

TRAINING NEWSLETTER**12th November 2025****Frailty Training with BGS & NWL Learning Hub**

The British Geriatric Society provides the Tier 3 level training
For healthcare staff funded by NHS England *until June 2026*.

Fully funded and CPD accredited:

Tier 3 Frailty- Identification & Intervention Training:

[Enrolment Information here](#)

**Other tiers of Frailty learning can be accessed
on the NWL Learning Hub:**

This elearning education programme is compliant with the 'Frailty,
A framework of core capabilities' (2018). It is open to all healthcare
staff working in NWL primary care.

Tier 1: This training is for all staff in primary care learning and
useful for Reception & Link workers.

[Enrolment options here](#)

Tier 2a - This training is for AHPs, Unregistered healthcare staff
band 2-5, Care Navigators, Pas, Nursing Associates, Band 5
Registered Nurses, Pharmacy Technicians

[Enrolment options here](#)

Tier 2b - This training is for AHPs, Unregistered healthcare staff
band 2-5, Care Navigators, Pas, Nursing Associates, Band 5
Registered Nurses, Pharmacy Technicians

[Enrolment options here](#)

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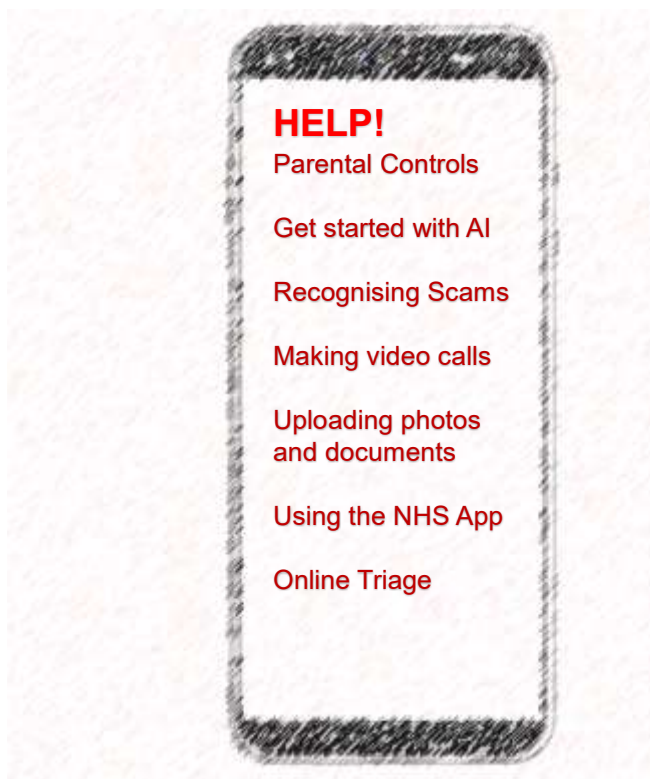
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Exclusive funding from the H&F Training Hub for H&F staff



Do you want to learn more about Digital & how you can help colleagues & patients?

Do you want Total Triage?!

We have 5 spaces left for the Digital Network Programme

Start date: January 2026

Time frame: One year

Sessions: At your own pace, with quarterly deadlines for module completions, and quarterly check in meetings.

If you are interested, email us for the full details and application.



**Funding available for GPs:
Adult Level 3 Safeguarding**

The Hammersmith & Fulham Training Hub are now providing funding for one member of staff in each practice, within the borough's 5 PCNs, to complete the **Future Learn Adult Safeguarding Level 3 Training Course**.

To apply:

1. View the full details of the course and course application on this link: [Safeguarding Adults: Level 3 Training Course - FutureLearn](#)
2. Please confirm your application with the practice manager – so we can ensure only one member of staff per practice is applying for the funding – **and then notify us**.
3. Please register and pay with Future Learn.
4. Please invoice the H&F TH for re-imbursement. Please ensure to include your confirmation and receipt from Future Learn when invoicing us.

New Training from the H&F Training Hub



Sociolinguistics: Cultural Competence Webinar
10th Dec 13:00-14:00

Join us for an interactive session to explore how language and culture are intertwined - and how misunderstandings can occur. The session will be co-facilitated by Lynne Rustecki, a professional linguist and Rupal Shah, A GP and educator.

Cultural Competence and Cultural Safety

Upcoming in 2026: Reflethics – share your perspective & clarify your thinking



Wound Care Foundation online
For nurses & HCAs new to practice
20th Nov 09:00-17:00

Wound Care Update online
Annual update for nurses & HCAs
27th Nov 13:00-16:00

General Practice Lunchtime Webinar Series

Experience, troubleshooting and opportunity for Q&A from Imperial and ChelWest Consultants. Designed for GPs in our H&F PCNs, but any other roles with an interest are welcome. Register for recording.

Sleep disorder and sleep medication Mon 24th Nov, 13:00-14:00
Dr Rania Ward, Consultant in Sleep Medicine, Queen Victoria Hospital

Metabolic Liver Disease Mon 16th Dec 12:45-13:45
Dr Daniel Abeles, Consultant Hepatologist, Chelsea and Westminster

Booking & Registration:

Sociolinguistics
[Register here](#)

Wound Care Foundation:
[Register here](#)

Wound Care Update:
[Register here](#)

GP Webinar Series
For H&F GPs or any other H&F practice staff with an interest:

Sleep Disorder & sleep medication
[Register here for attendance & recording](#)

Metabolic Liver Disease
[Register here for attendance & recording](#)

NWL TH Training Webinars – Non Clinical for NWL Practice & PCN Staff

NWL Safeguarding Webinar Series:

- Incels & Misogyny 4th Dec 12:00-13:00
- Young people families & Drugs 28TH Jan 2026, 13:00-14:00
- FGM & breast flattening – 5TH Feb 2026, 13:00-14:00
- Harm Reduction Drugs & Alcohol 12th March 13:00—14:00

Non-clinical practice staff cervical screening updates webinars 20th Nov, 2nd Dec 13:00-14:00

The NWL Non-Clinical Practice Staff Cervical Screening Webinar will provide staff with updates: The NHS Cervical Screening Programme; Supporting patients to make an appointment; Managing bookings and results (including NHS App notifications); Tackling barriers to engagement for your patients.

British Society of Lifestyle Medicine Webinar 18th November 13:00-14:00

Join the British Society of Lifestyle Medicine (BSLM) for an exclusive webinar with the North West London Training Hub, laying the foundations of lifestyle medicine and covering the three core principles that underpin the discipline and the six pillars of lifestyle medicine. They will demonstrate how these evidence-based approaches can be integrated into everyday clinical practice to improve the health and wellbeing of your patients - whilst supporting your own health too. There will be plenty of time for Q+A at the end. **This webinar is accredited for 1 hour of CPD.**

Neurodiversity Series

These interactive sessions aim to support nurses and primary care practice staff to strengthen understanding and practical skills in working with individuals with Autism, ADHD, and Dyslexia. Open to all.

ADHD Education Workshop

18th Feb 2026 09:30–12:30

Understand what ADHD is; recognise signs and symptoms; discuss best practice to support service users with ADHD; deploy practical strategies for personal development, stigma reduction, and management support/medications.

Dyslexia Education Workshop

8th April 2026 13:00–16:00

Learning outcomes: Define dyslexia; explore common features; identify dyslexia; understand the rights of people with dyslexia and how to support them in practice.

Booking & Registration:

NWL Safeguarding
Webinar Series:
[Register here](#)

Non Clinical Staff
Cervical screening
updates:
[Register for all
dates here](#)

British Society of
Lifestyle medicine:
<https://medtribe.com/courses/british-society-of-lifestyle-medicine-webinar>

Neurodiversity
Series:
[Link to MedTribe
course: "Autism,
Dyslexia ADHD
education
workshops for
nurses"](#)

NWL TH Training Webinars - Clinical for NWL Practice & PCN Staff

Beyond Survival: What every GP needs to know about post-ICU Care 2nd Dec 13:00—14:00

Professor Brett is a leading expert in critical care medicine and post-ICU rehabilitation. This session will provide practical insights, learn how to identify, manage, and support patients living with the hidden consequences of critical illness.

NWL Teaching webinar on Diagnostics/Referrals for asthma in children 20th November 13:00—14:00

NWL Community Diagnostic Centres for investigating suspected asthma in children: Overview of the referral process; Diagnostic reports and how to interpret the findings; Case examples.

NWL Women's Forum: Modern management of the Menopause 21st November 13:00-14:00

Menopause diagnosis and treatment, Natural bioidetical HRT, Testosterone, Contraception in the menopause

Lung Cancer Screening Webinar 25th November 13:00-14:00

Dr Mohsin Choudry, GP Prevention and Screening Lead: the GP toolkit and management of incidental findings; Patient experience and pathway case studies.

Frailty Webinar for nurses 26th Nov 13:00-13:45

What do we mean by frailty; The role of the nurse in MDT working in Frailty; How can you add value to a frailty consult and what a good care plan looks like.

Lipid Management in Primary Care Recent Updates 26th November 26th, 13:00 –14:00

This session will focus on NWL Lipid Guidelines ensuring alignment with current standards of care, and the associated novel therapies. You will also hear real-life experience from Dr Jai Cegla (Consultant in Metabolic Medicine, ICHT & NHS England clinical advisor). We will also provide an update on the 25/26 QoF, Inclisiran reimbursement changes and Medicines Management and Optimisation focusing on how these frameworks impact lipid management. You will have the opportunity to put your questions to NWL clinicians in a Q&A chaired by Dr Mohammed Haidar. For further information and/or to get involved with the ICHP CVD education series please contact catherine.caldwell@imperialcollegehealthpartners.com

Overactive Bladder management in Primary Care 03rd December 13:00-14:00 – Moved from October

Mr Ankit Desai (Cons Urologist) will lead this session and we will cover the care pathway and treatment options as well as a section on case studies.

Booking & Registration:

**Beyond Survival:
What every GP
needs to know
about post-ICU
Care**
[Register here](#)

**Diagnostics for
asthma in children:**
<https://medtribe.com/courses/nwl-teaching-webinar-on-diagnostics-referrals-for-asthma-in-children>

**NWL Women's
Forum:**
<https://medtribe.com/courses/nwl-women-s-health-forum>

**Lung Cancer
Webinar**
[Register here](#)

Frailty for Nurses:
https://medtribe.com/courses/nwl-frailty-webinar-for-nurses?schedule_id=15447

**Lipid Management
in Primary Care**
[Follow link to register](#)

**Overactive bladder
Webinar:**
[Register on Medtribe](#)

Enhanced Services Training

New dates and limited spaces with NWL Training Hub

ECG Interpretation Foundation in-person training for GPs & ACPs

Harrow Baptist Church, HA1 1BA

6th March 2026 09:00-16:00

27th November 2026 09:00-16:00

Step by Step Interpretation of the ECG; The ECG in Chest Pain; Tachy and Bradyarrhythmias;

Weird and Wonderful ECGs; Rapid Fire ECGs/ECG Quiz.

Refresher Interpreting ECG course

27th March 2026, 12:30-14:00

18th September 2026 12:30-14:00

The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs. This course is for GPs and ACPs who have already attended the interpreting ECG Course.

Ring Pessary Foundation course

19th March 2026 9:00—12:00

19th March 2026 13:00—16:00

8th October 2026 9:00—12:00

8th October 2026 13:00—16:00

In person at Dawes Road Hub, Dawes Road, Fulham, SW6 7EN

This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

N.B As per the EPC contract, a practice representative from every practice should attend NWL bespoke training on inhaler technique:

Enhanced Service Inhaler Technique: NWL CYP Asthma Tier 3 aligned Training

2nd tranche available – 13 spaces left

27th Nov 09:00-17:00 Edward Woods Community Centre W11 4TX

This training is for nurses/pharmacists/GPs but any AHP who does asthma and COPD chronic disease management. This training is limited to **1 person per practice**. Please ensure you book onto the correct session for your borough.

Booking & Registration:

ECG Interpretation Foundation:
[Register here](#)

Refresher ECG Interpretation:
[Register here](#)

Ring Pessary Foundation Course:
https://medtribe.com/courses/ring-pessary-foundation-course-cohort-1?schedule_id=22009

CYP Asthma Tier 3:
https://medtribe.com/courses/enhanced-service-inhaler-technique-nwl-cyp-asthma-tier-3-aligned-training?schedule_id=19916

Enhanced Services Training

New dates and limited spaces with NWL Training Hub

Advanced Diabetes UPDATE PITstop

For GPs, GPNs & Pharmacists, NWL Training Hub are collating EOIs.

Adult Phlebotomy 5th Feb

Hanwell Health Centre, W7 1DR

Performing ECG 3rd Feb, 17th June

For HCAs, GPAs, pharmacists, nurses. 3rd Feb in Fulham; 17th June in Harrow.

Diabetes Foot Care 28th Jan & 3rd June

The course is for experienced HCSWs who will be assisting with diabetes reviews. 28th Jan will be in Harrow; 3rd June is in Fulham

Wound Care in-person 18th March, 9th July

This training is for HCSWs/HCAs (who have care certificate), GPN Trainees and new to practice nurses. 18th March will be in Harrow; 9th July is in Fulham

Advanced Wound Care 4th March, 5th August

4th March will be in Harrow; 5th Aug is in Fulham

CYP Asthma Training, Tier 3 Level 27th Nov

Nurses/pharmacists/GPs/AHP who do asthma and COPD chronic disease management. Shepherds Bush W11 4TX

1 day HCA PitStop Foundation Course

This course is for non-registered practitioners new to the prediabetes and diabetes pathways; or also as an update. Course Overview:

SSSA Foundation Training 2 day course

12th Jan & 9th Feb 2026 9:00-16:00

This is a 2 day online SSSA Foundation training for GPNs who have not completed any mentorship qualifications (e.g. ENB 998).

SSSA Update 28th Nov 9:00-12:30

This course is for nurses who have mentorship preparation (e.g. ENB 998).

IPC refresher training for GP practices

Last Wednesday of each month until March 2026, from 13:00

Suitable for all staff working in London ICBs General Practice. The training is via MS Teams. Topics include: Standard Precautions; Current IPC Issues; Vaccine Management.

Booking & Registration:

Advanced Diabetes
UPDATE PITstop

[Expression of Interest –
click here](#)

Adult Phlebotomy

[Register on Medtribe –
click here](#)

Performing ECG

[Register on Medtribe –
click here](#)

Diabetes Foot Care 28th
Jan & 3rd June

[Register on Medtribe –
click here](#)

Wound Care in-person
18th March, 9th July

[Register on Medtribe –
click here](#)

Advanced Wound Care
4th March, 5th August

[Register on Medtribe –
click here](#)

CYP Asthma Training,
Tier 3 Level 27th Nov

[Register on Medtribe –
click here](#)

1 day HCA PitStop
Foundation:

[Register here](#)

SSSA Foundation

[Register here](#)

SSSA Update

[Register here](#)

IPC Refresher

[Register here](#)

Mental Health First Aid Training: 3 different programmes



1. For personalised care roles- *Waitlist available*

2 day course: 13th & 20th Jan 2026 9:00 -17:00

The Irish Cultural Centre W6 9DT

Open to Social Prescribers, Health & Wellbeing Coaches and Care Coordinators.

- A deeper understanding of mental health and the factors that can affect people's wellbeing, practical skills to spot the triggers and signs of mental health issues and the confidence to step in and support someone to recover their health by guiding them to appropriate support
- Three years of access to the MHFAider Support App® with 24/7 digital support and access to exclusive resources, ongoing learning opportunities, and the benefit of joining England's largest community of trained MHFAiders.

[Follow link to apply](#)

2. Refresher Training for personalised care roles

16th Jan 2026 9:00 -13:00

The Irish Cultural Centre W6 9DT

Open to Social Prescribers, Health & Wellbeing Coaches and Care Coordinators.

- Review and update your knowledge of mental health support
- A chance to practise applying the Mental Health First Aid action plan

Before your place is approved you will need to submit your previous certificate before your place on the course is accepted. The refresher MUST be done within 6 months of the 3 year expiry date.

[Follow Link to apply](#)

3. Mental Health Skills for PCN and Practice Managers- *Waitlist available*

22nd Jan 2026 9:00-13:00

The Irish Cultural Centre W6 9DT

Open to PCN & Practice Managers:

- Mental health and the impact of stress on employees in the workplace
- Identify if a team member may be experiencing poor mental health and confidently have open conversations about mental health at work
- Respond empathetically to challenging situations related to mental health in the workplace and appropriately signpost your team members to available support
- Describe what support and guidance is available for yourself and your employees and how to access it

[Follow Link to apply](#)



Delivered by The Jen Group [The Jen Group | working together to promote skills and equity in health and wellbeing](#)

ARRS Training

from NWL TH open to H&F Primary Care staff

ARRS Peer Support

For ARRS-funded staff who line manage/supervise other ARRS-funded staff - Two hours every two months on MS Teams

- Includes funded development to help you be a more confident manager or leader, or to help your team work better together
- A space to showcase your local initiatives to NWL peers around management, leadership or team development
- Hear about relevant development for your role, or to develop your team

The first meeting will include a 90 minute presentation with [Affina OD](#) to:

- Explore the core characteristics and foundations of high-functioning teams
- Introduce practical strategies, tools, and techniques to support and strengthen team-based working

Obesity: A long term condition - people using weight loss injections training

26th Feb 09:30-16:00

Clinical pharmacists, Paramedics, Practice Nurses, Dieticians, PAs. This course will be beneficial to those who haven't undertaken advanced diabetic injectable trainings. Understand the importance of obesity and its impact on physical and emotional well being:

- Understand the role and impact of the weight loss jabs.
- Gain an appreciation of the current national and NHS environment re weight loss jab management both the strengths and weaknesses.
- Experience a practical approach to having the difficult conversation when a patient does not receive the prescription they want

2 Day Health Coaching Course, ARRS Staff

For the new to role **Social Prescribing Link workers and Care Co-Ordinators; Clinical Pharmacist, Dieticians, FC Physiotherapists, Physician Associate & Paramedics** to aid in these roles' support of long-term condition management.

4 Day Intermediate Health Coaching course: for availability and applications please email jonathan.ord1@nhs.net directly to enquire about this.

4 hour Foundation PitStop Diabetes Update for all clinicians 10th Nov & 13th Jan

Open to any clinical staff including Pharmacists, Paramedics, Physician Associates, Pharmacy Technician, Practice Nurses, Nurse Associate, Dieticians, Podiatrists & Advanced Clinical Practitioners.

Pitstop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners. Staff who wish to attend must either complete the EoI form or email Jon Ord with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Booking & Registration:

ARRS Peer Support
[Register here](#)

Obesity Training:
[Apply here](#)

2 Day Health Coaching
Apply for a space:
nwltraininghub-arrs2dayhealthcoachingcourse

Foundation Pitstop
Diabetes 4-hour update
https://medtribe.com/courses/foundation-pitstop-diabetes-4-hour-update-course?schedule_id=20735

Foundation Pitstop:
<https://nwltraininghub.co.uk/pitstop-foundation-level-diabetes-course-open-to-arrs-clinical-pharmacists-paramedics-and-physician-associates/>
or
jonathan.ord1@nhs.net

Webinars & Events for September-October



Addressing Systemic Discrimination and Reducing Inequalities Across the Cancer Pathway
Ealing: 4th Feb 09:00-13:00
Wandsworth 5th Feb 09:00-13:00
 RM Partners NW & SW London Cancer Alliance are delighted to launch the CPD Accredited development sessions.
 The sessions will:

- Support Participants to be aware of systemic discrimination
- Help participants to explore how they might improve the healthcare experience outcomes for their patients
- Explore the role in taking action to reduce inequalities

Each session has space for a maximum of 40 attendees.
 For additional needs or requests, please email nate.hill@nhs.net

Booking links for each date and location are in the right hand column.

Booking & Registration:

RM Partners Event:

Please select a date to register

<https://forms.monday.com/forms/1d5b8204b8abb78dd69d844f78609e3a?r=euc1>

Sexual and Pelvic Health with and Beyond Cancer

<https://forms.monday.com/forms/0af1e7f298d4cb3a8cd175daebbeb926?r=euc1>

Upcoming changes to the routine childhood immunisation schedule:

<https://forms.office.com/Pages/ResponsePage.aspx?id=mRR07jVKLkutR188-d6GZoWDgUmZBEJMpD-TyYSR-dURFpNRUdERVA5TFIDRTVHWVVFQ0YyVUQxTi4u>



Sexual and Pelvic Health with and Beyond Cancer

These five webinars aim to help professionals understand the relationship between cancer, continence, sexual health, and intimacy; and also help professionals to talk about these sensitive subjects with patients.

How cancer can impact on sex and intimacy 25th Nov 12:30-13:30

How cancer can impact upon continence 27th Nov 12:30-13:30

Talking to patients about difficulties with sex & intimacy 1st Dec 12:30-13:30

Talking to patients from the LGBT+ community 3rd Dec 12:30-13:30

Supercharging communication skills & resources 4th Dec 12:30-13:30



**UK Health
Security
Agency**

Upcoming changes to the routine childhood immunisation schedule

3rd Dec 14:00 –15:15

UKHSA Immunisation Team & NHS England inform colleagues of the second phase of the changes to the routine childhood vaccination schedule which will be implemented from January 2026, inc. the introduction of a varicella (chickenpox) vaccination programme (MMRV) and a new routine vaccination appointment at 18 months of age. For those working in primary care, screening and immunisation teams, health visiting teams and integrated care boards (ICBs).

Care Leavers' Month Webinars



This year, National Care Leaver's Week became **National Care Leavers' Month**, giving time for professionals, carers, decision-makers and the media to celebrate care leavers, explore the issues in the care system, and learn about supporting care leavers into employment.

Dynamic Training have partnered with North West London Health & Social Care Skills Academy to deliver 3 webinars to explore how health and care providers can support care leavers into employment:

Care Leaver Introduction, Myth-Busting, & Wider Issues **13th November, 11:00—12:00**

Breaking down the meaning of care leavers, or care experienced individuals; explore many of the common myths and misconceptions about care leavers. Lastly, this webinar will explore the wider issues faced by care leavers when first leaving care, and how employers can support them.

Trauma-Informed Training For Employers Working With Care Leavers

21st November, 11:30—12:30

Our second webinar will provide an in-depth understanding of some of the significant and lasting impacts of trauma, and how health and care employers can identify these within the workplace. An informed view on care leavers and their unique perspectives, to help your own organisation make the best decisions with your own care leavers.

Practical Strategies For Maximising Care Leaver Success **27th November, 11:00—11:30**

Our third and last webinar will provide practical strategies to maximising the success of care leavers, and assisting their transition into employment. Speakers will be focusing this advice specifically around health and care, with an informed view of how health and care organisations can make the most of care leaver support. By attending this webinar, alongside the others, your organisation will have used Care Leavers' Month to perfect your understanding of supporting care leavers into employment.

Booking & Registration:

Webinar 1
[Care Leaver Introduction, Myth-Busting, & Wider Issues](#)

Webinar 2:
[Trauma-Informed Training For Employers Working With Care Leavers](#)

Webinar 3:
[Practical Strategies For Maximising Care Leaver Success](#)

Wellbeing for all H&F Practice staff



NEW POLICY Freedom to speak up Guardians (FTSUG)

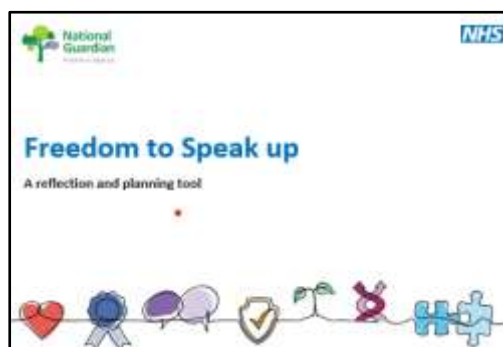
To go with national **Speak Up Week** this month, NHS England published a new and updated national [Freedom to Speak Up policy for the NHS](#), which is applicable to primary care, secondary care and integrated care systems. It focuses on the importance of inclusive and consistent speaking up arrangements and driving learning through listening.



For all staff roles:

Read the full policy here to learn and understand what the service is and how it could help you.

-click on image



For leaders/managers in all organisations:

Freedom to Speak up: A Reflection and planning tool

-click on image

How to Speak Up if you work in a Hammersmith & Fulham practice:

A confidential speaking up service for practice staff about anything that gets in the way of providing good care - NWL Training Hubs have a cohort of staff across NWL Primary Care, primarily within the Training Hubs. Contact us with your concern or query and you will be matched with a guardian. Note that conversations remain confidential, and we work with you to support decisions pertaining to next steps you may wish to take. Follow the link: <https://nwltraininghub.co.uk/staff-support-development-programmes/freedom-to-speak-up-guardians/speak-up-anonymously/>