

TRAINING NEWSLETTER 30th April 2025

The latest announcements & upcoming training



There are a few spaces left on the GP Coaching and Mentoring Programme, specifically designed for

- ARRS GPs
- newly qualified GPs
- Fellows working in North West London.

This programme provides tailored mentoring and coaching to help navigate your career, improve your professional development and your personal well-being. If you're looking for a nurturing environment to enhance your skills, boost your confidence, and your GP career, this programme could be the perfect fit for you. Past participants have provided excellent feedback, highlighting significant growth and improved work-life balance.

Please apply via this form:

<https://mmjd6hzmepg.typeform.com/to/ThJbBHUs>

View Flyer:

[Flyer-to-GP-schemes-apply-for-a-mentors-Summer-25](#)



North West London is looking for passionate volunteers to help shape local healthcare

If you have lived experience of managing a long-term condition, or care for someone who does, you can make a real difference by joining our Volunteer Lived Experience Representative scheme. Your insights will help improve patient outcomes and reduce health inequalities. This volunteer role lasts for 12 months, with a six-month review. **The deadline to apply is 7 May 2025.**

[Find out more and apply here](#)

Further queries: nhsnwl.communications.nwl@nhs.net.

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New Trainings just released by the NWL Training Hub – Book Now!

N.B Seasonal Immunisation Update trainings are being rolled out earlier and staggered till Oct to ensure everyone can attend.

Seasonal Immunisation Updates

4th June 13:00 –16:15

15th July 13:30 –16:15

21st August 13:00 –16:15

9th September 13:00 –16:15

7th October 13:00 –16:15

Led by Lisa Burrage Associates. This 3 hour online seasonal immunisation update is for all **experienced Health Care Professionals**; Nurses, Paramedics, Pharmacists, Nursing Associates, Pharmacy Techs and the non-registered workforce (which includes HCAs, HCSWs, Phlebotomists, receptionists etc) to understand and deliver flu, pneumococcal, shingles, RSV and COVID vaccines.

Child Immunisation Updates

Multiple dates from May-Sept

This update is for **experienced practitioners** (GPs, nurses, nursing associates and pharmacists) already delivering child immis.

NEW To Anticoagulation Training

27th June 9:30—12:30

This training is for Anyone with a role in the monitoring of anticoagulation therapy & will cover:

Warfarin: the do's/don'ts and managing INR's; Normal levels (target ranges);

What to do with a high INR and a low INR; How to use the INR machine; How to use INRstar, and levels of responsibility.

DOACS: Do's and Don'ts; Initiation; Monitoring; Patient education; How and why to reduce doses as per guidelines.

Anticoagulation Update Training

27th June 13:30—16:30

This training is an update for staff who have already attended training previously, covering Warfarin & DOACS.

Booking & Registration:

Seasonal Immunisation Updates:

https://medtribe.com/courses/seasonal-immunisation-updates?schedule_id=13451

Child Immunisation Updates:

<https://medtribe.com/courses/child-immunisation-updates>

New To Anticoagulation:

<https://medtribe.com/courses/new-to-anticoagulation-training-14919bc5-04b0-4aa2-8aba-0d7c61281d52>

Anticoagulation Update:

<https://medtribe.com/courses/anticoagulation-update-training-e86961fe-5088-47ad-a92a-8c0ed0373f7e>

Non-Clinical Training for All roles



New Change Leadership Lunch & learn

Tues 13th May, 13:00-14:00

What is change leadership all about?

Delivering Change –Your role & responsibilities

Moonraker Innovation is run by top performers, in the British Army with an incredible baseline of knowledge in leadership techniques and the experience of using these techniques under highly demanding circumstances. They bring this insight and their passion about the most difficult craft of leading to a wider audience. The webinar will cover:

- Kotter's 8 step change model
- Lewin's change management model
- ADKAR
- Prosci's change management process
- McKinsey 7-s model

Clinical Note Summarising & Data Input

20th May 09:30-12:30

This course aims to provide all delegates with an easy to use protocol to accurately summarise records to improve the use to clinicians

- What should be summarised and omitted
- When is active/past used?
- When is significant/major/code 1 used?
- Summarising sensitive data and family records
- Summarising protocol

Triage & Signposting for non-clinical staff

05th June 09:30-13:00 online Zoom

Explore effective methods for both triaging patients and signposting them to appropriate external services. Suited to Reception/Admin & roles with an interest:

- Triage and the roles and responsibilities of staff in implementing it
- Recognize the challenges in effective triage and key strategies
- The perceptions of triage from patient/receptionist/clinician perspectives
- Develop skills in gathering relevant information, such as patient history
- The differences between emergency, urgent, and routine requests
- Enhance confidence in signposting while communicating with patients
- Become aware of available patient resources
- Understand the importance of robust policies and confidently apply them

Realize the significance of a team approach and how your role contributes.

Snomed – Full, please email for waitlist

14th May 09:30-12:30

Booking & Registration:

Change Leadership,
Register for joining link
with:
Jessica.mathews@nhs.net

Note Summarising,
Register here:
https://medtribe.com/courses/note-summarising?utm_medium=copy-link&utm_source=share-modal

Triage & Signposting for
non-clinical staff:
https://medtribe.com/courses/triage-signposting-for-non-clinical-staff?utm_medium=copy-link&utm_source=share-modal

Training FOR GPs – other staff roles with an interest are welcome to join these sessions.



Evening Webinar Series for GPs with ChelWest & Imperial Consultants

H&F Training Hub & borough GP Educator Dr. Alasdair Macrae, coordinate a series of evening training sessions for GPs (*but open to any role with an interest*).

These hourly online updates will offer experience and troubleshooting from Imperial and ChelWest Consultants. **There is no need to register in advance. A calendar invite will also be sent to you.**

Tues 06th May, 18:00-19:00

Asthma – diagnostic uncertainty, new guidelines and important updates.

Dr Vincent Mak, Consultant in Respiratory Medicine, Imperial College NHS Foundation Trust

Teams link: [Join the meeting now](#)

Mon 12th May, 18:00-19:00

Common dermatological issues. Dr Chrystalla Macedo – Consultant Dermatologist Chelsea and Westminster Hospital

Teams link: [Join the meeting now](#)

Tues 20th May, 18:00-19:00

Sexual Health service offerings, eligibility criteria, safeguarding, Q&A. Sexual Health London from ChelWest.

Teams link: [Join the meeting now](#)

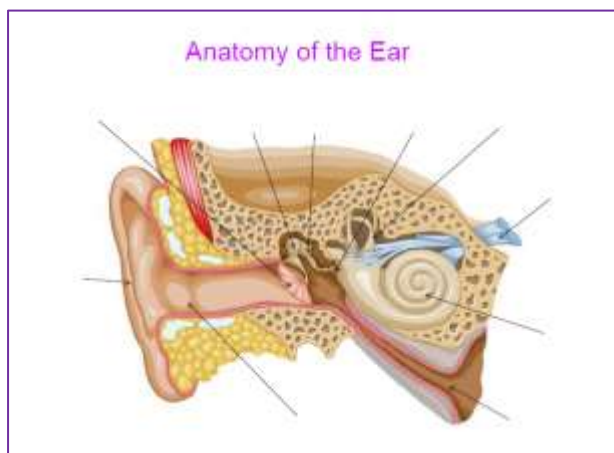
Tues 27th May, 18:00-19:00

Chest Pain. Prof. Ramzi Khamis- Consultant Interventional Cardiologist and Clinical Director of Cardiology, Imperial College Healthcare NHS Trust.

Teams link: [Join the meeting now](#)

Contact: evecostello@nhs.net for further details and calendar invite

Training – Nurses & HCSWs



New Ear Care Foundation Training

13th June 13:30 - 16.30

Irish Cultural Centre, Hammersmith, W6 9DT

This is an introduction ear care course for Nurses and HCSWs/HCAs wanting to deliver ear care in general practice.

Ear Examination

- Review the anatomy of the ear and common conditions affecting ear care.
- Demonstrate proper techniques for visual inspection and otoscopy.

Common Ear Conditions

- Explore common ear conditions such as otitis media, otitis externa, and impacted cerumen.
- Discuss diagnostic criteria and appropriate interventions for each condition.

Ear Irrigation and Ear Care

- Outline the indications and contraindications for ear irrigation.
- Appreciate safe and effective ear irrigation techniques.



GPN Update with Redwhale

Wednesday 21st May 10:00 to 16:00

Irish Cultural Centre, Hammersmith, W6 9DT

Funded by H&F Training Hub for all Hammersmith & Fulham Nurses & AHPs working in primary care.

This is a brand new course for nurses, with all the new updates hot off the press!

- Asthma: NEW NICE/BTS/SIGN guidance how it will change our practice
- Obesity: pharmacological management evidence and practicalities.
- Diabetes: the spectrum
- Heart failure with preserved ejection fraction-spotting and managing it
- NICE Menopause: the headlines and managing vaginal symptoms and bleeding on HRT
- Physical health in mental illness: how we tackle health inequalities
- B12 deficiency: we demystify the new NICE guideline

Booking & Registration:

Ear Care Foundation Training:

https://medtribe.com/courses/ear-care-foundation-course?utm_medium=copy-link&utm_source=share-modal

GPN Update with RedWhale, Register here:

https://medtribe.com/courses/gpn-update-with-redwhale?utm_medium=copy-link&utm_source=share-modal

Enhanced Services from NWL TH open to H&F Primary Care staff

Non-Medical Prescribing Update

8th May, 9:00—12:30 & 14th October, 9:00—12:30

This session is suitable for **any prescriber** who would like an update on current issues in prescribing practice. This collaborative learning event will count as a minimum of 3 hours of CPD for your revalidation with preparation study time to be added. Attendees will develop their knowledge of :

- Principles for safer prescribing
- Prescribing in children, frailty and renal impairment
- Prescribing for in acute & long term conditions
- Medico-legal and ethical issues in healthcare

Cervical Sample Taker Update

6th June 9:00—13:00 & 10th September 9:00—13:00

This update is for Registered Nurses, GPs, registered Physician Associates, Nursing Associates who are registered with the NMC or registered paramedics working in GP practices, who have completed their cervical sample taking training in the past and who require the three yearly update.

2 Day Introduction to Contraception

03rd & 10th June 09:30-16:00

This course is for nurses, qualified NAs, paramedics and GPs. This is an opportunity for qualified staff who are new to practice and to get an overview of all contraceptive methods. It is also suitable for staff who have completed a contraceptive course before and want a full update on contraception.

Women's Health Update Webinar

20th June 2025 13:00—15:00

Join for the latest NWL webinar focused on key women's health topics relevant to primary care. We'll cover: Contraception, including IUC and IUS; Menopause update.

Contraception Update Training

15th July 09:00-13:00

This course is for nurses and GPs who have previously attended the contraception foundation training and who give care to women in relation to contraception.

Ring Pessary Refresher, 16th May 13:00-16:00

This training is a refresher for staff who have already completed Ring Pessary training.

Booking & Registration:

Non-Medical Prescribing Update:
<https://medtribe.com/courses/non-medical-prescribing-update>

Cervical Sample Taker Update:
<https://medtribe.com/courses/cervical-sample-taker-update>

2 Day Intro to Contraception:
<https://medtribe.com/courses/2-day-introduction-to-contraception-course>

Women's Health Update Webinar:
medtribe.com/courses/nwl-women-s-health-update

Contraception Update Training:
<https://medtribe.com/courses/contraception-update-training>

Ring Pessary Refresher:
medtribe.com/courses/ring-pessary-update

Enhanced Services

NB It is important to join waitlists if you wish to attend a training, so that future dates may be planned based on demand.
You will also receive priority booking for future dates.

SSSA Foundation 2 Day online course

3rd June 9:00—15:30 & 17th June 9:00—14:30

4th July 9:00—15:30 & 25th July 9:00—14:30

2 day course for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who want to support learners in practice.

SSSA half day Update - Required every 3 years

9th May, 13th June or 18th July 9:00—12:00

This course is suitable if you have already attended mentorship preparation training (e.g. ENB 998). This update provides a refresher of the knowledge, skills and behaviours needed to support learners to become outstanding nurses.

Travel Health Update

5th June 13:00-16:00; 23rd Oct 13:00-16:00

This training is an update for experienced immunisers already offering travel updates.

Course outline: Current policy and planned changes in 2025; Tools to support the travel health consultation; Legal requirements & other queries: Travel vaccines; Hep A; Typhoid; Hep B; TDP; Meningococcal; Rabies; Yellow Fever; Jap Encephalitis; Tick Borne Encephalitis; Other vaccines to consider; Malaria & dengue.

Refresher Interpreting ECG for GPs & ACPs

19th September, 12:30-14:00

This training is for GPs and ACPs who have already attended the interpreting ECG course only. **The refresher ECG course** re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs.

Performing ECG Training

30th Sept 9:15 – 16:30

This training is for HCAs. GPAs, pharmacists, nurses can attend if they require this.

ECG Training Day In-Person for GPs & ACPs

17th Oct, 09:00 – 16:00, College Rd, Harrow HA1 1BA

Diabetes Foot Care Training

2nd Oct, 09:15-16:30, College Rd, Harrow HA1 1BA

The course is for experienced HCSWs who will be assisting with diabetes reviews.

Booking & Registration:

SSSA Foundation:

<https://medtribe.com/courses/sssa-foundation>

SSSA Update:

<https://medtribe.com/courses/sssa-update>

Travel Update Book here:

<https://medtribe.com/courses/travel-health-updates>

Refresher

Interpreting ECG:

<https://medtribe.com/courses/refresher-interpreting-ecg-course>

Performing ECG:

<https://medtribe.com/courses/performing-ecg-training->

ECG Training Day:

<https://medtribe.com/courses/ecg-interpretation-foundation->

Diabetes Foot Care Training:

<https://medtribe.com/courses/diabetes-foot-care>

Primary Care Systems Training

On-Site Face-to-Face Clinical Training

Dear Practice Staff,

The NWL Primary Care Systems Training Team offer both online and on-site clinical systems training tailored to the needs of your Primary Care organisation.

Our expert-led sessions ensure your team stays up to date with the latest best practices, enhancing patient care and operational efficiency.

We offer comprehensive training for SystmOne and EMIS Web clinical systems, ensuring ALL staff can use the clinical systems effectively to enhance patient care and streamline workflows.

Our training covers a range of topics, including:

- System navigation and user interface
- Registrations
- Appointment management
- Consultations
- Prescribing
- Clinical templates
- Reporting

On-Site Face-to-Face Clinical Training:

We can customize our flexible training sessions to suit your practice's specific needs.

If you are interested in arranging an on-site training session.

Please log a call with the NW London IT Service Desk on 0203 350 4050 or email nhsnwl.servicedesk@nhs.net.

The Primary Care Systems Training team will then contact you to arrange a session.

Online (MS Teams) Training Session:

To book on to one of our **online training sessions** via the [NWL Learning Hub](#), please use the links below:

- [EMIS Web](#)
- [SystmOne](#)

We look forward to supporting your practice,
NWL Primary Care Systems Training Tea

ARRS Training Offers

2 OR 4 Day Coaching Course

Open to ARRS Social Prescribing Link Workers, Care Coordinators and Health & Wellbeing Coaches

NWL Training Hub is supporting further new recruitment of the Personalised Care roles by funding a DES required PCI coaching course – either the 2 day or 4 day course dependant on the role.

PitStop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.

Booking & Registration for ARRS Training Offers:

2 or 4 day Coaching Course:

Please email

evcostello@nhs.net
& jonathan.ord1@nhs.net
with name, role,
practice, PCN, Borough
& employer

PitStop Foundation Diabetes Course:

Please email

evcostello@nhs.net
& jonathan.ord1@nhs.net
with name, role,
practice, PCN, Borough
& employer

Safeguarding



Safeguarding Webinars

Delivered by NWL Training Hub and open to all roles

Book here for all dates: medtribe.com/courses/safeguarding

Certificate of attendance counts towards your L3 Safeguarding

Incels & Misogyny, 6th May 13:00 - 14:00

This course identifies incel ideology and its context; how to effectively safeguard; and interventions/ referrals for those affected. Learn & understand more about the misogynist language used by incels; misogyny; radicalisation of young people; men's mental health and women's safety.

Spiritual & Ritual Abuse, 20th May 13:00 - 14:00

Spiritual and ritual abuse takes place here in the UK, affecting thousands of people every year. We will look at cultural beliefs, superstitions and spirituality.

Drug awareness, 3rd June 13:00 - 14:00

An introduction to some of the major issues connected to substance misuse, appropriate for staff who will or do encounter drug use in their work.

NPS (Psychoactive Substances), 1st July 13:00 - 14:00

Over the last few years new drugs have come onto the market, often initially unregulated, known as legal highs. The government introduced The Psychoactive Substances Act in response to this new phenomenon. We look at the confusion for young people, parents & professionals caused by these changes.

Young people, Families & Drug Use, 23rd July 13:00 - 14:00

This webinar explores some of the major issues connected to substance misuse, young people and families. It is appropriate for staff who will or do encounter parental substance misuse or drug use in young people.



**North West London
Integrated Care System**

Safeguarding Adults Training Level 3

30th April, 9:30—16:30 - 21st May, 9:30—16:30

To book on this training, please contact: nhsnwl.safeguardingtraining@nhs.net

Please indicate which of the two dates you wish to attend, include your full name, role, trust/workplace, and contact details

NWL Training Hub Resources & Recording



NW LONDON TRAINING HUB

Education ♦ Training ♦ Workforce

Webinar Recordings

Webinar 1 recording:

Introduction and diagnosis 11th March, 13:00-14:00

Introduction to the New BTS NICE SIGN asthma guidelines; Making a diagnosis of asthma using the new guidelines

<https://events.teams.microsoft.com/event/e4d19d39-758f-43dd-bce5-626e1f6588ba@37c354b2-85b0-47f5-b222-07b48d774ee3?vod&attendeeld=0a659b35-f9f6-477b-bcd9-d28e7b4197f7>

Webinar 2 recording:

Webinar 2 Management of asthma 18th March, 13:00-14:00

Management of newly diagnosed asthma using the new guidelines; the concept of AIR and MART; How to complete AIR/ MART asthma action plan; manage existing patients; When to refer for specialist care

<https://events.teams.microsoft.com/event/d167bb72-ec98-472e-8931-27988124f7c1@37c354b2-85b0-47f5-b222-07b48d774ee3?vod&attendeeld=ec5a6b9e-3d80-4453-900b-2b0fa1e84246>

Recordings of previous trainings:

Preventing Diabetes:

[Preventing Diabetes: NDPP Updates](#)

Pulmonary Rehabilitation:

[Pulmonary Rehabilitation 18/06/24](#)

ABPM Training:

[ABPM](#)

Anticoagulation Training Recordings

[New to Anticoagulation training recording](#)

[Anticoagulation Update](#)

Find the full list here:

<https://nwltraininghub.co.uk/webinar-recordings/>

Webinars & Events for May- June

GP webinar: London Maternity Clinical Network initiative. Theme: Translation and Cultural Work 13th May, 13:00—14:00

Aimed at supporting primary care clinicians with postnatal maternal checks. For questions about this event please email maisie.nair@nhs.net

WorkWell: Work as a Treatment for Primary Care 20th May 13:00—14:00

Is writing fit notes taking more time than solving the underlying problem? Are recurring fit notes indicating a need for additional patient support? Join NWL WorkWell for a practical workshop that will challenge how you handle employment conversations. Learn the 30-second intervention that reduces appointment frequency, improves patient outcomes, and saves the NHS £2,370 per patient annually. What you'll learn:

- Evidence-based conversation approaches that strengthens the clinical relationship
- A simple referral process that integrates with your existing workflow
- Effective ways to involve your wider practice team

We'll address common concerns and practical challenges together.



Unscheduled Vaginal Bleeding: Gateway C 21st May, 12:30—13:15

In the webinar Dr Helena O'Flynn will be discussing postmenopausal bleeding and when it's a red flag symptom for cancer, the risk factors for endometrial cancer, how to manage bleeding in your patients, what examinations you can carry out on a patient to help determine a diagnosis and when to refer into secondary care. There is also a Q&A opportunity so you can get in any key questions you've got.

Cancer Red Flag Talks 11 June 13:00—14:00

This session will explore the key red flag symptoms that may indicate the presence of cancer, Using the "C the Signs" framework to guide our discussion. Talk delivered by: Dr Lyndsey Williams, RMP Cancer Clinical Lead for Ealing and Hounslow.

Booking & Registration:

London Maternity Clinical Network initiative:
<https://www.events.england.nhs.uk/events/gp-maternal-postnatal-check-support-67f6637e3206f>

WorkWell Fit Notes webinar:
<https://medtribe.com/courses/workwell-work-as-a-treatment-for-primary-care>

Unscheduled Vaginal Bleeding:
https://webapp.spotme.com/login/eventspace/unscheduled-vaginal-bleeding-webinar-21-may-2025?utm_source=GPraining&utm_medium=email

Cancer Red Flag Talks:
<https://medtribe.com/courses/cancer-red-flag-talks>

**Hammersmith & Fulham Council
and their partners**



Invite

**Residents with dementia and their carers
to**

Afternoon Tea

**as part of National Dementia
Action Week 2025**

Fulham Football Club Foundation's support has made it possible for this event to take place at the new riverside development at historic Craven Cottage.

Sponsored by ACTIVE MINDS Wellbeing Programme

Date: Monday 19th May 2025
Time: 2:00pm-4:30pm
Location: Fulham Pier at Fulham Football Stadium, Stevenage Road, London SW6 6HH

RSVP

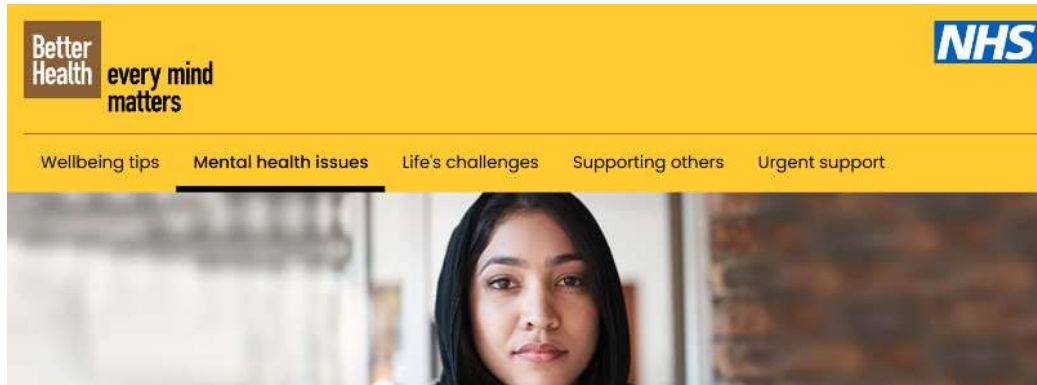
Call: 07775 784520 Email: info@hfdaa.org



**Please see flyer for afternoon tea at the Fulham Football Club new riverside development, at historic Craven Cottage.
Please publicise and join event.**

Wellbeing for all H&F Practice staff

Every Mind Matters

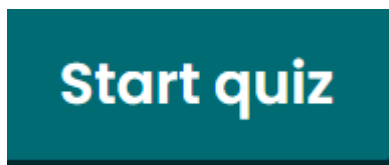


Find simple, practical ways to ease anxiety, manage stress, lift your mood and sleep better, through proven approaches.

Plus, get advice on stress relief, and a personalised plan of self-care tips. Watch videos of expert advice on dealing with stress and 'Breathe through stress'.

Find what works for you and keep doing it, because even the smallest actions can make a big difference to how you feel.

Start your own plan to tackle the causes of stress and find cures that help you at work and in your daily life:



Freedom to speak up Guardians (FTSUG)

A confidential speaking up service for practice staff

Speaking up is about anything that gets in the way of providing good care. North West London Training Hubs have launched Freedom to Speak Up Guardians within Primary Care. FTSUGs are a cohort of staff across NWL Primary Care, primarily within the Training Hubs. Contact us through the website with your concern or query and you will be matched with a guardian. Note that conversations remain confidential, and we will work with you to support decisions pertaining to next steps you may wish to take.

How to Speak Up: [Speak Up... Anonymously - NW London Training Hub \(nwltraininghub.co.uk\)](https://www.nwltraininghub.co.uk)