

NWL Training Hub Newsletter

w/c 12th January 2026

News and Updates

Review and book all NWL Training Events:
nwltraininghub.co.uk/events/

NWL Women's Forum

- 16th January 13:00–14:00 [book here](#) [spaces available](#)
Topic: Management of Bleeding in Users of Hormonal Contraception – Guidance for General Practice

Deaf Awareness

- 12th May, 9:30–12:30 [book here](#)
Learning Outcomes

- Identify the barriers that deaf and hard of hearing people face
- List the ways in which deaf and hard of hearing people communicate
- Understand and demonstrate how to implement positive methods of communication, and offer an equal service to deaf and hard of hearing people.
- Apply the finger-spelling alphabet
- Explore the deaf community & culture

New To Immunisation 2- day training

- Day 1 Online: 10th February, 13:00 - 16:30
- Day 2 Face to Face: 11th February, 09:00 - 17:00 [book here](#)

This two-day immunisation programme is delivered as a blended course, comprising a 3.5-hour live webinar followed by one full day of face-to-face training. The course aligns with the updated standards published in June and includes a dedicated focus on the management of misinformation and disinformation, recognising their increasing impact on immunisation practice and patient engagement.

You have to attend both days to successfully finalise this training.

Travel Health Updates

- 13th February, 9:00–12:00 [book here](#)
- 14th April, 13:00–16:00 [book here](#)
- 3rd June, 13:00–16:00 [book here](#)
- 16th July, 13:00–16:00 [book here](#)
- 7th October, 13:00–16:00 [book here](#)
- 17th November, 13:00–16:00 [book here](#)

Open to all trained Nursing and Pharmacist Immunisers (suitable for registered Nursing Associates and Pharmacy Techs already doing child/travel immunisations but not suitable if they have not done any introductory training as not sufficient detail)

3-hour online travel health updates for experienced practitioners; usually nurses and pharmacists, offering travel immunisations already.

Seasonal Immunisation Updates

- 16 dates available from June to October 2026 [book here](#)
3-hour online seasonal immunisation updates for all experienced Health Care Professionals; Nurses, Paramedics, Pharmacists, Nursing Associates, Pharmacy Techs and the non-registered workforce (includes HCAs, HCSWs, Phlebotomists, receptionists etc) to deliver flu, pneumococcal, shingles, RSV and COVID vaccines.

Child Immunisation Updates

- 11 dates available from January 23rd to 18th November 2026 [book here](#)
3-hour online child immunisation updates for experienced practitioners; usually nurses, nursing associates and pharmacists, delivering child immunisations already.

Free Virtual Care Co-ordinator Conference

- 11th February, 13:30–17:00 [Register here](#)
The North West London Training Hub has been working with the provider Peak Health Coaching to provide training for the 3 Personalised Care roles. They have reached out to offer those who are in Care Co-ordinator roles the opportunity to attend this free half day conference on the role. This is open to anyone who is a Care Coordinator in General Practice and details of the day and how to apply can be found in the [Care Co-ordinator Conference flyer](#).

Health and Wellbeing Practice or PCN Temperature Check

Let's start 2026 with booking your Health and Wellbeing Practice or PCN Temperature Check - Why you ask, well below is 3 top reasons that spring to mind:

1. Join 64 practices and PCNs across NWL, that have now hosted and benefited from a temperature check.
2. If yours and your teams Health and Wellbeing is important – why not kickstart the new year with us
3. Get up to £100 reimbursed for lunch

For more information or to book your session please contact:
Hillingdon Training Hub Team at hillconfed.traininghub@nhs.net
or Natasha England directly on natashaengland@nhs.net – Project Lead and Senior Facilitator for this Programme.

Don't miss out on this fantastic offer, reach out today. We look forward to hearing from you. Kind regards,
Hillingdon Training Hub Team



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General Practice Nursing Survey

The RCN GPN Forum, QICN and NHSE are working together to understand the activity and workloads for Registered Nurses and Nursing Associates in General Practice/Primary Care. They would like to know about your work, workload and working conditions. This survey will take around 20 minutes [complete the survey here](#).

Please help us by completing this survey. No individual responses will be shared. Only the analysts will see responses.

Pan London Webinar for Community Pharmacists to raise awareness of Oesophageal Cancer Signs and Symptoms

- 26th January 2026, 20:00–21:00 [join here](#)
Join to:

- Learn more about Oesophageal Cancer signs and symptoms including who is most at risk.
- Understand the importance of diagnosing Oesophageal Cancer early, how it is diagnosed and why often at a later stage of disease progression.
- Hear about the opportunities for community pharmacy to support early diagnosis in encouraging patients presenting with key symptoms – often managed by patients accessing over the counter medication - to see their GP if symptoms persist.

[View Flyer here](#)

The Journey so far and the new GI stratified pathway for Upper and Lower GI Urgent Suspected Cancer Referrals

- 15th January, 13:00-14:00 [book here](#)
Open to all clinicians. The speakers will be Dr Bushra Khawaja Primary Care Clinical Lead for Cancer, Hillingdon and Harrow, RM Partners Cancer Alliance and Anet Soubieres, MBBS BSc MD MRCP, Consultant Gastroenterologist, Head of Endoscopy, Imperial College Healthcare NHS Trust.

Course Content:

- Understand the new GI stratified triage pathway for urgent suspected cancers for upper and lower GI referrals implemented in NWL as well as the wider RMP cancer alliance area
- Symptomatic FIT testing, why, when and safety netting
- When to re-refer patients on the GI Urgent Suspected Cancer pathway who have already been investigated
- Case studies to help understand optimally referring patients on the Urgent Suspected Cancer pathway

THIS WEEK

- SMRs in problematic polypharmacy: respiratory focus - 13th January, 13:00–14:00 [book here](#)
- Demystifying Workforce Planning & Transformation Webinar - 14th January, 11:00 - 12:15 [apply here](#)
- NHSEs Learning Sessions: General Practice Staff Survey Learning Session - 14th Jan 2026, 12:00 –13:00 [book here](#)
- Delivering QVD CQF through Group Clinics - 14th January, 12:30 – 13:30 [Book here](#)
- FIT - The Journey so far and the new GI stratified pathway for Upper and Lower GI Urgent Suspected Cancer Referrals - 15th January, 13:00–14:00 [book here](#)
- General Practice Webinar—15th January, 17:00–18:00 [book here](#)
- Mental Health Skills for PCN and Practice Managers – 16th January 2026, 9:00–13:00 [book here](#) @ The Irish Cultural Centre, W6 9DT [limited spaces](#)
- NWL Women's Forum - 16th January 13:00–14:00 [book here](#)



NWL TH Training

Expressions of Interest forms

For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.

[Forms can all be found here](#)

NWL Training Hub Webinars

NWL Women's Forum

Topics to be confirmed
- 16th January 13:00–14:00 [book here](#) [spaces available](#)
- 13th March 13:00–14:00 [book here](#) [spaces available](#)

NWL & SWL Webinar: Non Site Specific (NSS) Pathway and Rapid Diagnostic Cancer Centres (RDCC)

- 28th January 2026, 13:00–14:00 [register here](#)
• Learn more about the NSS pathway and the role of the RDCCs
• Clarify Referral criteria and service tests
• Hear case studies to support best practice
• Ask questions on using the pathways in place

Safeguarding Webinar Series

Young people families & Drugs

- 28th January 2026, 13:00–14:00 [book here](#) [spaces available](#)

FGM & breast flattening

- 5th February 2026, 13:00–14:00 [book here](#) [spaces available](#)

Harm Reduction Drugs & Alcohol- must attend first session prior to attending 2nd session

- part 1) 12th March 2026, 13:00–14:00 [book here](#) [spaces available](#)
- part 2) 25th March 2026, 13:00–14:00 [book here](#) [spaces available](#)

NWL & SWL Webinar: Non Site Specific (NSS) Pathway and Rapid Diagnostic Cancer Centres (RDCC)

- 28th January 2026, 13:00–14:00 [register here](#) [spaces available](#)
• Learn more about the NSS pathway and the role of the RDCCs
• Clarify Referral criteria and service tests
• Hear case studies to support best practice
• Ask questions on using the pathways in place

For queries about our NWL Training Hub webinars please contact nwl.traininghub@nhs.net

Enhanced Services and CPD

If all dates are **fully booked** for a training please join the waitlist, this allows us to know when there is sufficient demand for us to book new dates.

Motivational Interviewing for Cardio-Renal Care– Live Online Interactive Study Day

- 29th January, 9:00–16:00 [book here](#) other dates also [available here](#)

Booking Options: Attend as a full day or across two half-day sessions (AM/PM mix & match available). [Book here](#)

This training is for: GPs, Nurses, ARRS staff, Allied Health Professionals, Cardio-renal teams (clinical & non-clinical)

If you spend your time telling people what they should / could / need to do – this is for you. This is a live, online, interactive training for the whole cardio-renal team – from non-clinical staff to senior clinicians. Practical focus. Real scenarios. No death-by-PowerPoint. No awkward role play.

New to Anticoagulation Training

- 18th February 2026, 9:30–12:30 [book here](#) [limited spaces](#)
- 18th February 2026, 14:00–17:00 [book here](#) [spaces available](#)

This training is for staff new to anticoagulation monitoring (Nurses, Nursing Associates, Health Care Support Workers, Pharmacists, and GPs). It covers:

- Warfarin: Do's and don'ts, INR management (normal ranges, high/low INR), using INR machines and INRstar, levels of responsibility, and patient education.
- DOACs: Do's and don'ts, initiation, monitoring, patient education, and dose reduction per guidelines.

Anticoagulation Update Training

- 16th March 2026, 13:00–16:00 [book here](#) [limited spaces](#)

This training provides an update for staff involved in anticoagulation monitoring (Nurses, Nursing Associates, Health Care Support Workers, Pharmacists, and GPs). It is intended for those with prior experience who need a refresher. Topics include:

- Warfarin: Do's and don'ts of INR management, normal ranges, actions for high/low INR, LMWH use (when, why), and patient education.
- DOACs: Do's and don'ts, initiation, monitoring, patient education, and dose reduction per guidelines.

Performing ECG Training

- 3rd February 2026, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN [fully booked](#)
- 17th June 2026, 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [limited spaces](#)

This training is for HCAs, GPs, pharmacists, nurses can attend if they require this training

ECG Interpretation Foundation –a face to face session for GPs & ACPs.

- 6th March 2026, 9:00–16:00 [book here](#) @ Harrow Baptist Church, HA1 1BA [spaces available](#)
- 27th Nov 2026, 9:00–16:00 [book here](#) @ Harrow Baptist Church, HA1 1BA [spaces available](#)

This is for GPs and ACPs who haven't already attended the interpreting ECG course.

Refresher Interpreting ECG course

- 27th March 2026, 12:30–14:00 [book here](#) [spaces available](#)
- 18th September 2026, 12:30–14:00 [book here](#) [spaces available](#)

The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs.

This course is for GPs and ACPs who have already attended the interpreting ECG Course

Adult Phlebotomy

- 5th February 2026, 9:15–16:30 [book here](#) @ Hanwell Health Centre, W7 1DR [fully booked](#)
- 29th April 2026, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN [spaces available](#)
- 18th June 2026, 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [spaces available](#)
- 4th August 2026, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN [spaces available](#)
- 7th October 2026, 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [spaces available](#)

- 3rd December 2026, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN [spaces available](#)
This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

Paediatric Phlebotomy

- 28th January 2026, 9:00–14:00 @ Cuckoo Lane Surgery, W7 1DR [apply here](#) [limited spaces](#)
- 20th May 2026, 9:00–14:00 @ Cuckoo Lane Surgery, W7 1DR [apply here](#) [limited spaces](#)

You must attend the training day and assessment day to finalise course the assessment date for each of the above training cohorts can be found on the Medtribe page for each cohort.

This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care Certificate. Full eligibility criteria can be found in the above booking link.

The aim of this course is to provide the underpinning knowledge and basic skills to safely perform phlebotomy on babies and children from 2 years, and identify the underlying issues in paediatric Phlebotomy. e.g. consent, restraint, distraction and environment.

Diabetes Foot Care

- 28th Jan 2026, 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [spaces available](#)
- 3rd June 2026, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN [spaces available](#)

The course is for experienced HCSWs who will be assisting with diabetes reviews

1 day Diabetes Foundation Course for non-registered practitioners

- 16th March 2026 8:50–16:00 [book here](#) [fully booked](#)

This course focuses on preparing non-registered practitioners to get involved in both the prediabetes and diabetes pathways. They will gain an understanding of the care pathways for people with prediabetes and type 2 diabetes, the screening tasks involved and key lifestyle messages to help support people achieve their individual goals. You can also attend the course if you are non-registered practitioner who requires diabetes update.

Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.
GPs – please be sure to provide a summary of your diabetes related work undertaken. [Express your interest here](#)

Wound Care Training

- 18th March 2026 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [fully booked](#)
- 9th July 2026 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN [limited spaces](#)

This training is for HCSWs/HCAs who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

Advanced Wound Care Training for HCAs

- 1st March 2026 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA [fully booked](#)
- 5th August 2026 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN [spaces available](#)

This session is aimed at HCAs who have some basic knowledge and experience of wound care and wish to extend their skills to be able to perform suture and staple removal and take a swab correctly.

Ring Pessary Foundation course

- 19th March 2026 9:00–12:00 [book here](#) @ Dawes Road Hub, SW6 7EN [limited spaces](#)
- 19th March 2026 13:00–16:00 [book here](#) @ Dawes Road Hub, SW6 7EN [limited spaces](#)

- 8th October 2026 9:00–12:00 [book here](#) @ Dawes Road Hub, SW6 7EN [spaces available](#)
- 8th October 2026 13:00–16:00 [book here](#) @ Dawes Road Hub, SW6 7EN [spaces available](#)

This course is for GPs and Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

Ring Pessary Update

- 12th Feb 2026, 9:00–12:00 [book here](#)
- 12th Feb 2026, 13:00–16:00 [book here](#)
- 16th May 2026, 9:00–12:00 [book here](#)
- 16th May 2026, 13:00–16:00 [book here](#)

This training is an update - for those who already finalised their Ring Pessary training

ADHD, Dyslexia ADHD workshops, 9:30-12:30

ADHD education workshop - 18th February 2026, 9:30–12:30 [book here](#) [spaces available](#)
Dyslexia education workshop - 8th April, 13:00–16:00 [book here](#) [spaces available](#)

ARRS Training Offers

Obesity – A Long-Term Condition, Focusing On People Who Are Using Weight Loss Injections

- 26th January 2026, 9:30–16:00 [book here](#) [spaces available](#)
The course will look to cover:

- Understand the importance of obesity and its impact on physical and emotional well being.
- Understand the role and impact of the weight loss jobs.
- Gain an appreciation of the current national and NHS environment re weight loss jab management both the strengths and weaknesses.
- Experience a practical approach to having the difficult conversation when a patient does not receive the prescription they want.

Mental Health Skills for PCN and Practice Managers

- 12th January 2026, 9:00–13:00 [book here](#) @ The Irish Cultural Centre, W6 9DT [limited spaces](#)
- 26th January 2026, 9:00–13:00 [book here](#) @ The Irish Cultural Centre, W6 9DT [fully booked](#)

Open to PCN & Practice Managers. By the end of this course, you will be able to:

- Describe mental health and the impact of stress on employees in the workplace.
- Identify if a team member may be experiencing poor mental health and confidently have open conversations about mental health at work.
- Respond empathetically to challenging situations related to mental health in the workplace and appropriately signpost your team members to available support.
- Describe what support and guidance is available for yourself and your employees and how to access it.

ARRS 2 Day Foundation Health Coaching Course

Building on previous work the past 3 years, the NW London Training Hub are working with provider Peak Health Coaching to provide the Social approved core required 2-day health & role coaching programme for the new to role PCN Prescribing Link workers and Care Co-ordinators. Due to requests for development, the 2-day Foundation Health Coaching course will now also be opened up to additional clinical roles - Clinical Pharmacist, Dieticians, FC Physiotherapists, Physician Associate & Paramedics to aid in the these roles support of long-term condition management. *Please note this course will not be relevant for all of these roles, so please only apply if it is relevant to your daily practice due to funding limitations.*

The 4 Day Intermediate Health Coaching course required for Health & Wellbeing Coaches new to role, may still be available so please email directly to enquire about this.

To apply for a place please [complete the EOI form](#) or if you have any further questions around recruitment, please contact jon.ord@nhs.net – NWL ARRS Programme Officer – jonathan.ord1@nhs.net.

Foundation Pitstop Diabetes 4-hour update course

- 13th January 2026 – 13:00–17:00 [book here](#) [fully booked](#)
- 23rd February 2026 – 13:00–17:00 [book here](#) [limited spaces](#)

Open to any clinical staff including Pharmacists, Paramedics, Physician Associates, Pharmacy Technician, Practice Nurses, Nurse Associate, Dieticians, Podiatrists & Advanced Clinical Practitioners. This 4-hour programme has been developed to update healthcare professionals who deliver the essential primary care services for people with type 2 diabetes and non-diabetic hyperglycaemia. Suitable for healthcare professionals who have previously attended a foundation-level course and would value an update, and you will be emailed a resource pack, by the training provider, including a workbook, to use during the course.

Pitstop Foundation Level Diabetes Course

This course is now open to any ARRS clinical staff including Pharmacists, Practice Nurses, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.

Staff who wish to attend must either [complete the EOI](#) or email Jon.Ord with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Thank you from the NWL Training Hub Team



Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

Multi-professional Supervisor Course [Application form](#)

Complete the application form to be added to the waitlist for any future cohorts

GP Supervisor Course [Application form](#)

Complete the application form to be added to the waitlist for the next cohorts.

[Pharmacy Educational Supervisor Training programme](#) – available via eLFH

Useful links and Resources

[Knowledge and Library Resources for GP and Practice Teams](#)
[Greener NHS – Resources for a more sustainable NHS](#)

[Survival Toolkit](#)
[Supported Return to Training](#)

[Podcast Learning Library](#)
[Primary Care Resources](#)
[GP Resources](#)
[Webinar Recordings](#)

Training & Events run on behalf of NWL TH

Peer Support Network for ARRS-funded roles that manage or supervise others

- Next session: 29th January, 10:30 - 12:30 [register here](#)

Are you in an