

NWL Training Hub

Newsletter

w/c 3rd November 2025

News and Updates

Review and book all NWL Training Events:

Red Whale Clinical Update session for Clinical ARRS Staff

- 25th November, 10:00–16:00 [book here](#) **fully booked but please do join the waitlist if you are interested in attending so we can manage numbers accordingly**
- A one-day clinical update session with updates in topic areas of Asthma, Hypertension, Pharmacological management of Obesity including GLP-1s and Mental Health covering areas of Physical Health, Depression & Anti Depressants and ADHD – This will only be available by attending the live session.
- Access to the Red Whale Pharmacist update recording for 12 months.
- Access to Red Whales extensive learning resources for 12 months including handbooks on their other live update days to support in CPD development.

Autism, Dyslexia ADHD education workshops for nurses

- Autism education workshop
 - 9th December 13:00–16:00 [book here](#)
 - Explore what it means by autism
 - Why it is considered a spectrum
 - How it can affect different individuals
 - Explain important aspects of diagnosis, intervention, education, and life-span development

ADHD education workshop

- 18th February, 9:30–12:30 [book here](#)
- What is ADHD
- Recognise the signs and symptoms of ADHD
- Discuss best practice to support service users with ADHD
- Practical strategies to help the personal development of people with ADHD, stigma, and management support/medications

Dyslexia education workshop

- 8th April, 13:00–16:00 [book here](#)
- Definition of dyslexia
- Common features of dyslexia
- Identifying dyslexia
- The rights of people with dyslexia

MDU Lunch & Learn Series

- 13th November 2025, from 13:00 to 14:00 [book here](#)
- Hammersmith & Fulham Training Hub, in collaboration with The Medical Defence Union (MDU), will be hosting a series of Lunch and Learn webinars this Autumn. The MDU is one of the UK's three major medical defence organisations (MDOs), providing professional medical indemnity for clinical negligence claims and expert medico-legal advice to its members, including doctors, nurses, dentists, and other healthcare professionals. This series offers a practical opportunity to strengthen understanding of medico-legal issues relevant to everyday clinical practice

Addressing Systemic Discrimination Development Sessions

- 4th February, 9:00–13:30 @ Open Ealing, W5 2TD [book here](#)
- 5th February, 9:00–13:30 @ PCS 160 Falcon Road, SW11 2LN [book here](#)
- The sessions will:
 - Support Participants to be more aware of systemic discrimination
 - Help participants to explore how they might improve the healthcare experience outcomes for their patients
 - Explore the role that participants can play in taking action to reduce inequalities

Webinar Series: Sexual and Pelvic Health with and Beyond Cancer

[Find out more and book here](#)

A background of how cancer can impact on sex and intimacy

- 25th November, 12:30-13:3

How cancer can impact upon continence

- 27th November, 12:30-13:30

Talking to patients about cancer related difficulties with sex and intimacy

- 1st December, 12:30-13:30

Talking to patients from the LGBT+ community

- 3rd December, 12:30-13:30

Supercharging communication skills & resources

- 4th December, 12:30-13:30

Cancer can have a variety of impacts on sexual and pelvic health that impact patients long after they have completed treatment. Despite the importance of this issue, it is still a challenging topic for both clinicians and patients to discuss.

Supported by RM Partners Cancer Alliance, these five unique webinars aim to help professionals understand the relationship between cancer, continence, sexual health, and intimacy. Crucially, they will also help professionals to talk about these sensitive subjects with patients, improving experiences for all.

Safeguarding Webinar Series—Upcoming sessions

Join our upcoming 1-hour online safeguarding webinars designed to address urgent and emerging risks in healthcare settings two are this week and will cover the following topics.

Domestic abuse/coercive control

- 4th November 2025, 13:00–14:00 [book here spaces available](#)
- Domestic abuse is any type of controlling, bullying, threatening or violent behaviour between people in a relationship. It isn't just physical violence; domestic abuse includes any emotional, physical, sexual, financial or psychological abuse. This webinar is intended to enable practitioners to develop informed and responsive interventions that support victims and prevent repeated abuse.

Online Risks & Alt-Right/Chan Culture

- 6th November 2025, 13:00–14:00 [book here spaces available](#)

Highlights emerging threats in online spaces including far-right influence, and conspiracy-driven radicalisation.

Outcomes: Greater awareness of online harm, referral confidence, and engagement strategies.

CLH Training Hub achieves CPD accreditation!

The CLH Training Hub is delighted to share that it is now an officially CPD-accredited provider! This means that selected training sessions will now be CPD-accredited, giving staff well-deserved recognition for their continued learning and development.

Making Changes in Your Practices or PCNs?

Get the Tools to Boost Your Team's Impact with Our Quality Improvement in Practice Training and Webinars

We know that many teams find themselves leading projects, aiming to improve systems, introduce new ways of working, or solve challenges, without realising they're already engaged in quality improvement. But without a clear structure or approach, it can be difficult to maintain momentum, align your team, or demonstrate the impact of your work. That's why Central London Training Hub, in collaboration with Hounslow Consortium, is offering a range of hybrid, practical training sessions and interactive webinars designed for teams delivering real-world change. These sessions will equip you with tools, frameworks, and confidence to deliver improvement work effectively and sustainably.

The Sessions Will Help You:

- Understand how to approach a project from start to finish
- Clarify roles and responsibilities within your team
- Learn practical tools for planning, tracking, and communicating progress
- Link your project to quality improvement methods — without the jargon
- Avoid common pitfalls that can slow down progress

[Find out more about the full day training here](#) or if you can't attend a full day training, [find out more and register for webinars here](#)

Enhanced Service Inhaler Technique: NWL CYP Asthma Tier 3 aligned Training 2nd tranche available now

Attendance of inhaler technique compliance training is required to achieve the training KPI in your respiratory specification this year (and therefore receive associated payment)

This training is aimed at nurses/pharmacists/GPs but any AHP who does asthma and COPD chronic disease management can attend.

- 5th November 9:15–17:00 @ Harrow, Harrow Masonic Centre, HA3 0EL [book here](#) **limited spaces**

- 6th November 9:15–17:00 @ Hillingdon, Yiewsley & West Drayton Community Centre, UB7 9JL [book here](#) **fully booked**

- 12th November 9:15–17:00 @ West, The Methodist Church, W11 4AH [book here spaces available](#)

- 26th November 9:15–17:00 @ Ealing, Ealing Dominion Centre, UB2 4BG [book here](#) **limited spaces**

- 27th November 9:15–17:00 @ Hammersmith & Fulham, Edward Woods Community Centre, W11 4TX [book here](#) **limited spaces**

- 3rd December 9:15–17:00 @ Hounslow, Indian Gymkhana Club, TW7 4NQ [book here](#) **limited spaces**

- 4th December 9:15–17:00 @ Brent, St John's Evangelist Church & Community Centre, HA0 2HX [book here spaces available](#)

THIS WEEK

- **HCPC webinar series for registrants Supervision and delegation at advanced levels of practice - what you need to consider** - 3 Nov, 13:30-14:30 - [learn more](#)

- **Asthma in Primary Care: Managing Difficult-to-Treat and Acute Presentations** - 4 Nov, 10:00–16:30 [book here](#) **limited spaces**

- **Remote Consultation Medical Defence Union (MDU) Seminar** - 4 Nov, 13:00–14:00 [book here](#) **limited spaces**

- **Safeguarding Webinar Series Domestic abuse/coercive control** - 4 Nov, 13:00–14:00 [book here spaces available](#)

- **Inspiring Conversations: A Fireside Chat with Duncan Burton, Chief Nursing Officer for England** - 4 Nov, 17:30–18:30 [book now](#)

- **Enhanced Service Inhaler Technique: NWL CYP Asthma Tier 3 aligned Training** - 5 Nov 9:15–17:00 @ Harrow Masonic Centre, HA3 0EL [book here](#) **limited spaces**

- **HCPC webinar series Webinars for managers Maximising your team's potential through safe and effective delegation and supervision** - 5 Nov, 09:30-10:30 - [learn more](#)

- **Antimicrobial Stewardship for Nurses Across the Continuum of Care** - 5 Nov, 9:30–12:00 [book here](#)

- **Londonwide LMC Group Coaching Circle – 4 weekly sessions for practice managers** - 5 Nov, 19 Nov, 3 Dec & 10 Dec, all sessions 12:00–13:00 [book here](#)

- **Getting Started with Evaluation** - 5 Nov, 12:00–13:00 [book here](#)

- **NHS Decarbonisation Funding** - 5 Nov, 13:30–14:00 [book here](#)

- **Safeguarding Webinar Series Online Risks & Alt-Right/Chan Culture** - 6 Nov, 13:00–14:00 [book here spaces available](#)

- **Cholesterol Awareness 10th Webinar – Lunch & Learn for Primary Care Colleagues** - 6 Nov, 13:00–14:00 [book here](#)

- **Non-clinical practice staff cervical screening webinars** - 7 Nov, 12:00–13:00 [book here spaces available](#)

NWL TH Training

NWL Training Hub Webinars

Safeguarding Webinar Series

Domestic abuse/coercive control

- 4th November 2025, 13:00–14:00 [book here spaces available](#)

Online Risks & Alt-Right/Chan Culture

- 6th November 2025, 13:00–14:00 [book here spaces available](#)

Incels/ Misogyny

- 4th December 2025, 12:00–13:00 [book here spaces available](#)

Young people families & Drugs

- 28th January 2026, 13:00–14:00 [book here spaces available](#)

FGM & breast flattening

- 28th January 2026, 13:00–14:00 [book here spaces available](#)

Harm Reduction Drugs & Alcohol- must attend first session prior to attending 2nd session

- part 1) 12th March 2026, 13:00–14:00 [book here spaces available](#)

- part 2) 25th March 2026, 13:00–14:00 [book here spaces available](#)

Non-clinical practice staff cervical screening webinars

- 7th November, 12:00–13:00 [book here spaces available](#)

- 20th November, 12:00–13:00 [book here spaces available](#)

- 2nd December, 13:00–14:00 [book here spaces available](#)

The session will cover:

- The NHS Cervical Screening Programme
- Supporting patients to make an appointment
- Managing bookings and results (including NHS App notifications)
- Tackling barriers to engagement for your patients

British Society of Lifestyle Medicine Webinar

- 18th November, 13:00–14:00 [book here spaces available](#)

Join the British Society of Lifestyle Medicine (BSLM) for an exclusive webinar with the North West London Training Hub. The session will introduce the BSLM by laying the foundations of lifestyle medicine, covering the three core principles that underpin the discipline and the six pillars of lifestyle medicine, demonstrating how these evidence-based approaches can be applied in everyday clinical practice. The webinar will also explore how lifestyle medicine can be applied in practice to improve the health and wellbeing of your patients – whilst supporting your own health too. There will be plenty of time for Q+A at the end.

This webinar is accredited for 1 hour of CPD.

NWL Teaching webinar on Diagnostics / Referrals for asthma in children

- 20th November 13:00–14:00 [book here spaces available](#)

NWL Community Diagnostic Centres for investigating suspected asthma in children

- Overview of the referral process
- Diagnostic reports and how to interpret the findings
- Case examples

NWL Women's Forum

Topics to be confirmed

- 21st November 13:00–14:00 [book here spaces available](#)

- 16th January 2026, 13:00–14:00 [book here spaces available](#)

- 13th March 2026, 13:00–14:00 [book here spaces available](#)

NWL Frailty Webinar for nurses –new date

- 26th November, 13:00–13:45 [book here spaces available](#)

- What do we mean by frailty
- The role of the nurse in MDT working in Frailty
- How can you add value to a frailty consult and what does a good care plan look like
- What is Validia

For queries about our NWL Training Hub webinars please contact nwl.traininghub@nhs.net

SSSA Training

SSSA - Foundation training 2 -Day course

- 12th January and 9th February, 9:30–16:00 [book here](#) **limited spaces**

This is a 2 day online SSSA Foundation training for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who are interested in supporting learners in practice.

SSSA Update

- 28th November 9:00–12:30 [book here spaces available](#)

This course is suitable if you have already attended mentorship preparation training (e.g. ENB 998). This update provides a refresher of the knowledge, skills and behaviours needed to support learners to become outstanding nurses

Enhanced Services and CPD

If all dates are fully booked for a training please join the waitlist, this allows us to know when there is sufficient demand for us to book new dates.

Performing ECG Training

- 3rd February 2026, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **limited spaces**

- 17th June 2026, 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**

This training is for HCAs, GPs, pharmacists, nurses can attend if they require this training

ECG Interpretation Foundation –a face to face session for GPs & ACPs.

- 6th March 2026, 9:00–16:00 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**

- 27th Nov 2026, 9:00–16:00 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**

This is for GPs and ACPs who haven't already attended the interpreting ECG Course.

Refresher Interpreting ECG course

- 27th November 2026, 12:30–14:00 [book here spaces available](#)

- 18th September 2026, 12:30–14:00 [book here spaces available](#)

The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs. This course is for GPs and ACPs who have already attended the interpreting ECG Course

Adult Phlebotomy

- 26th November, 9:15–16:30 [book here](#) @ Hanwell Health Centre, W7 1DR **fully booked**

- 5th February 2026, 9:15–16:30 [book here](#) @ Hanwell Health Centre, W7 1DR **limited spaces**

This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

Paediatric Phlebotomy

- 28th January 2026, 9:00–14:00 @ Cuckoo Lane Surgery, W7 1DR [apply here](#) **fully booked**

You must attend the training day and assessment day to finalise course the assessment date for each of the above training cohorts can be found on the MDTripbe page for each cohort.

This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists must have a Care Certificate. Full eligibility criteria can be found at the above booking link.

The aim of this course is to provide the underpinning knowledge and basic skills to safely perform phlebotomy on babies and children from 2 years, and identify the underlying issues in paediatric Phlebotomy, e.g. consent, restraint, distraction and environment.

Diabetes Foot Care

- 28th Jan 2026, 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **limited spaces**

- 3rd June 2026, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**

The course is for experienced HCSWs who will be assisting with diabetes reviews

1 day Diabetes Foundation Course for non-registered practitioners

- 16th March 2026 8:50–16:00 [book here](#) **limited spaces**

This course focuses on preparing non-registered practitioners to get involved in both the prediabetes and diabetes pathways. They will gain an understanding of the care pathways for people with prediabetes and type 2 diabetes, the screening tasks involved and key lifestyle messages to help support people achieve their individual goals. You can also attend the course if you are non-registered practitioner who requires diabetes update.

Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.

GPs – please be sure to provide a summary of your diabetes related work undertaken. [Express your interest here](#)

Wound Care Training

- 13th November 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **fully booked**

- 18th March 2026 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **limited spaces**

- 9th July 2026 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**

This training is for HCSWs/HCAs who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

Advanced Wound Care Training for HCAs

- 4th March 2026 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**

- 5th August 2026 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **fully booked**

This session is aimed at HCAs who have some basic knowledge and experience of wound care and wish to extend their skills to be able to perform suture and staple removal and take a swab correctly seen in GP, and discuss healing and factors that influence the healing process. All learners will undertake a dressing using an ANT and be able to remove sutures and staples from a simulator arm. Learners will need to return to practice for supervision and assessment of their new skills and to complete their competency documents

Ring Pessary Foundation course New dates available now

- 28th November, 9:00–12:00 [book here](#) @ The Irish Cultural Centre, W6 9DT **fully booked**

- 28th November, 13:00–16:00 [book here](#) @ The Irish Cultural Centre, W6 9DT **fully booked**

- 19th March 2026 13:00–16:00 [book here](#) @ Dawes Road Hub, SW6 7EN **limited spaces**

- 10th March 2026 13:00–16:00 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**

- 8th October 2026 9:00–12:00 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**

- 8th October 2026 13:00–16:00 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**

This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

Enhanced Service Inhaler Technique: NWL CYP Asthma Tier 3 aligned Training

- 5th Nov 9:15–17:00 @ Harrow, Harrow Masonic Centre, HA3 0EL [book here](#) **limited spaces**

- 6th Nov 9:15–17:00 @ Hillingdon, Yiewsley & West Drayton Community Centre, UB7 9JL [book here](#) **fully booked**

- 12th Nov 9:15–17:00 @ West, The Methodist Church, W11 4AH [book here spaces available](#)

- 26th Nov 9:15–17:00 @ Ealing, Ealing Dominion Centre, UB2 4BG [book here](#) **limited spaces**