

Freedom to Speak Up Guardians Foundation Training For Appointed Guardians only

Freedom to Speak Up Guardians Foundation Training is mandatory for people appointed to the **Freedom to Speak Up Guardian role in healthcare organisations** including NHS trusts and foundation trusts, national non provider organisations, arms-length bodies, independent sector and primary care providers.

Foundation training is designed to provide a solid grounding in the background and ethos of FTSU and the expectations of what is a challenging and far-reaching role. Specifically, the training helps participants:

- Understand the background and expectations of the role and its importance in working towards a culture where speaking up is business as usual
- Have a better understanding of speaking up and how best to support and respond to the people who come to them
- Think about barriers to speaking up in their organisation and how to help address these
- Reflect on their feelings about the role and next steps to take.

Foundation Training Access:

- **Step 1:** Once you have been appointed to the role of a FTSU Guardian please access [Foundation Training Part 1 on the NHS Learning Hub](#): Part 1 of the training involves independent e-learning consisting of **6 modules**.
- **Step 2:** Once you have completed the 6 modules in Foundation Training Part 1, you must submit all certificates for the 6 completed modules to your line manager and organisation leader. CQC will inspect FTSU compliance as part of CQC Well-Led Inspections.
Step 3: Following successful completion of Foundation Training Part 1 e-learning, you will then need to complete **Part 2 foundation training - A facilitated reflective conversation**: Within 3 months you will need to have a reflective conversation with a registered FTSU mentor from the official list.
Please contact england.fts-u-enquiries@nhs.net to access Mentor contact details.
- **Step 4:** The final part of your training and appointment is to contact your Guardian Network chair to be added to the Network's distribution list and directory.
Your registration as a FTSU Guardian will then be complete.

Your ongoing Tenure as a FTSU Guardian:

FTSU Guardians must read the FTSU Guardian Development Guide and Handbook to continue their professional development and stay up to date with guidance. This can be found on the NWL Learning Hub <https://learninghub.nhs.uk/catalogue/FTSU?nodeId=12160>

N.B If you have already completed the Foundation training and have your certificates, but not registered yourself with the Guardian Network Chair yet, please ensure to do so.

Please contact england.fts-u-enquiries@nhs.net or alternatively contact the [Hammersmith & Fulham Training Hub](#) (Jessica Mathews) for further guidance.

FTSU Guardian is appointed locally in their healthcare organisation via a fair & open recruitment process



Healthcare organisation instructs newly appointed FTSU Guardian to complete **Part 1 Guardian FT** (hosted on the [Learning Hub](#)).



On completion, FTSU Guardian must share all 6 module certificates of their Foundation training with their organisation leaders/line manager. CQC will inspect Guardian training compliance as part of CQC well led inspections.



FTSU Guardian must complete Part 2 Guardian FT training (reflective conversation) with an NHSE registered Guardian mentor. Guardians should contact england.ftsus-enquiries@nhs.net to access Mentor contact details



After completing training, the FTSU Guardian should contact their FTSU Guardian Network Chair to be added to the network distribution list. Email england.ftsus-enquiries@nhs.net to access Network Chair contact details



FTSU Guardian must read the [FTSU Guardian Development Guide](#) and handbook to continue their professional development.

Freedom To Speak Up Core Training for *All Workers* e-Learning

**This training should be completed by all
Freedom to Speak Up champions and ambassadors**

‘Speak Up, Listen Up, Follow Up’ is the Freedom To Speak Up e-Learning developed in association with Health Education England. It is free and available to all staff working in healthcare.

‘Speak Up, Listen Up, Follow Up’ e-Learning is divided into three modules. It helps learners understand the vital role they can play in a healthy speaking up culture which protects patient safety and enhances worker experience. You do not have to be an appointed FTSU Guardian access this training. It is available to anybody who would like to register.

You can access the e-Learning on the elfh. You will need to have an account to Log in:
[Freedom to Speak Up in Healthcare in England](#)