

TRAINING NEWSLETTER 19th March 2025

The latest announcements & upcoming training

It's National #Social Prescribing Day 2025

Join us in celebrating the good news stories shared by Social Prescribing Link workers working in Hammersmith & Fulham PCNs.

Their hard work and commitment are reflected in these successes:



North H&F PCNs overwhelmingly positive feedback from clients includes this poignant message:

"As a resident of Hammersmith and Fulham, time has come for me to express my gratitude to the Link Workers team for their devoted involvement in helping patients. I came across the service many months ago and have nothing but praise for this service. My local Link Worker, Elaheh, has been an absolute saviour by supporting my autistic son and me in every step of life. She has opened paths for us immediately when problems were burning in the most efficient manner and, with her incredible friendly personality, saved us from walking through dark clouds. Through her expertise, we have established a trust in her because of her calmness and friendliness in sorting problems out, which we would never have been able to solve. The Borough could not have done better than introducing this service some time ago." M.Saman.

South Fulham PCN has developed a concept called "Thriving Fulham" to enable a neighbourhood community in Fulham with the ambition of strengthening connections between health organisations and local community to help reduce health inequalities. They hold monthly virtual breakfast meetings with local organisations that are doing great work for residents, to collaborate. Over 23 organisations have partaken in the breakfast meetings

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Prescribing Day in
H&F

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#Social Prescribing Day 2025

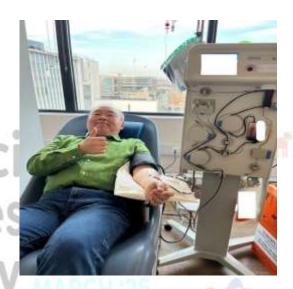
In Central H&F PCN, SPLWs Michelle & Sumaya are the only 2 SPLWs working in the PCN currently and are working hard to stay on top of referrals, with an annual caseload of up to 200–250 clients! Despite this, they are enthusiastically 'Raising Awareness & Developing Walks' for patients.

'We aim to develop four themed sustainable local walks and distribute information to all surgeries, whilst also promoting participation through patient emails. We will take part in the London Outdoor Festival and map existing creative networks. Additionally, we plan to strengthen partnerships with libraries and museums, and foster connections between faith & Social Prescribing initiatives. We are committed to improving our service and ensure we provide the best possible support for patients.'

Koji Moriya is a Mental Health Link Worker in H&F. He celebrated Social Prescribing Day today by giving Plasma!

"I have already done full-blood donation many times.

However, the Plasma Donation Centre is located in Twickenham where it takes me a good hour to reach. I booked my slot for 19th of March that I had not known Was Social Prescribing Day.
The whole process was stress-free and I was feeling good that I did something for the community."



The SPLWs in H&F Partnership PCN have been helping clients with maximising and navigating their income allowances and bills! Lily Woldesemait, Lead Link Worker for the PCN says: 'for elderly people who were not aware that they could claim Attendance Allowance. The feedback I get from them is that it has made a tremendous improvement in their quality of life'.

And Patricia Thompson, Park Medical, shares a pertinent example of the work they do: 'I have supported a patient who had debt with the energy company over

£4000. For 3 years they sent him estimated bills because..they wouldn't send someone to do a meter reading. I supported him to get his meter read finally, passed it over to the energy company, requested an accurate bill. EDF reduced the bill by £2000! He said that my with support a big weight on his shoulders has now finally been lifted.'

They are also providing community engagement events and looking forward to their upcoming event on the 17th April,

Nature & Nurture – A community celebration!

Thankyou ALL! Your achievements are a testament to the hard work and commitment of your entire teams!



New & Notable Training FOR General Practice







Evening Webinar Series for GPs with ChelWest & Imperial Consultants

H&F Training Hub & borough GP Educator Dr.Alasdair Macrae, coordinate a series of evening training sessions for GPs (but open to any role with an interest).

These hourly online updates will offer experience and troubleshooting from Imperial and ChelWest Consultants. **There is no need to register in advance. A calendar invite will also be sent to you.**

New Dates Added

Tues 22nd April, 18:00-19:00

The Comprehensive geriatric Assessment in Action: Practical Approaches for Community Care. Dr Aglaja Dar, Consultant Geriatrician, Imperial College NHS Foundation Trust

Teams link: Join the meeting now

Tues 29TH April, 18:30-19:00

Abnormal Liver Blood Tests. Dr Matthew Foxton –Consultant Gastroenterologist at Chelsea and Westminster Hospital

Teams link: Join the meeting now

Tues 06th May, 18:00-19:00

Asthma - diagnostic uncertainty, new guidelines and important updates.

Dr Vincent Mak, Consultant in Respiratory Medicine, Imperial College NHS Foundation Trust

Teams link: Join the meeting now

Mon 12th May, 18:00-19:00

Common dermatological issues. Dr Chrystalla Macedo – Consultant Dermatologist Chelsea and

Westminster Hospital

Teams link: Join the meeting now

Tues 20th May, 18:00-19:00

Sexual Health service offerings, eligibility criteria, safeguarding, Q&A. Sexual Health London from ChelWest.

Teams link: Join the meeting now

Tues 27th May, 18:00-19:00

Chest Pain. Prof. Ramzi Khamis- Consultant Interventional Cardiologist and Clinical Director of

Cardiology, Imperial College Healthcare NHS Trust.

Teams link: Join the meeting now

Contact: evecostello@nhs.net for further details and calendar invite



New & Notable Training for Reception & Admin staff in H&F

Essential Medical Secretarial Skills for General Practice - This is a 2 part course

Part 1: 29th April 09:30-12:30 Part 2: 06th May 09:30-12:30

This course addresses confidentiality, information management, and safeguarding, empowering participants with essential skills and knowledge. A comprehensive exploration of the Data Protection Act/GDPR, providing participants with a solid understanding of the legal framework governing the handling of patient information. Patient requests for information is covered, emphasising the importance of transparency while adhering to confidentiality guidelines.

Safeguarding, another critical aspect of healthcare, is thoroughly addressed, preparing participants to recognise and respond to safeguarding concerns appropriately. Participants gain insights into the nuances of obtaining valid consent and ensuring compliance with ethical and legal standards. A fast track guide to medical terminology, giving an immediate vocabulary of

- Data protection/GDPR
- Access to, sharing and releasing of information
- Confidentiality and Consent
- Patient requests for information
- Solicitor requests for information
- Safeguarding

over 200 words is provided.

- Fast track medical terminology
- Challenging conversations

Snomed

14th May 09:30-12:30

Half day online SNOMED training course for coders of all experience provides all the key techniques and knowledge to increase confidence in finding the correct codes for your primary care team.

- What is SNOMED
- SNOMED Coding and concepts
- Explaining how concepts can be used to increase accuracy
- To explain searching techniques for coding
- To develop an understanding of common coding misconceptions
- Patient access
- <u>SNOMED</u> search browsers
- Improving data quality

Note Summarisaing

20th May 09:30-12:30

This course aims to provide all delegates with an easy to use protocol to accurately summarise records to improve the use to clinicians

- What should be summarised and omitted
- When is active/past used?
- When is significant/major/code 1 used?
- Summarising sensitive data and family records
- Summarising protocol

Booking & Registration:

Essential Medical
Secretarial skills, Register
for both dates here:
Essential Medical
Secretarial skills,
Medtribe.com

SNOMED, Register here:

https://medtribe.com/co urses/snomed-clinicalcoding-f1d2ba76-117c-4a8e-a378-062e5dfa5613?utm_medi um=copylink&utm_source=sharemodal

Note Summarising, Register here:

https://medtribe.com/co urses/notesummarising?utm_mediu m=copylink&utm_source=share-

modal



New & Notable Training - Safeguarding



North West London Level 3 Safeguarding training

Wednesday 30th April 2025 - 09.30-16:30 or Wednesday 21st May 2025 - 09.30-16:30 Online (MS Teams)

This training is aimed at NWL ICB staff and Primary Care Colleagues Course Content/ Learning Objectives:

- Your Safeguarding Adult Level 3 responsibility
- Identifying abuse and making a judgement
- · Communication and multi-disciplinary working
- Safeguarding Risk Assessment
- Your role in multi-agency statutory reviews
- Documentation for safeguarding
- Forensic procedures/examinations relevant to your role
- Supervision

Please note this training is capped at 50 places only, first come first served; (48 hour cancellation if unable to attend)

North West London Integrated Care System

Domestic Abuse Training for Primary Care March 26th, May 21st or July 2nd all at 13:00-15:00

This Safeguarding training will enhance knowledge, skills & confidence in understanding Domestic Abuse (DA):

- **Explore DA Concepts:** Understand the different forms of domestic abuse (physical, emotional, psychological, economic, etc.)
- Legislative Framework: Apply relevant laws and legislation that address DA
- Prevalence Awareness: Be aware of the widespread nature and statistics
- Recognise Indicators: Identify signs and indicators of DA to improve detection
- Community Impact: Understand how DA affects individuals, communities, and society, with a focus on the health and well-being of the child, victim, and perpetrator

Booking & Registration:

To book a space on any of the safeguarding trainings with NHS NWL ICB Safeguarding Team, please contact: nhsnwl.safeguardingtraining@nhs.net

Please indicate which of the two dates you wish to attend, include your full name, role, trust/workplace, and contact details.



New & Notable Training -Nurses & HCSWs



Lifelong Learning for Primary Care

GPN Update with Redwhale

Wednesday 21st May 10:00 to 16:00

Irish Cultural Centre, Hammersmith, W6 9DT

Funded by H&F Training Hub for all Hammersmith & Fulham Nurses & AHPs working in primary care.

This is a brand new course for nurses, with all the new updates hot off the press!

- Asthma: NEW NICE/BTS/SIGN guidance how it will change our practice
- Obesity: pharmacological management evidence and practicalities.
- Diabetes: the spectrum
- Heart failure with preserved ejection fraction-spotting and managing it
- NICE Menopause: the headlines and managing vaginal symptoms and bleeding on HRT
- Physical health in mental illness: how we tackle health inequalities
- B12 deficiency: we demystify the new NICE guideline



Wound Care Training with Agnes Collarte from the Tissue Viability Team CLCH NHS Trust

Wound Care Foundation Full day 17th April 09:00-16:30

Full day training for staff new to delivering wound care to patients in practice. For HCAs and Nurses working in Hammersmith & Fulham practices.

Wound Care Update 25th April 13:00-16:30

This half day update is for staff that are already experienced and delivering wound care in practice, in need of a refresher and update. The training is a local training provided by H&F Training Hub for HCAs and Nurses working in Hammersmith & Fulham practices.



New to Immunisation 2 day Foundation

1st April webinar 13:00-16:30 2nd April F2F 09:30-16:30, 5 Black's Road, W6 9DT

Open to all those who have never trained before; have not completed the nationally recommended 2-day Foundation Programme; or who are returning to Practice. Includes Health Care Professionals (Nurses, Paramedics, Pharmacists, Nursing Associates, Pharmacy Techs) and the non-registered workforce (includes HCAs, HCSWs, Phlebotomists, receptionists etc).

The training will cover flu, pneumococcal, shingles vaccines plus B12. Delivered by Lisa Burrage Associates. *Max 16 spaces available*.

Booking & Registration:

GPN Update with RedWhale, Register here:

https://medtribe.com/co urses/gpn-update-withredwhale?utm_medium= copy-

<u>link&utm_source=share-modal</u>

Wound Care Foundation, Book here:

https://medtribe.com/co urses/wound-carefoundationtraining?utm_medium=co pylink&utm_source=sharemodal

Wound Care Update, Book here:

https://medtribe.com/co urses/wound-careupdate?utm_medium=co pylink&utm_source=sharemodal

New to Immunistaion 2 day foundation:

https://medtribe.com/co urses/2-day-course-newtoimmunisations?utm_med ium=copylink&utm_source=sharemodal



Trainings from NWL TH open to H&F Primary Care staff

Enhanced Services

NB It is important to join waitlists if you wish to attend a training, so that future dates may be planned based on demand.

You will also receive priority booking for future dates.

New New Asthma Guidelines in NWL—Webinar 1 3rd April, 13:00—14:00

Join our local respiratory experts to make sense of the new NICE/BTS/SIGN Asthma guidelines for both children and adults and how to apply these in NWL.

- Introduction to the New BTS NICE SIGN asthma guidelines
- Making a diagnosis of asthma using the new guidelines
- New referral pathway for CYP diagnostics
- New NWL breathlessness pathway

New New Asthma Guidelines in NWL—Webinar 2 10th April, 13:00—14:00

Part 2 webinar includes:

- Management of newly diagnosed asthma using the new guidelines the concept of AIR and MART
- How to complete am AIR/ MART asthma action plan
- How to manage existing patients
- When to refer for specialist care
- New referral pathway for CYP diagnostics
- New NWL breathlessness pathway

New Ring Pessary Refresher, 16th May 13:00-16:00

This training is a refresher only for staff who have already completed Ring Pessary training.

Clinical Mental Health Course for Nurses in primary care 2 days: 01st & 29th April 09:30-16:30

This course, commissioned by the NWL training hub, provides an introduction in mental health, and skills in meeting the needs of patients who present in primary care. This includes an awareness of common mental health problems, addressing inequality and loneliness, mental health assessment skills, crisis intervention and safety planning, commonly prescribed medications, promoting recovery and trauma informed care principles.

Diabetes Foot Care Training

12TH June or 2nd Oct, 09:15-16:30, College Rd, Harrow HA1 1BA

The course is for experienced HCSWs who will be assisting with diabetes reviews:

- Terminology for Type 1 and type 2 diabetes
- Signs and symptoms risk factors and complications
- Basic A and P
- The 8 (9) Care Processes and the HCSW in monitoring
- Diabetes UK resources
- Referral for education (as per locality practice)
- Undertaking diabetic foot assessment following FRAME guidelines

Booking & Registration:

New Asthma
Guidelines webinar 1
new-asthmaguidelines-in-nwl
webinar 1

New Asthma
Guidelines webinar 2
new-asthmaguidelines-in-nwl
webinar 2

Ring Pessary
Refresher:
medtribe.com/cours
es/ring-pessaryupdate

Clinical Mental
Health for nurses,
Register here: Clinical
mental health for
nurses

Diabetes Foot Care Training:

https://medtribe.co m/courses/diabetesfoot-care-f5145dd1-4546-434a-b66bb618b415a3ac?sched ule_id=11676



Essentials of Menopause Care

Sat 10TH May 10:00-14:00, St Stephens Centre, SW10 9NH

This Training is for GPs, ANPs, nurses & physician's associates. This course aims to help you develop the skills and confidence to consult with patients about perimenopause, menopause, and their care needs: This is an ideal starting point for many, while also providing a useful update for more experienced staff.

SRH Essentials

14TH June 08:45-16:30, St Stephens Centre, SW10 9NH

This course is for GPs & Nurses, ANPs, PAs. SRH Essentials a course suitable for Primary care practitioners recently moved into the role and who have little or no experience in sexual and reproductive health; *or* Those who have been working in primary care but have only undertaken a small amount of training in this area.

Adult Phlebotomy

College Rd, Harrow HA1 1BA

19th March, 28th May, 28th Aug, 30th Oct, 9:15 - 16:30

This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

ECG Training Day In-Person for GPs & ACPs

25th April, 09:00 – 16:00, College Rd, Harrow HA1 1BA 17th Oct, 09:00 – 16:00, College Rd, Harrow HA1 1BA

Refresher Interpreting ECG for GPs & ACPs

19th September, 12:30-14:00

This training is for GPs and ACPs who have already attended the interpreting ECG course only. **The refresher ECG course** re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs.

Performing ECG Training

30th Sept 9:15 - 16:30

This training is for HCAs. GPAs, pharmacists, nurses can attend if they require this.

Travel Health Update

5th June 13:00-16:00; 23rd Oct 13:00-16:00

This training is an update for experienced immunisers already offering travel updates.

Course outline: Current policy and planned changes in 2025; Tools to support the travel health consultation; Legal requirements & other queries: Travel vaccines; Hep A; Typhoid; Hep B; TDP; Meningococcal; Rabies; Yellow Fever; Jap Encephalitis; Tick Borne Encephalitis; Other vaccines to consider; Malaria & dengue.

Booking & Registration:

Essentials of Menopause Care: https://medtribe.co m/courses/essentials -of-menopause-care

SRH Essentials: https://medtribe.co m/courses/srhessentials-for-gpsnurses-anps-pas

Adult Phlebotomy, Book here: https://medtribe.co m/courses/adultphlebotomy-6305

ECG Training Day: https://medtribe.co m/courses/ecginterpretationfoundation-

Refresher Interpreting ECG: https://medtribe.co m/courses/refresherinterpreting-ecgcourse

Performing ECG: https://medtribe.co m/courses/performin g-ecg-training-

Travel Update Book here: https://medtribe.co m/courses/travelhealth-updates



HCA PITstop Diabetes Foundation 1 Day Course for non-registered practitioners & HCAs requiring an Update 24th March 08:50-16:00

- Care pathways for high risk & type 2 diabetes, inc. the Diabetes Prevention Programme & structured education programme
- Screening tests associated with annual reviews
- How to maintain the practice's Diabetes Box containing blood glucose/ketone monitoring equipment & hypoglycaemia treatment
- Key Lifestyle messages for patients
- Exploring the scope of practice for HCAs in diabetes care and the competency assessment/mentorship requirements

ARRS Training Offers

Managing Expectations, Boundaries & Conflict

The courses will be open to the <u>3 Personalised Care ARRS roles</u> – Social Prescribing Link Workers, Health & Wellbeing Coaches & Care Coordinators. The course will cover:

- Manage patient expectations
- · Handle conflict effectively
- Set and maintain professional boundaries
- Encourage patient independence

Introduction to support options for individuals with No Recourse to Public Funds

The courses will be open to the <u>3 Personalised Care ARRS roles</u> – Social Prescribing Link Workers, Health & Wellbeing Coaches & Care Coordinators. The course will cover:

- Understanding 'no recourse to public funds' (NRPF)
- · Identifying immigration status and entitlements
- · Issues and barriers faced by adults with NRPF
- Asylum support
- · National Referral Mechanism
- Care Act 2014
- Migrant Victims of Domestic Abuse Concession (MVDAC) (formerly known as the Destitution Domestic Violence Concession)

2 OR 4 Day Coaching Course

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches

NWL Training Hub is supporting further new recruitment of the Personalised Care roles by funding a DES required PCI coaching course – either the 2 day or 4 day course dependant on the role.

PitStop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.

Booking & Registration for ARRS Training Offers:

HCA PITstop Diabetes Foundation: medtribe.com/courses /1-day-hca-pitstopcourse-diabetesfoundation-course

Managing
Expectations,
Boundaries & Conflict:
Please email
evecostello@nhs.net
&jonathan.ord1@nhs.
net with name, role,
practice, PCN, Borough
& employer

Introduction to support options for individuals with No Recourse to Public Funds: Please email evecostello@nhs.net &jonathan.ord1@nhs.net with name, role, practice, PCN, Borough & employer

2 or 4 day Coaching Course: Please email evecostello@nhs.net &ionathan.ord1@nhs. net with name, role, practice, PCN, Borough & employer

PitStop Foundation
Diabetes Course:
Please email
evecostello@nhs.net
&jonathan.ord1@nhs.
net with name, role,
practice, PCN, Borough
& employer

NWL Training Hub Resources & Recording



Webinar Recordings

Recordings of previous trainings:

Preventing Diabetes:

Preventing Diabetes: NDPP Updates

Pulmonary Rehabilitation:

Pulmonary Rehabilitation 18/06/24

Respiratory Webinar & Systmone slides:

Enhanced Services Respiratory Webinar & slides, S1 Templates

ABPM Training:

ABPM

Anticoagulation training:

Anticoagulation Update

Find the full list here:

https://nwltraininghub.co.uk/webinar-recordings/

Newsletter Sign Up

Sign up directly to the NWL Training Hub newsletter: for direct information on funded programmes and new enhanced services trainings



Webinars & Events for March

Tonight Gateway C: Paediatric Cancer Wed 19th March, 19:00-20:00

Paediatric cancers account for less than 1% of new cases in the UK and a GP is likely to come across approximately one to two cases every 10 years. Leukaemia is the most common, with brain tumours and lymphoma also being significant, together accounting for two thirds of all childhood cancers. The webinar will equip you with the knowledge to recognise non-specific symptoms that require investigation, implement effective safety netting strategies, and assess lymphadenopathy in children with confidence. Navigating parent communication and concerns and interpreting blood test results will also be covered.

Polypharmacy & Learning Disabilities Masterclass

20th March, 12:00-13:30

Stopping over medication of people with a learning disability and autistic people (STOMP) and supporting treatment and appropriate medication in paediatrics (STAMP) are everyone's business, and this masterclass will focus on your role in supporting with structured, holistic and person-centred medication reviews.

Habits & Physical Activity

25th March, 13:00 - 14:30

The WorkWell Doctors discuss the importance of physical activity; How to form habits and make them stick; How to work as a team to incorporate physical activity into your working day.

The 25/26 GP Contract, How to Prepare for any Risks to your Practice and PCN 25th March, 13:00-14:00

Co-hosted by The Well-led Provider and Medical Insurance Advisory Bureau (MIAB), with guest speaker Robert McCartney of Hempsons, we are delighted to invite you to this free webinar about the 25/26 GP Contract. Whether you're based in a practice or PCN, this webinar will provide valuable insights into how you can prepare for the new contract and what risks you might want to think about.

Young People affected by Intimate partner abuse, L3 Safeguarding

26th March 13:00-14:00

Increase knowledge and understanding of the dynamics and prevalence of domestic abuse in young people's relationships.

Booking & Registration:

Paediatric Cancer webinar:

https://www.bigmarke r.com/primarycare/Paediatric-Cancer?utm_source=n hsebulletin&utm_medi um=Webinar

Register for RM
Partners & Gateway C
resources & webinars:
https://www.gatewayc.org.uk/rm-partners-cancer-resources/

Polypharmacy & Learning Disabilities:

https://events.weahsn. net/PolypharmacyandL earningDisabilitiesLunc htimeMasterclass

Habits & physical activity webinar:

Habits & Physical

Activity, 25th March,

13:00 - 14:30

The 25/26 GP Contract webinar:

https://events.teams. microsoft.com/event/9 82e9d28-09f8-4b58-8897-18ccf4428a0b@b2d831 ef-0228-4694-ae78-

4173f97494ad

Young People affected by Intimate partner abuse, Book: https://medtribe.com/ courses/safeguardingwebinars



Webinars & Events for March

Reducing Inequalities in Breast Screening: LGBTQ+ Webinar

25th March 12:00-13:00

The webinar aims to increase awareness and knowledge of the barriers LGBTQ+ communities' face when engaging with breast screening services. Providing recommendations and solutions to support screening providers to engage with the LGBTQ+ community and reduce inequalities in uptake.

Who should attend?

All Breast Screening provider colleagues and NHSE Regional Commissioners.

Reducing Inequalities in Cervical Screening: LGBTQ+ Webinar

26th March 12:00-13:00

The webinar will increase awareness and knowledge of the barriers LGBTQ+ communities' face when engaging with cervical screening services. Providing recommendations and solutions to support screening providers to engage with the LGBTQ+ community and reduce inequalities in uptake. The webinar will also cover information regarding the introduction of the opt in process for transgender men and non-binary people with a cervix to automatically receive routine invitations for cervical screening.

Who should attend?

NHSE Teams (regional commissioners, health and justice, gender services) and all Cervical Screening provider colleagues including but not limited to GP practices, sexual health clinics, transgender services.

Preventing and Tackling Mental III-health through Green Social Prescribing

26th March 12:30-13:30pm

This webinar will include: How green social prescribing aligns to current national priorities including those in the health and care, natural environment and nature recovery, education, housing & communities context.

The launch of a GSP Virtual Community of Practice: A digital hub designed to connect practitioners, commissioners, researchers and wider stakeholders, fostering collaboration and knowledge-sharing to drive innovation in green social prescribing across England. This includes online opportunities for regional networking and access to resources designed to support embedding nature-based social prescribing.

CQC Well-Led Series

26th March 13:00-14:00pm

A focus on what goes on, from an inspector's point of view, during your CQC inspection:

- What preparation will they be doing?
- What soft intelligence will they have looked at beforehand?
- What are they doing when they are in the room doing paperwork on their own?
- What verbal feedback might you be expected to receive as a registered manager before they leave the site?

Booking & Registration:

Register here:

Reducing
Inequalities in
Breast Screening:
LGBTQ+ Webinar |
NHS England Events

Register here:

Reducing
Inequalities in
Cervical Screening:
LGBTQ+ Webinar |
NHS England Events

Green Social Prescribing Webinar:

preventing-andtackling-mental-illhealth-through-greensocial-prescribing-keyachievements-andnextsteps/#bookingForm

COC Well Led Series:

https://events.teams. microsoft.com/event/3 3db94f9-d381-4a97-92a8cc3dfd5d59ad@b2d83 1ef-0228-4694-ae78-4173f97494ad



Wellbeing for H&F Primary Care staff:



We are here to support you.
Please get in touch with us:
Tel. 0300 123 1705

keepingwell.nwl@nhs.net

The Keeping Well website has a <u>dedicated webpage</u> with resources and signposting information for primary care staff working in NWL.



The Workwell Doctors Wellbeing Workshops

WorkWell Doctors & NWL Training Hub have collaborated to provide this wellbeing workshops for all NWL Primary Care staff

Book here: Work Well Doctors wellbeing workshops

Habits & Physical Activity, 25th March, 13:00 - 14:30



Freedom to speak up Guardians (FTSUG) A confidential speaking up service for practice staff

Speaking up is about anything that gets in the way of providing good care. North West London Training Hubs have launched Freedom to Speak Up Guardians within Primary Care.

FTSUGs are a cohort of staff across NWL Primary Care, primarily within the Training Hubs. Contact us through the website with your concern or query and you will be matched with a guardian. Note that conversations remain confidential, and we will work with you to support decisions pertaining to next steps you may wish to take.

How to Speak Up: Speak Up... Anonymously - NW London Training Hub (nwltraininghub.co.uk)