



Call to Action on HIV in Hammersmith & Fulham

Hammersmith & Fulham has one of the highest rates of HIV in England and we are seeing a worrying spike in new diagnoses

This is a trend which is not matched by the London wide data.

In 2019 H&F rate was 13.5/100,000, the London rate was 12.2/100,000

In 2023 H&F rose to 15.6/100,000 whilst the London rate dropped 11.0/100,000

In H&F, gay, bisexual, and other men who have sex with men (GBMSM) and residents of mixed/other ethnicity make up a larger proportion of new HIV diagnoses compared to population estimates.

Call to action from our colleagues at [10 Hammersmith Broadway](#) our local HIV and sexual health clinic:

"We are at risk of losing the momentum gained pre-pandemic in reaching the HIV plan for zero HIV transmissions by 2030.

We should be offering HIV testing, HIV pre-exposure prophylaxis (PrEP) and condoms to anyone at risk of HIV."



Late Diagnoses

A late HIV diagnosis is when someone tests positive for HIV after the virus has already caused significant damage to their immune system. **In H&F, latest data show that a larger proportion of heterosexual & bisexual women first diagnosed in the UK were diagnosed late (33.3%) compared to gay,**

SPOTLIGHT ON HIV IN H&F contd.

Bisexual, men who have sex with men (GBMSM) (16.7%) & heterosexual men (16.7%).

➡ Please reiterate the importance of sexual health screening, using condoms, accessing vaccines and PrEP for preventing HIV and STIs.

➡ Following on from the success of opt-out HIV testing in emergency departments, we are asking GPs to consider a routine HIV test when patients are undergoing blood tests for other reasons.

Sexual Health London (SHL)

is a free online sexual health service offering full sexual health screening and contraception services. The test kits are delivered to patients' homes with no markings or logos & can also be delivered to alternative addresses. Results are delivered discreetly to the patient's mobile via text, or they can log into the portal for their results.



In H&F residents from Black, Asian and other ethnic groups are under-represented for online testing.

➡ Please promote SHL to patients without symptoms for STIs, HIV and Syphilis testing. The kit is shown in the photograph above.



1 in 3 people say they are not comfortable discussing their HIV status with their GP.

'HIV Confident' is free for GP Practices.

By becoming HIV Confident you will benefit from being able to access training, resources and promote your HIV Confident status to patients and employees using the HIV Confident logo, providing valuable evidence of quality and standards to the Care Quality Commission.

➡ To sign up visit the [HIV Confident website](https://www.hivconfident.org.uk).

➡ Please address your queries to both James.Mason@lbhf.gov.uk & Rebecca.Richardson@lbhf.gov.uk

Notices to all practice in Hammersmith & Fulham



*From Dr Nicola Lang, Director of
Public Health, LBHF*

In light of the news of the death of a British national from Rabies, your GP surgeries may experience an increase in calls from concerned patients.

The UKHSA Rabies & Immunoglobulin Service (RIGS) can be contacted to support health professionals with rabies risk assessments and provision of post exposure treatment. Please note that they can only support once the patient has returned to the UK and will need details including date/place/animal of incident, full medical history and whether they have had rabies vaccine or post exposure in the past. The patient will need to have been clinically assessed. Official document attached to email with this newsletter.

This link may be helpful:

<https://www.gov.uk/government/publications/rabies-post-exposure-prophylaxis-management-guidelines/rabies-summary-of-risk-assessment-and-treatment>



*From Rupinder Gill, Head GP
Liaison & Pathology Support
Services*

Dear Colleagues,

We will be upgrading a middleware on **Monday 28 July** which is critical and will offer significant benefits along with minor fixes, feature enhancements and a database upgrade.

As part of the upgrade, we would like to request that routine interface system which controls our main analysers in Chemistry and Haematology at CXH.

Therefore, we require all routine blood tests are cancelled on this day as we would only like to accept urgent activity on this day.

Official letter attached to email with this newsletter.

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New Trainings – Book Now!

Physician Associates

NHSE have reached out to us to start scoping for the 2025-2026 Physician Associate Preceptorship.

NHSE are currently scoping the number of Preceptorships that may be required across the London region in order to develop future plans. Once the scoping process is complete, they will then share application process and criteria.

Please follow this link to the EOI form <https://forms.office.com/e/HmUVFg6xYd> to complete by Tuesday 22nd July 2025.

Completion of an EOI **will not** mean that a preceptorship place is granted at this stage. Do not hesitate in contacting england.palondon@nhs.net if you have any queries.

Nurses, Phlebotomists

Immunisation Updates **New Dates added**



Seasonal Immunisations

2nd September 9:00—12:15
3rd September 9:00—12:15
4th September 13:00 –16:15
11th September 9:00—12:15
16th September 13:00—16:15
18th September 13:00—16:15
23rd September 13:00—16:15
1st October 13:00 –16:15

Register: <https://medtribe.com/courses/seasonal-immunisation-updates>



Child Immunisation Updates

2nd September 13:00—16:15
3rd September 13:00—16:15
4th September 13:00 –16:15
11th September 13:30—16:45
18th September 9:00—12:15
25th September 9:00—12:15

This update is for **experienced practitioners** (GPs, nurses, nursing associates and pharmacists) already delivering child imms.

Register: <https://medtribe.com/courses/child-immunisation-updates>

DIGITAL Trainings

AI AMBASSADOR NETWORK

An Introduction to AI in health
30th June 11:00 -12:00

This webinar will cover the basics of AI in health, with David Wilcock, Programme Manager at London Central and West (LCW).

Register here: <https://events.teams.microsoft.com/event/9d37c957-51f7-4eee-ae9f-33ab1ae8ba1e@37c354b2-85b0-47f5-b222-07b48d774ee3>

Join the AI Ambassador Network:

The AI Ambassador Network is a forum for healthcare professionals to learn about and share practical applications of AI. This network will support learning, capability building and delivery of AI across health and care systems, whilst encouraging safe, inclusive spaces for members to be involved and influence AI embedding locally and nationally.

The network is led by Dom Cushnan, Deputy Director for AI, Joint Policy Unit, NHS England and DHSC and supported by NHS Horizons.

Register here:

<https://forms.office.com/pages/responsepage.aspx?id=zwd49LyvhEGleYZ4vqMBmgJmsKi78UdPiNHdaZ67ZbVURUU2TFZJM0JBV0hXT05JSzNHUFZHNkIDRy4u&route=shorturl>



Join NHS App Team for an Update, 8th July 11:30-12:30

This session will look at the prescriptions feature that allows patients to view their prescription details, order repeat prescriptions and generate a barcode to collect their medication. There will also be an update on the notifications and messaging feature in the NHS App. The webinar will also include an update on the NHS App roadmap and end with a Q&A session.

To register for the webinar, please visit:

<https://www.events.england.nhs.uk/events/nhs-app-national-webinar-july>



SystemOne QOF Management Training:

18th July 12:00-14:00

Or 11th September 13:30-15:30

This 2 hour online training includes:

- QOF Overview
- QOF Indicators
- QOF Work to do

Book here: <https://www.nwllearning.nhs.uk/course/view.php?id=395>

Enhanced Services from NWL TH open to H&F Primary Care staff

NB It is important to join waitlists if you wish to attend a training, so that future dates may be planned based on demand.

You will also receive priority booking for future dates.

Enhanced Service Inhaler Technique: NWL CYP Asthma Tier 3 aligned Training

1st July 09:15 – 17:00, The Sobus Hub, 20 Dawes Rd, SW6 7EN

This training is aimed at nurses/pharmacists/GPs and any AHP who does asthma and COPD chronic disease management.

Men's Health half day workshop for Nurses & AHPs, 3rd July, 9:30 –12:30

Considering broad issues around inequalities in men's health and key barriers that prevent men from accessing primary care services, before taking a deeper dive into specific clinical topics in relation to men's health, including cardiovascular disease, bowel cancer and aortic aneurysm screening programmes, and prostate and testicular health checks. Learn practical strategies to encourage men to engage with primary care services.

Pre-diabetes: One Day Training for HCAs – please sign up for waitlist to be offered a place on next available date

Based on the NHS prevention programme curriculum. The training will also cover modifiable and non-modifiable risk factors and focus on helping patients identify risks and motivational interview techniques to help support patients make the changes they wish to make. HCAs will gain insight and an understanding about support available for patients to be signposted to in order that they have the best chances to prevent themselves becoming diabetic

NB Medical 'Hot Topics' Dermatology for Primary Care, 8th October, 13:30—17:00

This session will be open to Nurses and AHPs – nurses, paramedics, physios and qualified Nursing Associates. With dermatology appearing in up to 25% of our general practice consultations, many skin conditions are now being managed exclusively in primary care and our patients who do require a referral are facing significantly longer waiting times. All the presented topics are based on recent national guidance and research, and use clinical cases to illustrate the learning points.

Paediatric Phlebotomy

3rd Sept, 09:00-14:00 and assessment on 7th Oct 2025

In person at Cuckoo Lane Health Care Practice, W7 1DR.

This training is for Nurses, HCAs & Phlebotomists. (HCAs & Phlebotomists must have a Care Certificate). Learn the basic skills to safely perform phlebotomy on babies and children **from 2 years**, and identify the underlying issues in paediatric Phlebotomy. e.g. consent, restraint, distraction and environment.

Booking & Registration:

Enhanced Service Inhaler Technique:
https://medtribe.com/courses/enhanced-service-inhaler-technique-nwl-cyp-asthma-tier-3-aligned-training?schedule_id=14549

Men's Health workshop
Register here:
<https://medtribe.com/courses/men-s-health-half-day-workshop-for-hcas>

Pre-Diabetes for HCAs:
<https://medtribe.com/courses/pre-diabetes-one-day-training-for-hcas-gp-assistants-in-general-practice>

Dermatology Hot Topics
Register:
<https://medtribe.com/courses/nb-medical-hot-topics-dermatology-for-primary-care-course>

Paediatric Phlebotomy:
<https://medtribe.com/courses/paediatric-phlebotomy-6218>

Gynaecological Update Webinars

22nd July 12:00 - 13:00

Gynaecological Pain: practical primary care management of pelvic pain, endometriosis and more Delivered by Dr Jeffrey Ahmed, Consultant Gynaecologist, Chelsea Westminster

Transgender Healthcare: Clinical & Non Clinical

Clinical – all sessions are at 12:00-13:30

9th July (session 1) and 16th July (session 2)

Non-clinical – all sessions are at 12:00-13:30

9th June (session 1) and 16th June (session 2)

11th August (session1) and 18th August (session 2)

Cervical Sample Taker Update- **waitlist only**

10th September 9:00—13:00

This update is for Registered Nurses, GPs, registered Physician Associates, Nursing Associates who have completed their cervical sample taking.

Refresher Interpreting ECG for GPs & ACPs

19th September, 12:30-14:00

This training is only for GPs and ACPs who have already attended the interpreting ECG course only.

Performing ECG Training- **waitlist only**

30th Sept 9:15 – 16:30

This training is for HCAs. GPAs, pharmacists, nurses can attend if they require this.

Foundation Interpreting ECG for GPs & ACPs

17th Oct, 09:00 – 16:00, College Rd, Harrow HA1 1BA

Diabetes Foot Care Training - **waitlist only**

2nd Oct, 09:15-16:30, College Rd, Harrow HA1 1BA

The course is for experienced HCSWs who will be assisting with diabetes reviews

Travel Health Update

23rd Oct 13:00-16:00 – **waitlist only**

This training is an update for experienced immunisers already offering travel updates.

Course outline: Planned changes in 2025; Tools to support the travel health consultation; Legal requirements & other queries: Travel vaccines; Hep A; Typhoid; Hep B; TDP; Meningococcal; Rabies; Yellow Fever; Jap Encephalitis; Tick Borne Encephalitis; Other vaccines to consider; Malaria & dengue.

Booking & Registration:

Gynaecological Update Webinars:
<https://medtribe.com/courses/gynaecological-update-webinars>

Transgender, Clinical:
<https://www.nwlearning.nhs.uk/enrol>
Transgender, Non Clinical:
<https://www.nwlearning.nhs.uk/enrol>

Cervical Sample Taker Update:
<https://medtribe.com/courses/cervical-sample-taker-update>

Refresher Interpreting ECG:
<https://medtribe.com/courses/refresher-interpreting-ecg-course>

Performing ECG:
<https://medtribe.com/courses/performing-ecg-training>

ECG Training Day:
<https://medtribe.com/courses/ecg-interpretation-foundation>

Diabetes Foot Care:
<https://medtribe.com/courses/diabetes-foot-care>

Travel healthUpdate:
<https://medtribe.com/courses/travel-health-updates>

Safeguarding

Domestic Abuse Training for Primary Care

July 2nd, 13:00—15:00



To enhance knowledge, skills and confidence in understanding Domestic Abuse (DA).

Objectives: • Explore DA Concepts: Understand the different forms of domestic abuse (physical, emotional, psychological, economic, etc.). • Legislative Framework: Apply relevant laws and legislation that address DA. • Prevalence Awareness: Be aware of the widespread nature and statistics related to DA. • Recognise Indicators: Identify signs of DA to improve detection & intervention. • Community Impact: Understand how DA affects individuals, communities, and society, with a focus on the health and well-being of the child, victim, and perpetrator.

To book on this training, please contact: nhsnwl.safeguardingtraining@nhs.net

Please include your full name, role, trust/workplace, and contact details.



Safeguarding Webinars

Delivered by NWL Training Hub and open to all roles

Book here for all dates: medtribe.com/courses/safeguarding

Certificate of attendance counts towards your L3 Safeguarding

NPS (Psychoactive Substances), 1st July 13:00 - 14:00

Over the last few years new drugs have come onto the market, often initially unregulated, known as legal highs. The government introduced The Psychoactive Substances Act in response to this new phenomenon. We look at the confusion for young people, parents & professionals caused by these changes.

Young people, Families & Drug Use, 23rd July 13:00 - 14:00

This webinar explores some of the major issues connected to substance misuse, young people and families. It is appropriate for staff who will or do encounter parental substance misuse or drug use in young people.

NWL Training Hub Resources & Recording



NW LONDON TRAINING HUB

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Webinar Recordings

Webinar 1 recording:

Introduction and diagnosis 11th March, 13:00-14:00

Introduction to the New BTS NICE SIGN asthma guidelines; Making a diagnosis of asthma using the new guidelines

<https://events.teams.microsoft.com/event/e4d19d39-758f-43dd-bce5-626e1f6588ba@37c354b2-85b0-47f5-b222-07b48d774ee3?vod&attendeeld=0a659b35-f9f6-477b-bcd9-d28e7b4197f7>

Webinar 2 recording:

Webinar 2 Management of asthma 18th March, 13:00-14:00

Management of newly diagnosed asthma using the new guidelines; the concept of AIR and MART; How to complete AIR/ MART asthma action plan; manage existing patients; When to refer for specialist care

<https://events.teams.microsoft.com/event/d167bb72-ec98-472e-8931-27988124f7c1@37c354b2-85b0-47f5-b222-07b48d774ee3?vod&attendeeld=ec5a6b9e-3d80-4453-900b-2b0fa1e84246>

Recordings of previous trainings:

Preventing Diabetes:

[Preventing Diabetes: NDPP Updates](#)

Pulmonary Rehabilitation:

[Pulmonary Rehabilitation 18/06/24](#)

ABPM Training:

[ABPM](#)

Anticoagulation Training Recordings

[New to Anticoagulation training recording](#)

[Anticoagulation Update](#)

Find the full list here:

<https://nwltraininghub.co.uk/webinar-recordings/>

Webinars & Events for June



NWL Nursing Forum 9th July 13:00—14:00

Agenda to include:

- **Good employment practices for nurses**
- **Child protection information system—Phase 2**
- **UWL ACP Apprenticeship degree**
- **PG Cert in Clinical Education**

Request calendar invite from Jessica.mathews@nhs.net



London Respiratory Clinical Network Asthma webinar program 1st July 13:00—13:45

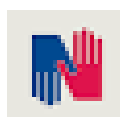
Primary care practitioners and pharmacists On behalf of the London Respiratory Clinical Network, Dr Ernie Wong, Respiratory Consultant, has set up a new series of asthma webinars with guest speakers who will present on specific topics in the management of patients with asthma.



People's Promise Workshop for General Practice, 17th July 12:30-13:30

This workshop aims to introduce and celebrate the People Promise and its significance for the NHS and specifically General Practice. It will outline what the People Promise is and why it is important to General Practice organisations. You will hear about the achievements of the People Promise Exemplar programme and how the methodology can be applied in settings across General Practice – with colleagues from Cohort 2 of the programme sharing their journey.

The workshop is aimed at those colleagues with responsibility or interest in improving the experience of staff within general practice including, but not limited to, practice managers, workforce or retention leads. This session may also be of benefit to those in wider roles across primary care.



Community and Primary Care Nursing National Update 17th July 13:00-14:00

Jointly run by NHS England, National Association of Primary Care (NAPC) and the Royal College of Nursing (RCN).

We encourage all nurses working in General Practice and Community to join us as an opportunity to share best practice and for your voice to be heard by the national team.

Booking & Registration:

LRCN Asthma Webinars:

<https://events.teams.microsoft.com/event/153dc636-2954-4027-bf69-90dc49979738@37c354b2-85b0-47f5-b222-07b48d774ee3>

People's Promise workshop:

<https://www.events.england.nhs.uk/events/people-promise-workshop-general-practice>

Nursing National Update:

<https://nwltraininghub.co.uk/wp-content/uploads/2025/06/20250717-RCN-CPC-Nursing-Joint-Webinar-Agenda.pdf>

RM Partners

NW & SW London Cancer Alliance



Primary Care Cancer Conference: Improving Early Diagnosis

Thursday 18th September 2025 09:00-16:00

Stamford Bridge Conference Centre (Chelsea FC)

Reserve Your Place Now! Booking in advance would be much appreciated in order to assess attendance numbers.

RM Partners are pleased to invite primary care clinical colleagues to our annual Primary Care Cancer Conference which will focus on: Improving early cancer diagnosis; The role of prevention in reducing cancer risk.

Hear from key NHS leaders about emerging strategy, both nationally and locally, to improve early cancer diagnosis and outcomes.

Learn about how we have been working with GP practices in Brent and Croydon to improve early cancer diagnosis through our landmark quality improvement scheme.

Understand the role of preventative care and what new exciting initiatives and treatments are available in diagnosing and managing patients with cancer.

Meet with charities, community organisations and screening health promotion teams to understand their role in working with communities around cancer prevention, screening and signposting.

Reserve your space now:

www.eventbrite.com/e/rm-partners-primary-care-cancer-conference-improving-early-diagnosis-tickets

If you have any queries, please contact the Primary Care Team -
rmpartners.primarycare@nhs.net

Wellbeing for all H&F Practice staff



Book your Practice or PCN in for a Health and Wellbeing Temperature Check now – **9 spaces left**

Hillingdon Training Hub have worked with and hosted a Health and Wellbeing temperature check with 39 practices and PCNs so far across NWL. This programme to date has successfully demonstrated a 13% reduction in stress and anxiety across the 533 NWL workforce who have partaken.

Please contact us or apply directly with Natasha England natashaengland@nhs.net, Project Lead Hillingdon TH

Group Coaching Circle 1 2 July, 12:00 –13:00

GP, Practice Manager, GPN, Health Care Support Worker

Rebuilding confidence and resilience: A coaching program for health care professionals returning to work after sick leave. This course will help to build confidence, provide emotional support, offer practical strategies and personal development tools.

Find out more here: <https://www.lmc.org.uk/events/group-coaching-circle-1/>

Coaching and Mentorship opportunity

If you are either a newly qualified GP, a Fellow, or an ARRS GP in North West London and are interested in being mentored, you can find out more about the programme on this page including who to contact if you have any questions and how to apply. You can also view the flyer here:

<https://nwltraininghub.co.uk/wp-content/uploads/2025/04/Flyer-to-GP-schemes-apply-for-a-mentors-Summer-25.docx-1.pdf>



Freedom to speak up Guardians (FTSUG)

A confidential speaking up service for practice staff

Speaking up is about anything that gets in the way of providing good care. NWL Training Hubs have launched Freedom to Speak Up Guardians within Primary Care.

FTSUGs are a cohort of staff across NWL Primary Care, primarily within the Training Hubs. Contact us through the website with your concern or query and you will be matched with a guardian. Note that conversations remain confidential, and we work with you to support decisions pertaining to next steps you may wish to take.

How to Speak Up: <https://nwltraininghub.co.uk/staff-support-development-programmes/freedom-to-speak-up-guardians/speak-up-anonymously/>