NWL Training Hub

Newsletter

w/c 10th March 2025

News and Updates



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Safeguarding Webinars

Please join our 1 hour Online Safeguarding webinars. A certificate of attendance will be provided when attending the FULL session this certificate can be counted towards your lv 3 Safeguarding annual update. Book 1 or more session using the links provided below or here by selecting the date from the drop down. Substance Misuse to Addiction – 12th March 2025 - 13:00-14:00 Book here Young People effected by Intimate partner abuse -26th March 2025 13:00-14:00 Book here

Wellbeing Focussed Webinars with WorkWell Doctors

This series of webinars focuses on wellbeing and includes sessions on; resilience & burnout, rest & sleep, mental health, menopause and habits & physical activity.

Menopause - 18th March 2025, 13:00—14:30 book here Habits & Physical Activity - 25th March 2025, 13:00-14:30 book here

New Asthma Guidelines in NWL—Webinar 1

- 3rd April, 13:00—14:00 <u>book here</u>

Join our local respiratory experts to make sense of the new NICE/BTS/SIGN Asthma guidelines for both children and adults and how to apply these in North West London.

- Introduction to the New BTS NICE SIGN asthma guidelines
- Making a diagnosis of asthma using the new guidelines
- FAQs from Primary Care
- New referral pathway for CYP diagnostics
- New NWL breathlessness pathway
- Q&A session

New Asthma Guidelines in NWL—Webinar 2

- 10th April, 13:00-14:00 book here

Join our local respiratory experts to make sense of the new NICE/BTS/SIGN Asthma guidelines for both children and adults and how to apply these in North West London. Management of newly diagnosed asthma using the new guidelines – the concept of AIR and MART

- How to complete am AIR/ MART asthma action plan
- How to manage existing patients
- When to refer for specialist care
- FAQs from Primary Care
- New referral pathway for CYP diagnostics
- New NWL breathlessness pathway
- Q&A session

THIS WEEK

- Cardiovascular Renal Metabolic (CVRM) webinar How do we join services in clinical practice? 10th March, 16:00-17:00 book here
- Immunisation Webinar Series 10th to 13th March 18:00–19:00 book here
- Why develop a special interest in sexual medicine & Sexual consequences of radiotherapy 11th March, from 18:30 register here
- New Asthma Guidelines, webinar 1 Introduction and diagnosis 11th March 2025, 13:00–14:00 Register here
- Calling Chronic Pain Management Practice Pharmacists and PCN staff March 11th and 25th 2025, 13:00–16:00 please register for both dates: Session 1 and Session 2
- Substance Misuse to Addiction, safeguarding webinar 12th March 2025 13:00-14:00 Book here
- Rethinking Pain Management: A Practical Guide to Opioids in Chronic Non-Cancer Pain March 12th, 12:00–13:30 register here
- NHS England Multi-professional Learner Webinar: Improving the Quality of Education and Training- 12th March 2025 at 17:00 18:00 join here
- Polypharmacy and Parkinson's Lunchtime Masterclass 12th March, 12:00 –13:30 register here
- GatewayC,Palliative care in the community 12th March, 19:00-20:00 book here
- Homeless Health Community of Practice 13th March 2025 at 12:00–13:00 join here
- Optimising the use of Diagnostics in the detection & management of Heart Failure- 13th March 11:00-11:45 book here

NWL TH Training

NWL Training Hub Webinars

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Expressions of Interest forms

For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.

Forms can all be found here

Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

Multi-professional Supervisor Course Application form The next cohort dates are - 24th April, 8th May, 15th May & 5th June 2025. Complete the application form to be added to the waitlist for the above cohort or any future cohorts.

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 Management of newly diagnosed asthma using the new guidelines – the concept of AIR and MART • How to complete am AIR/ MART asthma action plan

- How to manage existing patients
- When to refer for specialist care
- FAQs from Primary Care
- New referral pathway for CYP diagnostics
- New NWL breathlessness pathway
- Q&A session

For queries about any of the above webinars please contact <u>nwl.traininghub@nhs.net</u>

Enhanced Services

If all dates are fully booked for a training please join the waitlist, this allows us to know when there is sufficient demand for us to book new dates.

Interpreting ECG - Foundation

25th April, 9:00 to 16:00 book here in person @ Harrow Baptist Church, HA1 1BA · 17th October, 9:00 to 16:00 <u>book here</u> in person @ Harrow Baptist Church, HA1 1BA This training is for GPs and ACPs only. Please be aware this is not a refresher.

Refresher Interpreting ECG

- 19th September 2025, 12:30 - 14:00 book here

This training is for GPs and ACPs who have already attended the interpreting ECG course only.

Performing ECG Training

30th September 9:15 – 16:30 book here in person @ Harrow Baptist Church, HA1 1BA This training is for HCAs. GPAs, pharmacists, nurses can attend if they require this training

Travel Health Updates

- 5th June 2025, 13:00 – 16:00 <u>book here</u>

- 23rd October 2025 13:00 – 16:00 book here

This training is open to all trained Nursing and Pharmacist Immunisers. This training will be conducted over 3 hours online.

Please note: Travel Health Updates for experienced practitioners only offering travel immunisations already. This session does not cover seasonal vaccines. Find out more details about what is covered <u>here</u>.

Adult Phlebotomy

- 19th March, 9:15 16:30 <u>book here</u> in person @ Harrow Baptist Church, HA1 1BA
- 28th May, 9:15 16:30 <u>book here</u> in person @ Harrow Baptist Church, HA1 1BA
- 28th August, 9:15 16:30 book here in person @ Harrow Baptist Church, HA1 1BA
- 30th October 9:15 16:30 book here in person @ Harrow Baptist Church, HA1 1BA

This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.

GPs – please be sure to provide a summary of your diabetes related work undertaken. Express your interest here

Diabetes Foot Care Training

- 12th June 9:15 – 16:30 <u>book here</u> in person @ Harrow Baptist Church, HA1 1BA - 2nd October 9:15 – 16:30 book here in person @ Harrow Baptist Church. HA1 1BA The course is for experienced HCSWs who will be assisting with diabetes reviews.

Wound Care Training

- 8th May 9:15—16:30 book here in person @ The Irish Cultural Centre, W6 9DT

- 12th August 9:15–16:30 book here in person @ Harrow Baptist Church, HA1 1BA

- 13th November 9:15–16:30 book here in person @ Harrow Baptist Church, HA1 1BA This training is for HCSWs/HCAs who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

Advanced Wound Care Training

8th April 9:15 - 16:30 book here in person @ Harrow Baptist Church, HA1 1BA - 4th September 9:15 - 16:30 book here in person @ Harrow Baptist Church, HA1 1BA This session is aimed at HCAs who have some basic knowledge and experience of would care and wish to extend their skills to be able to perform suture and staple removal and take a swab correctly

Ring Pessary Foundation course

· 24th June, 9:30—12:30 book here in person @ Harrow Baptist Church, HA1 1BA

- 24th June, 13:30—16:30 <u>book here</u> in person @ Harrow Baptist Church, HA1 1BA
- 28th November, 9:00-12:00 book here in person @ The Irish Cultural Centre, W6 9DT

28th November, 13:00—16:00 book here in person @ The Irish Cultural Centre, W6 9DT

This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

GP Supervisor Course Application form Complete the application form to be added to the waitlist for the next cohorts.

Pharmacy Educational Supervisor Training programme – available via eLFH

Useful links and Resources

Knowledge and Library Resources for GP and Practice Teams Greener NHS – Resources for a more sustainable NHS Survival Toolkit Supported Return to Training Podcast Learning Library Primary Care Resources **GP** Resources Webinar Recordings

Other Training / Webinars / Events

WorkWell Reaches Key Priority Areas

WorkWell Making Strides in Most Deprived Wards . WorkWell is successfully reaching residents in West London's CORE20 areas, with 17 out of 50 current participants coming from Golborne and Notting Dale wards - two of the most deprived areas in the country. Full article click here

GPN Celebration Event - Save the Date

- 6th June 2025, 9:00-17:00 at Regents University London

The annual GPN celebration event is a great chance for Primary Care nurses across London to gather together to learn and network. A full agenda and a link to register for the event will be shared closer to the time, please do save the date if you wish to attend, we look forward to seeing you there!

The internet, suicide and self-harm Free training webinar for practitioners

Do you feel confident supporting someone who may be using the internet in relation to their self-harm or suicidal feelings? Are you talking to them about how their online use might affect their wellbeing?

The internet, suicide and self-harm Free training webinar for practitioners. Join free training webinar. Whether you work in the NHS or voluntary sector, Samaritans are here to help you have safe conversations about online use.

Lipid management drop-in education sessions for Health Professionals in North West London.

Novartis have an offer of non-promotional lipid management drop-in education sessions for Health Professionals in North West London.

Drop-In Sessions will be held from 12.30pm to 2pm -on the below dates register here

27/03/2025 24/04/2025 22/05/2025 26/06/2025

In the session, you will atherosclerotic cardiovascular disease (ASCVD) including its effects on the healthcare system and scale of the problem, practicalities around interpreting lipid panels and the relationship between LDL and ASCVD, mechanism of action of available lipid lowering therapies, guidelines and QOF recommendations for lipid management, and patient identification tools in primary care.

Community of Practice (Homeless Health)

We have a guest speaker confirmed; Dr Sara Ketteley (Consultant Psychiatrist - South Westminster Hub/Victoria PCN/Great Chapel Street Medical Centre, Honorary Senior Lecturer - Imperial College and Local Tutor - Westminster). She will be presenting on the 'Value of mental health formulation and diagnosis and the recognition of multimorbidity/ complexity' and there will be an opportunity to ask questions at the end of her presentation.

Date: 13th March 2025 Time: 12:00-13:00

Location: MS Teams—Link here For queries, contact: j.yatigammana@nhs.net

The NHS England London Workforce, Training & Education (WT&E) Innovate-MD Fellowship Programme 25-26

The London Fellowship Programme, aimed at senior speciality trainees (ST5+), is a 12 month programme created by NHSE WTE, designed to empower the next generation of clinical and healthcare leaders. Delivered alongside clinical work, this fellowship supports exceptional talent to drive innovation, enhance leadership capabilities, and address critical challenges within London's health and care systems. Fellows will engage in impactful projects aligned with NHS England - London's strategic priorities, contributing to the delivery of sustainable, inclusive, and effective healthcare.

Information about the programme and how to apply can be found in this document

A new curriculum for Health Economics and value-based care training Various dates available for all of the following trainings: Foundation training in Health

<u>Ring Pessary Update</u> - 16th May 9:00—12:00 <u>book here</u> - 16th May 13:00—16:00 <u>book here</u>	Economic & Value-based Care, Business case masterclass & Wrap-around learning events. <u>All</u> <u>details including dates and what you can expect from this training can be found on this flyer</u> .
 This training is an update - for those who already finalised their Ring Pessary training SRH Essentials 14th June 8:45—16:30 book here in person @ St Stephens Centre, SW10 9NH This course is for GPs & Nurses, ANPs, PAs. SRH Essentials a course suitable for: Primary care practitioners recently moved into the role and who have little or no experience in sexual and reproductive health Those who have been working in primary care but have only undertaken a small amount of training in this area 	Asthma Guideline webinars NICE recently published new guidelines Asthma: diagnosis, monitoring and chronic asthma management found <u>here</u> . Webinar 1 – Introduction and diagnosis - 11th March 2025, 13:00—14:00 <u>Register here</u> Webinar 2 – Management of chronic asthma - 18th March 2025, 13:00—14:00 <u>Register here</u>
Essentials of Menopause Care - 10 th May 10:00—14:00 <u>book here</u> in person @ St Stephens Centre, SW10 9NH This Training is for GPs, ANPs, nurses & physician's associates This half-day course aims to help you develop the skills and confidence to consult with patients about perimenopause, menopause, and their care needs. This course may act as an ideal starting	GatewayC Cancer Webinars GatewayC, the free early cancer diagnosis NHS resource specifically for primary care has a webinar coming up: Paediatric cancer - 19th March, 19:00—20:00 <u>book here</u>
 point for many, while also providing a useful update for more experienced staff. Clinical Mental Health Course for Nurses Day 1: 1st April 9:30—16:30 Day 2: 29th April 9:30—16:30 Express your interest in attending this training. The two dates have different content and you can attend any one day or both days. Learning Outcomes: You will be able to demonstrate an awareness of commonly presented mental health problems in primary care and how to support people Clinicians be able to demonstrate an understanding of mental health assessment and commonly prescribed medicine 	More Than Medicine: What Healthcare Professionals Can Learn About Trust and Connection from Hairdressers - 19th of March 2025, 12:00 –14:00 register here This session will focus on building trust and meaningful connections to improve patient outcomes by learning from hairdressers, mastering personalized consultations, and applying MECC principles for impactful health interventions. Explore the irreplaceable human element in healthcare and its significance compared to AI. For more information contact <u>catherine.caldwell@imperialcollegehealthpartners.com</u>
3. Clinicians will have an awareness on supporting people in crisis and how to promote recovery and safety	Improving continuity of care with microteams - 19th March, 12:00—13:00 <u>book here</u> Learn how Living Well Partnership in Southampton achieved a 956 per cent increase in continuity markers through microteams.
ARRS Training Offers GP Assistant Programmes Update—London Training Hubs Structured Education Programme – Operated by SE London Training Hub and University of Greenwich. Recruitment for cohort 7 is underway. If you would like to attend please complete this application form and return it to gpa@seltraininghub.co.uk Cohort 7 will begin on the 26 th March if you would like all of the dates for this cohort or you have other questions about this please contact gpa@seltraininghub.co.uk.	Cancer Bitesize Webinar series - Urological Cancers: Red Flags & Practical Tips - 19 th Mar, 12:45—13:30 <u>register here</u> - FIT Use and the Colorectal Cancer Pathway - 23 rd April, 12:45—13:30 <u>register here</u> Please find below FREE high quality bitesize learning resources developed and delivered in collaboration with <u>GatewayC</u> , West London GP Cancer Leads and secondary care clinicians. <u>Register here</u> to access RMP resources & more from GatewayC, from screening to Diagnosis.

Intro to support options for individuals with no recourse to public funds

Dates fully booked - express your interest here to be notified of new dates or spaces Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches only.

Managing Expectations, Boundaries, and Conflict

Dates fully booked - express your interest here to be notified of new dates or spaces Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches only.

2 or 4 Day Coaching Course

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches NWL Training Hub is supporting further new recruitment of the Personalised Care roles by funding a DES required PCI coaching course – either the 2 day or 4 day course dependant on the role. Staff who wish to attend must either complete the Eol or email Jon Ord with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Pitstop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners. Staff who wish to attend must either complete the EoI or email Jon Ord with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Thank you from the NWL Training Hub Team



Polypharmacy and Learning Disabilities Lunchtime Masterclass - 20th March, 12:00 –13:30 register here

Stopping over medication of people with a learning disability and autistic people and supporting treatment and appropriate medication in paediatrics are everyone's business, and this masterclass will focus on your role in supporting with structured, holistic and person -centred medication reviews. If you have questions contact: <u>The Health Innovation Network</u>

Cancer Community of Practice event

- 24th March, from 9:00 to 13:30 book here in person @ Central London Community Healthcare NHS Trust, W1D 3HZ

The Cancer Community of Practice (COP) aims to support practice in primary care and community settings through collaboration, joint learning and education. Find out more here.

NHSE National Cardiac Webinar Series

- Various dates from the 24th March, 16:00–17:00 book here

- Each session aims to:
- Share valuable insights and practical case studies
- Highlight updates from leading experts in the field
- Promote the exchange of good practice and discussion on high-profile topics
- An opportunity for Q& A's

Chronic Pain in Primary Care & Opioid Harm Reduction Programme MDT for Brent, Harrow and Hammersmith and Fulham Patients

- 26th March 26th 12:00—13.30 book here

On behalf of Dr Graham Dunthorne (Appraiser and Pain Physician, Connect Health) and Sacha Mowla (Pain Service Lead, Connect Health), we would like to invite you to the upcoming Chronic Pain in Primary Care & Opioid Harm Reduction Programme MDT meeting. You are welcome to refer patients even if formal reviews have not yet begun or simply attend to listen to the discussions or theoretical cases presented by others. For more information contact catherine.caldwell@imperialcollegehealthpartners.com

Domestic Abuse Training for Primary Care

- March 26th, 13:00-15:00
- May 21st, 13:00—15:00
- July 2nd, 13:00-15:00

To enhance knowledge, skills and confidence in understanding Domestic Abuse (DA).

Objectives:

• Explore DA Concepts: Understand the different forms of domestic abuse (physical, emotional, psychological, economic, etc.).

- Legislative Framework: Apply relevant laws and legislation that address DA.
- Prevalence Awareness: Be aware of the widespread nature and statistics related to DA.
- Recognise Indicators: Identify signs of DA to improve detection & intervention.
- Community Impact: Understand how DA affects individuals, communities, and society,

with a focus on the health and well-being of the child, victim, and perpetrator. To book on this training, please contact: https://www.safeguardingtraining@nhs.net Please include your full name, role, trust/workplace, and contact details.

British Society for Sexual Medicine Evening Webinar Series Prostate cancer & Opioid therapy and the impact on testosterone levels - 27th March, from 18:30 register here

Infection Prevention and Control Training for NWL IPC Leads -Various dates from 27th March – 16th May 2025 in person training book here This one-day training course is fully funded to ensure all IPC Practice Leads have the education and knowledge required to fulfil their role to lead and implement change.

CLH Training Hub – Transgender Healthcare training for Non-Clinical Staff

- Session 1: 31st March, 12:00 – 13:30 & Session 2: 7th April, 12:00 – 13:30 register here This training will be to help improve primary care staffs knowledge and understanding of gender dysphoria, transgender and non-binary healthcare. The sessions are split into two 90 minute sessions to ensure that all of the relevant content is discussed including an overview of current gender identity services, a patients lived experience, treatment and screening as well as much more.

For queries regarding the course, please contact <u>Dr Joanna Lovett</u> – for queries regarding the NWL Learning Hub, please contact nhsnwl.servicedesk@nhs.net.

Polypharmacy Action Learning Set Cohort 23

- 23 Apr, 7 & 21 May 2025, 9:30 - 12:15 book here The aim is to help GPs, Pharmacists and other Healthcare Professionals who undertake prescribing, medication reviews and de-prescribing on a regular basis, to understand the complex issues surrounding stopping inappropriate medicines safely.

ELC Programme Lunch and Learn Webinars

Join these free 60 minute lunch and learn webinars. Learn from peers who are pioneering group clinics in primary care practices and specialist services. How group clinics deliver the 10 year plan

- 29th April 12:30—13:30 book here

Time for Change: Webinars in 2025 - Genie Programme - Autism and Apprenticeships: This is my story - 3rd June 2025 Click here to book

Workforce Planning & Transformation Training Available

The Workforce Planning Team at NHS England would like to share their new Workforce Planning & Transformation Training Offer Brochure which provides details and all information required on how to apply for the variety of free training on offer. Click here to view and download brochure.