

w/c 6th October 2025

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News and Updates

Review and book all NWL Training Events:
nwltraininghub.co.uk/events/

Applications open for the NWL Fellowship 2025/2026

Across North West London we have re-launched the Fellowship Programme and opened it not just to GPs and nurses that are new to practice, but to clinicians at different stages in their career and to other multi-professional roles within general practice. The new fellows will be working on projects in areas that support and meet local borough needs and North West London priority areas.

- Eligibility criteria:
- The Fellow is working in a salaried role within General Practice for at least 16 hours per week.
 - There is now no criterion for how long they have worked within General Practice and do not need to be new to practice.
 - Have not undertaken a fellowship in the last 3 years (SPIN, Mid-Career, PG Cert etc)

There are limited spaces across all 8 boroughs so applicants will go through a shortlisting and interview process.

Please find details of your boroughs offer [here](#) along with the [application form to apply](#). Application deadline is the 15th October.

If you have any questions, please contact your [local borough](#) or email nhsnwl.spin@nhs.net.

Red Whale Clinical Update session for Clinical ARRS Staff

- 25th November, 10:00–16:00 [book here](#)
- A one-day clinical update session with updates in topic areas of Asthma, Hypertension, Pharmacological management of Obesity including GLP-1s and Mental Health covering areas of Physical Health, Depression & Anti Depressants and ADHD – This will only be available by attending the live session.
- Access to the Red Whale Pharmacist update recording for 12 months.
- Access to Red Whales extensive learning resources for 12 months including handbooks on their other live update days to support in CPD development.

Enhanced Service Inhaler Technique: NWL CYP Asthma Tier 3 aligned Training 2nd tranche available now

- Dates and locations dependant on borough [see all here](#)
Venue: Face to face session. Venues vary according to the borough.
This training is aimed at nurses/pharmacists/GPs but any AHP who does asthma and COPD chronic disease management can attend.
The face to face course covers:
• Adult (and CYP) inhaler technique
• Provision of placebos for each practice attending

Safeguarding Webinar Series

- Modern Slavery / Human trafficking
- 22 October 2025, 12:00–13:00 [book here](#)
- Domestic abuse/ coercive control
- 4 November 2025, 13:00–14:00 [book here](#)
- Online Risks & Alt-Right/Chan Culture
- 6 November 2025, 13:00–14:00 [book here](#)
- Incels/ Misogyny
- 4 December 2025, 12:00–13:00 [book here](#)
- Young people families & Drugs
- 28 January 2026, 13:00–14:00 [book here](#)
- FGM & breast flattening
- 5 February 2026, 13:00–14:00 [book here](#)
- Harm Reduction Drugs & Alcohol- must attend first session prior to attending 2nd session
- part 1) 12 March 2026, 13:00–14:00 [book here](#)
- part 2) 25 March 2026, 13:00–14:00 [book here](#)

Diabetes Foot Care

- 28th January 2026, 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA
 - 3rd June 2026, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN
- The course is for experienced HCSWs who will be assisting with diabetes reviews and covers:
- Terminology for Type 1 and type 2 diabetes
 - Signs and symptoms risk factors and complications
 - Basic A and P
 - The 8 (9) Care Processes and the HCSW in monitoring
 - Diabetes UK resources
 - Referral for education (as per locality practice)
 - Includes instruction and practice in undertaking diabetic foot assessment following FRAME guidelines.

Wound Care Training New Dates available now

- 18th March 2026 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA spaces available
 - 9th July 2026 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN spaces available
- This training is for HCSWs/HCAs who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

Advanced Wound Care Training for HCAs

- 4th March 2026 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA
 - 5th August 2026 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN
- This session is aimed at HCAs who have some basic knowledge and experience of wound care and wish to extend their skills to be able to perform suture and staple removal and take a swab correctly. The session will include a wound care update and explore different types of wound commonly seen in GP, and discuss healing and factors that influence the healing process. All learners will undertake a dressing using an ANTT and be able to remove sutures and staples from a simulator arm.
Learners will need to return to practice for supervision and assessment of their new skills and to complete their competency documents

Performing ECG Training

- 3rd February 2026, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN
 - 17th June 2026, 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA
- This training is for HCAs, GPs, pharmacists, nurses can attend if they require this training
The introduction will cover:
• Session to heart disease, basic anatomy and physiology, risk factors, preventable/modifiable and non-modifiable risks
• MI, angina, stroke and TIAs, heart failure looking at signs and symptoms – the types of investigations patients have to get their diagnosis
• MECC opportunities and identification via NHS health checks etc and the wider team/support available for all
• Taking an accurate ECG
• Getting the room and the patient ready
• Dots and don'ts
• Pre attendance advice, correct positioning of electrodes, ensuring result readability, processes to follow re: who will interpret, information given to patients

Survey: wound care practice - your participation is greatly appreciated

We are inviting General Practice Nurses (GPNs), Health Care Assistants (HCAs), and Nursing Associates (NAs) across North West London (NWL) to take part in a survey focused on wound care practice. The survey will take approximately 10–15 minutes to complete. Survey Link: <https://mmjgdhzmegg.typeform.com/WoundCareSurvey>

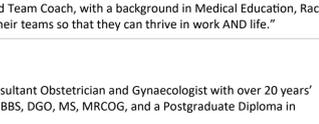
The purpose of this survey is to better understand the day-to-day challenges faced by GPNs, identify where additional support may be needed, and explore opportunities to improve services, training, and resources. Your insights will directly inform the development of more consistent, high-quality wound care pathways across our boroughs.

The findings may also be used to support service improvement, research, and shared learning initiatives, with the aim of strengthening wound care practice across primary care. Please be assured that all responses will be treated in the strictest confidence, and no individuals will be identifiable in any outputs or publications.

We would be very grateful if you could take part in this survey. Your contribution will play an important role in shaping the future of wound care in NWL.

The Shapes Toolkit Programme

- This is for all primary care staff who...
 - Are tired of quick fixes that don't address root causes
 - Want practical tools that work in the real world of clinical practice
 - Need a system that creates time rather than consuming it
 - Are ready to make lasting changes, not just temporary improvements
- This opportunity is open to all colleagues working in general practice across North West London.
Book BOTH part 1 and part 2 individually:
Part 1 - Friday 17th October 13.30-17.00 – [book here](#) (Delivered by: Dr Pippa Woolner)
Part 1 - Wednesday 12th November 13.30-17.00 – [book here](#) (Delivered by: Dr Katya Miles)
Part 2 - Friday 16th January 13.30-17.00 – [book here](#) (Delivered by: Dr Pippa Woolner)
Part 2 - Wednesday 4th February 13.30 - 17.00 – [book here](#) (Delivered by: Dr Katya Miles)



The Shapes Toolkit was created by Dr Rachel Morris, host of the You Are Not A Frog podcast. A former GP, Executive and Team Coach, with a background in Medical Education, Rachel invites doctors and other healthcare professionals to make a deliberate choice about how they will live, work and lead their teams so that they can thrive in Work AND Life."

Gynaecology Masterclass

- 8th October, from 13:00, [join here](#) or use ID: 324 345 992 018 7 and Passcode: Mj2uz2QW [view flyer here](#)
Topic will be the "Top 5 Gynae problems in primary care". This masterclass is delivered by Dr Shabana Syed who is a Consultant Obstetrician and Gynaecologist with over 20 years' experience in women's health, practising at Hillingdon Hospital and Bishops Wood Hospital, Northwood. She holds an MBBS, DGO, MS, MRCOG, and a Postgraduate Diploma in Medical Education

THIS WEEK

- Maximising your team's potential through safe and effective delegation and supervision - 6th October, 13:30-14:30 - [learn more](#)
- Primary Care Guide to Identifying Lower GI Conditions - 6th October, 12:30-14:00 [book here](#)
- Seasonal Immunisation Updates - 7th October 13:00–16:15 [book here](#) [limited spaces](#)
- Supporting Safe Describing of Antidepressants in Primary Care Webinar - 7th October, 13:00–14:00 [join here](#) or use ID: 322 215 033 263 7 and Passcode: f748oF7x
- Effectively managing practitioners working at advanced levels of practice - 8th October, 09:30-10:30 - [learn more](#)
- Five years of a greener NHS: progress and forward look - 8th October, 11:00 - 12:00 [register here](#)
- NB Medical 'Hot Topics' Dermatology for Primary Care - 8th October, 13:30–17:00 [book here](#) spaces available
- Gynaecology Masterclass 8th October, from 13:00, [join here](#) or use ID: 324 345 992 018 7 and Passcode: Mj2uz2QW
- Transgender Healthcare training dates Clinical - 8th October (session 1) and 15th October (session 2) [book here](#)
- GMC Professional Standards: How Concerns and Complaints are Dealt With - 8th October, 12:00–13:00 [book here](#)
- Safeguarding Webinar Series Mixed, Unclear & Unstable Ideologies (MUU) - 9th October 2025, 13:00–14:00 [book here](#) spaces available
- ABPM Training - 9th October, 13:00–14:00 [book here](#) spaces available

NWL TH Training

NWL Training Hub Webinars

- **NWL Respiratory webinars**
- Optimising care in COPD
- 16th October, 13:00–14:00 [book here](#)
- Focus on COPD approach to managing COPD
- Focus on Respiratory Enhanced Service 25/26
- **Safeguarding Webinar Series**
- Modern Slavery / Human trafficking
- 22 October 2025, 12:00–13:00 [book here](#)
- Domestic abuse/ coercive control
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- part 2) 25 March 2026, 13:00–14:00 [book here](#)

NWL Teaching webinar on Diagnostics / Referrals for asthma in children

- 20th November 13:00–14:00 [book here](#)
- NWL Community Diagnostic Centres for investigating suspected asthma in children
- Overview of the referral process
- Diagnostic reports and how to interpret the findings
- Case examples

NWL Women's Forum

- Topics to be confirmed
- 21st November 13:00–14:00 [book here](#)
- 16th January 13:00–14:00 [book here](#)
- 13th March 13:00–14:00 [book here](#)

NWL Frailty Webinar for nurses – new date

- 26th November, 13:00–13:45 [book here](#) spaces available
- What do we mean by frailty
- The role of the nurse in MDT working in Frailty
- How can you add value to a frailty consult and what does a good care plan look like
- What is Validia

For queries about our NWL Training Hub webinars please contact nwl.traininghub@nhs.net

SSSA Training

SSSA - Foundation training 2-Day course
- 12th January and 9th February, 9:30–16:00 [book here](#)
This is a 2 day online SSSA Foundation training for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who are interested in supporting learners in practice.

SSSA Update

- 28th November 9:00–12:30 [book here](#)
This course is suitable if you have already attended mentorship preparation training (e.g. ENB 998). This update provides a refresher of the knowledge, skills and behaviours needed to support learners to become outstanding nurses

Enhanced Services and CPD

If all dates are fully booked for a training please join the waitlist, this allows us to know when there is sufficient demand for us to book new dates.

Non-Medical prescribing update

- 14th October, 9:00–12:30 [book here](#) fully booked
This session is suitable for any prescriber who would like an update on current issues in prescribing practice. It also offers an opportunity to network online with other prescribers.

Interpreting ECG - Foundation

- 17th October, 9:00–16:00 [book here](#) @ Harrow Baptist Church, HA1 1BA [limited spaces](#)
This training is for GPs and ACPs only. Please be aware this is **not a refresher**.

Travel Health Updates

- 23rd October, 13:00–16:00 [book here](#) fully booked
- 4th November, 13:00–16:00 [book here](#) fully booked
- This training is open to all trained Nursing and Pharmacist Immunisers. This training will be conducted over 3 hours online.
- Please note: Travel Health Updates for experienced practitioners only offering travel immunisations already. This session does not cover seasonal vaccines. Find out more details about what is covered [here](#).

Seasonal Immunisation Updates

- 7th October 13:00–16:15 [book here](#) [limited spaces](#)
- 21st October 13:00–16:15 [book here](#) [limited spaces](#)
- This 3 hour online seasonal immunisation update is for all experienced Health Care Professionals; Nurses, Paramedics, Pharmacists, Nursing Associates, Pharmacy Technicians and the non-registered workforce (which includes HCAs, HCSWs, Phlebotomists, receptionists etc) to deliver flu, pneumococcal, shingles, RSV and COVID vaccines. [Objectives for this update can be found here](#).

Adult Phlebotomy

- 30th October 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [fully booked](#)
- 26th November, 9:15–16:30 [book here](#) @ Hanwell Health Centre, W7 1DR [fully booked](#)
- 5th February 2026, 9:15–16:30 [book here](#) @ Hanwell Health Centre, W7 1DR [limited spaces](#)
- This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

Paediatric Phlebotomy

- 28th January 2026, 9:00–14:00 @ Cuckoo Lane Surgery, W7 1DR [apply here](#) [fully booked](#)
- You must attend the training day and assessment day to finalise course the assessment date for each of the above training cohorts can be found on the Moodle page for each cohort.
- This training is for Nurses, HCAs & Phlebotomists. HCA & Phlebotomists need to have a Care Certificate. Full eligibility criteria can be found at the above booking link.
- The aim of this course is to provide the underpinning knowledge and basic skills to safely perform phlebotomy on babies and children from 2 years, and identify the underlying issues in paediatric Phlebotomy, e.g. consent, restraint, distraction and environment.

1 day Diabetes Foundation Course for non-registered practitioners

- 16th March 2026 8:50–16:00 [book here](#) spaces available
- This course focuses on preparing non-registered practitioners to get involved in both the prediabetes and diabetes pathways. They will gain an understanding of the care pathways for people with prediabetes and type 2 diabetes, the screening tasks involved and key lifestyle messages to help support people achieve their individual goals. You can also attend the course if you are non-registered practitioner who requires diabetes update Course Overview:
- care pathways for high risk and type 2 diabetes, including the Diabetes Prevention Programme and structured education programmes for type 2 diabetes
- screening tests associated with the annual reviews (including foot assessment and recording risk)
- how to maintain the Practice 'diabetes box' containing blood glucose/ketone monitoring equipment and hypoglycaemia treatment
- key lifestyle messages
- exploring the scope of practice of HCAs in diabetes care and the competency assessment/mentorship requirements.

Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.
GPs – please be sure to provide a summary of your diabetes related work undertaken. [Express your interest here](#)

Wound Care Training New Dates available now

- 13th November 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [fully booked](#)
 - 18th March 2026 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA spaces available
 - 9th July 2026 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN spaces available
- This training is for HCSWs/HCAs who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

Ring Pessary Foundation course

- 28th November, 9:00–12:00 [book here](#) @ The Irish Cultural Centre, W6 9DT [fully booked](#)
- 28th November, 13:00–16:00 [book here](#) @ The Irish Cultural Centre, W6 9DT [fully booked](#)
- This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

Enhanced Service Inhaler Technique: NWL CYP Asthma Tier 3 aligned Training

- Dates and locations dependant on borough [see all here](#) [2nd tranche available now](#)
Venue: Face to face session. Venues vary according to the borough.
This training is aimed at nurses/pharmacists/GPs but any AHP who does asthma and COPD chronic disease management.
This training is limited to 1 person per practice. Please ensure you book onto the correct session for your borough.

ARRS Training Offers

ARRS 2 Day Foundation Health Coaching Course
Building on previous work the past 3 years, the NW London Training Hub are working with provider Peak Health Coaching to provide the PCI approved core required 2-day health & role coaching programme for the new to role Social Prescribing Link workers and Care Co-ordinators. Due to requests for development, the 2-day Foundation Health Coaching course will now also be opened up to additional clinical roles - **Clinical Pharmacist, Dieticians, FC Physiotherapists, Physician Associate & Paramedics** to aid in these roles support of long-term condition management. *Please note this course will not be relevant for all of these roles, so please only apply if it is relevant to your daily practice due to funding limitations.*
The 4 Day Intermediate Health Coaching course required for Health & Wellbeing Coaches new to role, may still be available so please email directly or if you have any further questions around recruitment, please contact Jon Ord – NWL ARRS Programme Officer – jonathan.ord1@nhs.net.

GP Assistant Training Programme - SE London Training Hub Cohort Applications

- Cohort 9 will begin on the 14th January 2026. [Download application form here](#).
All applications are to be sent to: gpa@seltraininghub.co.uk – Deadline for applications is **Friday 12th December 2025**.
If you would like all of the dates for this cohort or you have other questions about this please contact gpa@seltraininghub.co.uk.

Foundation Pitstop Diabetes 4-hour update course

- 10th November 2025 - 10:00–13:00 [book here](#) [limited spaces](#)
- 13th January 2026 – 13:00–17:00 [book here](#) spaces available
- Open to any clinical staff including Pharmacists, Paramedics, Physician Associates, Pharmacy Technician, Practice Nurses, Nurse Associate, Dieticians, Podiatrists & Advanced Clinical Practitioners. This 4-hour programme has been developed to update healthcare professionals who deliver the essential primary care services for people with type 2 diabetes and non-diabetic hyperglycaemia. Suitable for healthcare professionals who have previously attended a foundation-level course and would value an update, and you will be emailed a resource pack, by the training provider, including a workbook, to use during the course.

Pitstop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners. Staff who wish to attend must either [complete the EoI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Motivational Interviewing Training new date

- 12th November, 9:00–16:00 [book here](#) spaces available
- The course is open to a multiple roles including: Social Prescribing Link Workers, Health & Wellbeing Coaches & Care Coordinators, Clinical Pharmacists, Pharmacy Technicians, Paramedics, Practice Nurses, Nurse Associates, FC Physios, Dieticians & Physician Associates. This course will look to cover:
• An introduction to the principles, spirit and skills of motivational interviewing.
• Gain an overview of an effective alternative to persuade people to change their behaviour.
• Gain an appreciation of how people can use their own motivations to find solutions for behaviour change.
• Observe how reflective listening can help when emotions are running high.
• Discover how questions, reflections, affirmations and summaries can be used to facilitate a more effective conversation about behaviour change.

Thank you from the NWL Training Hub Team

Expressions of Interest forms

For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form, if we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.
[Forms can all be found here](#)

Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

Multi-professional Supervisor Course Application form

Complete the application form to be added to the waitlist for any future cohorts
GP Supervisor Course Application form
Complete the application form to be added to the waitlist for the next cohorts.
[Pharmacy Educational Supervisor Training programme](#) – available via eLHF

Useful links and Resources

- [Knowledge and Library Resources for GP and Practice Teams](#)
- [Greener NHS – Resources for a more sustainable NHS](#)
- [Survival Toolkit](#)
- [Supported Return to Training](#)
- [Podcast Learning Library](#)
- [Primary Care Resources](#)
- [GP Resources](#)
- [Webinar Recordings](#)

Other Training & Events - not run by NWL Training Hub

IPF refresher training for GP practices
- Last Wednesday of each month until March 2026, from 13:00 [book here](#) (December training will be on the 17th Dec)
Suitable for all staff working in London ICBs General Practice, training is via MS Teams.
[View flyer here](#)

Join My Improvement in Practice – Grow Your Ideas into Impact

- 4 sessions from 14th October 2025 – 21st April 2026 [find out more](#) or [register here](#)
- Join this Quality Improvement in Practice (QIP) programme and discover smart, simple ways to make lasting changes in your practice.
- 4-day Hybrid Workshops OR 7 bite-sized webinars
- Practical tools & support
- Real impact where it matters most

Centre for Advancing Practice Masterclasses

A masterclass series hosted by the Centre for Advancing Practice, designed to support the continued growth and excellence of the advanced and consultant practice workforce. This series brings together national leaders and subject matter experts to explore the latest developments in policy, practice, and professional development.
Unlocking Potential: The ePortfolio (Supported) Route Explained
- 14th October, 12:30–13:30 [book here](#)
Consultant Practice Unpacked: Progress, Purpose, and Possibilities
- 14th December time tbc, [registration open soon](#)

Addressing Systemic Discrimination Development

- 14th October, 9:00–13:30 [book here](#) @ OPEN Ealing, 14 Dickens Yard, W5 2TD
- 21st October, 9:00–13:30 [book here](#) @ OPEN Ealing, 14 Dickens Yard, W5 2TD
- The sessions will:
• Support Participants to be more aware of systemic discrimination
• Helping participants to explore how they might improve the healthcare experience outcomes for their patients
• Explore the role that participants can play in taking action to reduce inequalities

NEL Information Session: A Neighbourhood Health Service for London