NWL TH Newsletter 05 October 2026



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Next North West London Training Hub Newsletter will be sent on the 19th October 2026

News

- Higher Education Fellowship Pathway

Do you teach, supervise, mentor, or manage education in primary care? You can now turn the educational work you already do into nationally recognised Higher Education Academy (HEA) Fellowship through a dedicated, guided pathway!
Presented by Professor Russell Hearn (Primary Care Dean | London), this initiative provides a structured, suppored route to gain a UK-wide professional standard thatstays with you throughout your career.

Who is it for?

- Open to all NHS England primary care workforce across all 7 regions—both clinical and non-clinical:
- Doctors, Nurses, & AHPs
- Practice Managers
- Trainers, Supervisors, & Educators

Four Pathways to Fit Your Role:

AFHEA (Associate Fellow): Newer to teaching or supporting learning (e.g., trainee supervisors).
FHEA (Fellow): Substantive, ongoing teaching, supervision, and assessment.
SFHEA (Senior Fellow): Leads, coordinates, or mentors other educators.
PFHEA (Principal Fellow): Strategic educational leadership locally and nationally.

6-Step Application Process

- Level Checker: Complete a 3-minute self-assessment to identify your recommended Fellowship tier.
- Drafting: Use the online structured editor featuring PSF 2023 framework tagging and built-in word counters.
- Peer Review: Obtain structured feedback from two peer reviewers operating at your target tier.
- Advocate Statements: Referees and advocates submit supporting statements via a secure link.
- Expert Sign-Off: An expert reviewer checks and confirms your application pack is complete and ready.
- Direct Application: Download your final pack and submit directly to Advance HE.

How to Get Started

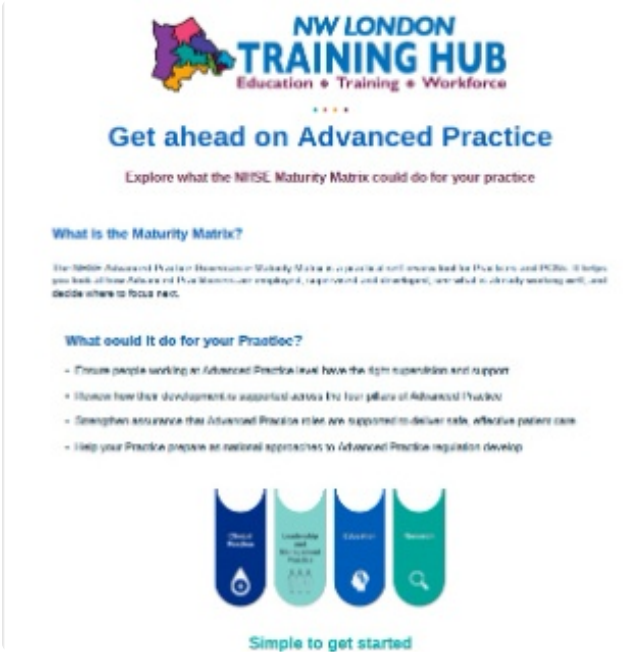
Visit the official portal to watch the introduction workshop recording, run the 3-minute level checker, and launch your application: primarycarerecognition.com
Full guidance here

- GP Supervisor Course Expressions of Interest (EOI)

Please note that North West London Training Hub has temporarily paused EOIs for the GP Supervisor Course. This is due to all currently available training cohorts being fully allocated.

EOIs will reopen once additional training dates and cohorts have been released. We will update this page and communicate with your Training Hub Leads as soon as further opportunities become available.

We appreciate your patience and understanding. If you have any urgent queries regarding GP supervisor training, please contact the NWL Training Hub team.



NHSE Maturity Matrix - Get ahead on Advanced Practice

What is the Maturity Matrix?

The NHSE Advanced Practice Governance Maturity Matrix is a practical self review tool for Practices and PCNs. It helps you look at how Advanced Practitioners are employed, supervised and developed, see what is already working well, and decide where to focus next.

What could it do for your Practice?

• Ensure people working at Advanced Practice level have the right supervision and support
• Review how their development is supported across the four pillars of Advanced Practice
• Strengthen assurance that Advanced Practice roles are supported to deliver safe, effective patient care
• Help your Practice prepare as national approaches to Advanced Practice regulation develop

Simple to get started

1 Contact Sally or Karen for a brief conversation about your Practice or PCN.
2 Work through the Maturity Matrix with guidance and support from us.

- Karen SoodAdvanced Practice Programme LeadNWL Training Hubkaren.sood@nhs.net
- Sally ArmstrongNurse Director and NWL Advanced Practice LeadNWL Training Hubsally.armstrong@nhs.net

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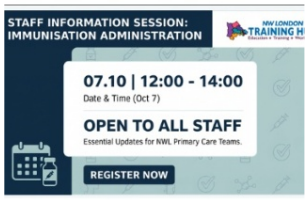
Newly Added Training & Training Highlights

Prevention and Management of Violence and Aggression - De-Escalation Training

- **Dates:** 16 Oct (09:30 or 13:00) or 27 Nov (09:30 or 13:00) | - book here

Managing high-stress workplace conflict requires confidence and clear technique. This practical session covers de-escalation tactics, legal frameworks for least restrictive interventions, post-incident debriefing, and physical disengagement techniques.
Important: This course includes a physical component—flat, closed-toe and closed-heel shoes are mandatory for participation.
What's covered:
· Causations and triggers of aggressive behaviour
· Communication and de-escalation techniques
· Legal frameworks & least restrictive interventions
· Physical assault avoidance and disengagement skills
· Post-incident support, reporting, and debriefing

Staff Information Session: Immunisation Administration



When : 7 Oct 2026, 12:00 pm -1:00 pm

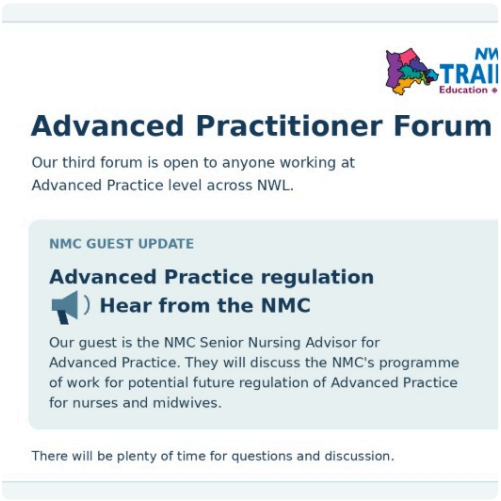
We are hosting an information session for all staff focusing on key updates and guidance around immunisation administration.

Session Overview: Guidance and updates regarding immunisation administration across primary care.

Target Audience: Open to all staff members.

Delivered by: Lisa Burrage

Book here



NW London Training Hub: Advanced Practitioner Forum

Date: 4th November , 1:00 PM – 2:00 PM

NMC Guest Update: Advanced Practice Regulation Our third forum is open to anyone working at an Advanced Practice level across North West London. For this session, we are delighted to welcome the NMC Senior Nursing Advisor for Advanced Practice. They will present on the NMC's programme of work regarding potential future regulation of Advanced Practice for nurses and midwives, followed by dedicated time for questions and open discussion.

Location: Microsoft Teams

Join Meeting: Click here to join the session on Teams

Meeting ID: 349 864 539 640 15

Passcode: Cv2KN7uW

Applications for NWL GP Fellowships 2026/2027 – NOW OPEN - SNAPSHOT Opportunity

We are excited to say that applications for the North West London GP Fellowship Programme 2026/27 are now OPEN.

This is a fantastic opportunity for aspiring and established leaders working in General Practice across North West London to develop their leadership skills, contribute to transformation priorities, and make a tangible impact on neighbourhood-based models of care across North West London (NWL).We are looking for enthusiastic, forward-thinking staff across NWL to undertake this fellowship.

This Fellowship will be working a NWL Level, where we are looking for local leaders to have the time and opportunity to work on a project at a broader level.
There are only 3 places available and a very quick turnaround time on this opportunity,

The Fellowship provides one protected session per week (4 hours) for 12 months, starting no later than 30th November 2026, to undertake a project aligned to NWL priorities. Fellows will be expected to complete a project plan, participate in programme learning events, and submit a final report and presentation outlining the impact of their work.



Fellowships should be based on NWL priorities but will also need to focus on improved implementation of neighbourhood based models of care. Your innovative project ideas should be discussed with stakeholders to ensure viability and you will need to identify who will supervise your work. This fellowship opportunity is for three GP fellows to work at NWL level. This is different to the previous fellowship opportunities that have been more localised projects. As part of the Fellowship Programme, Fellows will receive support through the North West London Training Hub, including mentorship, networking opportunities and peer learning.

Eligibility Criteria
GPs working in a substantive salaried role within General Practice or a Primary Care Network (PCN) in North West London for a minimum of 4 sessions per week.
Preferred: not have participated in a Fellowship Programme within the previous three years.

Deadline: Application Deadline: 11:59pm Monday 12th October 2026
We expect shortlisting and interviews to be carried out in October 2026 and for fellows to be onboarded and commencing their fellowships no later than the end of November 2026.
Application : Please complete the application form here – https://form.typeform.com/to/IUnAx4Rl

Funding : The Fellow's employer will receive £12,000 per fellow to support participation in the programme. This funding is inclusive of employer on-costs.
If you have any questions please email nwl.traininghub@nhs.net.

Practice Supervisor Training Programme

WT&E Pharmacy London are delighted to announce that we have commissioned a fully funded Practice Supervisor Training Programme for pharmacy professionals, including pharmacy support staff, across all sectors in London.

ProPharmace will be delivering a fully funded Practice Supervisor Training Programme, designed to support supervisors in developing the knowledge, skills and confidence required to effectively supervise and support pharmacy trainees in practice. The training programme will provide:

✅ Flexible learning opportunities
✅ Bitesize modules
✅ Practical guidance & resources

The programme supports the development of the future pharmacy workforce and enhance the learning experience of trainees.
For further information and details on how to register, visit the ProPharmace website:
🔗 Practice Supervisor Training Programme

Career Planning, NHS Elect

When: Tuesday 13th of October, 12.30-13.30, MS Teams
Do you feel like you need to take control of your career in an ever-changing healthcare sector? Join NHS-Elect for this 60-minute workshop to help you start thinking about planning your career.

Open to all general practice and PCN staff in NWL – to book and for more info, click here

Haematology Cancer RM Partners Webinar

Date: Mon, 12 Oct 2026, 1:00 pm - 2:00 pm - book here

Join **RM Partners** for an insightful gathering dedicated to advancing healthcare delivery across London.

Bringing together clinical leaders, healthcare professionals, and key stakeholders, this event highlights innovative strategies, collaborative models, and the latest developments in patient care across the region.

Whether you are looking to connect with industry peers or gain actionable insights into current healthcare initiatives, this session offers a vital platform for discussion and growth.

- **Key Highlights:**
- Expert-led panel discussions on regional healthcare initiatives.
- Networking opportunities with clinical leaders across London.
- Best practices and updates on operational delivery.



Clinical Supervision Training for Nurses

- 06/11/26— spaces available—Apply & read more here

Do you want to train to be a Clinical Supervisor and be paid to run Clinical

Supervision Sessions?

We surveyed several senior nurses in primary care in NWL to ask what was missing / what did we need to do more of, to support you all working in practice. Overwhelmingly, they asked for Clinical Supervision.
For GPNs to have clinical supervision sessions, we need CS facilitators – i.e. people to run the sessions. This training will aim to train anyone interested in doing this. The skills you gain from this training will also help with you being able to support other colleagues / trainees elsewhere.

Top tips on completing a comprehensive cancer diagnosis audit and cancer case study (CQIS)

Book here
- Thu, 8 Oct 2026, 2:00 pm
Open to : **Tri-borough (Westminster, West London and Hammersmith and Fulham) & Hillingdon**
Every practice signed up to CQIS must be represented at one of these two webinars. Ideally send one person per practice — the clinician or manager who will be leading your audit.
Part of the Cancer Quality Improvement Scheme (CQIS) project, RM Partners west cancer alliance.
Attendance at one of these webinars is mandatory for practices who are taking part in the CQIS project. Ideally one member of each practice should attend one of the webinars. Practices do not need to attend both dates.

- See example of a completed audit
- Highlight common pitfalls when completing the audit
- Demonstrate how to use the staging assistance tool
- Example of a reflective case study

Please find the the up-to-date specification here



Date: Friday, 27th November 2026 10:00 AM – 4:00 PM @ The Abbey Centre, 34

Great Smith Street, London SW1P 3BU – book here

North Central London Training Hub and North West London Training Hub are excited to invite all Nursing and Allied Health Professionals (AHPs) working in primary care to our upcoming joint conference!
Join us for a day dedicated to celebration, networking, and professional connection across the ICS.
Event Details:

Cost: FREE to attend (Open to all Nursing & AHP workforce in primary care)
Catering: Complimentary breakfast, tea, coffee, and lunch provided!

Why Attend?
Celebrate: A fun day designed to recognize and celebrate our primary care workforce.
Connect: Network and engage with colleagues across the North Central and North West London Integrated Care Systems (ICS).
Refresh: Enjoy provided refreshments and lunch while taking time out for your professional development.
Limited spaces available!

Training & Events Delivered On Behalf Of NWL TH

- **BOOK NOW! Care navigation development from Peak Health Coaching**
  "I really enjoyed the training, I learned so much about myself as did the other attendees. Ollie was a fabulous trainer, he listened, took everything on board and his presentation was excellent. I will definitely recommend to my colleagues. As it was so interactive, I have arranged to speak with some of the attendees from the other surgeries for advice and support, outside of the session.All in all, I would highly recommend this training." Practice Manager, NWL
  Join this training to build your care navigator's confidence in understanding their role and to help build the communication skills needed as a care navigator. The training will explore areas such as how care navigators can support patients be active partners in their own care. Watch this short video, where Dr Ollie Hart explains what you and your care navigators can expect from attending this training – (opens in YouTube) Introduction to Peak Health Coaching Care Navigation course.

  We have added two new dates (more may be added subject to demand):
  Tuesday 10th of November 2026 13.00-16.00
  Thursday 4th of March 2027 9.00-12.00
  The sessions are hosted on Zoom by Dr Ollie Hart, Clinical Director, Peak Health Coaching.
  Please note: Care navigation training will help your team with soft skills, understanding of their role and be able to have the right conversations with patients. But, if you've not already mapped out the pathways to support your care navigators, they will not be able to do their role effectively. We're planning one final date for the care navigation pathway mapping session, information will be sent via your local training hubs soon.
  Please book here and select the preferred date from the drop down on the right hand side of the page

- **LAUNCHING SEPT 2026 The WINGS II mentoring scheme**
  WINGS II is a mentoring programme for newly qualified GPs working in North West London practices as a GP under the Additional Roles Reimbursement Scheme (ARRS)- Apply via WINGS II Survey
  What's Included?
  · Twice monthly 1:1 support sessions over 6 months
  · Dedicated support from experienced GPs / GP trainers
  · Space for reflection, confidence building and wellbeing support
  · Guidance navigating the transition into independent GP practice
  Eligibility
  · Peer and professional support within North West London Primary Care
  · Be within 12 months of qualifying as a GP
  · Be currently working within a North West London GP

- **NWL Temperature Checks: Only 35 spots remain!!**

  Join 80+ practices and PCNs across North West London that have already taken part in the NWL Health & Wellbeing Temperature Check Programme. Teams receive up to £100 towards lunch, take part in facilitated wellbeing discussions, identify practical actions to support staff wellbeing, and contribute evidence towards CQC domains. With only 35 sessions remaining, book now to secure your preferred date !

  Already taken part? Don't forget to Refer a Friend who have yet to take part before Wednesday 30th September 2026
  More info: Contact Naomi via hillconfed.traininghub@nhs.net, for any questions or to discuss arranging a session with your neighbourhood or other primary care related teams.



Enhanced Services Training

- **ECG Interpretation Foundation** *A face-to-face session for GPs & ACPs who haven't already attended the interpreting ECG Course. Book here*
- **Adult Phlebotomy** *Face-to-face session using high-quality simulated arms for skill practice. Book here*
- **Ring Pessary Foundation Course** *-For GPs, Nurses, and PAs who have been performing cervical screening smears for over a year.*
- ***Diabetes Update-*** *practical and interactive session will help clinicians translate the updated NICE NG28 diabetes guidance into everyday practice.Book Here*
- **OPTIMISE COPD: Enhancing Primary Care Respiratory Management -** General Practitioners, Practice Nurses, Clinical Pharmacists, Physician Associates, Nurse Practitioners, and Allied Health Professionals working in primary care. (attendees don't have to be prescribers) - Book here
- **Asthma CYP - further sessions scheduled -** General Practitioners, Practice Nurses, Clinical Pharmacists, Physician Associates, Nurse Practitioners, and Allied Health Professionals working in primary care. (attendees don't have to be prescribers)- Book here

See Enhanced Services Training Calendar Here

Enhanced Services Training EOIs-your EOI will be reviewed and if spaces are available, the team will be in touch

- **Advanced Diabetes Course EOI FORM** *For GPNs and Pharmacists – you must have attended the foundation course before attending this advanced course. GPs – please be sure to provide a summary of your diabetes related work undertaken. Express EOI here*
- **Advanced diabetes Update course:** *This course if for:*

  Those who finalised Advanced diabetes (2.5 days Injectable therapies course) Express your interest here

CPD

- **Accelerate Academy- Introduction to teaching and learning for healthcare professionals- this course is open to nursing staff**

  -This course is completed over two days 09:30 – 16:00. 4th and 18 th November 2026—Express your interest here

  About the course: Developing skills in teaching and learning is an important part of modern healthcare. We firmly believe in the importance of education and the sharing of expertise and experience.

  Please note : there are 4 spaces on each date available, so spaces will be allocated on first come first serve basis. Spaces will be allocated as 1 per borough and if left unutilised they will be allocated on first come first serve basis.

- **Membership Opportunity | Queen's Institute of Community Nursing (QICN) -Expression of Interest form**

  The QICN offers organisational membership for nursing staff in primary care, including GPNs, Nursing Associates, Training Nursing Associates, ACPs, and other nursing colleagues.

  Members receive access to:

  ·**Monthly webinars** covering topics such as wound care, vaccines, IPC, long COVID, research, and mentoring

  ·**Innovation webinars** showcasing Quality Improvement projects and good practice

  · **Monthly newsletter** with updates, webinar links, and deadlines

- **New to Immunisation (2-Day Training)** *Blended course featuring a 3.5-hour online webinar followed by a full-day face-to-face session (includes managing misinformation & disinformation). Book here*

- **Non-Medical Prescribing Update** - *Update on current prescribing issues and networking opportunity for prescribers (counts for 3+ hours of CPD). Book here*
- **Infection Prevention and Control (IPC) Update for IPC Leads-** *Practical review of current IPC guidance, regulatory expectations, and best practices across NW London. Book here*
- **Travel Health Updates-** *3-hour online update for trained Nursing and Pharmacist Immunisers (including experienced Registered Nursing Associates & Pharmacy Techs).*
- **Seasonal Immunisation Updates-** *3-hour online update for all experienced HCPs and non-registered workforce delivering Flu, Pneumococcal, Shingles, RSV, and COVID vaccines. Book here*
- **Child Immunisation Updates-** *3-hour online update for experienced practitioners currently delivering child immunisations. Book here*
- **Cervical Sample Taker Update-** *Three-yearly update for Registered Nurses, Doctors, Midwives, PAs, Nursing Associates, and Paramedics. - Book here*
- **Essentials of Menopause Care-** *Structured update for GPs, ANPs, Nurses, and PAs providing menopause care in primary care. Book here*

See CPD Training Calendar Here

Practice Manager Training

- **Practice Manager and PCN Manager CPD support -** Submission deadline for applications 31st October 2026.

  North West London Training Hub have launched a CPD programme for practice and PCN managers to access training and development opportunities otherwise not funded. Up to £1,500 is available per PCN to support leadership, management, operational and professional development training relevant to the role. As funding is allocated at PCN level we encourage PCNs to agree locally how they wish to prioritise and use their allocation before applications are submitted. Approval is at the discretion of the PCN's leadership, via the Clinical Director (CD) or PCN Manager. Where the applicant is the PCN Manager, approval should be provided by the CD or another appropriate PCN leader.

  Examples of suitable programmes include:

  · NHS Leadership Academy programmes

  · ILM/CMI leadership qualifications

  · HR and workforce development training

  · finance and contract management courses

  · quality improvement and governance programmes

  · project and change management qualifications

  · digital transformation or data analytics training

  See flyer for a range of training opportunities focussed on developing digital skills provided by the Knowledge Academy

  This is not an exhaustive list, and PCNs may support other development opportunities where they meet an identified local need and the funding criteria.

  For questions please email nwl.traininghub@nhs.net or Download framework and application form

- **HR Training**

  Whether you're new to managing people or looking to refresh your knowledge, this series of HR Essentials Training provides practical, bite-sized sessions designed for managers and leaders in primary care.

  These webinars will cover key areas of people management and how to handle common workplace situations effectively. Each session will provide practical guidance, useful tips, and opportunities to ask questions.

Full session details will be shared closer to the time.

· **Introduction to absence management**

Wednesday 7th Oct 13:00 – 14:00 book here

· **Discipline and Grievance**

Thursday 8th Oct 13:00 – 14:00 book here

· **Employment Contracts**

Thursday 22nd Oct 13:00 – 14:00 book here

- **Effective appraisals in primary care**

Thursday 29th Oct 13:00 – 14:00 book here

ARRS Training Offer

- **ARRS 2 Day Foundation Health Coaching Course**

Building on previous work the past 3 years, the NW London Training Hub are working with provider Peak Health Coaching to provide the PCI approved core required 2-day health & role coaching programme for the new to role Social Prescribing Link workers and Care Co-Ordinators. Due to requests for development, the 2-day Foundation Health Coaching course will now also be opened up to additional clinical roles - Clinical Pharmacist, Dieticians, FC Physiotherapists, Physician Associate & Paramedics to aid in these roles support of long-term condition management. *Please note this course will not be relevant for all of these roles, so please only apply if it is relevant to your daily practice due to funding limitations.*

The 4 Day Intermediate Health Coaching course required for Health & Wellbeing Coaches new to role, may still be available so please email directly to enquire about this.

To apply for a space please **complete the EOI form** or if you have any further questions around recruitment, please contact NWL TH @ nwl.traininghub@nhs.net

- **Pitstop Foundation Level Diabetes Course**

This course is now open to any ARRS clinical staff including Pharmacists, Practice Nurses, Paramedics, Physician Associate, Pharmacy Technician, Nurse Associate & Advanced Clinical Practitioners.

Staff who wish to attend must complete **complete the EoI** .

DPP

DPP Education sessions -now live

- 2 sessions to choose from – Both are Face to Face and one day sessions.– Apply here
· Friday 9th October 2026 - The Pembroke Centre, Ruislip – 20 spaces available.
· Thursday 22nd October 2026 - Zone29 - University of Westminster: Marylebone Road (Baker Street) – 30 spaces available.

These sessions are a continuation of the Prescribing Infrastructure Project and on the back of a London wide pilot that was run a few months ago, but we have adapted them slightly based on thoughts and feedback and these are for NW London ICB footprint colleagues only by making

them a full day session and locating them at either end of the geography based on available venues.

The main target audience are Pharmacists – But it is also open to GPs, Nurse Prescribers & Paramedic Prescribers - as long as they have been regular prescribers for at least 2-3 years.

The sessions look to covering information on being a DPP (Designated Prescribing Practitioner) as well as areas of supervision skills.

These have been opened to those who have completed the DPP Database fully as part of that piece of work that has been ongoing for the past few months – If you have any colleagues who wish to attend who I have not emailed and meet the criteria, they may do so, but they MUST have completed an entry fully for the database or they won't be approved a space on the course. If there are any questions with this, please have them drop me an email.
Survey Links for Staff working in General Practice – https://form.typeform.com/to/qjKGGdK0
Survey Links for Staff working in Hospitals – https://form.typeform.com/to/FekWFHHQ
Survey Links for Staff working in Community Pharmacy - https://form.typeform.com/to/edE4oP1T

Other Training & Events - Not Delivered By NWL Training Hub

- **Supporting neurodivergent learners in primary care- 7 October 2026, 1.30pm - 4.30pm, at the Irish Cultural Centre, Hammersmith and Fulham, W6 9DT**

  Healthcare professionals across primary care are invited to a free workshop, supporting neurodivergent learners in a multi-professional primary care learning environment, taking place on 7 October 2026, 1.30pm - 4.30pm, at the Irish Cultural Centre, Hammersmith and Fulham, W6 9DT.

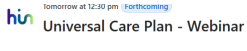
  Aimed at doctors, nurses, allied health professionals, practice staff, trainers, educational and clinical supervisors, practice managers and employers, the session will explore neurodiversity in the workplace and provide practical tools to help support neurodivergent learners and colleagues in primary care. The workshop will be delivered by Dr Chloe Hillman, GP partner, GP trainer and GP education lead for Hounslow, who has extensive experience supporting learners and trainees from a wide range of professional backgrounds within primary care. - **book here**

- **Understanding her ADHD-In-person and virtual meeting: 06 October 2026 | 10:00–17:0**

  Girls and women with ADHD are often overlooked, as many may develop sophisticated masking behaviours and coping strategies that help them navigate daily life – yet conceal significant underlying challenges. This meeting will explore the distinctive presentation of ADHD in girls and women across key life stages. Focusing on real-world clinical conundrums, we will explore the influence of hormones, comorbidities, and how presentation and clinical needs may evolve over time. By deepening our understanding of how ADHD presents in girls and women, we aim to support earlier recognition, more informed clinical decision-making, and ultimately better outcomes for girls and women with ADHD. London Hub (in person): all day live sessions, plus in-person workshops Haydock satellite (in person): live-streamed morning sessions with locally led workshops in the afternoon **Register here**

- **AI Ambassador Network meeting - 7 October 2026, 10.30am – 12pm** :AI and putting people first in health and social care- **book here**

- **Pan-London Webinar: Universal Care Plan Tuesday 6 October, 12.30pm - 1.30pm.**

  Why Join: This pan-London webinar will provide a practical overview of the Universal Care Plan (UCP), an NHS service and digital tool used to record and share people's personalised care and support needs with health and care professionals across London. Delivered by Sarah Fischer and Sara Lewis from the Universal Care Plan Programme team, the session will explore how the UCP can support more personalised care for people with a learning disability, including the use of dedicated fields to capture needs, preferences and reasonable adjustments.
  You will have the opportunity to put forward any questions in a Q&A.

[Please click here to register for the session](#) NB: The session will be recorded and available online for those unable to attend.

- **Integrated Neighbourhood Care: Managing Winter Pressures: Respiratory, Frailty, CKD – Practical Approaches for Everyday Practice - October 15, 2026 - Face-to-Face Study Day - The Harrow Masonic Centre, Northwick Circle, Kenton, Harrow, Middlesex HA3 0EL**

The "Integrated Neighbourhood Care: Managing Winter Pressures: Respiratory, Frailty, CKD – Practical Approaches for Everyday Practice " Study Day is free to access for all registered healthcare professionals that have a MORPh Account. Doors will open at 09:00 for welcome and introductions the study day will begin shortly after. Our expert speakers will be discussing the following topics:

Learning Objectives

-Identify patients at highest risk of winter admission, including those with respiratory disease, frailty, CKD and multimorbidity, recognising the impact of health inequalities.

-Deliver structured respiratory reviews confidently, including effective OPTIMISE consultations, risk assessment and appropriate escalation.

-Optimise medicines safely before winter, applying sick day rules and reducing risks linked to ACEi/ARBs, SGLT2 inhibitors, diuretics, opioids and sedatives.

-Implement practical admission-prevention strategies, including AKI prevention, falls risk reduction and exacerbation management.

-Support personalised self-management plans, ensuring safe rescue pack use and clear winter action planning.

-Strengthen collaboration across primary care and community pharmacy to reduce avoidable winter pressures.

Read more and book here

- **Shine a light on co-production January 2027 - 26 January 2027 10:30am – 12:00pm**

The Experience and Partnerships Team at NHS England would like to thank you for signing up for the Shine a Light on Co-production Event. This event is all about showing what can be achieved when people with lived experience and people who work for the NHS (learnt experience) partner together. At each event, they share their stories of collaboration, their top tips, what went well, the challenges they faced, and how their cooperation made a difference and led to improvements. **- book here**

Free RCGP London Webinars | Supporting patients experiencing gambling harms

Royal College of General Practitioners Gambling Harms Webinar: Supporting patients experiencing gambling harms in London

· **Thursday 15 October** | 12:30 – 13:45 | Online | book here
· **Thursday 26 November** | 12:30 – 13:45 | Online | book here

Patients in London are experiencing gambling harms at nearly double the national average (5.6% compared with 2.9% nationally). Primary care teams are in a unique position to identify gambling harms early and help patients access the support they need.

Join us for this FREE RCGP webinar, where Dr Emma Ryan, RCGP Clinical Champion for Gambling Harms, will provide practical guidance on identifying, assessing and supporting patients experiencing gambling harms.

What you'll learn:

The NICE guideline on gambling-related harms (January 2025).
How to identify gambling harms in primary care.
Local referral pathways and support services across London.
Practical tools and resources to support conversations with patients.
By attending one of these live webinars, your GP practice will receive the RCGP Gambling Harms Practice Resource Pack and an RCGP Gambling Harms Accredited Practice Certificate, recognising your practice's

commitment to improving the identification and support of patients experiencing gambling harms.
Who should attend?
GPs, practice nurses, clinical pharmacists, social prescribers, health and wellbeing coaches, care coordinators and practice managers.

- **Trans Healthcare Awareness Training**

Various dates available - Non-clinical & Clinical sessions | Book here

CLH Training Hub is pleased to offer new dates for our Transgender Healthcare Awareness sessions for clinical & non-clinical staff working within primary care. GP surgeries are often the first point of contact for transgender and non-binary patients, making primary care teams an important part of providing inclusive, respectful and compassionate care. With increasing demand, long waiting times for gender identity services and limited access to specialist support, these sessions aim to build knowledge, confidence and understanding across primary care teams.

Why Join?

- Practical primary care focus
- A safe space for discussion
- Interactive learning
- Understanding patient experiences and barriers to care

Topics Include:

- Current gender identity services
- Understanding gender dysphoria and transgender healthcare
- Patient lived experiences and barriers to care
- Treatment pathways, screening, monitoring, and referrals

- **The 4th Annual Kidney Workshop- Registration is now open for the 4th -Wednesday, October 14, 2026** - Register here https://cassyni.com/s/nwl-kidney-2026 - In person only attendance at W12 conferences Hammersmith House, Du Cane Road W12 0HS

This year's theme, "Who Benefits from Treatment?", will explore the management of chronic kidney disease within the wider context of cardio-renal metabolic medicine, helping healthcare professionals identify which interventions are most likely to improve outcomes and quality of life for individual patients. The workshop also provides an excellent opportunity to share best practice and strengthen collaboration across local primary, community and secondary care teams. As in previous years, places are expected to fill quickly. Attendance is in person only, and registration will be offered on a first-come, first-served basis.

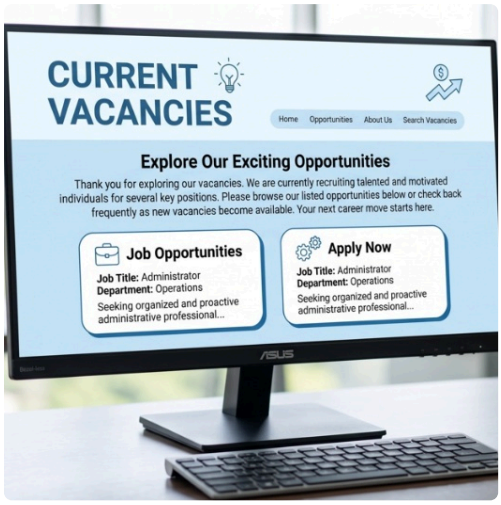
- **Kidney Talks: short, interactive online training sessions -Various Dates starting from: Wednesday, October 15, 2026 1:00 PM —register here**

Imperial College Healthcare NHS Trust will be hosting a series of monthly Kidney Talks: short, interactive online training sessions designed for healthcare professionals with an interest in kidney health.
Who is it for: GPs, Nurses, Phramacists, PAs working in primary care
Free to attend

- **GP Property Leases -6th October 2026 – 1.00pm-2.00pm -Online via MS Teams**

Full details/book: GP Property Leases - Lunch & Learn - EQUIP -*Please register for a free account to be able book in*
Whether you are putting a lease in place due to a partnership change, considering a Sale and Leaseback, are experiencing issues under an existing lease or exploring subletting opportunities, our webinar addresses all your needs. It's an invaluable

resource not only for current partners but also for incoming Partners and Practice Managers whose surgeries have a lease in place. Gain a thorough understanding of primary care property leases and leave with the confidence to make well-informed decisions regarding lease agreements.



Vacancies advertised on behalf of practices/ PCNs

If you wish to advertise any vacancies on the website & newsletter—please click here

Current vacancies include:

- Practice Nurse
- Healthcare Assistant
- IT & Operational Coordinator
- Clinical Pharmacist

Read More & apply here

- Knowledge and Library Resources for GP and Practice Teams
- **New Library Services Available for West & North London ICB Staff—**Read more here
- NWL E-Learning Portal—Mandatory training , S1 and EMIS training resources– register to access training
- Greener NHS – Resources for a more sustainable NHS
- Survival Toolkit
- Supported Return to Training
- Podcast Learning Library
- Primary Care Resources
- GP Resources
- Webinar Recordings
- AI & Digital Skills Training :-M365 Copilot Cafés
- For Kidneys Sake Podcast
- Core Manager Programme
- Sexual Safety Bitesize Learning
- NEW GatewayC courses
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