff. GP surgeries are the first point of call for many transgender and non-binary patients, and therefore they are responsible for day to day care including referrals, screening, monitoring and potential treatment. This is as well as the other health care issues they may present to GPs with. With the long waits for gender identity clinics and patients accessing treatment both privately and abroad there is an ever-increasing pressure faced by GPs and GP surgeries. Due to the lack of training, the complexities of these patients and limited access for advice from specialist services GPs can find it difficult to manage these patients appropriately. This can be reflected in Transgender patients experiences and satisfaction rates with the 2021 LGBT Patient Experience study finding that only 50% of trans patients felt their GP met their needs. These patients have higher rates of physical and mental health problems which can add to their complexity and emphasises the importance of improving the care given to them.

#### Transgender Healthcare training for Clinical Staff

- Session 1: 3rd March, 12:00 – 13:30
- Session 2: 10th March, 12:00 – 13:30

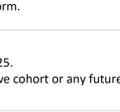
#### Transgender Healthcare training for Non-Clinical Staff

- Session 1: 31st March, 12:00 – 13:30
- Session 2: 7th April, 12:00 – 13:30

To register, please email: [ch.traininghub@nhs.net](mailto:ch.traininghub@nhs.net) to be sent a link to the training session. You will need to be registered on the NWL Learning Hub.

### LGBT+ History Month 2025 – Keeping Well

February is LGBT+ History Month and is an opportunity to celebrate achievements and support LGBTQ+ staff. This year's theme is Activism and Social Change, an opportunity to celebrate LGBTQ+ peoples' contribution to activism and creating social change towards a more inclusive society. More information on this year's theme and ways to get involved can be found here. The Keeping Well website has a dedicated webpage with resources and signposting information for LGBTQ+ staff. It also has guidance on how to support and empower LGBTQ+ colleagues.  
Get in touch with Keeping Well; Telephone: 0300 123 1705, Email: [keepingwell.nwl@nhs.net](mailto:keepingwell.nwl@nhs.net), [Complete a self-referral form](#)



### Cancer Community of Practice event

- 24th March, from 9:00 to 13:30 [book here](#) in person @ Central London Community Healthcare NHS Trust, W1D 3HZ  
The Cancer Community of Practice (COP) was launched in February 2023. It aims to support practice in primary care and community settings through collaboration, joint learning and education. The group is open to healthcare professionals with an interest in cancer working across primary care, community, secondary care and the third sector. We welcome opportunities to work collaboratively across boundaries to improve patient experience and outcomes. This face to face event features an exciting and interactive programme.  
[Find out more here including the full agenda for the day.](#)

### THIS WEEK

- Resilience & Burnout - 11 February 2025, 13:00–14:30 [book here](#)
- Drop-in Sessions to support employer registration with the National Foundation Trainee Pharmacist Recruitment Scheme - Wednesday 12 February, 11:00 – 11:45 [Join the meeting now](#)
- Fendish Cases - Learning from Real Life Polypharmacy - Medicines Optimisation Case-Based Discussions - 12<sup>th</sup> February 2025, 12:00 to 14:00 [Register here](#)
- UTI Training - 13<sup>th</sup> February, 13:00–14:00 [book here](#)
- "Love Your NHS Library Service" Lunch and Learn - Thursday 13<sup>th</sup> February 2025, 12:30 - 13:30 [Register now here](#)
- Drop-in Sessions to support employer registration with the National Foundation Trainee Pharmacist Recruitment Scheme - Thursday 13 February, 13:00 – 13:45 [Join the meeting now](#)

## NWL TH Training

### NWL Training Hub Webinars

#### Wellbeing Focussed Webinars with WorkWell Doctors

This series of webinars focuses on wellbeing and includes sessions on; resilience & burnout, rest & sleep, mental health, menopause and habits & physical activity.

- Resilience & Burnout - 11 February 2025, 13:00–14:30 [book here](#)
- Rest & Sleep - 18th February 2025, 13:00–14:30 [book here](#)
- Mental Health - 4th March 2025, 13:00–14:30 [book here](#)
- Menopause - 18th March 2025, 13:00–14:30 [book here](#)
- Habits & Physical Activity - 25th March 2025, 13:00–14:30 [book here](#)

#### UTI Training

- 13<sup>th</sup> February, 12:00–14:00 [book here](#)

Join us for an engaging online training session hosted by Jane Young, a Nurse Consultant from the Bladder and Bowel Service, designed to expand your understanding of urinary tract infections (UTIs) and the critical role hydration plays in their prevention.

This clinician-led session will cover essential topics, including:

- UTI prevention strategies
- Understanding E. coli (What it is and its role in infections)
- Symptom identification
- Prevention techniques
- The diagnostic process

#### Common Shoulder and Elbow Problems

- 26<sup>th</sup> February 2025 12:30 – 13:30 [book here](#)

This webinar will inform general practitioners of the common shoulder and elbow problems they may encounter in primary care. Learn practical strategies for identifying and addressing these problems to ensure optimal patient outcomes. Early referral criteria and types of shoulder injections are two of the topics that will be covered.

#### NWRS Portal- What is it & How to use it

- 20th Feb 13:00–14:00 [book here](#)

Open to all staff. Highly recommended for Practice and PCN managers.

#### Safeguarding Webinars

Please join our 1 hour Online Safeguarding webinars. A certificate of attendance will be provided when attending the FULL session this certificate can be counted towards your lv 3 Safeguarding annual update. Book 1 or more session using the links provided below or [here by selecting the date from the drop down](#).

#### FGM / Breast Ironing / Flattening—

27<sup>th</sup> February 2025 - 11:30-12:30 [Book here](#)

#### Substance Misuse to Addiction –

12<sup>th</sup> March 2025 - 13:00-14:00 [Book here](#)

#### Young People effected by Intimate partner abuse –

26<sup>th</sup> March 2025 13:00-14:00 [Book here](#)

For queries about any of the above webinars please contact [nwl.traininghub@nhs.net](mailto:nwl.traininghub@nhs.net)

## Expressions of Interest forms

For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.  
[Forms can all be found here](#)

## Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

#### Multi-professional Supervisor Course [Application form](#)

The next cohort dates are - 24<sup>th</sup> April, 8<sup>th</sup> May, 15<sup>th</sup> May & 5<sup>th</sup> June 2025.  
Complete the application form to be added to the waitlist for the above cohort or any future cohorts.

#### GP Supervisor Course [Application form](#)

Complete the application form to be added to the waitlist for the next cohorts.

[Pharmacy Educational Supervisor Training programme](#) – available via eLFH

## Useful links and Resources

- [Knowledge and Library Resources for GP and Practice Teams](#)
- [Greener NHS – Resources for a more sustainable NHS](#)
- [Survival Toolkit](#)
- [Supported Return to Training](#)
- [Podcast Learning Library](#)
- [Primary Care Resources](#)
- [GP Resources](#)
- [Webinar Recordings](#)

## Other Training / Webinars / Events

#### London Drop-in Sessions to support employer registration with the National Foundation Trainee Pharmacist Recruitment Scheme 2025

To recruit a foundation trainee pharmacist for the 2026-27 foundation training year, potential employers must register with the National Recruitment Scheme by 1 March 2025. The National Recruitment Scheme is the only route to employing a foundation trainee pharmacist; employers are unable to recruit trainees directly. Funding available to employers will be £26,500 per trainee per annum pro rata, across all sectors of practice.

If you have questions directly related to employing a foundation trainee pharmacist in 2026-27, or the process of registration with the National Recruitment Scheme, please join one of our on-line drop-in sessions, each intended as a Q&A.

- Wednesday 19 February, 13:00 – 13:45 [Join the meeting now](#)
- Monday 24 February, 14:00 – 14:45 [Join the meeting now](#)

#### A new curriculum for Health Economics and value-based care training

Various dates available for all of the following trainings: Foundation training in Health Economics & Value-based Care, Business case masterclass & Wrap-around learning events.  
[For all details including dates and what you can expect from this training can be found on this flyer.](#)

Following last year's successful delivery of our foundation training in Health Economics & Value-based Care we are pleased to announce a new suite of training and development opportunities for all staff who work within the NW London Integrated Care System who's role requires them to work with the concept of value and how to demonstrate it.

If you would like to sign up for any of the above training, or have any questions, please contact [matthew.harmer@nhs.net](mailto:matthew.harmer@nhs.net)

#### Cancer Bitesize Webinar Series

- Upper GI Cancers: What do Primary Care need to know? - 19<sup>th</sup> Feb, 12:45-13:30 [book here](#)
- Urological Cancers: Red Flags & Practical Tips - 19<sup>th</sup> Mar, 12:45–13:30 [register here](#)
- FIT Use and the Colorectal Cancer Pathway - 23<sup>rd</sup> April, 12:45–13:30 [register here](#)

Please find below FREE high quality bitesize learning resources developed and delivered in collaboration with [GatewayC](#), West London GP Cancer Leads and secondary care clinicians. [Register here](#) to access RMP resources and more from GatewayC, from Screening to Diagnosis.

#### National lipid management webinar - statins and beyond

- 26<sup>th</sup> Feb 13:00–14:00 [register here](#)

The National CVD Prevention Team at NHS England will be hosting this webinar, link and agenda will be shared closer to the time. Topics will include:

- The importance of optimal lipid management in the context of CVD Prevention
- National policy relating to lipid management
- Levers and drivers to improve lipid management at GP practice, PCN and ICB level
- Tools and resources to support frontline staff
- Dismissing myths and misconceptions in lipid management.

For queries, please contact [england.clinicalpolicy@nhs.net](mailto:england.clinicalpolicy@nhs.net) with subject: National lipid management webinar - statins and beyond.

#### Best Practice London & Olympia's Health Professional Care

- 26<sup>th</sup>-27<sup>th</sup> February 2025 at Olympia London [Register here](#)

What you can expect from the event;

- Empowering Education for General Practice Teams: Sessions designed to support the development and focus of the whole general practice team.
- Women's Health in Education: Bridging the knowledge gap with comprehensive coverage of women's health topics, from basic HRT responding to complex management, ethnicity considerations, and the impact of comorbidities.
- CPD-Accredited Learning: Stay updated on essential clinical topics, including dermatology, resp & cardiovascular diseases, lifestyle medicine, mental health & more.

#### 8th Polypharmacy CoP

- 5<sup>th</sup> March 2025, 13:00–14:00 [book here](#)

This will be the final ICHP hosted Community of Practice, focusing on;

- Retrospective: What have we done 2022 to 2024?
- Programme Wrap Up: What's upcoming until March 2025.
- Sustainability: How can we integrate principles in NWL?

Ensure you have a working camera and microphone, as this will be an interactive session. For further information and/or to get involved please contact [Amar.Singh](mailto:Amar.Singh).

#### Infection Prevention and Control Training for NWL IPC Leads

- Various dates from 5<sup>th</sup> March – 16<sup>th</sup> May 2025 in person training [book here](#)

This one-day training course is fully funded to ensure all IPC Practice Leads have the education and knowledge required to fulfil their role to lead and implement change. Topics covered will include:

- Basic microbiology
- Standard and transmission based precautions applied to general practice
- Audit and Surveillance
- MEG (Medial E-Governance) tool
- Community infection reviews
- AMR and more...

#### Time for Change: Webinars in 2025 - Genie Programme

- Women at Work: The power of apprenticeships - 6<sup>th</sup> Mar 2025 [Click here to book](#)
- Autism and Apprenticeships: This is my story - 3<sup>rd</sup> June 2025 [Click here to book](#)

#### Immunisation Webinar Series

- 10<sup>th</sup> to 13<sup>th</sup> March 18:00–19:00 [book here](#)

Join PCN in March for a new series of free, easy to access webinars, aimed at giving primary care nurses an essential update on immunisation and influenza. Topics to be discussed in this CPD accredited series include: Respiratory syncytial virus; the current flu season, preventing influenza via vaccination; and shingles.

#### Calling Chronic Pain Management Practice Pharmacists and PCN staff

- March 11<sup>th</sup> and 25<sup>th</sup> 2025, 13:00–16:00 please register for both dates: [Session 1 - 11<sup>th</sup> March](#) and [Session 2 - 25<sup>th</sup> March](#)

Managing chronic pain, particularly when discussing deprescribing, can be complex. Connect Health (NWL MSK Partnership provider) are offering an opportunity to enhance your approach with evidence-based strategies designed to empower your patients in managing their pain more effectively.

This tailored program for Practice Pharmacists and PCN staff will enable you to:

- Develop a coaching approach to transform chronic pain management.
- Communicate modern pain concepts and promote non-medication strategies.
- Build confidence in patient engagement and health coaching skills.

#### Rethinking Pain Management: A Practical Guide to Opioids in Chronic Non-Cancer Pain

- March 12<sup>th</sup>, 12:00–13:30 [register here](#)

Join Dr. Graham Dunthorne (Appraiser and Pain Physician, Connect Health) for an engaging webinar. This interactive session covers a NICE update on chronic pain treatments, practical steps for reviewing high-risk prescriptions, strategies for positive patient consultations, and collaborative approaches to medicine tapering.

For further info contact [gatherne.caldwell@imperialcollegehealthpartners.com](mailto:gatherne.caldwell@imperialcollegehealthpartners.com)

#### 12<sup>th</sup> Pharmacy and PCN Staff Infection Prevention and Control Masterclass

- 12<sup>th</sup> March, 12:00–13:30 [register here](#)

What will be covered?

- Parkinson's disease, the basics.
- Parkinson's and Polypharmacy - red flag medicines, medicines to think about carefully, when specialists need to be involved.
- Parkinson's in care home patients.
- Case study learning.

If you have a questions contact: [healthinnowest.polypharmacyprogramme@nhs.net](mailto:healthinnowest.polypharmacyprogramme@nhs.net)

#### Polypharmacy and Learning Disabilities Lunchtime Masterclass

- 20<sup>th</sup> March, 12:00–13:30 [register here](#)

People with a learning disability die 20 years younger than others and are often given multiple medications, including being 16 times more likely to be prescribed psychotropic medications. Stopping over medication of people with a learning disability and autistic people and supporting treatment and appropriate medication in paediatrics are everyone's business, and this masterclass will focus on your role in supporting with structured, holistic and person-centred medication reviews.

If you have a questions contact: [healthinnowest.polypharmacyprogramme@nhs.net](mailto:healthinnowest.polypharmacyprogramme@nhs.net)

#### NHSE London: Digital Education Showcase

- 26th March 10:00–16:00 [find out more and submit proposal here](#)

The Workforce Training and Education Directorate is delighted to invite you to an exciting virtual event on Wednesday 26th March 2025. The day will run from 10:00-16:00 online (MS Teams) and in person at 10 South Colonnade, Canary Wharf. The aim of the day is to showcase novel and innovative projects in delivering education using digital technology. We are inviting proposals from providers, departments and individuals of all professions to present your digital education project. [View flyer for more information and deadlines.](#)

#### Workforce Planning & Transformation Training Available

The Workforce Planning Team at NHS England would like to share their new Workforce Planning & Transformation Training Offer which provides details and all information required on how to apply for the variety of free training on offer.  
[Click here to view and download brochure.](#)