



**Ealing**  
Child Health Hub

# Primary Care Webinar

June 2026



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- Why
- All children benefit
- Single Offer
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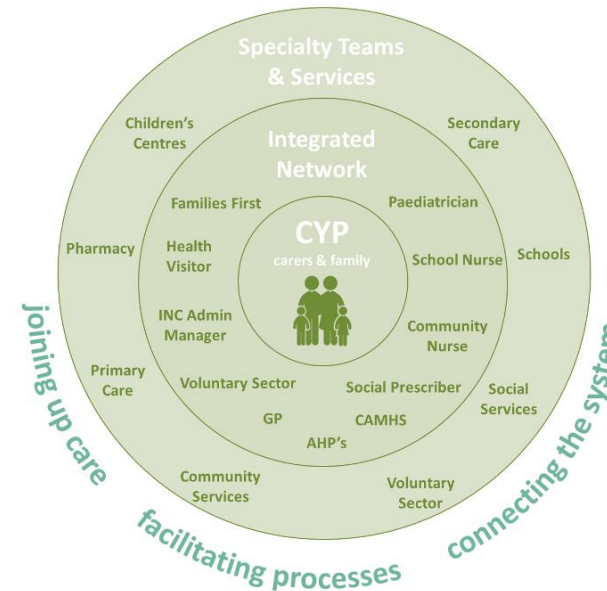


# Child Health Hub

Neighbourhood-based integrated model for children and young people (0–18 years)



- Joint GP/paediatric clinics
- Based in primary care



- Virtual MDT
- Connecting professionals



## Paediatric Clinic

- Monthly GP/Consultant led clinic
- Expertise into practices
- Families & children with complex needs receive holistic advice and specialist guidance
- Accessible care closer to home



## Multidisciplinary Team (MDT)

Monthly MDT's attended by wider set of professionals:

- GP staff – GP, Practice Nurse, CP, Social Prescriber
- Paediatrician
- **Mental Health Professional**
- Health Visitor
- School Nurse
- SaLT, Occupational Therapist
- Social Workers
- Opportunity to discuss treatment options, thresholds and improve referral information
- Relationship building, knowing your landscape, upskilling and updating



## Why?

- Rising demand and increasing complexity in CYP health needs (Darzi report 2024)
  - High A&E use and unplanned admissions for CYP
  - Supports early intervention, prevention, and reduced health inequalities
  - Aligns with NHS 10-Year Plan: shift from hospital → community, sickness → prevention
- 
- Babies and Children: 20% of Our Population, 100% of Our future



## Benefits for Children and Families

- Integrated, holistic, and needs-led care for children and young people closer to home
- Improve outcomes and experience for children and young people, as well as families and carers
- Earlier identification and proactive support – Population health management
- Reduce hospital admissions, outpatient referrals and avoidable repeated appointments
- Getting to the right help, earlier



## Benefits for Professionals

- Improved clinical knowledge – interesting and stimulating
- Collaboration among health and care professionals – relationship building
- Shared accountability, reduced stress
- Reduced referrals/ paperwork
- Targeted referrals and referral threshold knowledge – less ‘ping ponging’
- Know your landscape



## Group feedback



## Who to refer

- **Any child being considered for referral to non-urgent medical hospital outpatients or non-urgent mental health concern or neurodevelopmental concern.**
- Any child who a GP, Health Visitor, Paediatrician or any other Health Professional is worried about.
- Children who would normally be followed up in Hospital Outpatients (e.g. after A+E attendance or Hospital admission)
- Children who have been identified as frequent attenders to A+E and/or GP practice.
- Children and young people who have chronic complex needs



## Exclusion criteria

- Acutely unwell child
- Surgical, ophthalmology
- ENT
- If the patient clearly needs to be seen, rather than discussed, please book them into the Paediatric Hub Clinic.
- \*\*\* not 48h post exacerbation Asthma review\*\*\* - do not book these in CHH

| <u>Population Segments</u>              | <u>Case examples</u>                                                                 | <u>Integrated care</u>                                                              |
|-----------------------------------------|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Healthy Child                           | Breast feeding / Immunisation/ Dental health                                         | Advice & prevention : Information sharing, signposting                              |
| Vulnerable child with social needs      | Safeguarding /school attendance / Looked after children/ bereavement                 | MDT: social, physical and mental health discussion                                  |
| Child with single long-term condition   | Anxiety or low mood / ND/ Constipation / Type 2 diabetes/ Asthma / Eczema            | F2F Clinic, mini teach and upskilling<br>Threshold discussion and targeted referral |
| Child with complex health needs         | Down's syndrome / Multiple food allergies / Type 1 diabetes / Behavioural challenges | F2F Clinic, team around the child and family                                        |
| Acutely mild-to-moderately unwell child | Croup / Otitis media / Tonsillitis / Prolonged neonatal jaundice                     | Upskilling, teaching session                                                        |
| Acutely severely unwell child           | Head injury / Surgical emergency / Meningitis / Sepsis / Extreme preterm birth       | Follow up in F2F clinic, recent admissions discussed at MDT                         |



# Referral mechanisms vary – check yours



## Group feedback

# The Single Offer



## Single Offer - The Child Health Hub Model

- 1 Hub per PCN (~50,000 population)
- Two core elements:
  - Multidisciplinary Team case discussions (virtual monthly, 9–12 cases/session)
  - Joint Paediatric clinics (GP + Consultant Paediatrician, monthly)
- Each Hub has funding for Population Health Management (PHM) support to proactively identify children and young people who may benefit from early intervention and ensure they receive appropriate care
- Mental health
- Open referral routes from GPs, school nursing, health visiting, CAMHS, Family Hubs, etc.



# Roles

| Role                  | Band –what they are paid at | Hours/ hub/ month | Responsibilities              |
|-----------------------|-----------------------------|-------------------|-------------------------------|
| PHM Support           | 5                           |                   | Proactive case-finding        |
| Co-ordinator          | 5                           |                   | Co-ordinating/ Scheduling MDT |
| Paediatrician         | Consultant                  | 3+1+1             | Hub Clinic/ MDT and advice    |
| GP                    |                             | 3+1               | Hub Clinic/ MDT and advice    |
| Clinical Psychologist | 8a                          | 1                 | MH and ND advice              |



# Recording

NWL Child Health Hubs ES 2026/27

GP Clinical Query Advice & Guidance MDT Paediatric Hub Clinic Clinician resources Disclaimer

## MDT

[Monthly MDT meetings](#)

[Inclusion criteria](#)

- 1) Any child being considered for referral to non-urgent medical hospital outpatients or non-urgent mental health concern or neurodevelopmental concern.
- 2) Any child who a GP, Health Visitor, Paediatrician or any other Health Professional is worried about.
- 3) Patients who would normally be followed up in Hospital Outpatients (e.g. after A+E attendance or Hospital admission) \*\*\* not 48h post exacerbation Asthma review\*\*\*
- 3) Patients who have been identified as frequent attenders to A+E and/or GP practice.
- 4) Children and young people who have chronic complex needs

[Exclusion criteria](#)

- 1) Acutely unwell child
- 2) Surgical, ophthalmology
- 3) ENT

If the patient clearly needs to be seen, rather than discussed, please book them into the Paediatric Hub Clinic.

**Record of discussion**

Name of paediatrician

Name of responsible GP

**Multidisciplinary meeting discussion**  
Document clinical query and main discussion points.

Specialist / team advice and plan

|                                          |                          |                                                                                  |                          |
|------------------------------------------|--------------------------|----------------------------------------------------------------------------------|--------------------------|
| Mental health problem                    | <input type="checkbox"/> | Outpatient referral avoided                                                      | <input type="checkbox"/> |
| Physical health problem                  | <input type="checkbox"/> | Referral to Paediatric hub                                                       | <input type="checkbox"/> |
| Psychosocial problem                     | <input type="checkbox"/> | Referral to safeguarding children team                                           | <input type="checkbox"/> |
| Patient given advice                     | <input type="checkbox"/> | Referral to child and adolescent psychiatry service                              | <input type="checkbox"/> |
| Referral to outpatients<br>Add hospital. | <input type="checkbox"/> | Referral to community service<br>Use pen to detail which service eg HV/SN/CAMHS. | <input type="checkbox"/> |

[View Results](#)

[Patient Record](#)

Event Details Information Print Suspend Qk Cancel Show Incomplete Fields

NWL Child Health Hubs ES 2026/27

GP Clinical Query Advice & Guidance MDT Paediatric Hub Clinic Clinician resources Disclaimer

## Paediatric Hub Clinic

**Named clinicians**

Name of paediatrician

Name of GP present

Joint consultant clinic ☐

Clinical query and history

Examination

**Observations**

Heart rate  RR  Height

Temperature  Saturations  Weight

Diagnosis

Paediatrician response

|                         |                          |                                                                                  |                          |
|-------------------------|--------------------------|----------------------------------------------------------------------------------|--------------------------|
| Mental health problem   | <input type="checkbox"/> | Outpatient referral avoided                                                      | <input type="checkbox"/> |
| Physical health problem | <input type="checkbox"/> | Referral to community service<br>Use pen to detail which service eg HV/SN/CAMHS. | <input type="checkbox"/> |
| Psychosocial problem    | <input type="checkbox"/> | Referral to outpatients<br>Add hospital.                                         | <input type="checkbox"/> |

[New Task...](#)

[Child Growth Charts...](#)

[View Results](#)

[Patient Record](#)

Event Details Information Print Suspend Qk Cancel Show Incomplete Fields



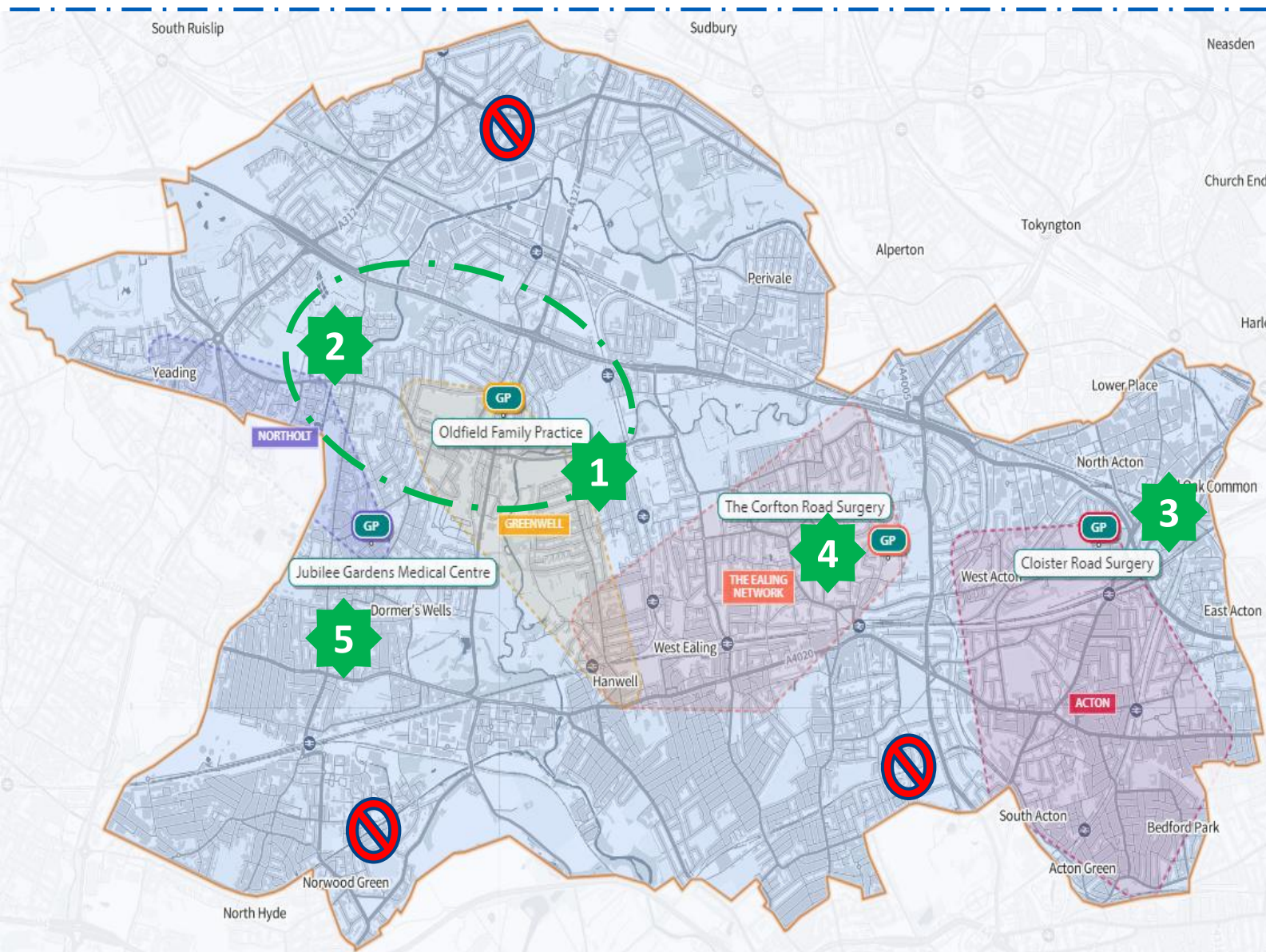
## Funding to support the delivery and coordination of hub activity

- New Hubs will receive £1000 to support with set up
- All Hubs have £500 for ad hoc expenses
- GP Direct Staff Costs £ 4,556 per annum (for 2 years initially)
- PHM Support Costs £1,726 per annum
- CHH Coordinator Costs £3,452 per annum

Total:

- New Hubs : £11,233
- Existing Hubs : £10,233

# **The Ealing Picture**



### ❑ 5 CHHs in operation:

1. Greenwell (Sep-22)

2. Northolt (Sep-23)

(These 2 CHHs share the same MDT)

3. Acton (Sep-24)

4. The Ealing Network (Sep-24)

5. North Southall (Nov-25)

### ❑ 3 hubs to mobilise for a full coverage of all PCN neighbourhood

- Northolt, Greenford, Perivale (NGP)
- South Southall
- South Central Ealing



# Ealing Hub Contacts

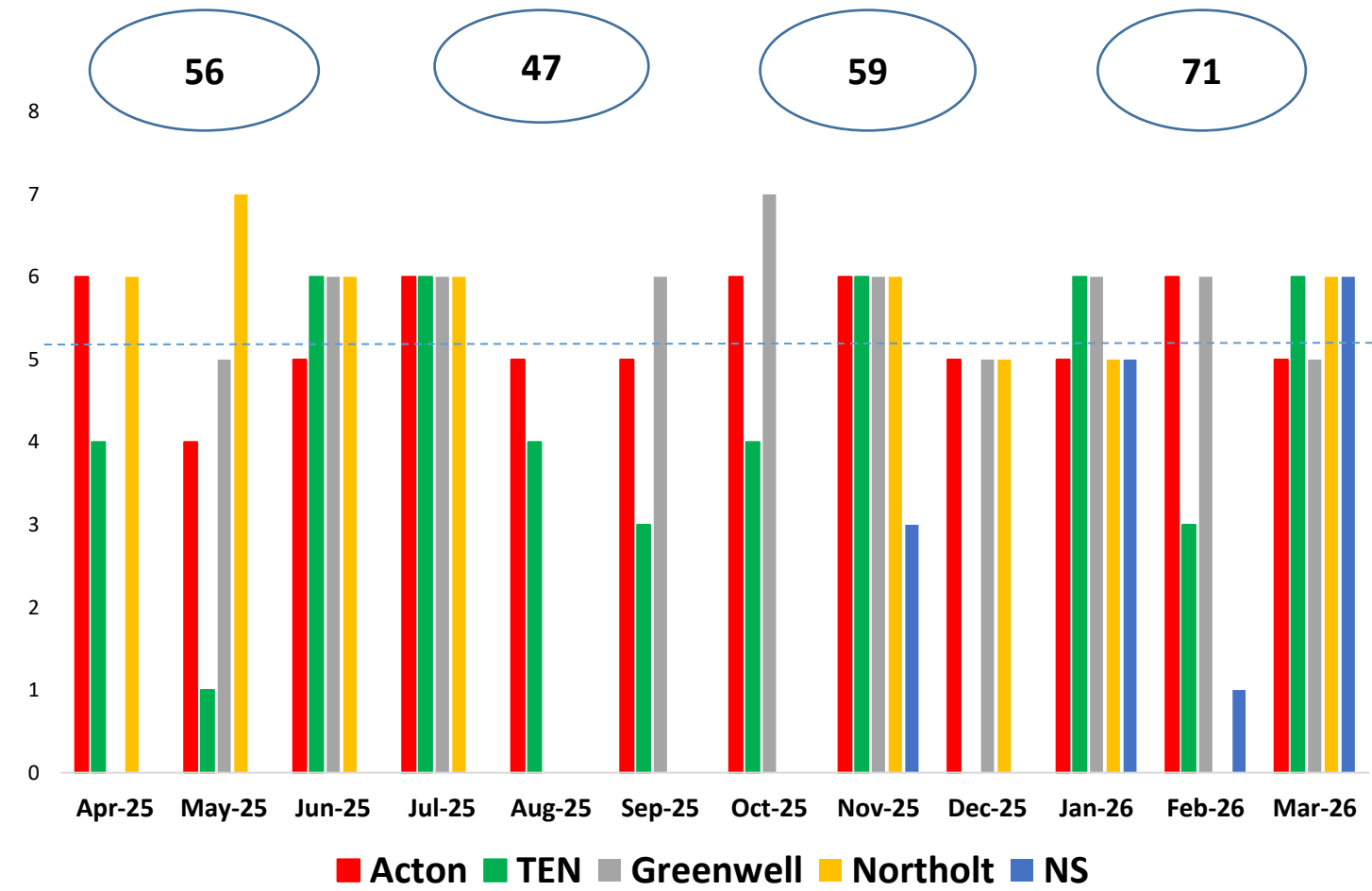


West and North London

|                                 | Greenwell                                                                                     | Northolt                                                                       | TEN                                                                                        | Acton                                                                             | North Southall                                                                                                         |
|---------------------------------|-----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| Place                           | Oldfield Family Practice                                                                      | Rotates 6-monthly<br>(currently at GUV)                                        | The Corfton Road Surgery                                                                   | Cloister Road Surgery                                                             | K S Medical Centre                                                                                                     |
| Clinic (monthly)                | 4th Thursday- 09:00-12:00                                                                     | 4th Tuesday - 09:30-12:30                                                      | 4th Friday- 09:30-12:30                                                                    | 2nd Friday- 09:30-12:30                                                           | 3rd Tuesday - 09:30-12:30                                                                                              |
| MDT (monthly)                   | 4th Thursday- 12:00-13:00                                                                     | combined MDT with<br>Greenwell                                                 | 4th Friday- 13:00-14:00                                                                    | 2nd Friday- 13:00-14:00                                                           | 3rd Tuesday- 13:00-14:00                                                                                               |
| Started                         | 2022                                                                                          | 2023                                                                           | 2024                                                                                       | 2024                                                                              | 2025                                                                                                                   |
| Linked Acute<br>Paediatrician   | Dr Nitu Sengupta<br><a href="mailto:nitu.sengupta@nhs.net">nitu.sengupta@nhs.net</a>          | Dr May Nagle<br><a href="mailto:may.nagle@nhs.net">may.nagle@nhs.net</a>       | Dr Margaret Rhoads<br><a href="mailto:m.rhoads@nhs.net">m.rhoads@nhs.net</a>               | Dr Margaret Rhoads<br><a href="mailto:m.rhoads@nhs.net">m.rhoads@nhs.net</a>      | Dr Anthony Kershaw<br><a href="mailto:anthony.kershaw@nhs.net">anthony.kershaw@nhs.net</a>                             |
| Acute Paeds<br>Consultant Trust | LNWUHT                                                                                        | LNWUHT                                                                         | LNWUHT                                                                                     | LNWUHT                                                                            | LNWUHT                                                                                                                 |
| GP Lead                         | Dr Rosalind Herbert<br><a href="mailto:rosalind.herbert@nhs.net">rosalind.herbert@nhs.net</a> | Dr Ghulam Murtaza<br><a href="mailto:gmurtaza@nhs.net">gmurtaza@nhs.net</a>    | Dr Susru Sukumaran<br><a href="mailto:susru.sukumaran@nhs.net">susru.sukumaran@nhs.net</a> | Dr Alisa Jivraj<br><a href="mailto:alisa.jivraj@nhs.net">alisa.jivraj@nhs.net</a> | Dr Kamini Gautam<br><a href="mailto:kamini.gautam@nhs.net">kamini.gautam@nhs.net</a> ;                                 |
| Hub Coordinator                 | <a href="mailto:b.guneratne@nhs.net">b.guneratne@nhs.net</a>                                  | <a href="mailto:dimitria.karamfilova@nhs.net">dimitria.karamfilova@nhs.net</a> | <a href="mailto:rasha.ghandour@nhs.net">rasha.ghandour@nhs.net</a>                         | <a href="mailto:shona-may.elliott@nhs.net">shona-may.elliott@nhs.net</a>          | <a href="mailto:myo.swe@nhs.net">myo.swe@nhs.net</a><br><a href="mailto:milania.mina@nhs.net">milania.mina@nhs.net</a> |



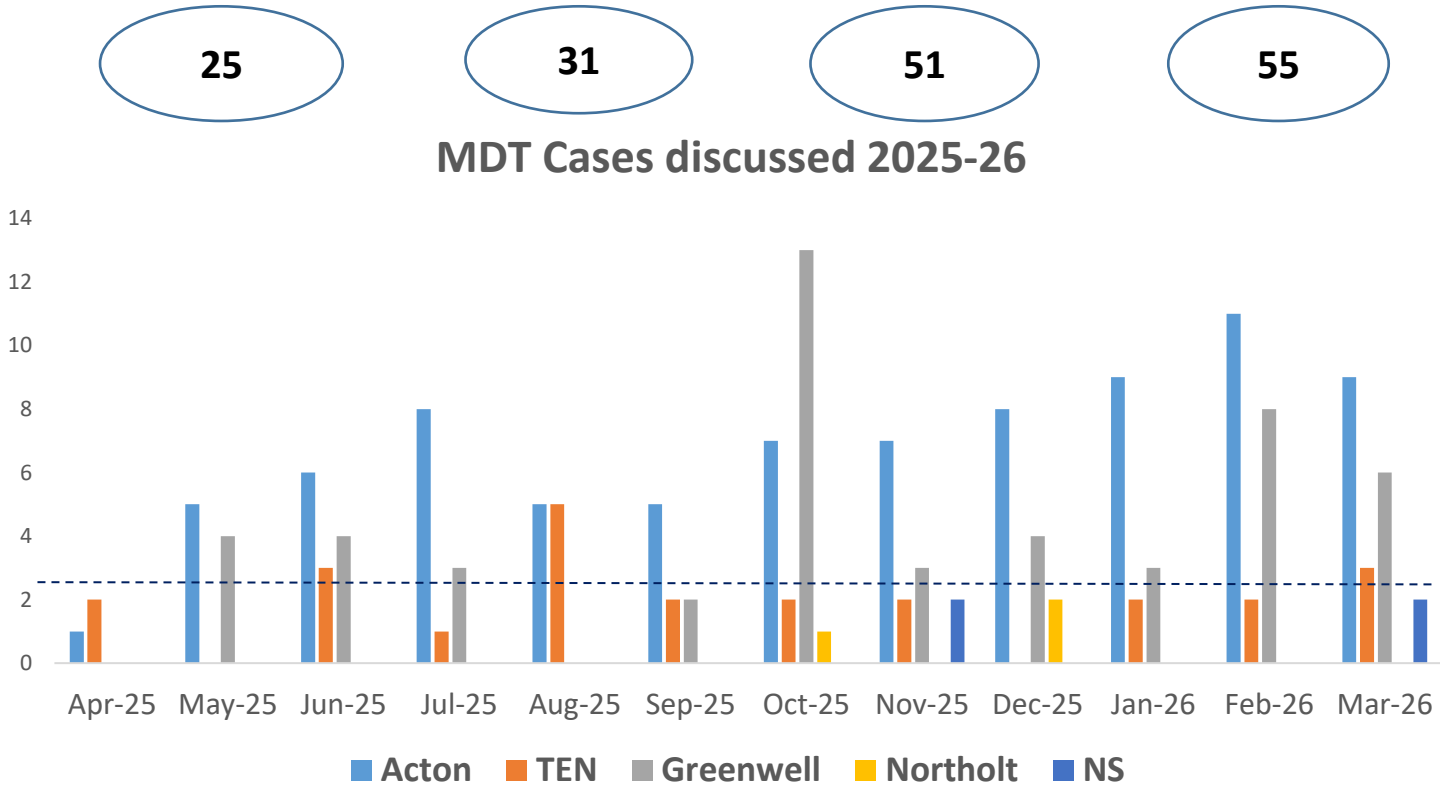
# Activity – Face-to-Face Clinic



| F2F    | Acton | TEN | Greenwell | Northolt | NS |
|--------|-------|-----|-----------|----------|----|
| Apr-25 | 6     | 4   | 0         | 6        |    |
| May-25 | 4     | 1   | 5         | 7        |    |
| Jun-25 | 5     | 6   | 6         | 6        |    |
| Jul-25 | 6     | 6   | 6         | 6        |    |
| Aug-25 | 5     | 4   | 0         | 0        |    |
| Sep-25 | 5     | 3   | 6         | 0        |    |
| Oct-25 | 6     | 4   | 7         | 0        |    |
| Nov-25 | 6     | 6   | 6         | 6        | 3  |
| Dec-25 | 5     | 0   | 5         | 5        | 0  |
| Jan-26 | 5     | 6   | 6         | 5        | 5  |
| Feb-26 | 6     | 3   | 6         | 0        | 1  |
| Mar-26 | 5     | 6   | 5         | 6        | 6  |
| Total  | 64    | 49  | 58        | 47       | 15 |
| Avg    | 5     | 4   | 5         | 4        | 3  |



# Activity – MDT Cases



| MDT    | Acton | TEN | Greenwell | Northolt | NS |
|--------|-------|-----|-----------|----------|----|
| Apr-25 | 1     | 2   | 0         | 0        |    |
| May-25 | 5     | 0   | 4         | 0        |    |
| Jun-25 | 6     | 3   | 4         | 0        |    |
| Jul-25 | 8     | 1   | 3         | 0        |    |
| Aug-25 | 5     | 5   | 0         | 0        |    |
| Sep-25 | 5     | 2   | 2         | 0        |    |
| Oct-25 | 7     | 2   | 13        | 1        |    |
| Nov-25 | 7     | 2   | 3         | 0        | 2  |
| Dec-25 | 8     | 0   | 4         | 2        | 0  |
| Jan-26 | 9     | 2   | 3         | 0        | 0  |
| Feb-26 | 11    | 2   | 8         | 0        | 0  |
| Mar-26 | 9     | 3   | 6         | 0        | 2  |
| Total  | 81    | 24  | 50        | 3        | 4  |
| Avg    | 7     | 2   | 4         | 0        | 1  |



## Group feedback

- How can we boost/ tailor referrals
- How can we boost/ expand attendance at MDT
- Flex the model – combined MDT
- Extended offers



## Ealing LES (Healthy Child) supports this work

- **Child Health Champion**
- **Healthy Child Checks (C20+5)**
- Healthy Child Leaflets
- Looked after Child and Care Leaver Charter
- Asthma



## Final thoughts



## appendix



## Proposed Training offer

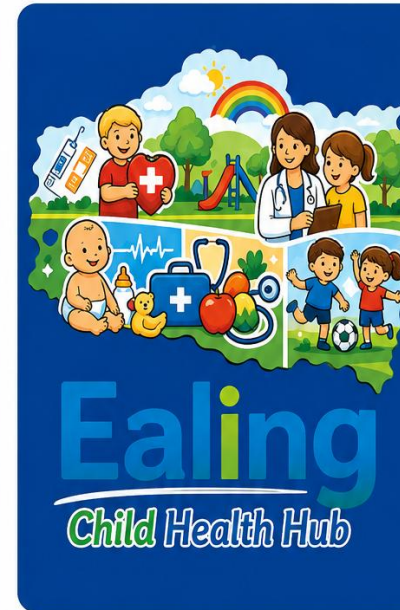
- NWL Training Hub will support with specific training
- Workshops (for the PCN &/or borough &/or sector)
- Facilitated MDTs
- Peer review sessions
- Community of practice meeting

# Poster for consulting rooms

**EALING** – Feeling stuck  
with a tricky paediatric case?  
**Think holistic. Think local. Think faster.**

**NHS**  
West and  
North London

## Refer to your PCN Child Health Hub first!



### What is the Child Health Hub?

- Face-to-face clinics run by GPs and Paediatricians
- Virtual MDT support and advice
- Integrated community-based care closer to home



### Why refer here first?

- Faster support for children and families
- Reduced waiting times
- Holistic MDT input
- Shared management and advice



### Suitable referrals:

- Children and young people aged 0–18 years
- General paediatric concerns
- Developmental or behavioural concerns
- Mild to moderate mental health concerns



### Less suitable:

- Already under paediatrics
- Acute urgent presentations
- Surgical or ENT referrals
- Child Protection concerns



### How to refer?

- ✓ Complete the Ealing CHH referral form on S1
- ✓ All clinical staff encouraged to attend the monthly Virtual MDT



### Local support. Faster decisions. Better outcomes.

Working together for children and families in Ealing.



Holistic care. Local expertise. Stronger together.



Integrated Care System

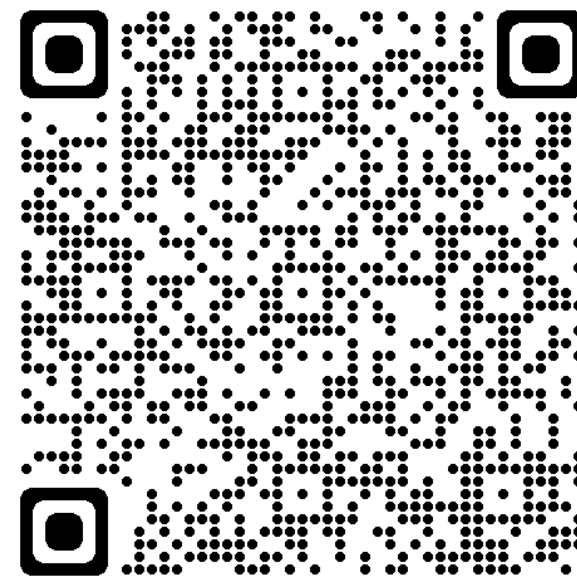
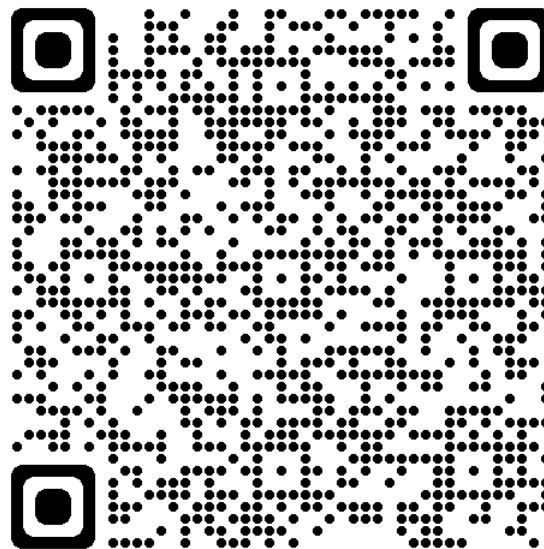
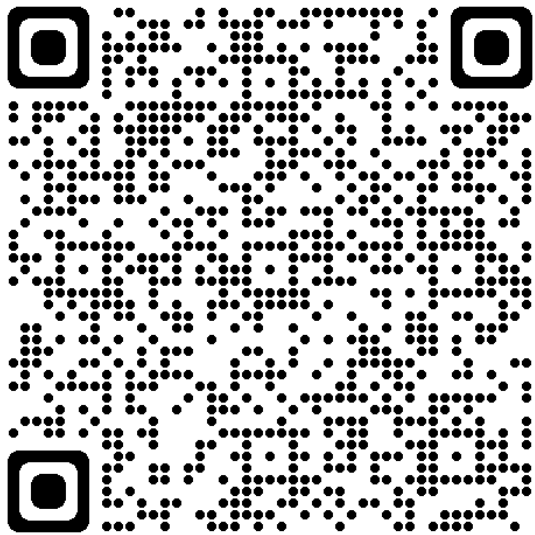
London



0-4

5-12

Teen



# Next steps

- Any comments/suggestions/feedback on the service let me know [tamsinrobinson@nhs.net](mailto:tamsinrobinson@nhs.net)