

TRAINING NEWSLETTER 26th March 2025

The latest announcements & upcoming training

Congratulations to Hammersmith & Fulham Training Hub CIC and NWL Training Hub for their successes in last week's HSJ Partnerships Awards



Winner: Hammersmith and Fulham Training Hub CIC & North West London Training Hubs - **Driving a Social Movement: Empowering Local Leaders to Tackle Health Inequities and Transform Healthcare Systems**

Hammersmith & Fulham Training Hub CIC and NWL Training Hub were short listed in two categories:

Best Education Programme for the NHS and Most Impactful Project Addressing Health Inequalities.

They won the latter award, where the judges said:

"This outstanding project showcased the power of grassroots change and the vital role of education in driving impact. With the potential to support undergraduate and post graduate training in the UK, it stood out as an inspiring example of frontline clinical leadership."

The judges were particularly stuck by the message that '**change happens with people**'.

For further information contact: carolinedurack@nhs.net
or Chad Hockey chockey@nhs.net

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New & Notable Training FOR GPs – other staff roles with an interest are welcome to join these sessions.



Evening Webinar Series for GPs with ChelWest & Imperial Consultants

H&F Training Hub & borough GP Educator Dr. Alasdair Macrae, coordinate a series of evening training sessions for GPs (*but open to any role with an interest*).

These hourly online updates will offer experience and troubleshooting from Imperial and ChelWest Consultants. **There is no need to register in advance. A calendar invite will also be sent to you.**

Tues 22nd April, 18:00-19:00

The Comprehensive geriatric Assessment in Action: Practical Approaches for Community Care. Dr Aglaja Dar, Consultant Geriatrician, Imperial College NHS Foundation Trust

Teams link: [Join the meeting now](#)

Tues 29th April, 18:30-19:00

Abnormal Liver Blood Tests. Dr Matthew Foxton – Consultant Gastroenterologist at Chelsea and Westminster Hospital

Teams link: [Join the meeting now](#)

Tues 06th May, 18:00-19:00

Asthma – diagnostic uncertainty, new guidelines and important updates.

Dr Vincent Mak, Consultant in Respiratory Medicine, Imperial College NHS Foundation Trust

Teams link: [Join the meeting now](#)

Mon 12th May, 18:00-19:00

Common dermatological issues. Dr Chrystalla Macedo – Consultant Dermatologist Chelsea and Westminster Hospital

Teams link: [Join the meeting now](#)

Tues 20th May, 18:00-19:00

Sexual Health service offerings, eligibility criteria, safeguarding, Q&A. Sexual Health London from ChelWest.

Teams link: [Join the meeting now](#)

Tues 27th May, 18:00-19:00

Chest Pain. Prof. Ramzi Khamis- Consultant Interventional Cardiologist and Clinical Director of Cardiology, Imperial College Healthcare NHS Trust.

Teams link: [Join the meeting now](#)

Contact: evcostello@nhs.net for further details and calendar invite

New & Notable Training: RESPIRATORY

Recording of New BTS/NICE/SIGN Asthma Guidelines webinar now available

Webinar 1 recording:

Introduction and diagnosis 11th March, 13:00-14:00

Introduction to the New BTS NICE SIGN asthma guidelines; Making a diagnosis of asthma using the new guidelines

<https://events.teams.microsoft.com/event/e4d19d39-758f-43dd-bce5-626e1f6588ba@37c354b2-85b0-47f5-b222-07b48d774ee3?vod&attendeeld=0a659b35-f9f6-477b-bcd9-d28e7b4197f7>

Webinar 2 recording:

Webinar 2 Management of asthma 18th March, 13:00-14:00

Management of newly diagnosed asthma using the new guidelines; the concept of AIR and MART; How to complete AIR/ MART asthma action plan; manage existing patients; When to refer for specialist care

<https://events.teams.microsoft.com/event/d167bb72-ec98-472e-8931-27988124f7c1@37c354b2-85b0-47f5-b222-07b48d774ee3?vod&attendeeld=ec5a6b9e-3d80-4453-900b-2b0fa1e84246>

New Asthma Guidelines in NWL—Webinar 1 3rd April, 13:00—14:00

Join our local respiratory experts to make sense of the new NICE/BTS/SIGN Asthma guidelines for both children and adults and how to apply these in NWL.

New Asthma Guidelines in NWL—Webinar 2 10th April, 13:00—14:00

Join our local respiratory experts to make sense of the new NICE/BTS/SIGN Asthma guidelines for Part 2 webinar,

Children & Young People Asthma Management 22nd April 13:00-13:45

We'll be covering key topics including:

- Updates on childhood asthma (ages 5–11)
- The new BTS/SIGN guidelines
- Diagnosis and management in children age 5-11 years
- Approach to the child with preschool wheeze (under 5s)

Respiratory Enhanced Service

28th April 13:00-14:00

Opportunity to hear about the 2025/2026 NWL Respiratory specification; What this means in practice and how to enhance care for our patients with respiratory conditions.

Booking & Registration:

**New Asthma Guidelines
webinar 1**
[new-asthma-guidelines-
in-nwl webinar 1](#)

**New Asthma Guidelines
webinar 2**
[new-asthma-guidelines-
in-nwl webinar 2](#)

**Children & Young People
Asthma webinar:**
<https://medtribe.com/courses/webinar-cyp-asthma-management>

**Respiratory Enhanced
Services Webinar:**
<https://medtribe.com/courses/webinar-respiratory-enhanced-service>

New & Notable Training for Reception & Admin staff in H&F

Essential Medical Secretarial Skills for General Practice - *This is a 2 part course*

Part 1: 29th April 09:30-12:30

Part 2: 06th May 09:30-12:30

This course addresses confidentiality, information management, and safeguarding, empowering participants with essential skills and knowledge.

A comprehensive exploration of the Data Protection Act/GDPR, providing participants with a solid understanding of the legal framework governing the handling of patient information. Patient requests for information is covered, emphasising the importance of transparency while adhering to confidentiality guidelines.

Safeguarding, another critical aspect of healthcare, is thoroughly addressed, preparing participants to recognise and respond to safeguarding concerns appropriately. Participants gain insights into the nuances of obtaining valid consent and ensuring compliance with ethical and legal standards.

A fast track guide to medical terminology, giving an immediate vocabulary of over 200 words is provided.

- **Data protection/GDPR**
- **Access to, sharing and releasing of information**
- **Confidentiality and Consent**
- **Patient requests for information**
- **Solicitor requests for information**
- **Safeguarding**
- **Fast track medical terminology**
- **Challenging conversations**

Snomed

14th May 09:30-12:30

Half day online SNOMED training course for coders of all experience provides all the key techniques and knowledge to increase confidence in finding the correct codes for your primary care team.

- What is SNOMED
- SNOMED Coding and concepts
- Explaining how concepts can be used to increase accuracy
- To explain searching techniques for coding
- To develop an understanding of common coding misconceptions
- Patient access
- [SNOMED](#) search browsers
- Improving data quality

Note Summarising

20th May 09:30-12:30

This course aims to provide all delegates with an easy to use protocol to accurately summarise records to improve the use to clinicians

- What should be summarised and omitted
- When is active/past used?
- When is significant/major/code 1 used?
- Summarising sensitive data and family records
- Summarising protocol

Booking & Registration:

**Essential Medical
Secretarial skills, Register
for both dates here:**

[Essential Medical
Secretarial skills,
Medtribe.com](https://medtribe.com/courses/essential-medical-secretarial-skills)

SNOMED, Register here:

[https://medtribe.com/co
urses/snomed-clinical-
coding-f1d2ba76-117c-
4a8e-a378-
062e5dfa5613?utm medi
um=copy-
link&utm source=share-
modal](https://medtribe.com/courses/snomed-clinical-coding-f1d2ba76-117c-4a8e-a378-062e5dfa5613?utm_medium=copy-link&utm_source=share-modal)

**Note Summarising,
Register here:**

[https://medtribe.com/co
urses/note-
summarising?utm mediu
m=copy-
link&utm source=share-
modal](https://medtribe.com/courses/note-summarising?utm_medium=copy-link&utm_source=share-modal)

New & Notable Training –Nurses & HCSWs

New Ear Care Foundation Training

13th June 13:30 - 16.30

Irish Cultural Centre, Hammersmith, W6 9DT

This is an introduction ear care course for Nurses and HCSWs/HCAs wanting to deliver ear care in general practice.

Ear Examination

- Review the anatomy of the ear and common conditions affecting ear care.
- Demonstrate proper techniques for visual inspection and otoscopy.

Common Ear Conditions

- Explore common ear conditions such as otitis media, otitis externa, and impacted cerumen.
- Discuss diagnostic criteria and appropriate interventions for each condition.

Ear Irrigation and Ear Care

- Outline the indications and contraindications for ear irrigation.
- Appreciate safe and effective ear irrigation techniques.



GPN Update with Redwhale

Wednesday 21st May 10:00 to 16:00

Irish Cultural Centre, Hammersmith, W6 9DT

Funded by H&F Training Hub for all Hammersmith & Fulham Nurses & AHPs working in primary care.

This is a brand new course for nurses, with all the new updates hot off the press!

- Asthma: NEW NICE/BTS/SIGN guidance how it will change our practice
- Obesity: pharmacological management evidence and practicalities.
- Diabetes: the spectrum
- Heart failure with preserved ejection fraction-spotting and managing it
- NICE Menopause: the headlines and managing vaginal symptoms and bleeding on HRT
- Physical health in mental illness: how we tackle health inequalities
- B12 deficiency: we demystify the new NICE guideline



Wound Care Training with Agnes Collarte
from the Tissue Viability Team CLCH NHS Trust

Wound Care Foundation Full day
17th April 09:00-16:30

Full day training for staff new to delivering wound care to patients in practice. For HCAs and Nurses working in Hammersmith & Fulham practices.

Wound Care Update 25th April 13:00-16:30

This half day update is for staff that are already experienced and delivering wound care in practice, in need of a refresher and update. The training is a local training provided by H&F Training Hub for HCAs and Nurses working in Hammersmith & Fulham practices.

Booking & Registration:

Ear Care Foundation Training:

https://medtribe.com/courses/ear-care-foundation-course?utm_medium=copy-link&utm_source=share-modal

GPN Update with RedWhale, Register here:

https://medtribe.com/courses/gpn-update-with-redwhale?utm_medium=copy-link&utm_source=share-modal

Wound Care Foundation, Book here:

https://medtribe.com/courses/wound-care-foundation-training?utm_medium=copy-link&utm_source=share-modal

Wound Care Update, Book here:

https://medtribe.com/courses/wound-care-update?utm_medium=copy-link&utm_source=share-modal

Trainings from NWL TH open to H&F Primary Care staff

Enhanced Services

NB It is important to join waitlists if you wish to attend a training, so that future dates may be planned based on demand. You will also receive priority booking for future dates.

New Asthma Guidelines in NWL—Webinar 1 3rd April, 13:00—14:00

Join our local respiratory experts to make sense of the new NICE/BTS/SIGN Asthma guidelines for both children and adults and how to apply these in NWL.

- Introduction to the New BTS NICE SIGN asthma guidelines
- Making a diagnosis of asthma using the new guidelines
- New referral pathway for CYP diagnostics
- New NWL breathlessness pathway

New Asthma Guidelines in NWL—Webinar 2 10th April, 13:00—14:00

Part 2 webinar includes:

- Management of newly diagnosed asthma using the new guidelines – the concept of AIR and MART
- How to complete an AIR/ MART asthma action plan
- How to manage existing patients
- When to refer for specialist care
- New referral pathway for CYP diagnostics
- New NWL breathlessness pathway

New Ring Pessary Refresher, 16th May 13:00-16:00

This training is a refresher only for staff who have already completed Ring Pessary training.

Clinical Mental Health Course for Nurses in primary care 2 days: 01st & 29th April 09:30-16:30

This course, commissioned by the NWL training hub, provides an introduction in mental health, and skills in meeting the needs of patients who present in primary care. This includes an awareness of common mental health problems, addressing inequality and loneliness, mental health assessment skills, crisis intervention and safety planning, commonly prescribed medications, promoting recovery and trauma informed care principles.

Diabetes Foot Care Training

12TH June or 2nd Oct, 09:15-16:30, College Rd, Harrow HA1 1BA

The course is for experienced HCSWs who will be assisting with diabetes reviews:

- Terminology for Type 1 and type 2 diabetes
- Signs and symptoms risk factors and complications
- Basic A and P
- The 8 (9) Care Processes and the HCSW in monitoring
- Diabetes UK resources
- Referral for education (as per locality practice)
- Undertaking diabetic foot assessment following FRAME guidelines

Booking & Registration:

New Asthma
Guidelines webinar 1
[new-asthma-guidelines-in-nwl-webinar 1](#)

New Asthma
Guidelines webinar 2
[new-asthma-guidelines-in-nwl-webinar 2](#)

Ring Pessary
Refresher:
medtribe.com/courses/ring-pessary-update

Clinical Mental
Health for nurses,
Register here: [Clinical mental health for nurses](#)

Diabetes Foot Care
Training:
https://medtribe.com/courses/diabetes-foot-care-f5145dd1-4546-434a-b66b-b618b415a3ac?schedule_id=11676

Trainings from NWL TH open to H&F Primary Care staff

Essentials of Menopause Care

Sat 10TH May 10:00-14:00, St Stephens Centre, SW10 9NH

This Training is for GPs, ANPs, nurses & physician's associates. This course aims to help you develop the skills and confidence to consult with patients about perimenopause, menopause, and their care needs: This is an ideal starting point for many, while also providing a useful update for more experienced staff.

Travel Health Update

5th June 13:00-16:00; 23rd Oct 13:00-16:00

This training is an update for experienced immunisers already offering travel updates.

Course outline: Current policy and planned changes in 2025; Tools to support the travel health consultation; Legal requirements & other queries: Travel vaccines; Hep A; Typhoid; Hep B; TDP; Meningococcal; Rabies; Yellow Fever; Jap Encephalitis; Tick Borne Encephalitis; Other vaccines to consider; Malaria & dengue.

SRH Essentials

14TH June 08:45-16:30, St Stephens Centre, SW10 9NH

This course is for GPs & Nurses, ANPs, PAs. SRH Essentials a course suitable for Primary care practitioners recently moved into the role and who have little or no experience in sexual and reproductive health; *or* Those who have been working in primary care but have only undertaken a small amount of training in this area.

ECG Training Day In-Person for GPs & ACPs

25th April, 09:00 – 16:00, College Rd, Harrow HA1 1BA

17th Oct, 09:00 – 16:00, College Rd, Harrow HA1 1BA

Refresher Interpreting ECG for GPs & ACPs

19th September, 12:30-14:00

This training is for GPs and ACPs who have already attended the interpreting ECG course only. **The refresher ECG course** re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs.

Performing ECG Training

30th Sept 9:15 – 16:30

This training is for HCAs. GPAs, pharmacists, nurses can attend if they require this.

Booking & Registration:

Essentials of Menopause Care:
<https://medtribe.com/courses/essentials-of-menopause-care>

Travel Update Book here:
<https://medtribe.com/courses/travel-health-updates>

SRH Essentials:
<https://medtribe.com/courses/srh-essentials-for-gps-nurses-anps-pas>

ECG Training Day:
<https://medtribe.com/courses/ecg-interpretation-foundation->

Refresher Interpreting ECG:
<https://medtribe.com/courses/refresher-interpreting-ecg-course>

Performing ECG:
<https://medtribe.com/courses/performing-ecg-training->

ARRS Training Offers

Managing Expectations, Boundaries & Conflict

The courses will be open to the **3 Personalised Care ARRS roles** – Social Prescribing Link Workers, Health & Wellbeing Coaches & Care Coordinators.

The course will cover:

- Manage patient expectations
- Handle conflict effectively
- Set and maintain professional boundaries
- Encourage patient independence

Introduction to support options for individuals with No Recourse to Public Funds

The courses will be open to the **3 Personalised Care ARRS roles** – Social Prescribing Link Workers, Health & Wellbeing Coaches & Care Coordinators.

The course will cover:

- Understanding ‘no recourse to public funds’ (NRPF)
- Identifying immigration status and entitlements
- Issues and barriers faced by adults with NRPF
- Asylum support
- National Referral Mechanism
- Care Act 2014
- Migrant Victims of Domestic Abuse Concession (MVDAC) (formerly known as the Destitution Domestic Violence Concession)

2 OR 4 Day Coaching Course

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches

NWL Training Hub is supporting further new recruitment of the Personalised Care roles by funding a DES required PCI coaching course – either the 2 day or 4 day course dependant on the role.

PitStop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.

Booking & Registration for ARRS Training Offers:

Managing Expectations, Boundaries & Conflict:
Please email evcostello@nhs.net & jonathan.ord1@nhs.net with name, role, practice, PCN, Borough & employer

Introduction to support options for individuals with No Recourse to Public Funds: Please email evcostello@nhs.net & jonathan.ord1@nhs.net with name, role, practice, PCN, Borough & employer

2 or 4 day Coaching Course:
Please email evcostello@nhs.net & jonathan.ord1@nhs.net with name, role, practice, PCN, Borough & employer

PitStop Foundation Diabetes Course:
Please email evcostello@nhs.net & jonathan.ord1@nhs.net with name, role, practice, PCN, Borough & employer

Safeguarding



North West London
Integrated Care System

Level 3 Safeguarding training

**Wednesday 30th April 2025 - 09.30-16:30
or Wednesday 21st May 2025 - 09.30-16:30
Online (MS Teams)**

This training is aimed at NWL ICB staff and Primary Care Colleagues

Course Content/ Learning Objectives:

- Your Safeguarding Adult Level 3 responsibility
- Identifying abuse and making a judgement
- Communication and multi-disciplinary working
- Safeguarding Risk Assessment
- Your role in multi-agency statutory reviews
- Documentation for safeguarding
- Forensic procedures/examinations relevant to your role
- Supervision

Please note this training is capped at **50 places only, first come first served; (48 hour cancellation if unable to attend)**



North West London
Integrated Care System

Domestic Abuse Training for Primary Care

March 26th, May 21st or July 2nd all at 13:00-15:00

This Safeguarding training will enhance knowledge, skills & confidence in understanding Domestic Abuse (DA):

- **Explore DA Concepts:** Understand the different forms of domestic abuse (physical, emotional, psychological, economic, etc.)
- **Legislative Framework:** Apply relevant laws and legislation that address DA
- **Prevalence Awareness:** Be aware of the widespread nature and statistics
- **Recognise Indicators:** Identify signs and indicators of DA to improve detection
- **Community Impact:** Understand how DA affects individuals, communities, and society, with a focus on the health and well-being of the child, victim, and perpetrator

Booking & Registration:

To book a space on any of the safeguarding trainings with NHS NWL ICB Safeguarding Team, please contact: nhsnwl.safeguardingtraining@nhs.net

Please indicate which of the two dates you wish to attend, include your full name, role, trust/workplace, and contact details.

NWL Training Hub Resources & Recording



NW LONDON TRAINING HUB

Education ♦ Training ♦ Workforce

Webinar Recordings

Recordings of previous trainings:

Preventing Diabetes:

[Preventing Diabetes: NDPP Updates](#)

Pulmonary Rehabilitation:

[Pulmonary Rehabilitation 18/06/24](#)

Respiratory Webinar & Systmone slides:

[Enhanced Services Respiratory Webinar & slides, S1 Templates](#)

ABPM Training:

[ABPM](#)

Anticoagulation training:

[Anticoagulation Update](#)

Find the full list here:

<https://nwltraininghub.co.uk/webinar-recordings/>

Newsletter Sign Up

*Sign up directly to the NWL Training Hub newsletter:
for direct information on funded programmes and new enhanced services
trainings*

Webinars & Events for March

North West London Evaluation Toolkit launch

10 April, 14:15—15:00



Evaluation is essential in knowing which services, interventions and solutions have the greatest impact. Register today to hear more from the North West London Evaluation Consortium about a brand new tool to support health and care organisations to conduct more frequent and more effective evaluations.

North West London is putting a system-wide focus on a consistent, joined-up approach to evaluation, with a new four-step approach which has been co-designed across the sector. The North West London Evaluation Consortium is launching the region's Evaluation Toolkit, a new website that will support staff of all levels, across all health and care organisations in our patch to conduct more evaluations, with the collective goal of improving outcomes for our local population, patients and staff.

This 45 minute webinar to launch the new website will be chaired by Professor **Bob Klaber (Director of Strategy, Research and Innovation and Imperial College Healthcare NHS Trust)** and **Matthew Chisambi (Director, Imperial College Health Partners)**. The full agenda, including speakers from across North West London, will be shared shortly.

The North West London Evaluation Consortium is collaborative effort across our system; a great example of how NHS, academic and research, third sector, and innovation organisations can come together and leverage their collective strengths towards addressing a need in the system. The Consortium is comprised of the North West London Integrated Care Board, Imperial College Healthcare NHS Trust, Imperial College Healthcare Trust, North West London Applied Research Collaborative, Imperial College London, Brunel University, and Third Sector Together (3ST).

Explore the new website here:

<https://www.nwevaluationtoolkit.org.uk/>

Booking & Registration:

Register for the launch webinar here:

<https://events.teams.microsoft.com/event/a2bba098-42f6-45c9-96ed-ac47a9cd0fd5@e4b05909-4485-4890-b86d-8c28f911a872/registration>

Wellbeing for H&F Primary Care staff:



We are here to support you.

Please get in touch with us:

Tel. 0300 123 1705

keepingwell.nwl@nhs.net

The Keeping Well website has a [dedicated webpage](#) with resources and signposting information for primary care staff working in NWL.



The Workwell Doctors Wellbeing Workshops

WorkWell Doctors & NWL Training Hub have collaborated to provide this wellbeing workshops for all NWL Primary Care staff

Book here: [Work Well Doctors wellbeing workshops](#)

[Habits & Physical Activity, 25th March, 13:00 - 14:30](#)



**Freedom to speak up
Guardians (FTSUG)**

*A confidential speaking up service
for practice staff*

Speaking up is about anything that gets in the way of providing good care. North West London Training Hubs have launched Freedom to Speak Up Guardians within Primary Care.

FTSUGs are a cohort of staff across NWL Primary Care, primarily within the Training Hubs.

Contact us through the website with your concern or query and you will be matched with a guardian. Note that conversations remain confidential, and we will work with you to support decisions pertaining to next steps you may wish to take.

How to Speak Up: [Speak Up... Anonymously - NW London Training Hub \(nwltraininghub.co.uk\)](#)