

Hammersmith &Fulham Training Hub H&F TH

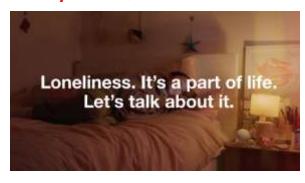
TRAINING NEWSLETTER 11th June 2025

The latest announcements & upcoming training



9th -15th June Please use your role to join in

The Loneliness Campaign primarily aims to reach 16-24 year olds. One of the most at risk audiences.



81% of young people say they worry about being mocked, judged, treated differently if they admitted being lonely

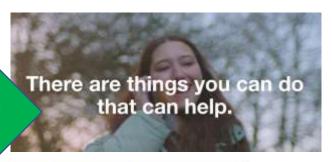
The campaign, with your support, hopes to:

- > reduce the stigma of loneliness
- > increase knowledge of where to find support.
- > Encourage taking action

Research shows that people in this demographic are at higher risk of feeling lonely compared to other age groups, but less likely to seek advice and support.

Download
Resources &
Communications
Toolkit

Click on images



TEMPLATE COMMUNICATIONS		
PLATFORM	EXAMPLE COPY	VIDEO LINK WITH VISUAL EXAMPLE
TWEET 1 (NEW HOME VIDEO)	Life changes like moving home can affect our ability to connect with others Loneliness. It's a part of life. Let's talk about it this Loneliness Awareness Week For more support and advice www.nbs.uk/exery-mind-matters.lifes-challeng astoneliness! #EveryNindMatters #LonelinessAwarenessWeek	Lonelinees. It's a part of the Let's talk about it

Template communications for screens & social media

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nary Care Workforce Hammersmith & Fulham Training Hub H&F TH

New Trainings – Register for a space now!!



Biosimilar insulin Webinar, 10th June, 13:00-14:00

Discussion about implementing biosimilar insulin in primary care: key considerations, hints, and tips for systems planning the transition

Register here: https://www.sps.nhs.uk/articles/primary-care-discussions-biosimilar-insulin/



Men's Health half day workshop for HCAs 3rd July, 9:30 –12:30

A half-day workshop supporting healthcare professionals in integrating men's health into routine primary care consultations. Considering broad issues around inequalities in men's health and key barriers that prevent men from accessing primary care services, before taking a deeper dive into specific clinical topics in relation to men's health, including cardiovascular disease, bowel cancer and aortic aneurysm screening programmes, and prostate and testicular health checks. Learn practical strategies for effective communication and engagement to encourage men to engage with primary care services.

Register here: https://medtribe.com/courses/men-s-health-half-day-workshop-for-hcas



Paediatric Phlebotomy

3rd September, 9:00 - 14:00, Cuckoo Lane Surgery, W7 1DR

This training is for Nurses, HCAs & Phlebotomists to learn basic skills to safely perform phlebotomy on babies and children from 2 years. This training will cover: Identifying correct equipment to suit patient and technique; Demonstration of basic techniques for obtaining blood samples; appropriate use of topical analgesia.

Register here: https://medtribe.com/courses/paediatric-phlebotomy-6218?schedule_id=14929

GPs & ACPs: Refresher Interpreting ECG



19th September, 12:30-14:00

This training is only for GPs and ACPs who have already attended the interpreting ECG course only. It will be delivered online.

This refresher re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs.

Book here: https://medtribe.com/courses/refresher-interpreting-ecg-course

GPs & ACPs: ECG Interpretation Foundation



17th Oct, 09:00 – 16:00, College Rd, Harrow HA1 1BA This is a face to face masterclass training for GPs and ACPs delivered by Dr Ravi Assomull Consultant Cardiologist, Provided by NWL TH.

This ECG Masterclass has been designed by a GP and Cardiologist specifically to address the needs of front-line clinicians. The course has been accredited for CPD and certificates will be provided to all attendees.

Book here: https://medtribe.com/courses/ecg-interpretation-foundation-



Care Workforce Hammersmith & Fulham Training Hub H&F TH

Training for H&F Practice staff

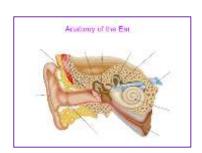
Ear Care Foundation Training

2 SPACES LEFT This Friday

13th June 13:30 - 16.30 Irish Cultural Centre. W6 9DT

This is an introduction ear care course for Nurses and HCSWs/HCAs wanting to deliver ear care in general practice. The following will be covered:

- Ear Examination
- Common Ear Conditions
- Ear Irrigation and Ear Care



THURSDAY Triage & Signposting for

Reception/Admin, 12th June 09:30-13:00 online Zoom

This online training is an interactive session including:

- Recognize the challenges in effective triage and key strategies
- Enhance confidence in signposting while communicating with patients
- Understand the importance of robust policies and confidently apply them



SystmOne QOF Management Training:

18th July 12:00-14:00 Or 11th Sept 13:30-15:30

This 2 hour online training from the NWL Learning Hub inc.: QOF Overview; QOF Indicators; QOF Work to do. Open to all roles.



Seasonal Immunisation Updates -Available dates 25th Sep, 30th Sep,

7th Oct all at 13:00-

16:15

This 3 hour online seasonal immunisation update is for all **experienced Health Care Professionals working in primary care in NorthWest London;** Nurses, Paramedics, Pharmacists, Nursing Associates, Pharmacy Techs and the non-registered workforce (which includes HCAs, HCSWs, Phlebotomists, receptionists etc) to deliver flu, pneumococcal, shingles, RSV and COVID vaccines. Provided by the NWL Training Hub & Lisa Burrage.

Booking & Registration:

Ear Care Foundation
Training:

https://medtribe.com/co urses/ear-carefoundationcourse?utm_medium=co pylink&utm_source=share-

<u>link&utm_source=share-</u> <u>modal</u>

Triage & Signposting:

https://medtribe.com/co urses/triage-signpostingfor-non-clinicalstaff?utm_medium=copylink&utm_source=sharemodal

SystmOne QOF training, Book here:

https://www.nwllearning .nhs.uk/course/view.php ?id=395

Seasonal Immunistaion training, Book here: https://medtribe.co
m/courses/seasonal-immunisationupdates?schedule_id
=14592



for our Primary Care Workforce Hammersmith & Fulham Training Hub H&F TH

Enhanced Services from NWL TH open to H&F Primary Care staff

NB It is important to join waitlists if you wish to attend a training, so that future dates may be planned based on demand.

You will also receive priority booking for future dates.

Women's Health Update Webinar

20th June 13:00 - 15:00

NWL webinar focused on key women's health topics relevant to primary care. We'll cover: Contraception, including IUC and IUS; Menopause update.

NEW to Anticoagulation Training - waitlist only

27th June 9:30 - 12:30

For Anyone with a role in the monitoring of anticoagulation therapy & will cover: **Warfarin:** the do's/don'ts and managing INR's; Normal levels (target ranges); What to do with a high INR and a low INR; How to use the INR machine; How to use INRstar, and levels of responsibility.

DOACS: Do's and Don'ts; Initiation; Monitoring; Patient education; How and why to reduce doses as per guidelines.

Anticoagulation Update Training

27th June 13:30-16:30

This training is an update for staff who have already attended training previously, covering Warfarin & DOACS.

SSSA Foundation 2 Day online course

4th July 9:00-15:30 & 25th July 9:00-14:30

2 day course for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who want to support learners in practice.

Contraception Update Training- waitlist only 15th July 09:00-13:00

This course is for nurses and GPs who have previously attended the contraception foundation training.

Gynaecological Update Webinars

22nd July 12:00 - 13:00

Gynaecological Pain: practical primary care management of pelvic pain, endometriosis and more Delivered by Dr Jeffrey Ahmed, Consultant Gynaecologist, Chelsea Westminster

Booking & Registration:

Women's Health Update Webinar:

medtribe.com/courses/ nwl-women-s-healthupdate

New To

Anticoagulatuon: https://medtribe.com/c

ourses/new-toanticoagulation-training

Anticoagulation Update:

https://medtribe.com/c ourses/anticoagulationupdate-training

SSSA Foundation:

https://medtribe.com/c ourses/sssa-foundation

Contraception Update Training:

https://medtribe.com/c ourses/contraceptionupdate-training

Gynaecological Update Webinars:

https://medtribe.com/c ourses/gynaecologicalupdate-webinars



for our Primary Care Workforce Hammersmith & Fulham Training Hub H&F TH

Enhanced Services from NWL TH open to H&F Primary Care staff

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You will also receive priority booking for future dates.

Transgender Healthcare: Clinical & Non Clinical

Clinical – all sessions are at 12:00-13:30
9th July (session 1) and 16th July (session 2)
Non-clinical – all sessions are at 12:00-13:30
9th June (session 1) and 16th June (session 2)
11th August (session1) and 18th August (session 2)

Child Immunisation Updates

11th Sept, 13:30-16:46

This update is for **experienced practitioners** (GPs, nurses, nursing associates and pharmacists) already delivering child imms.

Cervical Sample Taker Update- waitlist only

10th September 9:00—13:00

This update is for Registered Nurses, GPs, registered Physician Associates, Nursing Associates who have completed their cervical sample taking.

Refresher Interpreting ECG for GPs & ACPs

19th September, 12:30-14:00

This training is only for GPs and ACPs who have already attended the interpreting ECG course only.

Performing ECG Training- waitlist only

30th Sept 9:15 – 16:30

This training is for HCAs. GPAs, pharmacists, nurses can attend if they require this.

Diabetes Foot Care Training - waitlist only

2nd Oct, 09:15-16:30, College Rd, Harrow HA1 1BA

The course is for experienced HCSWs who will be assisting with diabetes reviews

Travel Health Update

23rd Oct 13:00-16:00 - waitlist only

This training is an update for experienced immunisers already offering travel updates. **Course outline:** Planned changes in 2025; Tools to support the travel health consultation; Legal requirements & other queries: Travel vaccines; Hep A; Typhoid; Hep B; TDP; Meningococcal; Rabies; Yellow Fever; Jap Encephalitis; Tick Borne Encephalitis; Other vaccines to consider; Malaria & dengue.

Booking & Registration:

Transgender, Clinical:
https://www.nwllearnin
g.nhs.uk/enrol
Transgender, Non
Clinical:

https://www.nwllearning.nhs.uk/enrol

Child Immunisations: https://medtribe.com/c ourses/childimmunisation-updates

Cervical Sample Taker Update:

https://medtribe.com/c ourses/cervical-sampletaker-update

Performing ECG:

https://medtribe.com/c ourses/performing-ecgtraining-

Diabetes Foot Care: https://medtribe.com/c ourses/diabetes-footcare

Travel healthUpdate: https://medtribe.com/c ourses/travel-healthupdates



Workfore Hammersmith & Fulham Training Hub H&F TH

Safeguarding



North West London Domestic Abuse Training for Primary Care

To enhance knowledge, skills and confidence in understanding Domestic Abuse (DA). Objectives: • Explore DA Concepts: Understand the different forms of domestic abuse (physical, emotional, psychological, economic, etc.). • Legislative Framework: Apply relevant laws and legislation that address DA. • Prevalence Awareness: Be aware of the widespread nature and statistics related to DA. ● Recognise Indicators: Identify signs of DA to improve detection & intervention. ● Community Impact: Understand how DA affects individuals, communities, and society, with a focus on the health and well-being of the child, victim, and perpetrator. To book on this training, please contact: nhsnwl.safeguardingtraining@nhs.net Please include your full name, role, trust/workplace, and contact details.



Safeguarding Webinars

Delivered by NWL Training Hub and open to all roles

Book here for all dates: medtribe.com/courses/safeguarding Certificate of attendance counts towards your L3 Safeguarding

NPS (Psychoactive Substances),1st July 13:00 - 14:00

Over the last few years new drugs have come onto the market, often initially unregulated, known as legal highs. The government introduced The Psychoactive Substances Act in response to this new phenomenon. We look at the confusion for young people, parents & professionals caused by these changes.

Young people, Families & Drug Use, 23rd July 13:00 - 14:00

This webinar explores some of the major issues connected to substance misuse, young people and families. It is appropriate for staff who will or do encounter parental substance misuse or drug use in young people.



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NWL Training Hub Resources & Recording



Webinar Recordings

Webinar 1 recording:

Introduction and diagnosis 11th March, 13:00-14:00

Introduction to the New BTS NICE SIGN asthma guidelines; Making a diagnosis of asthma using the new guidelines

https://events.teams.microsoft.com/event/e4d19d39-758f-43dd-bce5-

<u>626e1f6588ba@37c354b2-85b0-47f5-b222-07b48d774ee3?vod&attendeeId=0a659b35-f9f6-</u> 477b-bcd9-d28e7b4197f7

Webinar 2 recording:

Webinar 2 Management of asthma 18th March, 13:00-14:00

Management of newly diagnosed asthma using the new guidelines; the concept of AIR and MART; How to complete AIR/ MART asthma action plan; manage existing patients; When to refer for specialist care

https://events.teams.microsoft.com/event/d167bb72-ec98-472e-8931-27988124f7c1@37c354b2-85b0-47f5-b222-07b48d774ee3?vod&attendeeld=ec5a6b9e-3d80-

4453-900b-2b0fa1e84246

Recordings of previous trainings:

Preventing Diabetes:

Preventing Diabetes: NDPP Updates

Pulmonary Rehabilitation:

Pulmonary Rehabilitation 18/06/24

ABPM Training:

ABPM

Anticoagulation Training Recordings

New to Anticoagulation training recording

Anticoagulation Update

Find the full list here:

https://nwltraininghub.co.uk/webinar-recordings/



for our Primary Care Workforce Hammersmith & Fulham Training Hub H&F TH

Webinars & Events for May-June

GP Webinar: London Maternity Clinic: Obesity pre-pregnacy/in pregnancy

17th June 13:00-14:00 on MS Teams

This event will be jointly chaired by Sunita Sharma (London Postnatal Clinical Lead, Obstetrician) and Anu Jacob (GP, Maternity Clinical Lead SWL ICS)



Supporting primary care to deliver earlier diagnosis for suspected bowel cancer patients Thursday 19th June 18:30-19:30. online

Led by Claire Coughlan, Clinical Lead at Bowel Cancer UK and Nurse Consultant in colorectal cancer at Lewisham and Greenwich NHS Trust. The session will provide an overview of colorectal cancer, its risk factors and red flag symptoms; As well as the use of FIT in symptomatic patients within primary care and the bowel cancer screening programme as a route to diagnosis. The session will also be outlining the diagnostic pathway and addressing the importance of earlier diagnosis.

Menopause Masterclass

19th June, 13:00 - 14:00, online



Harrow Health presents this online Menopause Masterclass led by Dr Farah Ahmed. Dr Ahmed is certified by the British Menopause Society. This session will cover common menopause cases and latest updates, helping clinicians feel more confident in managing menopause related concerns. There will also be a live Q&A where attendees can ask Dr Ahmed questions. The session is free and open to all healthcare professionals. For more information or support, email: Harhl.Managers@nhs.net For flyer or calendar invite please email Jessica.mathews@nhs.net

Booking & Registration:

London Maternity Clinic webinar, Register here: https://www.events.englan d.nhs.uk/events/gpmaternal-postnatal-checksupport-67f6637e3206f

Bowel Cancer UK Primary Care Event:

https://www.bowelcanceruk.org.uk/how-we-can-help/for-health-professionals/education-events/supporting-primary-care/#register

Menopause Masterclass: Click below for meeting link:

Join the meeting now

Meeting ID: 335 348 856

005 5

Passcode: K9cV7Pb7



Hammersmith &Fulham Training Hub H&F TH

Reserve Your Place Now! Booking in advance would be much appreciated in order to assess attendance numbers.





Primary Care Cancer Conference: Improving Early Diagnosis Thursday 18th September 2025 09:00-16:00 Stamford Bridge Conference Centre (Chelsea FC)

RM Partners are pleased to invite primary care clinical colleagues to our annual Primary Care Cancer Conference which will focus on: Improving early cancer diagnosis; The role of prevention in reducing cancer risk.

Hear from key NHS leaders about emerging strategy, both nationally and locally, to improve early cancer diagnosis and outcomes.

Learn about how we have been working with GP practices in Brent and Croydon to improve early cancer diagnosis through our landmark quality improvement scheme.

Understand the role of preventative care and what new exciting initiatives and treatments are available in diagnosing and managing patients with cancer.

Meet with charities, community organisations and screening health promotion teams to understand their role in working with communities around cancer prevention, screening and signposting.

Reserve your space now:

<u>www.eventbrite.com/e/rm-partners-primary-care-cancer-conference-improving-early-diagnosis-tickets</u>

If you have any queries, please contact the Primary Care Team - rmpartners.primarycare@nhs.net



our Primary Care Workforce Hammersmith & Fulham Training Hub H&F TH

Wellbeing for all H&F Practice staff

Group Coaching Circle 1 25 June & 2 July, 12:00 –13:00

GP, Practice Manager, GPN, Health Care Support Worker

Rebuilding confidence and resilience: A coaching program for health care professionals returning to work after sick leave. This course will help to build confidence, provide emotional support, offer practical strategies and personal development tools to ensure a smooth and successful return to work. Find out more here: https://www.lmc.org.uk/events/group-coaching-circle-1/

Wellbeing webinar: Safe practice – psychological safety and job crafting, 11th September, 12:00—13:30

GP, Practice Manager, GPN, Health Care Support Worker, Personalised Care Roles
The aim of this session is to learn how to cultivate a culture of trust and collaboration exploring the role of psychological safety. Targeted strategies will focus on enhancing individual job satisfaction and team effectiveness. Find out more here: https://www.lmc.org.uk/events/2025-wellbeing-webinars-safe-practice-psychological-safety-and-job-crafting/

Wellbeing webinars: Safe patients – healthy and positive communication. 20th November, 12:00—13:30

*GP, Practice Manager, GPN, Health Care Support Worker, Personalised Care Roles*The aim of this session is to highlight and offer examples as to how patient safety and patient outcomes can be improved through effective teamwork and dynamics.

Find out more here: https://www.lmc.org.uk/events/2025-wellbeing-webinars-safe-patients-healthy-and-positive-communication/



Freedom to speak up Guardians (FTSUG)

A confidential speaking up service for practice staff

Speaking up is about anything that gets in the way of providing good care. North West London Training Hubs have launched Freedom to Speak Up Guardians within Primary Care.

FTSUGs are a cohort of staff across NWL Primary Care, primarily within the Training Hubs. Contact us through the website with your concern or query and you will be matched with a guardian. Note that conversations remain confidential, and we work with you to support decisions pertaining to next steps you may wish to take.

How to Speak Up: https://nwltraininghub.co.uk/staff-support-development-programmes/freedom-to-speak-up-guardians/speak-up-anonymously/