

# NWL Training Hub

## Newsletter

w/c 17<sup>th</sup> February 2025



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## News and Updates

### London Physicians Associate CPD Forum

- Every 3rd Tuesday of the Month 14:00-16:30 [Click to Register](#)  
A Monthly Forum Dedicated to PA Primary Care Preceptorship and CPD. Lead by NHSE London Primary Care PA Ambassadors

### National Workforce Reporting Service (NWRS) Portal- What is it & How to use it

- 20th Feb 13:00–14:00 [book here](#)  
Open to all staff. Highly recommended for Practice and PCN managers, this will be delivered by the NWRS analysts

### Wellbeing Focussed Webinars with WorkWell Doctors

This series of webinars focuses on wellbeing and includes sessions on; resilience & burnout, rest & sleep, mental health, menopause and habits & physical activity. **Please note** These can be attended in place of the safeguarding update.

**Rest & Sleep** - 18th February 2025, 13:00–14:30 [book here](#)

**Mental Health** - 4th March 2025, 13:00–14:30 [book here](#)

**Menopause** - 18th March 2025, 13:00–14:30 [book here](#)

**Habits & Physical Activity** - 25th March 2025, 13:00–14:30 [book here](#)

### Infection Prevention and Control Training for NWL IPC Leads

- Various dates from 5<sup>th</sup> March – 16<sup>th</sup> May 2025 in person training [book here](#)  
This one-day training course is fully funded to ensure all IPC Practice Leads have the education and knowledge required to fulfil their role to lead and implement change. Topics covered will include:

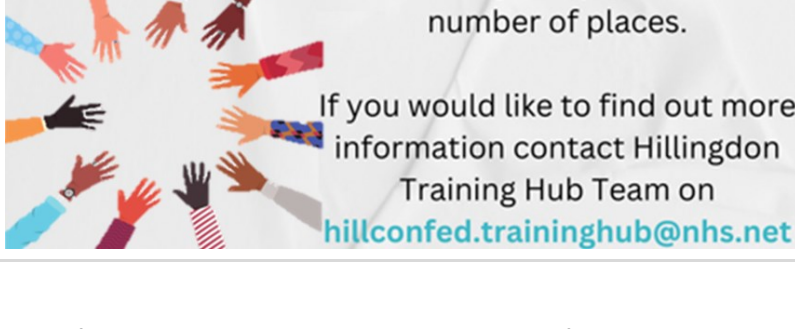
- Basic microbiology
- Standard and transmission based precautions applied to general practice
- Audit and Surveillance
- MEG (Medical E-Governance) tool
- Community infection reviews
- AMR and more...

### Have you Hosted your Health and Wellbeing Practice Temperature check Yet?

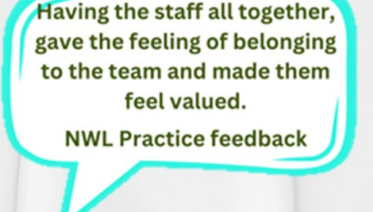
Calling all NWL Practices, have you taken up this offer yet? Why not get the new year off to a Health and Wellbeing start by booking your slot for your practice, we have March, April and May slots available.

Contact Hillingdon Training Hub Team for more information [hillconfed.traininghub@nhs.net](mailto:hillconfed.traininghub@nhs.net) we can also host a PCN session for your Additional Roles.

You can also check out the [FAQs](#) if you have any queries.



**Brent = 3**  
**Enabling = 5**  
**H & F = 3**  
**Harrow = 4**  
**Hillingdon = 9**  
**Hounslow = 2**  
**West London = 2**



### ARRS Training Needs Analysis Survey

As part of NWL Training Hubs ARRS planning for the 2025-2026 fiscal year we have put together a short Typeform survey to assess the ARRS workforce about which training areas are needed – this includes showing courses that have been run this year and may need to be refreshed/continued as well as requests for new training areas. This will all form planning for the next fiscal year based on receiving funding – The more information I have helps inform the planning for the continued ARRS roles training support.

Please complete the Typeform survey on the following link - <https://mmjd6hzmepg.typeform.com/to/jk7SjVr6> - It should take approx. 5 mins to complete. Please submit by **Friday 21st February 2025**, thank you in advance for completing the survey.

### GPN Champions—Cervical Screening Quality Improvement

The Primary Care Quality Improvement Team are looking for GPN's to support the delivery of the Cervical Screening Quality Improvement plan across Northwest London. We have the following available opportunities:

- Representation on the Cervical Screening Steering Group – monthly meeting
- Represent on various working groups – meetings to be confirmed
- Provide feedback and suggestions to the updated cervical screening clinical templates SystmOne and Emis users needed
- Provide feedback on the NWL Cervical Screening Standard Operating Procedure

If you would like to know more, please contact: [rhnsnw.pcqquality@nhs.net](mailto:rhnsnw.pcqquality@nhs.net) stating which of the group/s you are specifically interested in.

### Asthma Guideline webinars

- 11th March 2025 and 18th March 2025, 13:00–14:00

NICE recently published new guidelines Asthma: diagnosis, monitoring and chronic asthma management found [here](#).

Two webinars will be held to introduce the new guidelines ([part 1](#)) and provide information about implementing them ([part 2](#)).

#### Webinar 1 – Introduction and diagnosis

- 11th March 2025, 13:00–14:00 [Register here](#)

- Introduction to the New BTS NICE SIGN asthma guidelines
- Making a diagnosis of asthma using the new guidelines
- FAQs from Primary Care
- Q&A session

#### Webinar 2 – Management of chronic asthma

- 18th March 2025, 13:00–14:00 [Register here](#)

- Management of newly diagnosed asthma using the new guidelines – the concept of AIR and MART
- How to complete an AIR/ MART asthma action plan
- How to manage existing patients
- When to refer for specialist care
- FAQs from Primary Care
- Q&A session

### Domestic Abuse Training for Primary Care

- March 26th, 13:00–15:00  
- May 21st, 13:00–15:00  
- July 2nd, 13:00–15:00

To enhance knowledge, skills and confidence in understanding Domestic Abuse (DA). Objectives:

- **Explore DA Concepts:** Understand the different forms of domestic abuse (physical, emotional, psychological, economic, etc).
- **Legislative Framework:** Apply relevant laws and legislation that address DA.
- **Prevalence Awareness:** Be aware of the widespread nature and statistics related to DA.
- **Recognise Indicators:** Identify signs and indicators of DA to improve detection and intervention.
- **Community Impact:** Understand how DA affects individuals, communities, and society, with a focus on the health and well-being of the child, victims, and perpetrator.

To book on this training, please contact: [rhnsnw.safeGuardingtraining@nhs.net](mailto:rhnsnw.safeGuardingtraining@nhs.net) Please include your full name, role, trust/workplace, and contact details.

### GP Admin and Reception Training and Development Programme

What is the programme?

The 4 module programme will help staff to:

- Establish a consistent approach to triage and request management for the most common requests across practices
- Ensure you have the tools, skills and forum to maximise the use of digital tools to help improve access, patient and staff experience
- Gain confidence in the use of digital tools to help you do your job more effectively
- Feel better supported and empowered to navigate requests effectively, manage complexity and develop stronger personal and team resilience in challenging situations

Who is this for?

We are looking for 2-3 admin and reception staff from a practice (including one person who is a decision maker in the practice and has authority to enact change (practice manager or clinician)) and 2-3 practices across the PCN to take part in this programme which will be delivered via mixed sessions with other practices and PCNs across North West London to promote shared learning and networking.

When does the programme start?

The next cohort is due to commence on 25th February.

Where can I find out more?

To find out more, [please see the flyer](#) and complete the [commitment form](#) if you would like to attend, and contact the Digital Transformation and Delivery Team on [rhnsnw.digitalfirst@nhs.net](mailto:rhnsnw.digitalfirst@nhs.net).

### ICHP CVD Education Series – Hypertension in Primary Care

- March 6th 12:00–13:30 [book here](#)

On behalf of Dr Mohamed Alaidar (NWL ICS Clinical Lead for Cardiovascular Disease) we would like to invite you to the upcoming CVD webinar on Hypertension in Primary Care on Thursday 6th of March 12-13:30pm. In this interactive session, we will provide a comprehensive overview of hypertension, its importance in clinical practice, including reflection on patient experience. Explore the NWL vision for management and examine the role of diversity and deprivation. Explore the role of community pharmacies in hypertension case-finding and management and learn how MyHealthLondon supports hypertension care through digital tools and resources. Additionally, we will also be hosting breakout rooms to promote discussion on the NWL picture, based upon attendee's experience! A functioning camera and microphone are essential for participation.

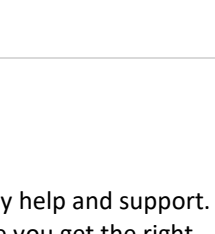
For further information and/or to get involved with the ICHP CVD education series please contact [gatherine.caldwell@imperialcollegehealthpartners.com](mailto:gatherine.caldwell@imperialcollegehealthpartners.com)

### Check in with yourself: take a quick self-assessment questionnaire

Are you unsure about whether you should seek support for low mood or anxiety?

The [Keeping Well website](#) has short, [quick self-assessment questionnaires](#) that can help give you a sense whether you are having difficulties with low mood or anxiety. All scores are anonymous and no data is saved. Please note these questionnaires do not provide a clinical diagnosis, but can help you understand symptoms and if you could benefit from support.

Get in touch with Keeping Well; Telephone: 0300 123 1705, Email: [keepingwell.nwl@nhs.net](mailto:keepingwell.nwl@nhs.net). [Complete a self-referral form](#)



### WorkWell: A Journey from Isolation to Wellbeing

Want to stay in or get back to work while managing your health? Join others in your community using WorkWell - it's free, quick to join, and here to help.

Visit: [WorkWell - North West London - Shaw Trust](#), Email: [workwellwest@shaw-trust.org.uk](mailto:workwellwest@shaw-trust.org.uk) or view [WorkWell's flyer here](#).

WorkWell is a free service for people in North West London who are in a job or looking for one but need support with health-related challenges. WorkWell, are here to offer early help and support. They'll work with you to understand any health-related issues that might be in your way and create a plan that fits your needs. They also connect with local services to make sure you get the right help. Together, you'll work to overcome any barriers so you can find or keep a job that's right for you.

### THIS WEEK

- **Rest & Sleep** - 18th February 2025, 13:00–14:30 [book here](#)

- **Drop-in Sessions to support employer registration with the National Foundation Trainee Pharmacist Recruitment Scheme** - Wednesday 19 February, 13.00 – 13.45 [Join the meeting now](#)

- **Upper GI Cancers: What do Primary Care need to know?** - 19<sup>th</sup> Feb, 12:45-13:30 [book here](#)

- **NWRS Portal- What is it & How to use it** - 20th Feb 13:00–14:00 [book here](#)

## NWL TH Training

### NWL Training Hub Webinars

#### Wellbeing Focussed Webinars with WorkWell Doctors

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#### NWRS Portal- What is it & How to use it

- 20th Feb 13:00–14:00 [book here](#)  
Open to all staff. Highly recommended for Practice and PCN managers.

#### Common Shoulder and Elbow Problems

- 26<sup>th</sup> February 2025 12:30 – 13:30 [book here](#)  
This webinar will inform general practitioners of the common shoulder and elbow problems they may encounter in primary care. Learn practical strategies for identifying and addressing these problems to ensure optimal patient outcomes. Early referral criteria and types of shoulder injections are two of the topics that will be covered.

#### Safeguarding Webinars

Please join our 1 hour Online Safeguarding webinars. A certificate of attendance will be provided when attending the FULL session this certificate can be counted towards your Lv 3 Safeguarding annual update. Book 1 or more session using the links provided below or [here by selecting the date from the drop down](#).

**FGM / Breast Ironing / Flattening** – 27<sup>th</sup> February 2025 - 11:30-12:30 [Book here](#)

**Substance Misuse to Addiction** – 12<sup>th</sup> March 2025 - 13:00-14:00 [Book here](#)

**Young People effected by Intimate partner abuse** – 26<sup>th</sup> March 2025 13:00-14:00 [Book here](#)

For queries about any of the above webinars please contact [nwl.traininghub@nhs.net](mailto:nwl.traininghub@nhs.net)

### Enhanced Services

#### Interpreting ECG – Foundation

- 28<sup>th</sup> February, 9:00 to 16:00 [Book here](#) in person @ The Irish Cultural Centre, W6 9DT  
- 25<sup>th</sup> April, 9:00 to 16:00 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 17<sup>th</sup> October, 9:00 to 16:00 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
This training is for GPs and ACPs only. Please be aware this is **not a refresher**.

#### Refresher Interpreting ECG

- 19<sup>th</sup> September 2025, 12:30 – 14:00 [book here](#)  
This training is for GPs and ACPs who have already attended the interpreting ECG course only.

#### Performing ECG Training

- 6<sup>th</sup> March 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 30<sup>th</sup> September 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
This training is for HCAs. GPAs, pharmacists, nurses can attend if they require this training

#### Travel Health Updates

- 25<sup>th</sup> February 2025, 13:00 – 16:30 [book here](#)  
- 5<sup>th</sup> June 2025, 13:00 – 16:00 [book here](#)  
- 23<sup>rd</sup> October 2025 13:00 – 16:00 [book here](#)

This training is open to all trained Nursing and Pharmacist Immunisers. This training will be conducted over 3 hours online.

Please note: Travel Health Updates for **experienced practitioners only** offering travel immunisations already. This session does not cover seasonal vaccines. Find out more details about what is covered [here](#).

#### Adult Phlebotomy

- 19<sup>th</sup> March, 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 28<sup>th</sup> May, 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 28<sup>th</sup> August, 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 30<sup>th</sup> October 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

#### Advanced Diabetes Course

For GPNs and Diabetics – you must have attended the foundation course before attending this advanced course.

GPs – please be sure to provide a summary of your diabetes related work undertaken. [Express your interest here](#)

#### HCA Diabetes training

- 12<sup>th</sup> March 2025, 08:50 to 16:00 – [book here](#)  
This training is for non-registered clinical staff, training can also be attended as an update for those HCAs who have already attended HCA diabetes training before and need a refresher.

#### Diabetes Foot Care Training

- 12<sup>th</sup> June 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 2<sup>nd</sup> October 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
The course is for experienced HCSWs who will be assisting with diabetes reviews.

#### Wound Care Training

- 8<sup>th</sup> February 9:15–16:30 [book here](#) in person @ The Irish Cultural Centre, W6 9DT  
- 12<sup>th</sup> Nov 9:15–16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 13<sup>th</sup> Aug 9:15–16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
This training is for HCSWs/HCAs who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

#### Advanced Wound Care Training

- 27<sup>th</sup> February 2025 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
This session is aimed at HCAs who have some basic knowledge and experience of wound care and wish to extend their skills to be able to perform suture and staple removal and take a swab correctly

#### Ring Pessary Foundation course

- 4<sup>th</sup> March 2025, 9:30–12:30 [book here](#) in person @ The Irish Cultural Centre, W6 9DT  
- 4<sup>th</sup> March 2024, 13:30–16:30 [book here](#) in person @ The Irish Cultural Centre, W6 9DT  
- 24<sup>th</sup> June 2025, 9:30–12:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 24<sup>th</sup> June 2025, 13:30–16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

#### SRH Essentials

- 14<sup>th</sup> June 8:45 – 16:30 [book here](#) in person @ St Stephens Centre, SW10 9NH  
This course is for GPs & Nurses, ANPs, PAs. SRH Essentials a course suitable for:

- Primary care practitioners recently moved into the role and who have little or no experience in sexual and reproductive health
- Those who have been working in primary care but have only undertaken a small amount of training in this area

#### Essentials of Menopause Care

- 10<sup>th</sup> May 10:00–14:00 [book here](#) in person @ St Stephens Centre, SW10 9NH  
This Training is for GPs, ANPs, nurses & physician's associates

This half-day course aims to help you develop the skills and confidence to consult with patients about perimenopause, menopause, and their care needs. This course may act as an ideal starting point for many, while also providing a useful update for more experienced staff.

## ARRS Training Offers

### GP Assistant Programmes Update—London Training Hubs Structured Education Programme – Operated by SE London Training Hub and University of Greenwich.

Recruitment for cohort 7 is underway. If you would like to attend please complete [this application form](#) and return it to [gpa@seltraininghub.co.uk](mailto:gpa@seltraininghub.co.uk)

Cohort 7 will begin on the 26<sup>th</sup> March If you would like all of the dates for this cohort you can visit our other questions about this please contact [gpa@seltraininghub.co.uk](mailto:gpa@seltraininghub.co.uk).

### Intro to support options for individuals with no recourse to public funds

Dates fully booked - [express your interest here](#) to be notified of new dates or spaces  
Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches only.

### Managing Expectations, Linkages, and Conflict

Dates fully booked - [express your interest here](#) to be notified of new dates or spaces  
Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches only.

### 2 or 4 Day Coaching Course

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches  
NWL Training Hub is supporting further new recruitment of the Personalised Care roles by funding a DES required PCI coaching course – either the 2 day or 4 day course dependant on the role.

Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

### Pitstop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.

Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

[Thank you from the NWL Training Hub Team](#)



## Expressions of Interest forms

For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.

[Forms can all be found here](#)

## Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

#### Multi-professional Supervisor Course [Application form](#)

The next cohort dates are - 24<sup>th</sup> April, 8<sup>th</sup> May, 15<sup>th</sup> May & 5<sup>th</sup> June 2025. Complete the application form to be added to the waitlist for the above cohort or any future cohorts.

#### GP Supervisor Course [Application form](#)

Complete the application form to be added to the waitlist for the next cohorts.

[Pharmacy Educational Supervisor Training programme](#) – available via eLFH

## Useful links and Resources

[Knowledge and Library Resources for GP and Practice Teams](#)  
[Greener NHS – Resources for a more sustainable NHS](#)

[Survival Toolkit](#)  
[Supported Return to Training](#)  
[Podcast Learning Library](#)

[Primary Care Resources](#)  
[GP Resources](#)  
[Webinar Recordings](#)

## Other Training / Webinars / Events

### London Drop-in Sessions to support employer registration with the National Foundation Trainee Pharmacist Recruitment Scheme 2025

If you have questions directly related to employing a foundation trainee pharmacist in 2026-27, or the process of registration with the National Recruitment Scheme, please join one of our on-line drop-in sessions, each intended as a Q&A.

- Monday 24 February, 14.00 – 14.45 [Join the meeting now](#)

### A new curriculum for Health Economics and value-based care training

Various dates available for all of the following trainings: Foundation training in Health Economic & Value-based Care, Business case masterclass & Wrap-around learning events. [For all details including dates and what you can expect from this training can be found on this flyer.](#)

Following last year's successful delivery of our foundation training in Health Economics & Value-based Care we are pleased to announce a new suite of training and development opportunities for all staff who work within the NW London Integrated Care System who's role requires them to work with the concept of value and how to demonstrate it.

If you would like to sign up for any of the above training, or have any questions, please contact [matthew.harmer@nhs.net](mailto:matthew.harmer@nhs.net)

### Cancer Bitesize Webinar series

- **URGENT AND THE RED FLAG & PRACTICAL TIPS** - 19<sup>th</sup> Mar, 12:45–13:30 [register here](#)

- **FIT Use and the Colorectal Cancer Pathway** - 23<sup>rd</sup> April, 12:45–13:30 [register here](#)

Please find below **FREE** high quality bitesize learning resources developed and delivered in collaboration with [GatewayC](#), West London GP Cancer Leads and secondary care clinicians. [Register here](#) to access RMP resources and