

NWL Training Hub

Newsletter

w/c 13 April 2026

News and Updates

Review and book all NWL Training Events:
nwltraininghub.co.uk/events/

Motivational Interviewing for Cardio-Renal Care– Live Online Interactive Study Day

- 14 April, 9:00–16:00 [book here](#) **fully booked**
- 15 April, 9:00–16:00 [book here](#) **spaces available**
- 21 April, 9:00–16:00 [book here](#) **spaces available**
- 14 May, 9:00–16:00 [book here](#) **spaces available**
- 15 May, 9:00–16:00 [book here](#) **spaces available**
- 20 May, 9:00–16:00 [book here](#) **spaces available**
- 19 June, 9:00–16:00 [book here](#) **spaces available**

This training is for: **GPs, Nurses, ARRS staff, Allied Health Professionals, Cardio-renal teams (clinical & non-clinical)**

If you spend your time telling people what they should / could / need to do — this is for you.

This is a live, online, interactive training for the whole cardio-renal team — from non-clinical staff to senior clinicians. Practical focus. Real scenarios. No death-by-PowerPoint. No awkward role play.

NHSE Prescribing Infrastructure Project

The North West London Training Hub have been asked to undertake a piece of work in relation to Mapping and Training of current and prospective Designated Prescribing Practitioners (DPPs) and Designated Supervisors (DS) by NHS England WT&E colleagues.

This piece of work will help to inform and build on capacity for Foundation Pharmacist Learning and Independent Prescribing Programmes across different parts of the NHS London system. [Clinical Pharmacist Designated Prescribing Practitioner Support Document](#)

If the relevant Healthcare Professionals could complete the linked survey below, which should take approx. 10 mins maximum, if you have been or wish to be a DPP/DS — This includes Pharmacists, GPs, Nurses, Paramedics and other roles who are Independent Prescribers. <https://form.typeform.com/to/qiKGGdKQ>

Leadership Core Concepts

- 7 May, 9:30–16:30 [book here](#) @ The Abbey Centre, SW1P 3BU
- 14 May, 9:30–16:30 [book here](#) @ the venue TBC
- 16 June, 9:30–16:30 [book here](#) @ the venue TBC

This one-day training will explore a range of leadership concepts and models, both military and academic in origin: Moonraker's selection of the best tools out there. You'll work through:

- The effects of good leadership
 - Definitions of leadership
 - The three responsibilities of command / leadership / management
 - The five styles of leadership and their uses
 - The task / team / individual divide
 - Personality as the tool to unlock nuance using the OCEAN model
 - The impact of personality on self and teams
 - The effects of toxic leadership and how to avoid it in yourself
 - Tough vs toxic
- Leadership frameworks and values

Leading through change

- 19 May, 9:30–16:30 [book here](#) @ The Irish Cultural Centre, W6 9DT
- 25 June, 9:30–16:30 [book here](#) @ The Abbey Centre, SW1P 3BU

This one-day in-person training is targeted at leaders who already have their change planned, please do not sign up to this session if this is not the case. It will explore some key concepts that will support you in leading change and understanding the environment for change to support the best chance of introducing the change successfully. Some of the sessions will be targeted at specific cohorts, to support bringing colleagues together who are implementing similar changes. While the development is generic, by connecting leaders with common aspirations, e.g. implementing digital tools, the aim is to organically connect peers across NWL to connect and share learning beyond the session.

Strategy and Planning

- 5 & 6 May, 9:30–16:30 [book here](#) @ The Abbey Centre, SW1P 3BU
- 23 & 24 June, 9:30–16:30 [book here](#) @ The Abbey Centre, SW1P 3BU

This two-day learning blends theory and practical application. Join peers from across North West London as Moonraker guides you through the tool the British military uses to plan battles and strategise — the 7 questions. It's a systematic tool for analysing a problem and the team's role in solving it, generating options of how to solve them and to evaluate them.

This is a fantastic tool for planning anything, in any industry. It is particularly effective. The 7 questions can be used as they are as a very rudimentary planning method but more effectively are used in association with a range of other tools and processes which we teach to the audience. The original military method has been adapted for non-military use by the team.

This development is targeted at clinical and non-clinical leaders who will take the learning back and apply it in your team. It is a great opportunity for teams who are trying to take a proactive approach to planning, who feel stuck, and just need a clear, tried and tested approach to plan and the confidence to bring your team along in that planning.

THIS WEEK

- **Recognising Common Dermatological Conditions in People of Colour for Nurses** - 13 April, 10:00–16:30 [book here](#)
- **Travel Health Updates** - 14 April, 13:00–16:00 [book here](#) **limited spaces**
- **Integrated Care: Mental Health, Depression, Antimicrobial Stewardship and Collaborating with Others in Practice** - 14 April, 9:00–17:00 @ The Crown Hotel, NW2 3ED [book here](#)
- **Personalised Care** - 14 April, 10:00–10:45 [book here](#)
- **SMRs in problematic polypharmacy: insomnia focus** - 14 April, 13:00–14:00 [book here](#)
- **Cyber Griffin Baseline Webinar** - 14 April, 14:00–15:00 [book here](#)
- **Motivational Interviewing for Cardio-Renal Care– Live Online Interactive Study Day** - 14 April, 9:00–16:00 [book here](#) **fully booked**
- **Motivational Interviewing for Cardio-Renal Care– Live Online Interactive Study Day** - 15 April, 9:00–16:00 [book here](#) **spaces available**
- **Boots Macmillan Professionals** - 15 April, 12:30–13:15 [book here](#)
- **Growing Occupational Health and Wellbeing – National Learning Session** - 15 April, 11:00–12:30 [book here](#)
- **All ARRS Forum - Record Keeping and Significant Event Analysis** - 16 April, 9:30–12:30 @ Perceval House Ealing [book here](#)
- **Child Immunisation Updates** - 16 April, 13:00–16:30 [book here](#) **limited spaces**
- **Radiology Happy Hour** - 16 April, 12:30–13:30 [book here](#)

NWL TH Training

Webinars

Managing acute wheeze in adults

- 21 April, 13:00–14:00 [book here](#)
- Overview of common respiratory viral infections: rhinovirus, RSV, influenza and HMPV
- How viral infections trigger asthma and COPD exacerbations
- When to consider prescribing prednisolone in practice
- When to consider prescribing inhaler therapy

Asthma Inhaler Update Webinar – New Licensing, Paediatrics & NWL Formulary

- 5 May, 12:30–13:30 [book here](#)
- Latest asthma inhaler licensing updates
- How to choose a MART or AIR inhaler
- Overview of the new NWL Asthma Inhaler Prescribing Guide
- Practical guidance for use in primary care

NWL Women's Health Forum

- 15 May, 14:20–15:20 [book here](#) **topic TBC**
- 10 July, 13:00–14:00 [book here](#) UKMEC update and application in complex cases
- 4 September, 13:00–14:00 [book here](#) PMS & PMDD
- 6 November, 13:00–14:00 [book here](#) Intrauterine contraception: managing challenges and complications

Oliver McGowan training

Which tier of training you need to attend will depend on the nature of your role and how much you interact with patients. Both tiers are required to undertake two parts to complete this training, the parts and tiers are outlined below. Please ensure you book the right tier for your role.

Tier 1: staff with **indirect or occasional contact with patients**, i.e. non-patient facing roles.

Tier 1, Part 2 —various dates and times from 21 April [book here](#) £7 per person*

- 21 April 10:30–11:30 [book here](#) **limited spaces**
- 14 May 10:30–11:30 [book here](#) **spaces available**
- 19 May, 10:00–11:00 [book here](#) **fully booked**
- 19 May, 12:30–13:30 [book here](#) **fully booked**
- 19 May, 14:30–15:30 [book here](#) **limited spaces**
- 1 June 10:30–11:30 [book here](#) **spaces available**
- 18 June, 10:30–11:00 [book here](#) **spaces available**
- 18 June, 12:30–13:30 [book here](#) **spaces available**
- 18 June, 14:30–15:30 [book here](#) **spaces available**
- 23 July 10:30–11:30 [book here](#) **spaces available**
- 4 September 10:30–11:30 [book here](#) **spaces available**
- 15 September, 10:00–11:00 [book here](#) **spaces available**
- 15 September, 12:30–13:30 [book here](#) **spaces available**
- 15 September, 14:30–15:30 [book here](#) **spaces available**

More dates to be confirmed

Tier 2: staff with **regular or direct contact with patients**, i.e. patient facing roles. This include all staff who provide care, support or make decisions, this is not limited to clinical roles.

Tier 2, Part 2 —various dates from 23 April, in person [book here](#) £40 per person*

- 23 April, 9:30–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **fully booked**
- 14 May 9:30–16:30 [book here](#) @ Pembroke Centre, HA4 8NX **fully booked**
- 19 May, 9:30–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **fully booked**
- 10 June 9:30–16:30 [book here](#) @ Pembroke Centre, HA4 8NX **fully booked**
- 23 June, 9:30–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **fully booked**
- 15 July, 9:30–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **fully booked**
- 11 August, 9:30–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **fully booked**
- 17 September, 9:30–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **fully booked**

More dates to be confirmed

*We are delivering this training using a cost-sharing approach. This enables us to support wider staff participation across the system, maintain a high standard of training delivery, and ensure can meet national requirements.

This year, the Training Hub is able to cover 50% of the training cost to widen access.

Please note that future funding from NHSE/ICB is not guaranteed, so employers may need to fully fund places in subsequent years.

Enhanced Services and CPD

If all dates are **fully booked** for a training please join the waitlist, this allows us to know when there is sufficient demand for us to book new dates.

Deaf Awareness

- 12 May, 9:30–12:30 [book here](#) **fully booked**
- Learning Outcomes
- Identify the barriers that deaf and hard of hearing people face
- List the ways in which deaf and hard of hearing people communicate
- Understand and demonstrate how to implement positive methods of communication, and offer an equal service to deaf and hard of hearing people.
- Explore the finger-spelling alphabet
- Apply the deaf community & culture

Travel Health Updates

- 14 April, 13:00–16:00 [book here](#) **limited spaces**
- 3 June, 13:00–16:00 [book here](#) **fully booked**
- 16 July, 13:00–16:00 [book here](#) **fully booked**
- 7 October, 13:00–16:00 [book here](#) **spaces available**
- 17 November, 13:00–16:00 [book here](#) **spaces available**

Open to all trained Nursing and Pharmacist immunisers (suitable for registered Nursing Associates and Pharmacy Techs already doing child/travel immunisations but not suitable if they have not done any introductory training as not sufficient detail)

3-hour online travel health updates for experienced practitioners; usually nurses and pharmacists, offering travel immunisations already.

Seasonal Immunisation Updates

- 16 dates available from June to October 2026 [book here](#) **spaces available across most dates**

3-hour online seasonal immunisation updates for all experienced Health Care Professionals; Nurses, Paramedics, Pharmacists, Nursing Associates, Pharmacy Techs and the non-registered workforce (includes HCAs, HCSWs, Phlebotomists, receptionists etc) to deliver flu, pneumococcal, shingles, RSV and COVID vaccines.

Child Immunisation Updates

- 16 April, 13:00–16:30 [book here](#) **limited spaces**
- 14 May, 13:00–16:30 [book here](#) **spaces available**
- 11 June, 13:00–16:30 [book here](#) **spaces available**
- 22 July, 13:00–16:30 [book here](#) **spaces available**
- 18 August, 13:00–16:30 [book here](#) **spaces available**
- 23 September, 13:00–16:30 [book here](#) **spaces available**
- 8 October, 13:00–16:30 [book here](#) **spaces available**
- 18 November, 13:00–16:30 [book here](#) **spaces available**

3-hour online child immunisation updates for experienced practitioners; usually nurses, nursing associates and pharmacists, delivering child immunisations already.

Motivational Interviewing for Cardio-Renal Care– Live Online Interactive Study Day

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Performing ECG Training

- 17 June, 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **fully booked**

This training if for HCAs. GPAs, pharmacists, nurses can attend if they require this training

ECG Interpretation Foundation –a face to face session for GPs & ACPs.

- 27 November, 9:00–16:00 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**

This is for GPs and ACPs who haven't already attended the interpreting ECG Course.

Refresher Interpreting ECG course

- 18 September, 12:30–14:00 [book here](#) **spaces available**
- The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs.
- This course is for GPs and ACPs who have already attended the interpreting ECG Course

Adult Phlebotomy

- 29 April, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **limited spaces**
- 18 June, 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**
- 4 August, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**
- 7 October, 9:15–16:30 [book here](#) @ Harrow Baptist Church, HA1 1BA **spaces available**
- 3 December, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **spaces available**

This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

Paediatric Phlebotomy

- 20 April, 9:00–14:00 @ Cuckoo Lane Surgery, W7 1DR [apply here](#) **fully booked**
- You must attend the training day and assessment day to finalise course the assessment date for each of the above training cohorts can be found on the Medtripe page for each cohort.
- This training is for Nurses, HCAs & Phlebotomists. HCAs & Phlebotomists need to have a Care Certificate. Full eligibility criteria can be found at the above booking link.
- The aim of this course is to provide the underpinning knowledge and basic skills to safely perform phlebotomy on babies and children from 2 years, and identify the underlying issues in paediatric Phlebotomy. e.g. consent, restraint, distraction and environment.

Diabetes Foot Care

- 3 June, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **fully booked**

The course is for experienced HCSWs who will be assisting with diabetes reviews

Advanced Diabetes Course

For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.

GPs – please be sure to provide a summary of your diabetes related work undertaken. [Express your interest here](#)

Wound Care Training

- 9 July, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **fully booked**

This training is for HCSWs/HCAs who will be expected to undertake simple wound care procedures. This training is for HCAs with Care Certificates. GPN Trainees can attend and new to practice nurses can attend

Advanced Wound Care Training for HCAs

- 5 August, 9:15–16:30 [book here](#) @ Dawes Road Hub, SW6 7EN **fully booked**

This session is aimed at HCAs who have some basic knowledge and experience of wound care and wish to extend their skills to be able to perform suture and staple removal and take a swab correctly.

Ring Pessary Foundation course

- 8 October, 9:00–12:00 [book here](#) @ Dawes Road Hub, SW6 7EN **fully booked**
- 8 October, 13:00–16:00 [book here](#) @ Dawes Road Hub, SW6 7EN **limited spaces**

This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

Ring Pessary Update

- 16 May, 9:00–12:00 [book here](#) **fully booked**
- 26 June, 13:00–16:00 [book here](#) **fully booked**

This training is an update - for those who already finalised their Ring Pessary training

2-Day Introduction To Contraception course

- 21 May & 22 May, 9:30 - 16:30 [book here](#) **limited spaces**

Course is suitable for: nurses, qualified NAs, paramedics & GPs

This course is aimed at qualified staff who are new to practice and want an overview of all contraceptive methods, or for staff who have completed a contraceptive course before and want a full update on contraception.

Cervical Sample Taker Update

- 23 April, 9:30–12:30 [book here](#) **fully booked**
- 9 October, 13:30–16:30 [book here](#) **limited spaces**

Course is suitable for: Registered Nurses, Doctor, Midwife or registered physician associate, nursing associates who are registered with the NMC, registered paramedics working in GP practice, who have completed their cervical sample training in the past and who require the three yearly update

Essentials of Menopause Care

- 9 October, 11:35–3:30 [book here](#) **fully booked**

This course is aimed at GPs, ANPs, nurses & physician's associates providing menopause care within primary care settings

The course provides an introduction to menopause care and a structured update for more experienced clinicians. It focuses on developing confidence in assessment, management, and discussion of menopause-related care needs in line with current guidance.

ARRS Training Offers

ARRS 2 Day Foundation Health Coaching Course

Building on previous work the past 3 years, the NW London Training Hub are working with provider Peak Health Coaching to provide the PCI approved core required 2-day health & role coaching programme for the new to role Social Prescribing Link workers and Care Co-Ordinators.

Due to requests for development, the 2-day Foundation Health Coaching course will now also be open up to additional clinical roles - **Clinical Pharmacist, Dieticians, FC Physiotherapists, Physician Associate & Paramedics** to aid in these roles support of long-term condition management. *Please note this course will not be relevant for all of these roles, so please only apply if it is relevant to your daily practice due to funding limitations.*

The 4 Day Intermediate Health Coaching course required for Health & Wellbeing Coaches new to role, may still be available so please email directly to enquire about this.

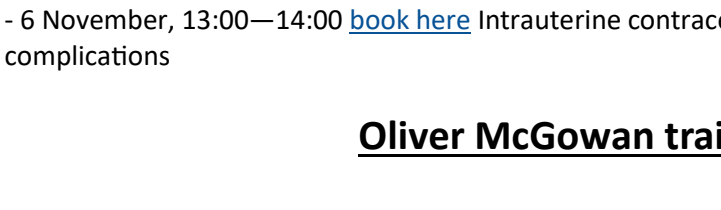
To apply for a space please [complete the EOI form](#) or if you have any further questions around recruitment, please contact Jon Ord – NWL ARRS Programme Officer – jonathan.ord1@nhs.net.

Pitstop Foundation Level Diabetes Course

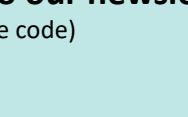
This course is now open to any ARRS clinical staff including Pharmacists, Practice Nurses, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.

Staff who wish to attend must either [complete the EOI](#) or [email Jon Ord](#) with your: Name, Email, Role, GP Practice, PCN, Borough, Employer.

Thank you from the NWL Training Hub Team



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Expressions of Interest forms

For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.
[Forms can all be found here](#)

Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

Multi-professional Supervisor Course [Application form](#)
Complete the application form to be added to the waitlist for any future cohorts

GP Supervisor Course [Application form](#)
Complete the application form to be added to the waitlist for the next cohorts.

[Pharmacy Educational Supervisor Training programme](#) – available via eLHF

Useful links and Resources

[Knowledge and Library Resources for GP and Practice Teams](#)
[Greener NHS – Resources for a more sustainable NHS](#)
[Survival Toolkit](#)
[Supported Return to Training](#)
[Podcast Learning Library](#)
[Primary Care Resources](#)
[GP Resources](#)
[Webinar Recordings](#)

Training & Events run on behalf of NWL TH

Transgender Healthcare for Clinical Staff - 12:00 – 1:30
[Click here to register for the training for clinical staff](#)

Session 1 – 22 April and 15 June
Session 2 – 29 April and 22 June

Transgender Healthcare for Non Clinical Staff - 12:00 – 1:30
[Click here to register for the training for non-clinical staff](#)

Session 1 – 13 May and 6 July
Session 2 – 20 May and 13 July

Peer Support Network for ARRS-funded roles that manage or supervise others

- Next session: 20 May, 14:00 - 16:00 [register here](#)

Are you in an ARRS-funded role? Do you line manage or supervise other ARRS-funded colleagues?

If you answered yes to both questions, this Peer Support Network is for you!

Recognising Common Dermatological Conditions in People of Colour for Nurses

- 13 April, 10:00–16:30