

Asthma & COPD Flares NWL Webinar Winter Readiness in Primary Care - 10<sup>th</sup> December 2025 19:00 – 20:30 book here

With colder weather approaching, we can expect a rise in respiratory infections, including this new more potent influenza, which will inevitably trigger more asthma and COPD exacerbations. Is your practice ready?

 Are your pathways and emergency equipment set up to manage acute flares effectively? • Do you have robust processes in place to ensure timely follow-up after a flare?

It is designed for everyone involved in respiratory care in primary care —HCAs, nurses, pharmacists, primary care paramedics, GPs, trainees, PAs, as well as clerical and data staff who support respiratory registers and patient recall.

This webinar will provide an expert update focused on managing exacerbations.

Cervical screening sample takers audit - requested by Cervical Screening London Please complete the <u>questionnaire</u> by 1<sup>st</sup> December 2025, as requested by Cervical Screening London. This is an annual ask and is vital to provide assurance to participants in the

**WINTER READINESS IN PRIMARY CARE** 19:00 - 20:30 Wednesday 10 Dec 2025

> 19:00 COPD & Asthma flares in NW London THE ASTHMA/COPD FLARE 19:10 The paediatric asthma flare spiratory Consultant THH the burden: what the local data show 19:30 The adult asthma flare primary care management of flares 19:50 The COPD flare guide to how hospitals manage flares 20:10 The Flare Toolkit Project: A PCN project 20:20 Panel Q&A **ASTHMA & COPD**

London region in the Cervical Screening Programme that samples will be taken to a high standard by trained and competent sample takers. Please send your completed questionnaire back to <a href="https://hst.net.net.net.net.net">hst.cst.cstd@nhs.net</a>.

Unconscious Bias, Microaggressions and Cultural Competence Training for NWL staff **Unconscious Bias** 

• Identify common types of biases and their impacts • Learn strategies to mitigate bias on both personal and systemic levels • Leave with a personal commitment to more inclusive behaviour Microaggressions

- 23<sup>rd</sup> February 2026, 12:00 -13:00 book here • Explore how subtle comments can cause harm and impact inclusion. • Understand that good intentions don't erase negative effects. How to use empathy and curiosity, not shame.

• Recognize how bias manifests in workplace decisions and dynamics

• The importance of speaking up, listening deeply, and committing to ongoing learning. **Cultural Competence** - 20<sup>th</sup> March 2026, 12:00 -13:00 book here

 Understand the connection between culture, identity, and belonging • Learn the components of cultural competence: awareness, attitude, knowledge, and skills • Explore how to navigate and communicate effectively across cultures

• Build strategies to foster psychological safety and mutual respect • Recognize microaggressions and cultural dynamics in the workplace

National Education and Training Survey (NETS)

Please find attached information regarding the National Education and Training Survey (NETS) this is a platform for healthcare learners and trainees to share their experiences and shape the future of healthcare education. Please share this link to the survey with your students to complete; https://www.hee.nhs.uk/nets-2025

NHS Fellowship in Clinical AI

- 27<sup>th</sup> January 2026, 12:00 -13:00 book here

Understand what unconscious bias is and why it exists

Apply for Cohort 5 (Aug 2026 - Aug 2027) NHS Applicants.

This Conflict Management Training Course equips participants with the knowledge and skills to understand, address, and prevent workplace conflicts. It covers the causes and types of conflict, practical resolution techniques, and structured frameworks such as the Triangle of Truth. The course emphasises proactive communication, active listening, and continuous improvement to foster a healthy and collaborative organisational culture.

- Non-clinical practice staff cervical screening webinars - 2<sup>nd</sup> December, 13:00 – 14:00 book here spaces available - Health and Wellbeing in General Practice - 2<sup>nd</sup> December, 12:00—13:00 register here - Inhaler Technique: CYP Asthma Tier 3 aligned Training - 3<sup>rd</sup> Dec 9:15—17:00 @ Hounslow, Indian Gymkhana Club, TW7 4NQ book here limited spaces - UKHSA webinar: childhood immunisation schedule changes - 3<sup>rd</sup> December, 14:00—15:15 book here

- Overactive Bladder management in primary care - 3<sup>rd</sup> December, 13:00—14:00 book here - A greener NHS and minimising the environmental effects of AI 3<sup>rd</sup> December, join network here - Inhaler Technique: CYP Asthma Tier 3 aligned Training - 4<sup>th</sup> Dec 9:15—17:00 @ Brent, St John's Evangelist Church & Community Centre, HAO 2HX book here limited spaces

**NWL TH Training** 

**NWL Training Hub Webinars** 

**Safeguarding Webinar Series** Incels/ Misogyny

FGM & breast flattening

**Cultural Competency: Sociolinguistics** 

- 10<sup>th</sup> December, 13:00—14:00 book here spaces available

misunderstandings can occur. The session will be co-facilitated by Lynne Rustecki, a professional linguist and Rupal Shah, a GP and educator. Asthma & COPD Flares NWL Webinar Winter Readiness in Primary Care

- 10<sup>th</sup> December, 19:00 – 20:30 book here With colder weather approaching, we can expect a rise in respiratory infections, including this new more potent influenza, which will inevitably trigger more asthma and COPD exacerbations. • Are your pathways and emergency equipment set up to manage acute flares effectively?

• Do you have robust processes in place to ensure timely follow-up after a flare? This webinar will provide an expert update focused on managing exacerbations. It is designed for everyone involved in respiratory care in primary care —HCAs, nurses, pharmacists, primary care paramedics, GPs, trainees, PAs, as well as clerical and data staff who support respiratory registers and patient recall.

 Practicalities Specialist support

Resources **NWL Women's Forum** Topics to be confirmed - 16<sup>th</sup> January 13:00—14:00 book here spaces available - 13<sup>th</sup> March 13:00—14:00 book here spaces available

For queries about our NWL Training Hub webinars please contact <a href="mailto:nwl.traininghub@nhs.net">nwl.traininghub@nhs.net</a> SSSA - Foundation training 2 -Day course - 12<sup>th</sup> January and 9<sup>th</sup> February, 9:30 –16:00 book here fully booked

This is a 2 day online SSSA Foundation training for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who are interested in supporting

If all dates are fully booked for a training please join the waitlist, this allows us to know when there is sufficient demand for us to book new dates. **New to Anticoagulation Training** - 18<sup>th</sup> February 2026, 9:30—12:30 book here spaces available - 18<sup>th</sup> February 2026, 14:00—17:00 book here spaces available This training is for staff new to anticoagulation monitoring (Nurses, Nursing Associates, Health Care Support Workers, Pharmacists, and GPs). It covers: Warfarin: Do's and don'ts, INR management (normal ranges, high/low INR), using INR machines and INRstar, levels of responsibility, and patient education.

guidelines.

**Anticoagulation Update Training** 

**Refresher Interpreting ECG course** 

Paediatric Phlebotomy New date now available

- 16<sup>th</sup> March 2026, 13:00—16:00 book here spaces available

Nursing Associates, Health Care Support Workers, Pharmacists, and GPs). It is intended for those with prior experience who need a refresher. Topics include: Warfarin: Do's and don'ts of INR management, normal ranges, actions for high/low INR, LMWH use (when, why), and patient education. • DOACs: Do's and don'ts, initiation, monitoring, patient education, and dose reduction per guidelines. **Performing ECG Training** 

- 27<sup>th</sup> March 2026, 12:30—14:00 <u>book here</u> spaces available - 18<sup>th</sup> September 2026, 12:30—14:00 book here spaces available The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs. This course is for GPs and ACPs who have already attended the interpreting ECG Course **Adult Phlebotomy** New dates now available - 5<sup>th</sup> February 2026, 9:15 – 16:30 book here @ Hanwell Health Centre, W7 1DR limited spaces - 29<sup>th</sup> April 2026, 9:15 – 16:30 book here @ Dawes Road Hub, SW6 7EN spaces available - 18<sup>th</sup> June 2026, 9:15 – 16:30 book here @ Harrow Baptist Church, HA1 1BA spaces available - 4<sup>th</sup> August 2026, 9:15 – 16:30 book here @ Dawes Road Hub, SW6 7EN spaces available

- 20<sup>th</sup> May 2026, 9:00—14:00 @ Cuckoo Lane Surgery, W7 1DR apply here spaces available You must attend the training day and assessment day to finalise course the assessment date for each of the above training cohorts can be found on the Medtribe page for each cohort. This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care Certificate. Full eligibility criteria can be found at the above booking link. The aim of this course is to provide the underpinning knowledge and basic skills to safely perform phlebotomy on babies and children from 2 years, and identify the underlying issues in paediatric Phlebotomy. e.g. consent, restraint, distraction and environment. **Diabetes Foot Care** - 28<sup>th</sup> Jan 2026, 9:15 –16:30 book here @ Harrow Baptist Church, HA1 1BA limited spaces - 3<sup>rd</sup> June 2026, 9:15 –16:30 book here @ Dawes Road Hub, SW6 7EN spaces available The course is for experienced HCSWs who will be assisting with diabetes reviews

Advanced Diabetes Course For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course. GPs – please be sure to provide a summary of your diabetes related work undertaken. Express your interest here **Wound Care Training** - 18<sup>th</sup> March 2026 9:15—16:30 book here @ Harrow Baptist Church, HA1 1BA limited spaces - 9<sup>th</sup> July 2026 9:15—16:30 book here @ Dawes Road Hub, SW6 7EN spaces available

practice nurses can attend

**Advanced Wound Care Training for HCAs** 

**Ring Pessary Foundation course** - 19<sup>th</sup> March 2026 9:00—12:00 book here @ Dawes Road Hub, SW6 7EN fully booked - 19<sup>th</sup> March 2026 13:00—16:00 book here @ Dawes Road Hub, SW6 7EN limited spaces - 8<sup>th</sup> October 2026 9:00—12:00 book here @ Dawes Road Hub, SW6 7EN spaces available - 8<sup>th</sup> October 2026 13:00—16:00 book here @ Dawes Road Hub, SW6 7EN spaces available This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend. **Ring Pessary Update** - 16<sup>th</sup> May 2026, 9:00 –12:00 <u>book here</u> This training is an update - for those who already finalised their Ring Pessary training Autism, Dyslexia ADHD education workshops FOR NURSES

ADHD education workshop - 18<sup>th</sup> February, 9:30—12:30 book here spaces available Dyslexia education workshop - 8<sup>th</sup> April, 13:00—16:00 book here spaces available •Understand the importance of obesity and its impact on physical and emotional well being. •Understand the role and impact of the weight loss jabs.

- 13 $^{ exttt{tn}}$  January & 20 $^{ exttt{tn}}$  January 2026, 9:00-17:00  $\underline{\mathsf{book}}$   $\underline{\mathsf{here}}$  @ The Irish Cultural Centre, W6 9DT For social prescribers, health & wellbeing coaches & care coordinators. The course will cover: •A deeper understanding of mental health and the factors that can affect people's wellbeing, practical skills to spot the triggers and signs of mental health issues and the confidence to step in and support someone to recover their health by guiding them to appropriate support

open conversations about mental health at work. Respond empathetically to challenging situations related to mental health in the workplace and appropriately signpost your team members to available support. • Describe what support and guidance is available for yourself and your employees and how to access it. **ARRS 2 Day Foundation Health Coaching Course** Building on previous work the past 3 years, the NW London Training Hub are working with provider Peak Health Coaching to provide the PCI approved core required 2-day health & role coaching programme for the new to role Social Prescribing Link workers and Care Co-Ordinators. Due to requests for development, the 2-day Foundation Health Coaching course will now also be

**GP Assistant Training Programme - SE London Training Hub Cohort Applications** - Cohort 9 will begin on the 14<sup>th</sup> January 2026, download application form here. All applications are to be sent to - gpa@seltraininghub.co.uk - Deadline for applications is Friday 12<sup>th</sup> December 2025.

Practitioners. Staff who wish to attend must either complete the Eol or email Jon Ord with your: Name, Email, Role, GP Practice, PCN, Borough, Employer. Thank you from the NWL Training Hub Team **NW LONDON** 

The NHS Fellowship in Clinical AI is a 12-month programme integrated part-time alongside clinical work to realise the benefit of AI in healthcare. Fellows are recruited from a diverse clinical workforce, and gain experience deploying and evaluating AI in clinical workflows under expert supervision in multidisciplinary NHS teams. Please note this fellowship programme is **not** run by NWL Training Hubs, please contact <a href="mailto:statisfellowship@nhs.net">statisfellowship@nhs.net</a> if you have any questions about this fellowship programme. **Conflict Management** - 4<sup>th</sup> December, 9:00—17:00 deadline to express interest on the 2<sup>nd</sup> December <u>EOI here</u>

**Cultural Competency: Sociolinguistics** - 10<sup>th</sup> December, 13:00—14:00 book here Join us for an interactive session to explore how language and culture are intertwined - and how misunderstandings can occur. The session will be co-facilitated by Lynne Rustecki, a professional linguist and Rupal Shah, a GP and educator. **THIS WEEK** - Talking to patients about cancer related difficulties with sex and intimacy -1<sup>st</sup> December, 12:30-13:30 Find out more and book here

- Safeguarding Webinar Series Incels/ Misogyny - 4<sup>th</sup> December 2025, 12:00—13:00 book here spaces available - Conflict Management - 4<sup>th</sup> December, 9:00—17:00 deadline to express interest on the 2<sup>nd</sup> December EOI here · Chief Nursing Office Environmental Sustainability Masterclasses Resilience and Adaptation - 4<sup>th</sup> December, 11:00—12:00 book here - Sexual and Pelvic Health with and Beyond Cancer Supercharging communication skills & resources -4<sup>th</sup> December, 12:30-13:30 Find out more and book here

- 4<sup>th</sup> December 2025, 12:00—13:00 book here spaces available Young people families & Drugs - 28<sup>th</sup> January 2026, 13:00—14:00 book here spaces available - 5<sup>th</sup> February 2026, 13:00—14:00 book here spaces available Harm Reduction Drugs & Alcohol- must attend first session prior to attending 2nd session - part 1) 12<sup>th</sup> March 2026, 13:00—14:00 book here spaces available - part 2) 25<sup>th</sup> March 2026, 13:00—14:00 book here spaces available

Join us for an interactive session to explore how language and culture are intertwined - and how

**Deprescribing antidepressants training for Practice based Pharmacists** - 11<sup>th</sup> December, 12:30pm - 2:00pm register here Why deprescribe antidepressants? • Service user experience of this process Latest guidance Withdrawal symptoms

learners in practice. **Enhanced Services and CPD** 

• DOACs: Do's and don'ts, initiation, monitoring, patient education, and dose reduction per

This training provides an update for staff involved in anticoagulation monitoring (Nurses,

**SSSA Training** 

- 3<sup>rd</sup> February 2026, 9:15—16:30 book here @ Dawes Road Hub, SW6 7EN fully booked - 17<sup>th</sup> June 2026, 9:15—16:30 book here @ Harrow Baptist Church, HA1 1BA spaces available This training if for HCAs. GPAs, pharmacists, nurses can attend if they require this training ECG Interpretation Foundation -a face to face session for GPs & ACPs.

- 6<sup>th</sup> March 2026, 9:00—16:00 <u>book here</u> @ Harrow Baptist Church, HA1 1BA spaces available

-27<sup>th</sup> Nov 2026, 9:00—16:00 book here @ Harrow Baptist Church, HA1 1BA spaces available

This is for GPs and ACPs who haven't already attended the interpreting ECG Course.

- 7<sup>th</sup> October 2026, 9:15 – 16:30 book here @ Harrow Baptist Church, HA1 1BA spaces - 3<sup>rd</sup> December 2026, 9:15 – 16:30 book here @ Dawes Road Hub, SW6 7EN spaces available This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

- 28<sup>th</sup> January 2026, 9:00—14:00 @ Cuckoo Lane Surgery, W7 1DR apply here limited spaces

1 day Diabetes Foundation Course for non-registered practitioners - 16<sup>th</sup> March 2026 8:50—16:00 book here limited spaces This course focuses on preparing non-registered practitioners to get involved in both the prediabetes and diabetes pathways. They will gain an understanding of the care pathways for

people with prediabetes and type 2 diabetes, the screening tasks involved and key lifestyle

This training is for HCSWs/HCAs who will be expected to undertake simple wound care

procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to

March 2026 9:15—16:30 <u>book here</u> @ Harrow Baptist Church, HA1 1BA fully booked

you are non-registered practitioner who requires diabetes update.

messages to help support people achieve their individual goals. You can also attend the course if

- 5<sup>th</sup> August 2026 9:15—16:30 book here @ Dawes Road Hub, SW6 7EN spaces available This session is aimed at HCAs who have some basic knowledge and experience of would care and wish to extend their skills to be able to perform suture and staple removal and take a swab correctly.

**ARRS Training Offers** Obesity - A Long-Term Condition, Focusing On People Who Are Using Weight Loss Injections - 26<sup>th</sup> February 2026, 9:30—16:00 book here spaces available The course will look to cover:

•Gain an appreciation of the current national and NHS environment re weight loss jab

•Experience a practical approach to having the difficult conversation when a patient does not

management both the strengths and weaknesses.

Mental Health First Aid Training for personalised care roles

receive the prescription they want.

Autism education workshop - 9<sup>th</sup> December 13:00—16:00 book here spaces available

•Three years of access to the MHFAider Support App® with 24/7 digital support and access to exclusive resources, ongoing learning opportunities, and the benefit of joining England's largest community of trained MHFAiders. Mental Health Skills for PCN and Practice Managers NEW DATE AVAILABLE 16<sup>th</sup> January 2026, 9:00—13:00 book here @ The Irish Cultural Centre, W6 9DT limited spaces – 22<sup>nd</sup> January 2026, 9:00—13:00 book here @ The Irish Cultural Centre, W6 9DT fully booked Open to PCN & Practice Managers. By the end of this course, you will be able to: Describe mental health and the impact of stress on employees in the workplace.

• Identify if a team member may be experiencing poor mental health and confidently have

opened up to additional clinical roles - Clinical Pharmacist, Dieticians, FC Physiotherapists, **Physician Associate & Paramedics** to aid in these roles support of long-term condition management. Please note this course will not be relevant for all of these roles, so please only apply if it is relevant to your daily practice due to funding limitations. The 4 Day Intermediate Health Coaching course required for Health & Wellbeing Coaches new to role, may still be available so please email directly to enquire about this. To apply for a space please complete the EOI form or if you have any further questions around recruitment, please contact Jon Ord - NWL ARRS Programme Officer - jonathan.ord1@nhs.net.

If you would like all of the dates for this cohort or you have other questions about this please contact gpa@seltraininghub.co.uk. Foundation Pitstop Diabetes 4-hour update course - 13<sup>th</sup> January 2026 – 13:00—17:00 <u>book here</u> fully booked Open to any clinical staff including Pharmacists, Paramedics, Physician Associates, Pharmacy Technician, Practice Nurses, Nurse Associate, Dieticians, Podiatrists & Advanced Clinical Practitioners. This 4-hour programme has been developed to update healthcare professionals

who deliver the essential primary care services for people with type 2 diabetes and non-diabetic

foundation-level course and would value an update, and you will be emailed a resource pack, by

hyperglycaemia. Suitable for healthcare professionals who have previously attended a

This course is now open to any ARRS clinical staff including Pharmacists, Practice Nurses, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical

the training provider, including a workbook, to use during the course.

<u>Pitstop Foundation Level Diabetes Course</u>

- Beyond Survival: What Every GP Needs to Know About Post-ICU Care - 2<sup>nd</sup> December, 13:00—14:00 register here - Sexual and Pelvic Health with and Beyond Cancer Talking to patients from the LGBT+ community -3<sup>rd</sup> December, 12:30-13:30 Find out more and book here

> **Supervisor courses** NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form. Multi-professional Supervisor Course Application form Complete the application form to be added to the waitlist for any future cohorts **GP Supervisor Course** Application form Complete the application form to be added to the waitlist for the next cohorts. Pharmacy Educational Supervisor Training programme - available via eLFH

Other Training & Events - not run by NWL Training Hub

- Four sessions, 14<sup>th</sup> October 2025 —21<sup>st</sup> April 2026 find out more or register here Join this Quality Improvement in Practice (QIP) programme and discover smart,

- last Wednesday of each month until March 2026, from 13:00 book here

For some training we don't currently have training dates arranged, if this is training you

would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified

**Expressions of Interest forms** 

**Useful links and Resources** 

<u>Greener NHS – Resources for a more sustainable NHS</u>

Knowledge and Library Resources for GP and Practice Teams

when dates are arranged.

Forms can all be found here

(December training will be on the 17<sup>th</sup> Dec) Suitable for all staff working in London ICBs General Practice. training is via MS View flyer here **Quality Improvement in Practice - Grow Your Ideas into Impact** 

Practical tools & support

**Screening Webinar** 

**Survival Toolkit** 

**GP Resources** 

Supported Return to Training

**IPC** refresher training for GP practices

Podcast Learning Library

**Primary Care Resources** 

**Webinar Recordings** 

Join NHSEs Learning Sessions: Embedding the People Promise in General Practice - Health and Wellbeing in General Practice—2<sup>nd</sup> Dec, 12:00 –13:00 book here - Management & Leadership Development—10<sup>th</sup> Dec, 12:00 –13:00 book here - General Practice Staff Survey Learning Session—14<sup>th</sup> Jan 2026, 12:00 – 13:00 book here - GP Developing Case Studies Session—22<sup>nd</sup> Jan 2026, 12:00 –13:00 book here Whether you're new to this work or already beginning to embed the People Promise, these sessions offer an opportunity to learn, gain expert guidance, and

• Real impact where it matters most

simple ways to make lasting changes in your practice.

connect with others to share experiences and best practice.

**Impact with Our Quality Improvement in Practice Webinars** 

Make Every Contact Count (MECC): Supporting Access to Vaccination and

Making Changes in Your Practices/PCNs? Get the Tools to Boost Your PCN/Team

Following on from the first cohort launched success, with all slots for Day 1 of the

four-day training fully booked, Central London Training Hub in collaboration with

NWL Hounslow Consortium Training Hub is excited to offer a series of engaging

- 14 Jan, 28 Jan, 11 Feb & 25 Feb 2026, all sessions 12:00 - 13:00 book here

Talking to patients about cancer related difficulties with sex and intimacy

Cancer can have a variety of impacts on sexual and pelvic health that impact

Webinar Series: Sexual and Pelvic Health with and Beyond Cancer

It is strongly encouraged to attend all four sessions as a portion of each session

• 4-day Hybrid Workshops OR 7 bite-sized webinars

- 10<sup>th</sup> December 2025 13:30– 15:00 book here What you'll gain, practical approaches to: Support people in accessing vaccination and screening services • Build confidence in conversations about vaccines, screening, and healthcare Help community groups feel more assured about accessing care • Apply MECC principles in everyday practice Access support and resources to strengthen your work

- 13<sup>th</sup> November—26<sup>th</sup> February Register here

webinars designed to equip you with practical tools to lead meaningful change in your practice or PCN. The sessions will help you: Understand how to approach a project from start to finish Clarify roles and responsibilities Learn practical tools for planning, tracking, and communicating • Link your project to quality improvement methods without the jargon Avoid common pitfalls that slow down progress For more Information and to register here Londonwide LMC wellbeing courses and coaching circles Please visit LMCs Events and Training page for current offers or see the links

below for wellbeing webinars and coaching circles.

Group Coaching Circle – 4 weekly sessions for GPs

will be tailored to the attending individuals.

Talking to patients from the LGBT+ community

Supercharging communication skills & resources

Find out more and book here

-1<sup>st</sup> December, 12:30-13:30

-3<sup>rα</sup> December, 12:30-13:30

-4<sup>th</sup> December, 12:30-13:30

patients long after they have completed treatment. Despite the importance of this issue, it is still a challenging topic for both clinicians and patients to discuss. Supported by RM Partners Cancer Alliance, these five unique webinars aim to help professionals understand the relationship between cancer, continence, sexual health, and intimacy. Crucially, they will also help professionals to talk about these sensitive subjects with patients, improving experiences for all. **Chief Nursing Office Environmental Sustainability Masterclasses Resilience and Adaptation** - 4<sup>th</sup> December, 11:00—12:00 <u>book here</u>

• How to help patients access services Real-world learning and examples Masterclass for health professionals – Navigating weight and wellbeing - 10<sup>th</sup> December, 12:00—13:00 register here The online session includes: • Discussions around why talking about weight matters and why it can be hard

The Shapes Toolkit Programme across North West London.

Digital Control in Clinical Spaces: Improving Responses to Tech Abuse - 9<sup>th</sup> April 10:00—11:30 book here This 1 hour webinar provides healthcare professionals with an essential introduction to the growing risk of technology-facilitated abuse (TFA). Designed specifically for those working in healthcare, the session will explore how TFA can present in clinical settings, including misuse of everyday technology, assistive technology and the NHS app. Delivered by Refuge's specialist Technology Facilitated Abuse and Economic Empowerment team, this webinar will highlight

Session 2 - outcome measures: 14th January 2026 (3.00pm-4.00pm) Session 3 - artificial Intelligence: 28th January 2026 (11.00am-12.00pm) Session 4 - costing and modelling: 24th February 2026 (11.00am-12.00pm) Business Case Masterclass (must have completed the Foundation Health Economics & Value-based care) Cohort 5: 5th December (9:30am – 12:45pm via Teams)

 Workforce Planning and Transformation Fundamentals Workshop • Fasterclass, a simulated Workforce and Transformation course Integrated Workforce Planning and Transformation Masterclass Programme Find out more about the training offered and apply here or view this flyer for

This practical, case-based session will explore the essentials of cardiac rehabilitation and how community teams can best support patients to access and benefit from these services. This session will cover: Why cardiac rehabilitation matters What great cardiac rehab looks like

support the continued growth and excellence of the advanced and consultant practice workforce. This series brings together national leaders and subject matter experts to explore the latest developments in policy, practice, and professional

 Wednesday 4<sup>th</sup> February 13.30 – 17.00 – book here (Delivered by: Dr Katya Miles) **Addressing Systemic Discrimination Development Sessions** - 4<sup>th</sup> February, 9:00—13:30 @ Open Ealing, W5 2TD book here - 5<sup>th</sup> February, 9:00—13:30 @ PCS 160 Falcon Road, SW11 2LN book here

the intersecting barriers faced by survivors from global majority backgrounds and survivors with disabilities. These insights will deepen clinicians Population Health Management & Health Equity Academy Training

This training is offered free at the point of delivery - please do make sure you have set time aside in your diary to fully commit to this learning opportunity. To book your place email valdev.chaggar@nhs.net **Workforce Planning & Transformation Training** 

These 60-minute sessions are designed to embed transformational, climateliterate leadership into the heart of the NHS's journey toward net zero. They also support the delivery of a high-quality, resilient health service aligned with government priorities and productivity goals.

**UKHSA** webinar: childhood immunisation schedule changes

This webinar is aimed at health professionals involved in the commissioning and

delivery of childhood immunisations including those working in primary care,

screening and immunisation teams, health visiting teams and integrated care

- 3<sup>rα</sup> December, 14:00—15:15 <u>book here</u>

boards (ICBs).

Who can benefit

development.

The sessions will:

The sessions will:

outcomes for their patients

outcomes for their patients

Overactive Bladder management in primary care - 3<sup>rd</sup> December, 13:00—14:00 book here Detailed learning outcome to follow Cardiac Rehab Webinar - What Every Primary Care Team Should Know - 9<sup>th</sup> December, 12:00—13:00 book here

• Tips on starting the conversation Practical guidance on how you can offer support Insights on how to refer to local services **Centre for Advancing Practice Masterclasses** A masterclass series hosted by the Centre for Advancing Practice, designed to

**Consultant Practice Unpacked: Progress, Purpose, and Possibilities** 

- 5<sup>th</sup> February, 9:00—13:30 @ PCS 160 Falcon Road, SW11 2LN book here

• Help participants to explore how they might improve the healthcare experience

Explore the role that participants can play in taking action to reduce inequalities

• Support Participants to be more aware of systemic discrimination

**Addressing Systemic Discrimination Development Sessions** 

- 4<sup>th</sup> February, 9:00—13:30 @ Open Ealing, W5 2TD book here

- 14<sup>th</sup> December time tbc, <u>registration open soon</u>

The Shapes Toolkit was created by Dr Rachel Morris, host of the You Are Not A Frog podcast. Rachel invites healthcare professionals to make a deliberate choice about how they will live, work and lead their teams so that they can thrive in work AND life. This opportunity is open to all colleagues working in general practice This is in two parts; you must book both a part 1 and a part 2 session individually. - Friday 16<sup>th</sup> January 13.30-17.00 – <u>book here</u> (Delivered by: Dr Pippa Woolner)

• Support Participants to be more aware of systemic discrimination

• Help participants to explore how they might improve the healthcare experience

• Explore the role that participants can play in taking action to reduce inequalities

Evaluation training (you will need to be able to attend both dates in each cohort) Cohort 4: 10th & 15th December (9:30am – 12:30pm via Teams) Cohort 5: 26th & 29th January 2026 (9:30am - 12:30pm via Teams)

service leads to deliver two ICS outcome-based People Functions; • Leading coordinated workforce planning using analysis and intelligence Leading workforce transformation and new ways of working Training includes; Workforce Intelligence Portal (WIP) Training Demystifying Workforce Planning and Transformation Webinar

understanding of how technology facilitated abuse impacts survivors of domestic abuse and their children. Practical Approaches to Research - what you need to get started Cohort 4: 11th December (11:00am – 12:30pm via Teams) **Evaluation webinars** This is a new series of 4 x 60 minute webinars designed to compliment the above Evaluation training, with each session focusing on one of the core elements or

emerging technologies supporting impactful evaluation:

Session 1 - logic models: 18th December (11.00am-12.00pm)

This training aims to support local systems as we work together to deliver the vision of the NHS People Plan. It focuses on building capacity and capability in Workforce Planning and Transformation. It will help to prepare workforce and

information about the training available.