## **NW LONDON NWL Training Hub Newsletter** w/c 22<sup>nd</sup> December 2025 Follow us:

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Are you ARRS-funded?

Do you line manage or

colleagues?

If you answered YES to both of the above,

we have a new, exclusive NWL Peer

Support Network for you!

"NORMAL"

**PRODUCTIVITY** 

ADVICE FALLING

Do you want to feel calmer and get

supervise other ARRS-funded

SHAPES

**Protected Learning Time Policy and Application Process** Protected Learning Time (PLT) is an opportunity for general practice teams (GPs, registered nurses, healthcare assistants, admin/reception staff and allied health professionals) to learn about new clinical developments and updates to national guidance in an environment that promotes patient care.

This session will focus on career development, and feature a 60 minute development session followed by breakout rooms focussing on different career development case studies.

The NWL Training Hub newsletter will take a break next week and return on the 5th January. We wish those who celebrate a Merry Christmas and a Happy New Year to all!

Find out more and view the policy in full here

**News and Updates** 

nwltraininghub.co.uk/events/

**Review and book all NWL Training Events:** 

- Next session: 29<sup>th</sup> January, 10:30 - 12:30 register here

• Two hours every two months on MS Teams

The Shapes Toolkit Programme

Is Motivational Interviewing for me?

• Clear, practical MI skills you can use tomorrow

• Demonstrations, interaction and memorable examples • Techniques for face-to-face and telephone consultations • Better engagement, better outcomes, less burnout

• Lower limb examination skills and identifying red flags

ForKidneysSake podcast series

 Holds a valid NHS Standard Contract Offers services for the patient's age group

**MHLDA Programme Team** 

Find out more and book your place here.

short promo video here.

**Safeguarding Webinar Series** 

Curious about Climate – Free Online E-module

Right to Choose - Information for GPs

Types and styles of compression hosiery and how to measure accurately

awkward role play. What you'll get

Cohort 1: 3<sup>rd</sup> & 24<sup>th</sup> Feb, 13:30—17:00 book here

Cohort 2: 20<sup>th</sup> Feb & 6<sup>th</sup> Mar, 13:30—17:00 book here

Need a system that creates time rather than consuming it

What are they?

PLT events are also essential in promoting peer support, building relationships, keeping teams motivated as well as engaged in training and development.

**Cultural Competency Part 2: Reflethics** 

- 14<sup>th</sup> January, 13:00—14:00 book here This is an opportunity to join a facilitated on-line discussion of ethical dilemmas you have encountered in primary care that are to do with prejudice or injustice.

Please bring a case to discuss. Peer Support Network for ARRS-funded roles that manage or supervise others

 Open to all NWL colleagues who fit the above criteria • Includes funded development to help you be a more confident manager or leader, or to help your team work better together

Are you in an ARRS-funded role? Do you line manage or supervise other ARRS-funded colleagues?

If you answered yes to both above questions, this Peer Support Network is for you!

• A space to showcase your local initiatives to NWL peers around management, leadership or team development • Space to hear about relevant development for you in your role, or to help you develop your team

Upcoming sessions: - Thursday 29th January 2026 10.30-12.30

Development element delivered by Sally Vaughan, Director, NHS Elect - Leadership versus line management - what is the difference?

- Tuesday 24th March 2026 9.30-11.30

Development element delivered by Sarah-Jane Dale, Chief Operating Officer, Affina OD, Compassionate Teamworking - Tuesday 19th May 2026 14.00-16.00

You will need to book both sessions from the available dates drop down to attend both sessions.

This is for all primary care staff who.... Are tired of quick fixes that don't address root causes Want practical tools that work in the real world of clinical practice

• Are ready to make lasting changes, not just temporary improvements The Shapes Toolkit was created by Dr Rachel Morris, host of the You Are Not A Frog podcast. Rachel invites healthcare professionals to make a deliberate choice about how they will

live, work and lead their teams so that they can thrive in work AND life. This opportunity is open to all colleagues working in general practice across North West London. This is in two parts; you must book both a part 1 and a part 2 session individually.

Motivational Interviewing for Cardio-Renal Care—Live Online Interactive Study Day - 29th January, 9:00—16:00 book here other dates also available here

Booking Options: Attend as a full day or across two half-day sessions (AM/PM mix & match available). Book here

This training is for: GPs • Nurses • ARRS staff • Allied Health Professionals • Cardio-renal teams (clinical & non-clinical) If you spend your time telling people what they should / could / need to do — this is for you. This is a live, online, interactive training for the whole cardio-renal team — from non-clinical staff to senior clinicians. Practical focus. Real scenarios. No death-by-PowerPoint. No

 MI isn't flowery — it's smarter communication that saves your breath, your time and improves effectiveness. DaRe2THINK Webinar – Prof Derek Connolly – Lipid Therapy State of the Art - 20<sup>th</sup> January 13:00-13:30 book here

Everyone knows that cholesterol is a major risk factor for cardiovascular disease. 30 years ago the west of Scotland Cory prevention Study showed for the first time that primary prevention of cardiovascular disease by lowering cholesterol levels reduced major adverse cardiovascular events. However, lowering LDL cholesterol by many other ways is now possible and future therapies are coming. This talk will review the state of the art of lipids with a glimpse into the future.

This talk is part of a series hosted by the DaRe2THINK trial to provide information to allied healthcare professionals and general practice staff across the UK.

Early intervention in lower limb conditions for Pharmacists - 19<sup>th</sup> January, 14:00—16:00 book here or view flyer here Course content Identifying at risk patients and treating underlying venous disease and mild swelling with compression therapy Proactive use of mild compression therapy to stop deterioration in skin tears and lower limb wounds

relation to chronic kidney disease (CKD), with practical tips about the management of CKD. This podcast is created for healthcare professionals, with the aim to bridge gaps between primary and secondary care, while equipping clinicians with the latest knowledge and strategies to support patients living with kidney conditions. Each episode is around 20 minutes long.

This podcast series, developed by Imperial College Healthcare NHS Trust and the North West London ICB, focuses on education for primary care in

support titration of medication and ensure continuity of care and clinical safety. Right to Choose cannot be used for medication only services.

Places are very limited and will be allocated on a first come first served basis for eligible applicants. Applications will close on 16 January 2026.

broadly to both physical and mental health and includes ADHD and Autism assessments for children, young people and adults.

which may not be suitable for some patients e.g. those with additional communication and learning needs.

recommended that the GP checks the provider's website to confirm that they meet the following criteria:

clinical interventions from specialist NHS neurodevelopmental or mental health services.

The 'Sustainability Leadership for Greener Health and Care' programme

• Learn about the principles of healthcare sustainability, climate literacy, and social justice Get structured support to deliver your own sustainable quality improvement project

GPs are also advised to familiarise themselves with providers' prescribing and ongoing treatment arrangements prior to referral, recognising that acceptance of shared care remains at GP discretion and subject to local prescribing arrangements. The referral must be for a clinically appropriate service. If a patient's choice is deemed clinically unsuitable, this must be discussed with the patient and clearly documented in their medical record.

Where patients and families are seeking an ADHD assessment, they should be strongly encouraged to choose a provider that can deliver both assessment and ongoing treatment to

GPs should consider if an assessment under Right to Choose is in the best interest of patients with complex needs (e.g. co-occurring mental health) who are likely to need ongoing

Patients have a legal right to choose any clinically appropriate provider (NHS or independent sector) in England that holds an NHS contract for the service they need. This applies

The list of providers offering Autism and ADHD assessments under Right to Choose is constantly evolving and it is advisable for patients to check the waiting times as these may not always be shorter than local NHS provision due to a recent increase in demand. It is important for patients to note that some Right to Choose providers only offer online assessments

Right to Choose referrals for ADHD and Autism assessments must come from a GP. Referral forms vary and details can be found on the provider's website. Before referring, it is

UKHSA advice on consent for immunisations administered by Healthcare Support Workers Please see the below linked letters from UKHSA and the NWL Director of Nursing - Primary Care and Nurse Director for the NWL Training Hub, outlining the process for obtaining consent before Healthcare Support Workers administer immunisations. Advice on consent to immunisation and Reminder Consent Requirements and Legal Framework for Vaccination Services

Do you want to increase your awareness of the environmental impacts of health and care? Do you want to develop the skills required to lead a more sustainable service? The Sustainability Leadership for Greener Health and Care programme is designed to develop your leadership abilities, giving you the tools and knowledge to build a greener and more sustainable health system. Whether you're a new and aspiring leader who works across organisational boundaries or a leader who aspires to influence the net-zero agenda at board level - this programme is for you. The programme is free for public sector health and care staff, and requires no prior experience or knowledge in sustainability.

Find out more about the course and register your interest. Sustainability Courses for Nurses and Midwives The Centre for Sustainable Healthcare & Burdett Trust for Nursing are offering free sustainability in healthcare training for nurses and midwives. Using a tiered education model to suit nurses and midwives at all levels, courses are delivered via self-paced online learning, a half-day interactive webinar, and mentoring:

Curious about Climate is a new, free e-module commissioned by the London Anchor Institutions Network (LAIN). The course explores how climate change is affecting London, the key risks facing the city, and the practical actions organisations can take to cut emissions and build climate resilience. It is designed to support delivery of net zero ambitions. Watch the

To find out more or access the training, contact the LAIN team at anchors@london.gov.uk. THIS WEEK No training this week or the following week

**Expressions of Interest forms NWL TH Training** For some training we don't currently have training dates arranged, if this is training you **NWL Training Hub Webinars** 

when dates are arranged.

Survival Toolkit

**GP Resources** Webinar Recordings

View flyer here

**Evaluation webinars** 

Supported Return to Training

Podcast Learning Library **Primary Care Resources** 

Forms can all be found here Young people families & Drugs - 28<sup>th</sup> January 2026, 13:00—14:00 book here spaces available FGM & breast flattening Supervisor courses - 5<sup>th</sup> February 2026, 13:00—14:00 book here spaces available Harm Reduction Drugs & Alcohol- must attend first session prior to attending 2nd session

courses, if you would like to attend please complete the relevant application form. - part 2) 25<sup>th</sup> March 2026, 13:00—14:00 book here spaces available Multi-professional Supervisor Course Application form NWL & SWL Webinar: Non Site Specific (NSS) Pathway and Rapid Complete the application form to be added to the waitlist for any future cohorts **Diagnostic Cancer Centres (RDCC) GP Supervisor Course** <u>Application form</u> - 28<sup>th</sup> January 2026, 13:00 –14:00 register here spaces available

**NWL Women's Forum** Topics to be confirmed - 16<sup>th</sup> January 13:00—14:00 book here spaces available - 13<sup>th</sup> March 13:00—14:00 book here spaces available

• Learn more about the NSS pathway and the role of the RDCCs

Clarify Referral criteria and service tests

learners in practice.

guidelines.

guidelines.

available

**Paediatric Phlebotomy** 

**Diabetes Foot Care** 

**Advanced Diabetes Course** 

this advanced course.

**Wound Care Training** 

longer than a year can attend.

- 16<sup>th</sup> May 2026, 9:00 –12:00 <u>book here</u>

**Ring Pessary Update** 

fully booked

access it.

community of trained MHFAiders.

your interest here

**Performing ECG Training** 

**Refresher Interpreting ECG course** 

**Anticoagulation Update Training** 

 Hear case studies to support best practice Ask questions on using the pathways in place

- part 1) 12<sup>th</sup> March 2026, 13:00—14:00 book here spaces available

SSSA - Foundation training 2 -Day course - 12<sup>th</sup> January and 9<sup>th</sup> February, 9:30 –16:00 <u>book here</u> fully booked This is a 2 day online SSSA Foundation training for GPNs who have not completed any mentorship qualifications (e.g. ENB 998) in the past, and who are interested in supporting

there is sufficient demand for us to book new dates.

**New to Anticoagulation Training** - 18<sup>th</sup> February 2026, 9:30—12:30 book here limited spaces - 18<sup>th</sup> February 2026, 14:00—17:00 book here spaces available This training is for staff new to anticoagulation monitoring (Nurses, Nursing Associates, Health Care Support Workers, Pharmacists, and GPs). It covers:

Warfarin: Do's and don'ts, INR management (normal ranges, high/low INR), using INR

This training provides an update for staff involved in anticoagulation monitoring (Nurses,

• Warfarin: Do's and don'ts of INR management, normal ranges, actions for high/low INR,

DOACs: Do's and don'ts, initiation, monitoring, patient education, and dose reduction per

- 3<sup>rd</sup> February 2026, 9:15—16:30 <u>book here</u> @ Dawes Road Hub, SW6 7EN <mark>fully booked</mark>

- 6<sup>th</sup> March 2026, 9:00—16:00 book here @ Harrow Baptist Church, HA1 1BA spaces available

-27<sup>th</sup> Nov 2026, 9:00—16:00 <u>book here</u> @ Harrow Baptist Church, HA1 1BA spaces available

The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to

adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on

This is for GPs and ACPs who haven't already attended the interpreting ECG Course.

common scenarios that cause concern in primary care with a focus on red-flag ECGs.

This course is for GPs and ACPs who have already attended the interpreting ECG Course

- 4<sup>th</sup> August 2026, 9:15 – 16:30 book here @ Dawes Road Hub, SW6 7EN spaces available

- 3<sup>rd</sup> December 2026, 9:15 – 16:30 book here @ Dawes Road Hub, SW6 7EN spaces available

- 20<sup>th</sup> May 2026, 9:00—14:00 @ Cuckoo Lane Surgery, W7 1DR <u>apply here</u> limited spaces

each of the above training cohorts can be found on the Medtribe page for each cohort. This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care

The aim of this course is to provide the underpinning knowledge and basic skills to safely

- 28<sup>th</sup> Jan 2026, 9:15 –16:30 book here @ Harrow Baptist Church, HA1 1BA limited spaces

Certificate. Full eligibility criteria can be found at the above booking link.

paediatric Phlebotomy. e.g. consent, restraint, distraction and environment.

you are non-registered practitioner who requires diabetes update.

You must attend the training day and assessment day to finalise course the assessment date for

perform phlebotomy on babies and children from 2 years, and identify the underlying issues in

- 7<sup>th</sup> October 2026, 9:15 – 16:30 book here @ Harrow Baptist Church, HA1 1BA spaces

Nursing Associates, Health Care Support Workers, Pharmacists, and GPs). It is intended for those

• DOACs: Do's and don'ts, initiation, monitoring, patient education, and dose reduction per

machines and INRstar, levels of responsibility, and patient education.

- 16<sup>th</sup> March 2026, 13:00—16:00 book here spaces available

with prior experience who need a refresher. Topics include:

LMWH use (when, why), and patient education.

**Enhanced Services and CPD** 

If all dates are fully booked for a training please join the waitlist, this allows us to know when

For queries about our NWL Training Hub webinars please contact nwl.traininghub@nhs.net

**SSSA Training** 

- 17<sup>th</sup> June 2026, 9:15—16:30 book here @ Harrow Baptist Church, HA1 1BA spaces available This training if for HCAs. GPAs, pharmacists, nurses can attend if they require this training ECG Interpretation Foundation -a face to face session for GPs & ACPs.

- 27<sup>th</sup> March 2026, 12:30—14:00 book here spaces available

- 18<sup>th</sup> September 2026, 12:30—14:00 book here spaces available

**Adult Phlebotomy** - 5<sup>th</sup> February 2026, 9:15 – 16:30 book here @ Hanwell Health Centre, W7 1DR fully booked - 29<sup>th</sup> April 2026, 9:15 – 16:30 book here @ Dawes Road Hub, SW6 7EN spaces available - 18<sup>th</sup> June 2026, 9:15 – 16:30 book here @ Harrow Baptist Church, HA1 1BA spaces available

1 day Diabetes Foundation Course for non-registered practitioners - 16<sup>th</sup> March 2026 8:50—16:00 book here fully booked This course focuses on preparing non-registered practitioners to get involved in both the people with prediabetes and type 2 diabetes, the screening tasks involved and key lifestyle

messages to help support people achieve their individual goals. You can also attend the course if

For GPNs and Pharmacists – you must have attended the foundation course before attending

GPs – please be sure to provide a summary of your diabetes related work undertaken. Express

- 18<sup>th</sup> March 2026 9:15—16:30 <u>book here</u> @ Harrow Baptist Church, HA1 1BA <mark>fully booked</mark> - 9<sup>th</sup> July 2026 9:15—16:30 book here @ Dawes Road Hub, SW6 7EN spaces available

procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to

This training is for HCSWs/HCAs who will be expected to undertake simple wound care

This session is aimed at HCAs who have some basic knowledge and experience of would care and wish to extend their skills to be able to perform suture and staple removal and take a swab correctly. **Ring Pessary Foundation course** - 19th March 2026 9:00—12:00 book here @ Dawes Road Hub, SW6 7EN limited spaces - 19<sup>th</sup> March 2026 13:00—16:00 book here @ Dawes Road Hub, SW6 7EN limited spaces - 8<sup>th</sup> October 2026 9:00—12:00 book here @ Dawes Road Hub, SW6 7EN spaces available - 8<sup>th</sup> October 2026 13:00—16:00 book here @ Dawes Road Hub, SW6 7EN spaces available

This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for

This training is an update - for those who already finalised their Ring Pessary training

**ADHD education workshop** - 18<sup>th</sup> February, 9:30—12:30 book here spaces available

**Dyslexia education workshop** - 8<sup>th</sup> April, 13:00—16:00 book here spaces available

Autism, Dyslexia ADHD education workshops FOR NURSES

management both the strengths and weaknesses. • Experience a practical approach to having the difficult conversation when a patient does not receive the prescription they want. Mental Health First Aid Training for personalised care roles

– 13<sup>th</sup> January & 20<sup>th</sup> January 2026, 9:00—17:00 <u>book here</u> @ The Irish Cultural Centre, W6 9DT

For social prescribers, health & wellbeing coaches & care coordinators. The course will cover:

A deeper understanding of mental health and the factors that can affect people's wellbeing,

practical skills to spot the triggers and signs of mental health issues and the confidence to step

ulletThree years of access to the MHFAider Support App $^{ullet}$  with 24/7 digital support and access to

exclusive resources, ongoing learning opportunities, and the benefit of joining England's largest

in and support someone to recover their health by guiding them to appropriate support

• Describe mental health and the impact of stress on employees in the workplace. open conversations about mental health at work. Respond empathetically to challenging situations related to mental health in the workplace

Describe what support and guidance is available for yourself and your employees and how to

and appropriately signpost your team members to available support.

**ARRS 2 Day Foundation Health Coaching Course** 

Pitstop Foundation Level Diabetes Course

Role, GP Practice, PCN, Borough, Employer.

Thank you from the NWL Training Hub Team

Education \* Training \* Workforce

Practitioners.

opened up to additional clinical roles - Clinical Pharmacist, Dieticians, FC Physiotherapists, Physician Associate & Paramedics to aid in these roles support of long-term condition apply if it is relevant to your daily practice due to funding limitations. The 4 Day Intermediate Health Coaching course required for Health & Wellbeing Coaches new

coaching programme for the new to role Social Prescribing Link workers and Care Co-Ordinators. Due to requests for development, the 2-day Foundation Health Coaching course will now also be management. Please note this course will not be relevant for all of these roles, so please only

Building on previous work the past 3 years, the NW London Training Hub are working with

to role, may still be available so please email directly to enquire about this. To apply for a space please complete the EOI form or if you have any further questions around recruitment, please contact Jon Ord - NWL ARRS Programme Officer - jonathan.ord1@nhs.net. Foundation Pitstop Diabetes 4-hour update course - 13<sup>th</sup> January 2026 – 13:00—17:00 book here fully booked - 23<sup>rd</sup> February 2026 – 13:00—17:00 book here limited spaces

**NW LONDON** 

This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms. - 28<sup>th</sup> January 2026, 9:00—14:00 @ Cuckoo Lane Surgery, W7 1DR <u>apply here</u> f<mark>ully booked</mark>

- 3<sup>rd</sup> June 2026, 9:15 –16:30 book here @ Dawes Road Hub, SW6 7EN spaces available The course is for experienced HCSWs who will be assisting with diabetes reviews prediabetes and diabetes pathways. They will gain an understanding of the care pathways for

practice nurses can attend **Advanced Wound Care Training for HCAs** - 4<sup>th</sup> March 2026 9:15—16:30 book here @ Harrow Baptist Church, HA1 1BA fully booked - 5<sup>th</sup> August 2026 9:15—16:30 book here @ Dawes Road Hub, SW6 7EN spaces available

**ARRS Training Offers** Obesity - A Long-Term Condition, Focusing On People Who Are Using Weight Loss Injections - 26<sup>th</sup> February 2026, 9:30—16:00 book here spaces available The course will look to cover: Understand the importance of obesity and its impact on physical and emotional well being. •Understand the role and impact of the weight loss jabs.

Gain an appreciation of the current national and NHS environment re weight loss jab

Mental Health Skills for PCN and Practice Managers - 16<sup>th</sup> January 2026, 9:00—13:00 book here @ The Irish Cultural Centre, W6 9DT fully booked - 22<sup>nd</sup> January 2026, 9:00—13:00 book here @ The Irish Cultural Centre, W6 9DT fully booked Open to PCN & Practice Managers. By the end of this course, you will be able to: Identify if a team member may be experiencing poor mental health and confidently have

provider Peak Health Coaching to provide the PCI approved core required 2-day health & role

Open to any clinical staff including Pharmacists, Paramedics, Physician Associates, Pharmacy Technician, Practice Nurses, Nurse Associate, Dieticians, Podiatrists & Advanced Clinical Practitioners. This 4-hour programme has been developed to update healthcare professionals who deliver the essential primary care services for people with type 2 diabetes and non-diabetic hyperglycaemia. Suitable for healthcare professionals who have previously attended a foundation-level course and would value an update, and you will be emailed a resource pack, by the training provider, including a workbook, to use during the course.

Staff who wish to attend must either complete the Eol or email Jon Ord with your: Name, Email,

This course is now open to any ARRS clinical staff including Pharmacists, Practice Nurses, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical

 how economic approaches can help reduce health inequalities • how to understand the costs and impact of services

 Cohort 1: 12th & 17th February (9.30am – 1.00pm via Teams) Cohort 2: 12th & 18th March (9.30am – 1.00pm via Teams)

This session will help you consider effective ways of communicating and sharing the findings from your People Promise initiatives, and will cover: • Why good writing is important, and what makes good writing • Structuring your report Content and narrative • Top tips for writing effective reports What makes a high-quality case study/case story

What you'll get from this session: Personal Effectiveness can be achieved through taking time to self-reflect, work out our strengths and preferences and identify the steps we need to take to develop areas that will make us better at what we do. This short session will explore the topics of Emotional Intelligence, Communication Styles & Learning Styles, with the view to analyse what we can do to make a difference to our effectiveness at work.

**Cultural Competence** - 20<sup>th</sup> March 2026, 12:00 -13:00 book here and skills

• Learn more about the NSS pathway and the role of the RDCCs

Ask questions on using the pathways in place

**Addressing Systemic Discrimination Development Sessions** 

- 4<sup>th</sup> February, 9:00—13:30 @ Open Ealing, W5 2TD book here

• Clarify Referral criteria and service tests

The sessions will:

• Hear case studies to support best practice

• Help participants to explore how they might improve the healthcare experience outcomes for their patients Explore the role that participants can play in taking action to reduce inequalities **Centre for Advancing Practice Masterclasses** A masterclass series hosted by the Centre for Advancing Practice, designed to support the continued growth and excellence of the advanced and consultant

• Support Participants to be more aware of systemic discrimination

- 5<sup>th</sup> February, 9:00—13:30 @ PCS 160 Falcon Road, SW11 2LN book here

specifically for those working in healthcare, the session will explore how TFA can present in clinical settings, including misuse of everyday technology, assistive technology and the NHS app. Delivered by Refuge's specialist Technology Facilitated Abuse and Economic Empowerment team, this webinar will highlight the intersecting barriers faced by survivors from global majority backgrounds and survivors with disabilities. These insights will deepen clinicians understanding of how technology facilitated abuse impacts survivors of domestic abuse and their

introduction to the growing risk of technology-facilitated abuse (TFA). Designed

Training includes; • Workforce Intelligence Portal (WIP) Training • Demystifying Workforce Planning and Transformation Webinar • Integrated Workforce Planning and Transformation Masterclass Programme

Other Training & Events - not run by NWL Training Hub IPC refresher training for GP practices - last Wednesday of each month until March 2026, from 13:00 book here (December training will be on the 17<sup>th</sup> Dec) Suitable for all staff working in London ICBs General Practice. training is via MS

would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor

Complete the application form to be added to the waitlist for the next cohorts.

Pharmacy Educational Supervisor Training programme – available via eLFH

Population Health Management & Health Equity Academy Training

- Cohort 5: 26<sup>th</sup> & 29<sup>th</sup> January 2026 (9:30am – 12:30pm via Teams)

Session 2 - outcome measures: 28th January (11.00am-12.00pm)

Session 4 - costing and modelling: 10th March (3.00pm-4.00pm)

- Session 3 - artificial Intelligence: 24th February (11.00am-12.00pm)

applying, and embedding cultural competence across a wide range of

emerging technologies supporting impactful evaluation:

**Introduction to Cultural Competence** 

- Session 1 - logic models: 14th January (3.00pm-4.00pm)

fostering more inclusive and responsive ways of working.

- Cohort 1: 30th January (1.00pm-5.00pm via Teams)

Cohort 2: 12th February (1.00pm-5.00pm via Teams)

- Cohort 3: 27th February (9.00am-1.00pm via Teams)

Cohort 4: 6th March (1.00pm-5.00pm via Teams)

Foundation Health Economics & Value-based care

health and social care. Participants will learn:

your place email valdev.chaggar@nhs.net

**General Practice Staff Survey Learning Session** 

Evaluation training (you will need to attend both dates in each cohort)

This is a new series of 4 x 60 minute webinars designed to compliment the above

Evaluation training, with each session focusing on one of the core elements or

This foundation level training focuses on practical approaches to understanding,

collaboratively planned activities and interventions in NW London. It will also

explore how to challenge traditional models of service planning and delivery by

This two-part training provides a practical introduction to the role of economics in

This training is offered free at the point of delivery - please do make sure you have

Join NHSEs Learning Sessions: Embedding the People Promise in General Practice

set time aside in your diary to fully commit to this learning opportunity. To book

**Useful links and Resources** 

<u>Greener NHS – Resources for a more sustainable NHS</u>

Knowledge and Library Resources for GP and Practice Teams

 what "economic value" means in a health and social care system • what "value" means in terms of patient outcomes and population health • how to show the benefits of changes to services

- 14<sup>th</sup> Jan 2026, 12:00 –13:00 <u>book here</u> This session offers a clear overview of the General Practice Staff Survey (GPSS) why it matters, how it supports the NHS People Promise, and how you can use the results to improve staff experience. You'll also learn how to get involved in the 2026 survey cycle. **GP Developing Case Studies Session** - 22<sup>nd</sup> Jan 2026, 12:00 –13:00 book here

 Case study development questions and approaches Examples of different types of case study and case story Getting started with your case study/case story Londonwide LMC wellbeing courses and coaching circles Please visit LMCs Events and Training page for current offers or see the links below for wellbeing webinars and coaching circles.

- 14 Jan, 28 Jan, 11 Feb & 25 Feb 2026, all sessions 12:00 - 13:00 book here It is strongly encouraged to attend all four sessions as a portion of each session

Group Coaching Circle – 4 weekly sessions for GPs

will be tailored to the attending individuals.

**Boosting Personal Effectiveness at Work** 

- 27<sup>th</sup> January, 12:30–13:15 <u>book here</u>

Microaggressions

**Unconscious Bias, Microaggressions & Cultural Competence Training Unconscious Bias** - 27<sup>th</sup> January 2026, 12:00 -13:00 book here • Understand what unconscious bias is and why it exists • Recognize how bias manifests in workplace decisions and dynamics • Identify common types of biases and their impacts

Learn strategies to mitigate bias on both personal and systemic levels

• Leave with a personal commitment to more inclusive behaviour

• Build strategies to foster psychological safety and mutual respect • Recognize microaggressions and cultural dynamics in the workplace

practice workforce. This series brings together national leaders and subject matter experts to explore the latest developments in policy, practice, and professional development. Consultant Practice Unpacked: Progress, Purpose, and Possibilities - date and time tbc, registration open soon

This 1 hour webinar provides healthcare professionals with an essential

children.

• Workforce Planning and Transformation Fundamentals Workshop • Fasterclass, a simulated Workforce and Transformation course Find out more about the training offered and apply here or view this flyer for

- 23<sup>rd</sup> February 2026, 12:00 -13:00 book here • Explore how subtle comments can cause harm and impact inclusion. • Understand that good intentions don't erase negative effects. • How to use empathy and curiosity, not shame. • The importance of speaking up, listening deeply, and committing to ongoing learning. • Understand the connection between culture, identity, and belonging • Learn the components of cultural competence: awareness, attitude, knowledge,

• Explore how to navigate and communicate effectively across cultures NWL & SWL Webinar: Non Site Specific (NSS) Pathway and Rapid Diagnostic Cancer Centres (RDCC) - 28<sup>th</sup> January 2026, 13:00 –14:00 register here

Digital Control in Clinical Spaces: Improving Responses to Tech Abuse - 9<sup>th</sup> April 10:00—11:30 <u>book here</u>

**Workforce Planning & Transformation Training** This training aims to support local systems as we work together to deliver the vision of the NHS People Plan. It focuses on building capacity and capability in Workforce Planning and Transformation. It will help to prepare workforce and service leads to deliver two ICS outcome-based People Functions;

Leading coordinated workforce planning using analysis and intelligence

Leading workforce transformation and new ways of working

information about the training available.