

Hammersmith & Fulham Cardio-Renal-Metabolic (CRM) Project

11 February 12:30-15:00, ARC West London W6 9RH

Registration Deadline this Friday 30th Jan

Why This Matters

Cardiovascular, renal, and metabolic conditions are deeply interconnected.

Up to 30–40% of adults are affected by obesity, hypertension, diabetes, or CKD.

Our goal: prevention rather than cure: reducing future dialysis needs and improving quality of life. It is also an opportunity to prepare for the impending CRM contract – details TBD.

What's Coming

- Early identification & management of metabolic syndrome components
- Extended consultations
- Evidence-based templates aligned with SystmOne and Emis
- Personalised care plans focusing on diet, activity, sleep, and social factors
- Data-driven monitoring with CKD dashboards and monthly reports

WHY CRM?

Aimed towards any clinicians who will undertake reviews inc. **GPs, pharmacists, nurses**

Why Attend?

- Learn how to implement the CRM model in your practice
- Collaborate with peers across the borough
- Help shape a future where prevention is the priority

Practices that send representatives to *all three events* in the series will receive a financial incentive of £1,000 per practice. 11th Feb, 18th March, 15th April.

Call to Action

Plan now to send at least **one GP** to the **11 Feb session 12:30–15:00 ARC, W6 9RH**.

Ensure your practice is ready for the contract rollout and eligible for incentives.

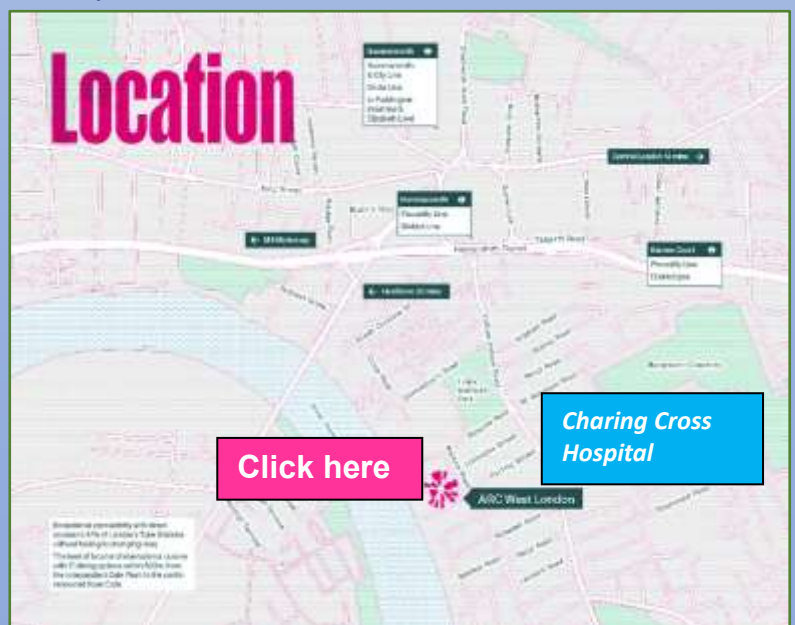
Together, we can delay disease progression and improve lives across H&F.

Register now to secure your space:
[Medtribe booking for 11th Feb](#)

18 March:How to deliver CRM care
time and venue TBD- **save the date**

Aimed towards those delivering the care plan
inc. Allied Health Professionals, Pharmacists,
Health Coaches, Social Prescribers, Dieticians

15 April:Problem solving
time and venue TBD-**save the date**
Troubleshooting your issues
in implementing the CRM model
Open to all involved in care:
a forum to resolve your problems



Notices

Right to Choose - Information for GPs

Patients have a legal right to choose any clinically appropriate provider (NHS or independent sector) in England that holds an NHS contract for the service they need. This applies broadly to both physical and mental health and includes ADHD and Autism assessments for children, young people and adults.

The list of providers offering Autism and ADHD assessments under Right to Choose is constantly evolving and it is advisable for patients to check the waiting times as these may not always be shorter than local NHS provision due to a recent increase in demand. It is important for patients to note that some Right to Choose providers only offer online assessments which may not be suitable for some patients e.g. those with additional communication and learning needs.

Right to Choose referrals for ADHD and Autism assessments must come from a GP. Referral forms vary and details can be found on the provider's website. Before referring, it is recommended that the GP checks the provider's website to confirm that they meet the following criteria:

- Holds a valid NHS Standard Contract
- Offers services for the patient's age group

GPs are also advised to familiarise themselves with providers' prescribing and ongoing treatment arrangements prior to referral, recognising that acceptance of shared care remains at GP discretion and subject to local prescribing arrangements.

The referral must be for a clinically appropriate service. If a patient's choice is deemed clinically unsuitable, this must be discussed with the patient and clearly documented in their medical record.

Where patients and families are seeking an ADHD assessment, they should be strongly encouraged to choose a provider that can deliver both assessment and ongoing treatment to support titration of medication and ensure continuity of care and clinical safety. Right to Choose cannot be used for medication only services.

GPs should consider if an assessment under Right to Choose is in the best interest of patients with complex needs (e.g. co-occurring mental health) who are likely to need ongoing clinical interventions from specialist NHS neurodevelopmental or mental health services.

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Upcoming Training Events – Register now



New Contraception Training: clinical Pharmacists

2 day course: 2nd & 9th March 09:30-17:00

Both days must be attended online

An introduction to contraceptive counselling & management within General Practice to improve understanding of the safe counselling and administration of the different contraception

methods offered; enabling practitioners to understand the most used contraception.

Book your place on Medtribe here: [Contraception Training For Pharmacists](#)

Introduction to Cultural Competence

For staff who work directly with residents and members of the public, this foundation level training focuses on practical approaches to understanding, applying, and embedding cultural competence across a wide range of planned activities and interventions in NW London. It will also explore how to challenge traditional models of service planning and delivery by fostering inclusive and responsive ways of working.



- Cohort 1: 30th Jan 13.00-17.00 via Teams
- Cohort 2: 12th Feb 13.00-17.00 via Teams
- Cohort 3: 27th Feb 9.00-13.00 via Teams
- Cohort 4: 6th March 13.00-17.00 via Team

This training is c/o PHM Training from the NWL ICS.

To register for this trainings please contact directly on valdev.chaggar@nhs.net to register



Talking Therapies Staff Remit Training

New Date 5th March 15:00-16:30

ICC Hammersmith Broadway

Common Mental Health Difficulties;

How to recognise these difficulties;

Depression & Anxiety Measures and what these scores indicate;

How Talking Therapies help;

How to refer onto Talking Therapies.

NHS H&F Talking Therapies lead this in person workshop. for GPs, Nurses, Pharmacists, Link Workers and Care Navigators. **Advance Registration Essential**

[Register your space here](#)

**Register now for the Newly Qualified Pharmacists
Programme Cohort 10 delivered by CPPE – *apply by 20th
March 2026.***



How can I apply?

Visit the CPPE

<https://www.cppe.ac.uk/career/ngpp/>
for further information about the training
offer provided including eligibility.

A video overview of the programme is
available [here](#)

***If you have any questions regarding this offer, please contact the CPPE NQPP team
newlyqualified@cppe.ac.uk***

About the training pathway

This twelve-month programme is fully funded by NHS England WT&E to support newly qualified pharmacists to develop confidence and competence in the core areas of pharmacy practice. Educational supervision support is provided by CPPE as part of this training programme offer.

Key dates – Cohort 10

- Applications open 12th January 2026
- Applications close 20th March 2026
- Programme start date: 23rd March 2026

Eligibility:

The CPPE Newly qualified pharmacist programme is for pharmacists (including locums) who registered with the GPhC from 2023 onwards who are working in any of the following settings as their main role:

Community pharmacy, Integrated care boards, Community health services, Health and justice, General practice (Not for learners employed via ARRS), Care homes (Not for learners employed via ARRS).

Pharmacists who registered before 2023 who are returning from a career break are also eligible to apply.

Other roles may also be eligible – contact CPPE to discuss how they can support.
See the CPPE website for further information regarding the NQPP eligibility criteria.

NWL TH Webinars Clinical & Non Clinical

Gastroenterology Masterclass: Irritable bowel syndrome in primary care Management, treatment and when to refer

29th Jan 13:00-14:00

Dr Alexandros Toskas is a Consultant Gastroenterologist at St Mark's Hospital with subspecialist expertise in inflammatory bowel disease. He is a Fellow of the European Board of Gastroenterology and Hepatology (FEBGH); and has led quality improvement work, including the development of local guidelines for acute severe colitis and inpatient IBD care pathways.

Weight loss/GLP1 for All Clinicians

29th Jan 12:30 - 13:30

Dr Anju Verma who is the Clinical Lead for weight loss at Boots will talk about obesity, the health benefits of weight loss and cover important aspects of GLP-1s. With a background in acute medicine, general practice and medical education she'll help you gain insight into what you need to know in the rapidly evolving obesity landscape.

- Why obesity is a chronic disease
- Current GLP-1s used to treat obesity
- Why bother losing weight
- Side effects to know about

Update in Stroke & TIA

29th January 19:00-20:00

- Discussion of Stroke guidelines
- Recognition of Stroke and TIA from clinical history
- Management of Stroke and TIA in the community and in hospital
- Recognise a TIA or a Stroke from the clinical history
- Apply clinical assessment to appropriate Stroke/TIA referral pathway

New Hepatitis C in the Community

2nd Feb 23:00-14:00, online MS Teams

Webinar supporting awareness of Hepatitis C and Hepatitis B diagnosis including interpreting blood tests, management pathways including available support during treatment and post treatment testing. Delivered by Dr Ashley Brown, Consultant Hepatologist, St. Mary's and Hammersmith Hospitals, Professor of Practice (Viral Hepatitis), Imperial College London and clinical lead of the West London Hepatitis C ODN. And Dr Lyndsey Williams, West London Hepatitis ODN GP champion.

Cardiology for Primary Care 12th February 19:00 - 20:30

Consultant cardiologist Gareth Rosser, will cover managing heart failure and titrating up medication, managing primary prevention and risk, referrals to rapid access chest pain clinic and managing hypertension in the young.

NWRS webinar 25th February 14:00 – 15:30 – *save the date*

A teams diary invite will be sent from the Data Operations team. If you have any questions or want to check if you're on the right distribution list **please email ssd.nationalservicedesk@nhs.net** with the subject NWRS.

Booking & Registration:

Gastro/IBS Webinar:

[Join here](#)

Or use

Meeting ID: 365 616 849 218 81

Passcode: M9rK3PT3 or email us for the link

Weight loss/GLP1 for All Clinicians

<https://medtribe.com/courses/weight-loss-glp-1s-for-all-clinicians>

Update in Stroke & TIA

https://medtribe.com/courses/update-in-stroke-and-tia?utm_medium=copy-link&utm_source=share-modal

Hep C in the Community:

[Register Here](#)

Cardiology for Primary Care

https://medtribe.com/courses/cardiology-for-primary-care?utm_medium=copy-link&utm_source=share-modal

Enhanced Services Training Directory

[NWL Training Hub](#)

New Motivational Interviewing for Cardio-Renal Care– Live Online Interactive Study Day

This training has been organised by NWL ICB in response to the new Enhanced Services Cardio-Renal specification.

Recommend 3 staff members per practice attend inc.

GPs, Nurses, AHPs, ARRS, Cardio-renal teams (clinical & non-clinical)

New To Immunisation 2 day Foundation

10th & 11th Feb, Harrow Baptist Church HA1 1BA

Child Immunisation Updates

11 dates available from Jan to Nov 2026

Travel Health Updates

6 dates available from Feb to Nov 2026

Seasonal Imms Updates

16 dates available from June to October 2026

Foundation Pitstop Diabetes 4-hour update

23rd Feb 13:00-17:00

Adult Phlebotomy multiple dates from 5th Feb 2026

Performing ECG 3rd Feb, 17th June

For HCAs, GPAs, pharmacists, nurses. 3rd Feb in Fulham; 17th June in Harrow.

Diabetes Foot Care 28th Jan & 3rd June

28th Jan will be in Harrow; 3rd June is in Fulham

ECG Interpretation Foundation for GPs & ACPs

Harrow Baptist Church, HA1 1BA

6th March 2026 09:00-16:00; 27th November 2026 09:00-16:00

Refresher Interpreting ECG course

27th March 2026, 12:30-14:00; 18th September 2026 12:30-14:00

Booking & Registration:

Motivational
Interviewing for CRM
[Full information & booking](#)

New To Immunisation:
[Register on Medtribe](#)

Travel Health Update:
[Register on Medtribe](#)

Seasonal Imms Update:
[Register on Medtribe](#)

Child Imms Update:
[Register On Medtribe](#)

Foundation Pitstop:
[Register here](#)

Adult Phlebotomy
[Register on Medtribe](#)

Performing ECG
[Register on Medtribe](#)

Diabetes Foot Care
[Register on Medtribe](#)

ECG Interpretation
Foundation:
[Register here](#)

Refresher ECG Int.:
[Register here](#)

Enhanced Services Training Directory

[NWL Training Hub](#)

Ring Pessary Foundation 19th March 13:00-16:00
Dawes Road Hub, Dawes Road, Fulham, SW6 7EN

Advanced Diabetes UPDATE PITstop
For GPs, GPNs & Pharmacists, NWL Training Hub are collating EOIs.

Wound Care in-person 18th March, 9th July
This training is for HCSWs/HCAs (who have care certificate), GPN Trainees and new to practice nurses. 18th March will be in Harrow; 9th July is in Fulham

Advanced Wound Care 4th March, 5th August
4th March will be in Harrow; 5th Aug is in Fulham

Paediatric Phlebotomy **Full - join waitlist**

New to Anticoagulation 18th Feb 2026

Anticoagulation Update 16th March 2026

IPC refresher training for GP practices
Last Wednesday of each month until March 2026, from 13:00

Transgender Healthcare for Clinical Staff
All at 12:00pm – 1:30pm
Session 1: 9th February, 22nd April and 15th June
Session 2: 15th February, 29th April and 22nd June

Transgender Healthcare for Non Clinical Staff
All at 12:00pm – 1:30pm
Session 1: 16th March, 13th May and 6th July
Session 2: 23rd March, 20th May and 13th July

New Deaf Awareness 12th May 9:30-12:30

- Identify the barriers that deaf and hard of hearing people face
- List the ways in which deaf and hard of hearing people communicate
- Understand and demonstrate how to implement positive methods of communication, and offer an equal service to deaf and hard of hearing people.
- Apply the finger-spelling alphabet
- Explore the deaf community & culture

Booking & Registration:

Ring Pessary Foundation:
[Register here](#)

Advanced UPDATE PITstop
[Expression of Interest](#)

Wound Care in-person
[Register on Medtribe](#)

Advanced Wound Care
[Register on Medtribe](#)

Paediatric Phlebotomy
[Register on Medtribe](#)

New to AntiCoag.
[Register on Medtribe](#)

Anticoag. Update
[Register on Medtribe](#)

IPC Refresher
[Register here](#)

Transgender
Healthcare for Clinical
Staff:
<https://www.nwllearn.org.nhs.uk/login/index.php>

Transgender
Healthcare for Non
Clinical Staff:
<https://www.nwllearn.org.nhs.uk/login/index.php>

Deaf Awareness:
[Register on Medtribe](#)

ARRS Training from NWL TH open to H&F Primary Care staff

ARRS Peer Support for Supervisors

29th Jan 10:30-12:30

For ARRS-funded staff who line manage/supervise other ARRS-funded staff - Two hours every two months on MS Teams

- Includes funded development to help you be a more confident manager or leader, or to help your team work better together
- A space to showcase your local initiatives to NWL peers around management, leadership or team development
- Hear about relevant development for your role, or to develop your team

The first meeting will include a 90 minute presentation with [Affina OD](#) to:

- Explore the core characteristics and foundations of high-functioning teams
- Introduce practical strategies, tools, and techniques to support and strengthen team-based working

Certificate issued & past recordings available

Booking & Registration:

ARRS peer Support Network:

[Register on Medtribe](#)

Obesity Training:

[Apply here](#)

2 Day Health Coaching

Apply for a space:

[nwltraininghub-
arrs2dayhealthcoaching
course](#)

Foundation Pitstop:

[https://nwltraininghub.
co.uk/pitstop-
foundation-level-
diabetes-course-open-
to-arrs-clinical-
pharmacists-
paramedics-and-
physician-associates/](https://nwltraininghub.co.uk/pitstop-foundation-level-diabetes-course-open-to-arrs-clinical-pharmacists-paramedics-and-physician-associates/)
or
jonathan.ord1@nhs.net

Obesity: A long term condition - people using weight loss injections training 26th Feb 09:30-16:00

Clinical pharmacists, Paramedics, Practice Nurses, Dieticians, PAs. This course will be beneficial to those who haven't undertaken advanced diabetic injectable trainings. Understand the importance of obesity and its impact on physical and emotional well being:

- Understand the role and impact of the weight loss jabs.
- Gain an appreciation of the current national and NHS environment re weight loss jab management both the strengths and weaknesses.
- Experience a practical approach to having the difficult conversation when a patient does not receive the prescription they want

2 Day Health Coaching Course, ARRS Staff

For the new to role **Social Prescribing Link workers and Care Co-ordinators; Clinical Pharmacist, Dieticians, FC Physiotherapists, Physician Associate & Paramedics** to aid in these roles' support of long-term condition management.

4 Day Intermediate Health Coaching course: for availability and applications please email jonathan.ord1@nhs.net directly to enquire about this.

Pitstop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners. Staff who wish to attend must either complete the EoI form or email Jon Ord with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Webinars & Events for Jan 2026



The “Integrated Care: Mental Health, Depression, Antimicrobial Stewardship and Collaborating with Others in Practice” Study Day is free to access for all registered healthcare professionals that have a MORPh Account.

Pharmacy First, PQS, Infections & Mental Health

6th February, 9:00 -17:00, The Crown Hotel, London, NW2 3ED

- Opportunities for good neighbourhood care – primary care and community pharmacy collaboration
- It’s Okay to Talk: Confident Consultations for Depression reviews; consultation skills, stigma and language, clinical reviews for depression, recognising & signposting
- Antimicrobial stewardship (AMS) – are we getting it right



Cyber Crime Case Study Webinar for Primary Care

10th Feb 13:00-14:30

NHS England have teamed up with the City of London Police’s Cyber Griffin team to deliver a series of practical webinars for primary care.

Resilience Training: **The Shapes Toolkit is back!**

Honslow Training Hub invite you to join their 2 new cohorts:

Cohort 1:

Day 1: Tue 03rd Feb 13:30 – 17:00; Day 2: Tue 24th Feb 13:30 – 17:00

Cohort 2:

Day 1: Fri 20th Feb 13:30 – 17:00; Day 2: Fri 06th Mar 13:30 – 17:00

Or email us for more info!

Booking & Registration:

Pharmacy First Event:

https://www.morphconsultancy.co.uk/morph_event/pharmacy-first-pqs-infections-mental-health/

Cyber Crime Webinar for Primary Care:

<https://events.teams.microsoft.com/event/t/1aa1ab53-161a-4063-8bd2-dac3714ad5bd@37c354b2-85b0-47f5-b222-07b48d774ee3>

Resilience Training: Cohort 1:

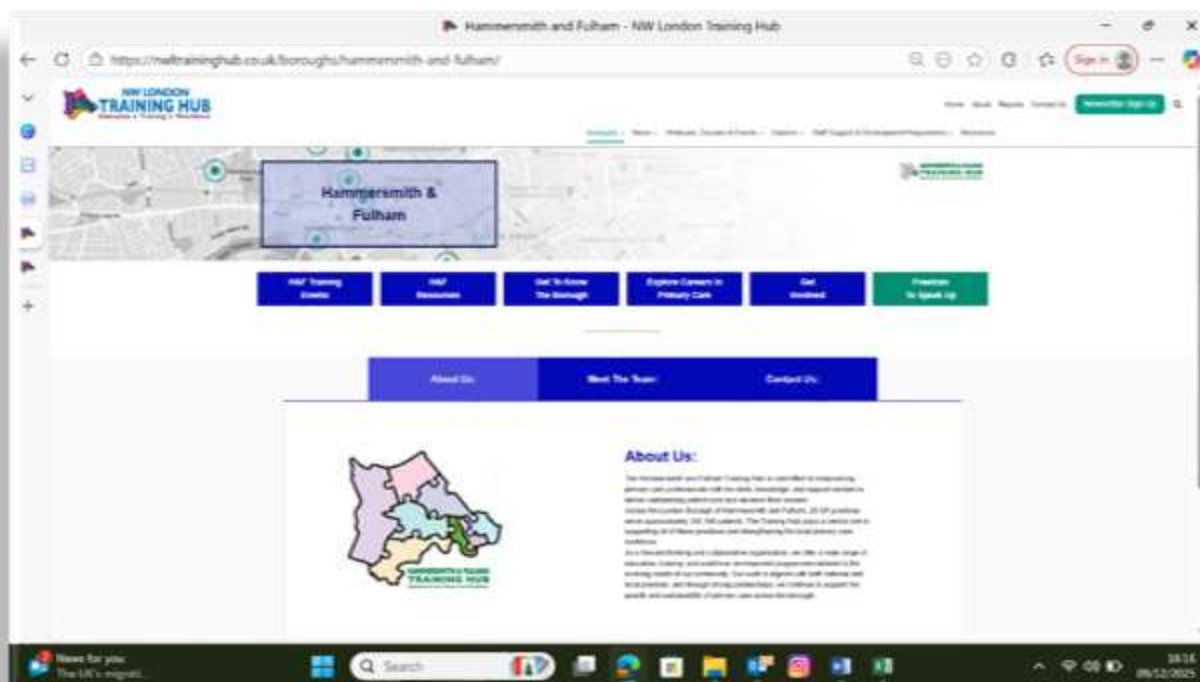
[Register here](#)

Cohort 2:

[Register here](#)



Have you visited our new website yet?



Hammersmith and Fulham - NW London Training Hub

Embedded in the NWL Training Hub Platform, you will find our bespoke platform under 'Boroughs', where we bring the Hammersmith & Fulham primary care workforce and development opportunities to you over 5 live pages:

H&F Training Events

Where you can find all our current & upcoming trainings inc. Adult Safeguarding L3, Talking Therapies Staff remit Training; Metabolic Liver Disease GP Webinar.

Staff Resources

For all roles inc. slides and recordings; training links; funding information.

And for those with an interest, [Health & Wellbeing](#), [Sustainability](#), [Digital & AI](#) resources.

Get Involved

Our partner organisations and their events; the weekly newsletter and sign-up; and a space for you to share your news and events.

Career pathway information

Detailed routes into Primary Care roles inc. apprenticeships and traineeships.

Borough primary care info and NWRS data

Your practices, your data and an NHS induction into primary care for new staff.