NWL Training Hub Newsletter

w/c 20th October 2025

NW LONDON TRAINING HUB
Education ◆ Training ◆ Workforce

Follow us:

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News and Updates

Review and book all NWL Training Events:
nwltraininghub.co.uk/events/

Making Changes in Your Practices/PCNs? Get the Tools to Boost Your PCN/Team Impact with Our Quality Improvement in Practice Webinars

Following on from the first cohort launched success, with all slots for Day 1 of the four-day training fully booked, Central London Training Hub in collaboration with NWL Hounslow Consortium Training Hub is excited to offer a series of engaging webinars designed to equip you with practical tools to lead meaningful change in your practice or PCN.

The sessions will help you:

- Understand how to approach a project from start to finish
- Clarify roles and responsibilities
- Learn practical tools for planning, tracking, and communicating
- Link your project to quality improvement methods without the jargon
- Avoid common pitfalls that slow down progress

More Information and to Register here

Asthma in Primary Care: Managing Difficult-to-Treat and Acute Presentations

- 4th November, 10:00—16:30 book here limited spaces

This practical study day provides primary care professionals with an evidence-based update on the assessment, management, and referral of patients with difficult-to-control asthma. It will also address acute asthma across all age groups.

Pressure to Performance webinar recording available to view here

Overactive Bladder management in primary care

- 28th October, 13:00 –14:00 book here

Open to all clinicians working in Primary Care

Lipid Management in Primary Care – Recent Updates

- 26th November 26th, 13:00 –14:00 register here

This session will focus on NWL Lipid Guidelines ensuring alignment with current standards of care, and the associated novel therapies. You will also hear real-life experience from Dr Jai Cegla (Consultant in Metabolic Medicine, ICHT & NHS England clinical advisor). We will also provide an update on the 25/26 QoF, Inclisiran reimbursement changes and Medicines Mangement and Optimisation focusing on how these frameworks impact lipid management. You will have the opportunity to put your questions to NWL clinicians in a Q&A chaired by Dr Mohammed Haidar.

For further information and/or to get involved with the ICHP CVD education series please contact catherine.caldwell@imperialcollegehealthpartners.com

NW London Chronic Kidney Disease Guideline Consultation

North West London has had integrated CKD guidelines in place for over 12 years. By integrated we mean that these were originally designed with primary care and are also integrated across specialities rather than being CKD specific (with sections on CKD and diabetes, heart failure and frailty).

We have periodically updated these guidelines depending on changes to recommendations made by NICE.

We are about to undertake a further update and when undertaking this we want to liaise with primary care and give you an opportunity to get back to us your thoughts on the guideline. We are looking for comments on the guidelines in relation to areas that you find ambiguous, repetitive or unhelpful and highlight where they feel the guideline could be improved. Please go to this link to access the guideline (please note we are not looking for comments on the website itself just the specific guideline) www.nwlondonics.nhs.uk/ckdguidelines

We would really appreciate your comments and it would be helpful to us if you use this form so that we can manage comments in relation to the specific guideline pages. https://forms.office.com/Pages/ResponsePage.aspx?id=slTDN7CF9UeyIge0jXdO47oHNar6s1REkLT1OWduq_lUM05SOFZHMkpFRjFUR1VPT05UVFRLWDY5OC4u

We are offering this consultation period through until the close of play on Friday, 31st October and thereafter we will be working to update the guideline over the subsequent month.

Kind Regards, NWL CKD guideline working group

Shaping Tomorrow's Leaders webinar recording available to view here

Enhanced Service Inhaler Technique: NWL CYP Asthma Tier 3 aligned Training 2nd tranche available now

Attendance of inhaler technique compliance training is required to achieve the training KPI in your respiratory specification this year (and therefore receive associated payment)

This training is aimed at nurses/pharmacists/GPs but any AHP who does asthma and COPD chronic disease management can attend.

- 5th November 9:15—17:00 @ Harrow, Harrow Masonic Centre, HA3 0EL book here limited spaces
- 6th November 9:15—17:00 @ Hillingdon, Yiewsley & West Drayton Community Centre, UB7 9JL book here spaces available
- 12th November 9:15—17:00 @ West, The Methodist Church, W11 4AH book here spaces available
- 26th November 9:15—17:00 @ Ealing, Ealing Dominion Centre, UB2 4BQ book here spaces available
- 27th November 9:15—17:00 @ Hammersmith & Fulham, Edward Woods Community Centre, W11 4TX book here spaces available
- 3rd December 9:15—17:00 @ Hounslow, Indian Gymkhana Club, TW7 4NQ book here limited spaces
- 4th December 9:15—17:00 @ Brent, St John's Evangelist Church & Community Centre, HA0 2HX book here spaces available

The National Education Training Survey is open (7th Oct to 2nd Dec)

The only anonymous survey open to all healthcare learners in England. Please take 30mins and complete: NETS 2025 | NHS England | Workforce, training and education

The National Education and Training Survey (NETS) offers a unique insight into the multi-professional practice learning environment and the experience of the current and future workforce. The NETS is an opportunity for learners and trainees to reflect on their experience and identify what is working well and what could be improved.

NETS findings will provide crucial insight into the learner and trainee workforce. The results give NHS England, providers and ICBs valuable information to support their workforce helping with retention and recruitment.

Health and Wellbeing Practice or PCN Temperature Check

Calling all NWL Practice and PCN colleagues, Join 58 of practices and PCNs across NWL, that have now hosted a temperature check.

Our programme to date has successfully demonstrated a 17% reduction in stress and anxiety across 809 members of our NWL workforce who have taken part.

There are still spaces available so get in touch.

For more information or to book your session please contact:

Hillingdon Training Hub Team on hillconfed.traininghub@nhs.net or
Natasha England directly on natashaengland@nhs.net – Project Lead and Senior Facilitator for this Programme.

Don't miss out on this fantastic offer, reach out today. We look forward to hearing from you

Calling all NWL Practices & PCNs

Don't miss out!

58 of your practice/PCN colleagues have already hosted theirs - Spaces are still available

Host your own Health and Wellbeing Practice or PCN Temperature Check

If you would like to:

Treat your team to Lunch (we reimburse up to £100)

Allign to CQC compliance on several well-led domains (including effective and caring)

Do more to support the wellbeing of your practice

Then why not contact us today to discuss further

hillconfed.traininghub@nhs.net

Survey: wound care practice - your participation is greatly appreciated

We are inviting General Practice Nurses (GPNs), Health Care Assistants (HCAs), and Nursing Associates (NAs) across North West London (NWL) to take part in a survey focused on wound care practice. The survey will take approximately 10–15 minutes to complete. Survey Link: https://mmjd6hzmepg.typeform.com/WoundCareSurvey

The purpose of this survey is to better understand the day-to-day challenges faced by GPNs, identify where additional support may be needed, and explore opportunities to improve services, training, and resources. Your insights will directly inform the development of more consistent, high-quality wound care pathways across our boroughs.

The findings may also be used to support service improvement, research, and shared learning initiatives, with the aim of strengthening wound care practice across primary care. Please be assured that all responses will be treated in the strictest confidence, and no individuals will be identifiable in any outputs or publications.

We would be very grateful if you could take part in this survey. Your contribution will play an important role in shaping the future of wound care in NWL.

THIS WEEK

- **Webinars for managers Effectively managing practitioners working at advanced levels of practice** - 20 October, 14:00-15:00 - learn more
- **Addressing Systemic Discrimination Development** - 21st October, 9:00—13:30 book here @ OPEN Ealing, 14 Dickens Yard, W5 2TD
- **'Understanding Ethnic Disparities in Apprenticeship Participation'** - 21 October, 13:00 register here
- **Digital Control in Clinical Spaces: Improving Responses to Tech Abuse** -21st October, 10:00—11.15 book here
- **Webinars for registrants Understanding your scope of practice at advanced levels of practice** - 22 October, 10:00-11:00 - learn more
- **Paramedics in Primary and Urgent Care – Learning Event** - 22nd October, 9:00 – 16:30 book here
- **Safeguarding Webinar Series Modern Slavery / Human trafficking** - 22 October 2025, 12:00—13:00 book here spaces available
- **Amazing Apprenticeship Webinar - Employer Exchange: Machinery of Government**— 23rd October, 13:00 register here

NWL Vacancies

Receptionist/administrator required at Elthorne Park Surgery

Experienced Receptionist/Administrator? Looking for secure, part-time work?
We have a fantastic opportunity at a busy GP Practice in West London for an experienced Receptionist/Administrator. This role offers 30 hours per week with flexible shifts covering both mornings and afternoons. If you have a background working within the medical sector and want to join a supportive team in a professional environment, this could be the perfect role for you.

Key responsibilities include answering phones, managing patient registrations, handling tasks and data workflow, processing online e-submissions, and performing various administrative duties in a busy reception environment. A friendly and helpful manner is essential to provide excellent patient service.
Please see full job vacancy details here If you are interested please send CV to admin.elthornepark@nhs.net Closing date 29.10.25

NWL TH Training

NWL Training Hub Webinars

Safeguarding Webinar Series

Domestic abuse/ coercive control
- 4 November 2025, 13:00—14:00 book here spaces available

Online Risks & Alt-Right/Chan Culture
- 6 November 2025, 13:00—14:00 book here spaces available

Incels/ Misogyny
- 4 December 2025, 12:00—13:00 book here spaces available

Young people families & Drugs
- 28 January 2026, 13:00—14:00 book here spaces available

FGM & breast flattening
- 5 February 2026, 13:00—14:00 book here spaces available

Harm Reduction Drugs & Alcohol- must attend first session prior to attending 2nd session
- part 1) 12 March 2026, 13:00—14:00 book here spaces available
- part 2) 25 March 2026, 13:00—14:00 book here spaces available

Non-clinical practice staff cervical screening webinars
- 7 November, 12:00 – 13:00 book here spaces available
- 20 November, 12:00 – 13:00 book here spaces available

Expressions of Interest forms

For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.
Forms can all be found here

Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

Multi-professional Supervisor Course Application form
Complete the application form to be added to the waitlist for any future cohorts

GP Supervisor Course Application form
Complete the application form to be added to the waitlist for the next cohorts.

Pharmacy Educational Supervisor Training programme – available via eLFH

Useful links and Resources

- 2 December, 13:00 – 14:00 book here spaces available
The session will cover:

- The NHS Cervical Screening Programme
- Supporting patients to make an appointment
- Managing bookings and results (including NHS App notifications)
- Tackling barriers to engagement for your patients

British Society of Lifestyle Medicine Webinar

- 18th November, 13:00—14:00 book here spaces available

Join the British Society of Lifestyle Medicine (BSLM) for an exclusive webinar with the North West London Training Hub. The session will introduce the BSLM by laying the foundations of lifestyle medicine, covering the three core principles that underpin the discipline and the six pillars of lifestyle medicine, demonstrating how these evidence-based approaches can be integrated into everyday clinical practice. The webinar will also explore how lifestyle medicine can be applied in practice to improve the health and wellbeing of your patients — whilst supporting your own health too. There will be plenty of time for Q+A at the end.
This webinar is accredited for 1 hour of CPD.

NWL Teaching webinar on Diagnostics / Referrals for asthma in children

- 20th November 13:00—14:00 book here spaces available

NWL Community Diagnostic Centres for investigating suspected asthma in children

- Overview of the referral process
- Diagnostic reports and how to interpret the findings
- Case examples

NWL Women's Forum

Topics to be confirmed

- 21st November 13:00—14:00 book here spaces available
- 16th January 13:00—14:00 book here spaces available
- 13th March 13:00—14:00 book here spaces available

NWL Frailty Webinar for nurses—new date

- 26th November, 13:00 –13:45 book here spaces available
- What do we mean by frailty
- The role of the nurse in MDT working in Frailty
- How can you add value to a frailty consult and what does a good care plan look like
- What is Valida

For queries about our NWL Training Hub webinars please contact nwl.traininghub@nhs.net

SSSA Training

SSSA - Foundation training 2 -Day course

- 12th January and 9th February, 9:30 –16:00 book here spaces available

This is a 2 day online SSSA Foundation training for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who are interested in supporting learners in practice.

SSSA Update

- 28th November 9:00—12:30 book here spaces available

This course is suitable if you have already attended mentorship preparation training (e.g. ENB 998). This update provides a refresher of the knowledge, skills and behaviours needed to support learners to become outstanding nurses

Enhanced Services and CPD

If all dates are fully booked for a training please join the waitlist, this allows us to know when there is sufficient demand for us to book new dates.

Performing ECG Training

- 3rd February 2026, 9:15—16:30 book here @ Dawes Road Hub, SW6 7EN spaces available
- 17th June 2026, 9:15—16:30 book here @ Harrow Baptist Church, HA1 1BA spaces available

This training if for HCAs. GPAs, pharmacists, nurses can attend if they require this training

ECG Interpretation Foundation -a face to face session for GPs & ACPs.

- 17th October 2025, 9:00—16:00 book here@ Harrow Baptist Church, HA1 1BA limited spaces
- 6th March 2026, 9:00—16:00 book here @ Harrow Baptist Church, HA1 1BA spaces available
-27th Nov 2026, 9:00—16:00 book here @ Harrow Baptist Church, HA1 1BA spaces available

This is for GPs and ACPs who haven't already attended the interpreting ECG Course.

Refresher Interpreting ECG course

- 27th March 2026, 12:30—14:00 book here spaces available
- 18th September 2026, 12:30—14:00 book here spaces available

The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs.
This course is for GPs and ACPs who have already attended the interpreting ECG Course

Knowledge and Library Resources for GP and Practice Teams
Greener NHS – Resources for a more sustainable NHS
Survival Toolkit
Supported Return to Training
Podcast Learning Library
Primary Care Resources
GP Resources
Webinar Recordings

Other Training & Events - not run by NWL Training Hub

IPC refresher training for GP practices

- last Wednesday of each month until March 2026, from 13:00 book here (December training will be on the 17th Dec)

Suitable for all staff working in London ICBs General Practice. training is via MS Teams.
View flyer here

Overactive Bladder management in primary care

- 28th October, 13:00 –14:00 book here

Open to all clinicians working in Primary Care

Quality Improvement in Practice - Grow Your Ideas into Impact

- Four sessions, 14th October 2025 —21st April 2026 find out more or register here
- Seven 60-minute webinars from 13th November register here

Join this Quality Improvement in Practice (QIP) programme and discover smart, simple ways to make lasting changes in your practice.

- 4-day Hybrid Workshops OR 7 bite-sized webinars
- Practical tools & support
- Real impact where it matters most

Safeguarding Children Training Level 3

-29th October 09.30-16:30
Training for clinical staff working with children and young people.
To book please email: nhsnwl.safeguardingtraining@nhs.net & include: Full Name, Role, Workplace Address, Email (work email only) and Tel No. View flyer

NWL Cervical Screening Forums

- 29th October 13:00—14:00 get joining link here

Quarterly informative sessions to discuss NWL cervical screening uptake, challenges and strategies with everyone involved in the provision of the national cervical screening programme. This update is aimed for nurses, practice managers, administrative staff, practice cervical screening leads, PCN women health leads and anyone involved in the call/recall and appointment aspect of the programme.

Health & Care Professions Council (HCPC) webinar series

This series of webinars is for HCPC and GOsC registrants who are working at (or towards) advanced levels of practice as an allied health professional (AHP), and the managers and strategic leaders who support them. It aims to provide support with optimising your scope of practice, effectively supervising and delegating work, and confidently meeting your regulatory standards.

Webinars for registrants

Supervision and delegation at advanced levels of practice - what you need to consider

- 3 November, 13:30-14:30 - learn more

Webinars for managers

Maximising your team's potential through safe and effective delegation and supervision

- 5 November, 09:30-10:30 - learn more

Asthma in Primary Care: Managing Difficult-to-Treat and Acute Presentations

- 4th November, 10:00—16:30 book here limited spaces

This practical study day provides primary care professionals with an evidence-based update on the assessment, management, and referral of patients with difficult-to-control asthma. It will also address acute asthma across all age groups.

Remote Consultation MDU Seminar

- 4th of November, 12:00 to 13:00, book here

It will look at how to conduct remote consultations in the patients' best interest but also with practitioners' best interests in mind from a medico-legal perspective.
Learning Outcomes:

- To review the relevant law and guidance.
- To understand what is required of you as a practitioner.
- Reviewing case studies
- To feel more confident in dealing with a difficult situation if it happens.

Londonwide LMC wellbeing courses and coaching circles

Please visit LMCs Events and Training page for current offers or see the links below for wellbeing webinars and coaching circles.

Group Coaching Circle – 4 weekly sessions for practice managers

- 5 Nov, 19 Nov, 3 Dec & 10 Dec 2025, all sessions 12:00—13:00 book here

It is strongly encouraged to attend all four sessions as a portion of each session will be tailored to the attending individuals.

Wellbeing webinars: Safe patients – healthy and positive communication

- 20 November 2025, 12:00 - 13:30 book here

Target audience: GP, Practice Manager, GPN, Health Care Support Worker

Group Coaching Circle – 4 weekly sessions for GPs

- 14 Jan, 28 Jan, 11 Feb & 25 Feb 2026, all sessions 12:00 - 13:00 book here

It is strongly encouraged to attend all four sessions as a portion of each session will be tailored to the attending individuals.

Travel Health Updates

- 4th November, 13:00 – 16:00 book here fully booked

This training is open to all trained Nursing and Pharmacist Immunisers. This training will be conducted over 3 hours online.

Please note: Travel Health Updates for **experienced practitioners only** offering travel immunisations already . This session does not cover seasonal vaccines. Find out more details about what is covered here.

Adult Phlebotomy

- 30th October 9:15 – 16:30 book here @ Harrow Baptist Church, HA1 1BA fully booked
- 26th November, 9:15 – 16:30 book here @ Hanwell Health Centre, W7 1DR fully booked
- 5th February 2026, 9:15 – 16:30 book here @ Hanwell Health Centre, W7 1DR limited spaces

This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

Paediatric Phlebotomy

- 28th January 2026, 9:00—14:00 @ Cuckoo Lane Surgery, W7 1DR apply here fully booked

You must attend the training day and assessment day to finalise course the assessment date for each of the above training cohorts can be found on the Medtribe page for each cohort.

This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care Certificate. Full eligibility criteria can be found at the above booking link.

The aim of this course is to provide the underpinning knowledge and basic skills to safely perform phlebotomy on babies and children from 2 years, and identify the underlying issues in paediatric Phlebotomy. e.g. consent, restraint, distraction and environment.

Diabetes Foot Care

- 28th Jan 2026, 9:15 –16:30 book here @ Harrow Baptist Church, HA1 1BA spaces available
- 3rd June 2026, 9:15 –16:30 book here @ Dawes Road Hub, SW6 7EN spaces available

The course is for experienced HCSWs who will be assisting with diabetes reviews

1 day Diabetes Foundation Course for non-registered practitioners

- 16th March 2026 8:50—16:00 book here spaces available

This course focuses on preparing non-registered practitioners to get involved in both the prediabetes and diabetes pathways. They will gain an understanding of the care pathways for people with prediabetes and type 2 diabetes, the screening tasks involved and key lifestyle messages to help support people achieve their individual goals. You can also attend the course if you are non-registered practitioner who requires diabetes update.

Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.

GPs – please be sure to provide a summary of your diabetes related work undertaken. Express your interest here

Wound Care Training

- 13th November 9:15—16:30 book here @ Harrow Baptist Church, HA1 1BA fully booked
- 18th March 2026 9:15—16:30 book here @ Harrow Baptist Church, HA1 1BA spaces available
- 9th July 2026 9:15—16:30 book here @ Dawes Road Hub, SW6 7ENspaces available

This training is for HCSWs/HCAs who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

Advanced Wound Care Training for HCAs

- 4th March 2026 9:15—16:30 book here @ Harrow Baptist Church, HA1 1BA fully booked
- 5th August 2026 9:15—16:30 book here @ Dawes Road Hub, SW6 7EN spaces available

This session is aimed at HCAs who have some basic knowledge and experience of would care and wish to extend their skills to be able to perform suture and staple removal and take a swab correctly. The session will include a wound care update and explore different types of wound commonly seen in GP, and discuss healing and factors that influence the healing process. All learners will undertake a dressing using an ANTT and be able to remove sutures and staples from a simulator arm. Learners will need to return to practice for supervision and assessment of their new skills and to complete their competency documents

Ring Pessary Foundation course New dates available now

- 28th November, 9:00—12:00 book here @ The Irish Cultural Centre, W6 9DT fully booked
- 28th November, 13:00—16:00 book here @ The Irish Cultural Centre, W6 9DT fully booked
- 19th March 2026 9:00—12:00 book here @ Dawes Road Hub, SW6 7EN spaces available
- 19th March 2026 13:00—16:00 book here @ Dawes Road Hub, SW6 7EN spaces available
- 8th October 2026 9:00—12:00 book here @ Dawes Road Hub, SW6 7EN spaces available
- 8th October 2026 13:00—16:00 book here @ Dawes Road Hub, SW6 7EN spaces available

This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

Enhanced Service Inhaler Technique: NWL CYP Asthma Tier 3 aligned Training

- Dates and locations dependant on borough see all here 2nd tranche available now

Venue: Face to face session. Venues vary according to the borough.

This training is aimed at nurses/pharmacists/GPs but any AHP who does asthma and COPD chronic disease management.

This training is limited to **1 person per practice**. Please ensure you book onto the correct session for your borough.

Antimicrobial Stewardship for Nurses Across the Continuum of Care

- 5th November, 9:30—12:00 book here

This webinar on antimicrobial stewardship (AMS), specially designed for nurses who play a critical role in preventing the spread of antimicrobial resistance and promoting safe, effective patient care and those who wish to learn more.

Join the AI Ambassador Network meeting on 5th November – Focus on AI in Primary care

Join the next AI Ambassador Network meeting on 5th November from 10.30am to 12pm to hear more about AI in primary care, as well as updates on AI developments and opportunities across health and social care.

This meeting will be of interest to anyone in health and social care, whether planning, implementing, or wanting to optimise existing AI usage.

New members are welcome to attend this event, join the AI Ambassador Network to register. For further information or queries, contact mlcsu.aiambassadornetwork@nhs.net.

Cholesterol Awareness Month Webinar – Practical Tips for Community Care

- 6th November 13:00—14:00 book here

This session will cover:

- Cholesterol targets made simple – navigating NICE & ESC guidance
- Treatment options – statins and beyond
- Injectables in practice – inclisiran administration and practical tips
- Clinical cases – examples from everyday practice

DaRe2THINK Webinar – NICE Chronic Heart Failure Guideline 2025 Update

- 10th November, 12:30—13:00 book here

This talk is part of a series hosted by the DaRe2THINK trial to provide information to allied healthcare professionals and general practice staff across the UK.

Professor Taylor was a member of the NICE chronic heart failure guideline update committee. She will give an overview of the updated NICE recommendations on the treatment of chronic heart failure.

Advancing practice conference

- 10th —14th November book here

Explore the 10-Year Health Plan and discover how advanced practitioners will play a pivotal role in delivering the government's three key shifts. Gain insights from leading experts and seasoned practitioners, and uncover practical tools and strategies to address today's challenges in advancing practice.

Hear from a dynamic and diverse range of speakers from across England and beyond. Explore emerging trends, essential skills, and proven best practices through engaging formats designed to inspire fresh thinking and innovation in advancing practice.

Thrive after maternity leave: 5-week course

- 11th November to 9th December, 13:00—14:00 book here

Aimed at GPs on or returning from maternity leave. A five-week course to support the return to work after maternity leave. Each week we will cover a topic to build your confidence for your return to work, so you can thrive after maternity leave.

The Shapes Toolkit Programme

The Shapes Toolkit was created by Dr Rachel Morris, host of the You Are Not A Frog podcast. Rachel invites healthcare professionals to make a deliberate choice about how they will live, work and lead their teams so that they can thrive in work AND life. This opportunity is open to all colleagues working in general practice across North West London.

This is in two parts; you must book both a part 1 and a part 2 session individually.

Part 1

- Wednesday 12th November 13.30-17.00 – book here (Delivered by: Dr Katya Miles)

Part 2

- Friday 16th January 13.30-17.00 – book here (Delivered by: Dr Pippa Woolner)
- Wednesday 4th February 13.30 – 17.00 – book here (Delivered by: Dr Katya Miles)

Transgender Healthcare training dates

Non-clinical book here

- 12th Nov (session 1) and 19th Nov (session 2)

You will need to be registered on the NWL Learning Hub to book.

For further information or queries, contact CLH Training Hub at hcl.traininghub@nhs.net

The New Dads Accelerator: 5-week course

- 13th November to 11th December, 13:00—14:00 book here

Aimed at first year, prospective fathers or 2nd/3rd/4th time fathers. A five-week course to help show you how to balance your work, family and personal interests as a father.

Understanding Polycystic Ovary Syndrome (PCOS) and the evidence for long-term management

- 13th November, 12:00—13:30 book here
- 20th November, 12:00—13:30 book here

This course is designed to increase knowledge, awareness, and confidence in the holistic management of Polycystic Ovary Syndrome (PCOS) in primary care. It will explore case studies, evidence-based guidelines, and management approaches, as well as current challenges in PCOS care and opportunities for improvement.

Wellbeing webinars: Safe patients – healthy and positive communication

- 20th November, 12:00—13:30 book here

The aim of this session is to highlight and offer examples as to how patient safety and patient outcomes can be improved through effective teamwork and dynamics.

Find out more here: https://www.lmc.org.uk/events/2025-wellbeing-webinars-safe-patients-healthy-and-positive-communication/

ARRS Training Offers

Red Whale Clinical Update session for Clinical ARRS Staff

- 25th November, 10:00—16:00 book here limited spaces

- A one-day clinical update session with updates in topic areas of Asthma, Hypertension, Pharmacological management of Obesity including GLP-1s and Mental Health covering areas of Physical Health, Depression & Anti Depressants and ADHD – This will only be available by attending the live session.
- Access to the Red Whale Pharmacist update recording for 12 months.
- Access to Red Whales extensive learning resources for 12 months including handbooks on their other live update days to support in CPD development.

ARRS 2 Day Foundation Health Coaching Course

Building on previous work the past 3 years, the NW London Training Hub are working with provider Peak Health Coaching to provide the PCI approved core required 2-day health & role coaching programme for the new to role Social Prescribing Link workers and Care Co-Ordinators. Due to requests for development, the 2-day Foundation Health Coaching course will now also be opened up to additional clinical roles - **Clinical Pharmacist, Dieticians, FC Physiotherapists, Physician Associate & Paramedics** to aid in these roles support of long-term condition management. *Please note this course will not be relevant for all of these roles, so please only apply if it is relevant to your daily practice due to funding limitations.*
The 4 Day Intermediate Health Coaching course required for Health & Wellbeing Coaches new to role, may still be available so please email directly to enquire about this.

To apply for a space please complete the EOI form or if you have any further questions around recruitment, please contact Jon Ord – NWL ARRS Programme Officer – jonathan.ord1@nhs.net.

GP Assistant Training Programme - SE London Training Hub Cohort Applications

- Cohort 9 will begin on the 14th January 2026, download application form here.

All applications are to be sent to - gpa@seltraininghub.co.uk – Deadline for applications is **Friday 12th December 2025.**
If you would like all of the dates for this cohort or you have other questions about this please contact gpa@seltraininghub.co.uk.

Foundation Pitstop Diabetes 4-hour update course

- 10th November 2025 - 10:00—13:00 book here fully booked
- 13th January 2026 – 13:00—17:00 book here spaces available

Open to any clinical staff including Pharmacists, Paramedics, Physician Associates, Pharmacy Technician, Practice Nurses, Nurse Associate, Dieticians, Podiatrists & Advanced Clinical Practitioners. This 4-hour programme has been developed to update healthcare professionals who deliver the essential primary care services for people with type 2 diabetes and non-diabetic hyperglycaemia. Suitable for healthcare professionals who have previously attended a foundation-level course and would value an update, and you will be emailed a resource pack, by the training provider, including a workbook, to use during the course.

Pitstop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Practice Nurses, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.
Staff who wish to attend must either complete the EoI or email Jon Ord with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Motivational Interviewing Training new date

- 12th November, 9:00—16:00 book here spaces available

The course is open to multiple roles including: Social Prescribing Link Workers, Health & Wellbeing Coaches & Care Coordinators, Clinical Pharmacists, Pharmacy Technicians, Paramedics, Practice Nurses, Nurse Associates, FC Physios, Dieticians & Physician Associates.
This course will look to cover:

- An introduction to the principles, spirit and skills of motivational interviewing.
- Gain an overview of an effective alternative to persuade people to change their behaviour.
- Gain an appreciation of how people can use their own motivations to find solutions for behaviour change.
- Observe how reflective listening can help when emotions are running high.
- Discover how questions, reflections, affirmations and summaries can be used to facilitate a more effective conversation about behaviour change.

Thank you from the NWL Training Hub Team

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Investigation and Management of Irregular Vaginal Bleeding in Primary Care

- 13th November, 19:00—20:00 book here

This is an eMasterclass for GPs, Nurses, Pharmacists
This session will cover history taking, appropriate investigations and management in primary care and when to refer. This will include management of irregular vaginal bleeding in women taking contraceptives and HRT.

Lipid Management in Primary Care – Recent Updates

- 26th November 26th, 13:00 –14:00 register here

This session will focus on NWL Lipid Guidelines ensuring alignment with current standards of care, and the associated novel therapies. You will also hear real-life experience from Dr Jai Cegla (Consultant in Metabolic Medicine, ICHT & NHS England clinical advisor). We will also provide an update on the 25/26 QoF, Inclisiran reimbursement changes and Medicines Mangement and Optimisation focusing on how these frameworks impact lipid management. You will have the opportunity to put your questions to NWL clinicians in a Q&A chaired by Dr Mohammed Haidar.
For further information and/or to get involved with the ICHP CVD education series please contact catherine.caldwell@imperialcollegehealthpartners.com

Centre for Advancing Practice Masterclasses

A masterclass series hosted by the Centre for Advancing Practice, designed to support the continued growth and excellence of the advanced and consultant practice workforce. This series brings together national leaders and subject matter experts to explore the latest developments in policy, practice, and professional development.
Consultant Practice Unpacked: Progress, Purpose, and Possibilities

- 14th December time tbc, registration open soon

Population Health Management & Health Equity Academy Training

We're excited to share the Autumn PHM Academy training bulletin, with a range of opportunities to support your learning and development especially in relation to neighbourhood working. These trainings cover a range of specific topics under the following learning domains;

- Data Analytics and Intelligence led approaches
- Understanding value and embedding evidence

If you have any questions about this training or you would like to book any of these opportunities please contact;
PHM & strategy: Matthew - matthew.harmer@nhs.net Training bookings & communications: Val - valdev.chaggar@nhs.net

Workforce Planning & Transformation Training

This training aims to support local systems as we work together to deliver the vision of the NHS People Plan. It focuses on building capacity and capability in Workforce Planning and Transformation. It will help to prepare workforce and service leads to deliver two ICS outcome-based People Functions;

- Leading coordinated workforce planning using analysis and intelligence
- Leading workforce transformation and new ways of working

Training includes;

- Workforce Intelligence Portal (WIP) Training
- Demystifying Workforce Planning and Transformation Webinar
- Workforce Planning and Transformation Fundamentals Workshop
- Fasterclass, a simulated Workforce and Transformation course
- Integrated Workforce Planning and Transformation Masterclass Programme

Find out more about the training offered and apply here or view this flyer for information about the training available.