

Review and book all NWL Training Events:

nwltraininghub.co.uk/events/

NHSE Prescribing Infrastructure Project

The North West London Training Hub have been asked to undertake a piece of work in relation to Mapping and Training of current and prospective Designated Prescribing Practitioners (DPPs) and Designated Supervisors (DS) by NHS England WT&E colleagues.

This piece of work will help to inform and build on capacity for Foundation Pharmacist Learning and Independent Prescribing Programmes across different parts of the NHS London system. [Clinical Pharmacist Designated Prescribing Practitioner Support Document](#)

If the relevant Healthcare Professionals could complete the linked survey below, which should take approx. 10 mins maximum, if you have been or wish to be a DPP/DS – This includes Pharmacists, GPs, Nurses, Paramedics and other roles who are Independent Prescribers. <https://form.typeform.com/to/qIKGGdKQ>

Managing acute wheeze in adults—Webinar

- 21st April, 13:00—14:00 [book here](#)

What will be covered?

- Overview of common respiratory viral infections: rhinovirus, RSV, influenza and HMPV
- How viral infections trigger asthma and COPD exacerbations (pathophysiology explained simply)
- When to consider prescribing prednisolone in practice
- When to consider prescribing inhaler therapy

Essentials of Menopause Care

- 9th October, 11:35—3:30 [book here](#)

This course is aimed at GPs, ANPs, nurses & physician's associates providing menopause care within primary care settings

Course overview

Essentials of Menopause Care is a half-day, interactive course designed to support healthcare professionals who consult with women during perimenopause and menopause. The course provides an introduction to menopause care and a structured update for more experienced clinicians. It focuses on developing confidence in assessment, management, and discussion of menopause-related care needs in line with current guidance.

Asthma Inhaler Update Webinar – New Licensing, Paediatrics & NWL Formulary

- 5th May, 12:30—13:30 [Book here](#)

What will be covered?

- Latest asthma inhaler licensing updates
- How to choose a MART or AIR inhaler
- Overview of the new NWL Asthma Inhaler Prescribing Guide
- Practical guidance for use in primary care

NWL Women's Health Forum

- 15th May, 14:20—15:20 [book here](#) topic TBC

- 10th July, 13:00—14:00 [book here](#) UKMPC update and application in complex cases; Contraception update

- 4th September, 13:00—14:00 [book here](#) PMS & PMDD

- 6th November, 13:00—14:00 [book here](#) Intrauterine contraception: managing challenges and complications

Accelerate Academy- Introduction to teaching and learning for healthcare professionals- this course is open to nursing staff

About the course: Developing skills in teaching and learning is an important part of modern healthcare. We firmly believe in the importance of education and the sharing of expertise and experience.

This course is completed over two days 09:30 – 16:00. You can attend either: 16 June and 7 July 2026 OR 4 and 18 November 2026

Please note: there are 4 spaces on each date available, so spaces will be allocated on first come first serve basis. Spaces will be allocated as 1 per borough and if left unutilised they will be allocated on first come first serve basis.

[Express your interest here](#)

Recognising Common Dermatological Conditions in People of Colour for Nurses

- 13th April, 10:00—16:30 [book here](#)

Participants will explore how common dermatological conditions may present differently across skin tones, learn structured assessment techniques, and apply practical approaches to treatment, care, and referral. The program also addresses cultural influences on skin, hair, and nail health, ensuring a holistic, patient-centred approach. Learning is reinforced through interactive case studies, image analysis, and group discussions, equipping participants to make accurate diagnoses and informed referral decisions.

All ARRS Forum - Record Keeping and Significant Event Analysis

- 16th April, 9:30—12:30 @ Perceval House Ealing [book here](#)

By the end of this session, participants will:

- Understand the Patient Safety Strategy regulatory and process framework
- Review the key elements of the Patient Safety Investigation Response Framework (PSIRF)
- Gain insight into analysis skills with interactive group work
- Strengthen knowledge of professional and legal standards for record keeping
- Update and share experience on the use of AI

Navigating Men's Health: Essential Skills and Expertise for ACPs

- 23rd April 9:30—16:30 [book here](#)

Men often present late with health concerns, and primary care plays a crucial role in early detection, prevention, and timely referral. This interactive programme focuses on practical, evidence-based approaches to sexual health, urological conditions, and cancer awareness, with an emphasis on real-world clinical decision-making.

Tackling Vaccination Health Inequalities for Nurses

- 29th April, 10:00—16:00 @ Perceval House Ealing [book here](#)

- 30th April, 10:00—16:00 @ Perceval House Ealing [book here](#)

- To understand the inequalities that exist around vaccine uptake and the reasons for vaccine hesitancy.
- To use health coaching methods to investigate reasons why people choose not to take an opportunity to get vaccinated.
- To learn how to create rapport, to ask open questions and to actively listen.
- To seek to understand and respect the perceptions of others, whilst addressing any misconceptions they may have.
- To learn about the potential practical and psychological barriers to vaccination take-up and how to overcome them.
- To observe and reflect upon the links between social inequalities and non-compliance.
- To learn about the stages of Vaccine Readiness, using case studies to apply different techniques (HEAR, Ask- Tell – Ask, Action Planning) to examples at each stage

An introduction to Pre-cancerous and Cancerous Skin Presentations for Primary Care Nurses

- 5th May, 10:00—16:30 [book here](#)

The training offers a broad overview around how to spot common precancerous and cancerous skin lesions whilst providing a foundation for further diagnostic skill development.

NWL Health and Wellbeing Practice or PCN Temperature Checks.

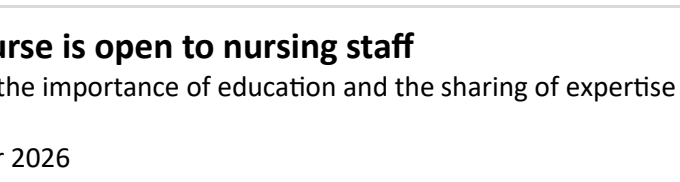
As the financial year is coming to an end and spring is starting to appear, we thought this would be the perfect opportunity to remind you of our NWL Health and Wellbeing Practice or PCN Temperature Checks.

If you have not yet had the opportunity to host one or keep thinking about it but **66** of you that we missed your chance, it's fine we have been given another year so why not join though you can't across NWL, that have now hosted and benefited from a temperature check.

You get up to £100 for lunch reimbursed (I am sure you and your team wouldn't say no to that), during the session we have a fun ice breaker and together we discuss and come up with ways to address some of the key things that are causing stress and anxiety at work. The top two currents themes that are discussed are **'Workload and Patients'**.

This also helps support your CQC domains, see below highlighted in yellow:

For more information and/or to book your session please contact the Hillingdon Training Hub Team on hillconfed.traininghub@nhs.net or Natasha England directly on natashaengland@nhs.net – Project Lead and Senior Facilitator for this Programme.



Effective:

- Assessing needs.
- Delivering evidence-based care and treatment.
- **How staff teams and services work together.**
- Supporting people to live healthier lives.
- Monitoring and improving outcomes.
- Consent to care and treatment.

Caring:

- Kindness, compassion, and dignity.
- Treating people as individuals.
- Independence, choice, and control.
- Responding to people's immediate needs.
- **Workload wellbeing and resilience.**

Well-led:

- Shared direction and culture.
- **Capable, compassionate, and inclusive leaders.**
- **Freedom to speak up.**
- **Workforce equality, diversity and inclusion.**
- Governance, management, and sustainability.
- Partnerships and communities.
- **Learning, improvement, and innovation.**

Pan-London HIN COP: Reducing harm from psychotropics used for behaviour that challenges in people with a learning disability

- 28th April, 12:30—1:30 [Book here](#)

Join colleagues from across London for the launch of a new pan-London Health Innovation Network (HIN) Community of Practice (COP), supporting the NHS England Patient Safety Collaborative programme on reducing harm from psychotropic medicines used for behaviour that challenges in people with a learning disability.

This safe, supportive space brings together clinicians from primary care, secondary care and care homes to share best practice, problem-solve real-world challenges, and surface common issues affecting people and services across London. Our aim is to build a collaborative network that strengthens confidence, improves consistency of care, and helps drive safer, person-centred approaches to psychotropic prescribing and review.

For further information and/or to get involved with the ICHP PSC MedSPS Programme please contact catherine.caldwell@imperialcollegehealthpartners.com

THIS WEEK

- Peer Support Network for ARRS-funded roles that manage or supervise others - 24th March, 9:30 - 11:30 [register here](#)

- Menopause Matters: Building Skilled, Supportive Managers - 25th March, 12:30—13:30 [book here](#)

- Refresher Interpreting ECG course - 27th March, 12:30—14:00 [book here](#) spaces available

NWL TH Training

Oliver McGowan training

Which tier of training you need to attend will depend on the nature of your role and how much you interact with patients. Both tiers are required to undertake two parts to complete this training, the parts are outlined below;

Tier 1: staff with **indirect or occasional contact with patients**, i.e. non-patient facing roles.

Tier 1, Part 2 – various dates and times from 31st March [book here](#) £7 per person*

- 31st March, 10:00—11:00 [book here](#) fully booked

- 31st March, 12:30—13:30 [book here](#) spaces available

- 31st March, 14:30—15:30 [book here](#) spaces available

[More dates can be found here.](#)

Tier 2: staff with **regular or direct contact with patients**, i.e. patient facing roles. This include all staff who provide care, support or make decisions, this is not limited to clinical roles.

Tier 2, Part 2 – various dates from 23rd April, in person [book here](#) £40 per person*

- 23rd April, 9:30—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN fully booked

- 19th May, 9:30—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN fully booked

- 23rd May, 9:30—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN fully booked

- 15th July, 9:30—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN fully booked

- 11th August, 9:30—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN spaces available

- 17th September, 9:30—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN spaces available

[More dates to be confirmed](#)

*We are delivering this training using a cost-sharing approach. This enables us to support wider staff participation across the system, maintain a high standard of training delivery, and ensure we meet national requirements.

This year, the Training Hub is able to cover 50% of the training cost to widen access.

Please note that future funding from NHSE/JCB is not guaranteed, so employers may need to fully fund places in subsequent years.

Enhanced Services and CPD

If all dates are **fully booked** for a training please join the waitlist, this allows us to know when there is sufficient demand for us to book new dates.

Deaf Awareness

- 12th May, 9:30—12:30 [book here](#) fully booked

Learning Outcomes

- Identify the barriers that deaf and hard of hearing people face
- List the ways in which deaf and hard of hearing people communicate
- Understand and demonstrate how to implement positive methods of communication, and offer an equal service to deaf and hard of hearing people.
- Apply the finger-spelling alphabet
- Explore the deaf community & culture

Travel Health Updates

- 14th April, 13:00—16:00 [book here](#) fully booked

- 3rd June, 13:00—16:00 [book here](#) fully booked

- 16th July, 13:00—16:00 [book here](#) limited spaces

- 7th October, 13:00—16:00 [book here](#) spaces available

- 17th November, 13:00—16:00 [book here](#) spaces available

Open to all trained Nursing and Pharmacist Immunisers (suitable for registered Nursing Associates and Pharmacy Techs already doing child/travel immunisations but not suitable if they have not done any introductory training as not sufficient detail)

3-hour online travel health updates for experienced practitioners; usually nurses and pharmacists, offering travel immunisations already.

Seasonal Immunisation Updates

- 16 dates available from June to October 2026 [book here](#) spaces available across most dates

3-hour online seasonal immunisation updates for all experienced Health Care Professionals; Nurses, Paramedics, Pharmacists, Nursing Associates, Pharmacy Techs and the non-registered workforce (includes HCAs, HCSWs, Phlebotomists, receptionists etc) to deliver flu, pneumococcal, shingles, RSV and COVID vaccines.

Child Immunisation Updates

- 16th April, 13:00—16:30 [book here](#) spaces available

- 14th May, 13:00—16:30 [book here](#) spaces available

- 11th June, 13:00—16:30 [book here](#) spaces available

- 22nd July, 13:00—16:30 [book here](#) spaces available

- 18th August, 13:00—16:30 [book here](#) spaces available

- 23rd September, 13:00—16:30 [book here](#) spaces available

- 8th October, 13:00—16:30 [book here](#) spaces available

- 18th November, 13:00—16:30 [book here](#) spaces available

3-hour online child immunisation updates for experienced practitioners; usually nurses, nursing associates and pharmacists, delivering child immunisations already.

Motivational Interviewing for Cardio-Renal Care – Live Online Interactive Study Day

- 14th April, 9:00—16:00 [book here](#) fully booked

- 15th April, 9:00—16:00 [book here](#) spaces available

- 21st April, 9:00—16:00 [book here](#) spaces available

- 14th May, 9:00—16:00 [book here](#) spaces available

- 15th May, 9:00—16:00 [book here](#) spaces available

- 20th May, 9:00—16:00 [book here](#) spaces available

- 19th June, 9:00—16:00 [book here](#) spaces available

This training is for: GPs, Nurses, ARRS staff, Allied Health Professionals, Cardio-renal teams (clinical & non-clinical)

If you spend your time telling people what they should / could / need to do — this is for you. This is a live, online, interactive training for the whole cardio-renal team — from non-clinical staff to senior clinicians. Practical focus. Real scenarios. No death-by-PowerPoint. No awkward role play.

Performing ECG Training

- 17th June, 9:15—16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA fully booked

This training is for HCAs. GPs, pharmacists, nurses can attend if they require this training

ECG Interpretation Foundation – face to face training for GPs & ACPs

- 27th November, 9:00—16:00 [book here](#) @ Harrow Baptist Church, HA1 1BA spaces available

This is for GPs and ACPs who haven't already attended the interpreting ECG course.

Refresher Interpreting ECG course

- 27th March, 12:30—14:00 [book here](#) spaces available

- 18th September, 12:30—14:00 [book here](#) spaces available

The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs. This course is for GPs and ACPs who have already attended the interpreting ECG Course

Adult Phlebotomy

- 29th April, 9:15—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN limited spaces

- 18th June, 9:15—16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA spaces available

- 4th August, 9:15—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN spaces available

- 7th October, 9:15—16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA spaces available

- 3rd December, 9:15—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN spaces available

This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

Paediatric Phlebotomy

- 20th May, 9:00—14:00 @ Cuckoo Lane Surgery, W7 1DR [apply here](#) fully booked

You must attend the training day and assessment day to finalise course the assessment date for each of the above training cohorts can be found on the Medtribe page for each cohort.

This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care Certificate. Full eligibility criteria can be found at the above booking link.

The aim of this course is to provide the underpinning knowledge and basic skills to safely perform phlebotomy on babies and children from 2 years, and identify the underlying issues in paediatric Phlebotomy. e.g. consent, restraint, distraction and environment.

Diabetes Foot Care

- 3rd June, 9:15—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN fully booked

The course is for experienced HCSWs who will be assisting with diabetes reviews

Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.

GPs – please be sure to provide a summary of your diabetes related work undertaken. [Express your interest here](#)

Wound Care Training

- 9th July, 9:15—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN limited spaces

This training is for HCSWs/HCAs who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new practice nurses can attend

Advanced Wound Care Training for HCAs

- 5th August, 9:15—16:30 [book here](#) @ Dawes Road Hub, SW6 7EN spaces available

This session is aimed at HCAs who have some basic knowledge and experience of wound care and wish to extend their skills to be able to perform stretch and staple removal and take a swab correctly.

Ring Pessary Foundation course

- 8th October, 9:00—12:00 [book here](#) @ Dawes Road Hub, SW6 7EN limited spaces

- 8th October, 13:00—16:00 [book here](#) @ Dawes Road Hub, SW6 7EN spaces available

This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

Ring Pessary Update

- 16th May, 9:00—12:00 [book here](#) spaces available

- 26th June, 13:00—16:00 [book here](#) spaces available

This training is an update - for those who already finalised their Ring Pessary training

Dyslexia education workshops FOR NURSES

- 8th April, 13:00—16:00 [book here](#) spaces available

- Definition of dyslexia
- Common features of dyslexia
- Identifying dyslexia
- The rights of people with dyslexia

2-Day Introduction To Contraception course

- 21st May & 22nd May, 9:30 - 16:30 [book here](#) spaces available

Course is suitable for: nurses, qualified NAs, paramedics & GPs

This course is aimed at qualified staff who are new to practice and want an overview of all contraceptive methods, or for staff who have completed a contraceptive course before and want a full update on contraception.

Cervical Sample Taker Update

- 23rd April, 9:30—12:30 [book here](#) spaces available

- 9th October, 13:00—16:30 [book here](#) spaces available

Course is suitable for: Registered Nurses, Doctor, Midwife or registered physician associate, nursing associates who are registered with the NMC, registered paramedics working in GP practice, who have completed their cervical sample training in the past and who require the three yearly update

ARRS Training Offers

ARRS 2 Day Foundation Health Coaching Course

Building on previous work to the past 3 years, the NWL London Training Hub are working with provider Peak Health Coaching to provide the PCI approved core required 2-day health & role coaching programme for the new to role Social Prescribing Link workers and Care Co-ordinators.

Due to requests for development, the 2-day Foundation Health Coaching course will now also be opened up to additional clinical roles - **Clinical Pharmacist, Dietitians, FC Physiotherapists, Physician Associate & Paramedics** to aid in these roles support of long-term disease management. *Please note this course will not be relevant for all of these roles, so please only apply if it is relevant to your daily practice due to funding limitations.*

The 4 Day Intermediate Health Coaching course required for Health & Wellbeing Coaches new to role, may still be available so please email directly to enquire about this.

To apply for a space please [complete the EOI form](#) or if you have any further questions around recruitment, please contact Jon Ord – NWL ARRS Programme Officer – jonathan.ord1@nhs.net.

Pitstop Foundation Level Diabetes Course