NWL Training Hub Newsletter

w/c 8th December 2025

News and Updates

nwltraininghub.co.uk/events/

Foundation Pitstop Diabetes 4-hour update course New date now available

Review and book all NWL Training Events:

- 23rd February 2026 – 13:00—17:00 book here spaces available Open to any clinical staff including Pharmacists, Paramedics, Physician Associates, Pharmacy Technician, Practice Nurses, Nurse Associate, Dieticians, Podiatrists & Advanced Clinical Practitioners. This 4-hour programme has been developed to update healthcare professionals who deliver the essential primary care services for people with type 2 diabetes and non-

diabetic hyperglycaemia. Suitable for healthcare professionals who have previously attended a foundation-level course and would value an update, and you will be emailed a resource pack, by the training provider, including a workbook, to use during the course.

Asthma & COPD Flares NWL Webinar Winter Readiness in Primary Care - 10th December 2025 19:00 – 20:30 book here

With colder weather approaching, we can expect a rise in respiratory infections, including this new more potent influenza, which will inevitably trigger more asthma and COPD exacerbations. Is your practice ready?

 Are your pathways and emergency equipment set up to manage acute flares effectively? Do you have robust processes in place to ensure timely follow-up after a flare?

This webinar will provide an expert update focused on managing exacerbations. It is designed for everyone involved in respiratory care in primary care —HCAs, nurses, pharmacists, primary care

paramedics, GPs, trainees, PAs, as well as clerical and data staff who support respiratory registers and patient recall.

Autism, Dyslexia ADHD education workshops FOR NURSES

ADHD education workshop - 18th February, 9:30—12:30 book here spaces available

Explain important aspects of diagnosis, intervention, education, and life-span development

Autism education workshop - 9th December 13:00—16:00 book here spaces available • Explore what is meant by autism

• Practical strategies to help the personal development of people with ADHD, stigma, and management support/medications

19:00 COPD & Asthma flares in NW London THE ASTHMA/COPD FLARE 19:10 The paediatric asthma flare \delta the burden: what the local data shows 19:30 The adult asthma flare

Processing Manua Respiratory Consultant, Imp. College Healthca mechanisms and pathophysiology 19:50 The COPD flare primary care management of flares espiratory Consultant THH RR&F guide to how hospitals manage flares 20:10 The Flare Toolkit Project: A PCN project 20:20 Panel Q&A 20:30 Close THE ASTHMA & COPD

NW LONDON

WINTER READINESS IN PRIMARY CARE

Dyslexia education workshop - 8th April, 13:00—16:00 book here spaces available • Definition of dyslexia Common features of dyslexia

Identifying dyslexia

Unconscious Bias - 27th January 2026, 12:00 -13:00 book here

• The rights of people with dyslexia

Recognise the signs and symptoms of ADHD

Discuss best practice to support service users with ADHD

 Why is it considered a spectrum • How it can affect different individuals

What is ADHD

Unconscious Bias, Microaggressions and Cultural Competence Training for NWL staff

 Understand what unconscious bias is and why it exists Recognize how bias manifests in workplace decisions and dynamics • Identify common types of biases and their impacts

- 23rd February 2026, 12:00 -13:00 book here

- 20th March 2026, 12:00 -13:00 book here

• How to use empathy and curiosity, not shame.

• Learn strategies to mitigate bias on both personal and systemic levels Leave with a personal commitment to more inclusive behaviour

Microaggressions

 The importance of speaking up, listening deeply, and committing to ongoing learning. Cultural Competence

Understand the connection between culture, identity, and belonging

Learn the components of cultural competence: awareness, attitude, knowledge, and skills

Understand that good intentions don't erase negative effects.

• Explore how subtle comments can cause harm and impact inclusion.

• Explore how to navigate and communicate effectively across cultures Build strategies to foster psychological safety and mutual respect Recognize microaggressions and cultural dynamics in the workplace

Air Quality Resource Hub Now Live NHS England are pleased to announce that the Air Quality Resource Hub is now live on London Greener NHS - Greener NHS Knowledge Hub - Futures. These resources, curated by the London Air Quality and Health Programme Office, are designed to support healthcare professionals strengthen their awareness of the health impacts of air pollution, and to help them communicate this to patients. Explore the resource hub for practical information, guidance, and support to use in everyday practice. This is available to NHS staff. To access, staff should register with NHS Futures

THIS WEEK

NWL TH Training

Is your practice ready?

linguist and Rupal Shah, a GP and educator.

- Cardiac Rehab Webinar - What Every Primary Care Team Should Know - 9th December, 12:00—13:00 book here - Autism, Dyslexia ADHD education workshops FOR NURSES, Autism education workshop - 9th December 13:00—16:00 book here spaces available - Management & Leadership Development—10th Dec, 12:00 –13:00 book here - Masterclass for health professionals – Navigating weight and wellbeing - $10^{
m th}$ December, 12:00-13:00 $_{
m register}$ here - Cultural Competency: Sociolinguistics - 10th December, 13:00—14:00 book here spaces available

and request access to the London Greener NHS area of the site.

Cultural Competency: Sociolinguistics - 10th December, 13:00—14:00 book here spaces available

Join us for an interactive session to explore how language and culture are intertwined - and how misunderstandings can occur. The session will be co-facilitated by Lynne Rustecki, a professional

With colder weather approaching, we can expect a rise in respiratory infections, including this

new more potent influenza, which will inevitably trigger more asthma and COPD exacerbations.

• Are your pathways and emergency equipment set up to manage acute flares effectively?

 Do you have robust processes in place to ensure timely follow-up after a flare? This webinar will provide an expert update focused on managing exacerbations.

NWL Training Hub Webinars

· Asthma & COPD Flares NWL Webinar Winter Readiness in Primary Care - 10th December, 19:00 – 20:30 book here spaces available Deprescribing antidepressants training for Practice based Pharmacists - 11th December, 12:30pm - 2:00pm register here spaces available

It is designed for everyone involved in respiratory care in primary care — HCAs, nurses, pharmacists, primary care paramedics, GPs, trainees, PAs, as well as clerical and data staff who support respiratory registers and patient recall.

Asthma & COPD Flares NWL Webinar Winter Readiness in Primary Care

- 10th December, 19:00 – 20:30 book here spaces available

Deprescribing antidepressants training for Practice based Pharmacists - 11th December, 12:30pm - 2:00pm register here spaces available Why deprescribe antidepressants? Service user experience of this process Latest guidance

 Withdrawal symptoms Practicalities Specialist support Resources

Safeguarding Webinar Series Young people families & Drugs - 28th January 2026, 13:00—14:00 book here spaces available FGM & breast flattening - 5th February 2026, 13:00—14:00 book here spaces available

Harm Reduction Drugs & Alcohol- must attend first session prior to attending 2nd session

SSSA Training

Enhanced Services and CPD

If all dates are fully booked for a training please join the waitlist, this allows us to know when

This is a 2 day online SSSA Foundation training for GPNs who have not completed any

- part 1) 12th March 2026, 13:00—14:00 <u>book here</u> spaces available

- part 2) 25th March 2026, 13:00—14:00 <u>book here</u> spaces available

- 13th March 13:00—14:00 book here spaces available For queries about our NWL Training Hub webinars please contact nwl.traininghub@nhs.net

SSSA - Foundation training 2 -Day course

- 16th January 13:00—14:00 book here spaces available

NWL Women's Forum

Topics to be confirmed

mentorship qualifications (e.g. ENB 998) in the past, and who are interested in supporting learners in practice.

there is sufficient demand for us to book new dates.

- 18th February 2026, 9:30—12:30 book here spaces available

- 16th March 2026, 13:00—16:00 <u>book here</u> spaces available

with prior experience who need a refresher. Topics include:

- 27th March 2026, 12:30—14:00 book here spaces available

- 18th September 2026, 12:30—14:00 book here spaces available

LMWH use (when, why), and patient education.

machines and INRstar, levels of responsibility, and patient education.

New to Anticoagulation Training

Anticoagulation Update Training

guidelines.

guidelines.

Performing ECG Training

Refresher Interpreting ECG course

Adult Phlebotomy

Diabetes Foot Care

Advanced Diabetes Course

this advanced course.

Wound Care Training

practice nurses can attend

Ring Pessary Foundation course

swab correctly.

Advanced Wound Care Training for HCAs

your interest here

available

- 12th January and 9th February, 9:30 –16:00 book here fully booked

- 18th February 2026, 14:00—17:00 book here spaces available This training is for staff new to anticoagulation monitoring (Nurses, Nursing Associates, Health Care Support Workers, Pharmacists, and GPs). It covers:

DOACs: Do's and don'ts, initiation, monitoring, patient education, and dose reduction per

Warfarin: Do's and don'ts, INR management (normal ranges, high/low INR), using INR

This training provides an update for staff involved in anticoagulation monitoring (Nurses,

Warfarin: Do's and don'ts of INR management, normal ranges, actions for high/low INR,

DOACs: Do's and don'ts, initiation, monitoring, patient education, and dose reduction per

Nursing Associates, Health Care Support Workers, Pharmacists, and GPs). It is intended for those

- 17th June 2026, 9:15—16:30 book here @ Harrow Baptist Church, HA1 1BA spaces available This training if for HCAs. GPAs, pharmacists, nurses can attend if they require this training ECG Interpretation Foundation -a face to face session for GPs & ACPs.

- 6th March 2026, 9:00—16:00 <u>book here</u> @ Harrow Baptist Church, HA1 1BA spaces available

-27th Nov 2026, 9:00—16:00 book here @ Harrow Baptist Church, HA1 1BA spaces available

This is for GPs and ACPs who haven't already attended the interpreting ECG Course.

- 3rd February 2026, 9:15—16:30 book here @ Dawes Road Hub, SW6 7EN limited spaces

The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs. This course is for GPs and ACPs who have already attended the interpreting ECG Course

- 5th February 2026, 9:15 – 16:30 <u>book here</u> @ Hanwell Health Centre, W7 1DR <mark>limited spaces</mark>

- 18th June 2026, 9:15 – 16:30 <u>book here</u> @ Harrow Baptist Church, HA1 1BA spaces available

- 3rd December 2026, 9:15 – 16:30 book here @ Dawes Road Hub, SW6 7EN spaces available

This face to face session has been developed to allow learners the opportunity to practice their

- 29th April 2026, 9:15 – 16:30 book here @ Dawes Road Hub, SW6 7EN spaces available

- 4th August 2026, 9:15 – 16:30 book here @ Dawes Road Hub, SW6 7EN spaces available

- 7th October 2026, 9:15 – 16:30 book here @ Harrow Baptist Church, HA1 1BA spaces

each of the above training cohorts can be found on the Medtribe page for each cohort.

The aim of this course is to provide the underpinning knowledge and basic skills to safely

- 28th Jan 2026, 9:15 –16:30 book here @ Harrow Baptist Church, HA1 1BA limited spaces

- 3rd June 2026, 9:15 –16:30 book here @ Dawes Road Hub, SW6 7EN spaces available

The course is for experienced HCSWs who will be assisting with diabetes reviews

you are non-registered practitioner who requires diabetes update.

Certificate. Full eligibility criteria can be found at the above booking link.

paediatric Phlebotomy. e.g. consent, restraint, distraction and environment.

This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care

perform phlebotomy on babies and children from 2 years, and identify the underlying issues in

Paediatric Phlebotomy - 28th January 2026, 9:00—14:00 @ Cuckoo Lane Surgery, W7 1DR apply here limited spaces - 20th May 2026, 9:00—14:00 @ Cuckoo Lane Surgery, W7 1DR apply here spaces available You must attend the training day and assessment day to finalise course the assessment date for

skills on high quality simulated arms.

1 day Diabetes Foundation Course for non-registered practitioners - 16th March 2026 8:50—16:00 book here limited spaces This course focuses on preparing non-registered practitioners to get involved in both the prediabetes and diabetes pathways. They will gain an understanding of the care pathways for people with prediabetes and type 2 diabetes, the screening tasks involved and key lifestyle messages to help support people achieve their individual goals. You can also attend the course if

For GPNs and Pharmacists – you must have attended the foundation course before attending

GPs – please be sure to provide a summary of your diabetes related work undertaken. Express

- 18th March 2026 9:15—16:30 book here @ Harrow Baptist Church, HA1 1BA fully booked

- 4th March 2026 9:15—16:30 book here @ Harrow Baptist Church, HA1 1BA fully booked - 5th August 2026 9:15—16:30 book here @ Dawes Road Hub, SW6 7EN spaces available

care and wish to extend their skills to be able to perform suture and staple removal and take a

This session is aimed at HCAs who have some basic knowledge and experience of would

- 19th March 2026 9:00—12:00 book here @ Dawes Road Hub, SW6 7EN fully booked

- 19th March 2026 13:00—16:00 book here @ Dawes Road Hub, SW6 7EN limited spaces

8th October 2026 9:00—12:00 book here @ Dawes Road Hub, SW6 7EN spaces available

-8th October 2026 13:00—16:00 book here @ Dawes Road Hub, SW6 7EN spaces available

This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for

This training is an update - for those who already finalised their Ring Pessary training

Autism education workshop - 9th December 13:00—16:00 book here spaces available

ADHD education workshop - 18th February, 9:30—12:30 book here spaces available **Dyslexia education workshop** - 8th April, 13:00—16:00 book here spaces available

procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to

- 9th July 2026 9:15—16:30 book here @ Dawes Road Hub, SW6 7EN spaces available

This training is for HCSWs/HCAs who will be expected to undertake simple wound care

longer than a year can attend. **Ring Pessary Update** - 16th May 2026, 9:00 –12:00 <u>book here</u>

Autism, Dyslexia ADHD education workshops FOR NURSES

management both the strengths and weaknesses.

Mental Health First Aid Training for personalised care roles

receive the prescription they want.

community of trained MHFAiders.

open conversations about mental health at work.

- 26th February 2026, 9:30—16:00 book here spaces available The course will look to cover: Understand the importance of obesity and its impact on physical and emotional well being. Understand the role and impact of the weight loss jabs. Gain an appreciation of the current national and NHS environment re weight loss jab

• Experience a practical approach to having the difficult conversation when a patient does not

– 13th January & 20th January 2026, 9:00—17:00 <u>book here</u> @ The Irish Cultural Centre, W6 9DT

For social prescribers, health & wellbeing coaches & care coordinators. The course will cover:

A deeper understanding of mental health and the factors that can affect people's wellbeing,

in and support someone to recover their health by guiding them to appropriate support

Describe mental health and the impact of stress on employees in the workplace.

and appropriately signpost your team members to available support.

practical skills to spot the triggers and signs of mental health issues and the confidence to step

Three years of access to the MHFAider Support App® with 24/7 digital support and access to

exclusive resources, ongoing learning opportunities, and the benefit of joining England's largest

Obesity – A Long-Term Condition, Focusing On People Who Are Using Weight Loss Injections

ARRS Training Offers

Mental Health Skills for PCN and Practice Managers 16th January 2026, 9:00—13:00 book here @ The Irish Cultural Centre, W6 9DT limited spaces – 22nd January 2026, 9:00—13:00 book here @ The Irish Cultural Centre, W6 9DT fully booked Open to PCN & Practice Managers. By the end of this course, you will be able to:

• Identify if a team member may be experiencing poor mental health and confidently have

Respond empathetically to challenging situations related to mental health in the workplace

Describe what support and guidance is available for yourself and your employees and how to

access it. **ARRS 2 Day Foundation Health Coaching Course** Building on previous work the past 3 years, the NW London Training Hub are working with provider Peak Health Coaching to provide the PCI approved core required 2-day health & role coaching programme for the new to role Social Prescribing Link workers and Care Co-Ordinators. Due to requests for development, the 2-day Foundation Health Coaching course will now also be

Physician Associate & Paramedics to aid in these roles support of long-term condition management. Please note this course will not be relevant for all of these roles, so please only apply if it is relevant to your daily practice due to funding limitations. The 4 Day Intermediate Health Coaching course required for Health & Wellbeing Coaches new to role, may still be available so please email directly to enquire about this. To apply for a space please complete the EOI form or if you have any further questions around recruitment, please contact Jon Ord - NWL ARRS Programme Officer - jonathan.ord1@nhs.net

opened up to additional clinical roles - Clinical Pharmacist, Dieticians, FC Physiotherapists,

<u>GP Assistant Training Programme - SE London Training Hub Cohort Applications</u> - Cohort 9 will begin on the 14th January 2026, <u>download application form here.</u> All applications are to be sent to - gpa@seltraininghub.co.uk – Deadline for applications is Friday 12th December 2025. If you would like all of the dates for this cohort or you have other questions about this please

contact gpa@seltraininghub.co.uk. Foundation Pitstop Diabetes 4-hour update course New date now available - 13th January 2026 – 13:00—17:00 book here fully booked - 23rd February 2026 – 13:00—17:00 book here spaces available Open to any clinical staff including Pharmacists, Paramedics, Physician Associates, Pharmacy

Technician, Practice Nurses, Nurse Associate, Dieticians, Podiatrists & Advanced Clinical Practitioners. This 4-hour programme has been developed to update healthcare professionals who deliver the essential primary care services for people with type 2 diabetes and non-diabetic hyperglycaemia. Suitable for healthcare professionals who have previously attended a

foundation-level course and would value an update, and you will be emailed a resource pack, by

NW LONDON

the training provider, including a workbook, to use during the course.

<u>Pitstop Foundation Level Diabetes Course</u>

Role, GP Practice, PCN, Borough, Employer.

Thank you from the NWL Training Hub Team

Practitioners.

Knowledge and Library Resources for GP and Practice Teams <u>Greener NHS – Resources for a more sustainable NHS</u> Survival Toolkit

Multi-professional Supervisor Course Application form

Useful links and Resources

GP Supervisor Course Application form

Supported Return to Training

IPC refresher training for GP practices

- 9th December, 12:00—13:00 <u>book here</u>

Why cardiac rehabilitation matters

What great cardiac rehab looks like

• Who can benefit

• Structuring your report Content and narrative

cohort)

benefit from these services. This session will cover:

Podcast Learning Library Primary Care Resources

GP Resources

Webinar Recordings

Complete the application form to be added to the waitlist for any future cohorts

Complete the application form to be added to the waitlist for the next cohorts.

Pharmacy Educational Supervisor Training programme – available via eLFH

when dates are arranged.

Forms can all be found here

Suitable for all staff working in London ICBs General Practice, training is via MS View flyer here

Cardiac Rehab Webinar - What Every Primary Care Team Should Know

This practical, case-based session will explore the essentials of cardiac

rehabilitation and how community teams can best support patients to access and

• How to help patients access services • Real-world learning and examples Join NHSEs Learning Sessions: Embedding the People Promise in General Practice **General Practice Staff Survey Learning Session** - 14th Jan 2026, 12:00 –13:00 book here

Masterclass for health professionals – Navigating weight and wellbeing - 10th December, 12:00—13:00 register here The online session includes: • Discussions around why talking about weight matters and why it can be hard

• Top tips for writing effective reports

What makes a high-quality case study/case story

• Getting started with your case study/case story

• Case study development questions and approaches

• Examples of different types of case study and case story

Evaluation webinars This is a new series of 4 x 60 minute webinars designed to compliment the above Evaluation training, with each session focusing on one of the core elements or emerging technologies supporting impactful evaluation: Session 1 - logic models: 18th December (11.00am-12.00pm)

- 16th December, 11:00—13:00 sign up

about their impact so far.

- 16th December 2025 13:30– 15:00 book here

What you'll gain, practical approaches to:

- 14th Jan 2026, 12:00 –13:00 <u>book here</u>

• Structuring your report

Content and narrative

Part 2

and skills

Unconscious Bias

• Top tips for writing effective reports

What makes a high-quality case study/case story

• Getting started with your case study/case story

below for wellbeing webinars and coaching circles.

Case study development questions and approaches

Examples of different types of case study and case story

Londonwide LMC wellbeing courses and coaching circles

Screening Webinar

The National Academy for Social Prescribing is hosting a free online event about social prescribing and neighbourhood health. Sign up to find out how social prescribing is being integrated into local health teams and learn about opportunities for the future. Speakers include Dr Minal Bahkai, Professor Kamila Hawthorne and Dr Radha Modgil.

the 2026 survey cycle. **GP Developing Case Studies Session** - 22nd Jan 2026, 12:00 –13:00 book here This session will help you consider effective ways of communicating and sharing the findings from your People Promise initiatives, and will cover: • Why good writing is important, and what makes good writing

results to improve staff experience. You'll also learn how to get involved in

The Shapes Toolkit Programme The Shapes Toolkit was created by Dr Rachel Morris, host of the You Are Not A Frog podcast. Rachel invites healthcare professionals to make a deliberate choice about how they will live, work and lead their teams so that they can thrive in work AND life. This opportunity is open to all colleagues working in general practice across North West London. This is in two parts; you must book both a part 1 and a part 2 session individually.

Friday 16th January 13.30-17.00 – <u>book here</u> (Dr Pippa Woolner)

Wednesday 4th February 13.30 – 17.00 – book here (Dr Katya Miles)

Unconscious Bias, Microaggressions & Cultural Competence Training

• How to use empathy and curiosity, not shame. The importance of speaking up, listening deeply, and committing to ongoing **Cultural Competence**

- 20th March 2026, 12:00 -13:00 book here

- 27th January 2026, 12:00 -13:00 book here

• Understand what unconscious bias is and why it exists

Consultant Practice Unpacked: Progress, Purpose, and Possibilities - date and time tbc, registration open soon Digital Control in Clinical Spaces: Improving Responses to Tech Abuse - 9th April 10:00—11:30 book here

This training aims to support local systems as we work together to deliver the vision of the NHS People Plan. It focuses on building capacity and capability in Workforce Planning and Transformation. It will help to prepare workforce and

children.

service leads to deliver two ICS outcome-based People Functions; • Leading coordinated workforce planning using analysis and intelligence

Training includes: • Workforce Intelligence Portal (WIP) Training • Demystifying Workforce Planning and Transformation Webinar • Workforce Planning and Transformation Fundamentals Workshop

• Fasterclass, a simulated Workforce and Transformation course • Integrated Workforce Planning and Transformation Masterclass Programme

This course is now open to any ARRS clinical staff including Pharmacists, Practice Nurses, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Staff who wish to attend must either complete the Fol or email Jon Ord with your: Name, Email,

19:00 - 20:30

Follow us: subscribe to our newsletter: (scan or click the code)

Expressions of Interest forms For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified Supervisor courses NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

- last Wednesday of each month until March 2026, from 13:00 book here (December training will be on the 17th Dec)

Other Training & Events - not run by NWL Training Hub

This session offers a clear overview of the General Practice Staff Survey (GPSS) why it matters, how it supports the NHS People Promise, and how you can use the results to improve staff experience. You'll also learn how to get involved in the 2026 survey cycle. **GP Developing Case Studies Session** - 22nd Jan 2026, 12:00 –13:00 book here This session will help you consider effective ways of communicating and sharing the findings from your People Promise initiatives, and will cover: • Why good writing is important, and what makes good writing

• Tips on starting the conversation • Practical guidance on how you can offer support • Insights on how to refer to local services **Population Health Management & Health Equity Academy Training** Practical Approaches to Research - what you need to get started

Cohort 4: 10th & 15th December (9:30am – 12:30pm via Teams)

Cohort 5: 26th & 29th January 2026 (9:30am – 12:30pm via Teams)

Evaluation training (you will need to be able to attend both dates in each

Cohort 4: 11th December (11:00am - 12:30pm via Teams)

Session 2 - outcome measures: 14th January 2026 (3.00pm-4.00pm) Session 3 - artificial Intelligence: 28th January 2026 (11.00am-12.00pm) Session 4 - costing and modelling: 24th February 2026 (11.00am-12.00pm) This training is offered free at the point of delivery - please do make sure you have set time aside in your diary to fully commit to this learning opportunity. To book your place email valdev.chaggar@nhs.net

Social prescribing: neighbourhood health and children and young people

The Academy has also published a new resource about social prescribing for

Make Every Contact Count (MECC): Supporting Access to Vaccination and

Support people in accessing vaccination and screening services

children and young people's mental health. Find out how projects are being rolled

out across England – joining up primary care with schools and youth groups – and

• Help community groups feel more assured about accessing care Apply MECC principles in everyday practice Access support and resources to strengthen your work Join NHSEs Learning Sessions: Embedding the People Promise in General Practice **General Practice Staff Survey Learning Session**

This session offers a clear overview of the General Practice Staff Survey (GPSS) why it matters, how it supports the NHS People Promise, and how you can use the

• Build confidence in conversations about vaccines, screening, and healthcare

Group Coaching Circle – 4 weekly sessions for GPs - 14 Jan, 28 Jan, 11 Feb & 25 Feb 2026, all sessions 12:00 - 13:00 book here It is strongly encouraged to attend all four sessions as a portion of each session will be tailored to the attending individuals.

Please visit LMCs Events and Training page for current offers or see the links

 Recognize how bias manifests in workplace decisions and dynamics • Identify common types of biases and their impacts • Learn strategies to mitigate bias on both personal and systemic levels • Leave with a personal commitment to more inclusive behaviour Microaggressions - 23rd February 2026, 12:00 -13:00 book here

• Explore how subtle comments can cause harm and impact inclusion. • Understand that good intentions don't erase negative effects.

• Understand the connection between culture, identity, and belonging

• Explore how to navigate and communicate effectively across cultures

 Build strategies to foster psychological safety and mutual respect Recognize microaggressions and cultural dynamics in the workplace

Addressing Systemic Discrimination Development Sessions - 4th February, 9:00—13:30 @ Open Ealing, W5 2TD book here

• Learn the components of cultural competence: awareness, attitude, knowledge,

The sessions will: • Support Participants to be more aware of systemic discrimination • Help participants to explore how they might improve the healthcare experience outcomes for their patients • Explore the role that participants can play in taking action to reduce inequalities **Centre for Advancing Practice Masterclasses**

A masterclass series hosted by the Centre for Advancing Practice, designed to

support the continued growth and excellence of the advanced and consultant

experts to explore the latest developments in policy, practice, and professional

This 1 hour webinar provides healthcare professionals with an essential

introduction to the growing risk of technology-facilitated abuse (TFA). Designed

specifically for those working in healthcare, the session will explore how TFA can

present in clinical settings, including misuse of everyday technology, assistive

technology and the NHS app. Delivered by Refuge's specialist Technology

Leading workforce transformation and new ways of working

practice workforce. This series brings together national leaders and subject matter

- 5th February, 9:00—13:30 @ PCS 160 Falcon Road, SW11 2LN book here

Facilitated Abuse and Economic Empowerment team, this webinar will highlight the intersecting barriers faced by survivors from global majority backgrounds and survivors with disabilities. These insights will deepen clinicians understanding of how technology facilitated abuse impacts survivors of domestic abuse and their **Workforce Planning & Transformation Training**

Find out more about the training offered and apply here or view this flyer for information about the training available.