

NWL Training Hub

Newsletter

w/c 15th December 2025

News and Updates

Review and book all NWL Training Events:

nwltraininghub.co.uk/events/

Protected Learning Time Policy and Application Process

Protected Learning Time (PLT) is an opportunity for general practice teams (GPs, registered nurses, healthcare assistants, admin/reception staff and allied health professionals) to learn about new clinical developments and updates to national guidance in an environment that promotes patient care.

PLT events are also essential in promoting peer support, building relationships, keeping teams motivated as well as engaged in training and development.

[Find out more and view the policy in full here](#)

NWL & SWL Webinar: Non Site Specific (NSS) Pathway and Rapid Diagnostic Cancer Centres (RDCC)

- 28th January 2026, 13:00–14:00 [register here](#)

Dr Bina Modi—RMP GP Cancer Lead for Brent and Harrow and GP @ Rapid Diagnostic Centre, Northwick Park Hospital,
Dr Charlotte Powell Tucker— NSS RDCC Pathway Group Chair for RM Partners NWL and SWL, GP @ Rapid Diagnostic Cancer Clinic, Kingston Hospital/NHS Foundation Trust)

- Learn more about the NSS pathway and the role of the RDCCs
- Clarify Referral criteria and service tests
- Hear case studies to support best practice

- Ask questions on using the pathways in place

London region ‘Changes to the routine immunisation schedule’ webinar

- 18th December 2025 12:30 - 13:30 [Joining link](#) - [Click here to join the webinar](#)

This webinar is a follow up session to the UKHSA childhood schedule changes webinar on 3rd December. The webinar will recap the changes to be implemented from 1st January 2026 including the eligible cohorts for the MMRV vaccine. There will be an opportunity to post questions during the session.

This webinar is aimed at Practice Immunisation Leads, Practice Nurse and Practice Manager.

Further information on the introduction of MMRV vaccine is available in this resource - [MMRV vaccination: information for healthcare professionals](#) - GOV.UK

UKHSA webinar on upcoming changes to the routine childhood immunisation schedule: Recording and Resources

Recording: [The webinar recording is available on YouTube as an accessible version with subtitles.](#)

Slides: [The slides from the webinar can be accessed on the find public health resources website.](#)

[Useful resources can be found here](#)

ADHD Post-Diagnosis: ‘Best Practice Shared Care’

- 16th December, 13:00 – 14:00 [register here](#)

This meeting is funded and developed by Takeda UK Ltd and is for healthcare professionals only. Takeda products will be mentioned at this meeting.

ADHD-post diagnosis is training designed to support primary care professionals with the follow-up care of ADHD, covering key aspects such as why ADHD matters, shared care, and medication monitoring.

Make Every Contact Count (MECC): Supporting Access to Vaccination and Screening Webinar

- 16th December 2025 13:30– 15:00 [book here](#)

To coincide with the launch of a toolkit to support improving vaccination and screening uptake in underserved groups by Making Every Contact Count, the Vaccination and Screening Equalities Team are hosting a webinar to explore how this approach can help communities access vital health information and services. What you'll gain, practical approaches to:

- Support people in accessing vaccination and screening services
- Build confidence in conversations about vaccines, screening, and healthcare
- Help community groups feel more assured about accessing care
- Apply MECC principles in everyday practice
- Access support and resources to strengthen your work

Boosting Personal Effectiveness at Work

- 27th January, 12:30–13:15 [book here](#)

What you'll get from this session:

Personal Effectiveness can be achieved through taking time to self-reflect, work out our strengths and preferences and identify the steps we need to take to develop areas that will make us better at what we do. This short session will explore the topics of Emotional Intelligence, Communication Styles & Learning Styles, with the view to analyse what we can do to make a difference to our effectiveness at work.

THIS WEEK

- **Make Every Contact Count (MECC): Supporting Access to Vaccination and Screening Webinar** - 16th December 2025 13:30– 15:00 [book here](#)

- **Social prescribing: neighbourhood health and children and young people** - 16th December, 11:00—13:00 [sign up](#)

- **Evaluation webinars Session 1 - logic models** - 18th December, 11:00-12:00 To book your place email valdev.chaggargar@nhs.net

- **London region ‘Changes to the routine immunisation schedule’ webinar** - 18 December 2025 12:30 - 13:30 [Joining link](#) - [Click here to join the webinar](#)

- **IPC refresher training for GP practices** - 17th December from 13:00 [book here](#)

NWL TH Training

NWL Training Hub Webinars

Safeguarding Webinar Series

Young people families & Drugs

- 28th January 2026, 13:00—14:00 [book here](#) [spaces available](#)

FGM & breast flattening

- 5th February 2026, 13:00—14:00 [book here](#) [spaces available](#)

Harm Reduction Drugs & Alcohol- must attend first session prior to attending 2nd session

- part 1) 12th March 2026, 13:00—14:00 [book here](#) [spaces available](#)

- part 2) 25th March 2026, 13:00—14:00 [book here](#) [spaces available](#)

NWL Women's Forum

Topics to be confirmed

- 16th January 13:00—14:00 [book here](#) [spaces available](#)

- 13th March 13:00—14:00 [book here](#) [spaces available](#)

For queries about our NWL Training Hub webinars please contact nwl.traininghub@nhs.net

SSSA Training

SSSA - Foundation training 2 -Day course

- 12th January and 9th February, 9:30—16:00 [book here](#) [fully booked](#)

This is a 2 day online SSSA Foundation training for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who are interested in supporting learners in practice.

Enhanced Services and CPD

If all dates are [fully booked](#) for a training please join the waitlist, this allows us to know when there is sufficient demand for us to book new dates.

New to Anticoagulation Training

- 18th February 2026, 9:30—12:30 [book here](#) [limited spaces](#)

- 18th February 2026, 14:00—17:00 [book here](#) [spaces available](#)

This training is for staff new to anticoagulation monitoring (Nurses, Nursing Associates, Health Care Support Workers, Pharmacists, and GPs). It covers:

- **Warfarin:** Do's and don'ts, INR management (normal ranges, high/low INR), using INR machines and INRstar, levels of responsibility, and patient education.
- **DOACs:** Do's and don'ts, initiation, monitoring, patient education, and dose reduction per guidelines.

Anticoagulation Update Training

- 16th March 2026, 13:00—16:00 [book here](#) [spaces available](#)

This training provides an update for staff involved in anticoagulation monitoring (Nurses, Nursing Associates, Health Care Support Workers, Pharmacists, and GPs). It is intended for those with prior experience who need a refresher. Topics include:

- **Warfarin:** Do's and don'ts of INR management, normal ranges, actions for high/low INR, LMWH use (when, why), and patient education.
- **DOACs:** Do's and don'ts, initiation, monitoring, patient education, and dose reduction per guidelines.

Performing ECG Training

- 3rd February 2026, 9:15—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN [limited spaces](#)

- 17th June 2026, 9:15—16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [spaces available](#)

This training if for HCAs. GPs, pharmacists, nurses can attend if they require this training

ECG Interpretation Foundation -a face to face session for GPs & ACPs.

- 6th March 2026, 9:00—16:00 [book here](#) @ Harrow Baptist Church, HA1 1BA [spaces available](#)

- 27th Nov 2026, 9:00—16:00 [book here](#) @ Harrow Baptist Church, HA1 1BA [spaces available](#)

This is for GPs and ACPs who haven't already attended the interpreting ECG Course.

Refresher Interpreting ECG course

- 27th March 2026, 12:30—14:00 [book here](#) [spaces available](#)

- 18th September 2026, 12:30—14:00 [book here](#) [spaces available](#)

The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs.

This course is for GPs and ACPs who have already attended the interpreting ECG Course

Adult Phlebotomy

- 5th February 2026, 9:15 – 16:30 [book here](#) @ Hanwell Health Centre, W7 1DR [fully booked](#)

- 29th April 2026, 9:15 – 16:30 [book here](#) @ Dawes Road Hub, SW6 7EN [spaces available](#)

- 18th June 2026, 9:15 – 16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [spaces available](#)

- 4th August 2026, 9:15 – 16:30 [book here](#) @ Dawes Road Hub, SW6 7EN [spaces available](#)

- 7th October 2026, 9:15 – 16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [spaces available](#)

- 3rd December 2026, 9:15 – 16:30 [book here](#) @ Dawes Road Hub, SW6 7EN [spaces available](#)

This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

Paediatric Phlebotomy

- 13th January 2026, 9:00—14:00 @ Cuckoo Lane Surgery, W7 1DR [apply here](#) [fully booked](#)

- 20th May 2026, 9:00—14:00 @ Cuckoo Lane Surgery, W7 1DR [apply here](#) [spaces available](#)

You must attend the training day and assessment day to finalise course the assessment date for each of the above training cohorts can be found on the Medtribe page for each cohort.

This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care Certificate. Full eligibility criteria can be found at the above booking link.

The aim of this course is to provide the underpinning knowledge and basic skills to safely perform phlebotomy on babies and children from 2 years, and identify the underlying issues in paediatric Phlebotomy. e.g. consent, restraint, distraction and environment.

Diabetes Foot Care

- 28th Jan 2026, 9:15—16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [limited spaces](#)

- 3rd June 2026, 9:15—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN [spaces available](#)

The course is for experienced HCSWs who will be assisting with diabetes reviews

1 day Diabetes Foundation Course for non-registered practitioners

- 16th March 2026 8:50—16:00 [book here](#) [limited spaces](#)

This course focuses on preparing non-registered practitioners to get involved in both the prediabetes and diabetes pathways. They will gain an understanding of the care pathways for people with prediabetes and type 2 diabetes, the screening tasks involved and key lifestyle messages to help support people achieve their individual goals. You can also attend the course if you are non-registered practitioner who requires diabetes update.

Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.

GPs – please be sure to provide a summary of your diabetes related work undertaken. [Express your interest here](#)

Wound Care Training

- 18th March 2026 9:15—16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [fully booked](#)

- 9th July 2026 9:15—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN [spaces available](#)

This training is for HCSWs/HCAs who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

Advanced Wound Care Training for HCAs

- 4th March 2026 9:15—16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [fully booked](#)

- 5th August 2026 9:15—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN [spaces available](#)

This session is aimed at HCAs who have some basic knowledge and experience of wound care and wish to extend their skills to be able to perform suture and staple removal and take a swab correctly.

Ring Pessary Foundation course

- 19th March 2026 9:00—12:00 [book here](#) @ Dawes Road Hub, SW6 7EN [limited spaces](#)

- 19th March 2026 13:00—16:00 [book here](#) @ Dawes Road Hub, SW6 7EN [limited spaces](#)

- 8th October 2026 9:00—12:00 [book here](#) @ Dawes Road Hub, SW6 7EN [spaces available](#)

- 8th October 2026 13:00—16:00 [book here](#) @ Dawes Road Hub, SW6 7EN [spaces available](#)

This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

Ring Pessary Update

- 16th May 2026, 9:00—12:00 [book here](#)

This training is an update - for those who already finalised their Ring Pessary training

Autism, Dyslexia ADHD education workshops FOR NURSES

ADHD education workshop - 18th February, 9:30—12:30 [book here](#) [spaces available](#)

Dyslexia education workshop - 8th April, 13:00—16:00 [book here](#) [spaces available](#)

ARRS Training Offers

Obesity – A Long-Term Condition, Focusing On People Who Are Using Weight Loss Injections

- 26th February 2026, 9:30—16:00 [book here](#) [spaces available](#)

The course will look to cover:

- Understand the importance of obesity and its impact on physical and emotional well being.
- Understand the role and impact of the weight loss jabs
- Gain an appreciation of the current national and NHS environment re weight loss jab management both the strengths and weaknesses.
- Experience a practical approach to having the difficult conversation when a patient does not receive the prescription they want.

Mental Health First Aid Training for personalised care roles

– 13th January & 20th January 2026, 9:00—17:00 [book here](#) @ The Irish Cultural Centre, W6 9DT [fully booked](#)

For social prescribers, health & wellbeing coaches & care coordinators. The course will cover:

- A deeper understanding of mental health and the factors that can affect people's wellbeing, practical skills to spot the triggers and signs of mental health issues and the confidence to step in and support someone to recover their health by guiding them to appropriate support

- Three years of access to the MHFAider Support App[®] with 24/7 digital support and access to exclusive resources, ongoing learning opportunities, and the benefit of joining England's largest community of trained MHFAiders.

Mental Health Skills for PCN and Practice Managers

– 16th January 2026, 9:00—13:00 [book here](#) @ The Irish Cultural Centre, W6 9DT [limited spaces](#)

– 22nd January 2026, 9:15—13:00 [book here](#) @ The Irish Cultural Centre, W6 9DT [fully booked](#)

Open to PCN & Practice Managers. By the end of this course, you will be able to:

- Describe mental health and the impact of stress on employees in the workplace.
- Identify if a team member may be experiencing poor mental health and confidently have open conversations about mental health at work.

- Respond empathetically to challenging situations related to mental health in the workplace and appropriately signpost your team members to available support.

- Describe what support and guidance is available for yourself and your employees and how to access it.

ARRS 2 Day Foundation Health Coaching Course

Building on previous work the past 3 years, the NW London Training Hub are working with provider Peak Health Coaching to provide the PCI approved core required 2-day health & role coaching programme for the new to role Social Prescribing Link workers and Care Co-Ordinators.

Due to requests for development, the 2-day Foundation Health Coaching course will now also be opened up to additional clinical roles - **Clinical Pharmacist, Dieticians, FC Physiotherapists, Physician Associate & Paramedics** to aid in these roles support of long-term condition management. *Please note this course will not be relevant for all of these roles, so please only apply if it is relevant to your daily practice due to funding limitations.*

The 4 Day Intermediate Health Coaching course required for Health & Wellbeing Coaches new to role, may still be available so please email directly to enquire about this.

To apply for a space please [complete the FOI form](#) or if you have any further questions around recruitment, please contact Jon Ord – NWL ARRS Programme Officer – jonathan.ord1@nhs.net.

Foundation Pitstop Diabetes 4-hour update course [New date now available](#)

- 13th January 2026 – 13:00—17:00 [book here](#) [limited spaces](#)

- 23rd February 2026 – 13:00—17:00 [book here](#) [spaces available](#)

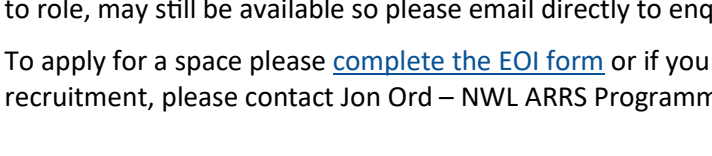
Open to any clinical staff including Pharmacists, Paramedics, Physician Associates, Pharmacy Technician, Practice Nurses, Nurse Associate, Dieticians, Podiatrists & Advanced Clinical Practitioners. This 4-hour programme has been developed to update healthcare professionals who deliver the essential primary care services for people with type 2 diabetes and non-diabetic hyperglycaemia. Suitable for healthcare professionals who have previously attended a foundation-level course and would value an update, and you will be emailed a resource pack, by the training provider, including a workbook, to use during the course.

Pitstop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Practice Nurses, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.

Staff who wish to attend must either [complete the FOI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Thank you from the NWL Training Hub Team



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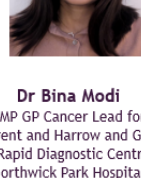
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NW and SW London Cancer Webinars 2025/26 [RM Partners](#) [NHS](#)

Focus on...**Non Site Specific (NSS) Pathway and Rapid Diagnostic Cancer Centres (RDCC)**



Dr Bina Modi
RMP GP Cancer Lead for
Brent and Harrow and GP
@ Rapid Diagnostic Centre,
Northwick Park Hospital

Wednesday 28th January 2026 ~ 1:00PM - 2:00PM

Join us for this interactive session to:

- Learn more about the NSS pathway and the role of the RDCCs

- Clarify referral criteria and service tests

- Hear case studies to support best practice

- Ask questions on using the pathways in place

[Click here to register](#)



Dr Charlotte Powell Tucker
NSS RDCC Pathway Group Chair for
RM Partners NWL and SWL, GP @ Rapid
Diagnostic Cancer Clinic, Kingston
Hospital (NHS Foundation Trust)