

TRAINING NEWSLETTER**17th September 2025*****New Training from NWL Training Hub*****1 day Diabetes Foundation Course for non-registered practitioners 16th March 2026 8:50-16:00****Register here:** medtribe.com/1-day-hca-pitstop-foundation-course

This course is for non-registered practitioners new to the prediabetes and diabetes pathways; or also as an update. Course Overview:

- Care pathways for high risk and type 2 diabetes, including the Diabetes Prevention Programme and structured education programmes
- Screening tests associated with the annual reviews (including foot assessment and recording risk)
- How to maintain the Practice 'diabetes box' containing blood glucose/ketone monitoring equipment and hypoglycaemia treatment
- Key lifestyle messages
- Exploring the scope of practice of HCAs in diabetes care and the competency assessment/mentorship requirements

ARRS 2 Day Foundation Health Coaching Course for long term condition management**Apply for a space:** nwltraininghub-arrs2dayhealthcoachingcourse

For the new to role **Social Prescribing Link workers and Care Co-Ordinators; Clinical Pharmacist, Dieticians, FC Physiotherapists, Physician Associate & Paramedics** to aid in these roles' support of long-term condition management. Please note this course will not be relevant for all of these roles, so please only apply if it is relevant to your daily practice due to funding limitations.

If you have any further questions please contact Jon Ord, NWL ARRS Programme Officer, jonathan.ord1@nhs.net

4 Day Intermediate Health Coaching course: for availability and applications please email jonathan.ord1@nhs.net directly to enquire about this.

Patients Behaving Badly**01st Oct, 19th Nov or 22nd Jan 09:30-13:00****Book here:** medtribe.com/courses/patients-behaving-badly

Delivered by Hounslow Training Hub and open to all primary care staff working in NWL. This workshop will look at practical techniques to help you achieve successful and positive outcomes with those difficult people and/or situations. Techniques learned are immediately applicable to your workplace.

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New Training Exclusive to H&F Practice Staff



New
**Healthcare Support Worker
Training Programme**
*Individual training sessions
Exclusive to Hammersmith & Fulham practices only
Apply for one, more or all!*

Respiratory 01st Oct online	Pre-Diabetes 23rd Oct online	Phlebotomy 12th Nov In-person	Diabetes 27th Nov In-person	Heart Disease 4th Dec In-person
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*Open to HCSWs & aspiring non-clinical practice staff
All applicants must have completed the care certificate
And provide a named supervisor from their practice*

Healthcare Support Worker Training Programme

Various dates Oct-Dec; 09:15-16:30; mix of online & in person

A new training programme exclusive to H&F practice staff only: It is for staff that are already practicing as HCSWs or who are training to become a HCSW and have a named supervisor in practice. You do not need to attend all the sessions- just apply for the ones you require. For any further queries, please reach out to us directly.



Wound Care Foundation

20th Nov 09:00-16:30

For HCSWs & Nurses new to delivering wound care.

Wound Care Update

25th April 13:00-16:30

For HCSWs & Nurses already experienced and delivering wound care in practice, in need of a refresher and update.



New to Immunisation 2 day Training:

Day 1 Online:

8th Oct 13:00-16:30

Day 2 In person:

9th Oct 09:30-16:30

Open to those who have not completed the nationally recommended 2-day Foundation Programme; or are returning to Practice: Includes Health Care Professionals (Nurses, Pharmacists) and the non-registered workforce (inc. HCSWs, Phlebotomists - please ensure you have completed your care certificate prior to applying). The training will cover flu, pneumococcal, shingles vaccines, RSV, B12.

Booking & Registration:

HCSW Training
Programme:

[Register for all
dates here](#)

Wound Care
Foundation:

https://medtribe.com/courses/wound-care-foundation-training-online-0fa5b9f7-b433-4e52-9503-cf7645ba700f?utm_medium=copy-link&utm_source=share-modal

Wound Care
Update:

https://medtribe.com/courses/wound-care-update-training?utm_medium=copy-link&utm_source=share-modal

New to
Immunisation
Foundation
Training:

https://medtribe.com/courses/new-to-immunisations-2-day-training?utm_medium=copy-link&utm_source=share-modal

Upcoming Events from H&F TH

ARRS STAFF

SAVE THE DATE

We're excited to announce our very first event, taking place on Tuesday 21st October, especially for our Hammersmith and Fulham ARRS staff. This event will focus on collaboration with neighbourhood teams and provide a great opportunity to learn more about what's happening locally within the borough. It will be held at Chelsea Football Stadium. More details coming soon!

21st October

Booking & Registration:



Paediatric Allergy GP Training Afternoon

Tues 14th October 13:00 – 16:00

Cockburn Lecture Theatre, St. Mary's Hospital, W2 1PE

H&F Training Hub and Imperial College Healthcare bring you this special afternoon event for all GPs working across the 8 boroughs of North West London. The main paediatric allergies will be discussed and you can get advice on your own cases.

For further queries please contact evcostello@nhs.net & alsadair.macrae1@nhs.net

Seasonal Immunisation Update Training

Last date for H&F Practice staff: 16th Oct 09:00-12:00

This final session is exclusive to Hammersmith & Fulham practice staff that were unable to secure a place on one of the sessions that the NWL Training hub are delivering throughout July-October. 3 hour online training: Update on 2025 Seasonal Immunisations for staff who have experience delivering immunisations but are in need of the update to deliver flu, pneumococcal, shingles, RSV & Covid

Paediatric Allergy
GP Training
Afternoon:
[Register your space here – 100 seats available](#)

Seasonal
Immunisations
Update Training:
https://medtribe.com/courses/seasonal-immunisations-update-2025?utm_medium=copy-link&utm_source=share-modal

NWL TH Training Webinars for Practice Staff

Safeguarding Webinar Series: Trauma Intelligence

23rd Sept 13:00-14:00

A 1-hour introductory session designed for GPs, Link Workers and surgery teams offering insight into the lasting impacts of trauma and ACEs, and the role of primary care as a safe first point of contact. We'll explore how unaddressed trauma shows up in health settings — and why a trauma-informed lens matters now more than ever.

Safeguarding webinar series future dates:

- **Mixed, Unstable Ideologies 9th Oct 13:00-14:00**
- **Modern Slavery, Human trafficking 22nd Oct 12:00-13:00**
- **Domestic abuse, coercive control 4th Nov 13:00-14:00**
- **Online Risks, Alt-Right Chan Culture 6th Nov 13:00-14:00**
- **Incels & Misogyny 4th Dec 12:00-13:00**

These one hour webinars provided by NWL TH, will enable you to a certificate that counts towards your annual Level 3 Safeguarding update.

NWL Women's Forum

19th September 13:00-14:00

Kimberley Forbes, C&W Sexual Health Lead, & Claire Bellone, Menopause Specialist Nurse, present this session with time for any questions you may have.
Future sessions: topics to be confirmed 21st November 16th January

NWL Webinar: Autism Awareness Training for All Healthcare Professionals

22nd September 13:00-14:00

Our training is open to healthcare professionals at all levels — this will include GPs, Nurses, ARRS Clinical roles such as Pharmacists, Paramedics, ARRS non clinical roles such as Social Prescribers and Health & Wellbeing coaches, reception, admin and practice teams.

NWL IBD Webinar

23rd September 12:00-13:00

Comfort Okpeh is an Inflammatory Bowel Disease (IBD) Clinical Nurse Specialist (CNS) who will deliver a session on top tips to consider when looking after a Crohn's Disease or Ulcerative Colitis patient in the community setting.

Frailty Webinar for nurses

24th September 13:00-14:00

What do we mean by frailty; The role of the nurse in MDT working in Frailty; How can you add value to a frailty consult and what a good care plan looks like.

Booking & Registration:

Safeguarding Webinar Series:
https://medtribe.com/courses/safeguarding-webinars?schedule_id=18654

NWL Women's Forum:
<https://medtribe.com/courses/nwl-women-s-forum>

Autism Awareness Training:
<https://medtribe.com/courses/nwl-webinar-autism-awareness-training-for-all-healthcare-professionals>

NWL IBD Webinar:
<https://medtribe.com/courses/nwl-ibd-webinar>

Frailty for Nurses:
<https://medtribe.com/courses/nwl-frailty-webinar-for-nurses>

NWL TH Training Webinars for Practice Staff

NB Medical 'Hot Topics' Dermatology for Primary Care 8th October, 13:30—17:00

Open to Nurses and AHPs. With dermatology appearing in up to 25% of our general practice consultations, many skin conditions are now being managed in primary care. All the presented topics are based on recent national guidance and research, and use clinical cases to illustrate the learning points.

NWL Respiratory webinar

Optimising care in COPD - 16th October, 13:00—14:00

- The Optimise COPD approach to managing COPD
- Focus on Respiratory Enhanced Service 25/26

NWL Teaching webinar on Diagnostics/Referrals for asthma in children 20th November 13:00—14:00

NWL Community Diagnostic Centres for investigating suspected asthma in children: Overview of the referral process; Diagnostic reports and how to interpret the findings; Case examples.

NEW NW London GP Assistant & HCSW Forum

Thurs 18TH Sept 13:00-14:00 on MS Teams

Hosted by Sally Armstrong, Jon Ord and the NW London Training Hub Team: The first forum will consist of information of what support is available and asking what learning sessions you would like in the future.

A calendar invite will be sent to all HCAs/HCSWs we have listed. If you have not received this and

wish to have the Teams invite sent across as a calendar invite, please reach out to Jon Ord – jonathan.ord1@nhs.net.

Cervical screening training sessions for non-clinical staff *Admin, reception, practice manager, social prescriber, care co-ordinator / navigators*

The NWL TH, ICS Team and RMP, are planning online cervical screening training sessions for non-clinical staff involved in the screening and call/recall process.

These sessions will replace those previously delivered by Jo's Trust and will be delivered in a concise, accessible format.

To ensure the training is relevant and useful, they need your input.

Please complete the **short survey below**, to enable them to tailor the content to the needs of you & your teams:

<https://mmjd6hzmepg.typeform.com/to/efgr9tJu>

Thank you in advance for your time and support!

Booking & Registration:

Dermatology Hot Topics, Register: <https://medtribe.com/courses/nb-medical-hot-topics-dermatology-for-primary-care-course>

NWL Respiratory: Optimising care in COPD: https://medtribe.com/courses/nwl-respiratory-webinars?schedule_id=17167

NWL Teaching webinar on Diagnostics/Referrals for asthma in children: <https://medtribe.com/courses/nwl-teaching-webinar-on-diagnostics-referrals-for-asthma-in-children>

Enhanced Services from NWL TH open to H&F Primary Care staff

NB It is important to join waitlists if you wish to attend a training, so that future dates may be planned based on demand.

You will also receive priority booking for future dates.



CYP (Children & Young People) Asthma training Enhanced Service, Tier 3 Level

27th Nov 09:15-17:00, Face to Face Training, W11 4TX

Nurses/pharmacists/GPs/AHP who do asthma and COPD chronic disease management. Provided by the NWL Training Hub as part of the 25/26 Enhanced Service Contract.

Only one attendee per practice permitted – see booking link for full details.
If you have any questions, please get in touch.

Child Immunisation Updates

Various Dates-see link

This update is for experienced practitioners (GPs, nurses, nursing associates, pharmacists) already delivering child immis.

Performing ECG Training

30th Sept 9:15 – 16:30

This training is for HCAs, GPAs, pharmacists, GPNs.

Foundation Interpreting ECG for GPs & ACPs

17th Oct, 09:00 – 16:00, College Rd, Harrow HA1 1BA

Diabetes Foot Care Training

2nd Oct, 09:15-16:30, College Rd, Harrow HA1 1BA

The course is for experienced HCSWs who will be assisting with diabetes reviews

ABPM Training 9th October 13:00 – 14:00

Please join this NWL TH Enhanced Services lunch and learn session on ABPM Monitoring:

- What is ABPM? & Why do we need ABPM?
- How is ABPM measured? & What do we do with the results?

Adult Phlebotomy **New dates added**

26th Nov 9:15-16:30 & 5th February 2026 9:15-16:30

Hanwell Health Centre, W7 1DR

Provided by the NWL TH for all 8 boroughs.

Booking & Registration:

CYP Asthma ES

Training:

<https://medtribe.com/courses/enhanced-service-inhaler-technique-nwl-cyp-asthma-tier-3-aligned-training>

Child Immunisation

Updates:

<https://medtribe.com/courses/child-immunisation-updates>

Performing ECG:

<https://medtribe.com/courses/performing-ecg-training->

ECG Training Day:

<https://medtribe.com/courses/ecg-interpretation-foundation->

Diabetes Footcare:

[Diabetes Footcare medtribe](https://medtribe.com/courses/diabetes-footcare)

ABPM Training:

<https://medtribe.com/courses/enhanced-service-training-abpm-training>

Adult Phlebotomy:

https://medtribe.com/courses/adult-phlebotomy-6305?schedule_id=18230

Enhanced Services from NWL TH open to H&F Primary Care staff

It is important to join waitlists if you wish to attend a training, so that future dates may be planned based on demand.

You will also receive priority booking for future dates

Ring Pessary Foundation course

28th November 09:00-12:00, The Irish Cultural Centre, W6 9DT

This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

IPC refresher training for GP practices

Last Wednesday of each month until March 2026, from 13:00

Suitable for all staff working in London ICBs General Practice. The training is via MS Teams. Topics include: Standard Precautions; Current IPC Issues; Vaccine Management.

Travel Health Updates

23rd October, 13:00 – 16:00; 4th November, 13:00 – 16:00

This training is open to all trained Nursing and Pharmacist Immunisers. This training will be conducted over 3 hours online. Please note: Travel Health Updates for **experienced practitioners only** offering travel immunisations already. This session does not cover seasonal vaccines.

Paediatric Phlebotomy – Date Change

28th Jan 2025, 09:00-14:00 and assessment on 3rd March 2026

In person at Cuckoo Lane Health Care Practice, W7 1DR.

This training is for Nurses, HCAs & Phlebotomists. (HCAs & Phlebotomists must have a Care Certificate). Learn the basic skills to safely perform phlebotomy on babies and children **from 2 years**, and identify the underlying issues in paediatric Phlebotomy. e.g. consent, restraint, distraction and environment.

Advanced Diabetes PITstop Course – EOI's For GPNs and Pharmacists

Applicants must have completed the foundation course before attending this advanced course.

GPs will need to provide a summary of diabetes related work undertaken.

Express your interest here:

<https://nwltraininghub.co.uk/advanced-diabetes-pitstop/>

Booking & Registration:

Ring Pessary
Foundation Course:
https://medtribe.com/courses/ring-pessary-foundation-course-cohort-1?schedule_id=11936

IPC Refresher
training:
<https://www.eventbrite.com/e/ipc-refresher-training-for-gp-practices-tickets-394281224757?aff=oddtdtcreator>

Travel Health
Updates:
https://medtribe.com/courses/travel-health-updates?schedule_id=11072

Paediatric
Phlebotomy:
<https://medtribe.com/courses/paediatric-phlebotomy->

Webinars & Events for September-October



RM Partners
NW & SW London Cancer Alliance

Addressing Systemic Discrimination and Reducing Inequalities Across the Cancer Pathway

Ealing: 14th or 21st Oct 09:00-13:00
Wandsworth 15th or 23rd Oct 09:00-13:00

RM Partners NW & SW London Cancer Alliance are delighted to launch the CPD Accredited development sessions. These sessions will complement the delivery of the Cancer Quality Improvement Scheme (CQIS) during the course of this year. The sessions will:

- Support Participants to be aware of systemic discrimination
- Help participants to explore how they might improve the healthcare experience outcomes for their patients
- Explore the role in taking action to reduce inequalities

Each session has space for a maximum of 40 attendees. For additional needs or requests, please email nate.hill@nhs.net

Booking links for each date and location are in the right hand column.



General Practice Nursing monthly webinars

25th September 13:00—14:00

NHS England and the RCN encourage all nurses working in General Practice to share best practice and have your voice heard by the national team.

DaRe2THINK Webinar - Jeremy Dwight - Engaging Patients in the Management of Atrial Fibrillation - 30th September, 12:00—12:30

This talk will discuss the way in which the AF patient guidelines can assist in bridging the gap between the evidence base and its practical application in day to day patient care: the new patient-centred integrated AF – CARE algorithm in which the management of co morbidities and risk factors are given high priority.

NWL Integrated Kidney Care workshop: Cardio Renal Metabolic Disease for community health care professionals 14th October, 8:30-13:30, W12 Conferences

The event offers a range of informative presentations and interactive activities with focus on cardio-renal-metabolic medicine. Please visit link for full info & agenda.

Booking & Registration:

RM Partners Event:

Please select a date to register

[Ealing: 14th Oct](#)

[Wandsworth: 15th Oct](#)

[Ealing: 21st Oct](#)

[Wandsworth: 23rd Oct](#)

General Practice Nursing webinars:
<https://nwltraininghub.co.uk/wp-content/uploads/2025/06/20250828-GPN-National-Update-Monthly-Webinar.pdf>

Dare 2 Think webinar:
<https://events.teams.microsoft.com/event/50bc5f3f-413e-453c-aa37-4a1fb51a65b8@b024cacf-dede-4241-a15c-3c97d553e9f3>

NWL Integrated Kidney Care workshop:
<https://cassyni.com/s/nwl-kidney-2025>

Webinars & Events for September-October



A Digital Future: NHS 10 year Workforce Plan 24th Sept 12:00-12:45

A Digital Future
Webinar:

[Register here](#)

NEL Neighbourhood
Health:

[Register here on
Medtribe](#)

New ways of working
to improve workforce
productivity:

[https://www.events.e
ngland.nhs.uk/events
/nhs-england-
webinar-series-new-
ways-of-working-to-
improve-workforce-
productivity](https://www.events.england.nhs.uk/events/nhs-england-webinar-series-new-ways-of-working-to-improve-workforce-productivity)

NEL Information Session: A Neighbourhood Health Service for London 14th October, 13:00—14:00

This information session on the Neighbourhood Health Service Model led by Jonathan Sampson and Louise Saul. They will provide an overview of the model's goals, structure, and next steps - including how it brings together GPs, community services, mental health support, social care, public health, and the voluntary sector to support the diverse needs of Londoners.

New ways of working to improve workforce productivity

Webinar 1: 30 September 2025, 12:30–13:30

In July, the Workforce Design for Productivity team launched a new national resource showcasing innovative workforce transformation initiatives that are delivering measurable improvements in productivity.

This growing collection of case studies — available [here](#) on Futures — features examples from provider organisations and highlights new ways of working, including the introduction of new roles, redesigned care models, enhanced use of digital technologies, and approaches to delivering care closer to home.

To support the spread and adoption of these innovations, we are hosting a short lunchtime webinar series from September:

Theme: Delivering Care Differently & Closer to Home

Featuring presentations from NHS South West London - Using innovative ear care technology in pharmacies to reduce referrals into secondary care

Wellbeing for all H&F Practice staff



Freedom to speak up Guardians (FTSUG)

A confidential speaking up service for practice staff

Speaking up is about anything that gets in the way of providing good care. NWL Training Hubs have launched Freedom to Speak Up Guardians within Primary Care.

FTSUGs are a cohort of staff across NWL Primary Care, primarily within the Training Hubs. Contact us through the website with your concern or query and you will be matched with a guardian. Note that conversations remain confidential, and we work with you to support decisions pertaining to next steps you may wish to take.

How to Speak Up: <https://nwltraininghub.co.uk/staff-support-development-programmes/freedom-to-speak-up-guardians/speak-up-anonymously/>

Wellbeing Training

Embedding Healthy Speaking Up Cultures:

Organisations listening, learning & leading for safer care – a learning event from NHS England, 15th Oct 10:00-12:00

Pressure to Performance from the Wellbeing Project

Wed 15th Oct 10:00 -11:00

Pressure to Performance builds a deep understanding of the impact of pressure and equips your people with the tools to achieve healthy peak performance.

- The different types of pressure at work
- The signs of too much – and not enough pressure
- How to monitor pressure throughout the week
- The art of proactive pressure management

Understanding and Preventing Burnout from Well at Work

Tues 28th Oct 13:00-14:00

- Understand burnout and how and why it happens
- Learn to recognise the signs of burnout in yourself and others
- Risk factors for burnout including moral injury and institutional betrayal
- Explore new techniques & Mindfulness for preventing burnout
- Setting professional boundaries & cultivate psychological safety

Booking & Registration:

Embedding Healthy Speaking Up Cultures:
<https://www.eventsnhs.uk/events/embedding-healthy-speaking-up-cultures-organisations-listening-learning-and-leading-for-safer-care>

Pressure to Perform:
https://medtribe.com/courses/pressure-to-performance-webinar?utm_medium=copy-link&utm_source=share-modal

Burnout from Well at Work:
https://medtribe.com/courses/understanding-and-preventing-burnout?utm_medium=copy-link&utm_source=share-modal

NWL Training Hub Resources & Recording



NW LONDON TRAINING HUB

Education ♦ Training ♦ Workforce

Webinar Recordings

Communicating vaccines webinar on childhood immunisations 08/09/25

[Recording & slides](#)

Changes to the routine childhood immunisation schedule webinar:

[The recording, slides and supporting resources can be accessed here.](#)

[New Asthma Guidelines, Introduction and diagnosis 11th March 2025](#)

New BTS NICE SIGN asthma guidelines; Making a diagnosis of asthma using the new guidelines

[Webinar 2 Management of asthma 18th March 2025](#)

Management of newly diagnosed asthma using the new guidelines; the concept of AIR and MART; How to complete AIR/ MART asthma action plan; manage existing patients; When to refer for specialist care

Recordings of previous trainings:

Preventing Diabetes: [Preventing Diabetes: NDPP Updates](#)

ABPM Training: [ABPM](#)

Anticoagulation Training Recordings

[New to Anticoagulation training recording](#)

[Anticoagulation Update](#)

Find the full list here:

<https://nwltraininghub.co.uk/webinar-recordings/>

Newsletter Sign Up

Sign up directly to the NWL Training Hub newsletter:

for direct information on funded programmes and enhanced services trainings