

# NWL Training Hub

## Newsletter

w/c 28th April 2025

## News and Updates

**Review and book all NWL Training Events:**  
[nwltraininghub.co.uk/events/](http://nwltraininghub.co.uk/events/)

### Coaching and Mentorship opportunity

If you are either a newly qualified GP, a Fellow, or an ARRS GP in North West London and are interested in being mentored, you can find out more about the programme [on this page](#) including who to contact if you have any questions and how to apply. [You can also view the flyer here](#)

### Cancer Red Flag Talks

- 11 June 13:00—14:00 [book here](#)  
This session will explore the key red flag symptoms that may indicate the presence of cancer, Using the “C the Signs” framework to guide our discussion .  
Talk delivered by: Dr Lyndsey Williams, RMP Cancer Clinical for Ealing and Hounslow

### Anticoagulation Update Training

- 27th June 13:30—16:30 [book here](#)  
This training is for Nurses, Nursing Associates, Health Care Support Workers, Pharmacists and GP’s. Anyone with a role in the monitoring of anticoagulation therapy. This training is an update for staff who are **not** new to monitoring and need an update this will cover:

Warfarin

- the do’s don’ts and managing INR’s.
- Normal levels (target ranges)
- What to do with a high INR and a low INR. (who needs LMWH and when and why)
- Patient education for warfarin.

DOACS:

- Do’s and Don’ts
- Initiation
- Monitoring
- Patient education
- How and why to reduce doses as per guidelines

### NEW To Anticoagulation Training

- 27th June 9:30—12:30 [book here](#)  
This training is for Nurses, Nursing Associates, Health Care Support Workers, Pharmacists and GP’s. Anyone with a role in the monitoring of anticoagulation therapy This Training is for staff who are **new** to monitoring and will cover:

Warfarin

- the do’s don’ts and managing INR’s.
- Normal levels (target ranges)
- What to do with a high INR and a low INR.
- How to use the INR machine. Best practice
- How to use INRstar, and levels of responsibility
- Patient education for warfarin.

DOACS:

- Do’s and Don’ts
- Initiation
- Monitoring
- Patient education
- How and why to reduce doses as per guidelines

### WorkWell: Work as a Treatment for Primary Care

- 20th May 13:00—14:00 [book here](#)  
Is writing fit notes taking more time than solving the underlying problem? Are recurring fit notes indicating a need for additional patient support?  
Join WorkWell for a practical workshop that will challenge how you handle employment conversations. Learn the 30-second intervention that reduces appointment frequency, improves patient outcomes, and saves the NHS £2,370 per patient annually.  
What you’ll learn:

- Evidence-based conversation approaches that strengthens the clinical relationship
- A simple referral process that integrates with your existing workflow
- Effective ways to involve your wider practice team

Data shows 92% of patients value these conversations when conducted appropriately. We’ll address common concerns and practical challenges together.

*“WorkWell is a powerful therapeutic intervention that has reduced the stress of discussing fit notes with my patients”* [Dr. Elanor Turner, GP]

### NWRS Webinar Recording and resources

This is just a reminder that the recoding of the NWRS webinar is on our recording website (link below). You will also find links to the variety of resources pertaining to NWRS.  
[North West London Training Hub - Training Recordings](#)—please remember to log in using your NHS email address if prompted.

**Useful Links -**  
Contact Email - [ssd.nationalservicedesk@nhs.net](mailto:ssd.nationalservicedesk@nhs.net)  
SDCS Collection Page - <https://datacollection.sdcs.digital.nhs.uk/>  
NWRS Q Dashboard - <https://digital.nhs.uk/data-and-information/areas-of-interest/workforce/national-workforce-reporting-service-nwrs/nwrs-dashboard>  
NWRS Support Page - <https://digital.nhs.uk/data-and-information/areas-of-interest/workforce/national-workforce-reporting-service-nwrs/support>  
NWRS How to Videos - <https://digital.nhs.uk/data-and-information/areas-of-interest/workforce/national-workforce-reporting-service-nwrs/support#how-to-videos>  
NWRS Guidance and Support - <https://digital.nhs.uk/data-and-information/areas-of-interest/workforce/national-workforce-reporting-service-nwrs/guidance>  
NWRS How we use your data - <https://digital.nhs.uk/data-and-information/areas-of-interest/workforce/national-workforce-reporting-service-nwrs/how-we-use-the-workforce-data-you-provide>  
ODS (Searching Organisation Code) - <https://odsportal.digital.nhs.uk/Organisation/Search>  
GP Publication - <https://digital.nhs.uk/data-and-information/publications/statistical/general-and-personal-medical-services>  
PCN Publication - <https://digital.nhs.uk/data-and-information/publications/statistical/primary-care-network-workforce>

### Bringing Others on the Change Journey

- 30th April, 12:00—13:00 [book here](#)  
This session is focused on the human factors of change

- Divers and resistance to Change - understanding why people support or resist change.
- Change handrails - explore some key models, linked to human behaviour.
- Contribution safety - promoting collaboration and feedback loops.
- Stakeholders - key stakeholder identification and engagement tools, with consideration to personality types and their response to change

### London PCN Leaders Conference

- 5th June 9:00—16:30 [book here](#) in person @ Glazier Hall, SE1 9DD  
This conference aims to unite Clinical Directors, GP Partners and Network Managers from across London for a day of learning, collaboration, and networking. It offers a valuable opportunity to engage with inspiring speakers, exchange ideas, and explore the future of Primary Care Networks in London.

The day will feature:

- Insightful keynote presentations from leading figures in healthcare.
- Interactive sessions to exchange ideas and innovations.
- Networking opportunities to connect with peers and colleagues.

### North West London is looking for passionate volunteers to help shape local healthcare

NHS North West London is looking for passionate volunteers to help shape local healthcare. If you have lived experience of managing a long-term condition—or care for someone who does—you can make a real difference by joining our programme group to long-term conditions or our reducing inequalities reference group for the community specialist palliative care programme.

We welcome residents aged 18 and above from Brent, Ealing, Hammersmith & Fulham, Harrow, Hillingdon, Hounslow, Kensington and Chelsea, and Westminster. Your insights will help improve patient outcomes and reduce health inequalities.

This volunteer role lasts for 12 months, with a six-month review. The deadline to apply has been extended to 7 May 2025. If you have any issues in accessing these forms, or would prefer to complete a paper form, please contact [nhsnwlcommunications.nwl@nhs.net](mailto:nhsnwlcommunications.nwl@nhs.net).

[Find out more and apply here](#)

### Supporting primary care to deliver earlier diagnosis for suspected bowel cancer patients

- 19th June 18:30—19:30 [book here](#)  
This session is hosted by Bowel Cancer UK and will cover:

- colorectal cancer, risk factors and red flag symptoms
- Using FIT in symptomatic patients
- The diagnostic pathway and importance of earlier diagnosis.

### Newly Qualified Pharmacist Prescribers Service Vision Survey

Pharmacist undergraduate training is undergoing implementation of reforms to the pharmacy degree and foundation/pre-registration training year to ensure pharmacists join the register with the skills and knowledge required to support current and future clinical services. As part of this, independent prescribing training has been integrated into undergraduate courses. Pharmacists who qualify and join the professional register from 2026 will register as qualified independent prescribers. Further information on this reform work is available here: <https://www.hee.nhs.uk/pharmacy/implementing-foundation-pharmacist-training-year-2025-26>

The Royal Pharmaceutical Society are reviewing the current post-registration pharmacist training curricula to align with these changes to ensure it supports the training and development of newly qualified pharmacists including in their potential role as prescribers. The purpose of the survey is to capture organisation feedback on future services to inform the new curricula and ensure it meets employers and organisations training needs.

If you have any questions about the survey, please contact the RPS at [Credentiaing@rpharms.com](mailto:Credentiaing@rpharms.com).

[Please follow this link](#) to the newly qualified pharmacist prescribers (NQPPs) service vision survey. The survey should take no longer than 10-15 minutes to complete and your responses will help to guide the development of the updated RPS credentialing curriculum to support the development of NQPPs. We ask that responses are submitted by Friday 16th May 2025.

### Heidi Health

Heidi is a free scribe that writes your notes and documents just like you, saving you time, effort and headspace. This means no more typing during consultations or wracking your brain to remember the multiple problems. Heidi supports clinicians to focus on the patient, while she picks up the admin work.

Heidi is GDPR and NHS compliant, and has been cleared by the Digital, Data and Technology Team for use in North West London, Heidi Health is currently offering practices 6 months free, you can [sign up here](#).

### THIS WEEK

- Dementia 100 Pathway Assessment Tool - 28th April 10:30—12:00 [book here](#)
- The internet, suicide and self-harm Free training webinar for practitioners - 29th April, 12:30—14:00 [book here](#)
- How group clinics deliver the 10 year plan - 29th April 12:30—13:30 [book here](#)
- Medicines webinar to support Green Plan Refresh - 29th April, 14:00—15:00 [book here](#)
- Cervical Screening Forum - 30th April, 13:00—14:00 [join here](#)
- Invitation to practical plain science for healthcare professionals - 30th April 12:30—17:00 [register here](#) in person @The Irish Cultural Centre, W6 9DT
- Safeguarding Adults Training Level 3 - 30th April, 9:30—16:30 [View flyer here](#).
- Getting started as a locum in North West London Webinar - 30th April, 18:30—19:30 [register here](#)
- Bringing Others on the Change Journey - 30th April, 12:00—13:00 [book here](#)

## NWL TH Training

### NWL Training Hub Webinars

#### WorkWell: Work as a Treatment for Primary Care

- 20th May 13:00—14:00 [book here](#)  
Is writing fit notes taking more time than solving the underlying problem? Are recurring fit notes indicating a need for additional patient support?

#### Safeguarding Webinars

Please join our 1 hour Online Safeguarding webinars. A certificate of attendance will be provided when attending the FULL session this certificate can be counted towards your level 3 Safeguarding annual update. Book 1 or more session using the links provided below or [here](#) by selecting the date from the drop down.

#### Incels & Misogyny

- 6 May 13:00—14:00 [book here](#)

#### Spiritual & Ritual Abuse

- 20 May 13:00—14:00 [book here](#)

#### Drug awareness

- 3 June 13:00—14:00 [book here](#)

#### NPS (New Psychoactive Substances)

- 1 July 13:00—14:00 [book here](#)

#### Young people, Families & Drug Use

- 23 July 13:00—14:00 [book here](#)

#### Cancer Red Flag Talks

- 11 June 13:00—14:00 [book here](#)  
This session will explore the key red flag symptoms that may indicate the presence of cancer, Using the “C the Signs” framework to guide our discussion .  
Talk delivered by: Dr Lyndsey Williams, RMP Cancer Clinical for Ealing and Hounslow

#### Womens Health Update Webinar

- 20th June 2025 13:00—15:00 [book here](#)  
Join us for the latest NWL webinar focused on key women’s health topics relevant to primary care. We’ll cover:

- Contraception, including IUC and IUS
- Menopause update

For queries about our NWL Training Hub webinars please contact [nwl.traininghub@nhs.net](mailto:nwl.traininghub@nhs.net)

## SSSA Training

### SSSA Foundation

- 5th June 9:00—15:30 & 17th June 9:00—14:30 [book here](#)  
- 4th July 9:00—15:30 & 25th July 9:00—14:30 [book here](#)  
This is a 2 day online SSSA Foundation training for registered nurses. You must attend both days to successfully finalise the training. By booking on this training you agree that you WILL attend both dates. This is a course for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who are interested in supporting learners in practice.

### SSSA Update

- 9th May 9:00—11:30 [book here](#)  
- 13th June 9:00—12:00 [book here](#)  
- 18th July 9:00—12:00 [book here](#)  
This course is suitable if you have already attended mentorship preparation training (e.g. ENB 998). This update provides a refresher of the knowledge, skills and behaviours needed to support learners to become outstanding nurses and midwives.

## Enhanced Services

If all dates are fully booked for a training please join the waitlist, this allows us to know when there is sufficient demand for you to book new dates.

### Interpreting ECG - Foundation

- 17<sup>th</sup> October, 9:00 to 16:00 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
This training is for GPs and ACPs only. Please be aware this is **not a refresher**.

### Refresher Interpreting ECG

- 19<sup>th</sup> September 2025, 12:30 - 14:00 [book here](#)  
This training is for GPs and ACPs who have already attended the interpreting ECG course only.

### Performing ECG Training

- 30<sup>th</sup> September 9:15—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
This training is for HCAs, GPAs, pharmacists, nurses can attend if they require this training

### Travel Health Updates

- 5<sup>th</sup> June 2025, 13:00—16:00 [book here](#)  
- 23<sup>rd</sup> October 2025 13:00—16:00 [book here](#)  
This training is open to all defined Nursing and Pharmacist Immunisers. This training will be conducted over 3 hours online.

Please note: Travel Health Updates for **experienced practitioners** only offering travel immunisations already covered. This session does not cover seasonal vaccines. Find out more details about what is covered [here](#).

### Seasonal Immunisation Updates

- 4th June 13:00—16:15 [book here](#)  
- 15th July 13:00—16:15 [book here](#)  
- 21st August 13:00—16:15 [book here](#)  
- 9th September 13:00—16:15 [book here](#)  
- 7th October 13:00—16:15 [book here](#)

This 3 hour online seasonal immunisation update is for all **experienced Health Care Professionals**; Nurses, Paramedics, HCAs, Nursing Associates, Pharmacy Techs and the non-registered workforce (which includes HCAs, HCSWs, Phlebotomists, receptionists etc) to deliver flu, pneumococcal, shingles, RSV and COVID vaccines. [Objectives for this update can be found here](#).

### Child Immunisation Updates

- 13th May 9:00—12:15 [book here](#)  
- 4th June 9:00—12:15 [book here](#)  
- 1st July 13:30—16:45 [book here](#)  
- 10th July 13:30—16:45 [book here](#)  
- 19th August 13:30—16:45 [book here](#)  
- 11th September 13:30—16:45 [book here](#)

This updates for **experienced practitioners** (usually nurses, nursing associates and pharmacists) already delivering child immunisations.

### Adult Phlebotomy

- 28<sup>th</sup> May, 9:15—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 28<sup>th</sup> August, 9:15—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 30<sup>th</sup> October 9:15—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

### Advanced Diabetes Course

For GPs and Pharmacists— you must have attended the foundation course before attending this advanced course.  
GP’s please be sure to provide a summary of your diabetes related work undertaken. [Express your interest here](#)

### Diabetes Foot Care Training

- 12<sup>th</sup> June 9:15—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 2<sup>nd</sup> October 9:15—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

The course is for experienced HCSWs who will be assisting with diabetes reviews.

### Wound Care Training

- 8<sup>th</sup> May 9:15—16:30 [book here](#) in person @ The Irish Cultural Centre, W6 9DT  
- 12<sup>th</sup> August 9:15—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 13<sup>th</sup> November 9:15—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA

This training is for HCSWs/HCAs who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

### Advanced Wound Care Training

- 4<sup>th</sup> September 9:15—16:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
This session is aimed at HCAs who have some basic knowledge and experience of wound care and wish to extend their skills to be able to perform suture and staple removal and take a swab correctly

### Cervical Sample Taker Update

- 6th June 9:00—13:00 [book here](#)  
- 10th September 9:00—13:00 [book here](#)  
This update is for Registered Nurses, GPs, registered Physician Associates, Nursing Associates who are registered with the NMC or registered paramedics working in GP practices, who have completed their cervical sample taking training in the past and who require the three yearly update.

### Ring Pessary Foundation course

- 24<sup>th</sup> June, 9:30—12:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 12<sup>th</sup> August, 9:30—12:30 [book here](#) in person @ Harrow Baptist Church, HA1 1BA  
- 28th November, 9:00—12:00 [book here](#) in person @ The Irish Cultural Centre, W6 9DT  
- 28th November, 13:00—16:00 [book here](#) in person @ The Irish Cultural Centre, W6 9DT

This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

### Ring Pessary Update

- 16th May 9:00—12:00 [book here](#)  
- 16th May 13:00—16:00 [book here](#)  
This training is an update – for those who already finalised their Ring Pessary training

### SRH Essentials

- 14<sup>th</sup> June 8:45—16:30 [book here](#) in person @ St Stephens Centre, SW10 9NH  
This course is for GPs & Nurses, ANPs, PAs. SRH Essentials a course suitable for:

- Primary care practitioners recently moved into the role and who have little or no experience in sexual and reproductive health
- Those who have been working in primary care but have only undertaken a small amount of training in this area

### Essentials of Menopause Care

- 14<sup>th</sup> June, 9:30—14:00 [book here](#) in person @ St Stephens Centre, SW10 9NH  
This Training is for GPs, ANPs, nurses & physician’s associates  
This half-day course aims to help you develop the skills and confidence to consult with patients about perimenopause, menopause, and their care needs. This course may act as an ideal starting point for many, while also providing a useful update for more experienced staff.

### 2-Day Introduction to Contraception

- 3rd & 10th June, 09:30—16:00 [book here](#) ([you are booking for both days](#))  
This course is for nurses, qualified NAs, paramedics and GPs. This is an opportunity for qualified staff who are new to practice and to get an overview of all contraceptive methods. It is also suitable for staff who have completed a contraceptive course before and want a full update on contraception.

### Contraception Update Training

- 15th July, 9:00—13:00 [book here](#)  
This course is for nurses and GPs who have previously attended the contraception foundation training and who give care to women in relation to contraception.

### NEW To Anticoagulation Training

- 27th June 9:30—12:30 [book here](#)  
This training is for Nurses, Nursing Associates, Health Care Support Workers, Pharmacists and GP’s. Anyone with a role in the monitoring of anticoagulation therapy This Training is for staff who are **new** to monitoring.

### Anticoagulation Update Training

- 27th June 13:30—16:30 [book here](#)  
This training is for Nurses, Nursing Associates, Health Care Support Workers, Pharmacists and GP’s. Anyone with a role in the monitoring of anticoagulation therapy. This training is an update for staff who are **not** new to monitoring.

## ARRS Training Offers

### 2 or 4 Day Coaching Course

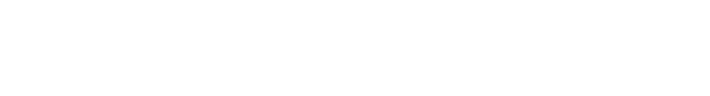
Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches  
NWL Training Hub is supporting further new recruitment of the Personalised Care roles by funding a DES required PCI coaching course—either the 2 day or 4 day course dependant on the role.

Staff who wish to attend must either [complete the Eoi](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

### Pitstop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Physician Associates, Pharmacy Technicians, Nurse Associate & Advanced Clinical Practitioner.  
Staff who wish to attend must either [complete the Eoi](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

*Thank you from the NWL Training Hub Team*



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(scan or click the code)

## Expressions of Interest forms

For some training we don’t currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.  
[Forms can all be found here](#)

## Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

### Multi-professional Supervisor Course [Application form](#)

The next cohort dates are - 24<sup>th</sup> April, 8<sup>th</sup> May, 15<sup>th</sup> May & 5<sup>th</sup> June 2025.  
Complete the application form to be added to the waitlist for the above cohort or any future cohorts.

### GP Supervisor Course [Application form](#)

Complete the application form to be added to the waitlist for the next cohorts.

[Pharmacy Educational Supervisor Training programme](#) – available via eLFH

## Useful links and Resources

[Knowledge and Library Resources for GP and Practice Teams](#)  
[Greener NHS – Resources for a more sustainable NHS](#)  
[Survival Toolkit](#)  
[Supported Return to Training](#)  
[Podcast Learning Library](#)  
[Primary Care Resources](#)  
[GP Resources](#)  
[Webinar Recordings](#)

## Other Training / Webinars / Events

### NHSE National Cardiac Webinar Series

- Various dates and sessions from the 14th April, 16:00—17:00 [book here](#)  
Each session aims to:

- Share valuable insights and practical case studies
- Highlight updates from leading experts in the field
- Promote the exchange of good practice and discussion on high-profile topics
- An opportunity for Q&A’s

### 24-hour charity webathon for health and care staff

- 1st May from 12:00 [book here](#)  
NHS Ect are hosting a special charity webathon, offering 24 hours of free learning for NHS staff as a thank you for everything you do. The aim is to help raise money for four amazing health and care charities that have supported our staff and their loved ones during challenging times. There’s a plenty of sessions to choose from, on popular topics like leadership, wellbeing, and workplace happiness. Take part and register for as many sessions as you like.  
[View the full agenda here](#)

### Exploring the role of pharmacist leadership in health inequality improvements

- 7th May 13:00—14:00 [book here](#)  
In collaboration with NHS England, this latest session in NHS Confederations health inequalities series explores the impact of specialist pharmacy led respiratory clinics in one of Birmingham’s most deprived wards.

Respiratory conditions are a key focus of the Core20Plus framework and are vital to improving health inequalities across the country. Clinical pharmacists in the i3 PCN identified challenges in respiratory care which could be addressed with a new service, designed and delivered by the additional roles reimbursement scheme (ARR