

NWL Training Hub

Newsletter

w/c 24th November 2025

News and Updates

Review and book all NWL Training Events:
nwltraininghub.co.uk/events/

Adult Phlebotomy **New dates now available**

- 5th February 2026, 9:15 – 16:30 [book here](#) @ Hanwell Health Centre, W7 1DR **limited spaces**
- 28th April 2026, 9:15 – 16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**
- 18th June 2026, 9:15 – 16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**
- 2nd August 2026, 9:15 – 16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**
- 4th October 2026, 9:15 – 16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**
- 3rd December 2026, 9:15 – 16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**

This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

Paediatric Phlebotomy **New date now available**

- 28th January 2026, 9:00–14:00 @ Cuckoo Lane Surgery, W7 1DR [apply here](#) **fully booked**
- 20th May 2026, 9:00–14:00 @ Cuckoo Lane Surgery, W7 1DR [apply here](#) **spaces available**

You must attend the training day and assessment day to finalise course the assessment date for each of the above training cohorts can be found on the Medtribe page for each cohort.

This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care Certificate. Full eligibility criteria can be found at the above booking link.

The aim of this course is to provide the underpinning knowledge and basic skills to safely perform phlebotomy on babies and children from 2 years, and identify the underlying issues in paediatric Phlebotomy, e.g. consent, restraint, distraction and environment.

Anticoagulation Training

New to Anticoagulation Training

- 18th February 2026, 9:30–12:30 [book here](#)
- 18th February 2026, 14:00–17:00 [book here](#)

This training is for staff new to anticoagulation monitoring (Nurses, Nursing Associates, Health Care Support Workers, Pharmacists, and GPs). It covers:

- **Warfarin:** Do's and don'ts, INR management (normal ranges, high/low INR), using INR machines and INRstar, levels of responsibility, and patient education.
- **DOACs:** Do's and don'ts, initiation, monitoring, patient education, and dose reduction per guidelines.

Anticoagulation Update Training

- 16th March 2026, 13:00–16:00 [book here](#)

This training provides an update for staff involved in anticoagulation monitoring (Nurses, Nursing Associates, Health Care Support Workers, Pharmacists, and GPs). It is intended for those with prior experience who need a refresher. Topics include:

- **Warfarin:** Do's and don'ts of INR management, normal ranges, actions for high/low INR, LMWH use (when, why), and patient education.
- **DOACs:** Do's and don'ts, initiation, monitoring, patient education, and dose reduction per guidelines.

Ring Pessary Update

- 16th May 2026, 9:00–12:00 [book here](#)

This training is an update - for those who already finalised their Ring Pessary training

The session will cover:

- Brief discussion on the two most commonly used pessary types.
- Revisiting measuring and sizing techniques
- Problem solving- discussion regarding the most frequently occurring problems associated with pessaries and recommendations for management.
- Time for discussion regarding difficult cases.

SSSA Update

- 28th November, 09:00 - 12:30 [Register here](#)

If you've already completed SSSA Foundation training, we also offer an SSSA Update Course to help you refresh your knowledge and maintain your NMC compliance. It is best practice to have an annual Practice Assessor or Practice Supervisor update.

Red Whale Clinical Update session for Clinical ARRS Staff

- 25th November, 10:00–14:00 [book here](#) **limited spaces**
- A one-day clinical update session with updates in topic areas of Asthma, Hypertension, Pharmacological management of Obesity including GLP-1s and Mental Health covering areas of Physical Health, Depression & Anti Depressants and ADHD – This will only be available by attending the live session.

- Access to the Red Whale Pharmacist update recording for 12 months.

- Access to Red Whales extensive learning resources for 12 months including handbooks on their other live update days to support in CPD development.

Time Management Training Session

- 20th November, 9:00–17:00 [deadline to express interest on the 2nd December](#) [EOL here](#)

The course covers essential skills for managing time efficiently, understanding task priorities, and recognising personal energy patterns throughout the day. It also introduces different levels of scheduling, long-term, medium-term, short-term, and task-specific, and guides participants in creating actionable plans and executing them effectively. I've included a comprehensive overview of prioritisation techniques.

Peer Support Network for ARRS-funded roles that manage or supervise others

- 26th November, 13:00 - 15:00 [register here](#)

Are you in an ARRS-funded role? Do you line manage or supervise other ARRS-funded colleagues?

If you answered yes to both above questions, this Peer Support Network is for you!

What are they?

- Two hours every two months on MS Teams
- Open to all NWL colleagues who fit the above criteria
- Includes funded development to help you be a more confident manager or leader, or to help your team work better together
- A space to showcase your local initiatives to NWL peers around management, leadership or team development
- Space to hear about relevant development for you in your role, or to help you develop your team

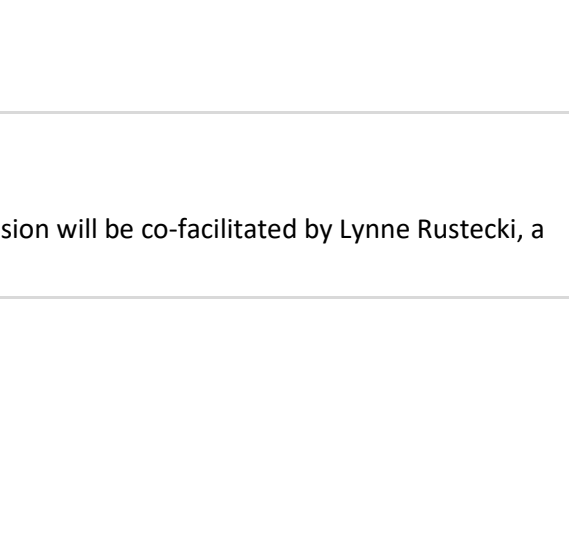
Join this first session where [Affina OD](#) will explore Team Based Working! Objectives for this session:

- Appreciate the research and data supporting the impact of effective team-based working.
- Explore the core characteristics and foundations of high-functioning, real teams.
- Introduce practical strategies, tools, and techniques to support and strengthen team-based working.

Digital Control in Clinical Spaces: Improving Responses to Tech Abuse

- 9th April 2026 – 11:30 [book here](#)

This 1 hour webinar provides healthcare professionals with an essential introduction to the growing risk of technology-facilitated abuse (TFA). Designed specifically for those working in healthcare, the session will explore how TFA can present in clinical settings, including misuse of everyday technology, assistive technology and the NHS app. Delivered by Refuge's specialist Technology Facilitated Abuse and Economic Empowerment team, this webinar will highlight the intersecting barriers faced by survivors from global majority backgrounds and survivors with disabilities. These insights will deepen clinicians understanding of how technology facilitated abuse impacts survivors of domestic abuse and their children.



If you answered **YES** to both of the above, we have a new, exclusive **NWL Peer Support Network** for you!

Cultural Competency: Sociolinguistics

- 10th December, 13:00–14:00 [book here](#)

Join us for an interactive session to explore how language and culture are intertwined - and how misunderstandings can occur. The session will be co-facilitated by Lynne Rustecki, a professional linguist and Rupal Shah, a GP and educator.

THIS WEEK

- **Optimising the Blood Culture Pathway: Audit Insights and Regional Success Stories** – 24th November, 12:30 -13:30 [book here](#)
- **Red Whale Clinical Update session for Clinical ARRS Staff** – 25th November, 10:00–16:00 [book here](#) **limited spaces**
- **Lung Cancer Screening Webinar** – 25th November 2025 – 13:00–14:00 [book here](#)
- **Cholesterol Awareness Month Webinar—Lunch & Learn for Primary Care** - 25th November, 13:00–14:00 [book here](#)
- **A background of how cancer can impact on sex and intimacy** – 25th November, 12:30-13:30 [Find out more and book here](#)
- **Enhanced Service Inhaler Technique: NWL CYP Asthma Tier 3 aligned Training** - 26th Nov 9:15–17:00 @ Ealing Dominion Centre, UB2 4BQ [book here](#) **limited spaces**
- **NWL Frailty Webinar for nurses** - 26th November, 13:00–13:45 [book here](#) **spaces available**
- **Peer Support Network for ARRS-funded roles that manage or supervise others** - 26th November, 13:00 - 15:00 [register here](#)
- **Lipid Management in Primary Care – Recent Updates**—26th November, 13:00–14:00 [register here](#)
- **Introduction to Improvement Training – General Practice**—26th November, 12:30–13:00 [book here](#)
- **Enhanced Service Inhaler Technique: NWL CYP Asthma Tier 3 aligned Training** – 27th Nov 9:15–17:00 @ Edward Woods Community Centre, W11 4TX [book here](#) **limited spaces**
- **Practical Strategies For Maximising Care Leaver Success** - 27th November, 11:00–11:30 [book here](#)
- **How cancer can impact upon continence** - 27th November, 12:30-13:30 [Find out more and book here](#)
- **ADHD Post Diagnosis: Why ADHD matters and pharmacological management of ADHD in primary care** - 27th November, 12:00–14:00 [book here](#) or [view flyer and agenda here](#)
- **DTL Networking Event** - 27th November, 10:00–15:00 [register here](#) @ 10 South Colonnade, E14 4PU
- **Chief Nursing Officer Environmental Sustainability Masterclasses Net Zero NHS and Green Plans** -27th November, 14:00–15:00 [book here](#)
- **SSSA Update** - 28th November 9:00–12:30 [book here](#) **spaces available**

NWL TH Training

Expressions of Interest forms

NWL Training Hub Webinars

Beyond Survival: What Every GP Needs to Know About Post-ICU Care

- 2nd December, 13:00–14:00 [register here](#)

Professor Brett is a leading expert in critical care medicine and post-ICU rehabilitation. This session will provide practical insights, learn how to identify, manage, and support patients living with the hidden consequences of critical illness.

Non-clinical practice staff cervical screening webinars

- 2nd December, 13:00 – 14:00 [book here](#) **spaces available**

The session will cover:

- The NHS Cervical Screening Programme
- Supporting patients to make an appointment
- Managing bookings and results (including NHS App notifications)
- Tackling barriers to engagement for your patients

Safeguarding Webinar Series

Incels/ Misogyny

- 4th December 2025, 12:00 – 13:00 [book here](#) **spaces available**

Young people families & Drugs

- 28th January 2026, 13:00 – 14:00 [book here](#) **spaces available**

FGM & breast flattening

- 5th February 2026, 13:00 – 14:00 [book here](#) **spaces available**

Harm Reduction Drugs & Alcohol: must attend first session prior to attending 2nd session

- part 1) 12th March 2026, 13:00–14:00 [book here](#) **spaces available**
- part 2) 25th March 2026, 13:00–14:00 [book here](#) **spaces available**

Cultural Competency: Sociolinguistics

- 10th December, 13:00–14:00 [book here](#)

Join us for an interactive session to explore how language and culture are intertwined - and how misunderstandings can occur. The session will be co-facilitated by Lynne Rustecki, a professional linguist and Rupal Shah, a GP and educator.

Deprescribing antidepressants training for Practice based Pharmacists

- 11th December, 12:30pm - 2:00pm [register here](#)

- Why deprescribe antidepressants?
- Service user experience of this process
- Latest guidance
- Withdrawal symptoms
- Practicalities
- Specialist support
- Resources

NWL Women's Forum

- 16th January 13:00–14:00 [book here](#) **spaces available**
- 13th March 13:00–14:00 [book here](#) **spaces available**

For queries about our NWL Training Hub webinars please contact nwl.traininghub@nhs.net

SSSA Training

SSSA - Foundation training 2-Day course

- 12th January and 9th February, 9:30–16:00 [book here](#) **fully booked**
- 2nd Dec 9:15 – 16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**

This is for GP and ACPs who haven't already attended the interpreting ECG course.

SSSA Update

- 28th November 9:00–12:30 [book here](#) **spaces available**

This course is suitable if you have already attended mentorship preparation training (e.g. ENB 998). This update provides a refresher of the knowledge, skills and behaviours needed to support learners to become outstanding nurses

Enhanced Services and CPD

If all dates are fully booked for a training please join the waitlist, this allows us to know when there is sufficient demand for us to book new dates.

New to Anticoagulation Training

- 18th February 2026, 9:30–12:30 [book here](#)
- 18th February 2026, 14:00–17:00 [book here](#)

This training is for staff new to anticoagulation monitoring (Nurses, Nursing Associates, Health Care Support Workers, Pharmacists, and GPs). It covers:

- **Warfarin:** Do's and don'ts, INR management (normal ranges, high/low INR), using INR machines and INRstar, levels of responsibility, and patient education.
- **DOACs:** Do's and don'ts, initiation, monitoring, patient education, and dose reduction per guidelines.

Anticoagulation Update Training

- 16th March 2026, 13:00–16:00 [book here](#)

This training provides an update for staff involved in anticoagulation monitoring (Nurses, Nursing Associates, Health Care Support Workers, Pharmacists, and GPs). It is intended for those with prior experience who need a refresher. Topics include:

- **Warfarin:** Do's and don'ts of INR management, normal ranges, actions for high/low INR, LMWH use (when, why), and patient education.
- **DOACs:** Do's and don'ts, initiation, monitoring, patient education, and dose reduction per guidelines.

Performing ECG Training

- 3rd February 2026, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **limited spaces**
- 17th June 2026, 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**

This training if for HCAs, Pharmacists, nurses can attend if they require this training

ECG Interpretation Foundation -a face to face session for GPs & ACPs.

- 6th March 2026, 9:00–16:00 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**
- 27th Nov 2026, 9:00–16:00 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**

This is for GPs and ACPs who haven't already attended the interpreting ECG course.

Refresher Interpreting ECG course

- 27th March 2026, 12:30–14:00 [book here](#) **spaces available**
- 18th September 2026, 12:30–14:00 [book here](#) **spaces available**

The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on clinical cases that cause concern in primary care with a focus on red-flag ECGs.

This course is for GPs and ACPs who have already attended the interpreting ECG course

Adult Phlebotomy **New dates now available**

- 5th February 2026, 9:15 – 16:30 [book here](#) @ Hanwell Health Centre, W7 1DR **limited spaces**
- 29th April 2026, 9:15 – 16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**
- 18th June 2026, 9:15 – 16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**
- 4th August 2026, 9:15 – 16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**
- 7th October 2026, 9:15 – 16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**
- 3rd December 2026, 9:15 – 16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**

This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

Paediatric Phlebotomy **New date now available**

- 28th January 2026, 9:00–14:00 @ Cuckoo Lane Surgery, W7 1DR [apply here](#) **fully booked**
- 20th May 2026, 9:00–14:00 @ Cuckoo Lane Surgery, W7 1DR [apply here](#) **spaces available**

You must attend the training day and assessment day to finalise course the assessment date for each of the above training cohorts can be found on the Medtribe page for each cohort.

This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care Certificate. Full eligibility criteria can be found in the above booking link.

The aim of this course is to provide the underpinning knowledge and basic skills to safely perform phlebotomy on babies and children from 2 years, and identify the underlying issues in paediatric Phlebotomy, e.g. consent, restraint, distraction and environment.

Diabetes Foot Care

- 28th Jan 2026, 9:15 – 16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **limited spaces**
- 3rd June 2026, 9:15 – 16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**

The course is for experienced HCSWs who will be assisting with diabetes reviews

1 day Diabetes Foundation Course for non-registered practitioners

- 16th March 2026 8:50–16:00 [book here](#) **limited spaces**

This course focuses on preparing non-registered practitioners to get involved in both the prediabetes and diabetes pathways. They will gain an understanding of the care pathways for people with prediabetes and type 2 diabetes, the screening tasks involved and key lifestyle messages to help support people achieve their individual goals. You can also attend the course if you are non-registered practitioner who requires diabetes update.

Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.

GPs – please be sure to provide a summary of your diabetes related work undertaken. [Express your interest here](#)

Wound Care Training

- 3rd March 2026, 9:15 – 16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **limited spaces**
- 9th July 2026 9:15 – 16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**

This training is for HCSWs/HCAs who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

Advanced Wound Care Training for HCAs

- 5th March 2026 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **fully booked**
- 4th August 2026 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**

This session is aimed at HCAs who have some basic knowledge and experience of wound care and wish to extend their skills to be able to perform sutures and staple removal and take a swab correctly.

Ring Pessary Foundation course

- 19th March 2026 9:00–12:00 [book here](#) @ Dawes Road Hub, SW6 7EN **fully booked**
- 27th Nov 2026 13:00–16:00 [book here](#) @ Dawes Road Hub, SW6 7EN **limited spaces**

- 8th October 2026 9:00–12:00 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**
- 8th October 2026 13:00–16:00 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**

This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

Ring Pessary Update

- 16th May 2026, 9:00–12:00 [book here](#)

This training is an update - for those who already finalised their Ring Pessary training

Enhanced Service Inhaler Technique: NWL CYP Asthma Tier 3 aligned Training

- 3rd Dec 9:15 – 17:00 @ Hounslow, Indian Gymkhana Club, TW7 4NQ [book here](#) **fully booked**
- 4th Dec 9:15 – 17:00 @ Brent, St John's Evangelist Church & Community Centre, HA0 2HX [book here](#) **limited spaces**

This training is aimed at nurses/pharmacists/GPs but any AHP who does asthma and COPD chronic disease management.

This training is limited to 1 person per practice. Please ensure you book onto the correct session for your borough.

Autism, Dyslexia ADHD education workshops for nurses

- **Autism education workshop** - 9th December 13:00–16:00 [book here](#) **spaces available**
- **ADHD education workshop** - 8th April, 13:00–12:30 [book here](#) **spaces available**

- **Dyslexia education workshop** - 8th April, 13:00–16:00 [book here](#) **spaces available**

ARRS Training Offers

Obesity – A Long-Term Condition, Focusing On People Who Are Using Weight Loss Injections

- 26th February 2026, 9:30–16:00 [book](#)