NWL Training Hub Newsletter

w/c 21 September 2026

News and Updates

Review and book all NWL Training Events:
nwltrainninghub.co.uk/events/

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Next North West London Training Hub Newsletter will be sent on the 05th October 2026

Higher Education Fellowship Pathway

Do you teach, supervise, mentor, or manage education in primary care? You can now turn the educational work you already do into nationally recognised Higher Education Academy (HEA) Fellowship through a dedicated, guided pathway!
Presented by Professor Russell Hearn (Primary Care Dean | London), this initiative provides a structured, supported route to gain a UK-wide professional standard that stays with you throughout your career.

Who is it for?
Open to all NHS England primary care workforce across all 7 regions—both clinical and non-clinical:
Doctors, Nurses, & AHPs
Practice Managers
Trainers, Supervisors, & Educators

Four Pathways to Fit Your Role:
AFHEA (Associate Fellow): Newer to teaching or supporting learning (e.g., trainee supervisors).
FHEA (Fellow): Substantive, ongoing teaching, supervision, and assessment.
SFHEA (Senior Fellow): Leads, coordinates, or mentors other educators.
PFHEA (Principal Fellow): Strategic educational leadership locally and nationally.

6-Step Application Process
- Level Checker: Complete a 3-minute self-assessment to identify your recommended Fellowship tier.
- Drafting: Use the online structured editor featuring PSF 2023 framework tagging and built-in word counters.
- Peer Review: Obtain structured feedback from two peer reviewers operating at your target tier.
- Advocate Statements: Referees and advocates submit supporting statements via a secure link.
- Expert Sign-Off: An expert reviewer checks and confirms your application pack is complete and ready.
- Direct Application: Download your final pack and submit directly to Advance HE.

How to Get Started
Visit the official portal to watch the introduction workshop recording, run the 3-minute level checker, and launch your application:
primarycarerecognition.com
Full guidance here

Wellbeing | NWL Temperature Checks: Only 35 spots remain!!

Join 80+ practices and PCNs across North West London that have already taken part in the NWL Health & Wellbeing Temperature Check Programme. Teams receive up to £100 towards lunch, take part in facilitated wellbeing discussions, identify practical actions to support staff wellbeing, and contribute evidence towards CQC domains. With only 35 sessions remaining, book now to secure your preferred date !
Already taken part? Don't forget to Refer a Friend who have yet to take part before Wednesday 30th September 2026
More info: Contact Naomi via hillconfed.traininghub@nhs.net, for any questions or to discuss arranging a session with your neighbourhood or other primary care related teams.

Conference | NCL x NWL Nursing & AHP Primary Care Conference 2026!

- **Date:** Friday, 27th November 2026 10:00 AM – 4:00 PM @ The Abbey Centre, 34 Great Smith Street, London SW1P 3BU – book here

North Central London Training Hub and North West London Training Hub are excited to invite all Nursing and Allied Health Professionals (AHPs) working in primary care to our upcoming joint conference!
Join us for a day dedicated to celebration, networking, and professional connection across the ICS.
Event Details:

- **Cost: FREE** to attend *(Open to all Nursing & AHP workforce in primary care)*
- **Catering:** Complimentary breakfast, tea, coffee, and lunch provided!

Why Attend?
- **Celebrate:** A fun day designed to recognize and celebrate our primary care workforce.
- **Connect:** Network and engage with colleagues across the North Central and North West London Integrated Care Systems (ICS).
- **Refresh:** Enjoy provided refreshments and lunch while taking time out for your professional development.

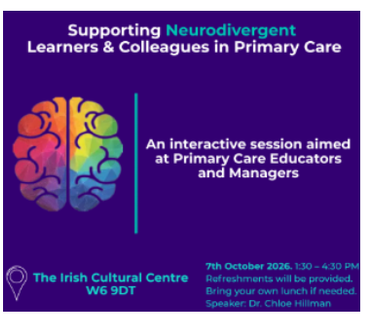
Limited spaces available!

Training | Supporting Neurodivergent Learners & Colleagues in Primary Care

An interactive session aimed at Primary Care Educators and Managers
When: 7th October 1:30 – 16:30 PM Where: The Irish Cultural Centre, W6 9DT Book here
Target Audience: Doctors, Nurses, Allied Health Professionals, Practice Staff, Trainer, Educational or Clinical Supervisor, Practice Manager, or Employer.
Cost: Fully Funded by Hounslow Primary Care Training Hub
By attending this workshop, you will:
- Increase your confidence as an educator or supervisor
- Develop a clearer understanding of neurodiversity in the workplace
- Gain practical tools to support neurodivergent learners and colleagues
- Learn how to implement reasonable, proportionate adjustments in busy primary care settings
- Explore how inclusive practice benefits both learners and patient care

Objectives
By the end of the workshop, participants will be able to:
- Develop a clearer understanding of neurodivergence, with a particular focus on common patterns and themes associated with dyslexia, ADHD, and autism.
- Reflect on the experiences of neurodivergent trainees and colleagues within the primary care setting.
- Confidently support learners / colleagues with identified neurodivergence, including understanding and implementing appropriate adaptations and adjustments.

This session will be delivered by: Dr Chloe Hillman
Dr Chloe Hillman is a GP Partner based in Chiswick and an experienced GP Trainer. She has been actively involved in medical education in Hounslow for many years and is currently the GP Education Lead for Hounslow. She has also served as Clinical Director for Chiswick PCN for the past four years. Across these roles, Dr Hillman has extensive experience supporting learners and trainees from a wide range of professional backgrounds within primary care.



Training | Shapes Toolkit: Anti-Burnout training for primary care staff

When: 30th September 1:30 – 5 PM -book here
Where: In person, The Abbey Centre, 34 Great Smith St, London SW1P 3BU
Target Audience: All Staff Working in Primary Care
Booking: Click here
Cost: Fully funded by NWL Training Hub
This is for all primary care staff who:

Are tired of quick fixes that don't address root causes
Want practical tools that work in the real world of clinical practice
Need a system that creates time rather than consuming it
Are ready to make lasting changes, not just temporary improvements
The Shapes Toolkit was created by Dr Rachel Morris, host of the You Are Not a Frog podcast. A former GP, Executive and Team Coach, with a background in Medical Education, Rachel invites doctors and other healthcare professionals to make a deliberate choice about how they will live, work, and lead their teams so that they can thrive in work AND life."

Training | Career Planning, NHS Elect

-When: Tuesday 13th of October, 12.30-13.30, MS Teams book here
Do you feel like you need to take control of your career in an ever-changing healthcare sector? Join NHS-Elect for this 60-minute workshop to help you start thinking about career planning.
This is a workshop designed to support people to take control of their careers in an ever-changing healthcare sector. With many of us spending at least a third of our waking adult life at work, it is vital that we have the time and means to reflect on what we are doing, where we are going and what we would like to get out of our careers.

This workshop aims to enable you to:
- Explore the current career challenges professionals face in the health and care sector and why having a plan is so important for career fulfilment and resilience.
- Understand useful models and frameworks to guide career planning thinking.
- Explore what's important to you in your work and look ahead across three horizons to reach your goals.
- Start thinking about putting together a credible and considered career plan.

Training | CYP Asthma Inhaler Technique Training — Further Cohorts Now Scheduled—·book here & read more

Further cohorts of the Enhanced Service Inhaler Technique (NWL CYP Asthma, Tier 3-aligned) training have been scheduled. This training is aimed at nurses, pharmacists, GPs and AHPs involved in asthma and COPD chronic disease management. Please note that bookings from Healthcare Assistants and Nursing Associates will not be accepted.
This training is suitable for those who have not yet attended. If you have already completed the training, you do not need to attend again — if you book, you will be placed on the waiting list and if spaces are available closer to the date you will be contacted.

Training | Optimising COPD Management in Primary Care
- f2f various dates & venues—book here
Chronic Obstructive Pulmonary Disease (COPD) remains one of the most prevalent respiratory conditions in primary care. To support practice teams in delivering high-quality, evidence-based care, we are excited to launch our latest educational session: OPTIMISE COPD.
This session is tailored for primary care clinicians, nurses, pharmacists, and healthcare professionals looking to refine clinical review pathways, enhance patient outcomes, and align with current best-practice guidelines.
Key Takeaways & Learning Objectives: ▯ Practical strategies for effective COPD diagnosis and staging
▯ Inhaler technique, adherence, and eco-friendly prescribing choices
▯ Managing exacerbations and structured annual reviews
▯ Optimising clinical documentation and primary care QOF/compliance targets

Training | Prevention and Management of Violence and Aggression - De-Escalation Training

- Dates: 8 Oct (09:30 or 13:00) | 16 Oct (09:30 or 13:00) - book here

Managing high-stress workplace conflict requires confidence and clear technique. This practical session covers de-escalation tactics, legal frameworks for least restrictive interventions, post-incident debriefing, and physical disengagement techniques.

Important: This course includes a physical component—flat, closed-toe and closed-heel shoes are mandatory for participation.

What's covered:

- Causations and triggers of aggressive behaviour
- Communication and de-escalation techniques
- Legal frameworks & least restrictive interventions
- Physical assault avoidance and disengagement skills
- Post-incident support, reporting, and debriefing

Webinar | Primary Care CRM webinar
23/09/26 @ 13:00– 14:30
Please see below link for MS Teams:
Join: https://teams.microsoft.com/meet/313411399691085?p=O0CPQ1uOkMi55BqTvl
Meeting ID: 313 411 399 691 085
Passcode: p2N2s3HU

Webinar | Tobacco-related cancers - 'It still counts'

- Wed, 4 Nov 2026, 1:00 pm Time | 13:00-13:30pm– book here
Speakers:
NHS RM Partners NW & SW London Cancer Alliance:
Dr Geetali Sharma - Ealing & Hounslow Cancer Clinical Lead
Narinder Sinclair - Advance Nurse Practitioner and Cervical Screening Clinical Lead

Learning Outcomes: To raise awareness of non-cigarette tobacco-related products and cancers associated with these.
This webinar will focus on:
- Campaign overview
- Key messages
- Types of non-cigarette tobacco products
- How to approach conversations on non-cigarette tobacco products with patients
- Resources, research and referral pathways available

The campaign will provide a tailored primary care toolkit and digital resources to enable GP practice staff to promote via newsletters, social media and TV screens. This campaign is in partnership with Cancer Research UK and is supported by community pharmacies, local dental practices and community organisations across SW & NW London.

Training | DPP Education sessions -now live
- 2 sessions to choose from – Both are Face to Face and one day sessions.– Apply here
- Friday 9th October 2026 - The Pembroke Centre, Ruislip – 20 spaces available.
- Thursday 22nd October 2026 - Zone29 - University of Westminster: Marylebone Road (Baker Street) – 30 spaces available.

These sessions are a continuation of the Prescribing Infrastructure Project and on the back of a London wide pilot that was run a few months ago, but we have adapted them slightly based on thoughts and feedback and these are for NW London ICB footprint colleagues only by making them a full day session and locating them at either end of the geography based on available venues.

The main target audience are Pharmacists – But it is also open to GPs, Nurse Prescribers & Paramedic Prescribers - as long as they have been regular prescribers for at least 2-3 years.

The sessions look to covering information on being a DPP (Designated Prescribing Practitioner) as well as areas of supervision skills.

These have been opened to those who have completed the DPP Database fully as part of that piece of work that has been ongoing for the past few months – If you have any colleagues who wish to attend who I have not emailed and meet the criteria, they may do so, but they MUST have completed an entry fully for the database or they won't be approved a space on the course. If there are any questions with this, please have them drop me an email.
Survey Links for Staff working in General Practice – https://form.typeform.com/to/qjKGGdK0
Survey Links for Staff working in Hospitals – https://form.typeform.com/to/FekWFHHQ
Survey Links for Staff working in Community Pharmacy - https://form.typeform.com/to/edE4oP1T

Training | Clinical Supervision Training for Nurses
- 06/11/26— spaces available—Apply & read more here
Do you want to train to be a Clinical Supervisor and be paid to run Clinical Supervision Sessions?
We surveyed several senior nurses in primary care in NWL to ask what was missing / what did we need to do more of, to support you all working in practice. Overwhelmingly, they asked for Clinical Supervision.
For GPNs to have clinical supervision sessions, we need CS facilitators – i.e. people to run the sessions. This training will aim to train anyone interested in doing this. The skills you gain from this training will also help with you being able to support other colleagues / trainees elsewhere.

Training | The 4th Annual Kidney Workshop- Registration is now open for the 4th

-Wednesday, October 14, 2026
-Register here https://cassyni.com/s/nwl-kidney-2026 - **In person only attendance at W12 conferences Hammersmith House, Du Cane Road W12 0HS**
This year's theme, "Who Benefits from Treatment?", will explore the management of chronic kidney disease within the wider context of cardio-renal metabolic medicine, helping healthcare professionals identify which interventions are most likely to improve outcomes and quality of life for individual patients. The workshop also provides an excellent opportunity to share best practice and strengthen collaboration across local primary, community and secondary care teams. As in previous years, places are expected to fill quickly. Attendance is in person only, and registration will be offered on a first-come, first-served basis.

Upcoming webinars

- 22 September, 10–11.30am National Workforce Reporting System webinar
- 24 September, 12:30–1:15pm - Supporting lung cancer screening, smoking cessation and earlier diagnosis in primary care' webinar
- 24 September, 12.30pm. GIRFT community MSK webinar: supporting patients with chronic pain
- Multi-professional educational forum: Lifestyle medicine in primary care-Wednesday 30 September 2026, 1pm – 2pm. - book here
- Infection prevention and control refresher training - Online– 30/09/26 - Book your free place via Eventbrite
- Wednesday 30 September, 12.30pm – 13.30pm. Pan-London HIN COP Reducing harm from psychotropics used for behaviour that challenges in people with a learning disability -Please click here to register.
- Wed 23 Sept • 1 PM Million Hearts and Minds Cardiovascular Disease Modern Services Framework Webinar—book here
- Responding to measles outbreaks: local learning to improve uptake and reduce health inequalities webinar on 25 September 1.30pm-2.30pm

Vacancies advertised on behalf of practices/ PCNs

If you wish to advertise any vacancies on the website & newsletter—please click here

Current vacancies include:
- **Medical Receptionist / Administrator**
- **Admin/ Receptionist**
- **Receptionist**
- **Practice Nurse**
- **Phlebotomist**
- **Nursing Associate**
- **Healthcare Assistant**
- **IT & Operational Coordinator**
- **Advanced Nurse Practitioner**
- **Care Co-ordinator**

More details here

NWL TH Training

Webinars

NWL Women's Health Forum
- 6 November, 13:00—14:00 book here Intrauterine contraception: managing challenges and complications

Training:

Oliver McGowan training

Which tier of training you need to attend will depend on the nature of your role and how much you interact with patients. Both tiers are required to undertake two parts to complete this training, the parts and tiers are outlined below. Please ensure you book the right tier for your role.

Tier 1: staff with **indirect or occasional contact with patients**, i.e. non-patient facing roles.

Tier 1, Part 2 —various dates and times book here £7 per person*

More dates to be confirmed

Tier 2: staff with **regular or direct contact with patients**, i.e. patient facing roles. This include all staff who provide care, support or make decisions, this is not limited to clinical roles.

Tier 2, Part 2 —various dates in person book here £40 per person*

More dates to be confirmed

*We are delivering this training using a cost-sharing approach. This enables us to support wider staff participation across the system, maintain a high standard of training delivery, and ensure can meet national requirements.
This year, the Training Hub is able to cover 50% of the training cost to widen access.
Please note that future funding from NHSE/ICB is not guaranteed, so employers may need to fully fund places in subsequent years.

Enhanced Services and CPD

If all dates are fully booked for a training session please join the waitlist, this allows us to know when there is sufficient demand for us to book new dates.

SSSA Update
Various dates book here

SSSA Foundation
Various dates book here

Practice Manager and PCN Manager CPD support
For questions please email nwl.traininghub@nhs.net or Download framework and application form Submission deadline for applications 31st October 2026.
North West London Training Hub have launched a CPD programme for practice and PCN managers to access training and development opportunities otherwise not funded.

Up to £1,500 is available per PCN to support leadership, management, operational and professional development training relevant to the role. As funding is allocated at PCN level we encourage PCNs to agree locally how they wish to prioritise and use their allocation before applications are submitted.

Approval is at the discretion of the PCN's leadership, via the Clinical Director (CD) or PCN Manager. Where the applicant is the PCN Manager, approval should be provided by the CD or another appropriate PCN leader.
Examples of suitable programmes include:
- NHS Leadership Academy programmes
- ILM/CMI leadership qualifications
- HR and workforce development training
- finance and contract management courses
- quality improvement and governance programmes
- project and change management qualifications
- digital transformation or data analytics training

See flyer for a range of training opportunities focussed on developing digital skills provided by the Knowledge Academy
This is not an exhaustive list, and PCNs may support other development opportunities where they meet an identified local need and the funding criteria.

Coaching and Mentoring Skills for Managers
For Practice and PCN Managers only.
Develop coaching and mentoring skills and build confidence in supporting and developing your team.

This training consists of three modules;
1. a 90 minute online welcome session: an introduction to coaching and mentoring
2. a one-day in person workshop: learn the skills of coaching and mentoring and put this into practice in small groups
3. a 90 minute online follow up session : to reflect on learnings, discuss your experience in applying the skills in practice and explore additional tools and techniques

Coaching is considered to be one of the most effective ways to develop leadership and managerial skills.
By the end of the programme, participants will be able to:
- Understand the difference between coaching and mentoring
- Use core coaching and mentoring techniques effectively
- Structure productive development conversations
- Support colleagues to identify solutions and take action
- Apply coaching and mentoring skills to real workplace challenges

Cohort 1—book here
- **Welcome Session:** 1st Oct 2026 | 10:30 to 12:00 | Online
- **In-Person Workshop:** 7th Oct 2026 | 9:00 to 17:00 | Pembroke Centre, 90 Pembroke Rd, Ruislip, HA4 8NX
- **Final Review Session:** 2nd Nov 2026 | 12:30 to 14:00 | Online

Cohort 2 —book here
- **Welcome Session:** 1st Oct 2026 | 13:00 to 14:30 | Online
- **In-Person Workshop:** 8th Oct 2026 | 9:00 to 17:00 | Soho Centre for Health & Care, 1 Frith Street, London, W1D 3HZ
- **Final Review Session:** 4th Nov 2026 | 12:30 to 14:00 | Online

Note: You will need to attend all three sessions of your chosen cohort to complete this training. Due to the nature of the training we're unable to support staff attending sessions across different cohorts.

HR Training
Whether you're new to managing people or looking to refresh your knowledge, this series of HR Essentials Training provides practical, bite-sized sessions designed for managers and leaders in primary care.

These webinars will cover key areas of people management and how to handle common workplace situations effectively. Each session will provide practical guidance, useful tips, and opportunities to ask questions.
Full session details will be shared closer to the time.

- **Introduction to Performance Management**
Wednesday 30th Sep 13:00 – 14:00 book here

Recruitment best practice
Thursday 1st Oct 12:00 – 13:00 book here

- **Introduction to absence management**
Wednesday 7th Oct 13:00 – 14:00 book here

- **Discipline and Grievance**
Thursday 8th Oct 13:00 – 14:00 book here

- **Employment Contracts**
Thursday 22nd Oct 13:00 – 14:00 book here

- **Effective appraisals in primary care**
Thursday 29th Oct 13:00 – 14:00 book here

New To Immunisation 2-day Training
- 14th & 15th October book here

This two-day immunisation programme is delivered as a blended course, comprising a 3.5-hour live webinar followed by one full day of face-to-face training. The course aligns with the updated standards published and includes a dedicated focus on the management of misinformation and disinformation, recognising their increasing impact on immunisation practice and patient engagement.

Day 1: 14th October 2026	Online	09:00 - 12:45
Day 2: 15th October 2026	Harrow Baptist Church, College Rd, Harrow HA1 1BA	09:00 - 17:00

October Cohort Dates
You have to attend both days to successfully finalise this training.

Non-medical prescribing update
- 4th November 9:00 to 12:30 join waitlist

- 20th April 2027 9:00 to 12:30 book here

This session is suitable for **any prescriber** who would like an update on current issues in prescribing practice. It also offers an opportunity to network online with other prescribers.

This collaborative learning event will count as a minimum of 3 hours of CPD for your revalidation with preparation study time to be added.
Attendees will develop their knowledge of :
- Principles for safer prescribing
- Prescribing in children, frailty and renal impairment
- Prescribing for in acute & long term conditions
- Medico-legal and ethical issues in healthcare

Expressions of Interest forms

For some training we don't currently have training dates arranged, if this is training you would like please complete the relevant expression of interest form and we will be able to run training based on demand. Those who have expressed interest will also be notified when dates are arranged.
Forms can all be found here

Supervisor courses

NWL Training Hub holds a waitlist for both the multi-professional and GP Supervisor courses, if you would like to attend please complete the relevant application form.

Multi-professional Supervisor Course Application form
Complete the application form to be added to the waitlist for any future cohorts

GP Supervisor Course Application form
Complete the application form to be added to the waitlist for the next cohorts.

Pharmacy Educational Supervisor Training programme – available via eLFH

Useful links and Resources

Knowledge and Library Resources for GP and Practice Teams
New Library Services Available for West & North London ICB Staff—Read more here
NWL E-Learning Portal—Mandatory training , S1 and EMIS training resources– register to access training
Greener NHS – Resources for a more sustainable NHS
Survival Toolkit
Supported Return to Training
Podcast Learning Library
Primary Care Resources
GP Resources
Webinar Recordings
AI & Digital Skills Training :
-M365 Copilot Cafés
-Organizational skilling: Login
For Kidneys Sake Podcast
Core Manager Programme
Sexual Safety Bitesize Learning
New | **Advanced practice connect**

Training & Events run on behalf of NWL TH

LAUNCHING SEPT 2026 The WINGS II mentoring scheme
WINGS II is a mentoring programme for newly qualified GPs **working in North West London practices** as a **GP** under the Additional Roles Reimbursement Scheme (ARRS)

Apply via WINGS II Survey

What's Included?
- Twice monthly 1:1 support sessions over 6 months
- Dedicated support from experienced GPs / GP trainers
- Space for reflection, confidence building and wellbeing support
- Guidance navigating the transition into independent GP practice

Eligibility
- Peer and professional support within North West London Primary Care
- Be within 12 months of qualifying as a GP
- Be currently working within a North West London GP

Care navigation development from Peak Health Coaching
- **Tuesday 22nd of September 9.00-12.00**
Book here
Participants will:
• Understand what Care Navigation is and isn't (according to the HEE 2016 framework)
• Appreciate the concept of "What matters to you?"
• Raise awareness of the tools of care navigation
• Be able to encourage patients to think for themselves
• Feel comfortable to have care navigation conversations.
Hosted on Zoom by Dr Ollie Hart, Clinical Director, Peak Health Coaching

Other Training & Events - not run by NWL Training Hub

NEW **Access All Areas: Accessibility and Copilot Week**
Monday 21 to Friday 25 September 2026—read more & book here

Access All Areas is a week of practical, inclusive and interactive events exploring how accessibility and Microsoft Copilot can support people in their everyday work across the NHS.
Throughout the week, colleagues can:
- Hear from speakers sharing lived experiences of accessibility.
- See practical Copilot demonstrations led by the NHS NeuroPilot Crew.
- Attend informal Copilot Clinics and ask questions.
- Take part in accessibility-based challenges and competitions.
- Discover accessibility features, training and useful resources.
- Learn how colleagues are already using Copilot in their day-to-day work.

Sessions include a launch event, drop-in clinics, interactive activities, a fireside chat and panel, and a closing Copilot Café. Live captions will be available, and sessions will be recorded.
Who should attend?
- The week is open to all NHS colleagues on the shared tenant, including:
- People who are new to Copilot Premium or accessibility tools.
- Existing Copilot Premium users who want practical ideas and demonstrations.
- Colleagues with lived experience of disability or neurodivergence.
- Managers and team leaders interested in creating more inclusive ways of working.
- Anyone who supports accessibility, digital inclusion, learning or organisational change.

No previous Copilot Premium experience is needed. Colleagues can attend one session or join activities throughout the week.

NEW **Supporting neurodivergent learners in primary care**
-7 October 2026, 1.30pm - 4.30pm, at the Irish Cultural Centre, Hammersmith and Fulham, W6 9DT. Book here

Healthcare professionals across primary care are invited to a free workshop, supporting neurodivergent learners in a multi-professional primary care learning environment, taking place on 7 October 2026, 1.30pm - 4.30pm, at the Irish Cultural Centre, Hammersmith and Fulham, W6 9DT.

Aimed at doctors, nurses, allied health professionals, practice staff, trainers, educational and clinical supervisors, practice managers and employers, the session will explore neurodiversity in the workplace and provide practical tools to help support neurodivergent learners and colleagues in primary care.

The workshop will be delivered by Dr Chloe Hillman, GP partner, GP trainer and GP education lead for Hounslow, who has extensive experience supporting learners and trainees from a wide range of professional backgrounds within primary care.

Integrated Neighbourhood Care: Managing Winter Pressures: Respiratory, Frailty, CKD – Practical Approaches for Everyday Practice
October 15, 2026 - Face-to-Face Study Day - The Harrow Masonic Centre, Northwick Circle, Kenton, Harrow, Middlesex HA3 0EL

Read more and book here

The "Integrated Neighbourhood Care: Managing Winter Pressures: Respiratory, Frailty, CKD – Practical Approaches for Everyday Practice " Study Day is free to access for all registered healthcare professionals that have a MORPh Account.
Doors will open at 09:00 for welcome and introductions the study day will begin shortly after. Our expert speakers will be discussing the following topics:
Learning Objectives
Identify patients at highest risk of winter admission, including those with respiratory disease, frailty, CKD and multimorbidity, recognising the impact of health inequalities.
Deliver structured respiratory reviews confidently, including effective OPTIMISE consultations, risk assessment and appropriate escalation.
Optimise medicines safely before winter, applying sick day rules and reducing risks linked to ACEi/ARBs, SGLT2 inhibitors, diuretics, opioids and sedatives.
Implement practical admission-prevention strategies, including AKI prevention, falls risk reduction and exacerbation management.
Support personalised self-management plans, ensuring safe rescue pack use and clear winter action planning.
Strengthen collaboration across primary care and community pharmacy to reduce avoidable winter pressures.

Understanding her ADHD
In-person and virtual meeting: 06 October 2026 | 10:00–17:0
Register here
Girls and women with ADHD are often overlooked, as many may develop sophisticated masking behaviours and coping strategies that help them navigate daily life – yet conceal significant underlying challenges.
This meeting will explore the distinctive presentation of ADHD in girls and women across key life stages.
Focusing on real-world clinical conundrums, we will explore the influence of hormones, comorbidities, and how presentation and clinical needs may evolve over time. By deepening our understanding of how ADHD presents in girls and women, we aim to support earlier recognition, more informed clinical decision-making, and ultimately better outcomes for girls and women with ADHD.
London Hub (in person): all day live sessions, plus in-person workshops
Haydock satellite (in person): live-streamed morning sessions with locally led workshops in the afternoon

Infection Prevention and Control (IPC) Update for IPC Leads
Fri, 22 January 2027, 9:30 am to 12:30 pm Book here

This practical update for Infection Prevention and Control leads across North West London reviews current IPC guidance, regulatory expectations, and best practice in primary care.
It covers standard precautions, hand hygiene, PPE, aseptic technique, cleaning, sharps safety, outbreak reporting and audit requirements. Interactive case studies will help participants apply the guidance to common practice scenarios and identify opportunities for improvement.

Accelerate Academy- Introduction to teaching and learning for healthcare professionals- this course is open to nursing staff

-This course is completed over two days 09:30 – 16:00. 4th and 18 th November 2026—Express your interest here
About the course: Developing skills in teaching and learning is an important part of modern healthcare. We firmly believe in the importance of education and the sharing of expertise and experience.
Please note : there are 4 spaces on each date available, so spaces will be allocated on first come first serve basis. Spaces will be allocated as 1 per borough and if left unutilised they will be allocated on first come first serve basis.

Membership Opportunity | Queen's Institute of Community Nursing (QICN)
-Expression of Interest form
The QICN offers organisational membership for nursing staff in primary care, including GPNs, Nursing Associates, Training Nursing Associates, ACPs, and other nursing colleagues.
Members receive access to:

- **Monthly webinars** covering topics such as wound care, vaccines, IPC, long COVID, research, and mentoring
- **Innovation webinars** showcasing Quality Improvement projects and good practice
- **Monthly newsletter** with updates, webinar links, and deadlines

Travel Health Updates
- 7 October, 13:00—16:00 book here spaces available
- 17 November, 13:00—16:00 book here spaces available
Open to all trained Nursing and Pharmacist Immunisers (suitable for registered Nursing Associates and Pharmacy Techs already doing child/travel immunisations but not suitable if they have not done any introductory training as not sufficient detail)
3-hour online travel health updates for experienced practitioners; usually nurses and pharmacists, offering travel immunisations already.

Seasonal Immunisation Updates
- varius dates available from July to October 2026 book here spaces available across most dates
3-hour online seasonal immunisation updates for all experienced Health Care Professionals; Nurses, Paramedics, Pharmacists, Nursing Associates, Pharmacy Techs and the non-registered workforce (includes HCAs, HCSWs, Phlebotomists, receptionists etc) to deliver flu, pneumococcal, shingles, RSV and COVID vaccines.

Child Immunisation Updates
- 23 September, 13:00—16:30 book here spaces available
- 8 October, 13:00—16:30 book here spaces available
- 18 November, 13:00—16:30 book here spaces available
3-hour online child immunisation updates for experienced practitioners; usually nurses, nursing associates and pharmacists, delivering child immunisations already.

Motivational Interviewing for Cardio-Renal Care– Live Online Interactive Study Day
· book here
· 01 October, 09:00–16:00—spaces available LAST SESSION
This training is for: GPs, Nurses, ARRS staff, Allied Health Professionals, Cardio-renal teams (clinical & non-clinical)
If you spend your time telling people what they should / could / need to do — this is for you.
This is a live, online, interactive training for the whole cardio-renal team — from non-clinical staff to senior clinicians. Practical focus. Real scenarios. No death-by-PowerPoint. No awkward role play.

ECG Interpretation Foundation -a face to face session for GPs & ACPs.
-27 November, 9:00—16:00 book here @ Harrow Baptist Church, HA1 1BA spaces available
This is for GPs and ACPs who haven't already attended the interpreting ECG Course.

Refresher Interpreting ECG course
- 18 September, 12:30—14:00 book here spaces available
The refresher ECG course re-introduces a systematic approach for GPs who interpret ECGs to adopt a system that ensures every ECG is interpreted correctly every time. The focus will be on common scenarios that cause concern in primary care with a focus on red-flag ECGs.
This course is for GPs and ACPs who have already attended the interpreting ECG Course

Adult Phlebotomy
- 7 October, 9:15 – 16:30 book here @ Harrow Baptist Church, HA1 1BA spaces available
- 3 December, 9:15 – 16:30 book here @ Dawes Road Hub, SW6 7EN spaces available
This face to face session has been developed to allow learners the opportunity to practice their skills on high quality simulated arms.

Advanced Diabetes Course
For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course.
GPs – please be sure to provide a summary of your diabetes related work undertaken. Express your interest here

Advanced diabetes Update course: This course if for:
Those who finalised Advanced diabetes (2.5 days Injectable therapies course)
Express your interest here

Diabetes Update
Fri, 6 Nov 2026, 9:30 am to 12:30 pm Book here

This practical and interactive session will help clinicians translate the updated NICE NG28 diabetes guidance into everyday practice. Using realistic case studies, participants will explore treatment choices across the seven clinical pillars, while looking beyond HbA1c to the whole person.

Particular emphasis will be placed on diet and lifestyle—often "the missing medicine"—and how effective conversations can improve outcomes alongside pharmacological care.
Clinicians will leave with greater confidence to make safe, evidence-based and person-centred decisions.

Ring Pessary Foundation course
- 8 October, 9:00—12:00 book here @ Dawes Road Hub, SW6 7EN fully booked
- 8 October, 13:00—16:00 book here @ Dawes Road Hub, SW6 7EN limited spaces
This course is for GPs & Nurses only. PAs who have been doing cervical screening smear for longer than a year can attend.

Cervical Sample Taker Update
- 9 October, 13:30—16:30 book here limited spaces
-26 November 11:30—3:30 book here spaces available
Course is suitable for: Registered Nurses, Doctor, Midwife or registered physician associate, nursing associates who are registered with the NMC, registered paramedics working in GP practice, who have completed their cervical sample training in the past and who require the three yearly update

Essentials of Menopause Care
- 9 October, 11:30—3:30 book here fully booked

This course is aimed at GPs, ANPs, nurses & physician's associates providing menopause care within primary care settings
The course provides an introduction to menopause care and a structured update for more experienced clinicians. It focuses on developing confidence in assessment, management, and discussion of menopause-related care needs in line with current guidance.

ARRS Training Offers

ARRS 2 Day Foundation Health Coaching Course
Building on previous work the past 3 years, the NW London Training Hub are working with provider Peak Health Coaching to provide the PCI approved core required 2-day health & role coaching programme for the new to role Social Prescribing Link workers and Care Co-Ordinators. Due to requests for development, the 2-day Foundation Health Coaching course will now also be opened up to additional clinical roles - **Clinical Pharmacist, Dieticians, FC Physiotherapists, Physician Associate & Paramedics** to aid in these roles support of long-term condition management. *Please note this course will not be relevant for all of these roles, so please only apply if it is relevant to your daily practice due to funding limitations.*
The 4 Day Intermediate Health Coaching course required for Health & Wellbeing Coaches new to role, may still be available so please email directly to enquire about this.
To apply for a space please complete the EOI form or if you have any further questions around recruitment, please contact NWL TH @ nwl.traininghub@nhs.net

Pitstop Foundation Level Diabetes Course
This course is now open to any ARRS clinical staff including Pharmacists, Practice Nurses, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.
Staff who wish to attend must complete complete the EoI .

Top tips on completing a comprehensive cancer diagnosis audit and cancer case study (CQIS)
Book here
◊ Thu, 8 Oct 2026, 2:00 pm
Open to : **Tri-borough (Westminster, West London and Hammersmith and Fulham) & Hillingdon**
Every practice signed up to CQIS must be represented at one of these two webinars. Ideally send one person per practice — the clinician or manager who will be leading your audit.
Part of the Cancer Quality Improvement Scheme (CQIS) project, RM Partners west cancer alliance.
Attendance at one of these webinars is mandatory for practices who are taking part in the CQIS project. Ideally one member of each practice should attend one of the webinars. Practices do not need to attend both dates.
· See example of a completed audit
· Highlight common pitfalls when completing the audit
· Demonstrate how to use the staging assistance tool
· Example of a reflective case study

Please find the the up-to-date specification here

Free RCGP London Webinars | Supporting patients experiencing gambling harms

- **Thursday 15 October** | 12:30 – 13:45 | Online | book here
- **Thursday 26 November** | 12:30 – 13:45 | Online | book here

Patients in London are experiencing gambling harms at nearly double the national average (5.6% compared with 2.9% nationally). Primary care teams are in a unique position to identify gambling harms early and help patients access the support they need.

Join us for this FREE RCGP webinar, where Dr Emma Ryan, RCGP Clinical Champion for Gambling Harms, will provide practical guidance on identifying, assessing and supporting patients experiencing gambling harms.
What you'll learn:
The NICE guideline on gambling-related harms (January 2025).
How to identify gambling harms in primary care.
Local referral pathways and support services across London.
Practical tools and resources to support conversations with patients.
By attending one of these live webinars, your GP practice will receive the RCGP Gambling Harms Practice Resource Pack and an RCGP Gambling Harms Accredited Practice Certificate, recognising your practice's commitment to improving the identification and support of patients experiencing gambling harms.
Who should attend?
GPs, practice nurses, clinical pharmacists, social prescribers, health and wellbeing coaches, care coordinators and practice managers.

Various dates available - Non-clinical sessions | Book here
Various dates available - Clinical sessions | Book here

CLH Training Hub is pleased to offer new dates for our Transgender Healthcare Awareness sessions for clinical & non-clinical staff working within primary care.
GP surgeries are often the first point of contact for transgender and non-binary patients, making primary care teams an important part of providing inclusive, respectful and compassionate care.
With increasing demand, long waiting times for gender identity services and limited access to specialist support, these sessions aim to build knowledge, confidence and understanding across primary care teams.
What to expect:
Practical primary care focus

A safe space for discussion

Interactive learning

Understanding patient experiences and barriers to care

Topics include:

- Current gender identity services
- Understanding gender dysphoria and transgender healthcare
- Patient lived experiences and barriers to care
- Treatment pathways, screening, monitoring and referrals

Pan-London Webinar: Universal Care Plan
When: Tuesday 6 October, 12.30pm - 1.30pm. Please click here to register for the session

Why Join: This pan-London webinar will provide a practical overview of the Universal Care Plan (UCP), an NHS service and digital tool used to record and share people's personalised care and support needs with health and care professionals across London. Delivered by Sarah Fischer and Sara Lewis from the Universal Care Plan Programme team, the session will explore how the UCP can support more personalised care for people with a learning disability, including the use of dedicated fields to capture needs, preferences and reasonable adjustments.

You will have the opportunity to put forward any questions in a Q&A.

Help shape future neighbourhood cancer care
-**29 – 30 September 2026 in Wembley.**
Interested colleagues can register via the expression of interest form.

RM Partners Cancer Alliance is recruiting participants for a neighbourhood cancer simulation taking place on **29 – 30 September 2026 in Wembley.** Bringing together system partners from health, local authorities, community services, the voluntary sector and lived experience groups, the simulation will test opportunities to deliver the NHS three shifts for people with cancer, with a particular focus on the treatment and recovery phase of care. Colleagues are invited to take part in one of three simulation layers:

- care and coordination – frontline professionals from health, care, cancer and community services, and the voluntary sector
- operational management – operational leaders, service managers, workforce leads and coordination professionals
- place leadership – senior leaders and decision-makers from across the system.

The simulation aims to test new models of care, including evidence-based community interventions and digitally enabled care models, to support more cancer care closer to home.

The 4th Annual Kidney Workshop- Registration is now open for the 4th

-Wednesday, October 14, 2026
-Register here https://cassyni.com/s/nwl-kidney-2026 - **In person only attendance at W12 conferences Hammersmith House, Du Cane Road W12 0HS**
This year's theme, "Who Benefits from Treatment?", will explore the management of chronic kidney disease within the wider context of cardio-renal metabolic medicine, helping healthcare professionals identify which interventions are most likely to improve outcomes and quality of life for individual patients. The workshop also provides an excellent opportunity to share best practice and strengthen collaboration across local primary, community and secondary care teams. As in previous years, places are expected to fill quickly. Attendance is in person only, and registration will be offered on a first-come, first-served basis.

Kidney Talks: short, interactive online training sessions
-Various Dates starting from: Wednesday, October 15, 2026 1:00 PM —register here

Imperial College Healthcare NHS Trust will be hosting a series of **monthly Kidney Talks: short, interactive online training sessions** designed for healthcare professionals with an interest in kidney health.
Who is it for: GPs, Nurses, Phramacists, PAs working in primary care
Format
45-minute online session
20-minute presentation
20-minute live Q&A and discussion
Free to attend

GP Property Leases
-6th October 2026 – 1.00pm-2.00pm -Online via MS Teams
Full details/book: GP Property Leases - Lunch & Learn - EQUIP
Please register for a free account to be able book in
Whether you are putting a lease in place due to a partnership change, considering a Sale and Leaseback, are experiencing issues under an existing lease or exploring subletting opportunities, our webinar addresses all your needs. It's an invaluable resource not only for current partners but also for incoming Partners and Practice Managers whose surgeries have a lease in place. Gain a thorough understanding of primary care property leases and leave with the confidence to make well-informed decisions regarding lease agreements.