

Recovery Interventions Service Ealing



RISE is an integrated end-to-end treatment and recovery service which offers a wide range of pharmacological and psychosocial interventions to Ealing residents 18 years and over.

RISE is a consortium, led by [CGL](#), and includes Central and North West London NHS Trust (CNWL), and service user-led organisation Build on Belief (BoB).

East Core Recovery Team
West Core Recovery Team
Clinical Team
Addictions Care Team (Hospital)
Criminal Justice Team
Groups Team
BOB Social Club and Online Groups
Women's Wellness Zone
Rough Sleepers Drug and Alcohol Team
Chemsex and Community Pharmacy Team
Dual Diagnosis Team
Primary Care Assessment Team
GP Shared Care Team
Family and Carers Team
Young Adult Transition Team
Family and Parenting Team



Referrals:

1. Individuals must be 18 or over
2. Individuals must reside in the Borough of Ealing
3. Currently using illicit substances and/or alcohol
4. Give consent for Referral

<https://www.changegrowlive.org/rise-ealing/referrals>

RISE Interventions:

Treatment is a combination of pharmacological and psychosocial which focuses on building Recovery Capital to support behavioural change.
RISE delivers treatment/interventions across a range of community and healthcare venues.

If you would like to get in touch, please call

[02085674772](tel:02085674772) or email us at:

Ealingrise@cgl.org.uk

Treatment can include:

- Regular one-to-one Psychosocial Intervention and Recovery Planning sessions.
- Health assessments and Medical Reviews.
- In-Person Recovery Support drop-in service.
- Fibroscan
- Phlebotomy
- BBV testing (HIV, Hep B & Hep C) and Hep B vaccination
- Needle Exchange Services
- Naloxone Kit issuance (used to reverse the effects of opioid overdose)
- Opioid Treatment: Harm min advice and info, substitute prescribing (titration, stabilisation, detoxification)
- Alcohol treatment: Medical assessments, staged reduction goals, detox plans, abstinent aiding medication.
- BOB recovery coaching and support 7-days a week



Designated Safeguarding Team Lead - Veronica Simpson

Leading safeguarding practices, particularly in the context of vulnerabilities associated with substance misuse.

Risk Assessment & Case Management

Oversee and support the identification of safeguarding risks, including:

Hidden Harm due to others substance misuse.

Exploitation (e.g. county lines, sexual exploitation)

Domestic abuse where substances are a contributing factor.

Mental health and substance misuse.

Self-neglect or neglect by others due to substance use.

Coordinate multi-agency responses and referrals to social care, police, health or MARAC. (Multi-Agency Risk Assessment Conference)

Chair or contribute to safeguarding case reviews and strategy meetings.

Act as the primary point of contact for safeguarding concerns within Ealing Rise, however managers and team leaders equally hold this responsibility within the service.

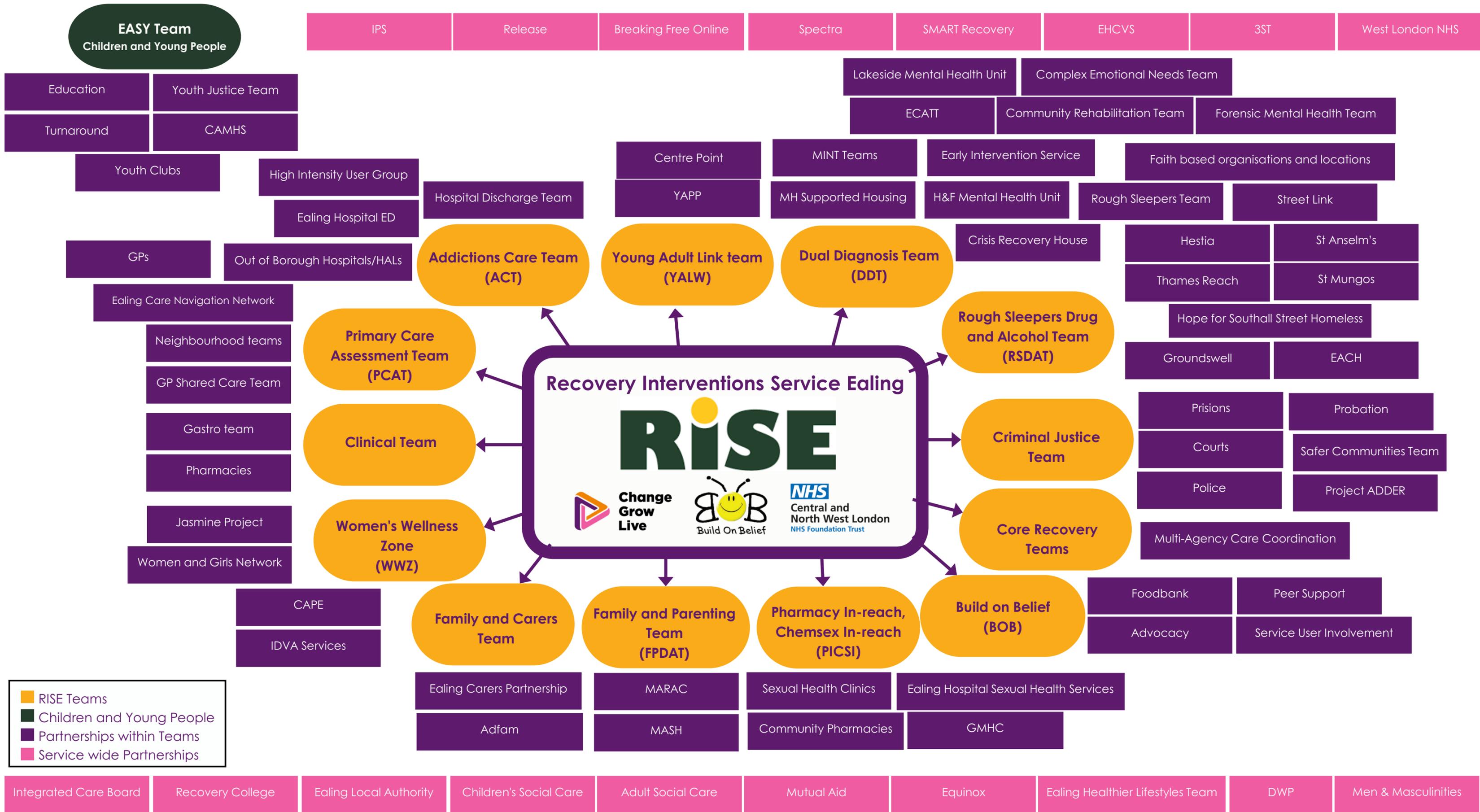
Lead on the development, implementation, and review of safeguarding policies and procedures.

Ensure compliance with local safeguarding boards, statutory guidance (e.g. Working Together to Safeguard Children, Care Act 2014), and sector-specific regulations.

Client-Centred Advocacy

Ensure safeguarding interventions are person-centred, respecting the autonomy and dignity of individuals affected by substance misuse.

Advocate for clients' rights and access to support, especially where safeguarding has been identified.



■ RISE Teams
■ Children and Young People
■ Partnerships within Teams
■ Service wide Partnerships



EASY Project
Ealing

We are a free and confidential service for young people aged 5 – 18 years old. We are here to talk, listen and advise. We are not here to judge, make you stop, or tell you what to do. We want to help you, to make your drug or alcohol use a bit safer and give you the facts.

Our service is for any child or young person in Ealing who is thinking about taking drugs, is already using drugs, or is affected by someone else using drugs and alcohol.

You don't have to be addicted to substances, and you don't have to be ready to give up using drugs or alcohol to talk to us to access our support and advice. We can work with you at school, visit you in your local community, walk and talk or offer support by phone.

EASY referrals:

You can refer online:

<https://www.changegrowlive.org/service/ealing-easy-project/referrals>

Email us:

easy.project@cgl.org.uk

EASY Project
Ealing

WHO ARE THE EASY PROJECT?

We are a free and confidential service for young people aged 5 – 18 years old.

Our service is for any child or young person in Ealing who is thinking about taking drugs, is already using drugs, or affected by someone else using drugs and alcohol.

You can refer someone using the referral form on our website below.

GET IN TOUCH TO FIND OUT MORE:
T: 07500962285
E: EASY.PROJECT@CGL.ORG.UK
W: WWW.CHANGEGROWLIVE.ORG/SERVICE/EALING-EASY-PROJECT

Change Grow Live Registered Charity Number 1078222 (England and Wales) and 10013661 (Scotland). Company Registration Number 5862708 (England and Wales).

Supporting a child or young person can be challenging and it's not always clear where you can go for help.

Harrow

Support is provided
by V-I-A

Phone:

0300 303 2868

Email:

harrow@viaorg.uk

v-i-a

Hounslow

Support is provided by ARC

Phone: [01895 488675](tel:01895488675)

Email: cnw-tr.archounslow@nhs.net

ARC Hounslow

Local Services

Hillingdon

Support is provided
by ARCH (V-I-A)

Phone:

0203 838 7850

Email:

arch.hillingdon@nhs.net

[et](mailto:arch.hillingdon@nhs.net)

v-i-a

Hammersmith and Fulham

Support is provided by DAWS

Phone:

0208 746 0303



Breaking Free Online is an evidence-based digital behaviour change program that allows people to recognise and actively address the psychological and lifestyle issues that are driving their use of alcohol and/or drugs, so helping to support their recovery. Based on Cognitive-Behavioural Therapy, mindfulness and other proven therapeutic approaches, the program gives people a comprehensive toolkit of resources, positive coping strategies and proven behaviour change techniques to support their long-term recovery.

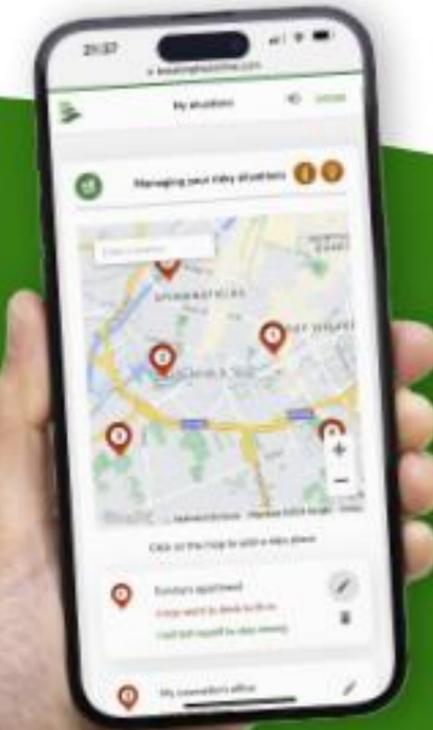
Use our code: **Ealing11** to access **Breaking Free Online**



[How Breaking Free can help you](#)



Breaking Free is a CONFIDENTIAL online program that can support you to cut down your drinking or substance use, or to quit for good!



Gives you 24/7 access to personalised Cognitive Behavioural Therapy

Equips you with coping skills that are proven to be effective

Helps you manage high-risk situations

Supports you at every stage of your recovery journey

Go to: breakingfreeonline.com and click on SIGN UP
Then use this Access Code to create your account:

Ealing11



If you have an Android phone or iPhone, download the free Companion app too
Search for: **'Breaking Free Companion UK'**

