

# NWL Training Hub

## Newsletter

w/c 21st April 2025

## News and Updates

Review and book all NWL Training Events:  
[nwltraininghub.co.uk/events/](http://nwltraininghub.co.uk/events/)



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### Change Leadership

- 24th April, 12:00—13:00 [book here](#)

This session is focused on how leaders can better lead others through change

- The Agile Leader: balancing the needs of the task, team, and individuals through change by adopting a style to suit the situation
- The Trinity for Change Success: Command, Leadership, and Management - consider the distinct yet interconnected elements for successful change
- Delivering Change: role & responsibilities for leading change

### Bringing Others on the Change Journey

- 30th April, 12:00—13:00 [book here](#)

This session is focused on the human factors of change

- Divers and resistance to Change - understanding why people support or resist change.
- Change handrails - explore some key models, linked to human behaviour.
- Contribution safety - promoting collaboration and feedback loops.
- Stakeholders - key stakeholder identification and engagement tools, with consideration to personality types and their response to change

### Unscheduled bleeding webinar

- 21st May, 12:30—13:15 [book here](#)

In the webinar Dr Helena O'Flynn will be discussing postmenopausal bleeding and when it's a red flag symptom for cancer, the risk factors for endometrial cancer, how to manage bleeding in your patients, what examinations you can carry out on a patient to help determine a diagnosis and when to refer into secondary care. There is also a Q&A opportunity so you can get in any key questions you've got.

### 24-hour charity webathon for health and care staff

- 1st May from 12:00 [book here](#)

NHS Elect are hosting a special charity webathon, offering 24 hours of free learning for NHS staff as a thank you for everything you do. The aim is to help raise money for four amazing health and care charities that have supported our staff and their loved ones during challenging times. There's plenty of sessions to choose from, on popular topics like leadership, wellbeing, and workplace happiness. Take part and register for as many sessions as you like.

[View the full agenda here](#)

### GP webinar: London Maternity Clinical Network initiative. Theme: Translation and Cultural Work

- 13th May 13:00—14:00 [book here](#)

### THIS WEEK

- Change Leadership - 24th April, 12:00—13:00 [book here](#)
- CYP Asthma Management - 22nd April, 13:00 - 13:45 [book here](#)
- Rethinking Pain Management: A Practical Guide to Opioids in Chronic Non-Cancer Pain - 23rd April, 12:00—13:30 [book here](#)
- FIT Use and the Colorectal Cancer Pathway - 23rd April, 12:45—13:30 [register here](#)
- London NHSE Apprenticeship Employer Support Call - 24th April, 11:00—12:30 [email Jennie Stone to receive an invite](#)
- London Region Covid-19 and Flu vaccination Community of Practice - 24th April, 12:30—13:45 [book here](#)
- Library Services Webinar - 24th April, 13:00 - 14:00 [book here](#)
- National Numeracy - Feeling Better about Maths online workshop - 25th April at 9:30 - 11:30 [book here](#)

## NWL TH Training

### NWL Training Hub Webinars

#### Library Services Webinar

- 24th April, 13:00 - 14:00 [book here](#)

This lunchtime session is open to all staff in NWL

Unlock cutting-edge insights with the NHS Library and Knowledge Hub—the ultimate online resource for all NHS healthcare professionals accessible via your NHS OpenAthens account.

#### Respiratory Enhanced Service

- 28th April, 13:00 - 14:00 [book here](#)

Opportunity to hear about the 2025/2026 NWL Respiratory specification, what this means in practice and how to enhance care for our patients with respiratory conditions.

#### Safeguarding Webinars

Please join our 1 hour Online Safeguarding webinars. A certificate of attendance will be provided when attending the FULL session this certificate can be counted towards your level 3 Safeguarding annual update. Book 1 or more session using the links provided below or [here by selecting the date from the drop down](#).

#### Incels & Misogyny

- 6 May 13:00—14:00 [book here](#)

#### Spiritual & Ritual Abuse

- 20 May 13:00—14:00 [book here](#)

#### Drug awareness

- 3 June 13:00—14:00 [book here](#)

#### NPS (New Psychoactive Substances)

- 1 July 13:00—14:00 [book here](#)

#### Young people, Families & Drug Use

- 23 July 13:00—14:00 [book here](#)

#### Womens Health Update Webinar

- 20th June 2025 13:00—15:00 [book here](#)

Join us for the latest NWL webinar focused on key women's health topics relevant to primary care. We'll cover:

- Contraception, including IUC and IUS
- Menopause update

For queries about our NWL Training Hub webinars please contact [nwl.traininghub@nhs.net](mailto:nwl.traininghub@nhs.net)

## SSSA Training

### SSSA Foundation

- 28th April 10:00—16:00 & 12th May 9:00—14:00 [book here](#)

- 3rd June 9:00—15:30 & 17th June 9:00—14:30 [book here](#)

- 4th July 9:00—15:30 & 25th July 9:00—14:30 [book here](#)

This is a 2 day online SSSA Foundation training for registered nurses. You must attend both days to successfully finalise the training. By booking on this training you agree that you WILL attend both dates. This is a course for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who are interested in supporting learners in practice.

### SSSA Update

- 9th May 9:00—11:30 [book here](#)

- 13th June 9:00—12:00 [book here](#)

- 18th July 9:00—12:00 [book here](#)

This course is suitable if you have already attended mentorship preparation training (e.g. ENB 998). This update provides a refresher of the knowledge, skills and behaviours needed to support learners to become outstanding nurses and midwives.

## Enhanced Services

If all dates are fully booked for a training please join the waitlist, this allows us to know when there is sufficient demand for us to book new dates.

### Interpreting ECG - Foundation

- 17th October, 9:00 to 16:00 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

This training is for GPs and ACPs only. Please be aware this is **not a refresher**.

### Refresher Interpreting ECG

- 19th September 2025, 12:30 - 14:00 [book here](#)

This training is for GPs and ACPs who have already attended the interpreting ECG course only.

### Performing ECG Training

- 30th September 9:15 - 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

This training is for HCAs, GPAs, pharmacists, nurses can attend if they require this training

### Travel Health Updates

- 5th June 2025, 13:00 - 16:00 [book here](#)

- 23rd October 2025 13:00 - 16:00 [book here](#)

This training is open to all trained Nursing and Pharmacist Immunisers. This training will be conducted over 3 hours online.

Please note: Travel Health Updates for **experienced practitioners only** offering travel immunisations already. This session does not cover seasonal vaccines. Find out more details about what is covered [here](#).

### Seasonal Immunisation Updates

- 4th June 13:00 - 16:15 [book here](#)

- 15th July 13:30 - 16:15 [book here](#)

- 21st August 13:00 - 16:15 [book here](#)

- 9th September 13:00 - 16:15 [book here](#)

- 7th October 13:00 - 16:15 [book here](#)

This 3 hour online seasonal immunisation update is for all **experienced Health Care Professionals**; Nurses, Paramedics, Pharmacists, Nursing Associates, Pharmacy Techs and the non-registered workforce (which includes HCAs, HCSWs, Phlebotomists, receptionists etc) to deliver flu, pneumococcal, shingles, RSV and COVID vaccines. [Objectives for this update can be found here](#).

### Child Immunisation Updates

- 13th May 9:00—12:15 [book here](#)

- 4th June 9:00—12:15 [book here](#)

- 1st July 13:30—16:45 [book here](#)

- 10th July 13:30—16:45 [book here](#)

- 19th August 13:30—16:45 [book here](#)

- 11th September 13:30—16:45 [book here](#)

This updates for **experienced practitioners** (usually nurses, nursing associates and pharmacists) already delivering child immunisations.

### Adult Phlebotomy

- 28th May, 9:15 - 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

- 28th August, 9:15 - 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

- 30th October 9:15 - 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

### Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.

GPs – please be sure to provide a summary of your diabetes related work undertaken. [Express your interest here](#)

### Diabetes Foot Care Training

- 12th June 9:15 - 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

- 2nd October 9:15 - 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

The course is for experienced HCSWs who will be assisting with diabetes reviews.

### Wound Care Training

- 8th May 9:15—16:30 [book here](#) in person @ The Irish Cultural Centre, W6 9DT

- 12th August 9:15—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

- 13th November 9:15—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

This training is for HCSWs/HCAs who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

### Advanced Wound Care Training

- 4th September 9:15 - 16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

This session is aimed at HCAs who have some basic knowledge and experience of wound care and wish to extend their skills to be able to perform suture and staple removal and take a swab correctly

### Cervical Sample Taker Update

- 6th June 9:00—13:00 [book here](#)

- 10th September 9:00—13:00 [book here](#)

This update is for Registered Nurses, GPs, registered Physician Associates, Nursing Associates who are registered with the NMC or registered paramedics working in GP practices, who have completed their cervical sample taking training in the past and who require the three yearly update.

### Ring Pessary Foundation course

- 24th June, 9:30—12:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

- 24th June, 13:30—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

- 28th November, 9:00—12:00 [book here](#) in person @ The Irish Cultural Centre, W6 9DT

- 28th November, 13:00—16:00 [book here](#) in person @ The Irish Cultural Centre, W6 9DT

This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

### Ring Pessary Update

- 16th May 9:00—12:00 [book here](#)

- 16th May 13:00—16:00 [book here](#)

This training is an update - for those who already finalised their Ring Pessary training

### SRH Essentials

- 14th June 8:45—16:30 [book here](#) in person @ St Stephens Centre, SW10 9NH

This course is for GPs & Nurses, ANPs, nurses & physician's associates

- Primary care practitioners recently moved into the role and who have little or no experience in sexual and reproductive health
- Those who have been working in primary care but have only undertaken a small amount of training in this area

### Essentials of Menopausal Care

- 10th May 10:00—14:00 [book here](#) in person @ St Stephens Centre, SW10 9NH

This Training is for GPs, ANPs, nurses & physician's associates

This half-day course aims to help you develop the skills and confidence to consult with patients about perimenopause, menopause, and their care needs. This course may act as an ideal starting point for many, while also providing a useful update for more experienced staff.

### Clinical Mental Health Course for Nurses

- Day 2: 29th April 9:30—16:30

[Express your interest in attending this training](#). Day 1 has passed however this isn't a requirement for attending day 2.

Learning Outcomes:

1. You will be able to demonstrate an awareness of commonly presented mental health problems in primary care and how to support people
2. Clinicians be able to demonstrate an understanding of mental health assessment and commonly prescribed medicine
3. Clinicians will have an awareness on supporting people in crisis and how to promote recovery and safety

### 2-day Introduction to Contraception

- 3rd & 10th June, 09:30—16:00 [book here \(you are booking for both days\)](#)

This course is for nurses, qualified NAs, paramedics and GPs. This is an opportunity for qualified staff who are new to practice and to get an overview of all contraceptive methods. It is also suitable for staff who have completed a contraceptive course before and want a full update on contraception.

### Contraception Update Training

- 15th July, 9:00—13:00 [book here](#)

This course is for nurses and GPs who have previously attended the contraception foundation training and who give care to women in relation to contraception.

## ARRS Training Offers

### 2 or 4 Day Coaching Course

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches

NWL Training Hub is supporting further new recruitment of the Personalised Care roles by funding a DES required PCI coaching course – either the 2 day or 4 day course dependant on the role.

Staff who wish to attend must either [complete the Eoi](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

### Pitstop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Pitstop Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioner.

Staff who wish to attend must either [complete the Eoi](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

[Thank you from the NWL Training Hub Team](#)



## Expressions of Interest forms

For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.

[Forms can all be found here](#)

## Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

### Multi-professional Supervisor Course [Application form](#)

The next cohort dates are - 24th April, 8th May, 15th May & 5th June 2025.

Complete the application form to be added to the waitlist for the above cohort or any future cohorts.

### GP Supervisor Course [Application form](#)

Complete the application form to be added to the waitlist for the next cohorts.

[Pharmacy Educational Supervisor Training programme](#) – available via eLHF

## Useful links and Resources

[Knowledge and Library Resources for GP and Practice Teams](#)

[Greener NHS – Resources for a more sustainable NHS](#)

[Survival Toolkit](#)

[Supported Return to Training](#)

[Podcast Learning Library](#)

[Primary Care Resources](#)

[GP Resources](#)

[Webinar Recordings](#)

## Other Training / Webinars / Events

### NHSE National Cardiac Webinar Series

- Various dates and sessions from the 14th April, 16:00—17:00 [book here](#)

Each session aims to:

- Share valuable insights and practical case studies
- Highlight updates from leading experts in the field
- Promote the exchange of good practice and discussion on high-profile topics
- An opportunity for Q&A's

### Dementia 100 Pathway Assessment Tool

- 28th April 10:30—12:00 [book here](#)

This webinar is aimed at health and social care professionals that commission dementia services, as well as those in leadership or influencing roles across all areas of care for people living with dementia. This may include community, acute, urgent care, primary care, social care, care homes, prevention services, voluntary services, carers services and more.

### The internet, suicide and self-harm Free training webinar for practitioners

- 29th April, 12:30—14:00 [book here](#)

- 28th May, 12:30—14:00 [book here](#)

During this webinar you will learn;

- How people use the internet in relation to self-harm and suicide
- What the new Online Safety Act means for self-harm and suicide content online
- The role that practitioners can play in supporting people
- How to talk to people about their online use
- How Samaritans can support you in your role

### ELC Programme Lunch and Learn Webinars

Join these free 60 minute lunch and learn webinars. Learn from peers who are pioneering group clinics in primary care practices and specialist services.

**How group clinics deliver the 10 year plan**

- 29th April 12:30—13:30 [book here](#)

### Medicines webinar to support Green Plan Refresh

- 29th April, 14:00—15:00 [book here](#)

London Greener NHS Team, NHS England, in collaboration with the South East Greener NHS Team, will be offering a medicines session as part of the Green Plan Refresh Process focussing in on inhalers.

### Cervical Screening Forum

- 30th April, 13:00—14:00 [join here](#)

The full agenda and joining details can be found in [this flyer](#). Please contact Narinder Sinclair, [narinder.sinclair1@nhs.net](mailto:narinder.sinclair1@nhs.net) if you have any questions about this forum.

### Invitation to practical pain science for healthcare professionals

- 30th April 12:30—17:00 [register here](#) in person @ The Irish Cultural Centre, W6 9DT

An entertaining afternoon exploring the surprising science of pain, and what it might mean for you and your patients/clients.

For further information contact [catherine.caldwell@imperialcollegehealthpartners.com](mailto:catherine.caldwell@imperialcollegehealthpartners.com)

### Safeguarding Adults Training Level 3

- 30th April, 9:30—16:30

- 21st May, 9:30—16:30

**To book on this training, please contact:** [nhsnw.safeguardingtraining@nhs.net](mailto:nhsnw.safeguardingtraining@nhs.net). Please indicate which of the two dates you wish to attend, include your full name, role, trust/workplace, and contact details. [View flyer here](#).

### Course Content/ Learning Objectives