

# NWL Training Hub

## Newsletter

w/c 15th September 2025

### News and Updates

Review and book all NWL Training Events:  
[nwltraininghub.co.uk/events/](http://nwltraininghub.co.uk/events/)

### 1 day Diabetes Foundation Course for non-registered practitioners

- 16th March 2026 8:50–16:00 [book here](#)

This course focuses on preparing non-registered practitioners to get involved in both the prediabetes and diabetes pathways. They will gain an understanding of the care pathways for people with prediabetes and type 2 diabetes, the screening tasks involved and key lifestyle messages to help support people achieve their individual goals. You can also attend the course if you are non-registered practitioner who requires diabetes update Course Overview:

- care pathways for high risk and type 2 diabetes, including the Diabetes Prevention Programme and structured education programmes for type 2 diabetes
- screening tests associated with the annual reviews (including foot assessment and recording risk)
- how to maintain the Practice ‘diabetes box’ containing blood glucose/ketone monitoring equipment and hypoglycaemia treatment
- key lifestyle messages
- exploring the scope of practice of HCAs in diabetes care and the competency assessment/mentorship requirements.

### E-learning course on diagnosis of breast cancer in Black women

A free course ‘[Diagnosing breast cancer in Black women](#)’ is available for all healthcare professionals on [RCGP Learning](#). Focusing on reducing healthcare inequalities, it explores the specific risk factors, challenges related to timely diagnosis, and the lived experience of Black women during the diagnosis process. The e-learning module also addresses the social and cultural barriers that Black women can face when accessing healthcare, supporting GPs to develop culturally sensitive and effective approaches to delivering care.

### ARRS 2 Day Foundation Health Coaching Course

Building on previous work the past 3 years, the NWL London Training Hub are working with provider Peak Health Coaching to provide the PCI approved core required 2-day health & role coaching programme for the new to role Social Prescribing Link workers and Care Co-ordinators. Due to requests for development, the 2-day Foundation Health Coaching course will now also be opened up to additional clinical roles - **Clinical Pharmacist, Dieticians, FC Physiotherapists, Physician Associate & Paramedics** to aid in these roles support of long-term condition management. *Please note this course will not be relevant for all of these roles, so please only apply if it is relevant to your daily practice due to funding limitations.* The 4 Day Intermediate Health Coaching course required for Health & Wellbeing Coaches new to role, may still be available so please email directly to enquire about this.

To apply for a space please complete the following EOI form - <https://nwltraininghub.co.uk/arrs-2-day-foundation-health-coaching-course/>  
If you have any further questions around recruitment, please contact Jon Ord – NWL ARRS Programme Officer – [jonathan.ord1@nhs.net](mailto:jonathan.ord1@nhs.net).

### World Sepsis Awareness Month September 2025

Sepsis occurs when the body’s response to an infection causes injury to its own tissues and organs. If not recognised early and treated promptly, it can lead to shock, multi-organ failure, and death. Sepsis is the final common pathway to death from most infectious diseases worldwide, including viral infections such as SARS-CoV-2 (COVID-19). The following video explains sepsis in just three minutes – covering its most common causes, symptoms, methods of diagnosis, treatment, and more <https://youtu.be/NsPDIOX8QH4>

**Fact Sheet & Awareness**, Please take a moment to review the below fact sheet to help ensure you can recognise the signs of sepsis in others.

## WHAT ARE THE SYMPTOMS?

### SYMPTOMS IN CHILDREN

- A child may have sepsis if he or she:
  - **Is breathing very fast**
  - **Has a ‘fit’ or convulsion**
  - **Looks mottled, bluish, or pale**
  - **Has a rash that does not fade when you press it**
  - **Is very lethargic or difficult to wake**
  - **Feels abnormally cold to touch**

### SYMPTOMS IN ADULTS

- An adult may have sepsis if they show any of these signs:
  - **Slurred speech or confusion**
  - **Extreme shivering or muscle pain**
  - **Passing no urine (in a day)**
  - **Severe breathlessness**
  - **It feels like you’re going to die**
  - **Skin mottled or discoloured**

**Call 111 or contact your GP** if you’re worried about an infection.  
**Call 999 or visit A&E** if someone has one of the sepsis symptoms.

## JUST ASK “COULD IT BE SEPSIS?”



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### Upcoming Safeguarding Webinar on Trauma Intelligence

- 23 September 2025, 13:00–14:00 [book here](#)

A 1-hour introductory session designed for GPs, Link Workers and surgery teams offering insight into the lasting impacts of trauma and ACEs, and the role of primary care as a safe first point of contact. We'll explore how unaddressed trauma shows up in health settings – and why a trauma-informed lens matters more than ever.

### Survey: Input on Upcoming Cervical Screening Training for non clinical staff

The NWL TH, together with the ICS Team and RMP, are planning to schedule online cervical screening training sessions for non-clinical staff involved in the screening and call/recall process. These sessions will replace those previously delivered by Jo’s Trust and will be delivered in a concise, accessible format.

To make sure the trainings is relevant and useful, we would greatly value your input. We would appreciate if you could please take a couple of minutes to complete the short survey linked, which will help us tailor the content to the needs of your teams: <https://mmjd6hzmegp.typeform.com/to/efrg9Uu>

### Physician Associate Preceptorship Funding

We are sharing an update regarding the £5,100 education support funding available from NHS England to support Physician Associates (PA). This preceptorship funding has been confirmed at this week for the next set of preceptorships, following on from earlier EOI requests.

Included is:

[NHSE application form for a Preceptorship](#) (form will automatically download).

[NHSE Preceptorship Guidance](#)

[NHSE FAQs based on the Leng Review into PAs](#)

The eligibility criteria for preceptorship funding has followed on from last year:

- All existing PAs in Primary Care who have not previously undertaken a preceptorship, including those in their first role.
  - Employers seeking additional assurance for their PAs, even if they are not newly qualified, to help cover enhanced supervision costs.
- Those on Preceptorships will be expected to engage with the PA Ambassador and the support mechanisms provided by the NW London Training Hub, such as the PA Forum.

Applications must include:

- Completed application form
- A copy of the PA’s induction timetable
- A copy of the PAs weekly table (must include at least 1 dedicated session for education)

Applications should be sent to the NWL PA Ambassador (Marie-Louise Turner) for review: [marie-louise.turner@nhs.net](mailto:marie-louise.turner@nhs.net)

Deadline for applications is **Friday 19th September 2025**. The funding available for preceptorships is limited and will be provided on a first come, first served basis. **Please note**, even though the deadline is this year we have been informed by NHSE that the funding will not be arriving to the ICS Training Hubs until the end of the current financial year, so the preceptorship will begin from when we are able to move funding across to providers and will be into 2 amounts over the preceptorship period.

### Opportunity: Are skills gaps stopping your team implementing its new model of care?

Hounslow Consortium are seeking 16 general practice teams in NWL (GP surgery and/or PCN teams) who are keen to implement a new model of care but are slowed down due to skills gaps in their team. Two teams will be selected in each borough and able to access up to a £5,000 training budget to help remove these skills gaps. You can download the [EAQs and application form here](#) (automatic download). The deadline for applications is **Friday 19th September at 5pm**. If we don’t identify the 16 teams in this round, we’ll run a second round in April 2026. If, after reading the above links and reviewing the form, you still have questions, please email [hrc@hounslowconsortium@nhs.net](mailto:hrc@hounslowconsortium@nhs.net).

We’re also seeking a GP clinical lead for up to 26 sessions in total while the above programme is running. You can find a [role overview here](#), which includes how to express an interest in this role by 5pm on Monday 15th September. Please do share with any GP colleagues in NWL who may be interested.

Finally, in parallel to the above, there will also be learning and development linked to quality improvement, as well as support around resilience (this learning, development and support will not be limited to the 16 teams above). We’ll keep you updated on this when the first dates are confirmed

### THIS WEEK

- **Governance Matters: Building Confidence in Advanced and Consultant Practice** - 15th September, 15:00 to 16:00 [book here](#)
- **Child Immunisation Updates** - 18th September 9:00–12:15 [book here spaces available](#)
- **Seasonal Immunisation Updates** - 18th September 13:00–16:15 [book here limited spaces](#)
- **RM Partners Primary Care Cancer Conference: Improving Early Diagnosis** - 18th September, 9:00–16:00 [book here](#) @ Stamford Bridge (Chelsea Football Club)
- **NWL Women’s Forum menopause/Sexual and Reproductive Health (SRH)** - 19th September 13:00–14:00 [book here](#)
- **Refresher Interpreting ECG** - 19th September 2025, 12:30 - 14:00 [book here spaces available](#)
- **NEW NW London GP Assistant and Health Care Assistant Forum** - 18th September, 13:00–14:00 [join teams meeting here](#) or via ID: 397 030 552 163 8 & Passcode: Cc22e8H2 or contact [jonathan.ord1@nhs.net](mailto:jonathan.ord1@nhs.net) for the calendar invite.

## NWL TH Training

### NWL Training Hub Webinars

#### NWL Women’s Forum

- 19th September 13:00–14:00 [book here](#)

This session will cover menopause/Sexual and Reproductive Health (SRH) and have time for any questions you may have.

Future sessions: topics to be confirmed

- 21st November 13:00–14:00 [book here](#)

- 16th January 13:00–14:00 [book here](#)

- 13th March 13:00–14:00 [book here](#)

#### NWL Webinar: Autism Awareness Training for All Healthcare Professionals

- 22nd September 13:00–14:00 [book here spaces available](#)

Our training is open to healthcare professionals at all levels — this will include GPs, Nurses, ARRS Clinical roles such as Pharmacists, Paramedics, ARRS non clinical roles such as Social Prescribers and Health & Wellbeing coaches, Reception, admin and practice teams.

#### NWL IBD Webinar

- 23rd September, 12:00–13:00 [book here spaces available](#)

Comfort Okpeh is an Inflammatory Bowel Disease (IBD) Clinical Nurse Specialist (CNS) from St. Mark’s Hospital. Comfort will deliver a session on top tips to consider when looking after a Crohn’s Disease or Ulcerative Colitis patient in the community setting. Please join her to discuss and learn more about this growing chronic condition.

#### Safeguarding Webinar Series

##### Trauma Intelligence

- 23 September 2025, 13:00–14:00 [book here](#)

##### Mixed, Unclear & Unstable Ideologies (MUU)

- 9 October 2025, 13:00–14:00 [book here](#)

##### Modern Slavery / Human trafficking

- 22 October 2025, 12:00–13:00 [book here](#)

##### Domestic abuse/ coercive control

- 4 November 2025, 13:00–14:00 [book here](#)

##### Online Risks & Alt-Right/Chan Culture

- 6 November 2025, 13:00–14:00 [book here](#)

##### Incels/ Misogyny

- 4 December 2025, 12:00–13:00 [book here](#)

##### Young people families & Drugs

- 28 January 2026, 13:00–14:00 [book here](#)

##### FGM & breast flattening

- 5 February 2026, 13:00–14:00 [book here](#)

##### Harm Reduction Drugs & Alcohol- must attend first session prior to attending 2nd session

- part 1) 12 March 2026, 13:00–14:00 [book here](#)

- part 2) 25 March 2026, 13:00–14:00 [book here](#)

#### NWL Frailty Webinar for nurses

- 24th September, 13:00–14:00 [book here spaces available](#)

- What do we mean by frailty
- The role of the nurse in MDT working in Frailty
- How can you add value to a frailty consult and what does a good care plan look like
- What is Validia

#### NB Medical ‘Hot Topics’ Dermatology for Primary Care

- 8th October, 13:30–14:00 [book here spaces available](#)

This session will be open to Nurses and AHPs – nurses, paramedics, physios and qualified Nursing Associates

With dermatology appearing in up to 25% of our general practice consultations, now is a great time to update and refresh our knowledge. Many skin conditions are now being managed exclusively in primary care and our patients who do require a referral are facing significantly longer waiting times. The aim of this webinar is to increase your diagnostic skills and confidence in managing the common dermatology conditions we see in primary care. All the presented topics are based on recent national guidance and research, and use clinical cases to illustrate the learning points.

#### NWL Respiratory webinars

##### Optimising care in COPD

- 16th October, 13:00–14:00 [book here](#)

- The Optimise COPD approach to managing COPD
- Focus on Respiratory Enhanced Service 25/26

#### NWL Teaching webinar on Diagnostics / Referrals for asthma in children

- 20th November 13:00–14:00 [book here](#)

- NWL Community Diagnostic Centres for investigating suspected asthma in children
- Overview of the referral process
- Diagnostic reports and how to interpret the findings
- Case examples

For queries about our NWL Training Hub webinars please contact [nwl.traininghub@nhs.net](mailto:nwl.traininghub@nhs.net)

## Enhanced Services and CPD

If all dates are fully booked for a training please join the waitlist, this allows us to know when there is sufficient demand for us to book new dates.

#### ABPM Training [spaces available](#)

- 9th October, 13:00–14:00 [book here](#)

Please join us for this lunch and learn session on ABPM Monitoring. It will aim to cover:

- What is ABPM?
- Why do we need ABPM?
- How is ABPM measured?
- What do we do with the results?

#### Non-Medical prescribing update

- 14th October, 9:00–12:30 [book here fully booked](#)

This session is suitable for any prescriber who would like an update on current issues in prescribing practice. It also offers an opportunity to network online with other prescribers.

#### Interpreting ECG - Foundation

- 17th October, 9:00 to 16:00 [book here](#) @ Harrow Baptist Church, HA1 1BA [spaces available](#)  
This training is for GPs and ACPs only. Please be aware this is **not a refresher**.

#### Performing ECG Training

- 30th September 9:15 – 16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [fully booked](#)  
This training is for HCAs. GPAs, pharmacists, nurses can attend if they require this training

#### Travel Health Updates

- 23rd October 13:00 – 16:00 [book here fully booked](#)

- 4th November, 13:00 – 16:00 [book here fully booked](#)

This training is open to all trained Nursing and Pharmacist Immunisers. The webinar will be conducted over 3 hours online.

Please note: Travel Health Updates for **experienced practitioners only** offering travel immunisations already. This session does not cover seasonal vaccines. Find out more details about what is covered [here](#).

#### Seasonal Immunisation Updates

- 23rd September 13:00–16:15 [book here fully booked](#)

- 25th September 13:00–16:15 [book here limited spaces](#)

- 30th September 13:00–16:15 [book here limited spaces](#)

- 1st October 13:00–16:15 [book here limited spaces](#)

- 7th October 13:00–16:15 [book here fully booked](#)

- 21st October 13:00–16:15 [book here spaces available](#)

This 3 hour online seasonal immunisation update is for all **experienced Health Care Professionals**; Nurses, Paramedics, Pharmacists, Nursing Associates, Pharmacy Technicians and the non-registered workforce (which includes HCAs, HCSWs, Phlebotomists, receptionists etc) to deliver flu, pneumococcal, shingles, RSV and COVID vaccines. [Objectives for this update can be found here](#).

#### Child Immunisation Updates

- 18th September 9:00–12:15 [book here spaces available](#)

- 25th September 9:00–12:15 [book here spaces available](#)

This updates for **experienced practitioners** (usually nurses, nursing associates and pharmacists) already delivering child immunisations.

#### Adult Phlebotomy

- 30th September 9:15 – 16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [fully booked](#)

- 26th November, 9:15 – 16:30 [book here](#) @ Hanwell Health Centre, W7 1DR [limited spaces](#)

- 5th February 2026, 9:15 – 16:30 [book here](#) @ Hanwell Health Centre, W7 1DR [spaces available](#)

This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

#### Paediatric Phlebotomy date change

- 28th January 2026, 9:00–14:00 @ Cuckoo Lane Surgery, W7 1DR [apply here](#)

You must attend the training day and assessment day to finalise course the assessment date for each of the above training cohorts can be found on the Medtripe page for each cohort. This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care Certificate. Full eligibility criteria can be found at the above booking link.

The aim of this course is to provide the underpinning knowledge and basic skills to safely perform phlebotomy on babies and children from 2 years, and identify the underlying issues in paediatric Phlebotomy. e.g. consent, restraint, distraction and environment.

#### Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.

GPs – please be sure to provide a summary of your diabetes related work undertaken. [Express your interest here](#)

- **Diabetes Foot Care Training**  
- 2th October 9:15 – 16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [fully booked](#)  
The course is for experienced HCSWs who will be assisting with diabetes reviews.

#### Wound Care Training

- 13th November 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [fully booked](#)

This training is for HCWs/HCAs who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

#### Cervical Sample Taker Update

- 24th September 9:00–13:00 [book here fully booked](#)

This update is for Registered Nurses, GPs, registered Physician Associates, Nursing Associates who are registered with the NMC or registered paramedics working in GP practices, who have completed their cervical sample taking training in the past and who require the three yearly update.

#### Ring Pessary Foundation course

- 28th November, 9:00–12:00 [book here](#) @ The Irish Cultural Centre, W6 9DT [fully booked](#)

- 28th November, 13:00–16:00 [book here](#) @ The Irish Cultural Centre, W6 9DT [fully booked](#)  
This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than 1 year can attend.

#### Enhanced Service Inhaler Technique: NWL CYP Asthma Tier 3 aligned Training

- Dates and locations dependent on borough [see all here 2nd tranche available now](#)

Venue: Face to face session. Venues vary according to the borough.

This training is aimed at nurses/pharmacists/GPs but any AHP who does asthma and COPD chronic disease management.

This training is limited to **1 person per practice**. Please ensure you book onto the correct session for your borough.

## ARRS Training Offers

#### Pitstop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.

Staff who wish to attend must either [complete the EOI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

#### Motivational Interviewing Training [new date](#)

- 12th November, 9:00–16:00 [book here spaces available](#)

The course is open to multiple roles including: Social Prescribing Link Workers, Health & Wellbeing Coaches & Care Coordinators, Clinical Pharmacists, Pharmacy Technicians, Paramedics, Practice Nurses, Nurse Associates, FC Physios, Dieticians & Physician Associates. This course will look to cover:

- An introduction to the principles, spirit and skills of motivational interviewing.
- Gain an overview of an effective alternative to persuade people to change their behaviour.
- Gain an appreciation of how people can use their own motivations to find solutions for behaviour change.
- Discover how reflective listening can help when emotions are running high.
- Observe how questions, reflections, affirmations and summaries can be used to facilitate a more effective conversation about behaviour change.

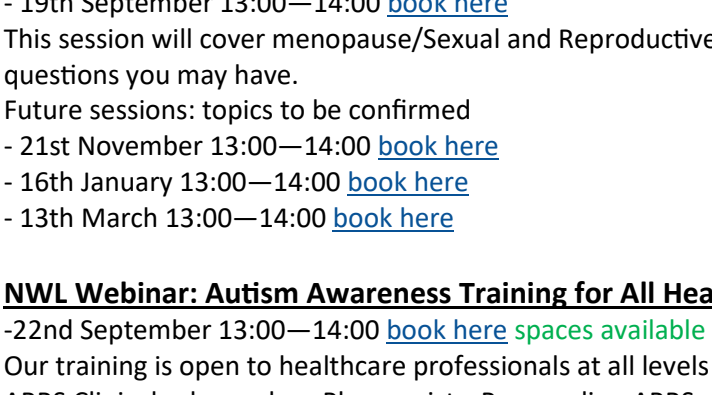
#### Advice First Aid Training— Open to Social Prescribers


- 30th September, 10:00–14:30 @ Harrow Baptist Church, HA1 1BA. [book here fully booked](#)

Due to the cost-of-living crisis, Citizens Advice Harrow are delivering a session of free advice training for local community organisations as part of their Advising Londoners Partnership project. Citizens Advice services are operating this across the NW London Boroughs and the Harrow team are the hub to operate this training at a NWL London level.

They will advise you how you can help if your clients are facing an emergency or crisis - where to start and where to signpost to other organisations and also where to find useful information online in relation to issues such as Housing, Benefits and Debt. There will also be a short follow up session at a later date which they will discuss on the training day.



*Thank you from the NWL Training Hub Team*





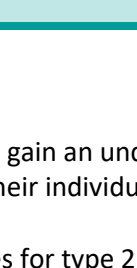
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### Expressions of Interest forms

For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.

[Forms can all be found here](#)

### Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

#### Multi-professional Supervisor Course [Application form](#)

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