

## Physical Activity Clinical Champion (PACC) training for all health professionals clinical and non-clinical

Open, Online Training Sessions 



London Health Care Practitioner  
Core PACC Training

Diabetes

London Health Care Practitioner  
Core PACC Training

Working in partnership with the Office for Health Improvement and Disparities, London, a series of engaging introduction to the Physical Activity Clinical Champions PACC sessions, focusing on how brief physical activity conversations can be integrated into everyday practice to improve patient outcomes.

This session will be delivered by expert Sports and Exercise Medicine Registrars and cover:

*How to confidently deliver brief interventions*

*Practical tools you can start using immediately with your patients*

Accessible, evidence based sessions aimed at all clinicians looking to strengthen their preventative practice and support patients to move more.

Everyone is welcome to attend.

**Tomorrow 11th February 12:30 – 13:30**

**Wednesday 25th February 12:30 – 13:30**

**Wednesday 12th March 12:30 – 13:30**

**Wednesday 25th March 12:30 – 13:30**

**Wednesday 8th April 12:30 – 13:30**

You can book online sessions here as well as see a prerecorded session.

[PACC Sessions - Moving Medicine](#)

### *Recommended Further reading*

The NHS Physical Activity Podcast & Blog published last week on World Cancer Day:

<https://www.england.nhs.uk/blog/health-and-care-professionals-should-feel-empowered-to-promote-physical-activity-to-their-patients-and-this-is-how-we-can-support-them/>

How we can integrate more physical activity across the NHS and key actions for health care professionals.

## **This week's Notices**

### **New Wound Care Update For Nurses**

*NWL Enhanced Services*

**24th March, 12:00—16:00**

- Wound preparation, assessment, dressing, and compression
- Burns management
- MARSI (Medical Adhesive–Related Skin Injury)

[Register on Medtribe](#)

### **Don't forget: Last 2 sessions available**

#### **IPC refresher training for GP practices**

**Wednesday 25<sup>th</sup> Feb 13:00**

**Wed 25<sup>th</sup> March 13:00**

[Register a space here](#)

### **NHSE Prescribing Infrastructure Project**

**F.A.O DPP/DS (if you have been or wish to become) inc.**

**Pharmacists, GPs, Nurses, Paramedics and other roles who are Independent Prescribers.**

The North West London Training Hub have been asked by NHS England WT&E colleagues. to map current and prospective Designated Prescribing Practitioners (DPPs) and Designated Supervisors (DS).

This piece of work will help to inform and build on capacity for Foundation Pharmacist Learning and Independent Prescribing Programmes across different parts of the NHS London system. If the relevant Healthcare Professionals could please complete the linked survey below, which should take approx. 10 mins.

**DPP Data Collection Survey:**

<https://form.typeform.com/to/qjKGGdK0>

**Thank you in advance for your help in this piece of work.**

**Puja Nathwani**

### **2027-2028 Foundation Trainee Pharmacist Recruitment Scheme info from NHSE WT&E**

For prospective employers who may wish to employ a Foundation Trainee Pharmacist information [can be found here](#)

This includes links to relevant NHSE documents and contact information; February drop in sessions, where NHSE colleagues will be available to answer questions.

**Application deadline 3rd March 2026 at Midday.**

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## Upcoming Training Events – Register now



### Housing knowledge and advice Training Opportunity for Frontline Healthcare Staff

The [Healthier Homes](#) project delivers this training which will equip staff with essential knowledge on damp, mould, and housing-related issues, including tenant rights and effective signposting.

- **Full Damp & Mould Training with Housing Advice** Half day/ online – non-technical
- **Damp & Mould Prevention** 1 hour, online
- **Damp & Mould with Housing Advice** 90 mins online

Book here:

[Healthier Homes London Events - 6 Upcoming Activities and Tickets | Eventbrite](#)



### Personalisation Networking Day

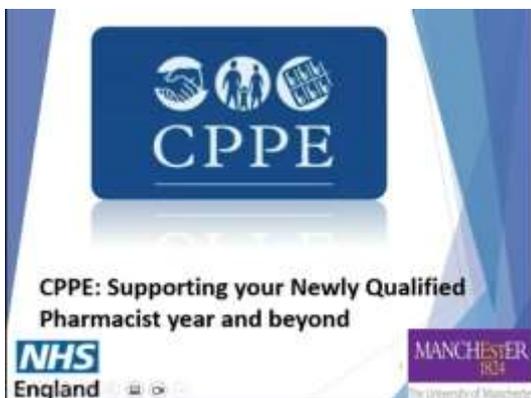
6th March 10:00-14:30

St Pauls Church in Hammersmith, W6 9PJ

Open to Social Prescribing Link Workers, Care Co-ordinators, Neighbourhood Navigators and Health & Wellbeing Coaches. This event will provide updates on Neighbourhood Health and the latest ICB & training updates. You will also have the chance to take part in a range of wellbeing activities, designed to support your own health and resilience.

[Register here](#)

## Register now for the Newly Qualified Pharmacists Programme Cohort 10 delivered by CPPE – **apply by 20th March 2026**



How can I apply? Visit the CPPE

<https://www.cppe.ac.uk/career/nqpp/> for further information about the training offer provided including eligibility.

Watch a video overview of the programme [here](#)

*If you have any questions regarding this offer, please contact the CPPE NQPP team*

[newlyqualified@cppe.ac.uk](mailto:newlyqualified@cppe.ac.uk)



## **New Contraception Training: clinical Pharmacists**

**2 day course: 2<sup>nd</sup> & 9<sup>th</sup> March 09:30-17:00**  
**Both days must be attended online**

An introduction to contraceptive counselling & management within General Practice to improve understanding of the safe counselling and

administration of the different contraception methods offered; enabling practitioners to understand the most used contraception.

**Book your place on Medtribe here: [Contraception Training For Pharmacists](#)**

## **Introduction to Cultural Competence – all roles**

For staff who work directly with residents and members of the public, this foundation level training focuses on practical approaches to understanding, applying, and embedding cultural competence across a wide range of planned activities and interventions in NW London. It will also explore how to challenge traditional models of service planning and delivery by fostering inclusive and responsive ways of working.



- Cohort 2: 12th Feb 13.00-17.00 via Teams
- Cohort 3: 27th Feb 9.00-13.00 via Teams
- Cohort 4: 6th March 13.00-17.00 via Team

*This training is c/o PHM Training from the NWL ICS.*  
*To register for this trainings please contact directly on [valdev.chaggar@nhs.net](mailto:valdev.chaggar@nhs.net) to register*



## **Talking Therapies Staff Remit Training**

***New Date*** 5<sup>th</sup> March 15:00-16:30

**ICC Hammersmith Broadway**

*Common Mental Health Difficulties;  
How to recognise these difficulties;  
Depression & Anxiety Measures and what these scores indicate;  
How Talking Therapies help;  
How to refer onto Talking Therapies.*

**NHS H&F Talking Therapies lead this in person workshop. for GPs, Nurses, Pharmacists, Link Workers and Care Navigators.**

**[Register your space here](#)**

## ***Hormonal Transitions & Marginalised experiences in Brain & Body Health*** Thurs 26<sup>th</sup> Feb 19:00-20:50 All roles welcome

Please email to register: [chardl@gedeonrichter.com](mailto:chardl@gedeonrichter.com)



**GEDEON RICHTER**

**Gedeon Richter is pleased to invite you to a promotional evening virtual meeting**

**Hormonal Transitions and Marginalised Experiences in Brain and Body Health**

**Presented by Dr Kimberley Forbes and Dr Radhika Vohra**

Date: Thursday 26th February 2026

Time: 7pm-8.50pm

Venue: Virtual teams meeting

7pm-7.05pm - Introduction

7.05pm-7.45pm - Dr Kimberley Forbes - Hormones, and ADHD: Personalising Care for Neurodiverse Patients

7.45pm-8.25pm - Dr Radhika Vohra - Menopause in the Marginalised: Ethnic and Low Socioeconomic Groups

8.25pm-8.45pm - Q&A session

8.45pm-8.50pm - Close

Dr Kimberley Forbes is a Consultant in Sexual Health & HIV Medicine at Chelsea & Westminster NHS Foundation Trust, & since 2021 has served as Directorate Lead & FRT/ Training Programme Director. Her specialist focus is the intersection of hormones and ADHD, delivering nuanced contraception & midlife care.

Dr Radhika Vohra works as a NHS & Private GP in Surrey & her special interest is Womens Health, Menopause & Education. She is a CoFSRH Registered Trainer, Speaker, NHS Appraiser & Medical Trustee to The Menopause Charity. Dr Vohra believes understanding the medical challenges women face is crucial to provide quality care in medical practice.

**Please let your Gedeon Richter contact know that you will be attending the event by using the contact details below:**

**Sophie Butler (Primary Account Manager)**  
07801 994 537 - [butlers@gedeonrichter.com](mailto:butlers@gedeonrichter.com)

**Lisa Chard (Primary Account Manger)**  
07801 994 468 - [chardl@gedeonrichter.com](mailto:chardl@gedeonrichter.com)

By joining this meeting, you are consenting to viewing and receiving promotional product information from Gedeon Richter, in relation to this meeting.

This promotional meeting is organised and funded by Gedeon Richter for UK healthcare professionals only.

## **NWL TH Webinars Clinical & Non Clinical**

### **Cardiology for Primary Care 12th February 19:00 - 20:30**

Consultant cardiologist Gareth Rosser, will cover managing heart failure and titrating up medication; managing primary prevention and risk; referrals to rapid access chest pain clinic and managing hypertension in the young.

### **Dr Ellis's Annual Rheumatology Update**

**17th February 13:00-14:00**

Lunchtime Teaching + Live Q&A. Join Dr Benjamin Ellis, Consultant Rheumatologist, for his annual update designed for Primary Care.

- Hot topics in Rheumatology
- Referral pathways
- Common Rheumatology cases in General Practice
- Interactive Q&A

### **Reviewing Antipsychotics in people with a learning disability 4<sup>th</sup> March 12:00-13:00**

Led by Learning Disability Community Lead Pharmacist, Shiva Fouladi-Nashta (ELFT). This event, organised by the London Health Innovation Networks and partners, will explore practical strategies to optimise medicines and reduce harm in this population.

### **Migraine Update: New Guidance & Prescribing Options 19th March 13:00-14:00**

Join Imperial Consultant Neurologist Dr Sam Dahdaleh alongside NWL experts for a review of the new migraine guidance. Run by RIPEN – West London Training Hub.

Latest migraine guidance

- Up-to-date prescribing options for Primary Care
- Interactive Q&A with case studies
- Suitable for: GPs, Pharmacists & all Prescribers

### **NWL Safeguarding Webinar: Harm Reduction Drugs & Alcohol**

**Part 1: 12<sup>th</sup> March 2026, 13:00-14:00**

**Part 2: 25<sup>th</sup> March 2026, 13:00-14:00**

### **NWL Women's Forum**

**16th Jan 13:00-14:00**

Premature ovarian insufficiency, PMS / Premenstrual dysphoric disorder (PMDD)

### **Dyslexia education workshop 8<sup>th</sup> April 13:00-16:00**

#### **Booking & Registration:**

##### **Cardiology for Primary Care:**

[Register on Medtribe](#)

##### **Rheumatology Update**

[join here](#)

or via teams

ID: 347 776 081 143  
70

Passcode: Eq2CQ3Yu

##### **Reviewing**

**Antipsychotics webinar:**

[Register here](#)

##### **Migraine Update:**

[join here](#)

or via teams

ID: 312 199 766 940  
95

Passcode: 5Sx2GD3y

##### **NWL Safeguarding**

**Webinar Series:**

[Register here](#)

##### **NWL Women's Forum:**

<https://medtribe.com/courses/nwl-women-s-health-forum>

##### **Dyslexia Workshop:**

<https://medtribe.com/courses/autism-dyslexia-adhd-education-workshops>

## **ARRS Peer Support**

NWL are keen to understand your experience of Peer Support Networks in your borough for you and other ARRS-funded colleagues. We would appreciate if you can take a few minutes to complete the survey. The insight of the survey will help both at a borough and a NWL level, to inform the future development of peer support networks.

The survey is anonymous, and by completing the survey you have the option to enter a random prize draw to win one of two Marks and Spencer £10 vouchers.

**The deadline** to complete the survey is Friday 20<sup>th</sup> February.

Complete the survey here: <https://form.jotform.com/260073571474053>

## **ARRS Peer Support for Supervisors Sessions**

Next session 24<sup>th</sup> March 10:30-12:30

For ARRS-funded staff who line manage/supervise other ARRS-funded staff

### **What is it?**

- Two hours every two months on MS Teams
- Open to all NWL colleagues who fit the above criteria.
- Includes development to help you be a more confident manager or leader, or to help get your team to work better together, and more!
- A space to showcase your local initiatives around management, leadership or team development
- Space to hear about relevant development for you in your role, or to help you develop your team
- Claim a certificate of attendance

[Register your attendance here](#)

## **ARRS Hot Topics online Drop in Sessions for H&F**

Next session 3<sup>RD</sup> March 13:15-14:00

**Drop-in sessions for ARRS staff working in Hammersmith & Fulham.**

Following the ARRS Learning & Development event in Feb, please join Caroline & Eve for a follow up session for your questions and queries; further information & resources.

## **Enhanced Services Training Directory** [NWL Training Hub](#)

### **New Motivational Interviewing for CRM Care**

This training has been organised by NWL ICB in response to the new Enhanced Services Cardio-Renal specification.

**Recommend 3 staff members per practice attend inc.**

GPs, Nurses, AHPs, ARRS, Cardio-renal teams (clinical & non-clinical)

### **Multi-professional Supervisor Course New Dates**

31st March, 7th May, 20th May, & 7th July, 9:00-17:00

[Please complete the application form or find more info here](#)

### **Child Immunisation Updates**

11 dates available from Jan to Nov 2026

### **Travel Health Updates**

6 dates available from Feb to Nov 2026

### **Seasonal Imms Updates**

16 dates available from June to October 2026

### **Foundation Pitstop Diabetes 4-hour update**

23rd Feb 13:00-17:00

### **Adult Phlebotomy multiple dates from 5th Feb 2026**

### **Performing ECG 3<sup>rd</sup> Feb, 17<sup>th</sup> June**

For HCAs, GPAs, pharmacists, nurses. 3<sup>rd</sup> Feb in Fulham; 17<sup>th</sup> June in Harrow.

### **Diabetes Foot Care 28<sup>th</sup> Jan & 3<sup>rd</sup> June**

28<sup>th</sup> Jan will be in Harrow; 3<sup>rd</sup> June is in Fulham

### **ECG Interpretation Foundation for GPs & ACPs**

Harrow Baptist Church, HA1 1BA

6th March 2026 09:00-16:00; 27th November 2026 09:00-16:00

### **Refresher Interpreting ECG course**

27th March 2026, 12:30-14:00; 18th September 2026 12:30-14:00

### **Booking & Registration:**

Motivational Interviewing for CRM  
[Full information & booking](#)

New To Immunisation:  
[Register on Medtribe](#)

Travel Health Update:  
[Register on Medtribe](#)

Seasonal Imms Update:  
[Register on Medtribe](#)

Child Imms Update:  
[Register On Medtribe](#)

Foundations Pitstop:  
[Register here](#)

Adult Phlebotomy  
[Register on Medtribe](#)

Performing ECG  
[Register on Medtribe](#)

Diabetes Foot Care  
[Register on Medtribe](#)

ECG Interpretation Foundation:  
[Register here](#)

Refresher ECG Int.:  
[Register here](#)

## **Enhanced Services Training Directory** [NWL Training Hub](#)

**Ring Pessary Foundation** 19<sup>th</sup> March 13:00-16:00  
Dawes Road Hub, Dawes Road, Fulham, SW6 7EN

**Advanced Diabetes UPDATE PITstop**  
For GPs, GPNs & Pharmacists, NWL Training Hub are collating EOIs.

**Wound Care in-person** 18<sup>th</sup> March, 9<sup>th</sup> July  
This training is for HCSWs/HCAs (who have care certificate), GPN Trainees and new to practice nurses. 18<sup>th</sup> March will be in Harrow; 9<sup>th</sup> July is in Fulham

**Advanced Wound Care** 4<sup>th</sup> March, 5<sup>th</sup> August  
4<sup>th</sup> March will be in Harrow; 5<sup>th</sup> Aug is in Fulham

**Paediatric Phlebotomy** **Full - join waitlist**

**New to Anticoagulation** 18th Feb 2026

**Anticoagulation Update** 16<sup>th</sup> March 2026

**Transgender Healthcare for Clinical Staff**

All at 12:00pm – 1:30pm

Session 1: 9th February, 22nd April and 15th June

Session 2: 15th February, 29th April and 22nd June

**Transgender Healthcare for Non Clinical Staff**

All at 12:00pm – 1:30pm

Session 1: 16th March, 13th May and 6th July

Session 2: 23rd March, 20th May and 13th July

**New Deaf Awareness** 12th May 9:30-12:30

### **Booking & Registration:**

Ring Pessary Foundation:  
[Register here](#)

Advanced UPDATE PITstop  
[Expression of Interest](#)

Wound Care in-person  
[Register on Medtribe](#)

Advanced Wound Care  
[Register on Medtribe](#)

Paediatric Phlebotomy  
[Register on Medtribe](#)

New to AntiCoag.  
[Register on Medtribe](#)

Anticoag. Update  
[Register on Medtribe](#)

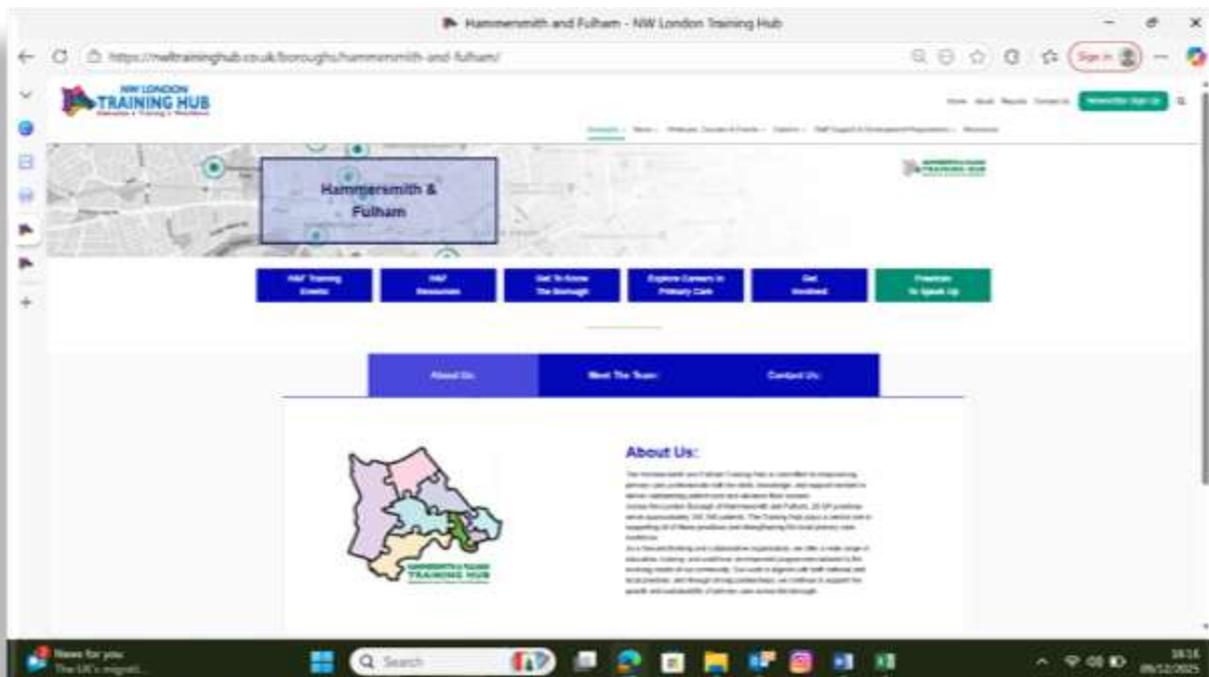
IPC Refresher  
[Register here](#)

Transgender  
Healthcare for Clinical  
Staff:  
<https://www.nwllearning.nhs.uk/login/index.php>

Transgender  
Healthcare for Non  
Clinical Staff:  
<https://www.nwllearning.nhs.uk/login/index.php>

Deaf Awareness:  
[Register on Medtribe](#)

## Have you visited our new website yet?



## [Hammersmith and Fulham - NW London Training Hub](#)

Embedded in the NWL Training Hub Platform, you will find our bespoke platform under 'Boroughs', where we bring the Hammersmith & Fulham primary care workforce and development opportunities to you over 5 live pages:

### [H&F Training Events](#)

*Where you can find all our current & upcoming trainings inc. Adult Safeguarding L3, Talking Therapies Staff remit Training; Metabolic Liver Disease GP Webinar.*

### [Staff Resources](#)

*For all roles inc. slides and recordings; training links; funding information.  
And for those with an interest, [Health & Wellbeing](#), [Sustainability](#), [Digital & AI](#) resources.*

### [Get Involved](#)

*Our partner organisations and their events; the weekly newsletter and sign-up; and a space for you to share your news and events.*

### [Career pathway information](#)

*Detailed routes into Primary Care roles inc. apprenticeships and traineeships.  
[Borough primary care info and NWRS data](#)  
Your practices, your data and an NHS induction into primary care for new staff.*