

# NWL Training Hub

## Newsletter

w/c 17<sup>th</sup> March 2025



**NW LONDON TRAINING HUB**  
Education ♦ Training ♦ Workforce

Follow us:



subscribe to our newsletter:  
(scan or click the code)



## News and Updates

### The NHS England London Workforce, Training & Education (WT&E) Innovate-MD Fellowship Programme 25-26

The London Fellowship Programme, aimed at senior speciality trainees (ST5+), is a 12 month programme created by NHSE WTE, designed to empower the next generation of clinical and healthcare leaders. Delivered alongside clinical work, this fellowship supports exceptional talent to drive innovation, enhance leadership capabilities, and address critical challenges within London's health and care systems. Fellows will engage in impactful projects aligned with NHS England - London's strategic priorities, contributing to the delivery of sustainable, inclusive, and effective healthcare. [Information about the programme and how to apply can be found in this document.](#)

### Safeguarding Adults Training Level 3

- 30th April, 9:30—16:30  
- 21st May, 9:30—16:30

#### Who is this training for?

All care staff who engage in assessing, planning, intervening and evaluating the needs of adults where there are safeguarding concerns (as appropriate to role) are expected to complete level 3 training. Over a 3-year period, professionals at this level should receive training equivalent to a minimum of 8 hours. This training is aimed at NWL ICB staff and Primary Care Colleagues

#### Course Content/ Learning Objectives

- Your Safeguarding Adult Level 3 responsibility
- Identifying abuse and making a judgement
- Communication and multi-disciplinary working
- Safeguarding Risk Assessment
- Your role in multi-agency statutory reviews
- Documentation for safeguarding
- Forensic procedures/examinations relevant to your role
- Supervision

To book on this training, please contact: [nhsnw.safeguardingtraining@nhs.net](mailto:nhsnw.safeguardingtraining@nhs.net). Please indicate which of the two dates you wish to attend, include your full name, role, trust/workplace, and contact details.

### Reducing Inequalities in Breast Screening: LGBTQ+ Webinar

- 25th March 12:00—13:00 [book here](#)

The webinar will cover -

- Breast Screening eligibility and uptake
- Process for transgender and non-binary people to access the NHS Breast Screening Programme
- Barriers, challenges and misconceptions
- Reasonable adjustments
- Inclusive conversations – language and pronouns
- Effects of gender dysphoria

### Reducing Inequalities in Cervical Screening: LGBTQ+ Webinar

- 26th March 12:00—13:00 [book here](#)

The webinar will cover -

- Cervical Screening eligibility and uptake
- Barriers, challenges and misconceptions
- Reasonable adjustments
- Inclusive conversations – language and pronouns
- Effects of gender dysphoria
- HPV Primary Screening and importance of the HPV vaccination
- NHS Cervical Screening Programme developments; including the Cervical Screening Management System (CSMS) Opt-in process for transgender & non-binary people

### Preventing and Tackling Mental Ill-health through Green Social Prescribing

- 26th March, 12:30—13:30 [book here](#)

This event will share learning, opportunities and resources developed to support the future spread and scale of green social prescribing across England.

### TogetherWeLearn's NMP Forum

- 25th March 2025, 13:00-14:00 [email amy.offley@togetherwelearn.co.uk](mailto:amy.offley@togetherwelearn.co.uk) to attend

This month the topic is 'Management of Stable Scalp Psoriasis, Acute Exacerbation of Psoriasis & Viral Wheeze'. The GPN forum is a place where non-medical prescribers can come together to discuss updates on prescribing, share case study discussions, share general updates, and have current hot topic discussions.

Please let [Amy Offley](mailto:amy.offley@togetherwelearn.co.uk) know if you would like to join and they will add you to our list to receive the online meeting link as well as keep you updated on future dates. Please note that you will need to join using your work email address.

### Centre for ADHD & Autism Support events

The Centre for ADHD & Autism Support (CAAS) supports, educates and empowers individuals with ADHD or who are autistic, their families, and the community. Through raising awareness we change perceptions and break down barriers. Led and run by trained people who have first-hand experience of family members with one or both conditions, CAAS endeavours to understand the issues facing our clients.

They provide information, training, support groups and practical help to residents of NW London, primarily in the boroughs of Harrow and Hillingdon. Their support services encompass education, benefits, parenting and care advice with signposting to other agencies if appropriate. CAAS also offer specialised parenting courses, workshops and awareness training for professionals. [Find out more and attend forums, workshops, training and webinars.](#)

### New Asthma Guidelines in NWL—Webinar 1

- 3rd April, 13:00—14:00 [book here](#)

Join our local respiratory experts to make sense of the new NICE/BTS/SIGN Asthma guidelines for both children and adults and how to apply these in North West London.

- Introduction to the New BTS NICE SIGN asthma guidelines
- Making a diagnosis of asthma using the new guidelines
- FAQs from Primary Care
- New referral pathway for CYP diagnostics
- New NWL breathlessness pathway
- Q&A session

### New Asthma Guidelines in NWL—Webinar 2

- 10th April, 13:00—14:00 [book here](#)

Join our local respiratory experts to make sense of the new NICE/BTS/SIGN Asthma guidelines for both children and adults and how to apply these in North West London.

- Management of newly diagnosed asthma using the new guidelines – the concept of AIR and MART
- How to complete an AIR/ MART asthma action plan
- How to manage existing patients
- When to refer for specialist care
- FAQs from Primary Care
- New referral pathway for CYP diagnostics
- New NWL breathlessness pathway
- Q&A session

### THIS WEEK

- Wellbeing Focussed Webinars with WorkWell Doctors Menopause - 18th March 2025, 13:00—14:30 [book here](#)
- Asthma Guidelines – Management of chronic asthma - 18th March 2025, 13:00—14:00 [Register here](#)
- The National Academy for Social Prescribing (NASP) webinar: Prescribe heritage - 18th March 2025 12:30-13:30 [book here](#)
- GatewayC Cancer, Paediatric cancer webinar - 19th March, 19:00—20:00 [book here](#)
- More Than Medicine: What Healthcare Professionals Can Learn About Trust and Connection from Hairdressers - 19th of March 2025, 12:00—14:00 [register here](#)
- Improving continuity of care with microteams - 19th March, 12:00—13:00 [book here](#)
- Cancer Bitesize Webinar series - Urological Cancers: Red Flags & Practical Tips - 19<sup>th</sup> March, 12:45—13:30 [register here](#)
- The Future of Primary Care Webinar - In conversation with Paul Vaughan—19th March 19:00—20:00 [book here](#)
- Polypharmacy and Learning Disabilities Luncheon Masterclass - 20<sup>th</sup> March, 12:00—13:30 [register here](#)

## NWL TH Training

### NWL Training Hub Webinars

#### Wellbeing Focussed Webinars with WorkWell Doctors

This series of webinars focuses on wellbeing and includes sessions on; resilience & burnout, rest & sleep, mental health, menopause and habits & physical activity.

**Habits & Physical Activity** - 25th March 2025, 13:00—14:30 [book here](#)

#### Safeguarding Webinars

Please join our 1 hour Online Safeguarding webinars. A certificate of attendance will be provided when attending the FULL session this certificate can be counted towards your lv 3 Safeguarding annual update. Book 1 or more session using the links provided below or [here by selecting the date from the drop down.](#)

**Young People effected by Intimate partner abuse** – 26<sup>th</sup> March 2025 13:00-14:00 [Book here](#)

#### New Asthma Guidelines in NWL—Webinar 1

- 3rd April, 13:00—14:00 [book here](#)

Join our local respiratory experts to make sense of the new NICE/BTS/SIGN Asthma guidelines for both children and adults and how to apply these in North West London.

- Introduction to the New BTS NICE SIGN asthma guidelines
- Making a diagnosis of asthma using the new guidelines
- FAQs from Primary Care
- New referral pathway for CYP diagnostics
- New NWL breathlessness pathway
- Q&A session

#### New Asthma Guidelines in NWL—Webinar 2

- 10th April, 13:00—14:00 [book here](#)

Join our local respiratory experts to make sense of the new NICE/BTS/SIGN Asthma guidelines for both children and adults and how to apply these in North West London.

- Management of newly diagnosed asthma using the new guidelines – the concept of AIR and MART
- How to complete an AIR/ MART asthma action plan
- How to manage existing patients
- When to refer for specialist care
- FAQs from Primary Care
- New referral pathway for CYP diagnostics
- New NWL breathlessness pathway
- Q&A session

For queries about any of the above webinars please contact [nwl.traininghub@nhs.net](mailto:nwl.traininghub@nhs.net)

### Enhanced Services

If all dates are fully booked for a training please join the waitlist, this allows us to know when there is sufficient demand for us to book new dates.

#### Interpreting ECG – Foundation

- 25<sup>th</sup> April, 9:00 to 16:00 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

- 17<sup>th</sup> October, 9:00 to 16:00 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

This training is for GPs and ACPs only. Please be aware this is **not a refresher**.

#### Refresher Interpreting ECG

- 19<sup>th</sup> September 2025, 12:30 - 14:00 [book here](#)

This training is for GPs and ACPs who have already attended the interpreting ECG course only.

#### Performing ECG Training

- 30<sup>th</sup> September 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

This training is for HCAs, GPAs, pharmacists, nurses can attend if they require this training

#### Travel Health Updates

- 5<sup>th</sup> June 2025, 13:00 – 16:00 [book here](#)

- 23<sup>rd</sup> October 2025 13:00 – 16:00 [book here](#)

This training is open to all trained Nursing and Pharmacist Immunisers. This training will be conducted over 3 hours online.

Please note: Travel Health Updates for **experienced practitioners only** offering travel immunisations already . This session does not cover seasonal vaccines. Find out more details about what is covered [here](#).

#### Adult Phlebotomy

- 28<sup>th</sup> May, 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

- 28<sup>th</sup> August, 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

- 30<sup>th</sup> October 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

#### Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.

GPs – please be sure to provide a summary of your diabetes related work undertaken. [Express your interest here](#)

#### Diabetes Foot Care Training

- 12<sup>th</sup> June 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

- 2<sup>nd</sup> October 9:15 – 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

The course is for experienced HCSWs who will be assisting with diabetes reviews.

#### Wound Care Training

- 8<sup>th</sup> May 9:15—16:30 [book here](#) in person @ The Irish Cultural Centre, W6 9DT

- 12<sup>th</sup> August 9:15—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

- 13<sup>th</sup> November 9:15—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

This training is for HCSWs/HCAs who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

#### Advanced Wound Care Training

- 8<sup>th</sup> April 9:15—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

- 4<sup>th</sup> September 9:15 - 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

This session is aimed at HCAs who have some basic knowledge and experience of wound care and wish to extend their skills to be able to perform suture and staple removal and take a swab correctly

#### Ring Pessary Foundation course

- 24<sup>th</sup> June, 9:30—12:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

- 24<sup>th</sup> June, 13:30—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

- 28th November, 9:00—12:00 [book here](#) in person @ The Irish Cultural Centre, W6 9DT

- 28th November, 13:00—16:00 [book here](#) in person @ The Irish Cultural Centre, W6 9DT

This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

#### Ring Pessary Update

- 16th May 9:00—12:00 [book here](#)

- 16th May 13:00—16:00 [book here](#)

This training is an update - for those who already finalised their Ring Pessary training

#### SRH Essentials

- 14<sup>th</sup> June 8:45—16:30 [book here](#) in person @ St Stephens Centre, SW10 9NH

This course is for GPs & Nurses, ANPs, PAs. SRH Essentials a course suitable for:

- Primary care practitioners recently moved into the role and who have little or no experience in sexual and reproductive health
- Those who have been working in primary care but have only undertaken a small amount of training in this area

#### Essentials of Menopause Care

- 10<sup>th</sup> May 10:00—14:00 [book here](#) in person @ St Stephens Centre, SW10 9NH

This Training is for GPs, ANPs, nurses & physician's associates

This half-day course aims to help you develop the skills and confidence to consult with patients about perimenopause, menopause, and their care needs. This course may act as an ideal starting point for many, while also providing a useful update for more experienced staff.

#### Clinical Mental Health Course for Nurses

- Day 1: 1st April 9:30—16:30

- Day 2: 29th April 9:30—16:30

[Express your interest in attending this training.](#) The two dates have different content and you can attend any one day or both days.

Learning Outcomes:

1. You will be able to demonstrate an awareness of commonly presented mental health problems in primary care and how to support people
2. Clinicians be able to demonstrate an understanding of mental health assessment and commonly prescribed medicine
3. Clinicians will have an awareness on supporting people in crisis and how to promote recovery and safety

## ARRS Training Offers

### GP Assistant Programmes Update—London Training Hubs Structured Education Programme – Operated by SE London Training Hub and University of Greenwich.

Recruitment for cohort 7 is underway. If you would like to attend please complete [this application form](#) and return it to [gpa@seltraininghub.co.uk](mailto:gpa@seltraininghub.co.uk)

Cohort 7 will begin on the 26<sup>th</sup> March if you would like all of the dates for this cohort or you have other questions about this please contact [gpa@seltraininghub.co.uk](mailto:gpa@seltraininghub.co.uk).

### Intro to support options for individuals with no recourse to public funds

Dates fully booked - [express your interest here](#) to be notified of new dates or spaces

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches only.

### Managing Expectations, Boundaries, and Conflict

Dates fully booked - [express your interest here](#) to be notified of new dates or spaces

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches only.

### 2 or 4 Day Coaching Course

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches

NWL Training Hub is supporting further new recruitment of the Personalised Care roles by funding a DES required PCI coaching course – either the 2 day or 4 day course dependant on the role.

Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

### Pitstop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.

Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

### Thank you from the NWL Training Hub Team



## Expressions of Interest forms

For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.

[Forms can all be found here](#)

## Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

#### Multi-professional Supervisor Course [Application form](#)

The next cohort dates are - 24<sup>th</sup> April, 8<sup>th</sup> May, 15<sup>th</sup> May & 5<sup>th</sup> June 2025. Complete the application form to be added to the waitlist for the above cohort or any future cohorts.

#### GP Supervisor Course [Application form](#)

Complete the application form to be added to the waitlist for the next cohorts.

[Pharmacy Educational Supervisor Training programme](#) – available via eLFH

## Useful links and Resources

[Knowledge and Library Resources for GP and Practice Teams](#)

[Greener NHS – Resources for a more sustainable NHS](#)

[Survival Toolkit](#)

[Supported Return to Training](#)

[Podcast Learning Library](#)

[Primary Care Resources](#)

[GP Resources](#)

[Webinar Recordings](#)

## Other Training / Webinars / Events

### GNP Celebration Event - Save the Date

- 6th June 2025, 9:00—17:00 at Regents University London

The annual GPN celebration event is a great chance for Primary Care nurses across London to gather together to learn and network. A full agenda and a link to register for the event will be shared closer to the time, please do save the date if you wish to attend, we look forward to seeing you there!

### A new curriculum for Health Economics and value-based care training

Various dates available for all of the following trainings: Foundation training in Health Economic & Value-based Care, Business case masterclass & Wrap-around learning events. [All details including dates and what you can expect from this training can be found on this flyer.](#)

### The internet, suicide and self-harm Free training webinar for practitioners

- 24th March, 12:30—14:00 [book here](#)

- 29th April, 12:30—14:00 [book here](#)

During this webinar you will learn;

- How people use the internet in relation to self-harm and suicide
- What the new Online Safety Act means for self-harm and suicide content online
- The role that practitioners can play in supporting people
- How to talk to people about their online use
- How Samaritans can support you in your role

### NHSE National Cardiac Webinar Series

- Various dates from the 24th March, 16:00—17:00 [book here](#)

Each session aims to:

- Share valuable insights and practical case studies
- Highlight updates from leading experts in the field
- Promote the exchange of good practice on prescribing, share case study discussions, share general updates, and have current hot topic discussions.
- An opportunity for Q&A's

### Cancer Community of Practice event

- 24th March, from 9:00 to 13:30 [book here](#) in person @ Central London Community Healthcare NHS Trust, W1D 3HZ

The Cancer Community of Practice (CCP) aims to support practice in primary care and community settings through collaboration, joint learning and education. [Find out more here.](#)

### TogetherWeLearn's NMP Forum

- 25th March 2025, 13:00-14:00 [email amy.offley@togetherwelearn.co.uk](mailto:amy.offley@togetherwelearn.co.uk) to attend

This month the topic is 'Management of Stable Scalp Psoriasis, Acute Exacerbation of Psoriasis & Viral Wheeze'. The GPN forum is a place where non-medical prescribers can come together to discuss updates on prescribing, share case study discussions, share general updates, and have current hot topic discussions.

Please let [Amy Offley](mailto:amy.offley@togetherwelearn.co.uk) know if you would like to join and they will add you to our list to receive the online meeting link as well as keep you updated on future dates. Please note that you will need to join using your work email address.

### Reducing Inequalities in Breast Screening: LGBTQ+ Webinar

- 25th March 12:00—13:00 [book here](#)

The webinar will cover -

- Breast Screening eligibility and uptake
- Process for transgender and non-binary people to access the NHS Breast Screening Programme
- Barriers, challenges and misconceptions
- Reasonable adjustments
- Inclusive conversations – language and pronouns
- Effects of gender dysphoria

### Reducing Inequalities in Cervical Screening: LGBTQ+ Webinar

- 26th March 12:00—13:00