

NWL Training Hub

Newsletter

w/c 10th November 2025

News and Updates

Review and book all NWL Training Events:
nwltraininghub.co.uk/events/

Knowledge and Library Resources for GP and Practice Teams

Library resources for GP and practice teams from NHSE knowledge and library services
Walk in access Some services can offer study space and resources to be used on site – check here for more details <https://www.hlisd.org/networks/108> and contact library staff before you visit for the first time
Lunch and learns covering decision support tools e.g. [BMJ Best Practice](#) to inform your clinical practice.
Virtual training: Finding the Evidence; Critical Appraisal; and Writing for Publication. Contact [Central North West Library Service](#) for more information.
Health Literacy Training: For the public and those who support the public in finding good quality health information. [Book a place here](#)
[Knowledge and Library Services for GPs and practice teams flyer](#) from [HEE](#)

World Antimicrobial Resistance Awareness Week (WAAW) 2025

WAAW is a global campaign celebrated annually (18th to 24th November) to improve awareness and understanding of AMR. The 2025 theme is, Act Now: Protect Our Present, Secure Our Future. [Find out more and book here](#)
National Infection and AMR Data Symposium 2025
- 11th November, 12:30–14:00 [book here](#)
AMR in Focus: Empowering Health Professionals in the Fight Against AMR
- 17th November, 12:30–13:30 [book here](#)
Seen and not heard – a gut feeling antibiotic use and AMR in children is a secondary consideration
- 19th November, 15:00–16:00 [book here](#)
Optimising the Blood Culture Pathway: Audit Insights and Regional Success Stories
- 24th November, 12:30–13:30 [book here](#)

NWL Learning hub - Frailty Programme

The [Frailty Programme](#) course page has been divided to identify the different tiers listed below to help users complete the relevant training.
This elearning programme aims to standardise training and knowledge of frailty as a complex multi-system, long term condition. This education programme is compliant with the 'Frailty: A framework of core capabilities' (2018). There are different tiers, depending on the level of skills and knowledge.
Tier 1 – a General Public - Frailty Programme - [Frailty Tier 1 - General Public](#)
Tier 2a - Unregistered staff and band 5 general clinicians - Frailty Programme - [Tier 2a - Unregistered Staff and band 5 General Clinicians](#)
Tier 2b - Senior health and social care staff - Frailty Programme - [Tier 2b - Senior Health and Social Care Staff](#)
Tier 3 - Frailty and older adult specialists - [You can access Tier 3 Frailty Training from the British Geriatrics Society.](#)

Time Management Training Session

- 20th November, 9:00—17:00 [deadline to express interest on the 10th November EOI here](#)
The course covers essential skills for managing time efficiently, understanding task priorities, and recognising personal energy patterns throughout the day. It also introduces different levels of scheduling, long-term, medium-term, short-term, and task-specific, and guides participants in creating actionable plans and executing them effectively. I've included a comprehensive overview of prioritisation techniques.

Care Leavers' Month Webinars

Dynamic Training have partnered with North West London Health & Social Care Skills Academy to deliver three webinars during Care Leaver's Month, to help explore how health and care providers can support care leavers into employment.
Care Leaver Introduction, Myth-Busting, & Wider Issues
- 13th November, 11:00–12:00 [book here](#)
Trauma-Informed Training For Employers Working With Care Leavers
- 21st November, 11:30—12:30 [book here](#)
Practical Strategies For Maximising Care Leaver Success
- 27th November, 11:00—11:30 [book here](#)

Red Whale Clinical Update session for Clinical ARRS Staff

- 25th November, 10:00—16:00 [book here fully booked but please do join the waitlist if you are interested in attending so we can manage numbers accordingly](#)
• A one-day clinical update session with updates in topic areas of Asthma, Hypertension, Pharmacological management of Obesity including GLP-1s and Mental Health covering areas of Physical Health, Depression & Anti Depressants and ADHD – This will only be available by attending the live session.
• Access to the Red Whale Pharmacist update recording for 12 months.
• Access to Red Whales extensive learning resources for 12 months including handbooks on their other live update days to support in CPD development.

Autism, Dyslexia ADHD education workshops for nurses

Autism education workshop
- 9th December 13:00—16:00 [book here](#)
• Explore what is meant by autism
• Why is it considered a spectrum
• How it can affect different individuals
• Explain important aspects of diagnosis, intervention, education, and life-span development

ADHD education workshop

- 18th February, 9:30—12:30 [book here](#)
• What is ADHD
• Recognise the signs and symptoms of ADHD
• Discuss best practice to support service users with ADHD
• Practical strategies to help the personal development of people with ADHD, stigma, and management support/medications

Dyslexia education workshop

- 8th April, 13:00—16:00 [book here](#)
• Definition of dyslexia
• Common features of dyslexia
• Identifying dyslexia
• The rights of people with dyslexia

Safeguarding Webinar Series—Upcoming sessions

Join our upcoming 1-hour online safeguarding webinars designed to address urgent and emerging risks in healthcare settings two are this week and will cover the following topics.
Incels/ Misogyny
- 4th December 2025, 12:00—13:00 [book here spaces available](#)
The webinar includes that 'incels' need mental health support rather than a counter terrorism intervention. Incels typically display, with extremely poor mental health, with high incidences of depression and suicidal thoughts (1 in 5 incels contemplated suicide). They are also more likely to be neurodivergent, a higher likelihood of diagnosis for autism spectrum disorder.
Young people families & Drugs
- 28th January 2026, 13:00—14:00 [book here spaces available](#)
This is an introductory webinar exploring some of the major issues connected to substance misuse, young people and families. It is appropriate for workers from a wide range of agencies, especially health, who will or do encounter parental substance misuse or drug use in young people.
FGM & breast flattening
- 5th February 2026, 13:00—14:00 [book here spaces available](#)
Female Genital Mutilation (FGM) & Breast Ironing/Flattening is a form of child abuse and violence against women and girls, and therefore should be dealt with as part of existing child and adult protection structures, policies and procedures - will include Mandatory Reporting Duty
Harm Reduction Drugs & Alcohol- must attend first session prior to attending 2nd session
- part 1) 12th March 2026, 13:00—14:00 [book here spaces available](#)
- part 2) 25th March 2026, 13:00—14:00 [book here spaces available](#)
This course explores the concept of "harm reduction" and looks at approaches that accept that drug and alcohol use will often continue but can be made safer. This session focusses on evidence-based, interventions that have been shown to save lives. Participants will be offered a range of practical suggestions that can be taught to and employed by, drug and alcohol users.

THIS WEEK

- **Advancing practice conference** - 10th —14th November [book here](#)
- **DaRe2THINK Webinar – NICE Chronic Heart Failure Guideline 2025 Update** - 10th November, 12:30—13:00 [book here](#)
- **Thrive after maternity leave: 5-week course** - 11th November to 3rd December, 13:00—14:00 [book here](#)
- **National Infection and AMR Data Symposium 2025** - 11th November, 12:30–14:00 [book here](#)
- **CRPs and Net Zero Commitment in Procurement - Back to Basics** - 11th November, 13:00—14:00 [book here](#)
- **Motivational Interviewing Training** - 12th November, 9:00—16:00 [book here spaces available](#)
- **Chief Nursing Officer Environmental Sustainability Masterclasses Supply Chain, Procurement and Social Value** - 12th November, 14:30–15:30 [book here](#)
- **Creating a Culture of Kindness: Culture, Civility & Respect** - 12th November, 12:00—13:00 [register here](#)
- **The Chaps Toolkit Programme** - Wednesday 12th November 13:30–17:00 – [book here](#) (Delivered by: Dr Katya Miles)
- **Transgender Healthcare training for Non-clinical staff** - 12th Nov (session 1) and 19th Nov (session 2) [book here](#)
- **Enhanced Service Inhaler Technique: NWL CYP Asthma Tier 3 aligned Training** - 12th November 9:15–17:00 @ West, The Methodist Church, W11 4AH [book here spaces available](#)
- **The Medical Defence Union (MDU) Lunch & Learn Series** - 13th November 2025, from 13:00 to 14:00 [book here](#)
- **Care Leaver Introduction, Myth-Busting, & Wider Issues** - 13th November, 11:00—12:00 [book here](#)
- **Quality Improvement in Practice Webinars** - 13th November, 12:00–13:00 [Register here](#)
- **Masterclass for health professionals – Navigating weight and wellbeing** - 13th November, 12:00—13:00 [register here](#)
- **The New Dads Accelerator: 5-week course** - 13th November to 11th December, 13:00—14:00 [book here](#)
- **Understanding Polycystic Ovary Syndrome (PCOS) and the evidence for long-term management** - 13th November, 12:00—13:30 [book here](#)
- **Investigation and Management of Irregular Vaginal Bleeding in Primary Care** - 13th November, 19:00—20:00 [book here](#)

NWL TH Training

NWL Training Hub Webinars

British Society of Lifestyle Medicine Webinar

- 18th November, 13:00—14:00 [book here spaces available](#)
Join the British Society of Lifestyle Medicine (BSLM) for an exclusive webinar with the North West London Training Hub. The session will introduce the BSLM by laying the foundations of lifestyle medicine, covering the three core principles that underpin the discipline and the six pillars of lifestyle medicine, demonstrating how these evidence-based approaches can be integrated into everyday clinical practice. The webinar will also explore how lifestyle medicine can be applied in practice to improve the health and wellbeing of your patients — whilst supporting your own health too. There will be plenty of time for Q+A at the end.
This webinar is accredited for 1 hour of CPD.

Non-clinical practice staff cervical screening webinars

- 20th November, 12:00—13:00 [book here spaces available](#)
- 2nd December, 13:00—14:00 [book here spaces available](#)
The session will cover:

- The NHS Cervical Screening Programme
- Supporting patients to make an appointment
- Managing bookings and results (including NHS App notifications)
- Tackling barriers to engagement for your patients

NWL Teaching webinar on Diagnostics / Referrals for asthma in children

- 20th November 13:00—14:00 [book here spaces available](#)
NWL Community Diagnostic Centres for investigating suspected asthma in children

- Overview of the referral process
- Diagnostic reports and how to interpret the findings
- Case examples

NWL Women's Forum

Topics to be confirmed
- 21st November 13:00—14:00 [book here spaces available](#)
Agenda:

- Update on training and development
- Update from the ICS
- Neighbourhood team—what does that mean?
- 16th January 13:00—14:00 [book here spaces available](#)
- 13th March 13:00—14:00 [book here spaces available](#)

NWL Frailty Webinar for nurses—new date

- 26th November, 13:00–13:45 [book here spaces available](#)
• What do we mean by frailty
• The role of the nurse in MDT working in Frailty
• How can you add value to a frailty consult and what does a good care plan look like
• What is Validia

Safeguarding Webinar Series

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For queries about our NWL Training Hub webinars please contact nwl.traininghub@nhs.net

SSSA Training

SSSA - Foundation training 2-Day course

- 12th January and 9th February, 9:30—16:00 [book here limited spaces](#)
This is a 2 day online SSSA Foundation training for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who are interested in supporting learners in practice.

SSSA Update

- 28th November 9:00—12:30 [book here spaces available](#)
This course is suitable if you have already attended mentorship preparation training (e.g. ENB 998). This update provides a refresher of the knowledge, skills and behaviours needed to support learners to become outstanding nurses

Enhanced Services and CPD

If all dates are fully booked for a training please join the waitlist, this allows us to know when there is sufficient demand for us to book new dates.

Performing ECG Training

- 3rd February 2026, 9:15—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **limited spaces**
- 17th June 2026, 9:15—16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**
This training if for HCAs, GPAs, pharmacists, nurses can attend if they require this training
ECG Interpretation Foundation –a face to face session for GPs & ACPs.
- 6th March 2026, 9:00—16:00 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**
- 17th Nov 2026, 9:00—16:00 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**
This is for GPs and ACPs who haven't already attended the interpreting ECG Course.

Refresher Interpreting ECG course

- 27th March 2026, 12:30—14:00 [book here spaces available](#)
- 18th September 2026, 12:30—14:00 [book here spaces available](#)
The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs. This course is for GPs and ACPs who have already attended the interpreting ECG Course

Adult Phlebotomy

- 25th November, 9:15—16:30 [book here](#) @ Harwell Health Centre, W7 1DR **fully booked**
- 5th February 2026, 9:15—16:30 [book here](#) @ Harwell Health Centre, W7 1DR **limited spaces**
This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

Paediatric Phlebotomy

- 28th Jan 2026, 9:00—14:00 @ Cuckoo Lane Surgery, W7 1DR [apply here fully booked](#)
You must attend the training day and assessment day to finalise course the assessment date for each of the above training cohorts can be found on the Medtribe page for each cohort.
This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care Certificate. Full eligibility criteria can be found at the above booking link.
The aim of this course is to provide the underpinning knowledge and basic skills to safely perform phlebotomy on babies and children from 2 years, and identify the underlying issues in paediatric Phlebotomy. e.g. consent, restraint, distraction and environment.

Diabetes Foot Care

- 28th Jan 2026, 9:15—16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **limited spaces**
- 3rd June 2026, 9:15—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**
The course is for experienced HCWs who will be assisting with diabetes reviews

1 day Diabetes Foundation Course for non-registered practitioners

- 16th March 2026 8:50—16:00 [book here limited spaces](#)
This course focuses on preparing non-registered practitioners to get involved in both the prediabetes and diabetes pathways. They will gain an understanding of the care pathways for people with prediabetes and type 2 diabetes, the screening tasks involved and key lifestyle messages to help support people achieve their individual goals. You can also attend the course if you are non-registered practitioner who requires diabetes update.

Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.
GPs – please be sure to provide a summary of your diabetes related work undertaken. [Express your interest here](#)
Wound Care Training
- 13th November 9:15—16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **fully booked**
- 18th March 2026 9:15—16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **limited spaces**
- 4th July 2026 9:15—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**
This training is for HCWs/Pharmacists who will be expected to undertake single wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

Advanced Wound Care Training for HCAs

- 4th March 2026 9:15—16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **fully booked**
- 5th August 2026 9:15—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**
This session is aimed at HCAs who have some basic knowledge and experience of wound care and wish to extend their skills to be able to perform suture and staple removal and take a swab correctly. The session will include a wound care update and explore different types of wound commonly seen in GP, and discuss healing and factors that influence the healing process. All learners will undertake a dressing using an ANTU and be able to remove sutures and staples from a simulator arm. Learners will need to return to practice for supervision and assessment of their new skills and to complete their competency documents

Ring Pessary Foundation course New dates available now

- 28th November, 9:00—12:00 [book here](#) @ The Irish Cultural Centre, W6 9DT **fully booked**
- 28th November, 13:00—16:00 [book here](#) @ The Irish Cultural Centre, W6 9DT **fully booked**
- 19th March 2026 9:00—12:00 [book here](#) @ Dawes Road Hub, SW6 7EN **fully booked**
- 19th March 2026 13:00—16:00 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**
- 8th October 2026 9:00—12:00 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**
- 8th October 2026 13:00—16:00 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**
This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

Enhanced Service Inhaler Technique: NWL CYP Asthma Tier 3 aligned Training

- 12th Nov 9:15—17:00 @ East, The Methodist Church, W11 4AH [book here spaces available](#)
- 26th Nov 9:15—17:00 @ Ealing, Ealing Division, UB2 4BA [book here limited spaces](#)
- 27th Nov 9:15—17:00 @ H&F, Edward Woods Community Centre, W11 4TX [book here limited spaces](#)
- 3rd Dec 9:15—17:00 @ H&F, Hounslow, Indian Gymkhana Club, TW7 4NQ [book here limited spaces](#)
- 4th Dec 9:15—17:00 @ Brent, St John's Evangelist Church & Community Centre, HA0 2HX [book here limited spaces](#)
This training is aimed at nurses/pharmacists/GPs but any AHP who does asthma and COPD chronic disease management.
This training is limited to 1 person per practice. Please ensure you book onto the correct session for your borough.

ARRS Training Offers

Obesity – A Long-Term Condition, Focusing On People Who Are Using Weight Loss Injections
- 26th February 2026, 9:30—16:00 [book here spaces available](#)
The course will look to cover:
• Understand the importance of obesity and its impact on physical and emotional well being.
• Understand the role and impact of the weight loss jabs.
• Gain an appreciation of the current national and NHS environment re weight loss jab
• Management both the strengths and weaknesses.
• Experience a practical approach to having the difficult conversation when a patient does not receive the prescription they want.

Mental Health First Aid Training for personalised care roles

- 13th January & 20th January 2026, 9:00—17:00 [book here](#) @ The Irish Cultural Centre, W6 9DT **fully booked**
For a social prescribers, health & wellbeing coaches & care coordinators. The course will cover:
• A deeper understanding of mental health and the factors that can affect people's wellbeing, practical skills to spot the triggers and signs of mental health issues and the confidence to step in and support someone to recover their health by guiding them to appropriate support
• Three years of access to the MHFAider Support App[®] with 24/7 digital support and access to extensive resources, ongoing learning opportunities, and the benefit of joining England's largest community of trained MHFAiders.

Mental Health First Aid Refresher Training for personalised care roles

- 16th January 2026, 9:00—13:00 [book here](#) @ The Irish Cultural Centre, W6 9DT **spaces available**
For social prescribers, health & wellbeing coaches & care coordinators. The course will cover:
• Refreshing their skills and updating their knowledge of mental health support.
• Giving them the chance to practise applying the Mental Health First Aid action plan.
Before your place is approved you will need to submit your previous certificate before your place on the course is accepted. The refresher MUST be done within 6 months of the 3 year expiry date.
Mental Health Skills for PCN and Practice Managers
- 22nd January 2026, 9:00—13:00 [book here](#) @ The Irish Cultural Centre, W6 9DT **limited spaces**
Open to PCN & Practice Managers. By the end of this course, you will be able to:
• Describe mental health and the impact of stress on employees in the workplace.
• Identify if a team member may be experiencing poor mental health and confidently have open conversations about mental health at work.
Respond empathetically to challenging situations related to mental health in the workplace and appropriately signpost your team members to available support.
• Describe what support and guidance is available for yourself and your employees and how to access it.

Red Whale Clinical Update session for Clinical ARRS Staff

- 25th November, 10:00—16:00 [book here fully booked](#)
• A one-day clinical update session with updates in topic areas of Asthma, Hypertension, Pharmacological management of Obesity including GLP-1s and Mental Health covering areas of Physical Health, Depression & Anti Depressants and ADHD – This will only be available by attending the live session.
• Access to the Red Whale Pharmacist update recording for 12 months.
• Access to Red Whales extensive learning resources for 12 months including handbooks on their other live update days to support in CPD development.

ARRS 2 day Foundation Health Coaching Course
Building on previous work the past 3 years, the NWL London Training Hub are working with provider Peak Health Coaching to provide the PCL approved core required 2-day health & role coaching programme for the new to role Practising Link workers and Care Co-ordinators. Due to requests for development, the 2-day Foundation Health Coaching course will now also be opened up to additional clinical roles - **Clinical Pharmacists, Dieticians, FC Physiotherapists, Physician Associate & Paramedics** to aid in these roles support of long-term condition management. *Please note this course will not be relevant for all of these roles, so please only apply if it is relevant to your daily practice due to funding limitations.*
The 4 Day Intermediate Health Coaching course required for Health & Wellbeing Coaches new to role, may still be available so please email fdi@nhs.net to enquire about this.
To apply for a space please [complete the EOI form](#) or if you have any further questions around recruitment, please contact Jon Ord – NWL ARRS Programme Officer – jonathan.ord@nhs.net.
GP Assistant Training Programme – SE London Training Hub Cohort Applications
- GP ARRS will begin on the 14th January 2026, [download application form here](#).
All applications are to be sent to - gpa@seitraininghub.co.uk – Deadline for applications is **Friday 12th December 2025**.
If you would like all of the dates for this cohort or you have other questions about this please contact gpa@seitraininghub.co.uk.

Foundation Pitstop Diabetes 4-hour update course

- 13th January 2026 – 13:00—17:00 [book here limited spaces](#)
Open to any clinical staff including Pharmacists, Paramedics, Physician Associates, Pharmacy Technician, Practice Nurses, Nurse Associate, Dieticians, Podiatrists & Advanced Clinical Practitioners. This 4-hour programme has been developed to update healthcare professionals who deliver the essential primary care services for people with type 2 diabetes and non-diabetic hyperglycaemia. Suitable for healthcare professionals who have previously attended a foundation-level course and would have an update, and you will be emailed a resource pack, by the training provider, including a workbook, to use during the course.

Pitstop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Practice Nurses, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.
Staff who wish to attend must either [complete the EOI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

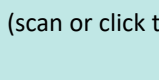
Motivational Interviewing Training

- 12th November, 9:00—16:00 [book here spaces available](#)
The course is open to multiple roles including: Social Prescriber Link Workers, Health & Wellbeing Coaches & Care Coordinators, Clinical Pharmacists, Pharmacy Technicians, Paramedics, Practice Nurses, Nurse Associates, FC Physios, Dieticians & Physician Associates. This course will look to cover:
• An introduction to the principles, spirit and skills of motivational interviewing.
• Gain an overview of an effective alternative to persuade people to change their behaviour.
• Gain an appreciation of how people can use their own motivations to find solutions for behaviour change.
• Observe how reflective listening can help when emotions are running high.
• Discover how questions, reflections, affirmations and summaries can be used to facilitate a more effective conversation about behaviour change.

Thank you from the NWL Training Hub Team



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Expressions of Interest forms

For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.
[Forms can all be found here](#)

Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

Multi-professional Supervisor Course [Application form](#)
Complete the application form to be added to the waitlist for any future cohorts

GP Supervisor Course [Application form](#)
Complete the application form to be added to the waitlist for the next cohorts.

Pharmacy Educational Supervisor Training programme – available via eLFH

Useful links and Resources

[Knowledge and Library Resources for GP and Practice Teams](#)
[Greener NHS – Resources for a more sustainable NHS](#)
[Survival Toolkit](#)
[Supported Return to Training](#)
[Podcast Learning Library](#)
[Primary Care Resources](#)
[GP Resources](#)
[Webinar Recordings](#)

Other Training & Events - not run by NWL Training Hub

IPC refresher training for GP practices
- last Wednesday of each month until March 2026, from 13:00 [book here](#) (December training will be on the 17th Dec)
Suitable for all staff working in London ICBS General Practice, training is via MS Teams.
[View flyer here](#)