

INAUGURAL

IMPERIAL

CARDIOMETABOLIC SYMPOSIUM

Hammersmith Hospital, London

10th - 11th September 2026



Advancing Cardiometabolic Medicine

A new conference focused on the future of cardiometabolic care, prevention and treatment.



SCAN TO REGISTER

Register at this link: [INAUGURAL IMPERIAL CARDIOMETABOLIC SYMPOSIUM](#)

£29 (in person)

£69 (online)

CARDIOMETABOLIC SYMPOSIUM



DAY 1- THURSDAY 10TH SEPTEMBER 2026

09:30 - 10:00 Coffee & registration

10:00 - 10:05 Welcome and Introduction *Dr Julia Kenkre*

10:05 - 10:25 The landscape of Cardiometabolic care in the UK *Dr Helen Williams*

SESSION 1: OBESITY

Chairs: *Dr Harvinder Chahal, Mr Ahmed R Ahmed*

10:25 - 10:55 How we can use weight-loss pharmacotherapy to reduce ASCVD in obesity *Prof Tricia Tan*

10:55 - 11:15 How does obesity lead to its adverse cardiometabolic outcomes? *Prof Sir Steve O'Rahilly*

11:15 - 11:25 The future obesity medicines *Dr Ben Jones*

11:25 - 11:35 Abstract presentation and questions

11:35 - 11:45 Panel discussion



BREAK

SESSION 2: CARDIOLOGY/CARDIOTHORACIC

Chair: *Mr Emad Al-Jalaly*

12:15 - 12:35 Who does best from a CABG and the future of bypass surgery? *Mr Harry Smith*

12:35 - 12:50 The role of inflammation in coronary plaques *Prof Ramzi Khamis*

12:50 - 13:00 Abstract presentation and questions

13:00 - 13:20 Evidence-based prevention of Heart Failure in Patients with Cardiometabolic-renal multimorbidity *Prof Otavio Berwanger*

13:20 - 13:30 Panel discussion



LUNCH

SESSION 3: CEREBROVASCULAR DISEASE

Chaira: *Dr Jai Cegla and Dr Dheeraj Kalladka*

14:15 - 14:35 Lipid management in hyperacute stroke and TIA *Dr Joseph Kwan*

14:35 - 14:55 How should we manage CVD prevention in the frail patient? *Dr Colin Mitchell*

14:55 - 15:15 How to manage hypertension *Dr Neil Chapman*

15:15 - 15:25 Abstract presentation and questions

15:25 - 15:35 Panel discussion



BREAK

SESSION 4: LIPIDS AND CARDIOVASCULAR RISK

Chairs: *Dr Julia Kenkre and Dr Ben Jones*

16:00 - 16:20 Hypercholesterolaemia and mixed dyslipidaemia: deciphering it all *Dr Mubin Choudhury*

16:20 - 16:35 Lipoprotein (a): an overview of risk, testing and treatment *Dr Jai Cegla*

16:35 - 16:55 Managing cardiovascular risk post MI *Dr Iqbal Malik*

16:55 - 17:25 What will lipid management look like in 5 years' time? *Prof Kausik Ray*

17:25 - 17:35 Abstract presentation and questions

17:35 - 17:45 Panel discussion

CLOSE DAY 1

CARDIOMETABOLIC SYMPOSIUM



DAY 2- FRIDAY 11TH SEPTEMBER 2026

08:30 - 08:50 Coffee & registration

08:50 - 09:00 Shaping the Next Decade: What the 10 Year Health Plan Means for Cardiometabolic Care *Lord Ara Darzi*

09:00 - 09:25 The utility of grouping cardiometabolic conditions for research, clinical practice and health systems *Prof Jonathan Valabhji*

SESSION 5: VASCULAR DISEASE AND IMAGING

Chair: *Dr Melanie Dani*

09:25 - 09:45 The future management of small vessel disease *Prof Alistair Webb*

09:45 - 10:05 Advances in peripheral vascular disease *Mr Joe Shalhoub*

10:05 - 10:25 Risk and Rupture: Using imaging to define cardiovascular risk and assess plaque vulnerability *Dr Ben Ariff*

10:25 - 10:35 Abstract presentation and questions

10:35 - 10:45 Panel discussion

 **BREAK**

SESSION 6: RENAL

Chairs: *Dr James Tomlinson and Dr Pari Avari*

11:15 - 11:35 Managing obesity in CKD *Dr Andrew Frankel*

11:35 - 11:55 Why renal transplant patients have increased CV risk and what we can do to manage it *Dr Michelle Willicombe*

11:55 - 12:15 Lipids in adults with diabetic kidney disease *Dr Sagen Zac-Varghese*

12:15 - 12:25 Abstract presentation and questions

12:25 - 12:35 Panel discussion

 **LUNCH**

SESSION 7: MASLD

Chairs: *Dr Chioma Izzi-Engbeaya and Prof Mark Thursz*

13:30 - 13:50 Targeted Case-Finding in High-Risk Groups *Prof Manolis Tsochatzis*

13:50 - 14:20 How do we reduce CV risk in patients with MASLD? *Prof Chris Byrne*

14:20 - 14:35 The Future of MASLD: Breakthroughs Set to Transform Care in the Next Five Years *Dr Pinelopi Manousou*

14:35 - 14:45 Abstract presentation and questions

14:45 - 14:55 Panel discussion

 **BREAK**

SESSION 8: DIABETES AND PRIMARY CARE

Chair: *Dr Dipesh Patel*

15:25 - 15:45 Metabolic dysfunction and the use of adjunct medications in Type 1 diabetes *Prof Vicky Salem*

15:45 - 16:05 CV risk in Young onset T2 *Dr Shivani Misra*

16:05 - 16:15 Managing CV Risk in the community *Dr Deep Shah*

16:15 - 16:25 Abstract presentation and questions

16:25 - 16:35 Panel discussion

SESSION 9: CLINICAL CASES – HOW WOULD YOU MANAGE THIS CASE?

Chairs: *Prof Karim Meeran, Dr Jai Cegla, Dr James Tomlinson, Dr Bernard Khoo, Dr Shivani Misra*